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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR RAHUL GUPTA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 37 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1015 \*KHC1015\*  
**Reg. Date** : 12-Aug-2023 8:45 am  
**Report Date** : 12-Aug-2023 3:48 pm  
**Print Date** : 14-Aug-2023 7:53 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00		5 - 20 mg/dl
CREATININE	1	mg/dl	0.5 - 1.5 mg/dl
Serum Uric Acid	4.10	mg%	Male : 3.4 - 7.0 mg%
Age of the Patient	37		
eGFR	89.37	ml/min	

eGFR calculation based on MDRD guideline 2012  
 REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

----- End of Report -----

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DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	91	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	91.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	16.3	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.77	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	<b>51.4</b>	%	Male : 37 - 51 %
MCV	89.10	fl	80- 96 fl
MCH	28.30	pg	27 - 32 pg
MCHC	<b>31.80</b>	gm%	32 - 37 gm%
RDW	13.4	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	7220	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	55	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	215000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	5	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	181	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	155.2	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	47.3	mg / dl	40 - 60 mg / dl
VLDL	31.04	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	102.66	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.83		< 5
LDL / HDL	2.17		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.6	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.30	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	<b>57.90</b>	U / L	Up to 49 U / L
S.G.O.T.	26.80	U / L	Up to 46 U / L
Alkaline Phosphatase	83.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	6.56	gm / dl	6 - 8 gm / dl
Albumin	4.33	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.23	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.94		1.0- 2.3
GGT	40	IU/L	5 - 50 IU/L

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 • CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR RAHUL GUPTA**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 37 Years**  
**Collected At : THAKUR VILLAGE MAIN BRANCH**

**Lab No. : KHC1015 \*KHC1015\***  
**Reg. Date : 12-Aug-2023 8:45 am**  
**Report Date : 12-Aug-2023 3:48 pm**  
**Print Date : 14-Aug-2023 7:53 pm**

**T3 T4 TSH**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	113.505	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	8.626	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	<b>5.712</b>	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA  
 Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

\* RECHECKED & CONFIRMED  
 Printed By : NAGLE

Checked By  
 JAY

DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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# HEALTHCARE

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**Patient's Name** : MR RAHUL GUPTA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 37 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : KHC1015 \*KHC1015\*  
**Reg. Date** : 12-Aug-2023 8:45 am  
**Report Date** : 12-Aug-2023 1:01 pm  
**Print Date** : 14-Aug-2023 7:53 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

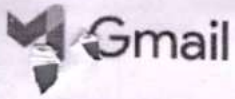
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Healthcare Diagnostics <healthcare.medicals@gmail.com>

**Health Check up Booking Confirmed Request(bobS43399),Package Code-PKG10000240, Beneficiary Code-78490**

messages

Mediwheel <wellness@mediwheel.in>

From: healthcare.medicals@gmail.com

To: customercare@mediwheel.in

Thu, Aug 10, 2023 at 4:37 P



**Mediwheel**  
...Your wellness partner



**011-41195959**

Email:wellness@mediwheel.in

Hi **Healthcare Medical Centre and Diagnostic**,

Diagnostic/Hospital Location :SHOP NO.44, EMP 71, OPP. RAHEJA REFLECTIONS BLDG., 120 FEET ROAD, THAKUR VILLAGE, EVERSHINE MILLENNIUM PARADISE, KANDIVALI EAST MUMBAI - 400 101 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000240

**Beneficiary Name** : **Rahul Gupta**

**Member Age** : 35

**Member Gender** : Male

**Member Relation** : Spouse

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Male Below 40

**Location** : MUMBAI,Maharashtra-400051

**Contact Details** : 8600692327

**Booking Date** : 04-08-2023

**Appointment Date** : 12-08-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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भारत सरकार  
Government of India



Issue Date: 21/08/2013



Rahul Gupta  
DOB: 20/03/1986  
Male



5052 5406 1867



5052 5406 1867

मेरा आधार, मेरी पहचान

*Dr. NUPUR RAI*  
MBBS DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643

HEALTHCARE  
MEDICAL CENTRE & DIAGNOSTICS  
Shop No. 7B, Venus CHS, Evershine  
Millium No. 15 / Phase 1, Opp. TW Gardens,  
Thaker Village, Kandivall (E), Mumbai - 401,  
Mob.: 89298 41641 / 2805 7171

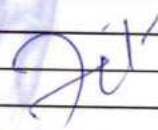
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	MR RAHUL GUPTA		<b>DATE</b>	12/08/2023	
<b>HEIGHT:</b>	171 CM	<b>WEIGHT :</b>	83.3 KG	<b>AGE</b>	37 YEARS
<b>BMI</b>	28.8				
<b>REFERRED BY</b>	MEDIWHEEL	<b>SEX</b>	MALE		
<b>PRESENT COMPLAINT: NIL</b>					
<b>CURRENT MEDICATION: TAB GLYCOMET GA 0.5&amp;500 1-0-0, TAB DAPANORM TRIO 0-0-1</b>					
<b>PAST HISTORY : H/O COVID 19 IN 2021 (HOME QUARANTINE)</b>					
<b>ALLERGY: NOT KNOWN      APPETITE : GOOD      HABITS : NONE</b>					
<b>BLADDER: NONE      BOWEL: NONE</b>					
<b>FAMILY HISTORY :- MOTHER- HEALTHY FATHER- HEALTHY</b>					
<b>GENERAL EXAMINATION:</b>		<b>ADVICE-</b>			
P: 78 /MIN    BP: 120/80MMHG					
SPO2-96% ON RA					
PALLOR: NIL    ICTERUS: NIL					
OEDEMA: NIL    OTHERS: NAD					
RS: NAD      CNS : NAD					
PA :    SOFT,NAD					
<b>INVESTIGATION :</b>					

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 Reg. No.. 2018115643

**HEALTHCARE**  
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 Thakur Village, Kandivli (E), Mumbai - 101.  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

DATE : 18/8/23

TO,

Mediwheel

This is regarding your client Miss/Mrs./Mr. Rahul

94 Ptd Proposal number

Visited to our centre at Thakur village for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: 2D Echo

Reason: Pt. will come later

We are canceling / will reschedule it as per her/his convenience.

Thank you.

**HEALTHCARE  
MEDICAL CENTRE & DIAGNOSTICS**

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- |                         |  |
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| <b>GOREGAON (EAST)</b>  | SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922                          |
| <b>MIRA ROAD</b>        | UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389                 |

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DATE : 12/8/23

TO,

Mediawheel

This is regarding your client Miss/Mrs./Mr. Rahul

25419 Proposal number

Visited to our centre at Thakur village for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Stool Examination

Reason: Patient Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

## EYE CHECK UP & COLOUR VISION

NAME	MIR Rahul Gupta	DATE:	22/8/23
REF	Medicwheel	AGE:	37
		SEX:	Male

	RIGHT EYE	LEFT EYE
CORNEA	Normal	Normal
PUPIL	Normal	Normal
SCLERA	Normal	Normal
EYE MOVEMENTS	Normal	Normal
REFRACTIVE ERROR	Normal	Normal
COLOUR VISION	Normal	Normal

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Thakur Village, Kandivali (E), Mumbai - 400101

Mob.: 89288547 / 28857171

**DR SIGNATURE**

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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR RAHUL GUPTA</b>	<b>DATE</b>	<b>12.08.2023</b>
		<b>AGE</b>	<b>37 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

**DR.SACHIN JADKAR**  
(Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

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- GOREGAON CENTRE (E)** SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • Tel.: 4012 6565 • MOB.: 79773 74838 / 79773 62922
- MIRA ROAD CENTER (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRA ROAD (E). • MOB.: 70218 04221 / 70218 27389
- VASAI NALLSOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401209 • MOB.: 8591601677 / 8591922640



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



NAME	MR RAHUL GUPTA	DATE	12.08.2023
		AGE	37 YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE
<b>ULTRASOUND OF ABDOMEN &amp; PELVIS</b>			

The real time, B mode, gray scale sonography of the abdomen was performed.

**Liver** is enlarged in size (15.3 cms) & **bright** in echogenicity. No focal lesion seen. Intra hepatic biliary radicles are normal. No e/o IHBRD. Portal vein is normal in size, caliber with normal flow.

**Gall bladder** is well distended. No e/o calculus or sludge. Wall thickness is normal. No e/o peri-cholecystic fluid or fat stranding.

**CBD** visualized part of CBD is normal in caliber however terminal parts of CBD is obscured due to bowel gases shadowing artifact.

**Pancreas** is head and body observed normal in size & normal in echogenicity. No focal lesion seen. No e/o peri-pancreatic fluid collection or fat stranding. Rest of the pancreas is obscured due to bowel gas shadowing artifacts.

**Spleen** is normal in size (11.0 cms). No focal lesion seen. Splenic vein is normal in caliber.

#### **KIDNEYS:**

**Right kidney** measures 9.9 x 4.6 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

**Left kidney** measures 10.3 X 5.3 cms, normal in size, shape, position, axis & echogenicity. Cortico Medullary Differentiation is well maintained. No e/o solid or cystic lesion. No calculus, hydronephrosis or hydroureter noted.

No **free fluid** or **significant lymphadenopathy** is detected in abdomen.

**Urinary bladder** is well distended. No calculus, internal echoes or mass lesion seen. Bladder wall is smooth and normal in thickness


**Prostate** is normal in size and volume (14.9 c.c.). It shows normal echogenicity.

#### **IMPRESSION:**

- **MILD HEPATOMEGALY WITH GRADE I FATTY LIVER.**

#### **SUGGESTED: CLINICAL AND LFT CORRELATION.**

**NOTE:** USG FINDINGS ARE TO BE CORELATED WITH CLINICAL, LABORATORY AND OTHER INVESTIGATION FINDINGS FOR FINAL DIAGNOSIS AND FOR THEIR MANAGEMENT.

  
 DR. RAUNAK SINGH  
 [RADIOLOGIST & SONOLOGIST]

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 92. • TEL.: 2869 6556 • MOB.: 90224 88354
- DAHISAR CENTRE (W)** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHERE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

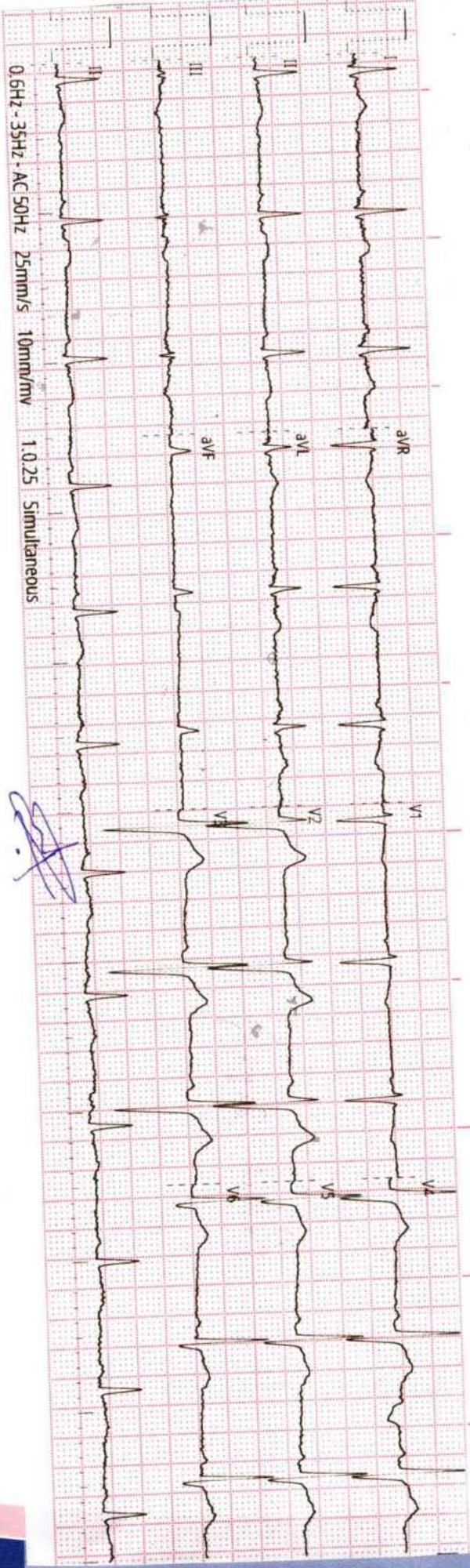
MIR RAHUL GUPTA  
EKHC1015  
12-Aug-2023  
ECG

PATIENT Mr. Rahul Gupta AGE 37 SEX Male

REF. BY DR. Medi wheel DATE 12/08/2023

INTERPRETATION : LUW  
HEALTHCARE  
MEDICAL CENTRE & DIAGNOSTICS  
Scrip No: 78-VENUS CHS, Evershine  
Millinium No.15 / Phase 1, Opu. IV Gardens,  
Bokar Village, Kandiweli (E), Mumbai - 701.  
Mob.: 99288 41541 / 2885 7171

Dr. Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : 76 bpm

Ventricular Rate : 76 bpm

Rhythm : NS

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : 80

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : Normal

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