

NAME:	Abhay kumar.	UHID:	5697
AGE:	<del>28y</del> 32y.	DATE OF HEALTHCHECK:	25/3/23.
GENDER:	male	BMI	22.7

HEIGHT:	173 cm	MARITAL STATUS:	married
WEIGHT:	67-9 kg	NO OF CHILDREN:	40

C/O: Recurrent cold & Cough.

K/C/O: No

PRESENT MEDICATION: Nil.

P/M/H: Not significant.

P/S/H: No.

H/A: SMOKING: No

ALCOHOL: Rarely

TOBACCO/PAN: No.

FAMILY HISTORY FATHER:

MOTHER:

Diabetic  
& Hypertensive.

O/E: N.

LYMPHADENOPATHY: No

BP: 120/80 PULSE: 60bep.

PALLOR/LCTERUS/CYNOSIS/CLUBBING: No

TEMPERATURE: N. SCARS: No.

OEDEMA: Present.

S/E:  
RS:



P/A:



Soft, Non Tender

CVS: -S1S2-N, Murmurs

Extremities & Spine: N.

CNS: N.

ENT: N.  
Skin: N.

Vision:

	Without Glass		With Glass	
	Right Eye	Left eye	Right Eye	Left eye
FAR :				
NEAR :				
COLOUR VISION:	—————			
ADVISE :				

Name: Mr. Abhay kumar    Age: 29Y    Date of Health check-up: 25/3/23

**Findings and Recommendation:**

**Findings :-**

Reports on

**Recommendation:-**

Ref

Signature:

Consultant -



**DR. ANIRBAN DASGUPTA**  
MBBS, D.N.B MEDICINE  
DIPLOMA CARDIOLOGY  
MMC- 2005/02/0920

## OPHTHALMIC EVALUATION

UHID No.: 5697

Date: 25/3/23.

Name: Mr. Alekaya Age: 32 Gender: Male/Female

Without Correction: R eye - 2.0 DS L eye - 1.75 DS

Distance: Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

Near : Right Eye \_\_\_\_\_ Left Eye \_\_\_\_\_

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye 20 Left Eye 20

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	<u>2.0</u>	<u>0.25</u>	<u>70°</u>			<u>1.75</u>	<u>0.25</u>	<u>80°</u>		
Near										

Colour Vision : Normal (BC)

Anterior Segment Examination : NO (BC)

Pupils : NO (BC)

Fundus : NO (BC)

Intraocular Pressure : 14 mmHg (BC)

Diagnosis : Presbyopia

Advice : Wear glasses.

Re-Check on 6 Mths (This Prescription needs verification every year)

**DR. RUCHIRA SHARMA**  
M. S. (OPHTH)  
CONSULTING OPHTHALMOLOGIST  
& MICRO SURGEON  
REG. No.: 3262 / 09 / 02

Dr. [Signature]  
(Consultant Ophthalmologist)

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

## DENTAL CHECKUP

<b>Name:</b> Abhay kuma	<b>MR NO:</b>
<b>Age/Gender :</b> 29/M	<b>Date:</b> 25/3/2023

Medical history:  Diabetes  Hypertension  \_\_\_\_\_

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓	✓	✓	✓
Mobility				
Caries ( Cavities )				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

### TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis:  Scaling & polishing  
 Orthodontic Advice for Braces:  Yes /  No  
 Prosthetic Advice to Replace Missing Teeth:  Denture  Bridge  Implant  
 Oral Habits:  Tobacco  Cigarette  Others since \_\_\_ years  
 Advice to quit any form of tobacco as it can cause cancer.  
 Other Findings: NA

- Scaling & polishing - 1500

• ANDHERI • COLABA • NASHIK • VASHI



Name : Mr. Abhay Kumar Gender : Male Age : 29 Years  
 UHID : FVAH 5697 Bill No : Lab No : V-3062-23  
 Ref. by : SELF Sample Col.Dt : 25/03/2023 9:55  
 Barcode No : 76 Reported On : 25/03/2023 18:44

**TEST RESULTS BIOLOGICAL REFERENCE INTERVAL**

**CBC (Complete Blood Count)-WB (EDTA)**

Haemoglobin(Colorimetric method)	15	g/dl	13 - 18
RBC Count (Impedance)	4.89	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	44.8	%	35 - 55
MCV:(Calculated parameter)	91.6	fl	78 - 98
MCH:(Calculated parameter)	30.6	pg	26 - 34
MCHC:(Calculated parameter)	33.4	gm/dl	30 - 36
RDW-CV:	13.9	%	11.5 - 16.5
Total Leucocyte count(Impedance)	4520	/cumm.	4000 - 10500
Neutrophils:	53	%	40 - 75
Lymphocytes:	39	%	20 - 40
Eosinophils:	03	%	0 - 6
Monocytes:	05	%	2 - 10
Basophils:	00	%	0 - 2

Platelets Count(Impedance method) 1.5 Lakhs/c.mm 1.5 - 4.5

MPV **11.4** fl 6.0 - 11.0

Peripheral Smear (Microscopic examination)  
 RBCs: Normochromic, Normocytic

WBCs: Normal

Platelets Adequate

Note: Test Run on 5 part cell counter.

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Page 4 of 10  
 Dr. Milind Patwardhan  
 M.D(Path)  
 Chief Pathologist

End of Report  
 Results are to be correlated clinically

Name : Mr. Abhay Kumar                      Gender : Male                      Age : 29 Years  
UHID : FVAH 5697                              Bill No :                              Lab No : V-3062-23  
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TEST                                      RESULTS                                      BIOLOGICAL REFERENCE INTERVAL  
**ESR(Westergren Method)**

**Erythrocyte Sedimentation Rate:-**                      05                      mm/1st hr                      0 - 20

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TEST


RESULTS

**Blood Grouping (ABO & Rh)-WB(EDTA) Serum**

ABO Group:                                      :O:  
Rh Type:                                         **Negative**  
Method :                                         Tube Agglutination (forward and reverse)

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Indira Health And Lifestyle Private Limited.  
**NABL Accredited Laboratory**  
The Emerald, 1st Floor, Plot No. 195, Sector-12,  
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703  
Tel.: (022) - 2788 1322 / 23 / 24 8291490000  
Email: apolloclinicvashi@gmail.com




Name : Mr. Abhay Kumar                      Gender : Male                      Age : 29 Years  
UHID : FVAH 5697                              Bill No :                              Lab No : V-3062-23  
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
	<b>PLASMA GLUCOSE</b>		
Fasting Plasma Glucose :	94	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : $\geq$ 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	85	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : $\geq$ 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

**HbA1c(Glycosylated Haemoglobin )WB-EDTA**

(HbA1C) Glycosylated Haemoglobin : 5.2 %  
 Normal <5.7 %  
 Pre Diabetic 5.7 - 6.5 %  
 Diabetic >6.5 %  
 Target for Diabetes on therapy < 7.0 %  
 Re-evaluation of therapy > 8.0 %

Mean Blood Glucose : 102.54 mg/dL

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298


Method High Performance Liquid Chromatography (HPLC).

**INTERPRETATION**

- \* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
- \* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
- \* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
- \* Mean blood glucose (MBG) in first 30 days ( 0-30 )before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
<b>Lipid Profile- Serum</b>			
S. Cholesterol(Oxidase)	183	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	144	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	28.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	43.2	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	111	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	4.2		3.5 - 5
Ratio of LDL/HDL	2.6		2.5 - 3.5

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Name : Mr. Abhay Kumar      Gender : Male      Age : 29 Years  
UHID : FVAH 5697      Bill No :      Lab No : V-3062-23  
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TEST      RESULTS      UNITS      BIOLOGICAL REFERENCE INTERVAL

**LFT(Liver Function Tests)-Serum**

S.Total Protein (Biuret method)	8.05	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.86	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.19	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.52		0.9 - 2
S.Total Bilirubin (DPD):	0.65	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.24	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.41	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	21	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	28	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	101	U/L	40 - 129
S.GGT(IFCC Kinetic):	23	U/L	11 - 50

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	<b>BIOCHEMISTRY</b>	
S.Urea(Urease Method)	20.9              mg/dl	10.0 - 45.0
BUN (Calculated)	9.75              mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.72              mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	13.54	9:1 - 23:1
S.Uric Acid(Uricase Method)	6                      mg/dl	3.4 - 7.0

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Name	: Mr. Abhay Kumar	Gender	: Male	Age	: 29 Years
UHID	: FVAH 5697	Bill No	:	Lab No	: V-3062-23
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
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**URINE REPORT**

**PHYSICAL EXAMINATION**

QUANTITY	50	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

**CHEMICAL EXAMINATION(Strip Method)**

REACTION(PH)	7.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

**MICROSCOPIC EXAMINATION**

PUS CELLS	1 - 2/hpf	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	2 - 3 /hpf	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

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End of Report  
Results are to be correlated clinically

Abhay, Kumar  
5697

29 Years

Male

25.03.2023 13:02:54

Apollo Clinic  
1st Flr, The Emerald, Sector-12,  
Vashi, Mumbai-400703.

64 bpm  
-- / -- mmHg

QRS : 80 ms  
QT / QTcBaz : 348 / 359 ms  
PR : 134 ms  
P : 104 ms  
RR / PP : 942 / 937 ms  
P / QRS / T : 60 / 49 / 43 degrees

Normal sinus rhythm  
Normal ECG

WNL

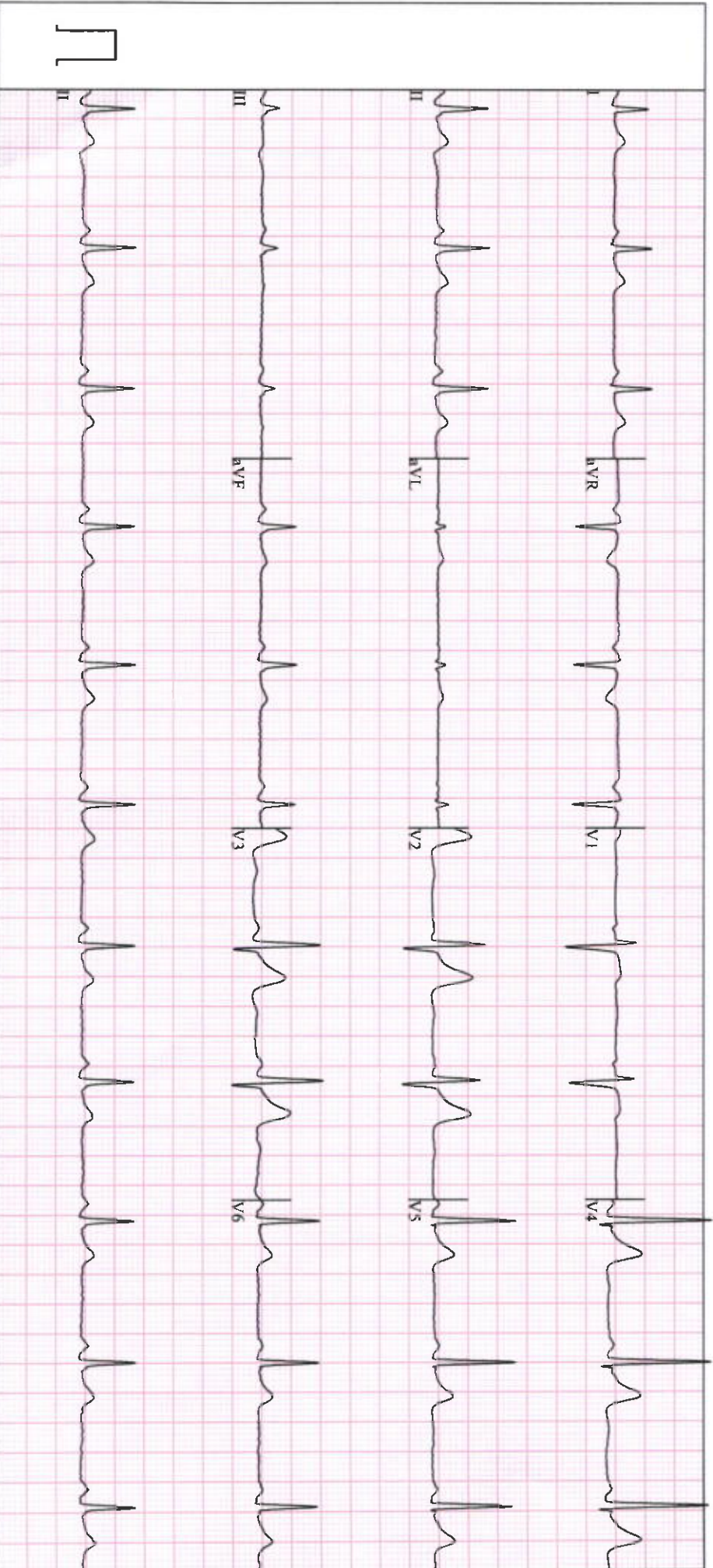
# NORMAL ECG

DR. ANIRBAN DASGUPTA

M.B.B.S. D.M.B. Medicine

Diploma Cardiology

MMC-2005/02/0920



GE MAC2000

I.I

12SL™ v241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

Unconfirmed  
4x2.5x3\_25\_R1

1/1

Apollo Clinic  
The Emerald, Plot No-195/B, Sector-12,  
Neel Siddhi Towers, Vashi-400703

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: ABHAY, KUMAR  
Patient ID: 05697  
Height:  
Weight:

DOB: 15.01.1991  
Age: 32yrs  
Gender: Male  
Race: Asian

Study Date: 25.03.2023  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. ANIRBAN DASGUPTA  
Technician: Anita Gaikwad

Medications:  
NIL

Medical History:  
NIL

Reason for Exercise Test:  
Screening for CAD

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:04	0.00	0.00	65	120/80	
	STANDING	00:29	0.00	0.00	63		
	HYPERV.	00:05	0.00	0.00	63		
	WARM-UP	00:06	0.00	0.00	64		
EXERCISE	STAGE 1	03:00	1.70	10.00	100	130/80	
	STAGE 2	03:00	2.50	12.00	112	130/80	
	STAGE 3	02:10	3.40	14.00	160	150/90	
RECOVERY		01:07	0.00	0.00	112	170/90	

The patient exercised according to the BRUCE for 8:09 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 65 bpm rose to a maximal heart rate of 160 bpm. This value represents 85 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

*Dasgupta*

Dr. ANIRBAN DASGUPTA  
M.B., B.S., D.N.B. Medicine  
Diploma Cardiology  
MMC - 2005/02/0920



PATIENT'S NAME	ABHAY KUMAR	AGE :- 29 y/M
UHID NO	5697	25 Mar 2023

X-RAY CHEST PA VIEW

OBSERVATION:

Bilateral lung fields are clear.  
Both hila are normal.  
Bilateral cardiophrenic and costophrenic angles are normal.  
The trachea is central.  
Aorta appears normal.  
The mediastinal and cardiac silhouette are normal.  
Soft tissues of the chest wall are normal.  
Bony thorax is normal.

IMPRESSION:

> No significant abnormality seen.



**DR. DISHA MINOCHA**  
**DMRE (RADIOLOGIST)**

PATIENT'S NAME	ABHAY KUMAR	AGE :- 29y/M
UHID NO	5697	25 Mar 2023

**USG WHOLE ABDOMEN**

**LIVER** is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

**Gall Bladder** appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

**SPLEEN** is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

**RIGHT KIDNEY** measures 10.4 x 4.7 cm. **LEFT KIDNEY** measures 9.9 x 5.1 cm.

**Urinary Bladder** is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

**PROSTATE** is normal in size, shape & echotexture.  
It measures approximately 16.7 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

**IMPRESSION** -

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**DR. NITESH PATEL**  
**DMRE (RADIOLOGIST)**

• ANDHERI • COLABA • NASHIK • VASHI