

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

Date : 03/03/2022

Address : FLAT NO-31, BLOCK-03, SHARACHI GARDEN, 251/1, NAGENDRA NATH ROAD,
NEAR NAGER BAZAR, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001462583

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080



CHIEF COMPLAINTS

For corporate health checkup

No specific complaints

PRESENT KNOWN ILLNESS:-

H/O Fatty liver grade III (not treated).

H/O Hypothyroidism - 5 years, on medication.

H/O Hypertension - 2010, on medication.

H/O Dyslipidaemia - on medication.

No H/O DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:03/03/2022



SYSTEMIC REVIEW

Cardiovascular system

BREATHLESSNESS – On exertion,

HYPERTENSION – Yes, ANY MEDICATION – Yes.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE - Normal, FLATULENCE AND

DYSPEPSIA - Yes, BOWEL HABITS – Constipation.

Genitourinary system

FREQUENCY – Normal.

Central nervous system

GIDDINESS - Yes, MEMORY & CONCENTRATION

– Normal, SLEEP – Disturbed sleep.

Eyes

VISION - Corrected with glasses.

ENT

HEARING – Normal.

Musculoskeletal system

Right knee joint stiffness.

Skin

Nil significant.

Weight

Steady.



Present medications

Tab. Vincor D (50 mg) - once daily. Tab. Thyrox (25 mcg) - once daily.



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 2

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

UHID : AGHL.0001462583

Date : 03/03/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080

Physical activity - Sedentary

No significant finding

Family history

Father - alive
Mother - alive
Sisters - 1
Hypertension - father
Coronary artery disease - none
Cancer - sister

Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding

PHYSICAL EXAMINATION

General

Build - obese
Height (in cms) - 160
Weight (in Kgs) - 81
BMI - 31.64
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 90
Rhythm - Normal
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.

Central nervous system

No neurological deficit

Skin

Printed By : AVIJIT DAS

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

UHID : AGHL.0001462583

Date : 03/03/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.8	g/dl	●	13.0-17.0
RBC COUNT	4.60	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.2	%	●	41-53
MCV	91.7	fl	●	83-101
MCH	32.1 *	pg	●	27-32
MCHC	35.0 *	%	●	31.5-34.5
RDW	14.3 *	%	●	11.8-14.0
WBC Count	6000	/cu mm	●	4000-10000
Platelet Count	1.32 *	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	35	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	19 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		
Epithelial Cells	Occasional/hpf			

Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	81 *	U/L	●	10-40
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	78	U/L	●	53-128
AST (SGOT) - SERUM	42	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	231 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	49	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	91	mg/dL	●	70-99

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

UHID : AGHL.0001462583

Date : 03/03/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	55	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	163 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	13	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.1	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	6.3	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	147	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.6	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	7.9 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	1.1	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4		●	1.0-2.0

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

CARDIOLOGY

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

UHID : AGHL.0001462583

Date : 03/03/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080

Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. NAVIN KUMAR SUREKA (55 /M)

UHID : AGHL.0001462583

Date : 03/03/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS)

AHC No : AMHLAH143080
