

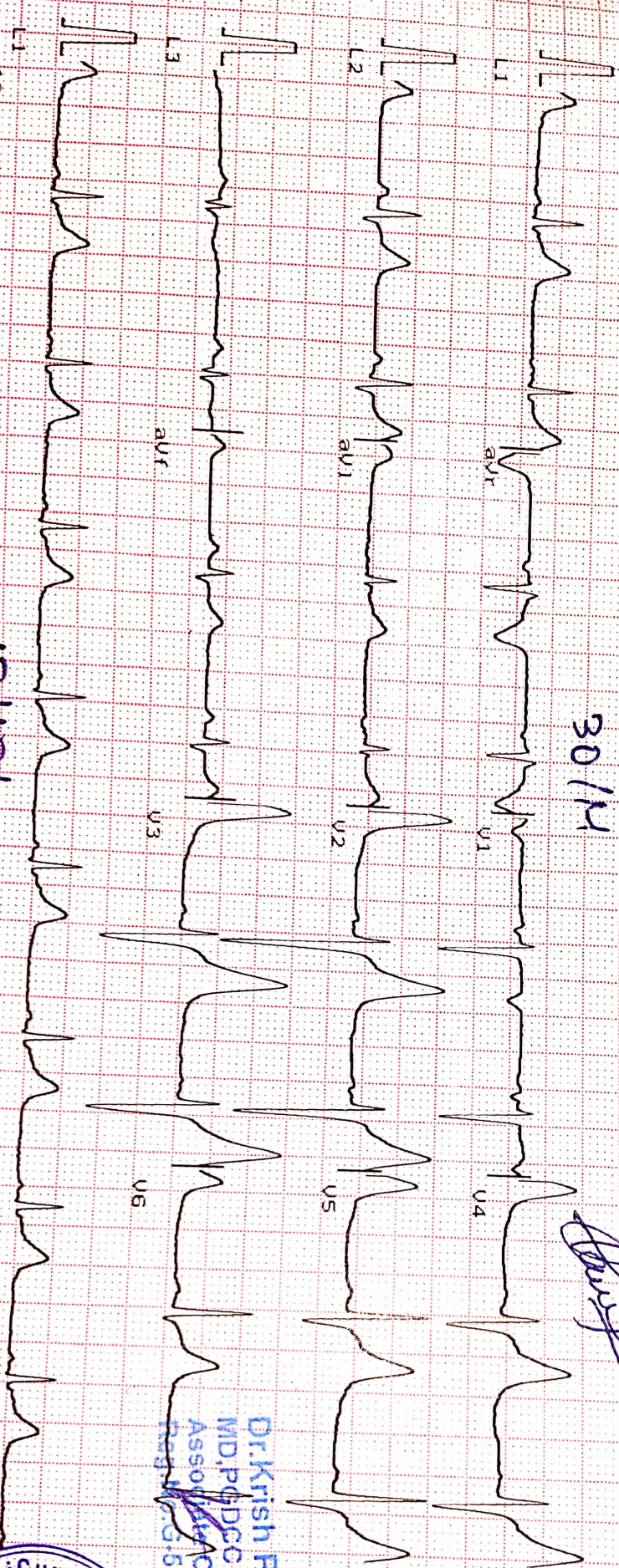
Name: \_\_\_\_\_  
Yrs: \_\_\_\_\_ cm \_\_\_\_\_ Kg BP \_\_\_\_\_

Ver: 1.9  
Yrs: 1.9  
25mm/Sec  
1.9

Time: \_\_\_\_\_  
Date: \_\_\_\_\_

12102122

Matstros



Sawtooth  
30/14

Kumar

*Handwritten signature*

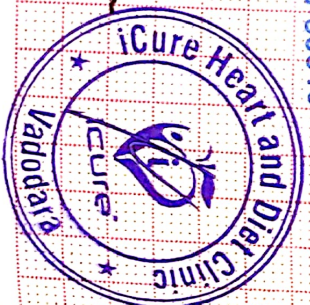
MNR

Heart Rate : 64 bpm

INTERVAL (ms)  
PR: 120 QRS: 55  
QT: 395 QTc: 414  
ST: 137

AXIS(deg)  
P : 73 QRS: 21  
T : 27

Dr. Krish P. Vaidya  
MD, PGDCC  
Assoc. Prof. Consultant-Cardiology  
Reg. No. 50510



 **iCure™**  
**Heart & General Clinic**

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

**:: PERSONAL HEALTH REPORT ::**

NAME <u>Santosh Kumar.</u>	DATE <u>12/02/22.</u>
	SR. NO. SEX. <u>male</u> AGE <u>30/8</u> HEIGHT <u>173 cm.</u> WEIGHT <u>82 kg.</u>

**HISTORY**

Present History : NO  
 Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy  
 Past Occupational History : NO  
 Family History : Father has hypertension  
 Personal History : ACL<sup>tear</sup> (Knee Joint Repair) spine blockage removal 2020  
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

**GENERAL EXAMINATION**

T.P.R. : 18 min                      B.P. : 125/90                      mm Hg :

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

**SYSTEMIC EXAMINATION**

R.S. : NAD  
 C.V.S : NAD  
 C.N.S : NAD  
 A.S. : NAD  
 Musculo-skelet System : Pain in the Rt. Knee for ACL tear

E.N.T. Ex. <u>NAD</u>	ACUITY OF VISION		RT EYE	LT EYE
	Without Glass	DISTANT	6/ <u>6</u>	6/ <u>6</u>
Near		6/ <u>6</u>	6/ <u>6</u>	
Dental Ex.	With Glass	DISTANT	6/ <u>-</u>	6/ <u>-</u>
		Near	6/ <u>-</u>	6/ <u>-</u>
Skin Ex.				
Psychic Ex. <u>NAD</u>				
		COLOUR BLINDNESS <u>NAD.</u>		

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.



**Dr. Krish P. Vaidya**  
 MD, PGDCC  
 Associate Consultant - Cardiology  
 Reg. No. G-50510  
 MD - G-50510, CIH



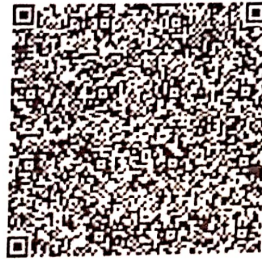
भारत सरकार  
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

Enrolment No.: 0000/00116/57538

To  
J Santosh Kumar  
JANARDHAN R  
19-82/6  
JAYAPRAKASH ROAD, SAMPANGI NAGAR STREET  
Kuppam  
Chittoor Andhra Pradesh - 517425  
9738262927

Signature Not Verified  
Digitally signed by J Santosh Kumar  
DN: cn=J Santosh Kumar, o=Unique Identification Authority of India, email=j.santoshkumar@uidai.gov.in, c=IN, date=2012.05.04 14:21:28



आपका आधार क्रमांक / Your Aadhaar No. :

**3166 8887 7928**

VID : 9182 3448 0744 3685

मेरा आधार, मेरी पहचान



भारत सरकार  
Government of India



J Santosh Kumar  
Date of Birth/DOB: 06/05/1990  
Male/ MALE



**3166 8887 7928**

VID : 9182 3448 0744 3685

मेरा आधार, मेरी पहचान



Government of India



सूचना

- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- सुरक्षित QR कोड / ऑफलाइन XML / ऑनलाइन ऑथेंटिकेशन से पहचान प्रमाणित करें।
- यह एक इलेक्ट्रॉनिक प्रक्रिया द्वारा बना हुआ पत्र है।

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- Verify identity using Secure QR Code/ Offline XML/ Online Authentication.
- This is electronically generated letter.

- आधार देश भर में मान्य है।
- आधार कई सरकारी और गैर सरकारी सेवाओं को पाना आसान बनाता है।
- आधार में मोबाइल नंबर और ईमेल ID अपडेट रखें।
- आधार को अपने स्मार्ट फोन पर रखें, mAadhaar App के साथ।

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भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India



Address:  
JANARDHAN R, 19-82/6, JAYAPRAKASH  
ROAD, SAMPANGI NAGAR STREET, Kuppam,  
Chittoor,  
Andhra Pradesh - 517425



**3166 8887 7928**

VID : 9182 3448 0744 3685

1047 | help@uidai.gov.in | www.uidai.gov.in

*Santosh*



# J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **SANTOSH KUMAR**  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/02/2022 20:51

Ref. No. : 9409  
Age : 30 Years  
Sex : Male

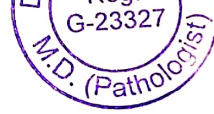
## BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	5.16	mg/dl	3.4 - 7.0

**DR K K PATEL**

MD (G-20476)

**CONSULTANT PATHOLOGIST**





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Sex : Male

## LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	169.7	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	104.5	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	56.0	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	92.8	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	20.9	mg/dl	Upto 34
Chol./HDL Ratio :	3		
LDL/HDL Ratio :	1.7		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-4.0 Elevated level/ high risk : >4.0
Total Lipids :	643.9	mg/dl	400 - 1000

  
**DR K K PATEL**  
MD (G-20478)  
CONSULTANT PATHOLOGIST  
(Pathology)



# J K V LABORATORY

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
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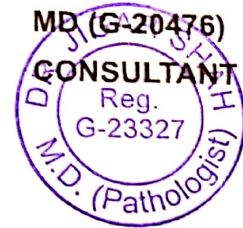
## BLOOD GROUP

Test Name	Result
ABO System :	"B"
Rh Typing :	"POSITIVE"

**DR K K PATEL**

MD (G-20476)

CONSULTANT PATHOLOGIST





# J K V LABORATORY

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Patient's Name : **SANTOSH KUMAR**  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/02/2022 20:51

Ref. No. : 9409  
Age : 30 Years  
Sex : Male

## THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.82	ng/ml	[0.60 - 1.81]
Serum T4 :	7.86	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	4.221	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

  
  
**DR. K. K. PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST  
M.D. (Pathology)



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Date : 12/02/2022 20:51


Ref. No. : 9409  
Age : 30 Years  
Sex : Male

## HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.8	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	119.76	mg/dl	

Comment : \*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

  
**DR. K. K. PATEL**  
MD (G-20476)  
Reg.  
CONSULTANT PATHOLOGIST  
M.D. (Pathologist)





# J K V LABORATORY



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Patient's Name : **SANTOSH KUMAR**  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/02/2022 20:51

Ref. No. : 9409  
Age : 30 Years  
Sex : Male

## LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	35.1	U/L	30- 65
S.G.O.T. (AST) :	31.0	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	92	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.96	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.24	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.72	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.90	gm/dl	[6.6 to 8.8]
S. Albumin :	4.05	gm/dl	[3.5 to 5.2]
S. Globulin :	2.85	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.4		
G.G.T. : (Gamma-Glutamyl Transferase)	22.4	IU/L	[8 to 78]

  
**DR. K. K. PATEL**  
MD (G) 20475  
G-23327  
CONSULTANT PATHOLOGIST  
M.D. (Pathology)



# J K V LABORATORY

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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : **SANTOSH KUMAR**  
Referred by : I Cure Heart & Diet Clinic  
Date : 12/02/2022 20:51

Ref. No. : 9409  
Age : 30 Years  
Sex : Male

## RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	18.4	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	9.1	mg/dl	[8 to 23]
Serum Creatinine :	0.79	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]

**DR. K. PATEL**  
MD (G-20476)  
CONSULTANT PATHOLOGIST



# J K V LABORATORY


FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.  
8320343731 / 9601969303 jkvlaboratory2021@gmail.com



Patient's Name : **SANTOSH KUMAR** Ref. No. : 9409  
Referred by : I Cure Heart & Diet Clinic Age : 30 Years  
Date : 12/02/2022 20:51 Sex : Male

## HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	15.6	g/dl	[13.0-18.0]
Total RBC Count :	5.97	mill/cmm	[4.7-6.0]
<b><u>Blood Indices</u></b>			
P.C.V :	48.3	%	[42-52]
M.C.V. :	80.9	femtolitre	[78-100]
M.C.H. :	26.13	pg	[27-31]
M.C.H.C. :	32.3	g/dl	[32-36]
R.D.W. :	12.5	%	[11.5-14.0]
Total WBC Count :	9700	/cmm	[4000-10000]
Platelet Count :	197000	/cmm	150000-450000
<b><u>Differential WBC Count</u></b>			
Polymorphs :	63	%	[60 - 70]
Lymphocytes :	30	%	[20 - 40]
Eosinophils :	03	%	[1 - 4]
Monocytes :	04	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	8.1		
PDW-CV :	10.6		
PDW-SD :	12.0		
PCT :	0.22		
P-LCR :	23.6		
<b><u>Erythrocyte Sedimentation Rate</u></b> [Modified Westergren]			
After 1 hour :	05	mm	[M: 1 - 7 / F: 3 - 12]

  
**DR K K PATEL**  
Reg.  
**MD (G-20476)**  
CONSULTANT PATHOLOGIST  
(Pathology)

  
**Heart & General Clinic**

**2D Echocardiography & Color Doppler Report**

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

<b>Name :Mr Santosh kumar</b>		<b>Age/ Sex : 30yrs/male</b>		<b>Date: 12/02/2022</b>	
MEASUREMENTS			OBSERVED		
AORTIC ROOT	[ 22-33 ]	32			
LEFT ATRIUM	[ 29-40 ]	31			
LEFT VENTRICLE [ ES ]	[ 22-37 ]	29			
LEFT VENTRICLE [ ED ]	[ 39-51 ]	47			
RIGHT VENTRICLE [ ED ]	[ 13-24 ]	22			
I.V.S THICKNESS	[ 8 - 10 ]	10			
L.V.P.WALL THICKNESS[ ED ]	[ 8 - 10 ]	10			
I.V.S / L.V.P.W RATIO		-			
L V EJECTION FRACTION	[ 50-70 ]	60			
FRACTIONAL SHORTENING	[ 27- 43 ]	36			

**MOTION:**

I.V.S.: Normal

L.V.P.W: Normal

**VALVES:**

**ANTERIOR MITRAL**

LEAFLET : NORMAL  
EF - SLOPE : NORMAL  
DE EXCN : NORMAL  
EPSS : NORMAL

**POSTERIOR MITRAL**

LEAFLET : NORMAL  
STRUCTURE : NORMAL  
MOTION : NORMAL  
SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

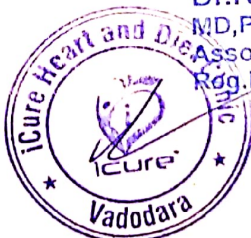
RVOT : NORMAL

OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

**DOPPLER EVALUATION:**

Structure	Flow Velocity
MV	E - 0.86      A- 0.95
AV	0.96
TV	1.9
PV	1.5
SHUNT	NIL


  
**Dr.Krish P.Vaidya**  
 MD, PGCC  
 Associate Consultant-Cardiology  
 Reg.No.G-50510  
**Dr. Krish Vaidya**  
 MD. G-50510

  
**Heart & General Clinic**

**CONCLUSION:**

Fair LV systolic function. [LV EF – 60%]

No RWMA

Normal Cardiac Chambers

NO LVDD

No MR, No MS

No AR, No AS

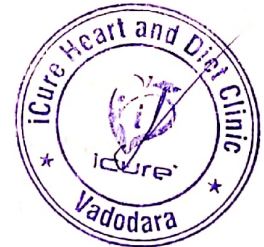
Normal values & blood flow velocities.

No TR, No PAH

No e/o PE / PAH / clot / shunt.

Dr. Krish P. Vaidya  
MD, DGPCC  
Associate Consultant-Cardiology  
Reg. No. G-50510

**Dr. Krish Vaidya**  
**MD. G-50510**



# PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

( A Unit of Paramount Charity Trust )

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SANTOSH KUMAR

AGE : 30 Y/M

DATE : 12/02/2022

## X RAY CHEST (PA)

### OBSERVATIONS:

Both the lung fields and apices appear clear.  
Both the hilar shadow appears normal.  
Cardiac silhouette appears normal.  
Both the costophrenic sinuses are clear.  
Mediastinal and tracheal shadows are normal.  
Both the domes of diaphragm are normal.  
Visualized rib cage and clavicle are normal.

### COMMENTS:

No significant abnormality is seen.

  
DR GIRISH PARMAR (M.D.)  
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology AMBULANCE SERVICE AVAILABLE

Main Branch : Paramount Complex, Gotri Road, Race Course, Vadodara. Ph.: 0265 - 2395772, 2397438, 6647222, +91 - 6352731483,

Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160225911, +91 - 9099066029

City Branch : Opp. Brahman Sabha Hall, Pratap Road, Dandiabazar, Vadodara. Ph.: 0265 - 2423233, +91 - 6352734810

# PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SANTOSH KUMAR

AGE : 30 Y/M

DATE : 12/02/2022

## ULTRASOUND WHOLE ABDOMEN (Screening)

**Liver** is normal in size 129 mm and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

**Portal Vein** appears normal in diameter. **Common Bile Duct** is of normal diameter.

**Gallbladder** is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

**Pancreas** is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

**Spleen** is normal size 101mm and shows a homogenous echotexture. There is no evidence of any focal lesion.

**Both Kidneys** are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. There is no evidence of renal calculi, hydronephrosis or mass seen.

**Bladder** is physiologically distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

**Prostate gland** is normal in size. It shows smooth walls and homogeneous echotexture.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

### CONCLUSION:

- No significant sonographic abnormality is detected.

  
DR GIRISH PARMAR (M.D.)  
CONSULTANT RADIOLOGIST



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# JKV LABORATORY



Name : SANTOSH KUMAR  
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 30 Yrs./M  
Date : 12/02/2022  
Report ID. : 29

## BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
<b><u>FASTING (FBS)</u></b>			
Blood Glucose	: 92.0	mg/dL	70 - 110 mg/dL
<b><u>POST-PRANDIAL</u></b>			
Blood Glucose	: 102.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

## EXAMINATION OF URINE

Sample : FASTING

### PHYSICAL EXAMINATION

Quantity : 10 mL  
 Colour : YELLOW  
 Transperancy : CLEAR  
 Specific Gravity : 1.003  
 Reaction : ACIDIC  
 Deposits : ABSENT

### CHEMICAL EXAMINATION

Albumin : NIL  
 Sugar : NIL  
 Acetone : ABSENT  
 Bile Salts : ABSENT  
 Bile Pigments : ABSENT  
 Urobilinogen : NORMAL : ~ < 1.0 mg/dL  
 Occult Blood : ABSENT  
 Nitrate : ABSENT

### MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf  
 RBC : NIL  
 Epithelial Cells : NIL  
 Crystals : NIL  
 Amorphous Phosphate : NIL  
 Cast : NIL

DR JIGAR (END OF REPORT G23327)  
 M.D. Pathologist



Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

Free Home Service