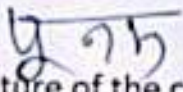




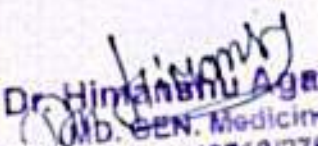
## MEDICAL FITNESS CERTIFICATE

This is to certify that Mrs. Poonam Verma spouse of jairam Kumawat aged 35 Yr .based on the examination, I certify that She is in good mental and physical health and is free from any physical defects such a deafness, colour blindness, and chronic or contagious diseases.

  
Signature of the candidate

Place: G.H.R.C Sikar

Date 29/03/2024.

  
Dr. Himanshu Agarwal  
MD. GEN. Medicine  
G. H. R. C. - Sikar  
MD.GEN.Medicine

RMC No-43718/27910

G.H.R.C-Sikar

Gurukripa Circle, Jyoti Nagar, Piprali Road, Sikar (Raj.) 332001

Ph. : 01572-244548 Fax No. : 01572-254255

E-mail : gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in

Helpline : +91-99823-77675

P.T. Name : Mrs. POONAM VERMA  
 Age : 35-0-0 Y/M/D  
 Reg No : UHID195156  
 Consultant : DR. MARIF + *Dr Himanshu*  
 Department : GENERAL MEDICINE  
 Cr. Reg No. :  
 Category : TPA

Date/Time : 26-03-2024 / 7:13PM  
 Sex : Female  
 Mobile No : 9785490229  
 OPD No. : 5  
 Dr Room No : 106  
 User Name : SIDHARTH  
 Address : SIKAR

BP : *120/80* H/O Diabetes :-  
 Pulse :- *92* H/O Drug Allergy :-  
 SpO2 :- *99%* H/O HTN :-  
 weight > *66 kg* H/O surgery :-  
 Asthma :- LMP (For Female) :-  
 Current Medications :- *height - 163*

Presenting Complaints :-  
*Chm Coughs*

Provisional/Final Diagnosis :-

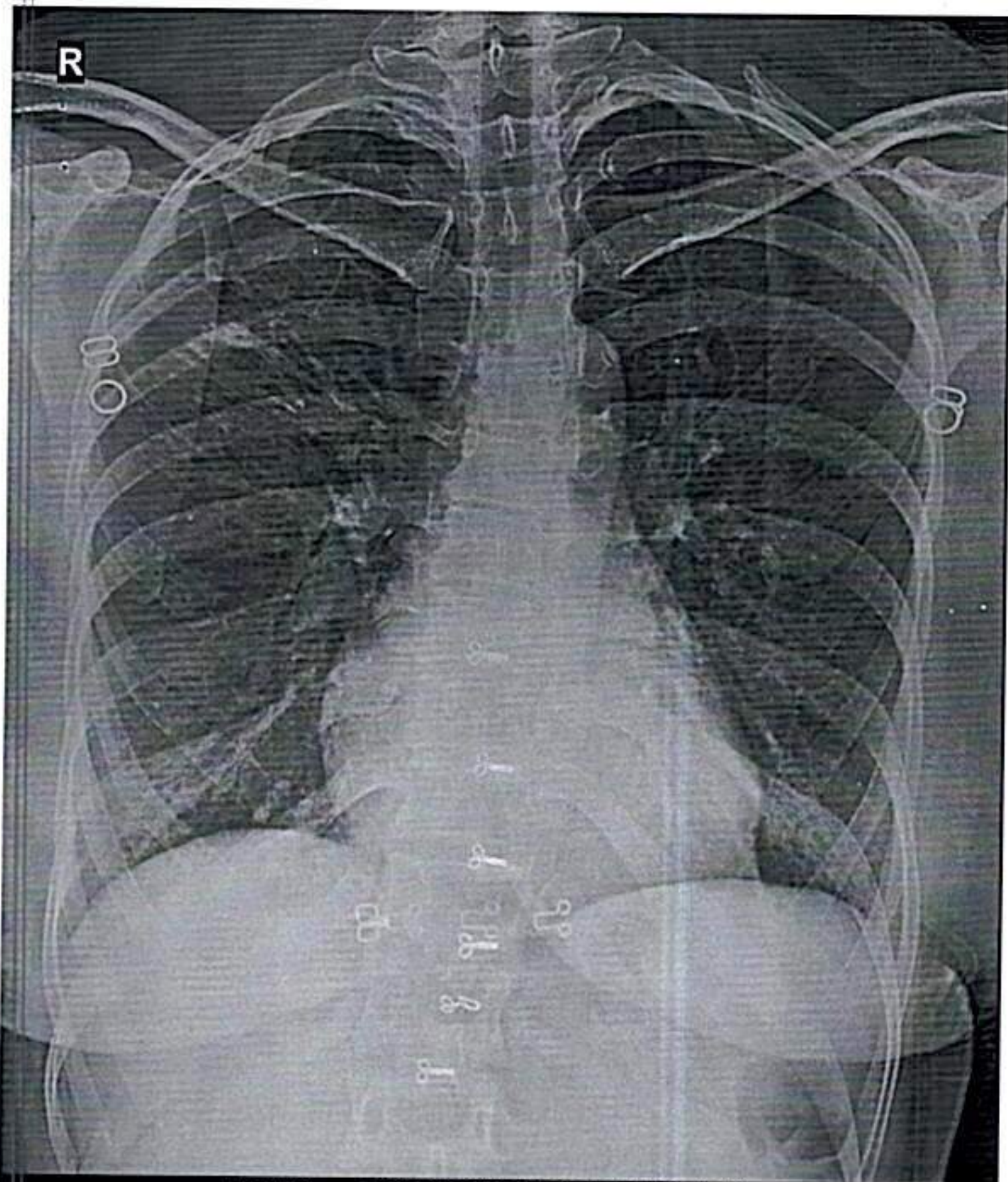
Systemic/local Examination :-

Rx :-

Investigation Advised :-  
 • *Routine Sugar*  
 • *Pest mandral*

*Dr Himanshu*  
**Dr. Himanshu Agarwal**  
 MD. GEN. MEDICINE  
 R.M.C No. - 43718/27910  
 G. P. It. G. Sikar

Review after..... days  
 On dated.....



poonam

F CHEST,PA VIEW 23-Mar-24 11:11 AM

GURUKRIPA HOSPITALS, SIKAR



# GURUKRIPA HOSPITAL RESEARCH CENTRE PVT.LTD.

Gurukripa Circle, Jyoti Nagar, Piprali Road, Sikar (Raj.) 332001

PH.: 01572-244548 Helpline :- +91-9571883826

email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



10-2021-0867

Name : Mrs. POONAM VERMA	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 35 Y / F	Accession No. : 21240323025	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-151245	



Registration No



Accession No

## COMPLETE BLOOD COUNT

Sample Collected: 23/03/2024 9:29AM

Report Gen At : 23/03/2024 5:25PM

Sample Type: WHOLE BLOOD

Test Name	Status	Results	Unit	Biological Reference Range
Hemoglobin (Hb%)		13.0	gm/dl	11-15
TLC.		6500	/CU MM	4,000-11,000
DLC				
Neutrophils	H	65	%	56-62
Lymphocytes		30	%	20-50
Eosinophils		03	%	1-6
Monocytes		02	%	0-5
Basophils		00	%	0-1
Red Cell Count (TRBC)		4.57	million/cumm	3.5-5.0
PCV/HCT		37.4	%	36-46
MCV		82.0	f	80-95
MCH		28.4	pg	26.5-33.5
MCHC		34.9	g/dl	31.5-35.0
Platelet Count		3.35	Lakhs/cumm	1.50-4.50

Remarks :

## HAEMATOLOGY REPORT

Sample Collected: 23/03/2024 9:29AM

Report Gen At : 23/03/2024 5:23PM

Sample Type: ,

Test Name	Status	Results	Unit	Biological Reference Range
ESR		14	mm/hr	0.0-15.0

Remarks :

*Pooja Agarwal*  
Dr. Pooja Agarwal

MD (Pathologist)

Reg. No. 31402/16727

G. H. R. C., Sikar

*TECHNOLOGIST*  
TECHNOLOGIST

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE



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email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



11-2023-0867

Name : Mrs. POONAM VERMA	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 35 Y / F	Accession No. : 21240323025	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-151245	

## BIOCHEMISTRY

Sample Collected: 23/03/2024 9:29AM		Report Gen At : 23/03/2024 5:22PM		
Sample Type: ,				
Test Name	Status	Results	Unit	Biological Reference Range
BLOOD SUGAR (RANDOM)	L	66.0	mg/dl	70-140
LIPID PROFILE				
TOTAL CHOLESTROL	H	222.6 ✓	mg/dl	0-200
TRIGLYCERIDES		128.6	mg/dl	0-150
HDL CHOLESTROL		50.1	mg/dl	40-88
LDL CHOLESTROL	H	146.78	mg/dl	25-60
VLDL CHOLESTROL		25.72	mg/dl	0-100
Remarks :				

## LIVER FUNCTION TEST

Sample Collected: 23/03/2024 9:29AM		Report Gen At : 23/03/2024 5:23PM		
Sample Type: ,				
Test Name	Status	Results	Unit	Biological Reference Range
SGOT (AST)		21.7	U/L	0-40
SGPT (ALT)		23.3	U/L	0-40
BILIRUBIN (TOTAL)		0.59	mg/dl	0.00-1.10
BILIRUBIN DIRECT		0.13	mg/dl	0.00-0.25
BILIRUBIN INDIRECT		0.46	mg/dl	0.00-1.10
TOTAL PROTEIN	L	6.24	g/dL	6.6-8.3
ALBUMIN		4.13	g/dl	3.5-5.0
GLOBULIN		2.11	g/dl	2.0-3.0
A/G RATIO		1.96		1.0-2.3
ALKALINE PHOSPHATASE		94.3	/CUMM	40-140
Remarks :				

## RENAL FUNCTION TEST

Sample Collected: 23/03/2024 9:29AM	Report Gen At : 23/03/2024 5:23PM
-------------------------------------	-----------------------------------

*Pathologist*  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/18727  
 G. H. R. C., Sikar

*Technologist*  
**TECHNOLOGIST**

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email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



Name : Mrs. POONAM VERMA	Reg. No : OutSide	IPD/OPD : OPD
Age/Sex : 35 Y / F	Accession No. : 21240323025	Category : TPA
Consultant : SELF	Bill / IPD No. : 23-151245	

Test Name	Status	Results	Unit	Biological Reference Range
<b>RENAL PROFILE</b>				
UREA		28.6	mg/dl	15-45
CREATININE	L	0.59	mg/dl	0.60-1.40
URIC ACID		3.89	mg/dl	2.5-6.0
SODIUM		141.3	mmol/L	133-150
POTASSIUM		4.13	mmol/L	3.5-5.5
CHLORIDE		99.0	mmol/L	95-110

Remarks :

## CYTOLOGY REPORT

Sample Collected: 23/03/2024 9:29AM	Report Gen At : 23/03/2024 5:24PM			
Sample Type:				
Test Name	Status	Results	Unit	Biological Reference Range
URINE SUGAR PP		NIL		-

Remarks :

## CLINICAL PATHOLOGY REPORT

Sample Collected: 23/03/2024 9:29AM	Report Gen At : 23/03/2024 5:23PM			
Sample Type:				
Test Name	Status	Results	Unit	Biological Reference Range
URINE SUGAR FASTING		NIL	-	-

Remarks :

*Pooja*  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE

TECHNOLOGIST  
*[Signature]*



Name	:Mrs.POONAM VERMA	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:35 Y/Female	Lab No.	:21240323025	consultant	:SELF
Ref. Dr.		Receipt no	: 23-151245	Location/Bed.No	1,

Sample Collected at: 23/03/2024 8:43:10

Report Gen at: 23/03/2024 5:24:27 PM

AM8:43AM



Accession No

### IMMUNOLOGY REPORT



Registration No

#### THYROID PROFILE

TRIIODOTHYRONINE ( T3 )	1.09	ng/ml	0.60 - 1.78
THYROXINE (T4)	10.29	ug/dl	4.82 - 15.65
THYROID STIMULATING HORMONE (TSH)	2.65	uIU/ml	0.38 - 5.33

Chemiluminescence

#### Interpretation:

**Note 1.** TSH levels are subject to circadian variation, reaching peak levels between 2 - 4 a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% hence time of the day has influence on the measured serum TSH concentrations.

**2.** Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

#### Clinical Use:

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic - Pituitary hypothyroidism
- Inappropriate TSH secretion
- Nonthyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood

#### IN PREGNANCY REF RANGE of TSH

First trimester	0.60 - 3.4 mIU/mL
Second trimester	0.37 - 3.6 mIU/mL
Third trimester	0.38 - 4.0 mIU/mL

**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 21402/18727  
 G. H. R. C., Sikar

**TECHNOLOGIST**

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE



Name	:Mrs.POONAM VERMA	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:35 Y/Female	Lab No.	:21240323025	consultant	:SELF
Ref. Dr.		Receipt no	: 23-151245	Location/Bed.No	:

Sample Collected at: 23/03/2024 8:43:10

Report Gen at: 23/03/2024 5:22:38 PM

AMS-43AM



### BIOCHEMISTRY



Accession No

Registration No

#### HbA1C (GLYCOSYLATED Hb)

Test Value : 7.4 %  
 Estimated Average Glucose : 186.0 mg/dl

#### GUIDE VALAUE-

The following hemoglobin A1C range may be used for interpretation of result. However, factors such as duration of diabetes adherence to therapy and the age of patient should also be considered in assessing the degree of blood glucose control. These values are for nonpregnent individuals.

Hemoglobin A 1c (%)	Degree of glucose control
> 8	Action Suggested
7 - 8	Good Control
< 7	Goal
6-7	Near Normal Glycemia Z

*looks*  
 PATHOLOGIST  
 Dr. Pooja Agarwal  
 MD (Pathologist)  
 Reg. No. 31402/18727  
 G. H. R. C., Sikar

TECHNOLOGIST

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE





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email: gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in



N-3021-0807

Name	:Mrs.POONAM VERMA	Reg. No.	:Outside	IPD/OPD Status	:OPD
Age/Sex	:35 Y/Female	Lab No.	:21240323025	consultant	:SELF
Ref. Dr.		Receipt no	: 23-151245	Location/Bed.No	:

Sample Collected at: 23/03/2024 8:43:10

Report Gen at: 23/03/2024 5:23:45 PM

AM9-43AM



Accession No

## CLINICAL PATHOLOGY REPORT



Registration No

### Urine Routine Examination Report

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>
COLOR	Pale Yellow	
APPEARANCE	CLEAR	
PH	6.0	
SPECIFIC GRAVITY	1.030	
ALBUMIN	NIL	
SUGAR	NIL	
RBC	NIL	
PUS CELLS	2-3	0-0/HPF
EPITHELIAL CELL	1-2	0-1/HPF
CASTS	NIL	0-1/HPF
CRYSTALS	NIL	0-0/HPF
BACTERIA	NIL	0-0/HPF
OTHER	NIL	0-0/HPF

*Pooja*  
**PATHOLOGIST**  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/18727  
 G. B. P. G. Sikar

*Technologist*  
**TECHNOLOGIST**

THIS REPORT IS NOT VALID FOR MEDICO-LEGAL PURPOSE

686 23/03/24 10:44

HR : 90 bpm BP : / mmHg

Interpretation : (Minnesota Code) 9\_1 Low voltage QRS.

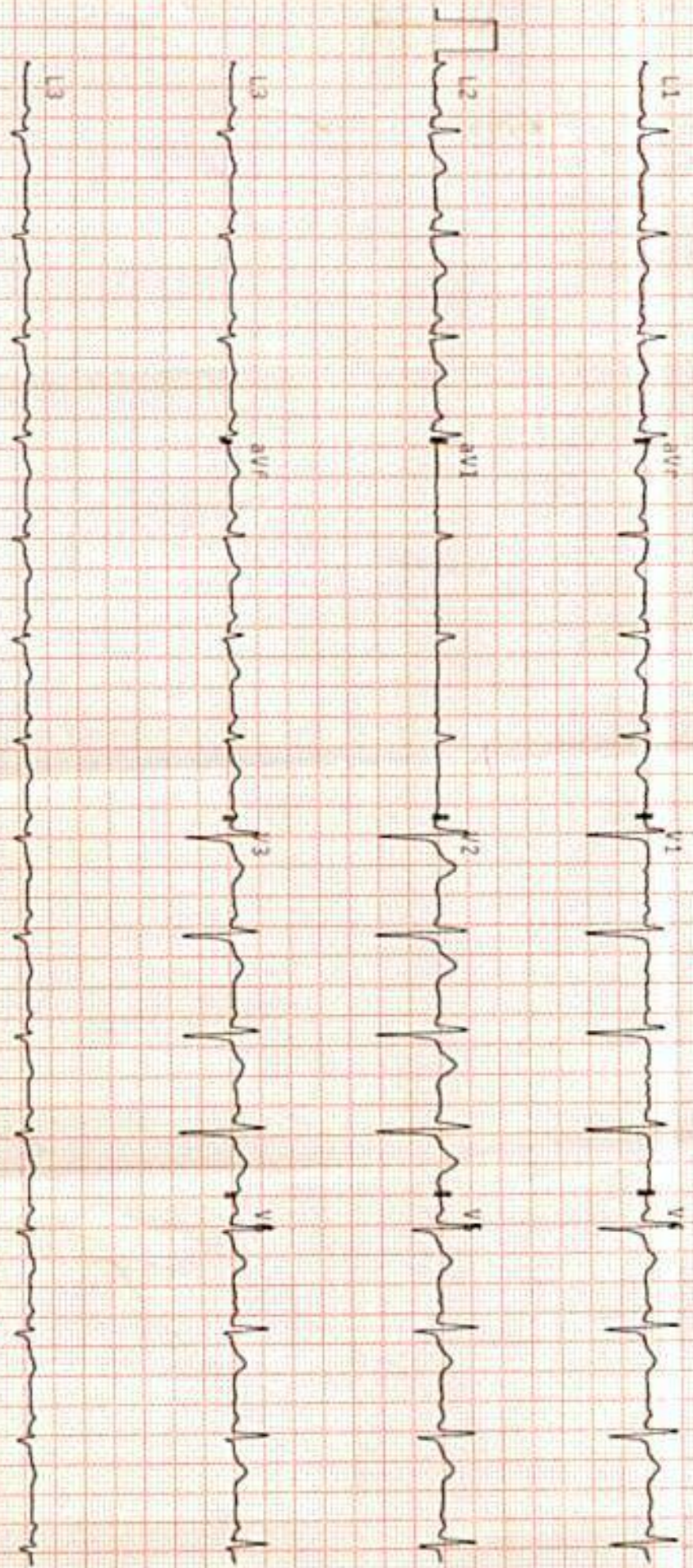
Room ID : 0  
Name : **Poonam**  
Gender : -  
Height : 000 (cm)

Age : 000 (Yrs)  
Weight : 000 (kg)  
Axes (deg) P : 51  
QRS : 20  
T : 50

Intervals (msec) PR:155, QRS: 90  
QT:367, QTc:450  
ST: 68

**Dr. J. K. Soni**  
DM CARDIOLOGY

REG. NO. 275772



HR900 (v:2.10) Magn:25 mm/5 10 mm/mV

Unconfirmed report. Kindly correlate clinic



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E-mail : gurukripahospitals@gmail.com, www.gurukripahospitals.co.in



H-2021-0867

PATIENT: - PUNAM VERMA	AGE: 35 YRS.	UHID NO.
REF BY- DR.	SEX- F	DATE: - 26-Mar-24

## USG WHOLE ABDOMEN

- LIVER** Normal in size, shape & echotexture. No focal lesion is seen. IHBR not dilated. Intra Hepatic portion of IVC is normal.
- PORTAL VEIN** Normal.
- GB** Partially distended with clear lumen & normal wall thickness. No abnormal radio opaque calculus is noted.
- CBD** Normal.
- PANCREAS** Normal in size, shape & echotexture. No focal lesion is seen. MPD is not dilated. No pancreatic calcification is noted.
- SPLEEN** Normal in size, shape & echotexture. No focal lesion is seen. Splenic vein is normal.
- RE. KIDNEY** Normal in size, shape, position and echotexture. PC system is not dilated. CM differentiation is normal.
- Lt. KIDNEY** Normal in size, shape, position and echotexture. PC system is not dilated. CM differentiation is normal.
- UB** Lumen is echofree. Wall thickness is normal. B/L UVJ are clear. No calculus or any mass lesion seen in urinary bladder.
- UTERUS** Uterus is normal in size, shape and echotexture. Endometrial thickness is normal. No focal lesion is seen. **Cervix is bulky ~ 40 mm. with few nabothian cysts.**
- ADNEXA** B/L ovaries are normal in size. No focal lesion is seen.

- No ascites or lymphadenopathy seen.

**IMPRESSION:** Bulky cervix with few nabothian cysts,

Dr. Yemika Dhayal  
MD Radio Diagnosis  
Reg. No. 506/821538  
Sikar  
**DR. YEMIKA DHAYAL**  
**MD RADIO DIAGNOSIS**



बेटी बचाओ-बेटी पढ़ाओ

एक लिंग परीक्षण कारखाना अथवा अपराध है इसकी ज़िकाफत टोल फ्री नम्बर 104/108 पर की जा सकती है।

Form B is over Leaf...





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E-mail : gurukripahospitals@gmail.com, www.gurukripahospitals.co.in



H-2021-0867

## 2-D ECHO COLOUR DOPPLER REPORT

NAME:- MRS:-PUNAM VARMA

AGE:-35Y/Sex:-F

Date:-23-MARCH-2024

### LEFT VENTRICLE:

Size : Normal  
Wall Motion : Normal

### LEFT ATRIUM

Diameter :- 30mm

### Dimensions (2D / M-mode)

LVID D 43 mm  
LVID S 28 mm  
EF 60%  
PW (d) 8 mm IVS (D) 9mm  
PW (S) 10 mm IVS (S) 11mm

### RIGHT VENTRICLE

RVI D (d) :- 25mm

MITRAL VALVE:- NORMAL

### LV Inflow Doppler:-

Peak E 0.5m/sec Peak A Vel 0.7m/sec

Mitral Regurgitation:-TRIVIAL

Tricuspid Regurgitation:-MILD(24+RAP)

AORTIC VALVE:- NIL

AORTIC Regurgitation:-NIL

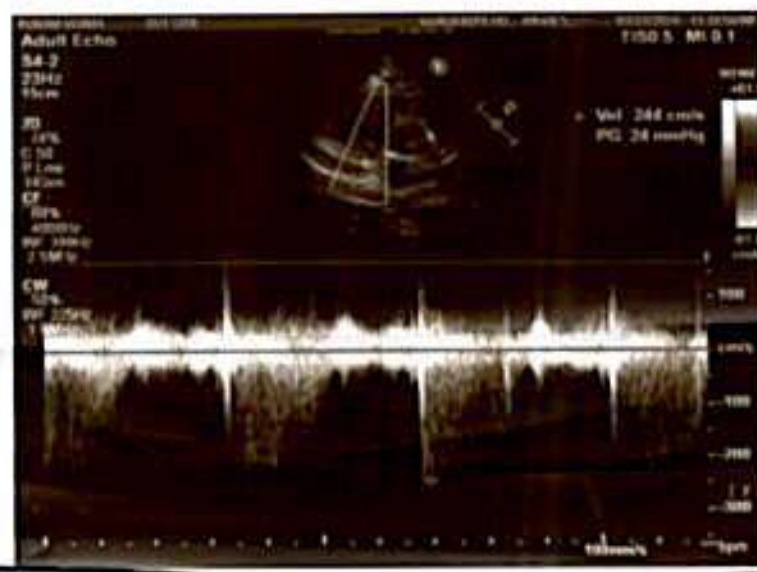
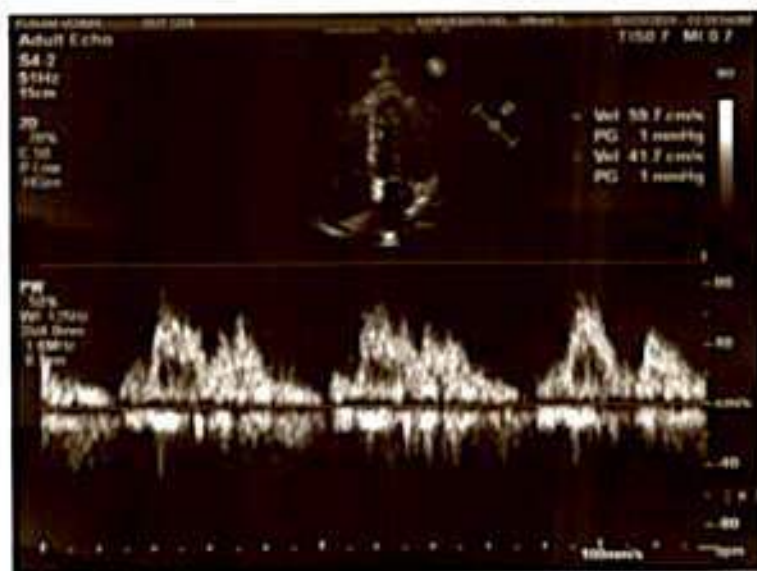
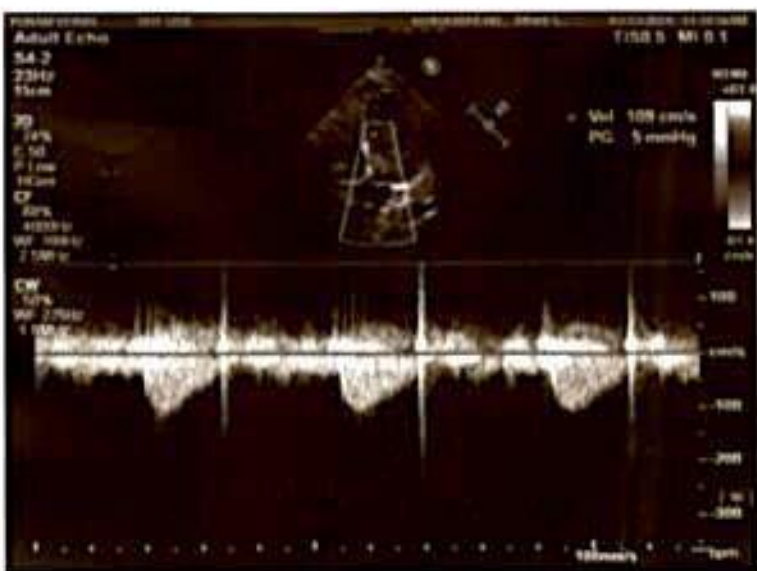
PERICARDIUM:- NORMAL

### IMPRESSION:

- NO RWMA
- TRIVIAL MR,MILD TR(24+RAP),NO AR
- DIASTOLIC FUNCTION NORMAL
- NORMAL LV SYSTOLIC FUNCTION, EF-60%
- No Intra Cardiac clot/vegetation/ Pericardial effusion

DR. SONU K. SONIL  
(REG NO 27757)  
MD, D.M. (Cardiology)  
REG NO: 27757/23597







गुण  
" 7014801364 "