

Name : Mrs. PAMELA ROY CHOUDHURY (33 /F)

Date : 14/10/2023

Address : NEW TOWN KOLKATA, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMDC.0000000094

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH185131



CHIEF COMPLAINTS

For corporate health checkup
Heel pain, Knee pain

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Dyslipidemia
Thyroid disease - hypothyroidism;
Medication - regular; -
THYRONORM 25



DRUG ALLERGY

NO KNOWN ALLERGY : 14/10/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 3/10/23; Periods - regular;
Associated with - dysmenorrhoea

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Brothers - 2
Diabetes - father
Hypertension - father
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 158
Weight - 63
BMI - 25.24
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular

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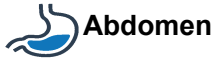
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Systolic(mm of Hg) - B.P. Sitting
- 122
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Central nervous system

- No neurological deficit

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE:*Review after
1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4	g/dl	●	12.0-15.0
RBC COUNT	4.41	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.9	%	●	36-46
MCV	83.8	fl	●	83-101
MCH	28.2	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	13.2	%	●	11.8-14.0
WBC Count	7700	/cu mm	●	4000-10000
Neutrophils	64	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	14	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	10-15	/hpf		
Epithelial Cells	4-6	/h.p.f		
Casts:	Not Found			
Crystals:	Not Found			

NOTE : -

Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	22	U/L	●	0-35
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	98	U/L	●	33-98
AST (SGOT) - SERUM	22	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	175	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.6	mg/dL	●	0.6-1.1

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	33	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	80	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	109	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	5.4	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	37	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	111 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	27	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.00	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	5.93-13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	215 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.9	µIU/mL	●	0.380-5.330

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.8	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.7		●	1.0-2.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	13.3			

PAP SMEAR /CERVICAL SMEAR

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AG01.C2307543

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

ECG

SINUS BRADYCARDIA WITH SINUS ARRHYTHMIA.
LOW VOLTAGE QRS & T WAVES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade-I fatty liver.
- * Dominant follicle in right ovary.
- * Coarse echotexture of uterine myometrium - suggestive of Adenomyosis.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

X Ray

X-RAY MAMMOGRAPHY BILATERAL (MHC)



Within Normal Range



Borderline High/Low



Out of Range

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Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

2

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515