

Name : MR.AKSHAY KUMAR

Age / Gender : 34 Years / Male

Consulting Dr. : -

Reg. Location : Borivali West (Main Centre)



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Collected : 12-Nov-2022 / 09:43

**Reported** :12-Nov-2022 / 13:36

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

CBC (Complete Blood Count), Blood						
<u>PARAMETER</u>	RESULTS	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>			
RBC PARAMETERS						
Haemoglobin	14.6	13.0-17.0 g/dL	Spectrophotometric			
RBC	4.94	4.5-5.5 mil/cmm	Elect. Impedance			
PCV	44.8	40-50 %	Measured			
MCV	91	80-100 fl	Calculated			
MCH	29.6	27-32 pg	Calculated			
MCHC	32.7	31.5-34.5 g/dL	Calculated			
RDW	14.1	11.6-14.0 %	Calculated			
WBC PARAMETERS						
WBC Total Count	5320	4000-10000 /cmm	Elect. Impedance			
WBC DIFFERENTIAL AND ABSO	LUTE COUNTS					
Lymphocytes	32.2	20-40 %				
Absolute Lymphocytes	1713.0	1000-3000 /cmm	Calculated			
Monocytes	8.1	2-10 %				
Absolute Monocytes	430.9	200-1000 /cmm	Calculated			
Neutrophils	57.7	40-80 %				
Absolute Neutrophils	3069.6	2000-7000 /cmm	Calculated			
Eosinophils	1.4	1-6 %				
Absolute Eosinophils	74.5	20-500 /cmm	Calculated			
Basophils	0.6	0.1-2 %				
Absolute Basophils	31.9	20-100 /cmm	Calculated			
Immature Leukocytes	-					

WBC Differential Count by Absorbance & Impedance method/Microscopy.

# **PLATELET PARAMETERS**

Platelet Count	136000	150000-400000 /cmm	Elect. Impedance
MPV	13.9	6-11 fl	Calculated
PDW	36.4	11-18 %	Calculated

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Name : MR.AKSHAY KUMAR

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Consulting Dr. : - Collected : 12-Nov-2022 / 09:43

Reg. Location : Borivali West (Main Centre) Reported :12-Nov-2022 / 12:30



Hypochromia -

Microcytosis -

Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells -

Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY Platelet count may not be representative due to presence of Megaplatelet seen on

smear.

COMMENT -

Result rechecked

Kindly correlate clinically.

Specimen: EDTA Whole Blood

ESR, EDTA WB 12 2-15 mm at 1 hr. Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West
\*\*\* End Of Report \*\*\*









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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



Name : MR.AKSHAY KUMAR

Age / Gender : 34 Years / Male

Consulting Dr. :

Reg. Location

: Borivali West (Main Centre)

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: 12-Nov-2022 / 09:43 : 12-Nov-2022 / 14:57

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	107.2	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	123.0	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	1.31	0.3-1.2 mg/dl	Vanadate oxidation
Kindly note change in Ref range and	d method w.e.f.11-07-2022		
BILIRUBIN (DIRECT), Serum	0.38	0-0.3 mg/dl	Vanadate oxidation
Kindly note change in Ref range and	d method w.e.f.11-07-2022		
BILIRUBIN (INDIRECT), Serum	0.93	<1.2 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.1	5.7-8.2 g/dL	Biuret
Kindly note change in Ref range and	method w.e.f.11-07-2022		
ALBUMIN, Serum	4.7	3.2-4.8 g/dL	BCG
GLOBULIN, Serum	2.4	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	2.0	1 - 2	Calculated
SGOT (AST), Serum	24.1	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	38.1	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	20.0	<73 U/L	Modified IFCC

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ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053



CID : 2231622815

Name : MR. AKSHAY KUMAR

Age / Gender : 34 Years / Male

Consulting Dr. Reg. Location

: Borivali West (Main Centre)

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ALKALINE PHOSPHATASE.

BLOOD UREA, Serum

Serum

115.5

18.2

46-116 U/L

Modified IFCC

Enzymatic

Calculated

Kindly note change in Ref range and method w.e.f.11-07-2022

19.29-49.28 mg/dl Calculated

Kindly note change in Ref range and method w.e.f.11-07-2022

BUN, Serum 9.0-23.0 mg/dl Urease with GLDH

Kindly note change in Ref range and method w.e.f.11-07-2022

CREATININE, Serum 0.76 0.67-1.17 mg/dl eGFR, Serum 125 >60 ml/min/1.73sqm

URIC ACID, Serum Uricase/ Peroxidase 5.6 3.7-9.2 mg/dl

Kindly note change in Ref range and method w.e.f.11-07-2022

Urine Sugar (Fasting) Absent Absent Urine Ketones (Fasting) Absent Absent

Urine Sugar (PP) Absent Absent Urine Ketones (PP) Absent Absent

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Age / Gender : 34 Years / Male

Consulting Dr. : -

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 5.3 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Collected

Estimated Average Glucose 105.4 mg/dl Calculated

(eAG), EDTA WB - CC

# Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

• In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

• For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

## Clinical Significance:

• HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

 The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

# Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

# Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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\*\*\* End Of Report \*\*\*



Dr.KETAKI MHASKAR M.D. (PATH) Pathologist

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



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: 34 Years / Male Age / Gender

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** URINE EXAMINATION REPORT

PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	METHOD	
PHYSICAL EXAMINATION				
Color	Pale yellow	Pale Yellow	-	
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator	
Specific Gravity	1.005	1.001-1.030	Chemical Indicator	
Transparency	Clear	Clear	-	
Volume (ml)	40	-	-	
<b>CHEMICAL EXAMINATION</b>				
Proteins	Absent	Absent	pH Indicator	
Glucose	Absent	Absent	GOD-POD	
Ketones	Absent	Absent	Legals Test	
Blood	Absent	Absent	Peroxidase	
Bilirubin	Absent	Absent	Diazonium Salt	
Urobilinogen	Normal	Normal	Diazonium Salt	
Nitrite	Absent	Absent	Griess Test	
MICROSCOPIC EXAMINATION	<u> </u>			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf		
Pad Pland Calle / haf	Absort	0.2/hnf		

Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 0-1

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf 2-3 Less than 20/hpf

Others







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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP 0

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods

Specimen: EDTA Whole Blood and/or serum

### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- · Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

# Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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Name : MR.AKSHAY KUMAR

Age / Gender : 34 Years / Male

Consulting Dr. : -

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	187.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	227.7	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	35.0	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	152.6	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	142.7	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Colorimetric
VLDL CHOLESTEROL, Serum	9.9	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.4	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	4.1	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
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ADDRESS: 2" Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



Name : MR.AKSHAY KUMAR

Age / Gender : 34 Years / Male

Consulting Dr. :

Free T3, Serum

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CLIA

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

3.5-6.5 pmol/L

<u>PARAMETER</u> <u>RESULTS</u> <u>BIOLOGICAL REF RANGE</u> <u>METHOD</u>

Kindly note change in Ref range and method w.e.f.11-07-2022

5.7

Free T4, Serum 13.8 11.5-22.7 pmol/L CLIA

Kindly note change in Ref range and method w.e.f.11-07-2022

sensitiveTSH, Serum 3.198 0.55-4.78 microIU/ml CLIA

Kindly note change in Ref range and method w.e.f.11-07-2022

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### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody. Thyroglobulin, Calcitonin

# Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

# Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
\*\*\* End Of Report \*\*\*



Dr.JYOT THAKKER M.D. (PATH), DPB Pathologist & AVP( Medical Services)

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2nd Floor, Aston, Sundervan Complex,
Lokhandwala Road, Andheri (West),
Mumbai-400053.

M.B.B.S.AFLH, D.DIAB, D.CARD.
CONSULTANT-CARDIOLOGIST
REGD. NO.: 87714

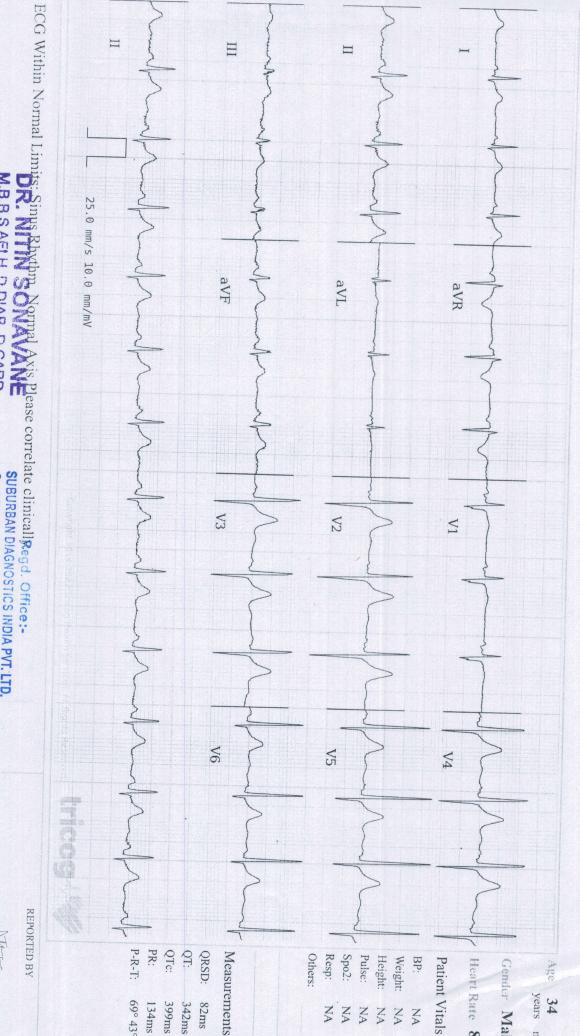




# SUBURBAN DIAGNOSTICS - BORIVALI WEST

Patient ID: Patient Name: AKSHAY KUMAR 2231622815

Date and Time: 12th Nov 22 12:31 PM



CONSULTANT-CARDIOLOGIST M.B.B.S.AFLH, D.DIAB, D.CARD. REGD. NO.: 87714

SUBURBAN DIAGNOSTICS INDIA PVT. LTD. 2nd Floor, Aston, Sundervan Complex, Lokhandwała Road, Andheri (West), Mumbai-400053.

REPORTED BY

134ms 399ms

82ms 342ms

69° 43°

Dr. Nitin Sonavane M.B.B.S.AFLH, D.DIAB.D.CARD Consultant Cardiologist 87714

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

Name: AKSHAY KUMAR

Date: 08-11-2022

Time: 19:42

Age: 34

Gender: M

Height: 165 cms

Weight: 70 Kg

ID: 2231622815

Clinical History:

NIL

Medications:

NIL

**Test Details:** 

Protocol: Bruce

Predicted Max HR:

186

Target HR: 158

**Exercise Time:** 

0:04:28

Achieved Max HR:

158 (85% of Predicted MHR)

Max BP:

160/90

Max BP x HR:

25280

Max Mets: 5.2

Test Termination Criteria:

TEST COMPLET

# **Protocol Details:**

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate	BP mmHg	RPP	Max ST Level	mV/s
Supine	00:12	1	0	Ö	85	130/90	11050	1.7 II	-0.7 aVR
Standing	00:24	1	0	0	116	130/90	15080	0.9 aVF	0.4 II
HyperVentilation	00:15	1	0	0	116	130/90	15080	1.4 II	0.6 V5
PreTest	00:20	1	1.6	0	126	130/90	16380	1.3 II	0.5 V5
Stage: 1	03:00	4.7	2.7	10	144	150/90	21600	-2.5 aVR	-0.9 aVR
Peak Exercise	01:28	5.2	4	12	158	150/90	23700	1.2 V1	1 V5
Recovery1	01:00	1	0	0	137	160/90	21920	2.5 V4	1.2 V4
Recovery2	01:00	1	0	0	126	140/90	17640	2.3 V4	1.1 V4

# Interpretation

The Patient Exercised according to Bruce Protocol for 0:04:28 achieving a work level of 5.2 METS.

Resting Heart Rate, initially 85 bpm rose to a max. heart rate of 158bpm (85% of Predicted Maximum Heart Rate).

Resting Blood Pressure of 130/90 mmHg, rose to a maximum Blood Pressure of 160/90 mmHg

Good Effort tolerance

Normal HR & BP Respone

No Angina or Arrhymias

No Significant ST-T Change Noted During Exercise

Stress test Negative for Stress inducible ischaemia.

DR. NITIN SOMAVANE
M.B.B.S.AFLH, D.D.AB, D.CARD,
CONSULTANT-CARDIOLOGIST
REGD NO.: 87714

Read Office:-

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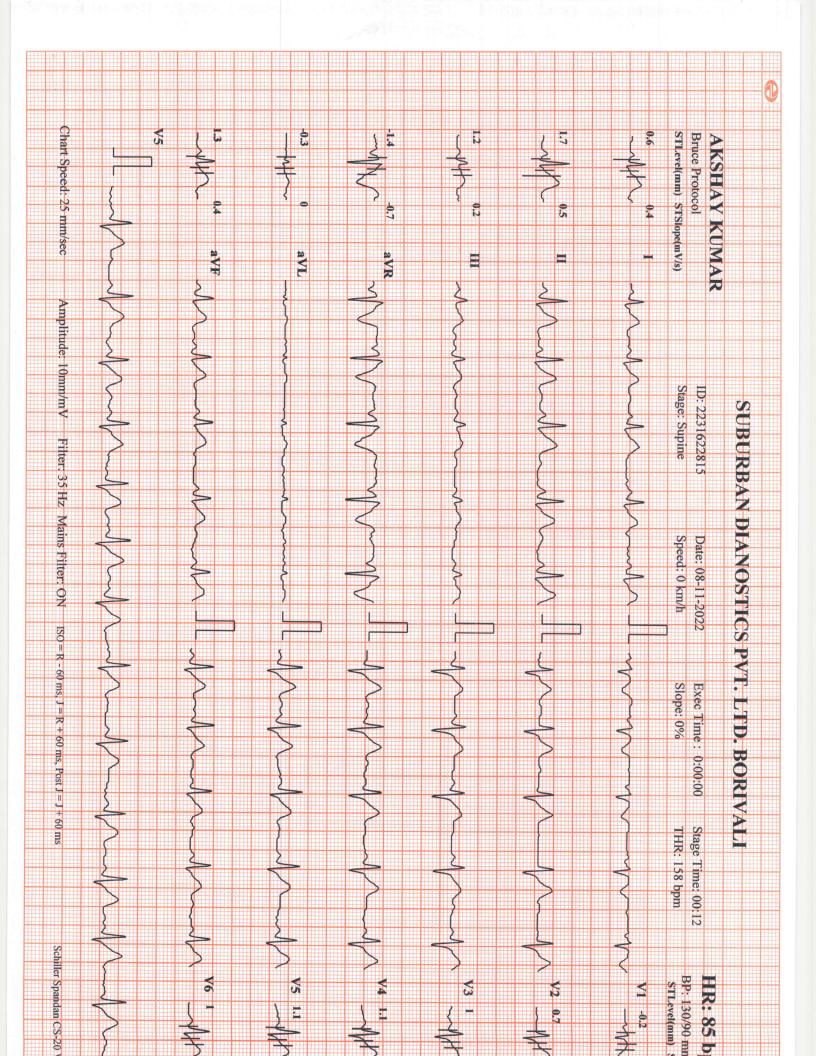
Mumbai-400053

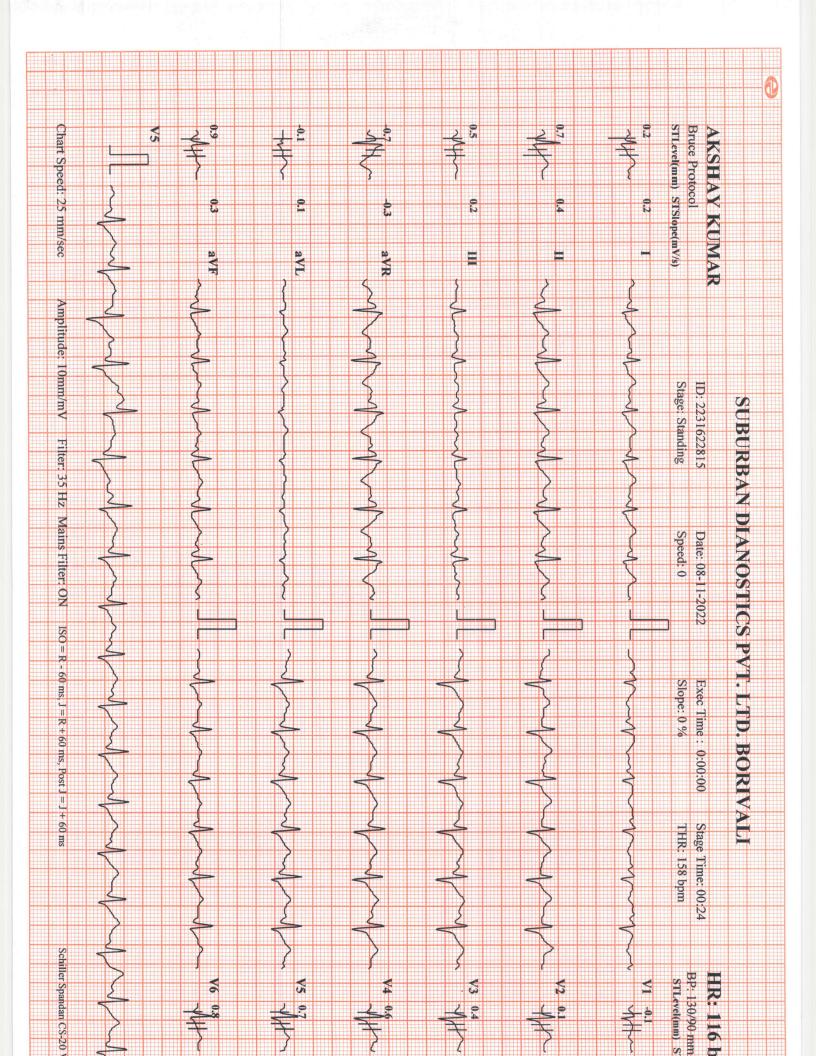
Doctor: DR. NITIN SONAVANE

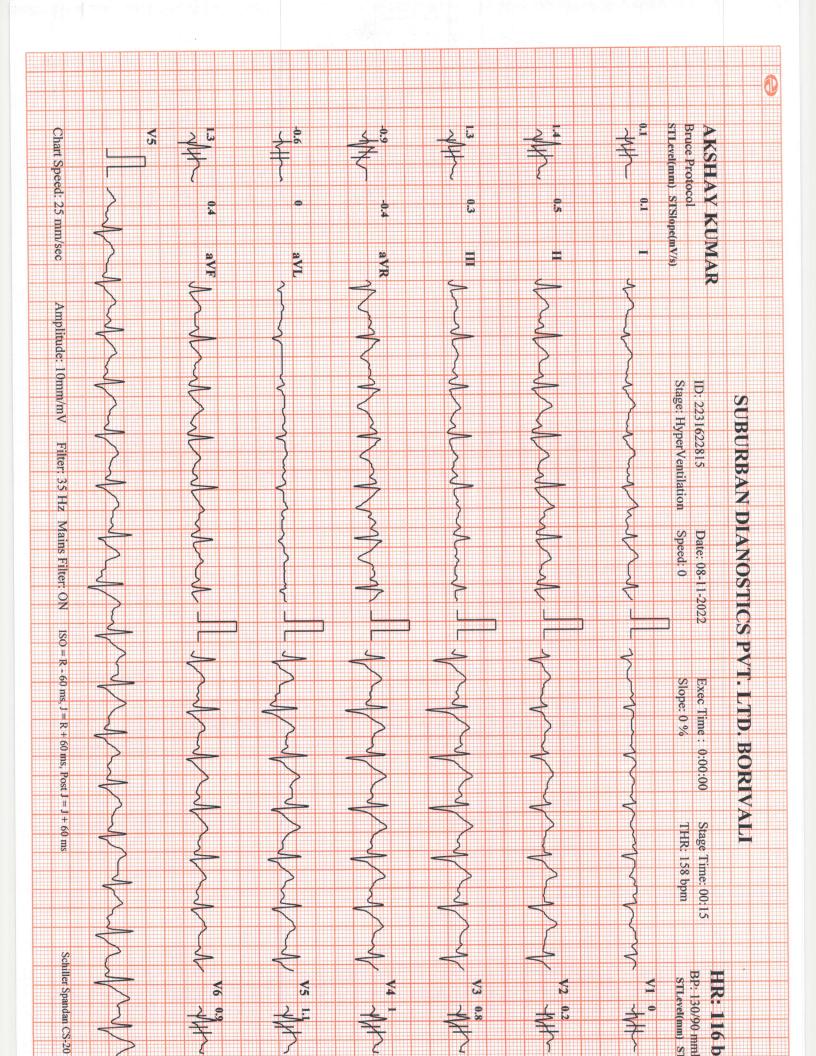
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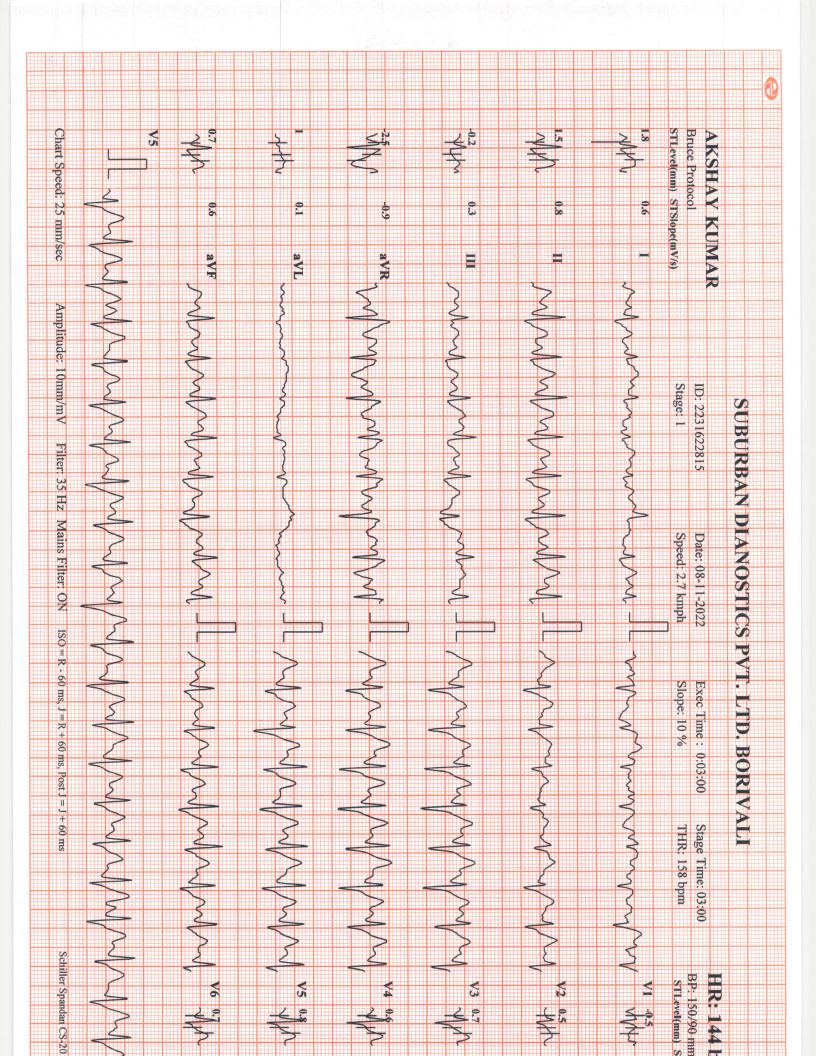
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The Art of Diagnostics

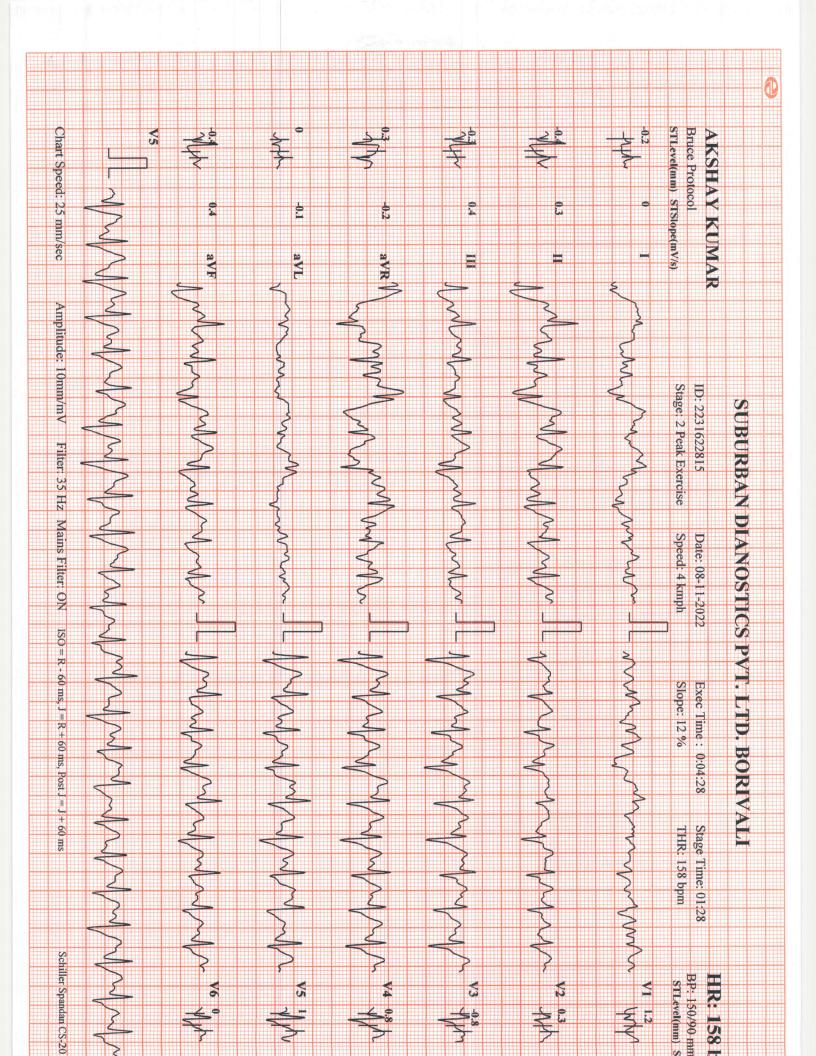
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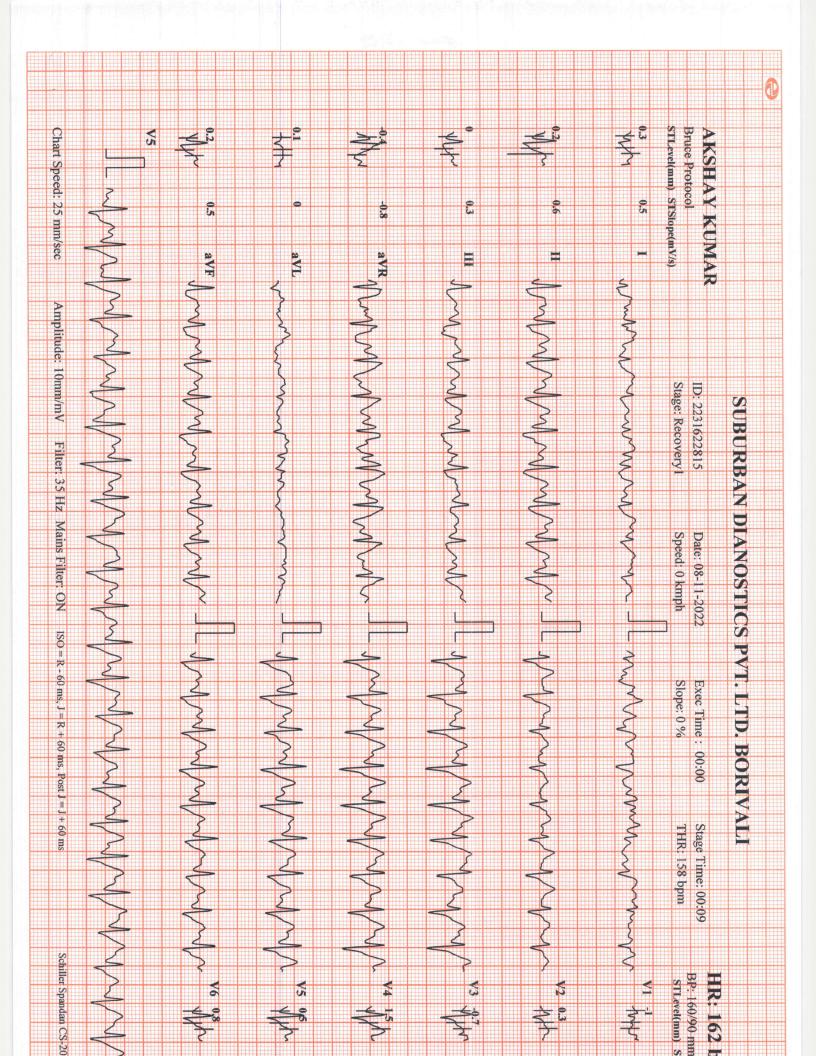


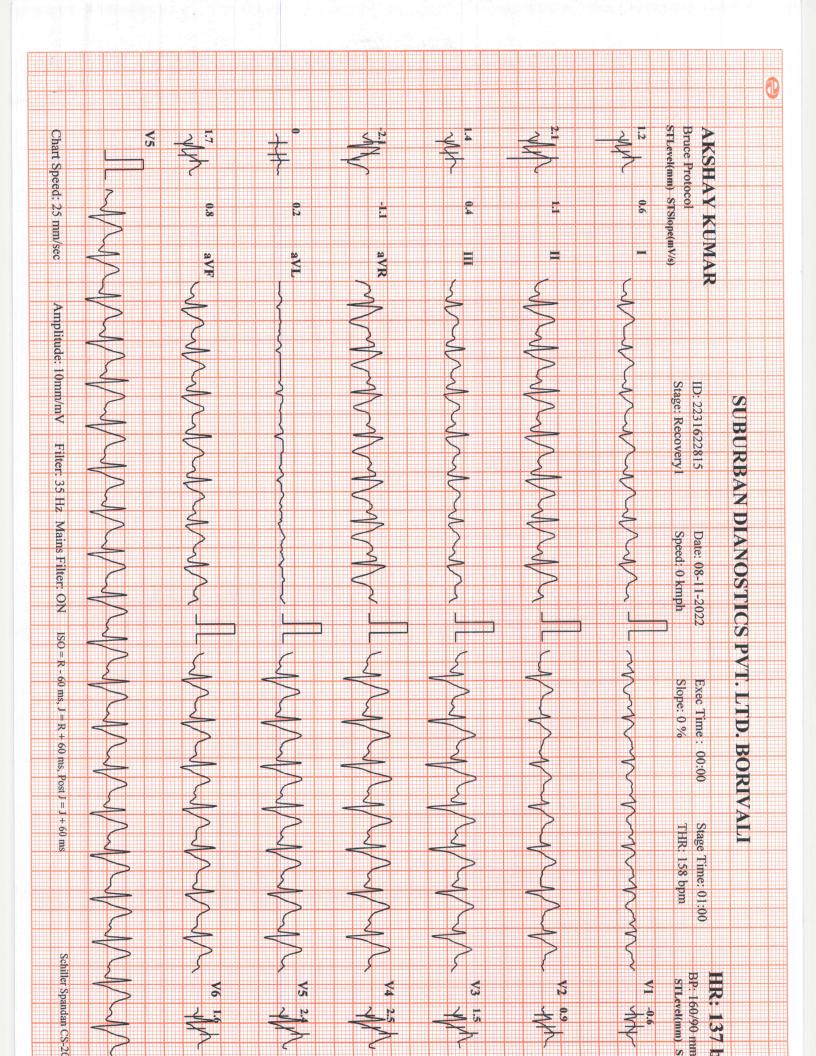


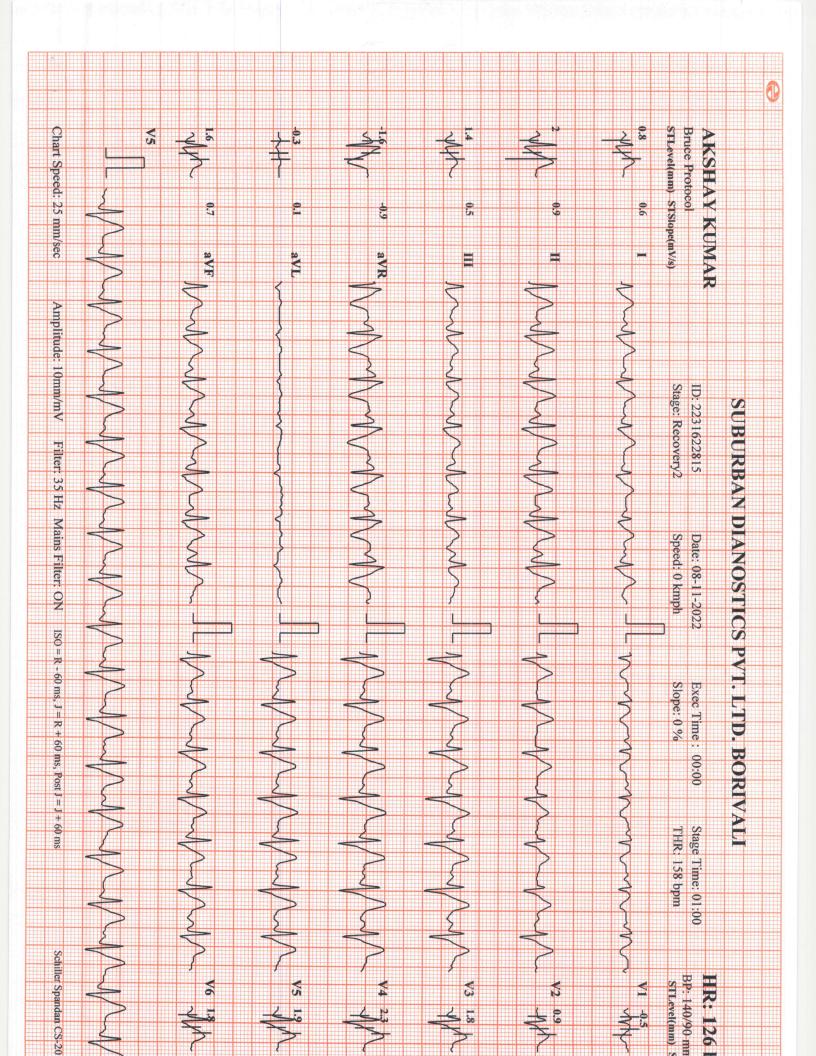


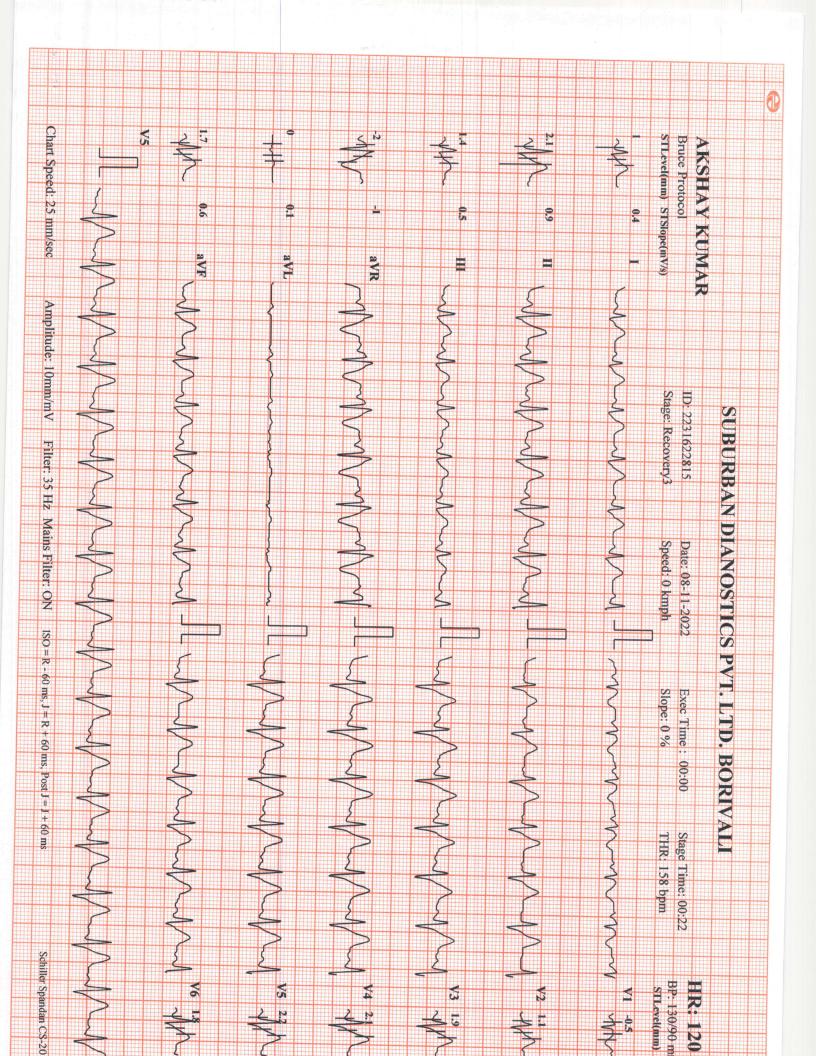














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	,	1		-	

CID:

Name: Alcshay Cumar

Sex / Age: 34/m

EYE CHECK UP

Chief complaints:

Systemic Diseases

Past history:

Unaided Vision:

Aided Vision:

Refraction:

(Right Eye)

(Left Eye)

:	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								-

Colour Vision: Normal / Abnormal

Remark:

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**Authenticity Check** 

R E

: 2231622815

Name

CID

: Mr AKSHAY KUMAR

Age / Sex

Reg. Location

: 34 Years/Male

Ref. Dr

REGD OFFICE

: Borivali West

Reg. Date

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: 12-Nov-2022 / 12:47

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# **USG WHOLE ABDOMEN**

LIVER: Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

PORTAL VEIN: Portal vein is normal . CBD: CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

KIDNEYS: Right kidney measures 9.3 x 4.1 cm. Left kidney measures 11.2 x 4.7 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size and echotexture. Prostate measures 3.5 x 2.9 x 3.8 cm and prostatic weight is 21 gm. No evidence of any obvious focal lesion.

No free fluid or size significant lymphadenopathy is seen.



CID

: 2231622815

Name

: Mr AKSHAY KUMAR

Age / Sex

: 34 Years/Male

Ref. Dr

:

Reg. Location

: Borivali West

**Authenticity Check** 



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Reg. Date

: 12-Nov-2022

Reported

: 12-Nov-2022 / 12:47

# **Opinion:**

No significant abnormality is detected.

For clinical correlation and follow up.

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

This report is prepared and physically checked by DR SUDHANSHU SAXENA before dispatch.

DR.SUDHANSHU SAXENA Consultant Radiologist M.B.B.S DMRE (RadioDiagnosis)

RegNo .MMC 2016061376.



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# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

This report is prepared and physically checked by Dr Rohit before dispatch.

DR. ROHIT MALIK DNB, DMRD, DMRE (MUM)

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RADIO DIAGNOSIS

REG. No. 82356