

Name : Mrs. SHRABANTI BHANDARI (47 /F)

Date : 06/02/2023

Address :

Examined by:

UHID : AMHL.0002087654

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH166661



CHIEF COMPLAINTS

Breathing difficulty

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder



DRUG ALLERGY

NO KNOWN ALLERGY

:06/02/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Sneezing - no; Wheezing - on and off; Exacerbated
by - dust

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 232/1/23; Periods - regular;
No of Children - 2

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 155
Weight - 69
BMI - 28.72
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 118
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 74
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds

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 **Abdomen**

Organomegaly - No
Tenderness - No

 **Central nervous system**

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG: WNL
ADVICE. *To continue
present glass Rx*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows include Hemoglobin, RBC COUNT, Hematocrit - Hct, MCV, MCH, MCHC, RDW, WBC Count, Platelet Count, Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, RBC: Anisocytosis+, Microcytic Hypochromic., Platelets: Adequate on the smear, and ERYTHROCYTE SEDIMENTATION RATE (ESR).

Table with 2 columns: Test Name, Result. Rows include Epithelial Cells (1-3), Casts (Not Found), Crystals (Not Found), and Note (Biological reference interval RBC- 0-2/hpf, Pus Cell - 0-5/hpf).

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(POST PRANDIAL) Nil.

URINE SUGAR- FASTING(QUALITATIVE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: URINE GLUCOSE(FASTING) Nil.

BLOOD GROUPING AND TYPING (ABO AND RH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ABO Group: O, Rh (D) Type: POSITIVE.

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: ALT(SGPT) - SERUM (12, U/L, Green, 10-40), ALBUMIN - SERUM (4.5, g/dL, Green, 3.5-5.1), ALKALINE PHOSPHATASE - SERUM (92, U/L, Green, 42-98), AST (SGOT) - SERUM (15, U/L, Green, 10-42), BILIRUBIN TOTAL - SERUM (0.7, mg/dL, Green, 0.0-1.0).

URINE ROUTINE AND MICROSCOPY

Table with 5 columns: Test Name, Result, Unit, Level, Range. Rows: Volume (30 mL), Colour (Pale Straw), Appearance (Slightly Turbid), Specific Gravity (1.015), pH (5.5), Albumin (Not Detected), Glucose (Not Detected), Ketone (Not Detected), Bile Pigments (Not Detected), RBC (Nil /hpf), Pus Cells (1-2 /hpf).

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row: CHOLESTEROL - SERUM (177, mg/dL, Green, 0-200).

CREATININE - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range.

Green circle: Within Normal Range, Yellow circle: Borderline High/Low, Red circle: Out of Range

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CREATININE - SERUM 0.9 mg/dL ● 0.6-1.1

GLOBULIN: (CALCULATED) - SERUM 3.2 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	114 *	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM 8.5 µg/dL ● 5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	196 *	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	144 *	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	5.9 *	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	33	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	114 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	30	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.5	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.8	g/dL	●	6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

ECG

SINUS TACHYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

● Within Normal Range ● Borderline High/Low ● Out of Range

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TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND BREAST BILATERAL

- * Cluster of micro-cysts in right breast--- BIRADS II.
- * Focally dilated duct in left breast as described above, likely ?ductal ectasia--- BIRADS II.

DR. ATREYEE GHOSH
MBBS, MD (RADIODIAGNOSIS)
CONSULTANT RADIOLOGIST
Reg. No. 69755(WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade-I fatty liver.

Dr. GAURAV JAIN
DNB RESIDENT

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.