

Name : Ms. MANISHA DAS (51 /F)

Date : 24/09/2022

Address :

Examined by:

UHID : AMHL.0002021613

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH157890



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

### Present known illness

- Thyroid disorder, Heart disease, Asthma  
- type 2 Since - 8 months Medication - regular  
Since - 15 yrs Medication - regular  
Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



## SYSTEMIC REVIEW

### Cardiovascular system

High blood pressure - yes; Medication - yes

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Bowel habits - incomplete evacuation

### Genitourinary system

Frequency - normal; Dysuria/burning micturition - no

### Gynaec history

No of Children - 1; Last child birth - 28 yrs back;  
Deliveries - normal vaginal delivery; Hysterectomy with bilateral salpingo-oophorectomy - 2.5 yrs back

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - reading

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Weight

- has lost weight without effort



### Present medications

- names not known



### Past medical history

Dengue - 2005



### Surgical history

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Hysterectomy with - 2.5 yrs back  
Bilateral  
Salpingo-Oophorectomy

Systolic(mm of Hg) - 132  
Diastolic(mm of Hg) - 88  
Heart sounds - S1S2+



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate  
- brisk walk

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal



### Family history

Father - has expired  
Cause - stroke  
Mother - has expired  
Cause - natural cause  
Brothers - 1  
Diabetes - father,mother  
Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 153  
Weight - 51  
BMI - 21.79  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
- B.P. Sitting

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4	g/dl	●	12.0-15.0
RBC COUNT	5.30 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.4	%	●	36-46
MCV	74.3 *	fl	●	83-101
MCH	23.5 *	pg	●	27-32
MCHC	31.6	%	●	31.5-34.5
RDW	15.8 *	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	1.95	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	00	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Microcytic Hypochromic. Poikilocytosis+. Polychromasia+. Target cells. Occasional NRBC seen.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	09	mm/1st hr	●	0-20

Ketone:	Not Detected
Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	Occasional/hpf
Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Found
Ca-oxalate	4-6 /lpf
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	20	U/L	●	10-40
ALBUMIN - SERUM	4.9	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	52	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			

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BILIRUBIN TOTAL - SERUM 1.8 \* mg/dL ● 0.0-1.0

HDL CHOLESTEROL - SERUM 42 mg/dL ● 30-70

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
CHOLESTEROL - SERUM 106 mg/dL ● 0-200

LDL CHOLESTEROL -SERUM 58 mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 6 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.7 mg/dL ● 0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.3 g/dL ● 6.4-8.3

GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 13 U/L ● 7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.8 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 106 \* mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 96 mg/dL ● 70-140

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 85 mg/dL ● 0-150

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.0 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >/= 6.5%
ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.000 µIU/mL ● 0.270-4.200

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.1 mg/dL ● 2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range

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BILIRUBIN 0.4 \* mg/dL ● 0.0-0.2  
CONJUGATED  
(DIRECT) - SERUM

### BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	11.7	mg/dL	●	7.0-18.0

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

### PAP SMEAR /CERVICAL SMEAR

Ref No:  
AG01.C2205637  
SPECIMEN TYPE:  
Vault smear (PAP) X 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism

### ECG

SINUS RHYTHM.  
NONSPECIFIC T WAVE ABNORMALITY IN  
INFEROLATERAL LEADS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.

### ULTRASOUND BREAST BILATERAL

\* No significant abnormality is demonstrated.  
- Advised X-ray Mammography correlation and follow up.

DR. SUDESHNA MALAKAR  
MD, DNB (RADIODIAGNOSIS),  
FRCR (UK).  
Reg. No. 70658 (WBMC)

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality is seen.

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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