



Dr. Shalini Shetty
MBBS, MS (Oph), FRCS (UK)
Sr. Consultant - Ophthalmology

Place Label Here **Mrs. Ramana**
55/f 650118
If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician

Allergies :	Fall Risk Assessment		Wt: _____	Ht: _____	T: _____	P: _____	BP: _____
	H/o fall (within 1 year)	Yes No	Pain _____ /10 <input type="checkbox"/> Psychological & Social Assessment done				
Mobility Aid	Yes No						
Gait	Dep. Indep.						

Routine Eye test

R	L
6/6	6/6
without	glass

Refractive Error:

6/6	6/6
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Adv:

Continue Same Reading glass - with glass

Medicine Reconciliation Done
Advice & Plan

Colour vision

17	17
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17	17

Chirukaly Anand

Kindly get this document scanned at the counter for the record purpose

[Signature]
Signature and Date

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: RAMAMANI,
Patient ID: AHB/650118
Height: 160 cm
Weight: 80 kg

DOB: 08.07.1967
Age: 55yrs
Gender: Female
Race: Indian

Study Date: 25.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: Jagadeesha A B

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	109	130/80	
	STANDING	00:03	0.00	0.00	109	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	133	135/80	
	STAGE 2	03:00	2.50	12.00	151	140/80	
	STAGE 3	01:03	3.40	14.00	169	150/80	
RECOVERY		03:16	0.00	0.00	127	150/80	

The patient exercised according to the BRUCE for 7:02 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 109 bpm rose to a maximal heart rate of 171 bpm. This value represents 103 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: ventricular premature beats.
ST Changes: none.

Conclusions

IMP.- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA.

Physician


Dr. K.M. Nair
Senior Consultant-Non Invasive Cardiologist
Apollo Hospitals, Bangalore

Technician



154/11, Opp. IIM,
Bannerghatta Road, Bangalore - 560076.

DEPARTMENT OF RADIOLOGY

Patient's Details : Mrs. RAMAMANI .	F 055Y
UHID : AHB.0000650118	Ward/Bed No. : AHC / AHC
I.P.No./Bill No. : AHBHC118308	Scanned on : 25-Feb-2023 11:56
Accession Number : 10601.223017685	Reported On :
Referring Doctor : null	

ULTRASOUND WHOLE ABDOMEN

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas appears normal in size, shape and echopattern. No definite calcification or ductal dilatation noted.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus: Post-menopausal status. Endometrial thickness measures ~ 3 mm.
 Both ovaries: Not visualized.

No evidence of ascites or pleural effusion seen.

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IMPRESSION:

USG study of the abdomen shows no significant abnormality.

- Suggested clinical correlation.

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Enclosed report) MI

DR. APURVA A J
 RESIDENT

DR. SHRIVALLI N
 MBBS, DMRD, DNB
 CONSULTANT RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

YOUR CLINICAL TEST RESULTS

Mrs. RAMAMANI .

FEMALE / 55 Yrs / AHB.0000650118 / AHBHC118308

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE ABOVE 40 YEARS

Date : 25/02/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.99 *	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	42	%	●	34 - 46
MCV (Derived from RBC histogram)	83	fl	●	83 - 101
MCH (Calculated)	27	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	13.6	%	●	11.60-14.00
Platelet Count (Impedance)	230	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.78	x(10) ⁹ /l	●	4 - 11
Neutrophils	62	%	●	40 - 80
Lymphocytes	28	%	●	8.6 - 23.8
Monocytes	6	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	18	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		
Appearance	Clear			Clear
pH	5.5			
Specific Gravity	>=1.030			1.016 - 1.022

● Within Normal Range ● Boderline High/Low ● Outside Range

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Date : 25/02/2023

Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			NEGATIVE
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	NEGATIVE			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	1+			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	6-8 /h.p.f	/HPF		0 - 5
Epithelial Cells	6-8 /h.p.f			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	A			
(D) Type:	NEGATIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	12	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.2		●	0.8 - 2.0
ALBUMIN - SERUM	3.8	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	68	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	16	U/L	●	<= 35

Within Normal Range
 Borderline High/Low
 Outside Range

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Date : 25/02/2023

BILIRUBIN, TOTAL - SERUM	0.55	mg/dL	●	0.30-1.20
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NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	109	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	191	mg/dL	●	"Desirable : <200 Borderline : 200 – 239 High Risk : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.79	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	21	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	95	mg/dL	●	"Non-Diabetic : <= 100 Impaired Fasting Glucose: 100-125 Diabetic : >= 126 "

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	150 *	mg/dL	●	"Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200 "

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.2	%	●	"NON- DIABETICS <=5.6 PRE-DIABETIC:

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5.7-6.4DIABETIC>=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	"Low : <40High: >59"
LDL Cholesterol (Direct LDL)	121 *	mg/dL	●	"Optimal : <100Near/Above Optimal: 100 – 129Borderline High: 130 – 159High: 160 – 189Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.6	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.9	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	142	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	121.61	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	11.6	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	73	mg/dL	●	"Normal: < 150Borderline High: 150 – 199High: 200 – 499Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.5		●	< 5.0

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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.43	μIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	26	mg/dL	●	15 - 45
URIC ACID - SERUM	5.2	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	15	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.10	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.45	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO ₃) - SERUM	25		●	Healthy Adults: 22 - 29

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Date : 25/02/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR (CONVENTIONAL METHOD)

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

Mammography

MAMMOGRAPHY

X Ray

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mrs. RAMAMANI .	Ward/Bed No. :	I F 055Y
UHID :	AHB.0000650118	Scanned on :	AHC / AHC
I.P.No./Bill No. :	AHBHC118308	Reported On :	25-Feb-2023 10:23
Accession Number :	10601.123022628		25-Feb-2023
Referring Doctor :	null		10:33:32

X-RAY CHEST PA VIEW

Clinical information – health check up

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.

-Suggested clinical and other investigation correlation.

Dr Sam K George
 Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

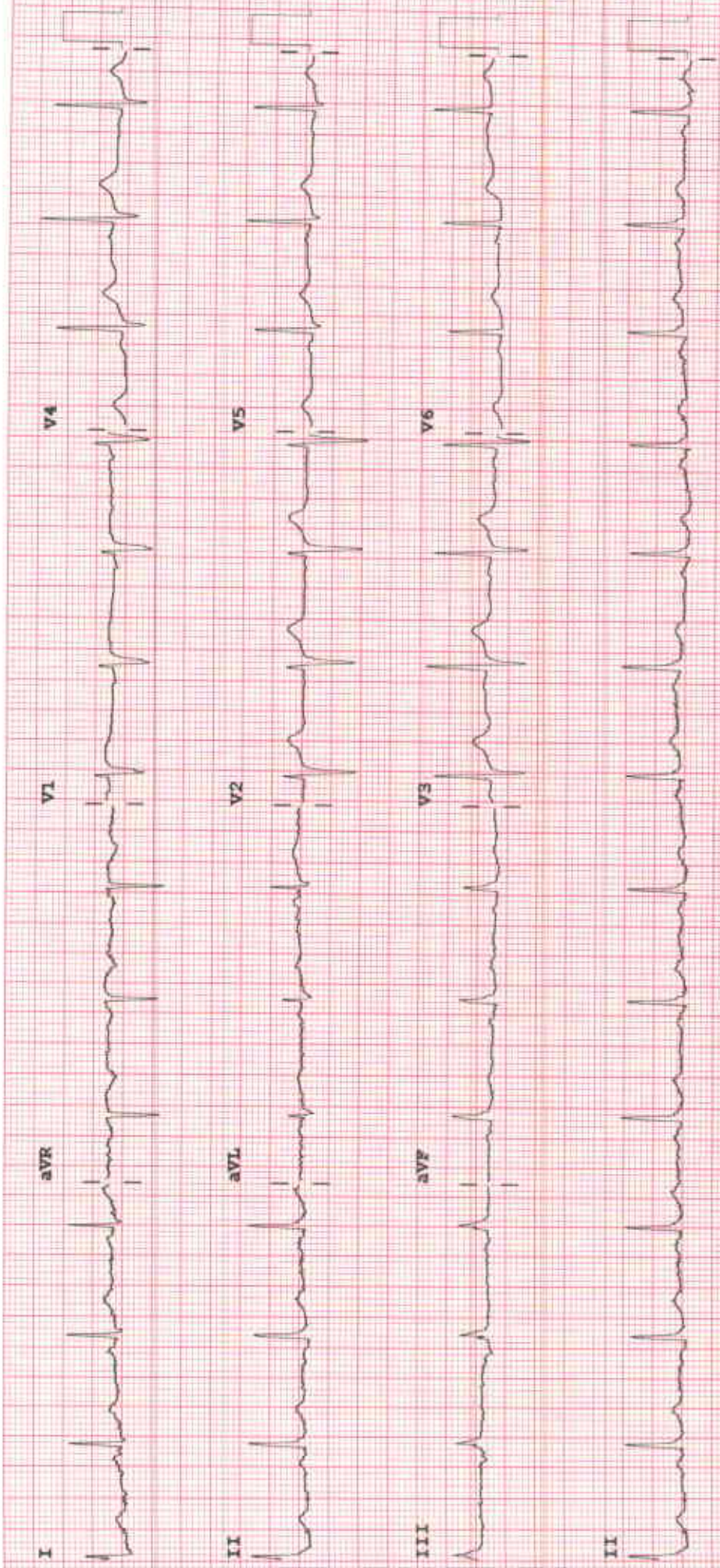
55 Years Female

Rate 81
 PR 144
 QRSD 92
 QT 349
 QTc 405
 --AXIS--
 P 25
 QRS 64
 T 26

AHB 0000860118
 MRS. RAMAMANI
 Age: 55 Year(s) Female/Femina
 26 Feb 2023 8:48:44 AM



12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV
 F 50~ 0.15-100 Hz 100B CL P?