

ENA HEALTHCARE

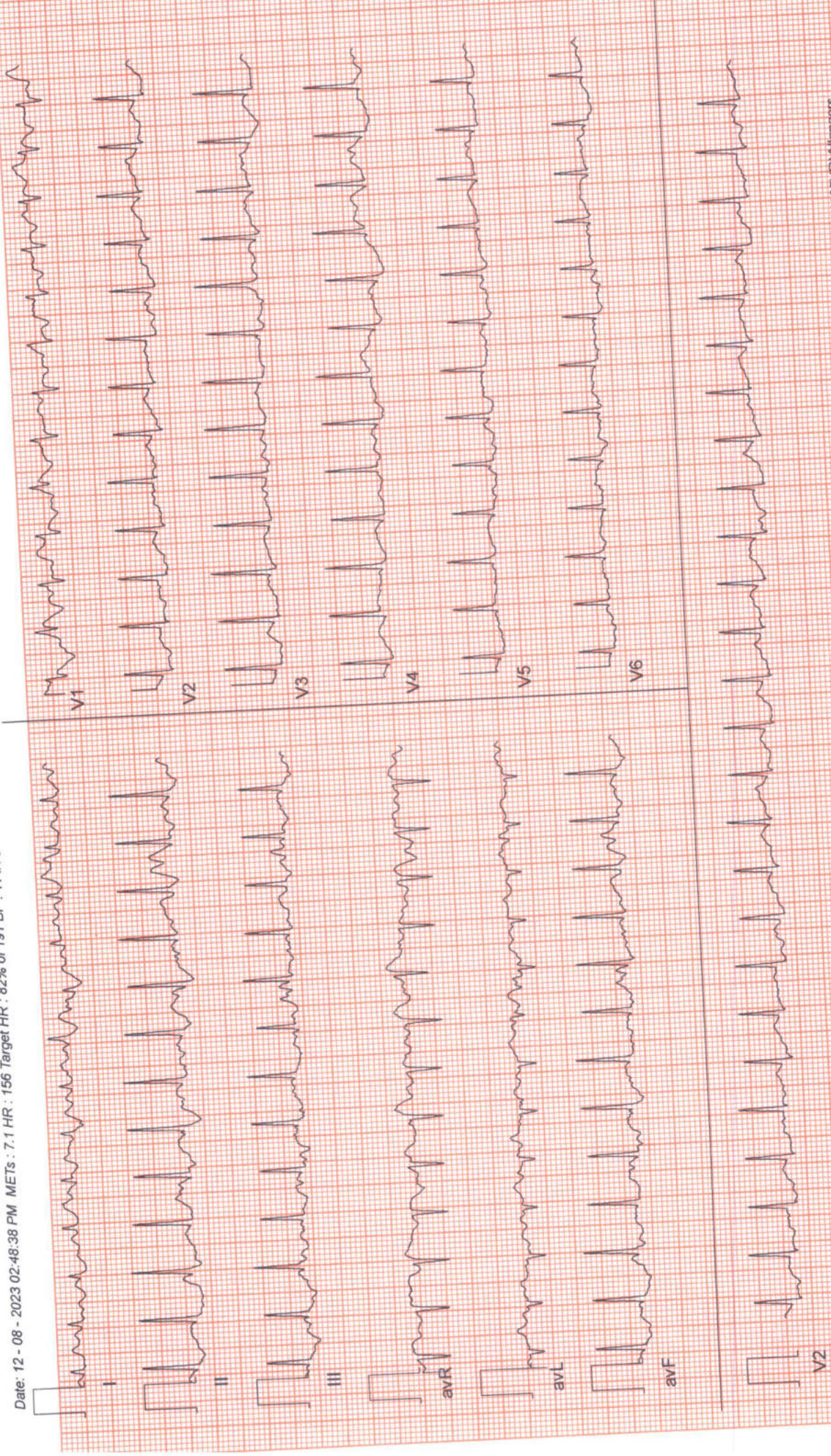
AHIDNAGAR, BHUBANESWAR
619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 12 - 08 - 2023 02:48:38 PM METs : 7.1 HR : 156 Target HR : 82% of 191 BP : 114/73

Ex Time : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengets



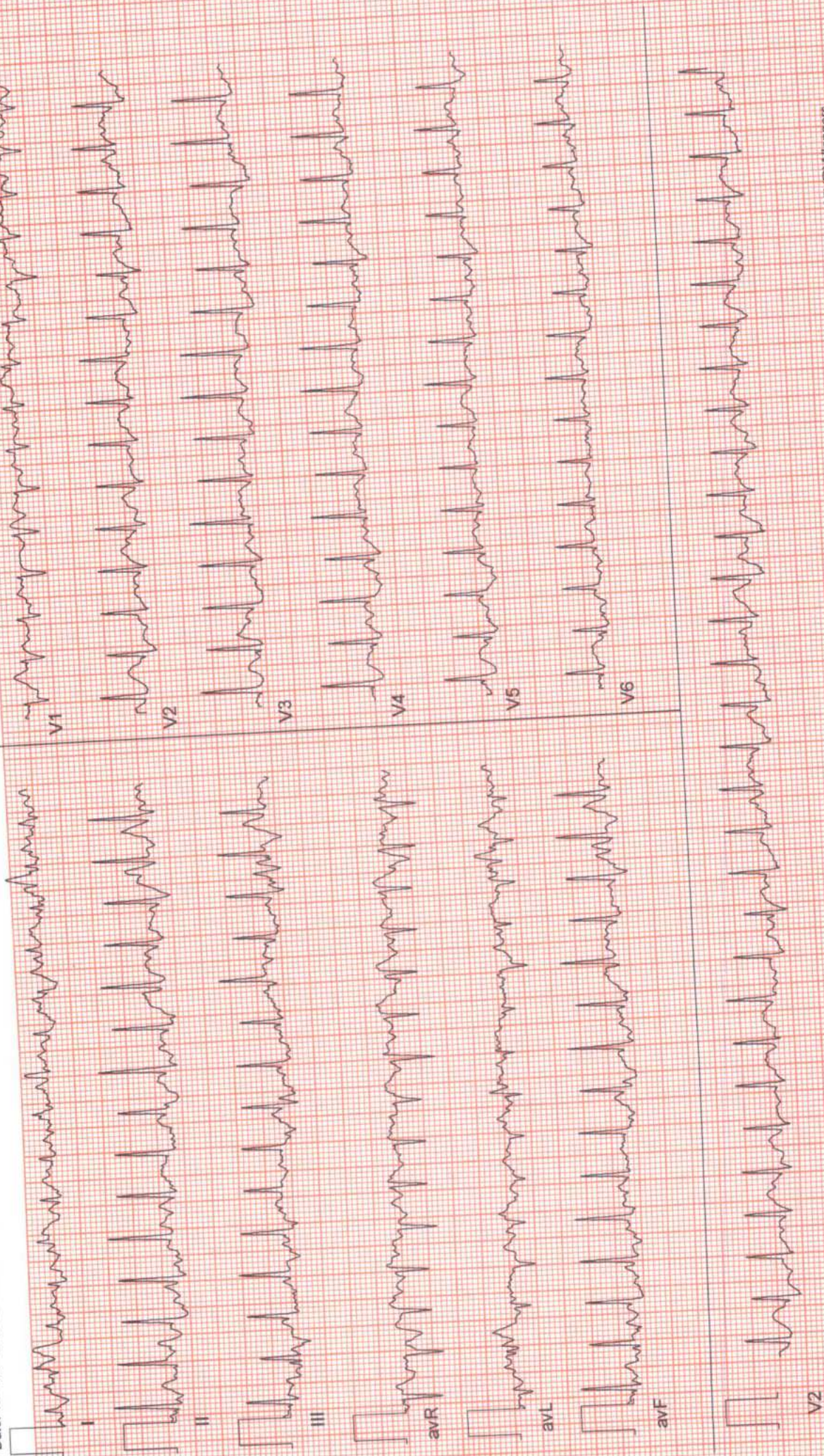
6 x 2 + Rhythm PeakEx

ENA HEALTHCARE

AHIDNAGAR, BHUBANESWAR
619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

ExTime : 08:39 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz

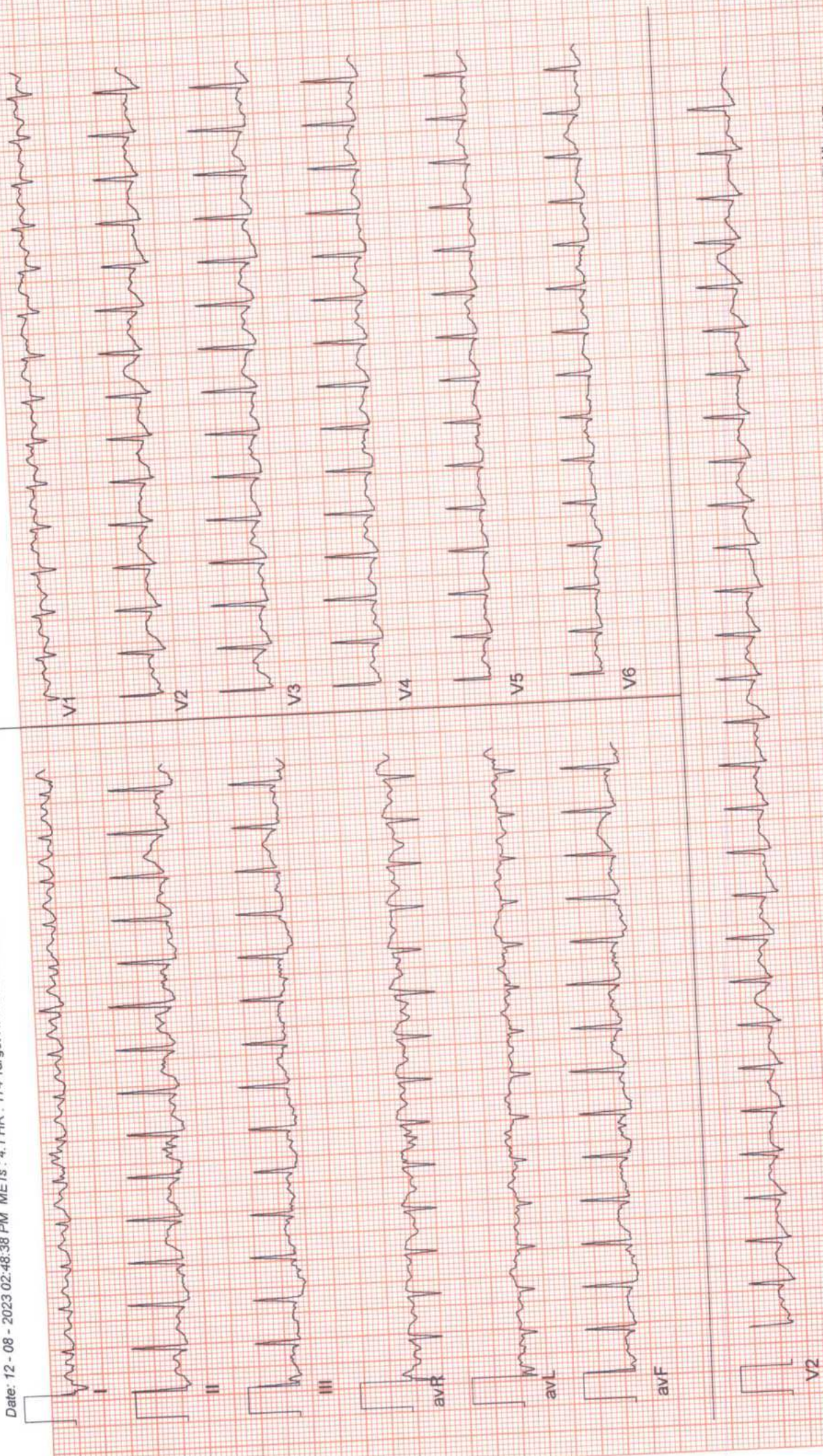
Date: 12 - 08 - 2023 02:48:38 PM METs : 9.9 HR : 183 Target HR : 96% of 191 BP : 115/74





ExTime : 08:39 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 12 - 08 - 2023 02:48:38 PM METs : 4.1 HR : 174 Target HR : 91% of 191 BP : 115/74



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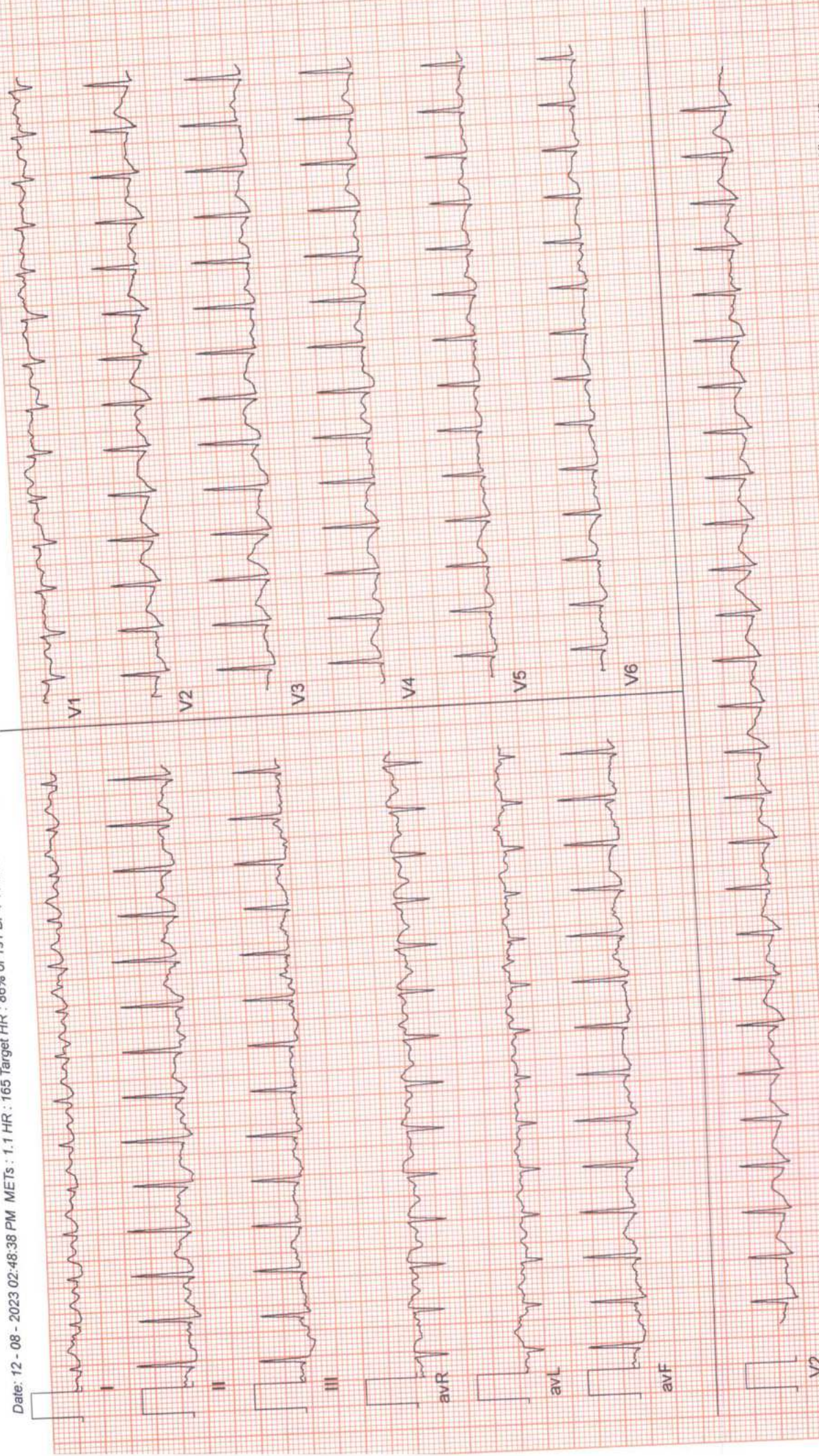
AHIDNAGAR, BHUBANESWAR
619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

6 x 2 + Rhythm
Recovery(1:00)



ExTime : 08:39 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

Date: 12 - 08 - 2023 02:48:38 PM METs : 1.1 HR : 165 Target HR : 86% of 191 BP : 114/74

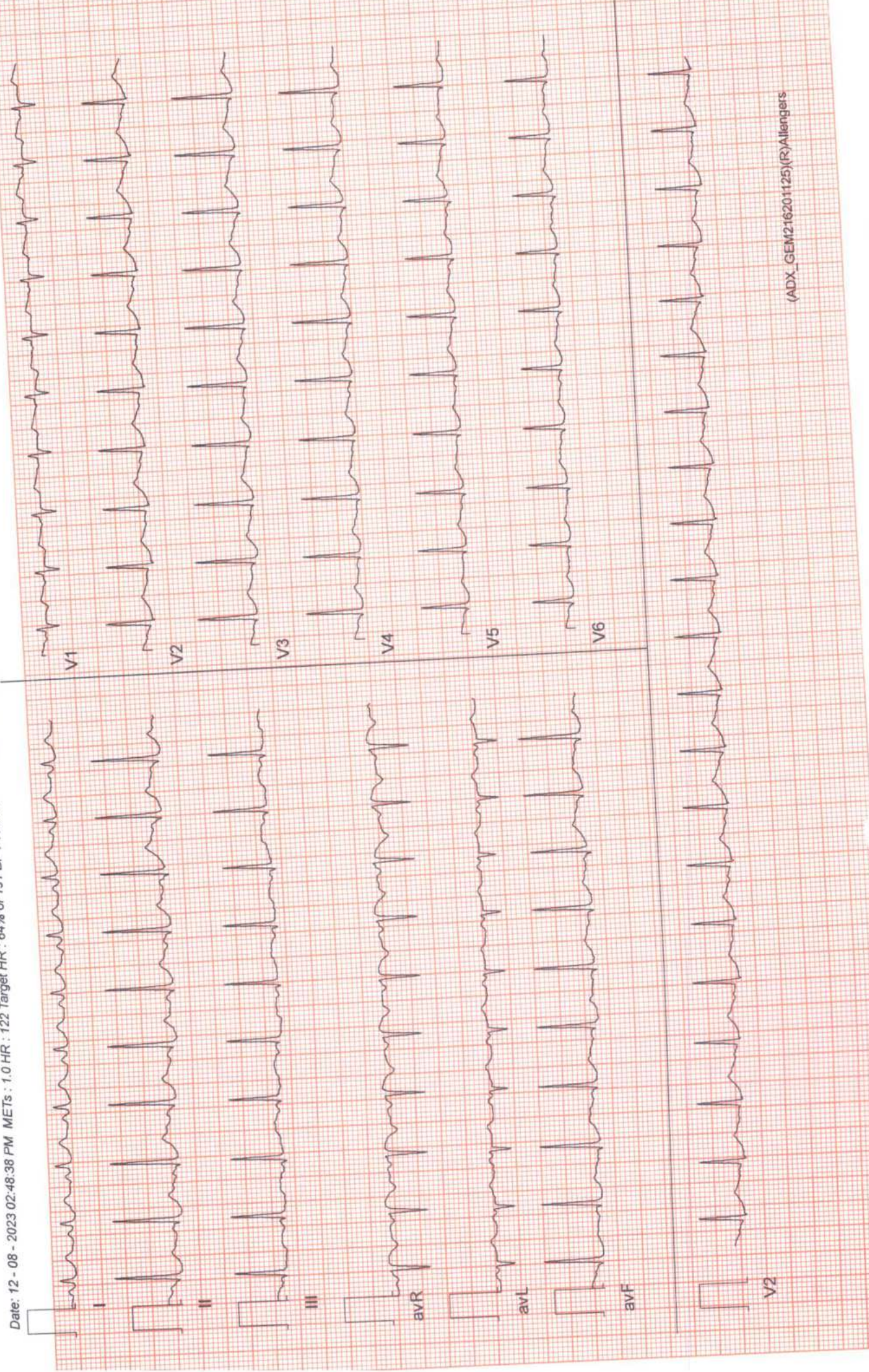




6 x 2 + Rhythm Recovery(3:00)

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AHIDNAGAR, BHUBANESWAR
619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 122 Target HR : 64% of 191 BP : 114/73
ExTime : 08:39 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)Allengiers

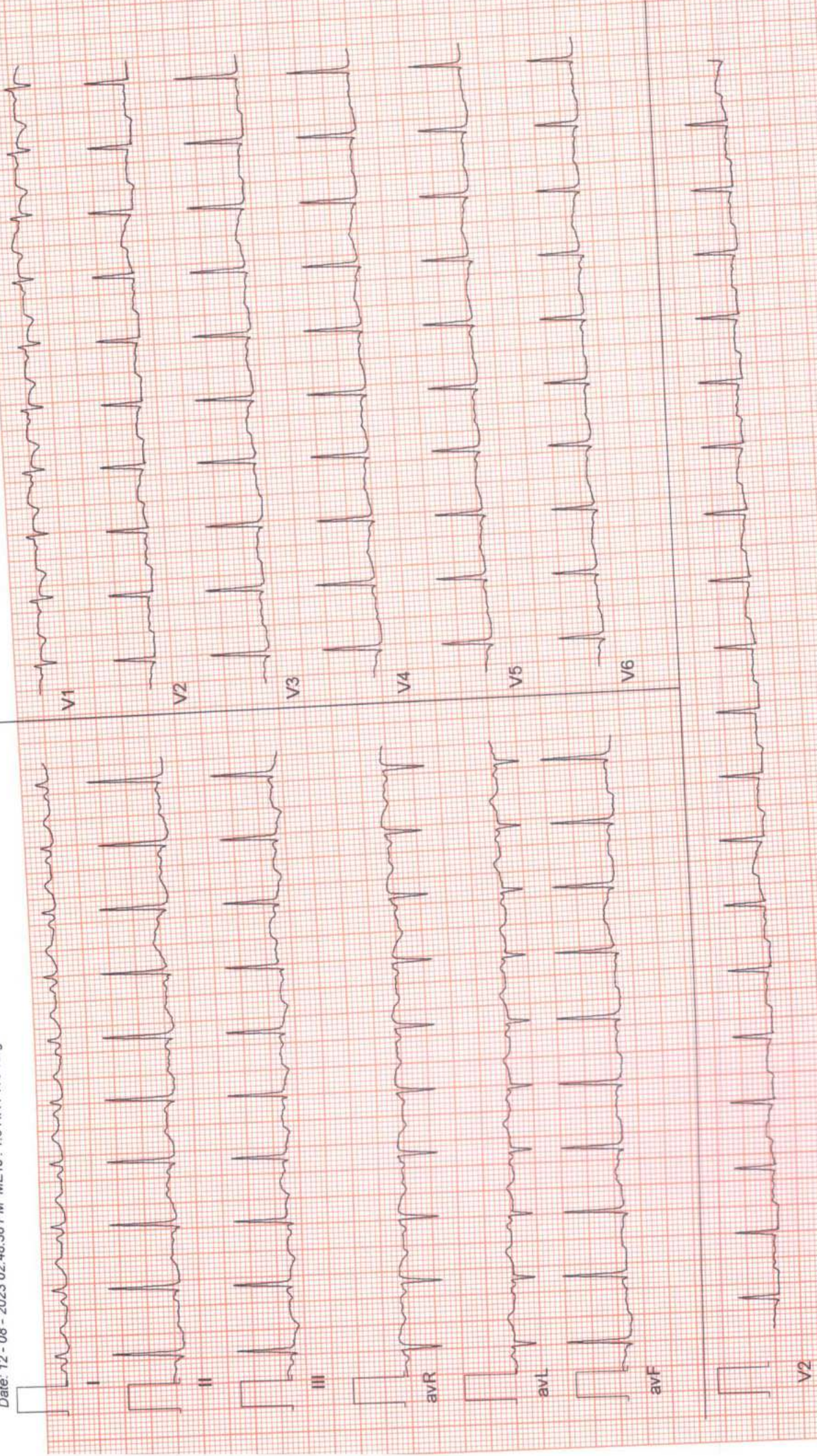


**6 x 2 + Rhythm
Recovery(5:08)**

ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR
 619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 116 Target HR : 61% of 191 BP : 113/73

ExTime : 08:39 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz




MEDICAL REPORT

Date :- 12.08.2023

NAME

BOBYSMITA SAMAL

Height:- 160 CM	Age:- 29 Yrs
Weight:- 63 KG	Sex:- Female
Blood Pressure:- 107 /64 mmhg	Pulse:-83/min

MEDICAL INFORMATION

Body Mass Index(BMI)

24.6

Signature

 Dr. M. K. HOTA
 M.B.B.S.
 REGD No. 6993



Patient Name : MS. BOBYSMITA SAMAL
 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:14 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
<u>Blood Group ABO & Rh Typing, Blood</u>			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"A"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

<u>ESR, Erythrocyte Sedimentation Rate</u>			
ESR - Erythrocyte Sedimentation Rate Method : EDTA Whole Blood, Manual Westergren	16	0 - 20	mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
 CONSULTANT PATHOLOGIST /
 MICROBIOLOGIST

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Zena Healthcare Services
 Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Wishing Good Heal
 Page 1 of 1



Patient Name : MS. BOBYSMITA SAMAL
 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:12 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
	<u>Glucose, Fasting (FBS)</u>		
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	91.49	75 - 115	mg/dL
	<u>Glucose, Post Prandial (PP)</u>		
Blood Glucose-Post Prandial Method : Hexokinase	103.47	70 - 140	mg/dL
	<u>BUN, Serum</u>		
BUN-Blood Urea Nitroge Method : Serum, Urease	11.64	10 - 50	mg/dL
	<u>Creatinine</u>		
Creatinine Method : Serum, Jaffe	0.78	0.60 - 1.30	mg/dL
	<u>Uric acid, Serum</u>		
Uric Acid Method : Uricase, Colorimetric	5.24	3.4 - 7.0	mg/dL

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 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:12 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.4	12.0 - 15.0	gm/dL
Erythrocyte (RBC) Count	4.26	3.8 - 4.8	mil/cu.mm
Packed Cell Volume (PCV)	38.9	36 - 46	%
Mean Cell Volume (MCV)	91.31	83 - 101	fL
Mean Cell Haemoglobin (MCH)	31.46	27 - 32	pg
Mean Corpuscular Hb Concn. (MCHC)	34.45	31.5 - 34.5	g/dL
Red Cell Distribution Width (RDW)	12.1	11.6 - 14.0	%
Total Leucocytes (WBC) Count	5800	4000-10000	cell/cu.mm
Neutrophils	63	40 - 80	%
Lymphocytes	32	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	259	150 - 410	10 ³ /ul
Mean Platelet Volume (MPV)	11.1	7.2 - 11.7	fL
PCT	0.29	0.2 - 0.5	%
PDW	16.8	9.0 - 17.0	%

END OF REPORT

Lab Technician

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 Wishing Good Health
 Page 1 of 1

12/08/2023 10:36:31

ZENA HEALTHCARE
PLOT-119, SAHIDNAGAR, BHUBANESWAR

BOBYSMITA SAMAL
FEMALE

ID: 941
AGE: 29 Y M D

Cms

RATE	: 79 bpm	SINUS ARRHYTHMIA
R-R	: 756 ms	SHORT PR INTERVAL
P-R	: 102 ms	
QRS	: 66 ms	
QT	: 364 ms	
QTc	: 397 ms	

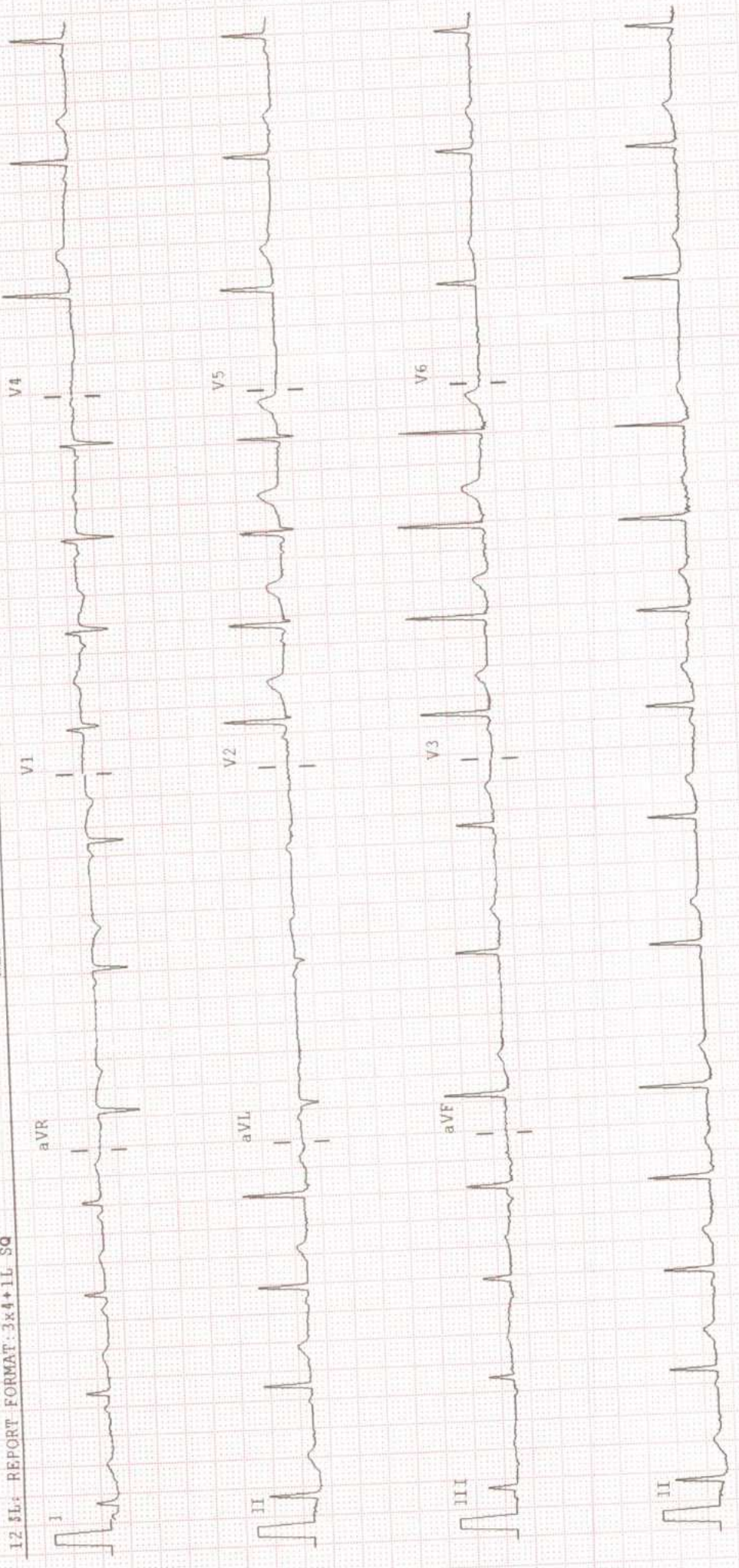
-+AXIS--

P : - II°
 QRS : 70°
 T : 29°

12 LE: REPORT FORMAT: 3x4+1L SQ

REF

Dr.



Patient Name : MS. BOBYSMITA SAMAL
 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:15 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total	0.71	0.00 - 1.00	mg/dL
Method : Serum, Jendrassik Grof			
Bilirubin - Direct	0.14	0.00 - 0.20	mg/dL
Method : Serum, Diazotization			
Bilirubin - Indirect	0.57	0.10 - 0.80	mg/dL
Method : Serum, Calculated			
SGOT	13.69	8 - 33	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
SGPT	19.80	3 - 35	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
GGT-Gamma Glutamyl Transpeptidase	6.11	< 38	U/L
Method : Serum, G-glutamyl-carboxy-nitroanilide			
Alkaline Phosphatase	69.82	42-141	U/L
Method : PNPP-AMP Buffer/Kinetic			
Total Protein	6.93	6.60 - 8.70	g/dL
Method : Serum, Biuret, reagent blank end point			
Albumin	4.01	3.50 - 5.30	g/dL
Method : Serum, Bromocresol green			
Globulin	2.92	2.00-3.50	g/dL
Method : Serum, EIA			
A/G Ratio	1.37	1.2 - 2.2	
Method : Serum, EIA			

END OF REPORT


 Lab technician


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 Wishing Good Heal
 Page 1 of 1



Patient Name : MS. BOBYSMITA SAMAL
Age / Gender : 29 years / Female
Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:13 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	167.89	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	104.23	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	41.97	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	105.07	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	20.85	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.50	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT


Lab technician


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Patient Name : MS. BOBYSMITA SAMAL
 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:17 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.005	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	2 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab technician

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Patient Name : MS. BOBYSMITA SAMAL

Age / Gender : 29 years / Female

Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:14 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.17	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	9.30	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.23	0.45 - 4.5 First Trimester : 0.1-2.5 Second Trimester : 0.2-3.0 Third trimester : 0.3-3.0	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

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Wishing Good Health

Page 1 of 2



Patient Name : MS. BOBYSMITA SAMAL
 Age / Gender : 29 years / Female
 Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:14 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
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[Signature]
 Lab technician

[Signature]
 Dr. Kundan Kumar Sahoo
 CONSULTANT PATHOLOGIST /
 MICROBIOLOGIST

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Wishing Good Health
 Page 2 of 2



Patient Name : MS. BOBYSMITA SAMAL
Age / Gender : 29 years / Female
Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:14 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
HbA1c, Glycosylated Hemoglobin			
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.13		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	100.53		mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults ≥ 18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	≥ 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Wishing Good Health

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Patient Name : MS. BOBYSMITA SAMAL

Age / Gender : 29 years / Female

Patient ID : 17549

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:45 PM

Reporting Time : 14/08/2023, 10:14 AM

Sample ID :



20197

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST
Lab Technician

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Page 2 of 2

MATERNITY CARE HOSPITAL

NAME: BABISMITA SAMAL

SONOGRAPHER : DR. MAYURI MOHAPATRA

AGE-29Y/F

DATE-12/08/2023

USG OF WHOLE ABDOMEN

LIVER: normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.2 mm.

Gall bladder- Normal seen

SPLEEN : Normal in size, shape and parenchymal echotexture. Spleen measures 11.6cm.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Left kidney measures: 9.7x 5.6cms.
- Right kidney measures: 9.8 x 4.7cms.

URETERS: Both ureters not visualized (normal).

Appendix- not visualized.

uterus : *uterus is normal in size shape 65.71 X47.37X42.17MM size, and normal endometrium in cavity.*

Ovary- both ovary normal *in echopattern*

Cervix-cervical canal normal , **cervix normal**

POD- is free of fluid or sol

Impression: Normal Study of abdomen


DR. MAYURI MOHAPATRA
Regd. No : OMC 1689
Maternity Care Hospital
Sahid Nagar, Bhubaneswar



ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR

619 / BOBYSMITA SAMAL / 29 Yrs / F / 160 Cms / 63 Kg Date: 12-Aug-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:31	0:31	00.0	00.0	01.0	083	43 %	110/70	091	00	
Standing	00:47	0:16	00.0	00.0	01.0	086	45 %	110/70	094	00	
HV	01:03	0:16	00.0	00.0	01.0	084	44 %	110/70	092	00	
ExStart	01:20	0:17	00.0	00.0	01.0	091	48 %	110/70	100	00	
BRUCE Stage 1	04:20	3:00	01.7	10.0	04.7	129	68 %	112/72	144	00	
BRUCE Stage 2	07:20	3:00	02.5	12.0	07.1	156	82 %	114/73	177	00	
PeakEx	09:59	2:39	03.4	14.0	09.9	183	96 %	115/74	210	00	
Recovery	10:29	0:30	01.1	00.0	04.1	174	91 %	115/74	200	00	
Recovery	10:59	1:00	01.1	00.0	01.1	165	86 %	114/74	188	00	
Recovery	12:59	3:00	00.0	00.0	01.0	122	64 %	114/73	139	00	
Recovery	15:06	5:08	00.0	00.0	01.0	116	61 %	113/73	131	00	

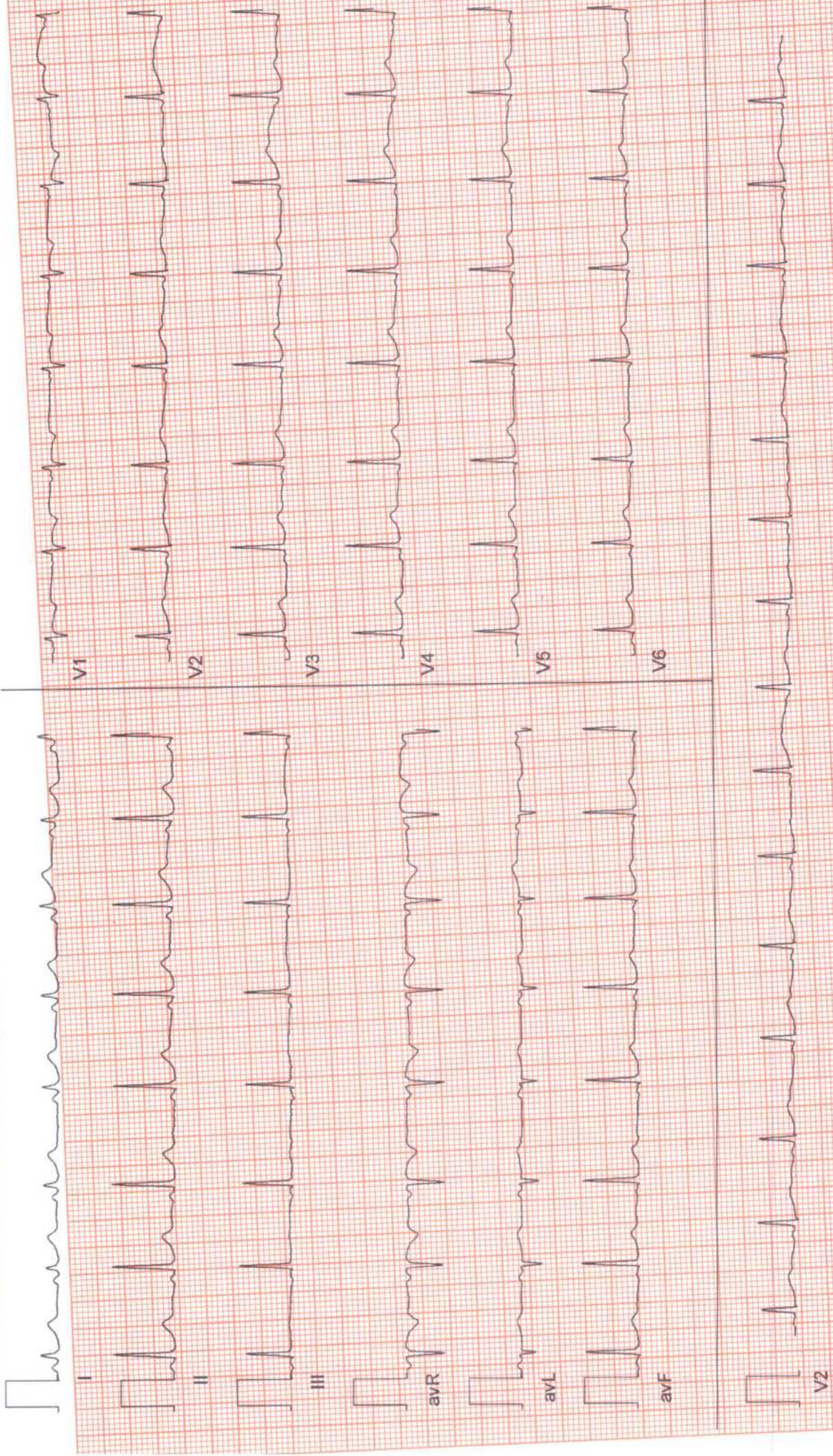
FINDINGS :

- Exercise Time : 08:39
- Max HR Attained : 183 bpm 96% of Target 191
- Max BP Attained : 115/74
- Max WorkLoad Attained : 9.9 Good response to induced stress
- Test End Reasons : Test Complete, Test Complete

REPORT :



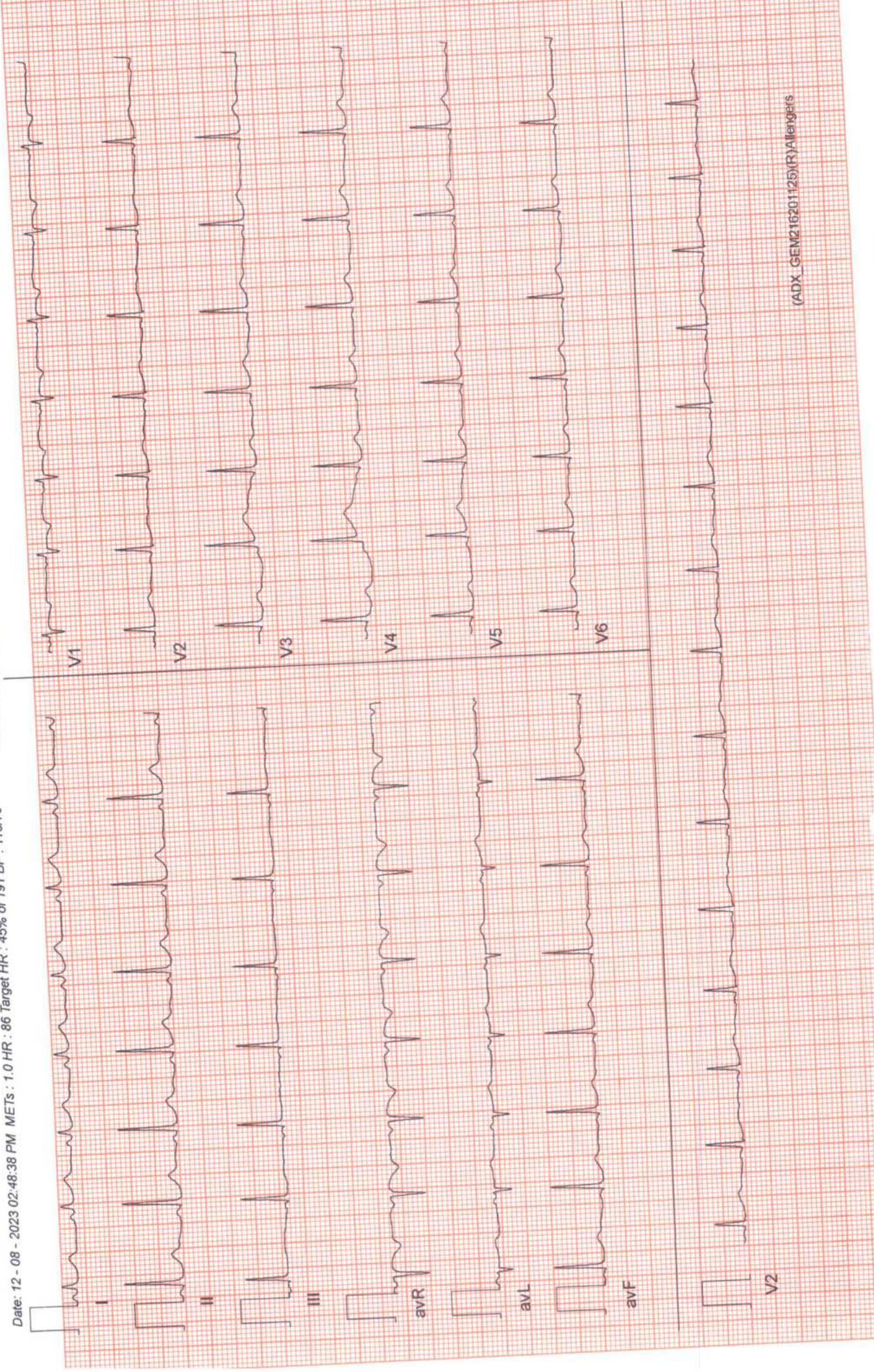
Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 83 Target HR : 43% of 191 BP : 110/70
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 86 Target HR : 45% of 191 BP : 110/70

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

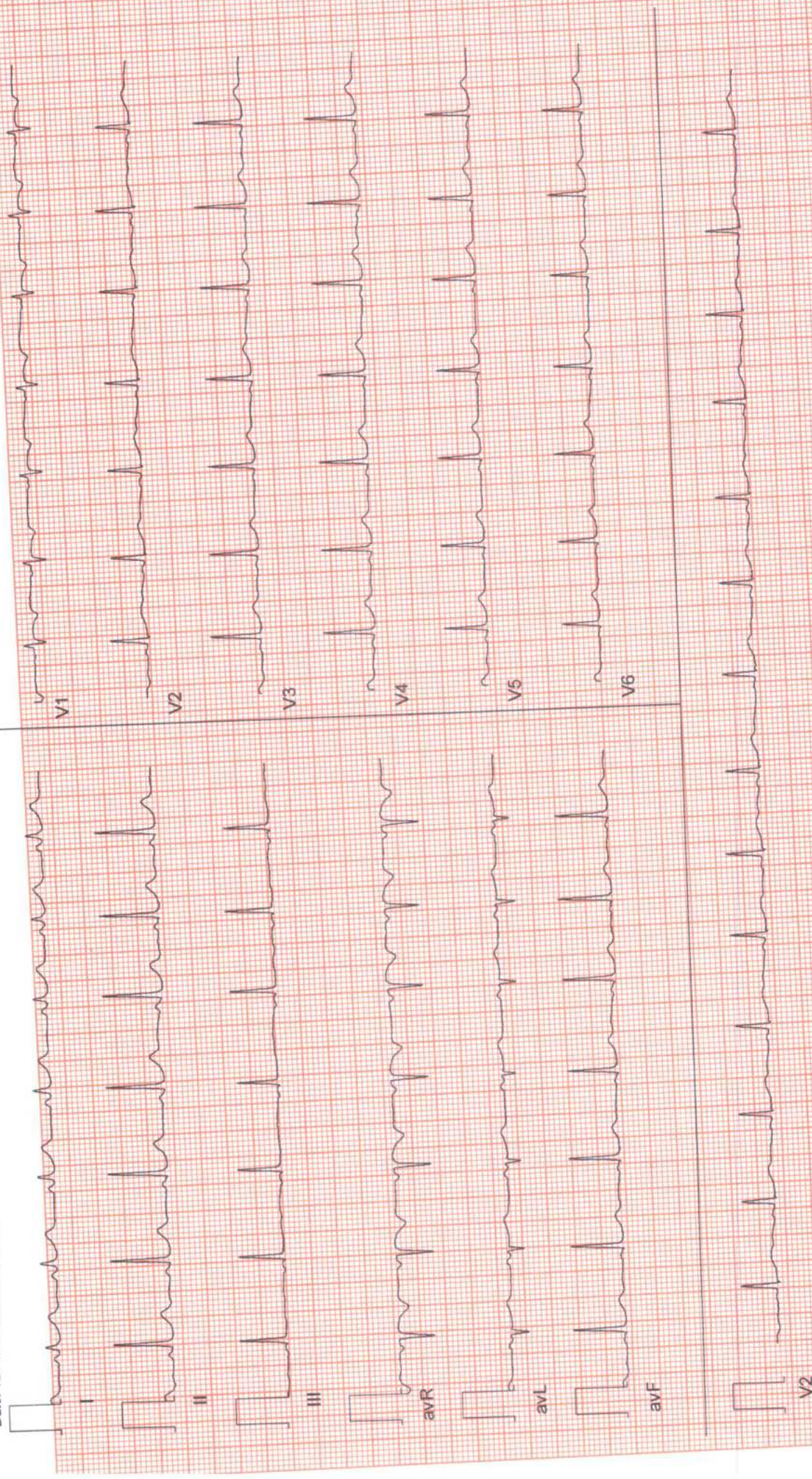
SAHIDNAGAR, BHUBANESWAR
619 / BOBYSMITA SAMAL / 29 Yrs / Female / 160 Cm / 63 Kg

6 x 2 + Rhythm
BRUCE:HV(0:17)



Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 84 Target HR : 44% of 191 BP : 110/70

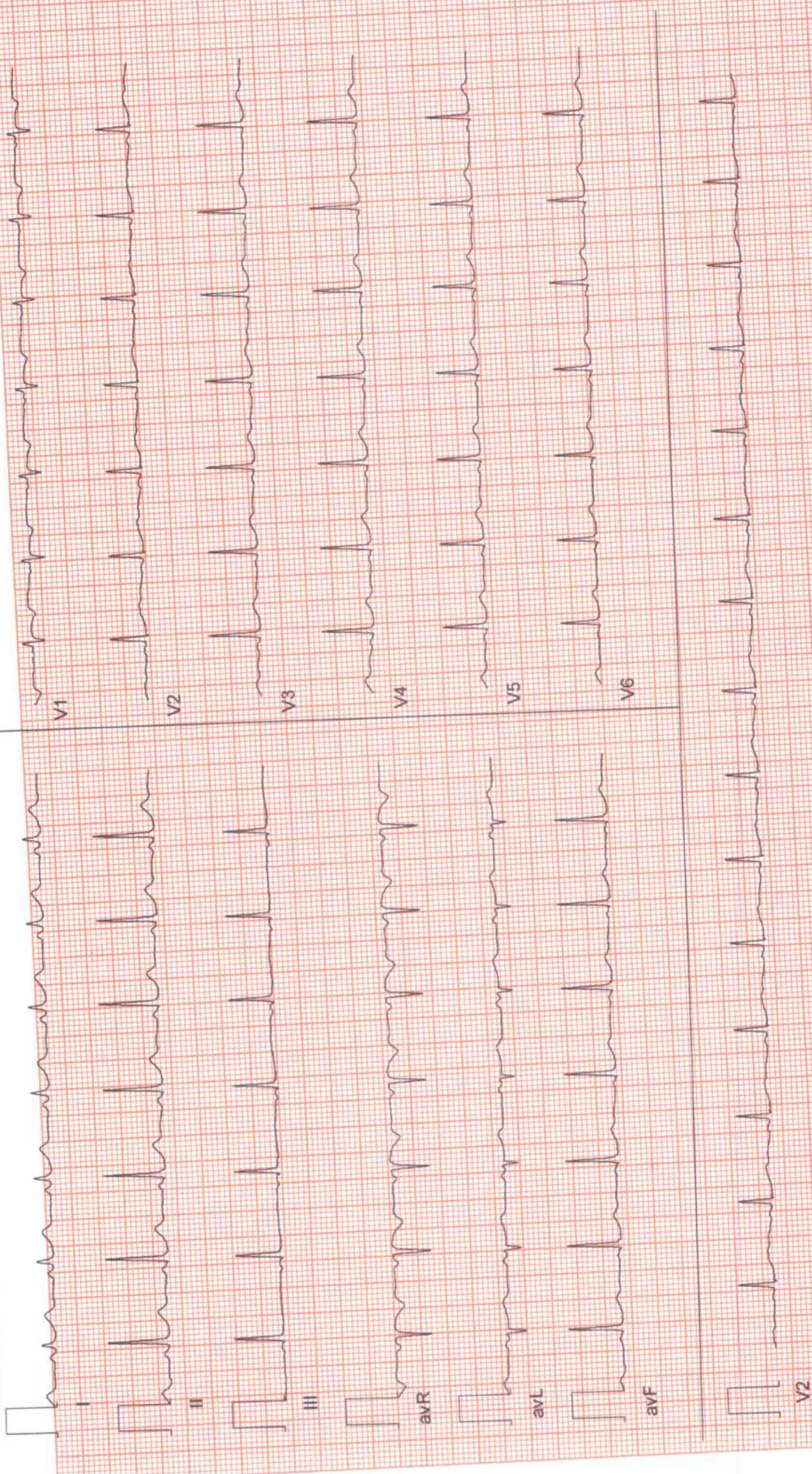
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 08 - 2023 02:48:38 PM METs : 1.0 HR : 91 Target HR : 48% of 191 BP : 110/70

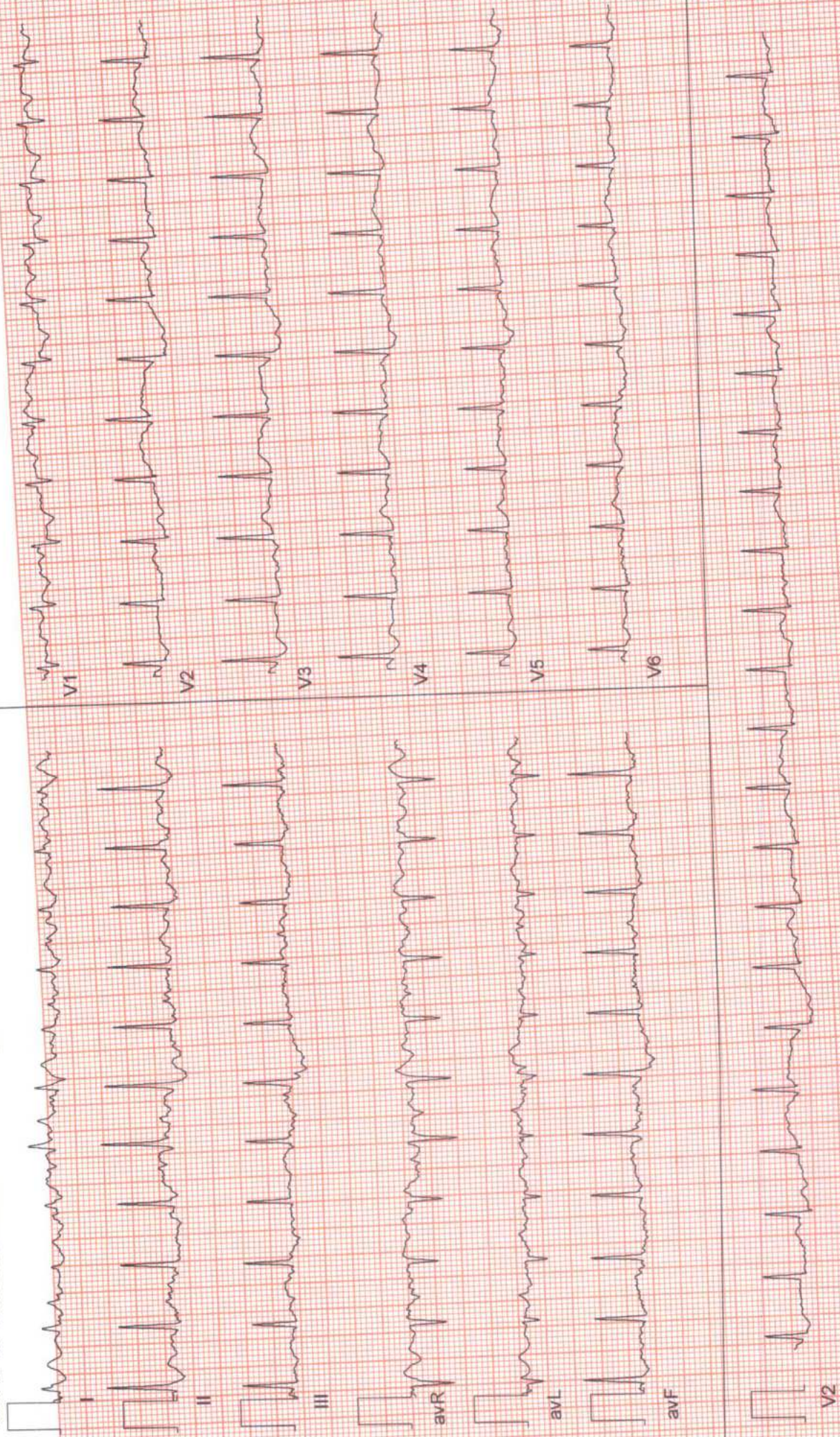
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 12 - 08 - 2023 02:48:38 PM METs : 4.7 HR : 129 Target HR : 68% of 191 BP : 112/72





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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-BOBYSMITA SAMAL
AGE:-29YRS
Patient ID:-14

REFERRAL:-MEDI-WHEEL
DATE:-12.08.2023
SEX:-FEMALE

CHEST X-RAY PA VEIW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr.Bhagaban Pradhan
M.D.(Radio diagnosis)

ConsultantRadiologist

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

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