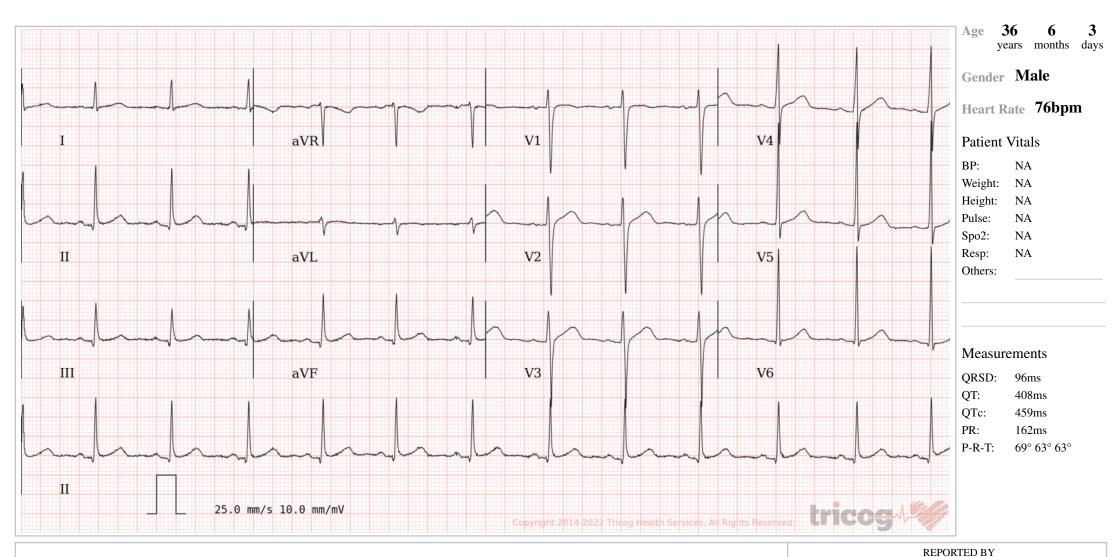
# SUBURBAN DIAGNOSTICS - ANDHERI WEST



Patient Name: AKSHAY ARUN KULKARNI

Date and Time: 8th Oct 22 9:59 AM

Patient ID: 2228119849



Sinus Rhythm, Normal Axis, Voltage Criteria for Left Ventricular Hypertrophy. Please correlate clinically.

Mardan

DR RAVI CHAVAN MD, D.CARD, D. DIABETES Cardiologist & Diabetologist 2004/06/2468

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



CID : 2228119849

Name : Mr Akshay Arun KULKARNI

Age / Sex : 36 Years/Male

Ref. Dr Reg. Date : 08-Oct-2022

Reg. Location : Andheri West (Main Center) Reported



R

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: 08-Oct-2022/10:00

# **USG WHOLE ABDOMEN**

### LIVER:

The liver is mildly enlarged in size (16.3cm) and shows bright echotexture. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

### **GALL BLADDER:**

The gall bladder is physiologically distended and appears normal. No evidence of gall stones or lesions seen

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion.

#### **KIDNEYS:**

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 9.8 x 4.1cm. Left kidney measures 11.0 x 5.5cm.

# **SPLEEN:**

The spleen is normal in size (10.9cm) and echotexture. No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

# **URINARY BLADDER:**

The urinary bladder is well distended and reveal no intraluminal abnormality.

#### **PROSTATE:**

The prostate is normal in size measuring 3.6 x 3.3 x 3.0cm and volume is 19.5cc.

# **IMPRESSION:**

Mild hepatomegaly with Grade I fatty liver.

-----End of Report-----

DR. NIKHIL DEV M.B.B.S, MD (Radiology) Reg No - 2014/11/4764 Consultant Radiologist

Mehlde



Name : Mr Akshay Arun KULKARNI

Age / Sex : 36 Years/Male

Ref. Dr :

Reg. Location : Andheri West (Main Center)



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**Reg. Date** : 08-Oct-2022

**Reported** : 08-Oct-2022/10:00



Hypochromia

CID : 2228119849

Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : - Collected

Mild

Reg. Location : Andheri West (Main Centre)



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:08-Oct-2022 / 09:43

**Reported** :08-Oct-2022 / 13:08

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

CBC (Complete Blood Count), Blood			
<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	13.0	13.0-17.0 g/dL	Spectrophotometric
RBC	4.99	4.5-5.5 mil/cmm	Elect. Impedance
PCV	40.0	40-50 %	Calculated
MCV	80.1	80-100 fl	Measured
MCH	26.1	27-32 pg	Calculated
MCHC	32.5	31.5-34.5 g/dL	Calculated
RDW	13.0	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6640	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSO	LUTE COUNTS		
Lymphocytes	31.2	20-40 %	
Absolute Lymphocytes	2070	1000-3000 /cmm	Calculated
Monocytes	7.3	2-10 %	
Absolute Monocytes	490	200-1000 /cmm	Calculated
Neutrophils	59.9	40-80 %	
Absolute Neutrophils	3980	2000-7000 /cmm	Calculated
Eosinophils	1.1	1-6 %	
Absolute Eosinophils	70	20-500 /cmm	Calculated
Basophils	0.5	0.1-2 %	
Absolute Basophils	30	20-100 /cmm	Calculated
PLATELET PARAMETERS			
Platelet Count	265000	150000-400000 /cmm	Elect. Impedance
MPV	9.6	6-11 fl	Measured
PDW	18.0	11-18 %	Calculated
RBC MORPHOLOGY			

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Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : - Collected : 08-Oct-2022 / 09:43

Reg. Location : Andheri West (Main Centre) Reported :08-Oct-2022 / 12:15

Microcytosis -

Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

WBC MORPHOLOGY -

PLATELET MORPHOLOGY

Specimen: EDTA Whole Blood

ESR, EDTA WB 5 2-15 mm at 1 hr. Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*





Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : -

Reg. Location : Andheri West (Main Centre)



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**Reported** :08-Oct-2022 / 12:39

Collected

<b>AERFOCAMI</b>	<b>HEALTHCARE</b>	BELOW 40	MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	99.5	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	99.8	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.46	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.19	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.27	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.7	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	5.2	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.5	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	2.1	1 - 2	Calculated
SGOT (AST), Serum	13.8	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	17.9	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	20.3	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	87.6	40-130 U/L	Colorimetric
BLOOD UREA, Serum	10.1	12.8-42.8 mg/dl	Kinetic
BUN, Serum	4.7	6-20 mg/dl	Calculated
CREATININE, Serum	0.71	0.67-1.17 mg/dl	Enzymatic

Page 3 of 10



eGFR, Serum

URIC ACID, Serum

CID : 2228119849

Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : -

**Reg. Location**: Andheri West (Main Centre)

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Reported

>60 ml/min/1.73sqm

3.5-7.2 mg/dl

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: 08-Oct-2022 / 12:44 : 08-Oct-2022 / 16:58

Calculated

Enzymatic

Urine Sugar (Fasting) Absent Absent
Urine Ketones (Fasting) Absent Absent

133

4.5

Urine Sugar (PP) ++ Absent
Urine Ketones (PP) Absent Absent

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*





Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab
Director

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : - Collected : 08-Oct-2022 / 09:43

Reg. Location : Andheri West (Main Centre) Reported :08-Oct-2022 / 15:19

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

# PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 6.3 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4% Diabetic Level: >/=6.5%

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Estimated Average Glucose 134.1 mg/dl Calculated

(eAG), EDTA WB - CC

#### Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

• In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

• For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

• HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

#### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

#### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
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Dr.LEENA SALUNKHE M.B.B.S, DPB (PATH) Pathologist

C. Solve

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Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : -

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Reported

: 08-Oct-2022 / 09:43

:08-Oct-2022 / 16:52

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

<u> </u>			
<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	40	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Trace	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Trace	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Occasional	0-2/hpf	

Epithelial Cells / hpf 0-1

Casts Absent Absent Crystals Absent Absent Absent Amorphous debris Absent Absent

Bacteria / hpf 2-3 Less than 20/hpf

Others -

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
\*\*\* End Of Report \*\*\*





Dr.ANUPA DIXIT M.D.(PATH) Pathologist

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Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

<u>PARAMETER</u> <u>RESULTS</u>

ABO GROUP 0

Rh TYPING POSITIVE

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Note: This sample is not tested for Bombay blood group.

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West
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Dr.LEENA SALUNKHE M.B.B.S, DPB (PATH) Pathologist

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CID : 2228119849

Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr.

Reg. Location : Andheri West (Main Centre)



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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	167.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	238.4	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	31.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	135.8	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	95.1	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	40.7	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.3	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.0	0-3.5 Ratio	Calculated

Note: LDL test is performed by direct measurement.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West \*\*\* End Of Report \*\*





Dr.MILLU JAIN M.D.(PATH) **Pathologist** 

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ADDRESS: 2" Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053



Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : -

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**Reported** :08-Oct-2022 / 12:39

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.7	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	16.6	11.5-22.7 pmol/L	ECLIA
sensitiveTSH, Serum	2.36	0.35-5.5 microIU/ml	ECLIA

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Name : MR.AKSHAY ARUN KULKARNI

Age / Gender : 36 Years / Male

Consulting Dr. : - Collected : 08-Oct-2022 / 09:43

Reg. Location : Andheri West (Main Centre) Reported :08-Oct-2022 / 12:39

#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

#### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

#### Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

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CID#

SID# : 177802893584

Name : MR.AKSHAY ARUN KULKARNI Registered : 08-Oct-2022 / 09:17

Age / Gender : 36 Years/Male Collected : 08-Oct-2022 / 09:17

Consulting Dr. : -Reported : 08-Oct-2022 / 16:13

Reg.Location Printed : 08-Oct-2022 / 16:16 : Andheri West (Main Centre)

# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

: 2228119849

No hilar abnormality is seen.

The cardiac size and shape are within normal limits.

The aorta shows normal radiological features.

The trachea is central.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# **IMPRESSION:**

# NO SIGNIFICANT ABNORMALITY IS DETECTED.

\*\*\* End Of Report \*\*\*

Dr.R K BHANDARI M.D., D.M.R.E

**CONSULTANT RADIOLOGIST** 

CENTRAL PROCESSING LAB: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



CID#

SID# : 177802893584

R

Name : MR.AKSHAY ARUN KULKARNI Registered : 08-Oct-2022 / 09:17

Age / Gender : 36 Years/Male Collected : 08-Oct-2022 / 09:17

Consulting Dr. : - Reported : 10-Oct-2022 / 10:00

Reg.Location : Andheri West (Main Centre) Printed : 10-Oct-2022 / 10:06

# PHYSICAL EXAMINATION REPORT

# **History and Complaints:**

: 2228119849

Asymptomatic

HLA B antigen positive, K/C/O Ankylosing Sponylitis

### **EXAMINATION FINDINGS:**

Height (cms):183 cmsWeight (kg):74 kgsTemp (0c):AfebrileSkin:NormalBlood Pressure (mm/hg):130/80 mm of Hg Nails:Normal

Pulse: 72/min Lymph Node: Not palpable

**Systems** 

Cardiovascular: S1S2 audible

Respiratory: AEBE
Genitourinary: NAD

GI System: Liver & Spleen not palpable

CNS: NAD

#### IMPRESSION:

K/C/O Ankyposing Spondylitis,

Urine sugar (PP)=++,HbA1c=6.3%(Prediabetic level),

Borderline high triglycerides,

USG shows Mild hepatomegaly with Grade I fatty liver,

ECG shows Voltage criteria for LVH.

#### ADVICE:

Kindly consult your treating physician with all your reports,

Thearpeutic life style modification is advised,

Regualr exercise for 30-40 minutes is recommended.

# **CHIEF COMPLAINTS:**

1) Hypertension: NO

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5) Tuberculosis

: 2228119849

CID#

SID# : 177802893584 R

Name : MR.AKSHAY ARUN KULKARNI Registered : 08-Oct-2022 / 09:17

Age / Gender Collected : 36 Years/Male : 08-Oct-2022 / 09:17

Consulting Dr. : -Reported : 10-Oct-2022 / 10:00

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NO

2) **IHD** NO

3) Arrhythmia NO

4) Diabetes Mellitus NO

6) Asthama NO

NO

7) Pulmonary Disease 8) Thyroid/ Endocrine disorders NO

NO

9) Nervous disorders 10) GI system NO

11) Genital urinary disorder NO

12) Rheumatic joint diseases or symptoms NO

13) Blood disease or disorder NO

14) Cancer/lump growth/cyst NO

15) Congenital disease NO

16) Surgeries NO

17) Musculoskeletal System H/O Ankylosing Spondylitis

# **PERSONAL HISTORY:**

1) Alcohol NO

2) Smoking NO 3) Diet Veg

4) Medication Tab. SAAZ twice in a day since 1-1/2 years

\*\*\* End Of Report \*\*\*

Sanguta Manwani **Dr.Sangeeta Manwani** M.B.B.S. Reg.No.71083

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