


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Krishna Kant on 31/05/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

| | |
|--|-------------------------------------|
| <ul style="list-style-type: none"> • Medically Fit | Tick |
| <ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> | <input checked="" type="checkbox"/> |
| <ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p> | <input type="checkbox"/> |
| <ul style="list-style-type: none"> • Unfit | <input type="checkbox"/> |

Dr. 
 Medical Officer
 The Apollo Clinic, (Location)

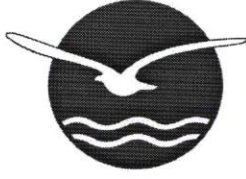
This certificate is not meant for medical purposes.
Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (MMC)
 Approved By DG Shipping (GOI)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Tell Cross Lane,
 Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

| | | |
|--|---|---------------------|
| Date of Examination | 3/8/24 | |
| NAME | KRISHNAKANT PHADAT | |
| AGE | 23 years | Gender: male. |
| HEIGHT(cm) | 177 cm | WEIGHT (kg): 69 kg. |
| B.P. | 106/70 mm Hg. | |
| ECG | Normal | |
| X Ray | NAD | |
| Vision Checkup | Color Vision : Normal | |
| | Far Vision Ratio : 6/6 - corrected | |
| | Near Vision Ratio : N5 - uncorrected. | |
| Present Ailments | nil | |
| Details of Past ailments (If Any) | Hairline # 6 @ toe in 2019. Red & Pop. | |
| Comments / Advice : She / He is Physically Fit | | |

Signature with Stamp of Medical Examiner


Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (AMMC)
 Approved By DG Shipping (200)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Telli Cross Lane,
 Andheri East, Mumbai-400 059
 SEA BIRD MEDICARE CENTRE



SEA BIRD MEDICARE CENTRE

Report ID : **KPM38123849**
Patient Name : **Mr. KRISHNAKANT PHAFAT**
Rank :
Ref By : **DR. MUKUL ARTE**

Reg. : **03-Aug-2024**
Report Date : **05-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **23 Year / Male**

CHEST X RAY REPORT

X-Ray No : 6338

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

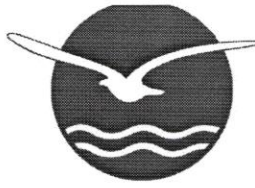

Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **KPM38123849**
Patient Name : **Mr. KRISHNAKANT PHAFAT**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**

Reg. : **03-Aug-2024**
Report Date : **03-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **23 Year / Male**

HEMATOLOGY

INVESTIGATION

Complete Blood Count

| <u>INVESTIGATION</u> | <u>OBSERVED VALUE</u> | <u>UNITS</u> | <u>REFERENCE RANGE</u> |
|----------------------|-----------------------|-----------------|------------------------|
| Haemoglobin | 15.2 | gm/dl | 13-18 gm/dl |
| Total W.B.C | 5600 | /cu.mm | 4000-11000 /cu.mm |
| Neutrophils | 69 | % | 50-70 % |
| Lymphocytes | 30 | % | 20-40 % |
| Eosinophils | 01 | % | 0-7 % |
| Monocytes | 00 | % | 0-8 % |
| Basophils | 00 | % | 0-2 % |
| R.B.C Total | 4.71 | millions/cu .mm | 4.5-5.5 millions/cu.mm |
| P.C.V | 42.5 | % | 42-55 % |
| MCV | 90.3 | femolitre | 80-96 femolitre |
| MCH | 32.2 | picogram | 27-33 picogram |
| MCHC | 35.7 | % | 32-36 % |
| W.B.C Morphology | Normal | | |
| R.B.C Morphology | Normal | | |
| Platelet Count | 308000 | /cu.mm | 150000-450000 /cu.mm |
| Blood Group | | | |
| Blood Group | O Positive | | |
| ESR | | | |
| ESR | 07 | mm/hr | 0-15 mm/hr |

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

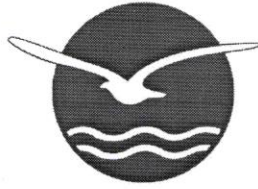
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **KPM38123849**
Patient Name : **Mr. KRISHNAKANT PHAFAT**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**

Reg. : **03-Aug-2024**
Report Date : **03-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **23 Year / Male**

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

| | <u>OBSERVED VALUE</u> | <u>UNITS</u> | <u>REFERENCE RANGE</u> |
|------------------|-----------------------|--------------|------------------------|
| SGPT | 18 | IU/L | 9-43 IU/L |
| Sr.Bilirubin (T) | 0.8 | mg/dl | 0.2-1.2 mg/dl |
| Sr.Bilirubin (D) | 0.2 | mg/dl | 0.0-0.3 mg/dl |
| Sr.Bilirubin (I) | 0.6 | mg/dl | |

Renal Function Test

| | | | |
|---------------|------|-------|---------------|
| BUN | 11.6 | mg/dl | 6-21 mg/dl |
| Sr.Creatinine | 0.7 | mg/dl | 0.7-1.4 mg/dl |


Blood Sugar Estimation

| | | | |
|---------------------------|--------|-------|--------------|
| Fasting Blood Sugar | 93 | mg/dl | 70-110 mg/dl |
| Fasting Urine Sugar | Absent | | |
| Post Prandial Blood Sugar | 101 | mg/dl | 70-140 mg/dl |
| Post Prandial Urine Sugar | Absent | | |
| BUN/Creatinine Ratio | 16.6 | | |

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

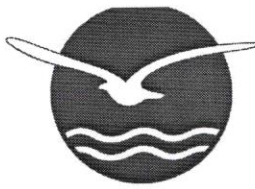
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **KPM38123849**
Patient Name : **Mr. KRISHNAKANT PHAFAT**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**

Reg. : **03-Aug-2024**
Report Date : **03-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **23 Year / Male**

URINE ROUTINE

INVESTIGATION


OBSERVED VALUE UNITS REFERENCE RANGE

| | | | |
|------------------|-------------|------|-------------|
| Colour | PALE YELLOW | | PALE YELLOW |
| Appearance | CLEAR | | CLEAR |
| Specific Gravity | 1.010 | | 1.030 |
| pH | ACIDIC | | ACIDIC |
| Odour | AROMATIC | | AROMATIC |
| Proteins (UR) | ABSENT | | ABSENT |
| Sugar | ABSENT | | ABSENT |
| Bile Salts | ABSENT | | ABSENT |
| Bile Pigments | ABSENT | | ABSENT |
| Ketones (UR) | ABSENT | | ABSENT |
| Occult Blood | ABSENT | | ABSENT |
| Urobilinogen(UR) | ABSENT | | ABSENT |
| Pus Cells (UR) | 2-3 | /hpf | 2-3/hpf |
| RBC cells | ABSENT | /hpf | 2-3/hpf |
| Epithelial Cells | 1-2 | /hpf | 1-2/hpf |
| Casts (UR) | ABSENT | /hpf | |
| Crystals | ABSENT | /hpf | |
| Bacteria (UR) | ABSENT | | ABSENT |
| Others (UR) | ABSENT | | |

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR. SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



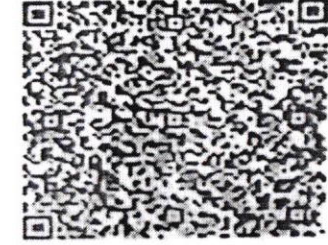
कृष्णकांत विष्णुकांत फाफट

KRISHNAKANT

VISHNUKANT PHAFAT

जन्म तारीख/ DOB: 29/05/2001

पुरुष / MALE



2650 0467 1199

पत्ता:

S/O विष्णुकांत फाफट,
प्लॉट नं १०५ब/१, दत्त कृपा,
मालेगाव रोड, अग्रसेन पुतळा
जवळ, अग्रवाल नगर, धुळे,
धुळे - 424001

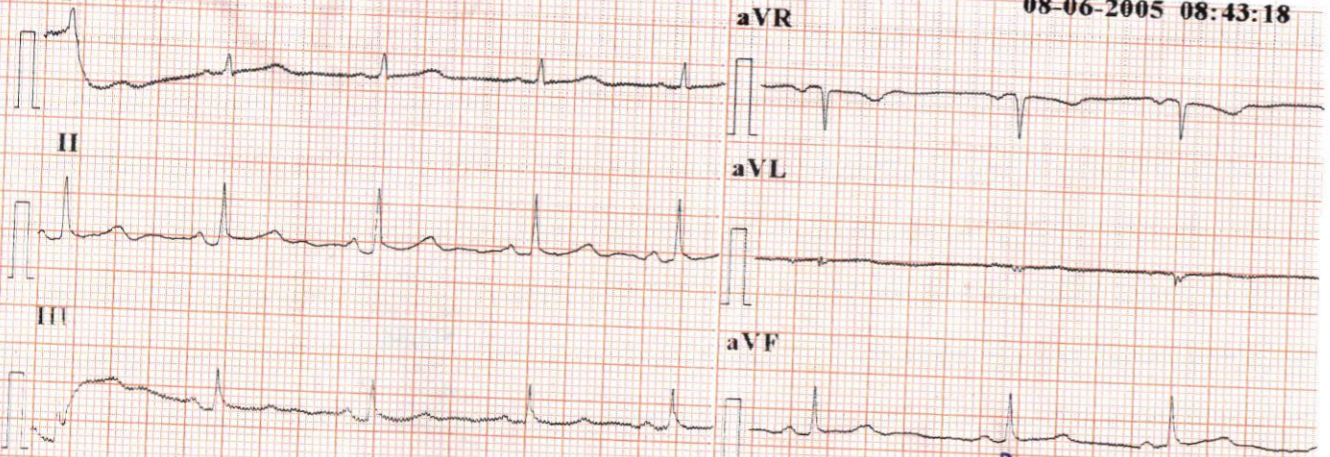
Address:

S/O VISHNUKANT PHAFAT,
PLOT NO 105B/1, DATTA
KRUPA, MALEGAON ROAD,
NEAR AGRASEN STATUE,
Dhule, Dhule,
Maharashtra - 424001

2650 0467 1199

10mm/mV 0.67~25Hz AC50

08-06-2005 08:43:18

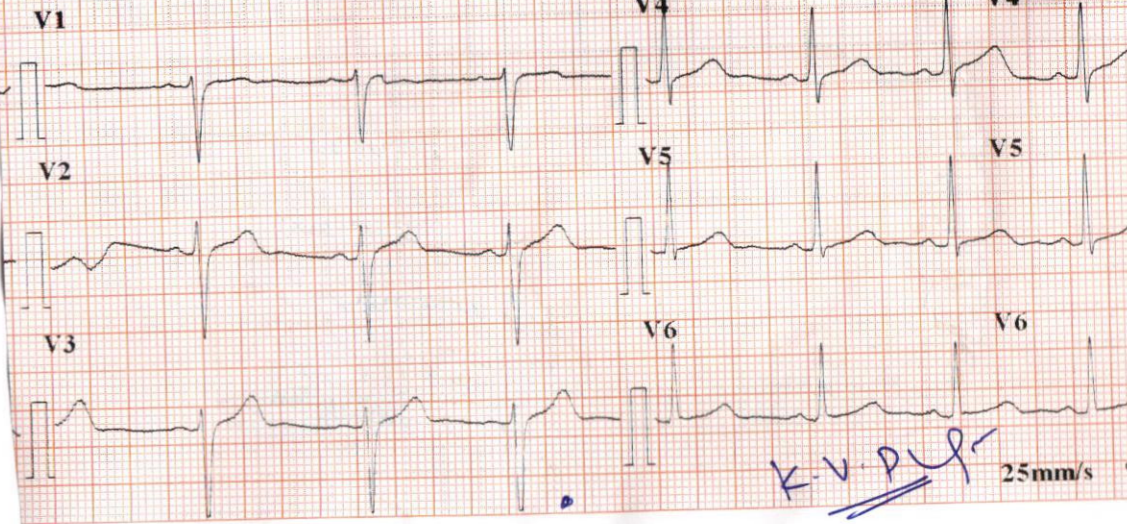


25mm/s ♡64

K-V-P4

V2.45

10mm/mV



25mm/s

K-V-P4

E. C. G. REPORT

RATE 70/min Q. WAVE _____
RHYTHM Regular QRS COMPLEX N
VOLTAGE N ST. SEGMENT iso-electric
P. WAVE _____ T. WAVE _____
PR. INTERVAL N

REMARKS wave

Dr. MUKUL ARTE MBBS, DNB
Regn. No: 44293 (MMC)
Approved By DG Shipping (GOI)
Consultant in Marine Medicine & Aviation Medicine
A-101-102, Heritage Plaza, Telli Cross Lane,
Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre

NAME Krishnakant
AGE 23 DATE 31/8/2021

- 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157