



Dr. Vandana G. Powar M.B.B.S., D.C.P.  
Consultant Pathologist



**PARTH**  
PATHOLOGY LABORATORY  
(Computerised)

LAB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikti, Opp. Nutan Marathi  
High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

DATE - 07/03/2023

PATIENT NAME - Tabassum Shikalgaᳵ

AGE - 33 Y/FEMALE

HEIGHT - 154 cm

WEIGHT - 74 kg

BLOOD PRESSURE - 132/84 mmHg

PULSES - 60/Min

FIT TO PERFORM TO ALL DUTIES

Dr. Vandana G. Powar  
M.B.B.S., D.C.P.  
Reg. No. 68137



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भारतीय विशिष्ट ओळख प्राधिकरण  
भारत सरकार  
Unique Identification Authority of India  
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1207/07573/01413

To,  
तबरसुम जहांगीर शिकलगा  
Tabassum Jahangir Shikalgar  
D/O: Jahangir Shikalgar  
791 D ward, Bazarget  
kolhapur kolhapur  
Shaniwar Peth  
Shaniwar Peth Karvir Kolhapur  
Maharashtra 416002  
9665277490

Ref: 514 / 16A / 267310 / 267699 / P



SH795831107FT



आपला आधार क्रमांक / Your Aadhaar No. :

**9080 9832 3279**

आधार - सामान्य माणसाचा अधिकार



भारत सरकार  
Government of India



तबरसुम जहांगीर शिकलगा  
Tabassum Jahangir Shikalgar  
जन्म तारीख / DOB : 23/06/1988  
स्त्री / Female



**9080 9832 3279**

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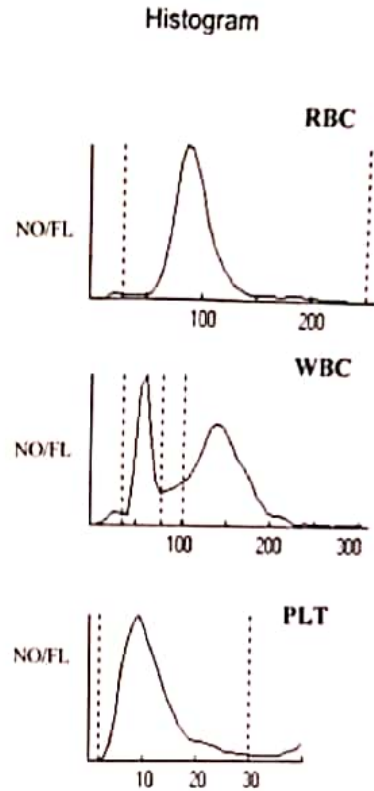
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NAME : - TABASSUM SHIKALGAR  
REF BY : Dr. MEDIWHEEL LIFE INS

DATE : 07/03/2023 PT.NO. : 205 07032  
AGE : 33. Yrs. SEX : F

### HAEMOGRAM WITH INDICES

Test	Result	Units	Normal Range
<b>Haemoglobin</b>	- 11.5	g/dl	12-16
RBC Count	- 4.58	millions / cu-mm	4.5 - 6.5
PCV	- 41.3	%	40 - 54
MCV	- 90.2	fL	80 - 96
MCH	- 25.1	Pg	27 - 33
MCHC	- 27.8	gm/dl	33 - 36
RDW CV	- 12.0	%	11.0 - 14.5
<b>WBC Count</b>	- 6700	/cumm	4000 - 11000
Neutrophils	- 66	%	55 - 75
Lymphocytes	- 29	%	20 - 50
Eosinophils	- 03	%	1 - 6
Monocytes	- 02	%	2-10
Basophils	- 00	%	0 - 1
<b>Platelet Count</b>	- 308000	/ul	150000 - 450000
MPV	- 10.8	fL	7.4 - 10.4
PDW	- 13.8	%	8-12
P-LCR	- 31.5	%	15-35
<b>E.S.R.</b>	- 09	mm at 1hr	0-15
(By Wintrobe Method)			
RBC Morphology	- Normochromic, Normocytic.		
WBC Morphology	- Within Normal Limits		
Platelets	- Adequate		
* Blood group	- 'A' Rh Positive		



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PT.NAME : - TABASSUM SHIKALGAR  
REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 07/03/2023  
AGE : 33 Yrs. SEX : F  
PT.NO. : 205 070323

### BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
Fasting Plasma Glucose	: 70.1	mg/dl	60-110 mg/dl
2 Hrs. Plasma Glucose	: 100.2	mg/dl	90-140 mg/dl
S. Creatinine	: 1.0	mg/dl	0.6 - 1.4 mg/dl
Blood Urea	: 24.6	mg/dl	12-42 mg/dl
Blood Urea Nitrogen	: 11.5	mg/dl	5 - 21 mg/dl
S. Uric acid	: 4.6	mg/dl	2.6 -6.0 mg/dl
CHOLESTEROL	: 159.2	mg/dl	0-250 mg/dl
HDL Cholesterol	: 33.0	mg/dl	30 - 70 mg/dl
S. Triglycerides	: 96.1	mg/dl	0-170 mg/dl
LDL Cholesterol	: 107.0	mg/dl	60 - 150 mg/dl
TC/HDLC Ratio	: 4.8		0 - 5
LDLC/HDLC Ratio	: 3.2		2.5 - 3.5

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### BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
S. Bilirubin (Total)	: 0.28	mg/dl	0 - 1.0 mg/dl
S. Bilirubin (Direct)	: 0.14	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.14	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 29.7	IU/L	0 - 42 IU/L
S.G.P.T	: 16.4	IU/L	0 - 42 IU/L
S. Alkaline Phosphatase	: 97.6	IU/L	37 - 147 IU/L
Total Proteins	: 7.8	g/dl	6.6 - 8.3 g/dl
S. Albumin	: 4.9	g/dl	3.5 - 5.0 g/dl
S. Globulin	: 2.9	g/dl	1.5 - 3 g/dl
A/G Ratio	: 1.7 : 1		0.90 - 2.00



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**REPORT ON % GLYCOHAEMOGLOBIN OF BLOOD**

% Glycohaemoglobin of blood : 4.2 %

Estimated mean blood glucose : 74.5 mg/dl

(Reference For Guideline)

- < 6.0 - Normal
- 6.0 - 7.0 % - Good Control
- 7.0 - 8.0 % - Fair Control
- 8.0-10.0% - Unsatisfactory control
- >10.0% - Poor control

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**EXAMINATION OF URINE**

Normal Range

**PHYSICAL EXAMINATION**

Quantity : 05 ml  
Colour : Pale Yellow  
Appearance : Clear  
Deposit : Absent  
Reaction (pH) : Acidic  
Specific Gravity : 1.024

**CHEMICAL EXAMINATION**

Proteins : Absent  
Glucose : Absent  
Ketone Bodies : --  
Bile Salts : Absent Absent  
Bile Pigments : Absent Absent  
Urobilinogen : --  
Occult Blood : Absent

**MICROSCOPIC EXAMINATION**

Epithelial Cells : 1 - 2 /hpf  
Pus Cells : 2 - 3 /hpf  
Red Blood Cells : Absent /hpf  
Casts : Absent  
Crystals : Absent  
Amorphous Deposits : Absent

**OTHER FINDINGS**

Yeast Cells : Absent  
Trichomonas vaginalis : Absent  
Bacteria : Absent  
Mucus Threads : Absent  
Spermatozoa : Absent

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PATIENT NAME:- TABASSUM SHIKALGAR

AGE -33/SEX-FEMALE

REFERANCE= MEDIWHEEL LIFE INS.

DATE - 07/03/2023

**BIOCHEMISTRY**

SERUM VLDL : 29.1

NORMAL VALUE

10-50 mmol / L



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PATIENT NAME:- TABASSUM SHIKALGAR

AGE - 29/SEX-FEMALE

REFERANCE = MEDIWHEEL LIFE INS

DATE - 07/03/2023

**BIOCHEMISTRY**

NORMAL VALUE

S. GAMMA.G.T : 26.3 mmol/L

10-50 mmol / L



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07/03/2023

THE ECG OF CLIENT – TABASSUM SHIKALGAR  
IS WITHIN NORMAL LIMIT

NO ABNORMAL FINDINGS ARE DETECTED



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# MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**Name:** TABASSUM JAHANGIR SHIKALGAR

**Date:** 07-03-2023 **Time:** 12:23

**Age:** 34

**Gender:** F

**Height:** 154 cms

**Weight:** 72 Kg

**ID:** 221

**Clinical History:** NO MAJOR ILLNESS

**Medications:** NOT ON ANY MEDICATIONS

## Test Details:

**Protocol:** Bruce

**Predicted Max HR:** 186

**Target HR:** 158

**Exercise Time:** 0:05:02

**Achieved Max HR:** 159 (85% of Predicted MHR)

**Max BP:** 140/90

**Max BP x HR:** 22260

**Max Mets:** 5.9

**Test Termination Criteria:**

## Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:14	1	0	0	82	120/80	9840	0.7 V2	-0.4 aVR
Standing	00:11	1	0	0	65	120/80	7800	1.4 V2	0.3 V2
Hyper Ventilation	00:09	1	0	0	66	120/80	7920	1.1 V2	0.4 V2
PreTest	00:19	1	1.6	0	87	120/80	10440	1.1 V2	0.2 V3
Stage: 1	03:00	4.7	2.7	10	138	130/80	17940	-1 III	0.8 I
Peak Exercise	02:02	5.9	4	12	159	140/90	22260	-1.1 V5	0.9 V3
Recovery1	01:00	1	0	0	101	140/90	14140	0.6 V2	-1.1 aVR
Recovery2	01:00	1	0	0	73	130/90	9490	-0.8 III	0.4 II
Recovery3	01:00	1	0	0	75	120/80	9000	0.8 aVR	-0.6 aVR
Recovery4	01:00	1	0	0	89	120/80	10680	0.5 V1	0.4 II

## Interpretation

The Patient Exercised according to Bruce Protocol for 0:05:02 achieving a work level of 5.9 METS.  
Resting Heart Rate, initially 82 bpm rose to a max. heart rate of 159bpm (85% of Predicted Maximum Heart Rate).

Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 140/90 mmHg

GOOD EFFORT TOLERANCE

NORMAL INOTROPIC RESPONSE

NORMAL CHRONOTROPIC RESPONSE

THR ACHIEVED ; ADEQUATE METS ACHIEVED

NO SIGNIFICANT ST SEGMENT CHANGES NOTED IN EXERCISE AND RECOVERY

TMT IS NEGATIVE FOR STRESS INDUCIBLE ISCHAEMIA AT GIVEN WORKLOAD

Ref. Doctor: ----

**SCHILLER**

The Art of Diagnostics

**DR. SHANTANU S. PALKAR**  
MBBS, PGDCC

Doctor: DR SHANTANU S PALKAR  
CLINICAL CARDIOLOGIST

MIAC-2014-0954  
Spandan CS-10 Version 2.12.0



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

**TABASSUM JAHANGIR SHIKALGAR**

ID: 221

Date: 07-03-2023

Exec Time : 0:00:00

Stage Time: 00:14

**HR: 82 bpm**

Bruce Protocol

Stage: Supine

Speed: 0 km/h

Slope: 0%

THR: 158 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

STLevel(mm) STSlope(mV/s)



Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR  
ID: 221  
Stage: Standing

Date: 07-03-2023  
Speed: 0

Exec Time : 0:00:00  
Slope: 0 %

Stage Time: 00:11  
THR: 158 bpm

HR: 65 bpm  
BP: 120/80 mmHg  
STLevel(mm) STSlope(mV/s)

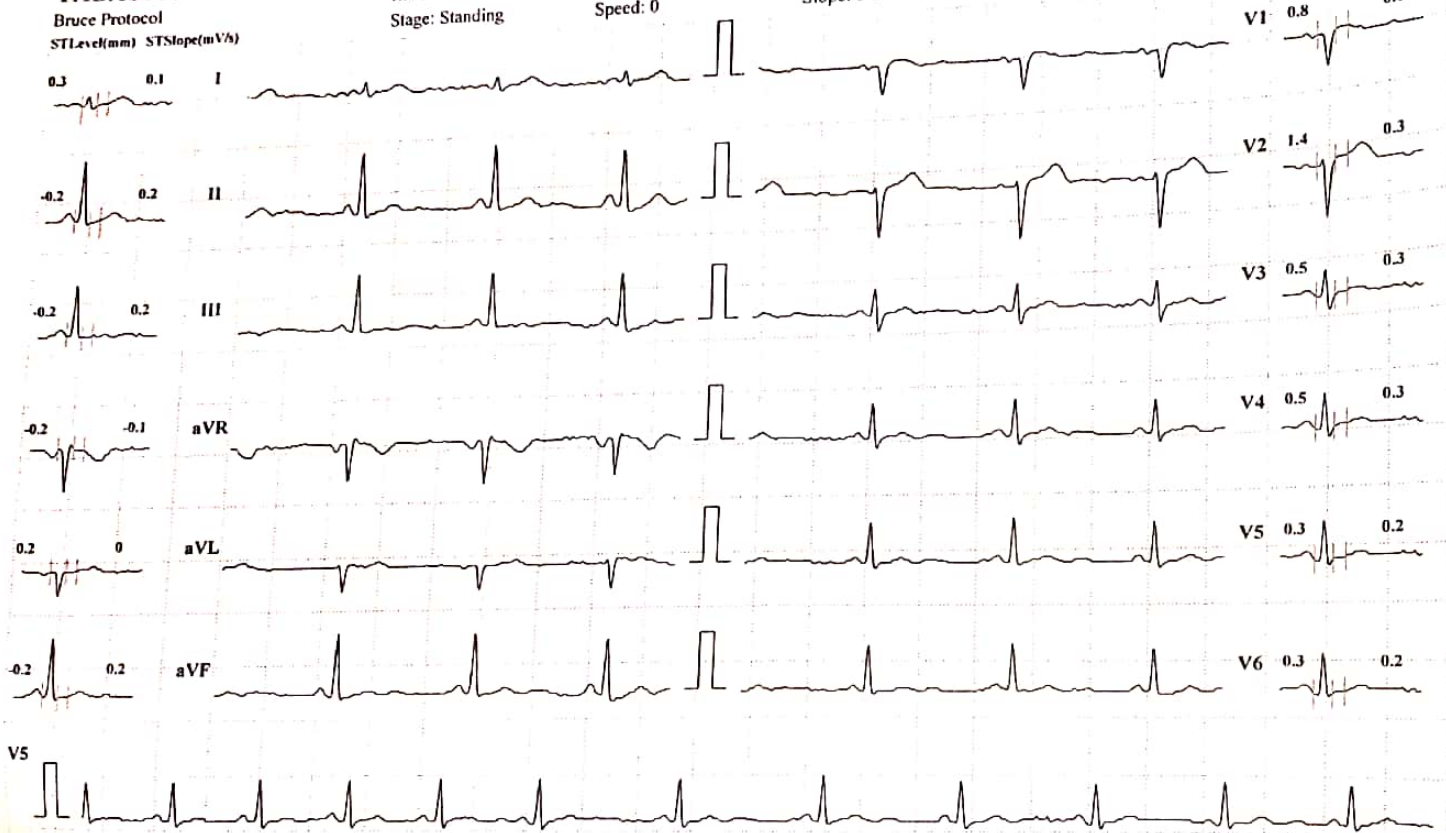


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

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TABASSUM JAHANGIR SHIKALGAR  
ID: 221

Date: 07-03-2023

Exec Time : 0:00:00

Stage Time: 00:09

HR: 66 bpm

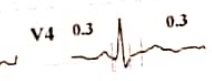
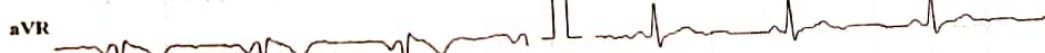
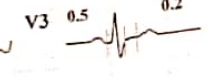
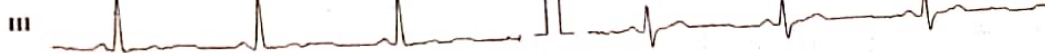
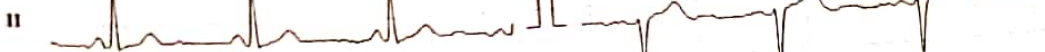
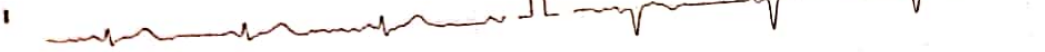
BP: 120/80 mmHg

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

Stage: HyperVentilation Speed: 0

Slope: 0%

THR: 158 bpm



Amplitude: 10mm/mV

Filter: 35 Hz

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

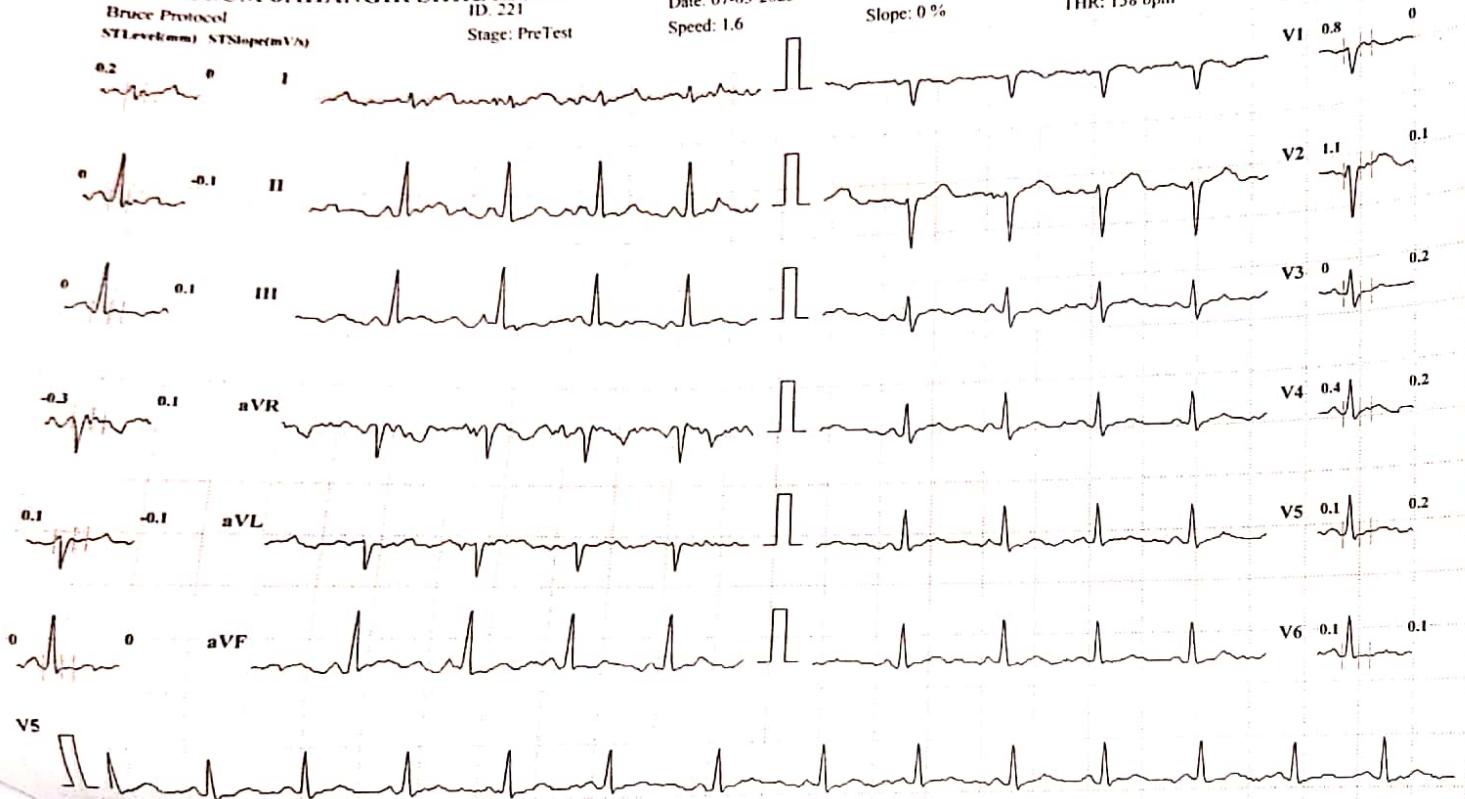
ID: 221  
Stage: Pre-Test

Date: 07-03-2023  
Speed: 1.6

Exec Time : 0:00:00  
Slope: 0 %

Stage Time: 00:18  
THR: 158 bpm

HR: 87 bpm  
BP: 120/80 mmHg  
STLevel(mm) STSlope(mV/s)



7.5 mm/sec

Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

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TABASSUM JAHANGIR SHIKALGAR

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

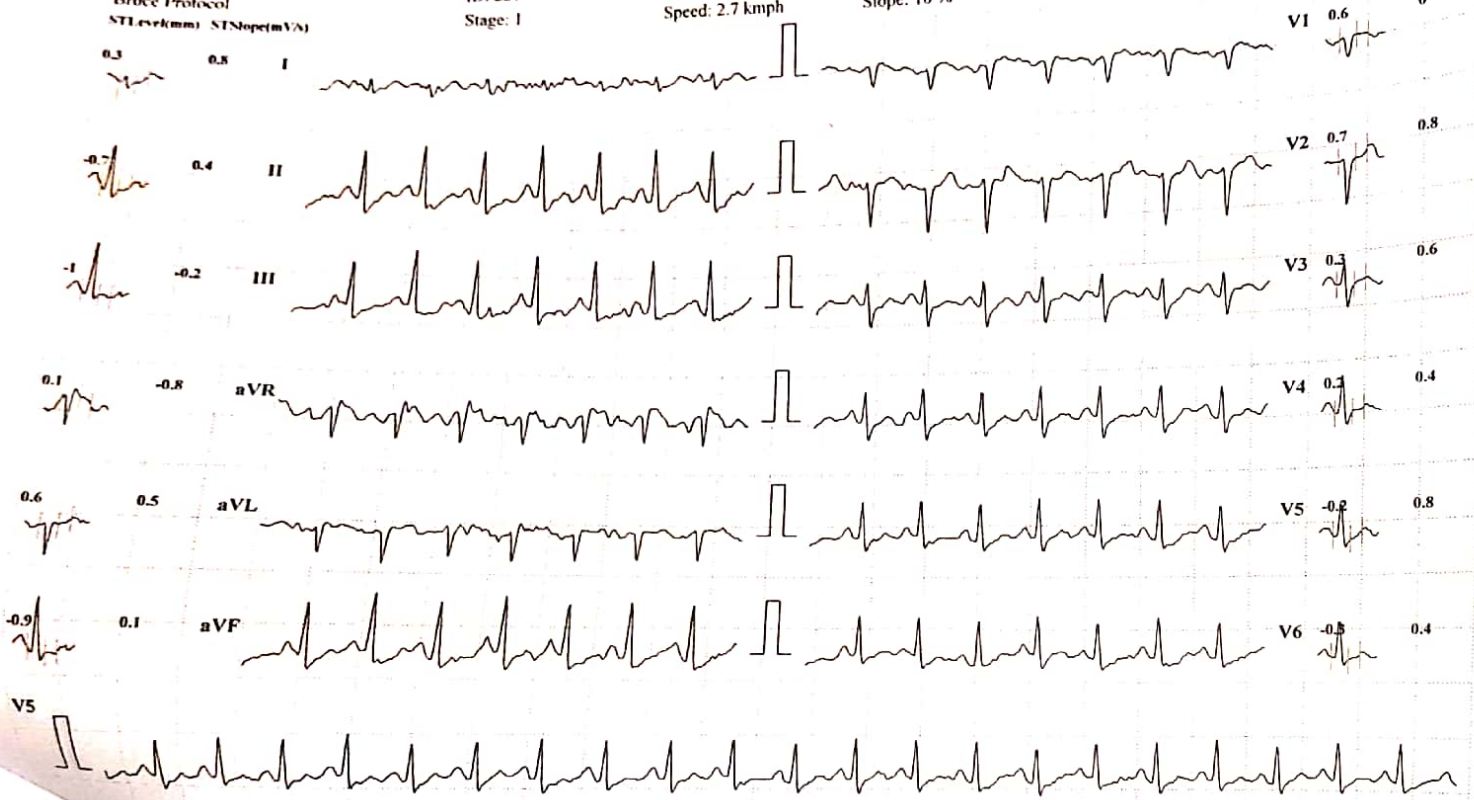
ID: 221  
Stage: I

Date: 07-03-2023  
Speed: 2.7 kmph

Exec Time : 0:03:00  
Slope: 10 %

Stage Time: 03:00  
THR: 158 bpm

HR: 138 bpm  
BP: 130/80 mmHg  
STLevel(mm) STSlope(mV/s)



Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms Schiller Spandan CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR

ID: 221

Date: 07-03-2023

Exec Time: 0:05:02

Stage Time: 02:02

HR: 159 bpm

BP: 140/90 mmHg

STLevel(mm) STSlope(mV/s)

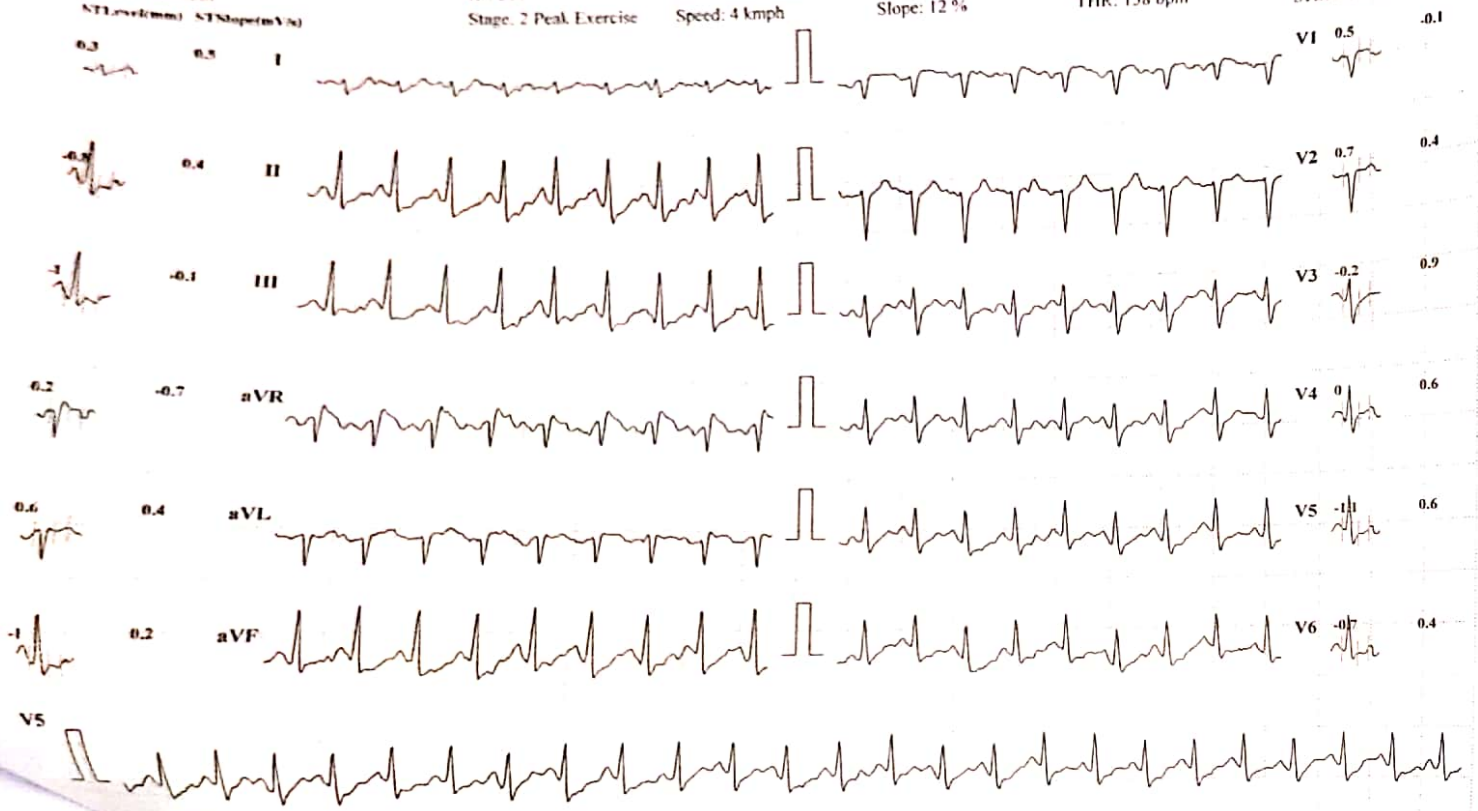
Stage: 2 Peak Exercise

Speed: 4 kmph

Slope: 12 %

THR: 158 bpm

STLevel(mm) STSlope(mV/s)



Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12



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TABASSUM JAHANGIR SHIKALGAR  
ID: 221

Date: 07-03-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 101 bpm

BP: 140/90 mmHg

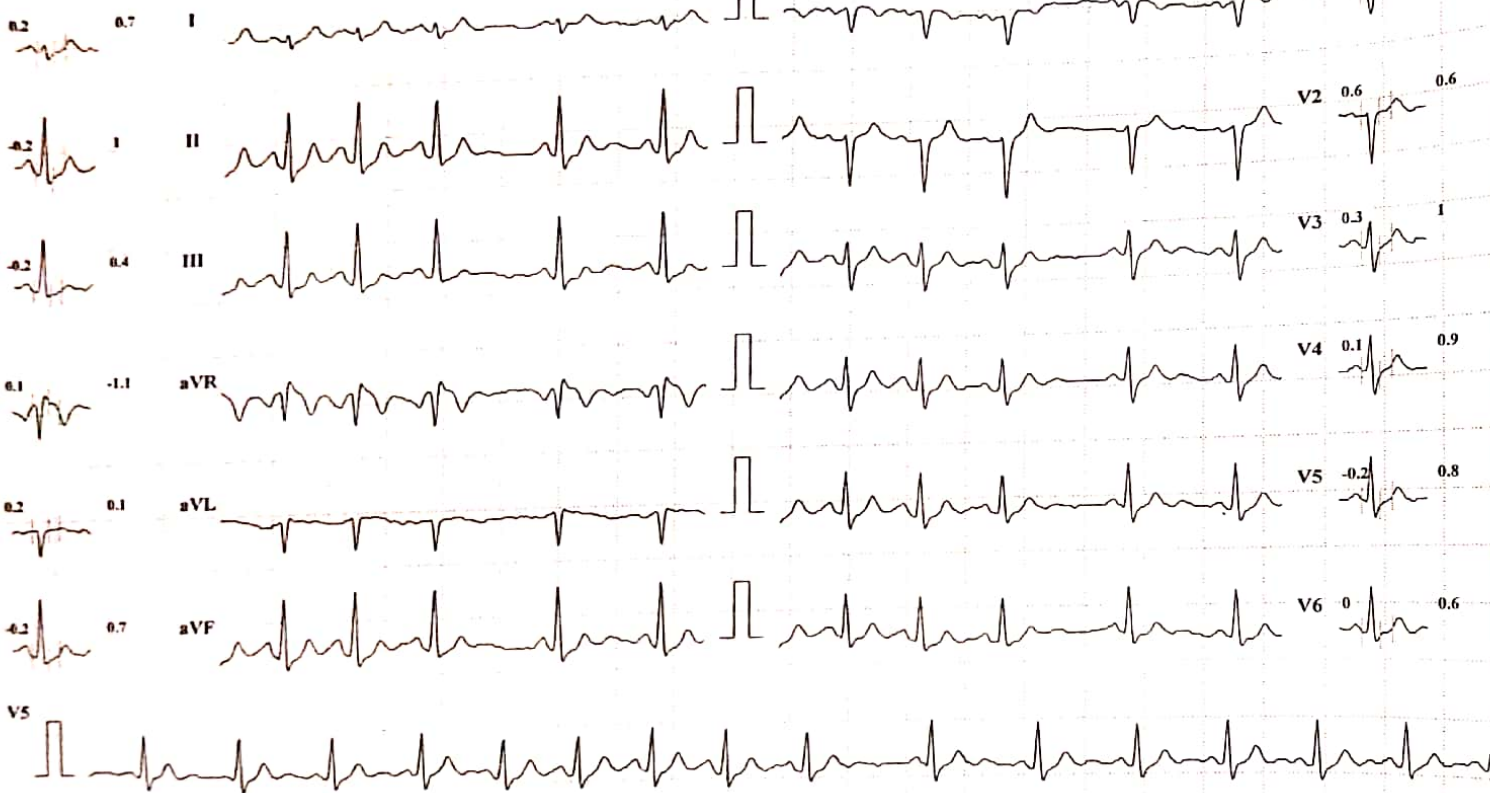
Stage: Recovery I

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

Bruce Protocol  
STLevel(mm) STSlope(mV/s)



Print Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

MYO CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR  
ID: 221

Date: 07-03-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 73 bpm

BP: 130/90 mmHg

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

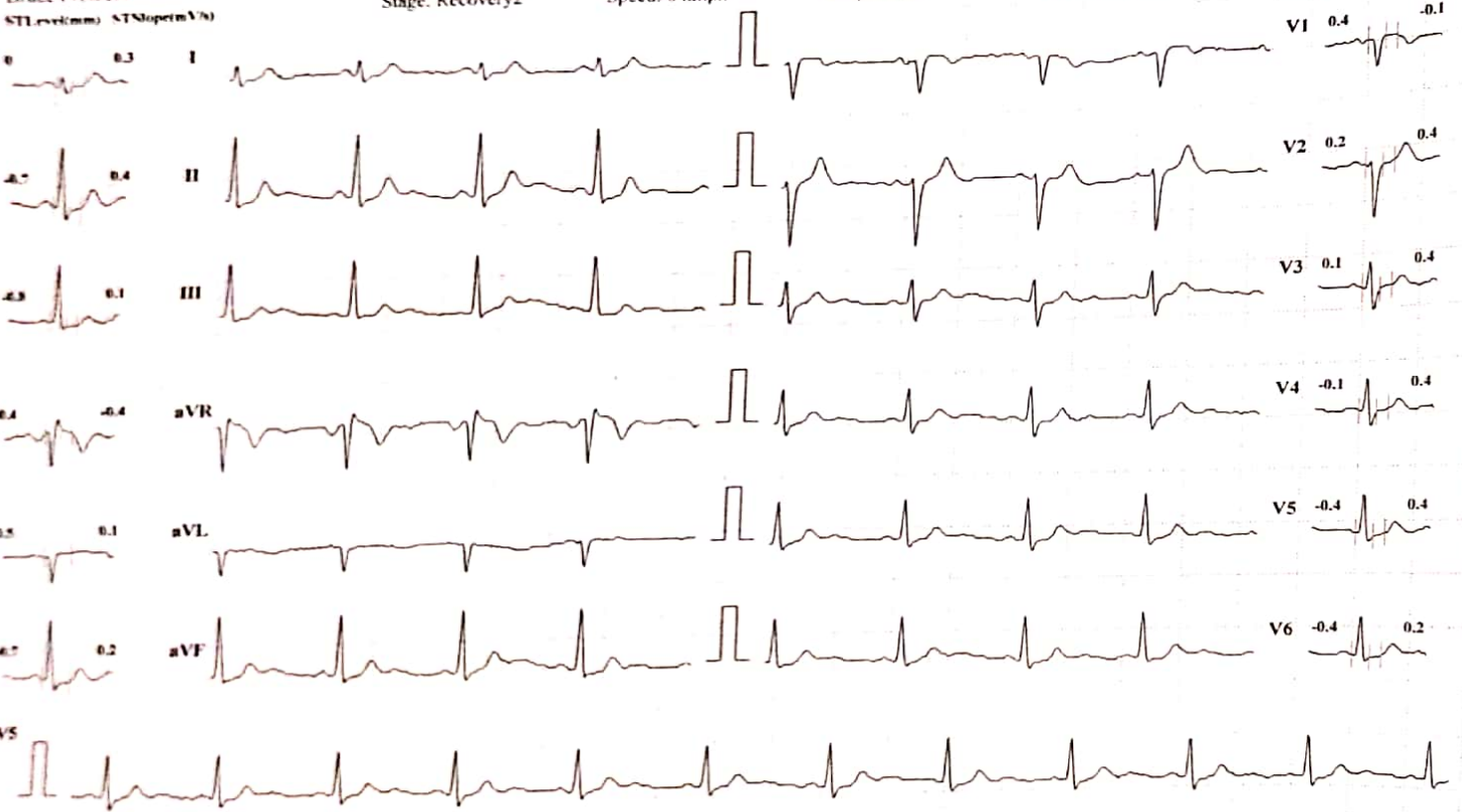


Chart Speed 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR

Date: 07-03-2023

Excc Time : 00:00

Stage Time: 01:00

HR: 75 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 221  
Stage: Recovery3

Speed: 0 kmph

Slope: 0 %

THR: 158 bpm

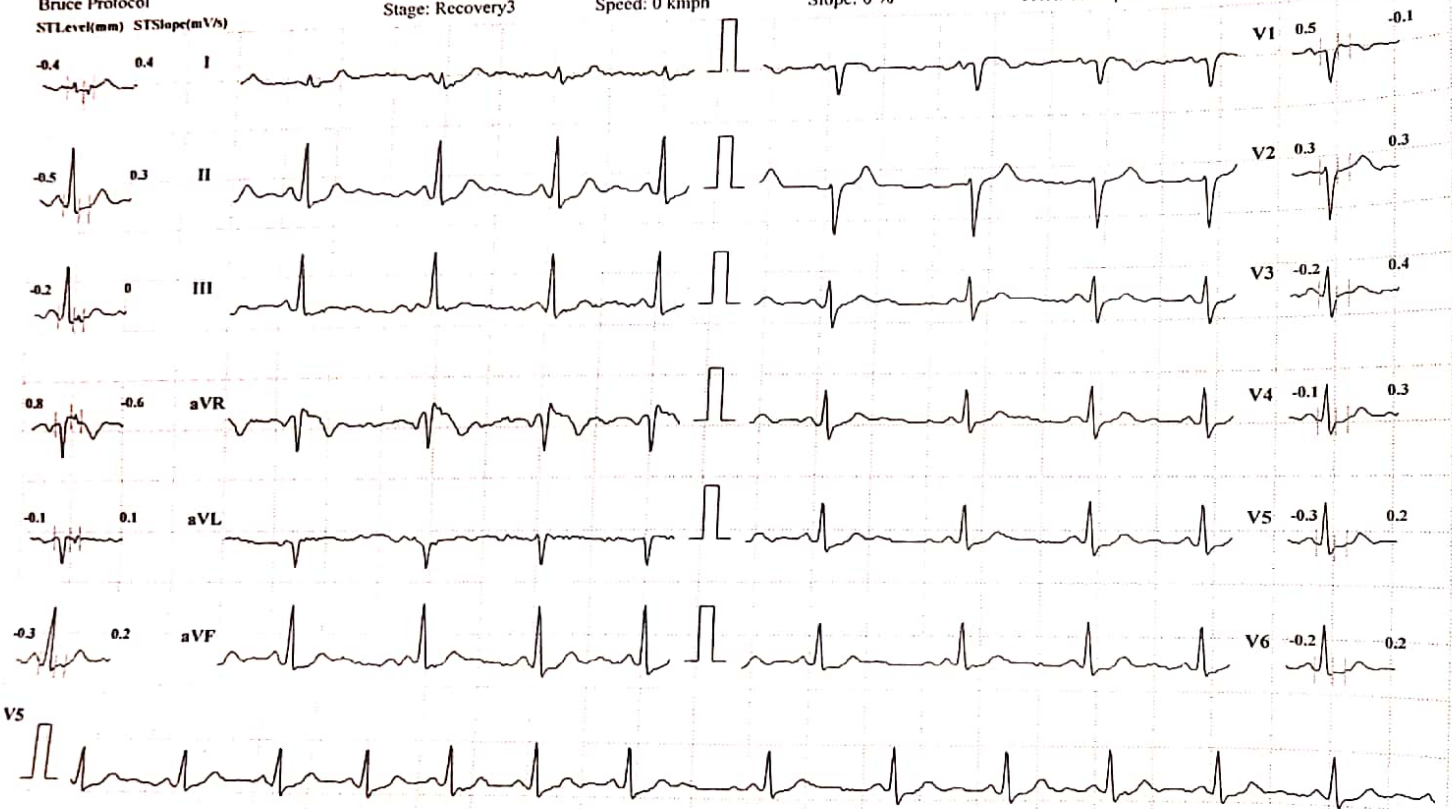


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12



MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

TABASSUM JAHANGIR SHIKALGAR

Drugs Protocol

ID: 221

Date: 07-01-2023

Exec Time: 00:00

Stage Time: 01:00

HR: 89 bpm

STL: 0.05 sec

Stage: Recovery

Speed: 0 kmph

Slope: 0 %

T100: 1.58 bpm

BP: 120/80 mmHg

STL: 0.05 sec



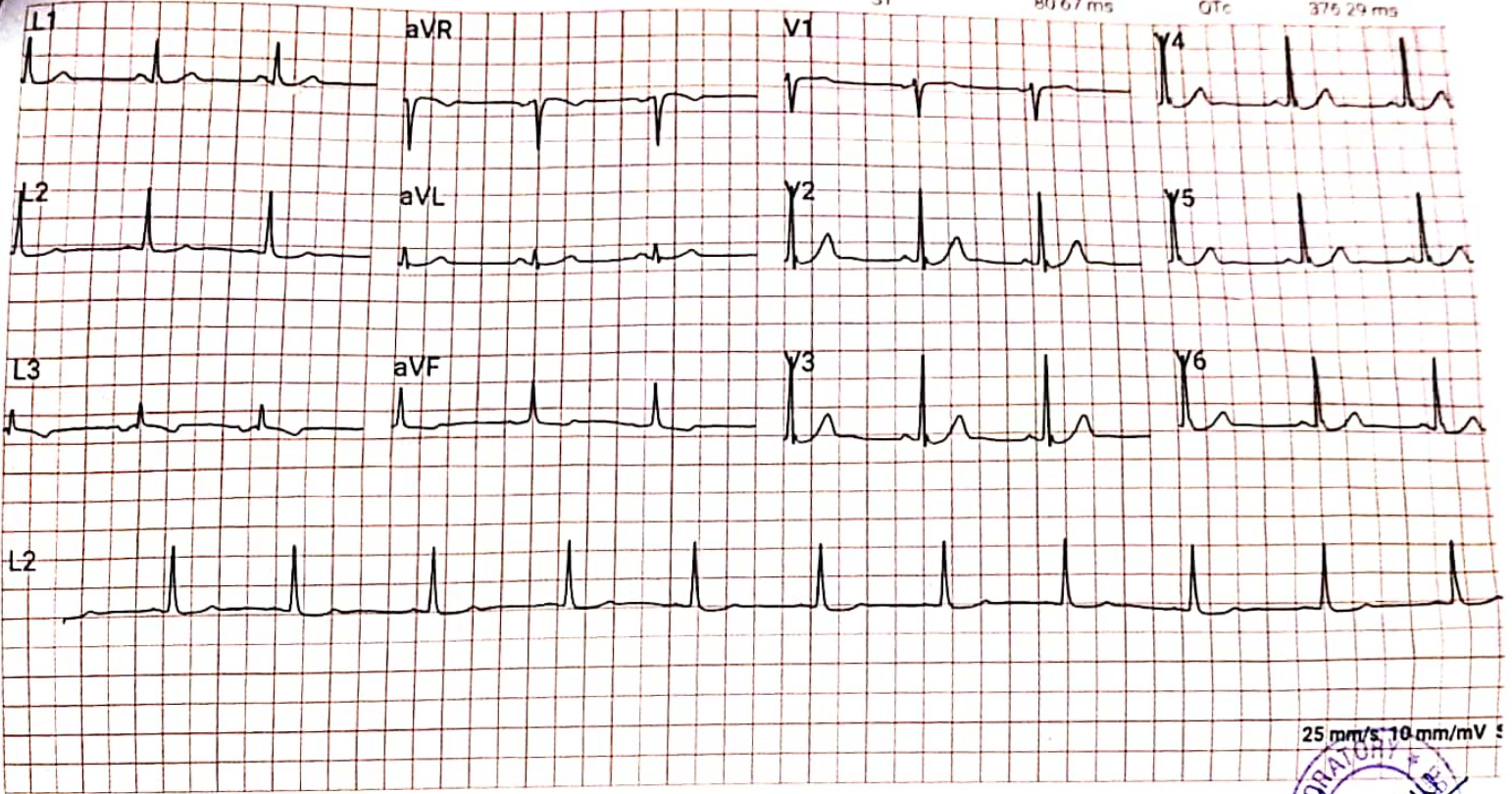
Chart Speed: 25 mm/sec    Amplitude: 10mm/mV    Filter: 25 Hz    Main Filter: ON    PR - 0 - 40 ms, T - 0 - 40 ms, QT - 0 - 40 ms

Schiller Spacing 1.5, 10 Version 2.1.5

est  
Tabassam ShikalgaE.  
Gender / Age 33/F  
Date & Time 07 MARCH 2023 9:25AM

12 lead simultaneous EC

Heart Rate 68 bpm  
QRS 151.71 ms  
ST 80.67 ms  
QT 360.29 ms  
PR 142.0 ms  
QTc 375.29 ms



Comments: Normal

25 mm/s, 10 mm/mV  
Reported By  
Dr. Vandana Gowar  
MBBS, D.C.P.  
Reg No. 68137

Referred By: Dr. SHANTANU DAIKAR MBBS, MCOBCHAB, KOLHAPUR MAHARASHTRA | 01 94110 70055



heartfulness  
purity weaver

 GPS Map Camera



## Kolhapur, Maharashtra, India

Shop No 7, Diwan Tower, Mlrajkar Tikti Mangalwar Peth, opp. Nutan Marathi High School, B Ward, C Ward, Kolhapur, Maharashtra 416002, India

Lat 16.692861°

Long 74.22433°

07/03/23 09:51 AM GMT +05:30