

MRS Rina Kaushik

Age - 46 YIB

~~46~~ 46/F

BP - 140/80  
PR - 86/ct  
wt - 74 kg  
HT - 149 cm  
BMI - 33.3  
BP - 120/80

On Routine check  
Lunch

Lab noted

Ad

- SPM  
- Weight Reduction

- 140 Active Joint  
0-1-0

S. Akhwar



Dr. Varsha Zanwar  
D.N.B. (Medicine)  
Reg. No. C.G.M.C 2707/2009  
Apollo Clinic, Raipur

25/02/23

Mrs. Rina Kaushik  
Age - 46y/f

25/2/23

S/B Dr Kunika Samant

Mrs Rina

o/p. sneezing.  
mouth Breathing. }  
Allergy to dust. }

o/e: Ears: b/e TM intact  
Nose: hypertrophied inferior turbinates  
Throat: NAD.

△ Allergic Rhinitis. E OSAP.

Acw

weight-loss  
yoga  
start 9/11

R

- XYLONIST Nasal drops x ①  
2° - 2° - 2° 7 days.
- T. BELASTINE-M x ⑩  
0-  
9/12

10 days.



*Dr*

25/02/2023

Mrs. Rina Kausik 46F

P<sub>2</sub>A<sub>2</sub> (13yrs 5mo 18cs)  
P<sub>2</sub>A<sub>1</sub> (4 1/2 yrs 0 NVD.)

MAP =  
menopausal for  
last 3yrs

S. prolactin, S. FSH  
= 8.78 mIU, 73 IU  
with O<sub>3</sub> levels.

P<sub>1</sub>A — ~~log~~ Nonleid  
P<sub>2</sub>S — ex regular  
menses P<sub>2</sub>S ⊕ ut  
P<sub>2</sub>V — ut R v small C<sub>9</sub>  
B/l b/pe  
Hx c/epoh

USG — 8.7 x 4.2 x 3 cm  
wt 76cc

ET = 3.1 mm

(No)



Tab. Diclofenac 2000  
Tab. Cenofol 100  
Cef. Tab. cenofol CL pessary 145 x 3 angib

**Dr. Sweety Lath**

BDS (Cosmetic Dental Surgeon)



**Dr. Vivek Lath**

Chief Dental Consultant  
BDS, MDS, Diplomate (WCOI, Japan)  
Professor, MCDRC - Durg  
Reg. No. CGDC/14/PG/45

- Consult for : Digital Dentistry • Fixed Teeth • RCT • Dental Implants • Gums Diseases • Dentures • Cosmetic Filling • Tooth Jewellery
- Digital OPG • Braces Treatment • Tooth Removal • Kids Dental Treatment • All Kind of Dental Surgeries

Mrs. Kina Kaushtik  
416/14

25/2/2023

Clear It came for routine dental check up

Sp. stain & cal. e.

Adv. oral prophylaxis.

1  
Sweety



Apollo Clinic

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Email : raipur1@apolloclinic.com

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www.apolloclinic.com

**NAME OF PATIENT: MRS. RINA KAUSHIK**

**AGE 46YRS / FEMALE**

**REFERRED BY: BOB**

**DATE: 25/02/2023.**

**CHEST X - RAY PA VIEW**

**FINDINGS:**

- Both the domes of diaphragm and CP angles are normal.
- Both the hila and mediastinum are normal.
- Both the lung fields are clear. No e/o focal parenchymal lesion.
- Cardio-thoracic ratio is normal.
- Soft tissues and bony cage are unremarkable.

**IMPRESSION:**

- **NO SIGNIFICANT ABNORMALITY SEEN.**

**Advised: Clinical correlation and further evaluation if clinically indicated.**



**Dr. Zeeshan Ateeb Dani**  
M.B.S. 110  
**DR. ZEESHAN ATEEB DANI**  
Consultant Radiologist (MD)  
Reg. No. CONSULTANT RADIOLOGIST

**This report is for perusal of the doctor only not the definitive diagnosis; findings have to be clinically correlated. This report is not for medico-legal purposes.**

**PATIENT NAME: MRS. RINA KAUSHIK**  
**REF BY: BOB**

**AGE / SEX: 46Y/F**  
**DATE: 25/02 /2023**

**SONOGRAPHY BILATERAL BREASTS**

**FINDINGS:**

- Both breast tissues are symmetrical and appear normal in size and echotexture.
- No evidence of any focal mass lesion or any collection seen.
- Nipple, areola and subareolar region also appear normal.
- Bilateral axilla visualised normal without any evidence of lymphadenopathy.

**IMPRESSION:**

- **USG BREAST WITHIN NORMAL LIMITS.**  
**Advised clinical correlation and further evaluation.**



**Dr. Zeeshan Ateeb Dani**  
MBBS, MD  
Consultant Radiologist  
**DR. ZEESHAN ATEEB DANI**  
(MD)  
**CONSULTANT RADIOLOGIST**

This report is for perusal of the doctor only not the definitive diagnosis; findings have to be clinically correlated. Ultrasound has its limitations in obese patients and in retroperitoneal organs. All congenital abnormalities cannot be detected on ultrasound. Sex of the fetus is not determined here. This report is not for medico-legal purposes.

**PATIENT NAME: MRS. RINA KAUSHIK**  
**REF BY: BOB**

**AGE / SEX: 46YRS/F**  
**DATE: 25 .02.2023**

**USG ABDOMEN**

**Liver:** Liver is enlarged in size 15.6 cm smooth in outline & echotexture. IHBR's are not dilated. CBD is not dilated. Portal vein and hepatic veins are normal.

**Gall bladder:** - Distended & normal.

**Pancreas & Paraaortic Region:** Normal.

**Spleen:** Is normal in size measures cm, and echotexture.

Kidneys	RIGHT	LEFT
SIZE	9.9X3.8Cm	10.4x4.3Cm
CORTICAL ECHOGENICITY	Normal	Normal
CORTICOMEDULLARY DIFFERENTIATION	Maintained	Maintained
PCS	Not Dilated	Not Dilated
Any other remarks	Nil	Nil

**Urinary bladder:** Distended & normal.

**Uterus** is normal in size ( 8.7 x4.3x 3 cm, Vol. – 76 cc ) and echotexture. Endometrial thickness 3.1 mm.

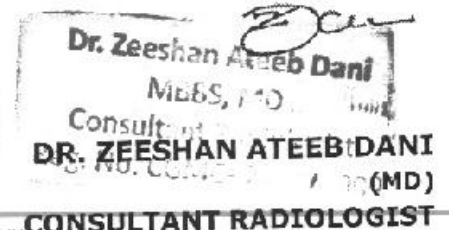
**Bilateral Adnexa** Normal

No evidence of free fluid in abdomen or pelvis.

**IMPRESSION:**

- HEPATOMEGALY WITH GRADE – I FATTY LIVER.

Advised clinical correlation/further evaluation if clinically indicated.



ID: 335  
MRS RINA KAUSHIK  
Female 46Years

25-02-2023 09:42:42 AM

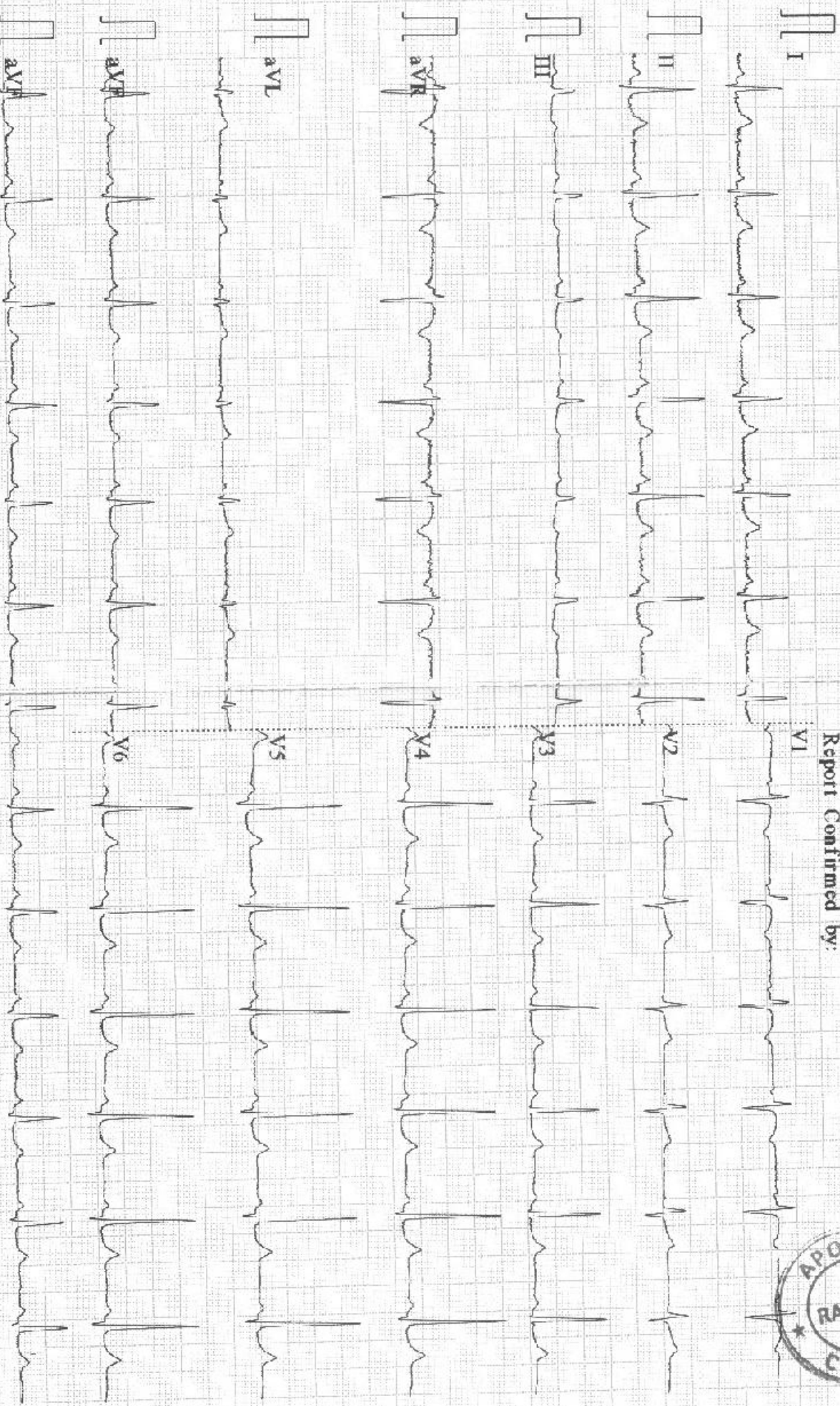
HR : 78 bpm  
P : 94 ms  
PR : 130 ms  
QRS : 80 ms  
QT/QTc : 362/413 ms  
P/QRS/T : 53/54/33  
RV5/SV1 : 1.786/0.580 mV

Diagnosis Information:

Sinus rhythm  
Normal ECG

Dr. Varsha Zanwar  
D.N.B. (Medicine)  
Reg. No. C.G.M.C.2707/2009  
Apollo Clinic, Raipur

Report Confirmed by:





**EXAMINATION OF EYES :- ( BY OPHTHALMOLOGIST )**

Patient Name Mrs. Rina Kaurhik

Date 25/02/23

Sex/Age 46y/F

MR No .....

Employee Id .....

<b>EXTERNAL EXAMINATION</b>					NAD
<b>SQUINT</b>					NO
<b>NYSTAGMUS</b>					
<b>COLOUR VISION</b>					NORMAL
<b>FUNDUS:(RE):-</b>		WNL	<b>(LE):-</b>		WNL
<b>INDIVIDUAL COLOUR IDENTIFICATION</b>					Good
<b>DISTANT VISION:(RE):-</b>		5/60 E 6/6	<b>(LE):-</b>		6/60 E 6/6
<b>NEAR VISION:(RE):-</b>		18 E 46	<b>(LE):-</b>		18 E 46
<b>NIGHT BLINDNESS</b>					NAD
	<b>SPH</b>	<b>CYL</b>	<b>AXIS</b>	<b>ADD</b>	
<b>RIGHT</b>	-3.50			+1.75 Dr. Vilas MBBS, MS (Ophth) Reg. No. CGMC 62/2006	
<b>LEFT</b>	-2.0	-1.0	80		
<b>REMARKS :-</b>					





Patient Name : Mrs. RINA KAUSHIK  
 UHID/MR No. : FRAI.0000027107  
 Visit Date : 25-02-2023 15:55  
 Sample Collected on : 25-02-2023 16:29  
 Ref Doctor : Bank of Baroda  
 Emp/Auth/TPA ID : 4564566  
 Sponsor Name : MEDIWHEEL PVT LTD

Age / Gender : 46Y/Female  
 OP Visit No : FRA/OPV49487  
 Reported on : 27-02-2023 09:42  
 Specimen : Whole Blood  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ERYTHROCYTE SEDIMENTATION RATE (ESR) ERYTHROCYTE SEDIMENTATION RATE (ESR) Method: Westergren	20	00 - 29	mm/hr
BLOOD GROUP AND RH TYPE BLOOD GROUP Method: Slide Test	O	A, B, O, AB	
RH:	Positive	POSITIVE, NEGATIVE	
TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - ( FASTING ) GLUCOSE - ( FASTING ) Method: REAGENT GRADE WATER	94.0	60 - 120	mg/dl
GLUCOSE - ( POST PRANDIAL ) GLUCOSE - ( POST PRANDIAL ) Method: REAGENT GRADE WATER	121.0	70 - 140	mg/dl
KFT - RENAL PROFILE-SERUM BUN : Method: Spectrophotometric	08	7 - 20	mg/dL
Creatinine . Method: Jaffe	0.84	0.6 - 1.2	mg/dL
Uric Acid Method: Enzymatic	2.9	2.6 - 7.2	mg/dL
GLYCOSYLATED HEMOGLOBIN (HBA1C) GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD.. Method: TURBIDOMETRY	5.4	Non diabetic: <= 5.6 Pre-diabetic: 5.7 - 6.4 Diabetic: >= 6.5	%

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
RITHI JANGDE

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Dr. PRIYANKA R SAHAI  
M.B.B.S. MD  
PATHOLOGIST

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0771 4033341/42

Patient Name : Mrs. RINA KAUSHIK  
UHID/MR No. : FRAI.0000027107  
Visit Date : 25-02-2023 15:55  
Sample Collected on : 25-02-2023 16:29  
Ref Doctor : Bank of Baroda  
Emp/Auth/TPA ID : 4564566  
Sponsor Name : MEDIWHEEL PVT LTD

Age / Gender : 46Y/Female  
OP Visit No : FRAIOPV49487  
Reported on : 27-02-2023 09:42  
Specimen : Smear  
Pres Doctor:

DEPARTMENT OF LABORATORY MEDICINE

**PAP SMEAR**

**SPECIMEN** : Cervicovaginal Smears.

**GROSS** : 02 Unstained slides received.

**ADEQUACY** : Satisfactory Smears.

**MICROSCOPY** : Adequately cellular smears studied shows inflammatory cells completely obscuring the mucoid background. Endocervical cells are seen. Atrophic cellular changes noted.

**IMPRESSION** : **Negative for Intraepithelial Lesion/Malignancy (NILM) with Inflammation.**

**ADVICE** : **Kindly repeat cytology after therapy for confirmation**

**HPV testing recommended.**

End of the report

*Results are to be correlated clinically*

Lab Technician / Technologist  
RITU\_JANGDE



Dr. PRIYANKA R SAHAI  
M.B.B.S, MD  
PATHOLOGIST



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**Sponsor Name** : MEDIWHEEL PVT LTD

**Age / Gender** : 46Y/Female  
**OP Visit No** : FRAIOPV49487  
**Reported on** : 27-02-2023 09:42  
**Specimen** : Serum  
**Pres Doctor:**

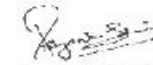
DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LFT WITH GGT</b>			
TOTAL BILIRUBIN (DPD) Method: Enzymatic	0.6	0.1 - 1.2	mg/dl
DIRECT BILIRUBIN (DPD) Method: Spectrophotometric	0.2	0.05 - 0.3	mg/dl
INDIRECT BILLIRUBIN Method: Spectrophotometric	0.4	0.1 - 1	mg/dl
SGPT/ALT (IFCC) Method: Enzymatic	26	6 - 40	U/L
SGOT/AST (IFCC) Method: Enzymatic	21	6 - 32	U/L
S.ALKALINE PHOSPHATASE Method: Spectrophotometric	75	25 - 147	IU/L
GGT (IFCC) Method: Spectrophotometric	45	5 - 80	U/L
TOTAL PROTEIN (BIURET) Method: Spectrophotometric	6.4	6 - 8	g/dl
ALBUMIN (BCG) Method: Spectrophotometric	3.9	3.5 - 5.0	g/dl
S.GLOBULIN Method: Spectrophotometric	2.5	1.5 - 3.6	g/dl
S.A/G RATIO Method: Spectrophotometric	1.56		

End of the report

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RITU\_JANGDE



Dr. PRIYANKA R SAHAJ  
M.B.B.S, MD  
PATHOLOGIST

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**Ref Doctor** : Bank of Baroda  
**Emp/Auth/TPA ID** : 4564566  
**Sponsor Name** : MEDIWHEEL PVT LTD

**Age / Gender** : 46Y/Female  
**OP Visit No** : FRAIOPV49487  
**Reported on** : 27-02-2023 09:42  
**Specimen** : Serum  
**Pres Doctor:** :

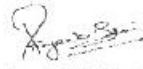
**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIPID PROFILE TEST (PACKAGE)</b>			
Total Cholesterol Method: Spectrophotometric	180.0	00 - 200	mg/dl
Triglyceride Method: Spectrophotometric	112.0	60 - 150	mg/dl
HDL Method: Spectrophotometric	43.0	35 - 60	mg/dl
LDL Method: Spectrophotometric	114.6	60 - 130	mg/dl
VLDL Method: Spectrophotometric	22.4	10 - 50	mg/dl
Cholesterol/HDL Method: Spectrophotometric	4.18		

**End of the report**

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RITU\_JANGDE



Dr. PRIMANKA R SAHAI  
M.B.B.S, MD  
PATHOLOGIST

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**Ref Doctor** : Bank of Baroda  
**Emp/Auth/TPA ID** : 4564566  
**Sponsor Name** : MEDIWHEEL PVT LTD

**Age / Gender** : 46Y/Female  
**OP Visit No** : FRAIOPV49487  
**Reported on** : 27-02-2023 09:42  
**Specimen** : Urine  
**Pres Doctor:**

**DEPARTMENT OF LABORATORY MEDICINE**


**URINE ROUTINE EXAMINATION**

Test	Result	Bio. Ref. Interval
<b>PHYSICAL EXAMINATION:</b>		
Volume of urine	25 ml	
Colour	Pale Yellow	
Specific Gravity	1.010	1.001 - 1.030
Deposit	Absent	Absent
Appearance	Clear	Clear
pH	7.0	5.0 - 7.5
<b>CHEMICAL EXAMINATION:</b>		
Protein	Absent	Absent
Sugar	Absent	Absent
Ketone Bodies	Absent	Absent
Blood	Absent	Absent
Leukocytes	Absent	Absent
Urobilinogen	Absent	Absent
Bili Pigments	Absent	Absent
<b>MICROSCOPIC EXAMINATION:</b>		
Pus Cell	4 - 6	0 - 5 / hpf
Red Blood Cells	Not Seen	0 - 2 / hpf
Epithelial Cells	2 - 4	0 - 5 / hpf
Cast	Not Seen	Not seen
Crystals	Not Seen	Not seen

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
RITU\_JANGDE

  
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 M.B.B.S, MD  
 PATHOLOGIST

Apollo Clinic

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 **+91 96918 26363**

 **0771 4033341/42**



**PATIENT DETAILS**

<b>NAME:</b>	<b>RINA KAUSHIK</b>	<b>REFERENCE NO:</b>	<b>RBBHTCCBSH070270</b>
<b>D/S/W/O:</b>		<b>Age:</b>	<b>46 yr</b>
<b>Address:</b>	<b>RAIPUR</b>	<b>Contact No:</b>	
<b>Sample received on:</b>	<b>25/02/2023 @ 21:20</b>	<b>Reported on:</b>	<b>26/02/2023 @ 16:00</b>
<b>Repeat Sample, if any:</b>	<b>NA</b>	<b>Reported on:</b>	<b>NA</b>
<b>Referred by:</b>	<b>APOLLO CLINIC</b>	<b>Hospital / Lab ID:</b>	<b>APOLLO CLINIC</b>
		<b>Gender:</b>	<b>FEMALE</b>
		<b>STATUS:</b>	<b>FINAL</b>
		<b>STATUS:</b>	<b>FINAL</b>

**BIOCHEMISTRY**

Test	Specimen	Result	Units	Reference Range
<b>Vitamin D, Total,</b>	<b>Blood, Serum</b>	<b>37.41</b>	<b>ng / ml</b>	<b>&lt; 20 = Deficient</b>
<b>VITD (25-OH VITD)</b>				<b>20 – 29 = Insufficient</b>
				<b>30 – 100 = Sufficient</b>
				<b>&gt; 100 = Potential Toxicity</b>

**COMMENTS:**

Vitamin D helps your body absorb calcium and maintain strong bones throughout your entire life. Your body produces vitamin D when the sun's UV rays contact your skin. Other good sources include fish, eggs, and fortified dairy products. It's also available as a dietary supplement. Vitamin D must go through several processes in your body before your body can use it. The first transformation occurs in the liver. Here, your body converts vitamin D to a chemical known as 25-hydroxyvitamin D, also called calcidiol.

The 25-hydroxy vitamin D test is the best way to monitor vitamin D levels. The amount of 25-hydroxyvitamin D in your blood is a good indication of how much vitamin D your body has. The test can determine if your vitamin D levels are too high or too low. It can be an important indicator of osteoporosis (bone weakness) and rickets (bone malformation) and can also be used to screen people with low vitamin D levels. People who are at high risk of having low levels of vitamin D include:

- people who don't get much exposure to the sun
- older adults
- people with obesity
- babies who are breastfed only (formula is usually fortified with vitamin D)
- people who have had gastric bypass surgery
- people who have a disease that affects the intestines and makes it difficult for the body to absorb nutrients, such as Crohn's disease

Printed on: www.healthcare.com/health/25-hydroxy-vitamin-d-test/01/2018





**PATIENT DETAILS**

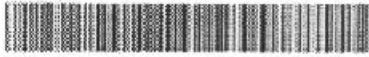
<b>NAME:</b>	<b>RINA KAUSHIK</b>	<b>REFERENCE NO:</b>	<b>RBBHTCCBSH070270</b>
<b>D / S / W O:</b>		<b>Age:</b> 46 yr	<b>Gender:</b> FEMALE
<b>Address:</b>	<b>RAIPUR</b>	<b>Contact No:</b>	
<b>Sample received on:</b>	<b>25/02/2023 @ 21:20</b>	<b>Reported on:</b>	<b>26/02/2023 @ 16:00</b>
<b>Repeat Sample, if any:</b>	<b>NA</b>	<b>Reported on:</b>	<b>NA</b>
<b>Referred by:</b>	<b>APOLLO CLINIC</b>	<b>Hospital / Lab ID:</b>	<b>APOLLO CLINIC</b>
		<b>STATUS:</b>	<b>FINAL</b>
		<b>STATUS:</b>	<b>FINAL</b>

**HORMONAL ASSAY**

Test	Specimen	Result	Units	Reference Range
# Thyroid Panel, <b>TFT, TOTAL</b>				
• Triiodothyronine, <b>T3</b>	Blood, Serum	1.37	ng / ml	0.87 – 1.78
• Thyroxine, <b>T4</b>	""	8.22	µg / dL	6.0 – 12.2
• Thyroid stimulating hormone, <b>TSH</b>	""	3.60	µIU / ml	0.4 – 5.0

**Indicative Interpretation:**

TSH	Free T4	Free or total T3	Probable Inference
High	Normal	Normal	Mild (subclinical) hypothyroidism
High	Low	Low or Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) hyperthyroidism
Low	High or normal	High or normal	Hyperthyroidism
Low	Low or normal	Low or normal	Non-thyroidal illness; pituitary (secondary) hypothyroidism
Normal	High	High	Thyroid hormone resistance syndrome



**PATIENT DETAILS**

<b>NAME:</b>	RINA KAUSHIK	<b>REFERENCE NO:</b>	RBBHTCCBSH070270
<b>D/S/WO:</b>		<b>Age:</b>	46 yr
<b>Address:</b>	RAIPUR	<b>Contact No:</b>	
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<b>Repeat Sample, if any:</b>	NA	<b>Reported on:</b>	NA
<b>Referred by:</b>	APOLLO CLINIC	<b>Hospital / Lab ID:</b>	APOLLO CLINIC
		<b>Gender:</b>	FEMALE
		<b>STATUS:</b>	FINAL
		<b>STATUS:</b>	FINAL

**REPRODUCTIVE HORMONES**

Test	Specimen	Result	Units	Reference Range
Prolactin, PRL	Blood, Serum	10.28	ng / ml	<b>Males: 1.5 – 19.0</b> <b>Females:</b> Non Pregnant: 2.0 – 29.0 Pregnant: 10 - 209

**COMMENTS:**

A prolactin (PRL) test measures how much of a hormone called prolactin you have in your blood. The hormone is made in your pituitary gland, which is located just below your brain. When women are pregnant or have just given birth, their prolactin levels increase so they can make breast milk. But it's possible to have high prolactin levels when not pregnant, and even in males. Your doctor may order a prolactin test when you report having the following symptoms:

**For women -** Irregular or no periods, Infertility, Breast milk discharge when you're not pregnant or nursing, Tenderness in your breast, Menopausal symptoms such as hot flashes and vaginal dryness.

**For men- Decreased sex drive, Difficulty in getting an erection, Breast tenderness or enlargement, Breast milk production (very rare).**

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**NOTE: GENETIC COUNSELING ALSO AVAILABLE AT OUR CENTERS.**

Lab Incharge  
Apollo Clinic

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Dr. Mitunjal Saraf  
MD Pathology, Consultant Pathologist

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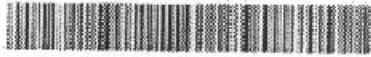
Method: Automated chemiluminescent based assay.

For more information, please contact Apollo Clinics at Raipur. Apollo Clinics is a registered trademark of Apollo Clinics. All rights reserved. This report is not valid for medico-legal purposes.

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**PATIENT DETAILS**

<b>NAME:</b>	<b>RINA KAUSHIK</b>	<b>REFERENCE NO:</b>	<b>RBBHTCCBSH070270</b>
<b>D / S / W O:</b>		<b>Age:</b>	<b>46 yr</b>
<b>Address:</b>	<b>RAIPUR</b>	<b>Contact No:</b>	
<b>Sample received on:</b>	<b>25/02/2023 @ 21:20</b>	<b>Reported on:</b>	<b>26/02/2023 @ 16:00</b>
<b>Repeat Sample, if any:</b>	<b>NA</b>	<b>Reported on:</b>	<b>NA</b>
<b>Referred by:</b>	<b>APOLLO CLINIC</b>	<b>Hospital / Lab ID:</b>	<b>APOLLO CLINIC</b>
		<b>Gender:</b>	<b>FEMALE</b>
		<b>STATUS:</b>	<b>FINAL</b>
		<b>STATUS:</b>	<b>FINAL</b>

**REPRODUCTIVE HORMONES**

Test	Specimen	Result	Units	Reference Range
<b>FSH</b> Follicle Stimulating Hormone,	Blood, serum	58.41	mIU / ml	<b>Adult Females: Menstruating:</b> Follicular: 2.5 – 10.2 Midcycle: 3.4 – 33.4 Luteal: 1.5-9.1 <b>Postmenopausal: 23.0 –&gt; 116.3</b> <b>Adult Males: 1.5 – 12.4</b>

**COMMENTS:**

**FOLLICLE-STIMULATING HORMONE (FSH)** is an important part of the reproductive system. It's responsible for the growth of ovarian follicles. Follicles produce estrogen and progesterone in the ovaries and help maintain the menstrual cycles in women. In men, FSH is a part of the development of the gonads as well as sperm production. In women, the most common reasons for an FSH test include assessing infertility problems, assessing irregular menstrual cycles, and diagnosing disorders of the pituitary gland or diseases involving the ovaries. In men, an FSH test may be done to evaluate a low sperm count, assess hypogonadism or gonadal failure and to assess testicular dysfunction. In children, an FSH test might be used to determine precocious puberty, which is early puberty and /or delayed puberty.

**NOTE: GENETIC COUNSELING ALSO AVAILABLE AT OUR CENTERS.**

Apollo Clinic  
Lab Incharge

LICENSEE : SAMRIDDHI AROGYAM PVT. LTD.

Apollo Clinic @ Tara Complex, A.T. Classic Near Ashoka Ratan, VIP Estate, Shankar Nagar Raipur (C.G.)

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Online appointments: [www.askapollo.com](http://www.askapollo.com) Online reports: <https://phr.apolloclinic.com>

\*THIS PAPER IS USED FOR CLINICAL REPORTING PURPOSE ONLY

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0771 4033341/42

Method: Automated chemiluminescent based assay.  
\*\*NOTE: Test results are for the submitted sample & represent individual values. Results should be clinically correlated and assist physicians to make medical decisions. Any discrepancy to be notified via email within 30 days of report generation. This report is not valid for medico-legal purposes.\*\*

(end of report)



232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg Date: 25-Feb-2023

Stage	Time	Duration	Belt Speed (Kmph)	Elevation	METS	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:14	0:01	00.0	00.0	01.0	87	50 %	130/80	113	00	
Standing	00:18	0:01	00.0	00.0	01.0	87	50 %	130/80	113	00	
ExStart	00:23	0:06	02.7	10.0	01.1	087	50 %	130/80	113	00	
BRUCE Stage 1	03:23	3:00	02.7	10.0	04.7	139	80 %	140/80	194	00	
PeakEx	06:14	2:51	04.0	12.0	07.0	161	93 %	140/90	225	00	
Recovery	06:43	0:29	00.0	00.0	01.8	150	86 %	140/90	210	00	
Recovery	08:13	2:00	00.0	00.0	01.0	104	60 %	140/80	145	00	
Recovery	09:13	3:00	00.0	00.0	01.0	088	51 %	140/80	123	00	

**Findings :**

Exercise Time : 05:52  
 Max HR Attained : 161 bpm 93% of Target 174 (Sys) 140/90  
 Max BP Attained : 7 Fair response to induced stress  
 Max Workload Attained : Test Complete, Heart Rate Achieved  
 Test End Reasons :

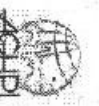
**Report :**

Report: Stress test is Negative for Reversible Myocardial Ischemia with fair function capacity.



*[Handwritten Signature]*

Doctor : DR DEEPAN DAS MBBS DIP.CARDIO

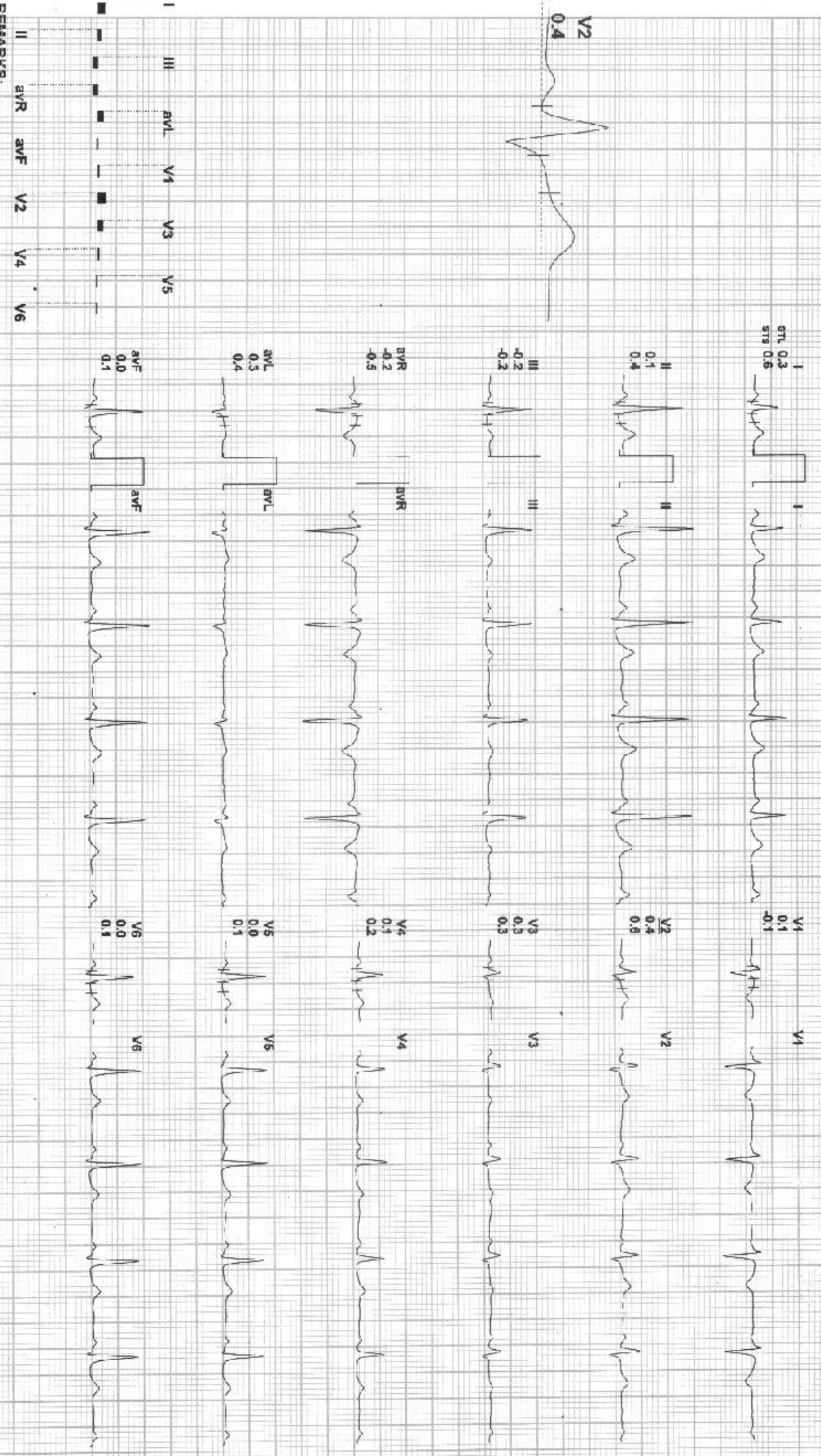


232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 87

Date: 25-Feb-2023 06:00:24 PM METS: 1.0/ 87 bpm 50% of THR BP: 130/80 mmHg Raw ECG/ BLC ON/ Notch ON/ HF 0.05 HZ/ LF 20 Hz

ExTime: 00:14 0.0 Km/h 0.0% 25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J



REMARKS:



232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 87

Date: 25-Feb-2023 06:00:24 PM METS: 1.0/ 87 bpm 50% of THR BP: 130/80 mmHg Raw ECG/BLC Or/ Noida Or/ HF 0.06 Hz/LF 20 Hz

4X 80 mS Pos: J

EXTime: 00:18 0.0 Km/h, 0.0%  
25 mm/Sec 1.0 Cm/IV

V2 0.4

I  
STL 0.3  
STB 0.6

II  
0.1  
0.4

III  
-0.2  
-0.2

aVR  
-0.2  
-0.5

aVL  
0.3  
0.4

aVF  
0.0  
0.1

V1  
0.1  
0.1

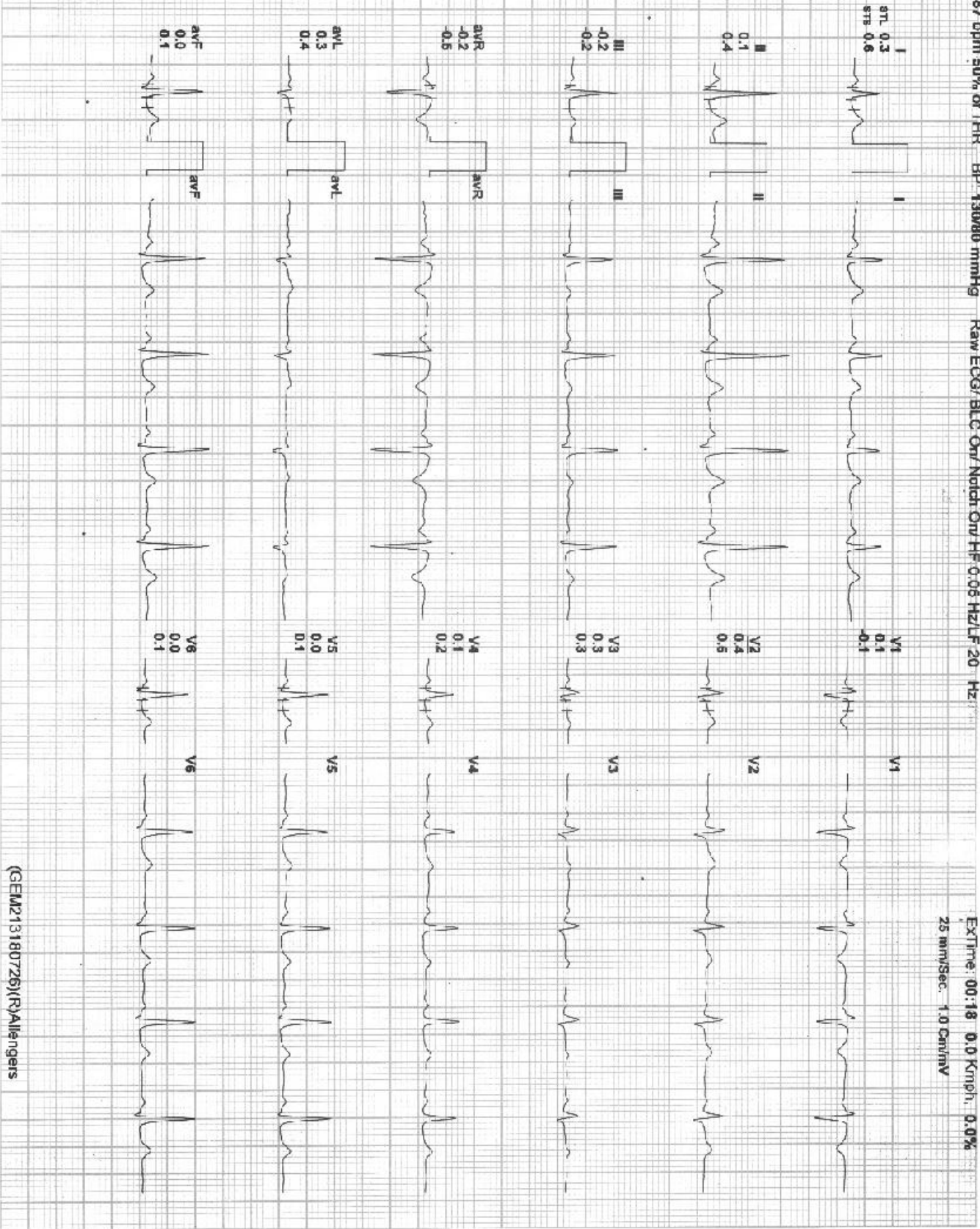
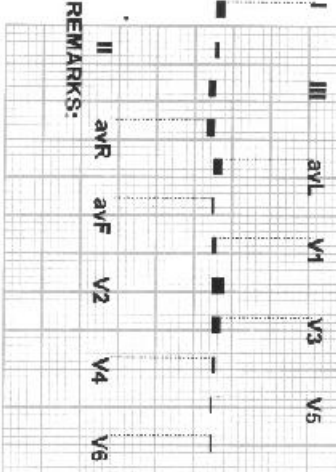
V2  
0.4  
0.5

V3  
0.3  
0.3

V4  
0.1  
0.2

V5  
0.0  
0.1

V6  
0.0  
0.1





232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 87

Date: 25-Feb-2023 06:00:24 PM METS: 1.1 / 87 bpm 50% of THR BP: 130/80 mmHg Raw ECG/ BLD On/ Natch On/ HF: 0.05 Hz/ LF: 20 Hz

ExTime: 00:06 2.7 Km/Ph. 10.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



STL 0.2  
STB 0.6

II 0.0  
III 0.4

V1 0.0  
V2 0.4  
V3 0.6

III -0.2

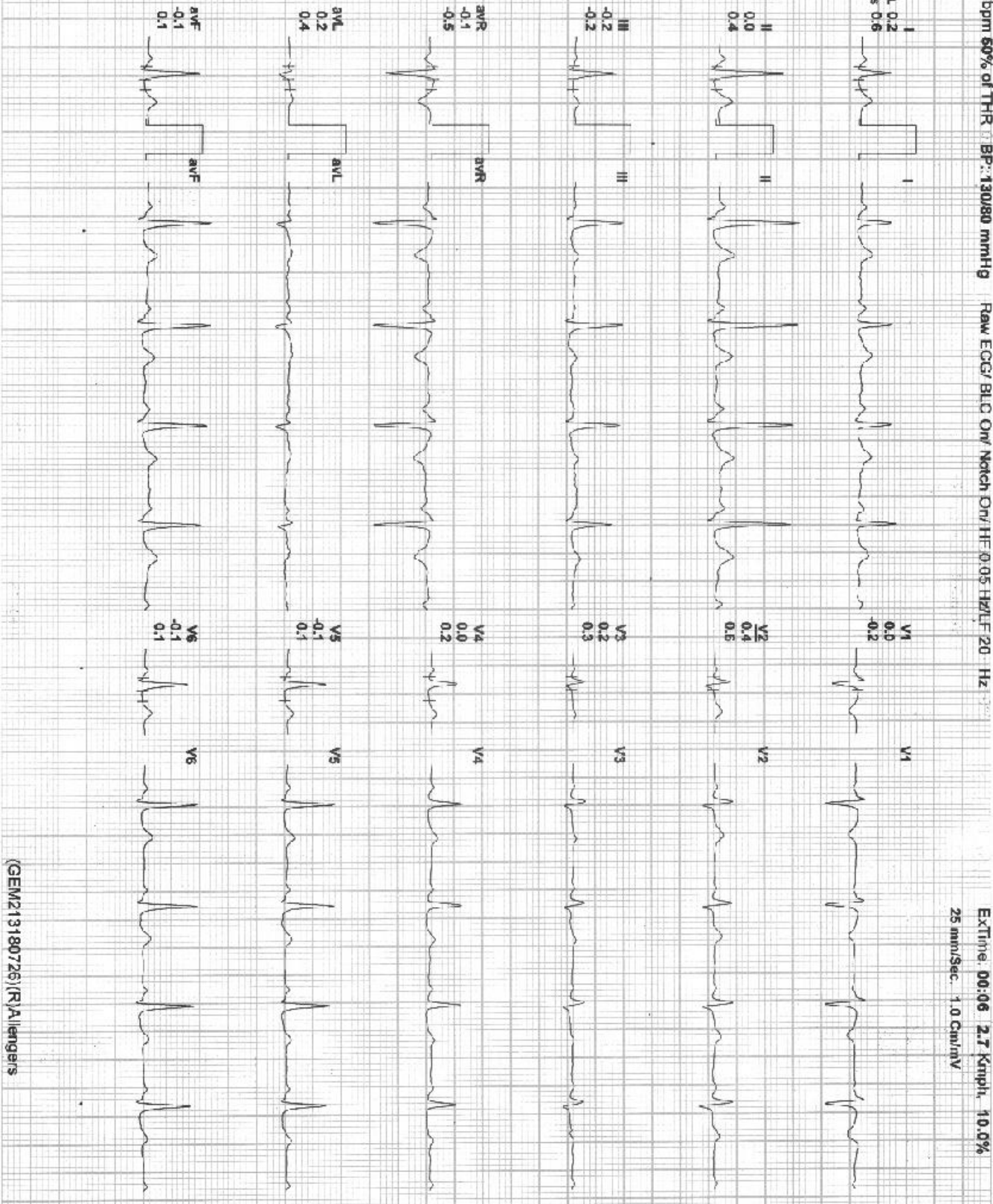
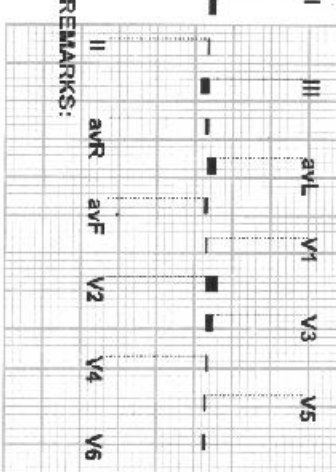
V3 0.2  
V4 0.0  
V5 0.1

aVR -0.1  
aVL 0.2  
aVF 0.1

V4 0.0  
V5 -0.1  
V6 -0.1

aVR -0.1  
aVL 0.2  
aVF 0.1

V5 -0.1  
V6 -0.1



REMARKS:



232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 139

Date: 26-Feb-2023 06:00:34 PM METS: 4.7/ 139 bpm 79% of THR BP: 140/80 mmHg Raw ECG/ BLC ON/ Notch ON/ HF 0.05 Hz/LF 20 Hz

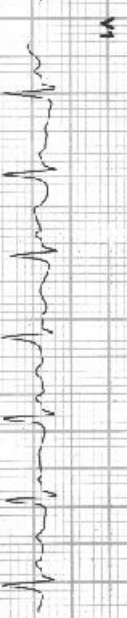
4X 60 MS Post J

EXTime: 03:00 2.7 Kmph 10.0% 25 mm/Sec 1.0 Cm/mV

STL 0.0  
STB 0.8



V1 0.3



II -1.0  
0.0



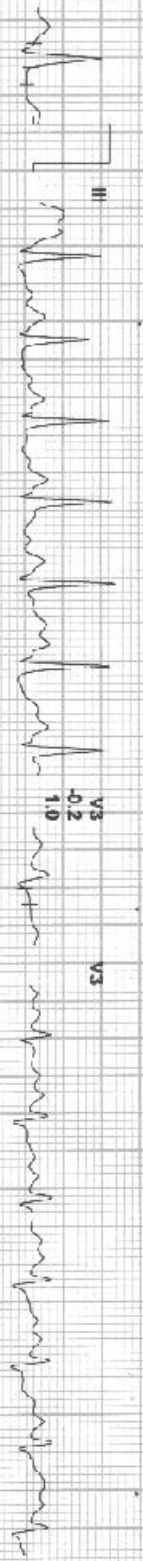
V2 0.2  
1.6



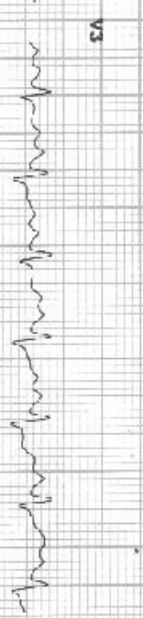
V2 0.2



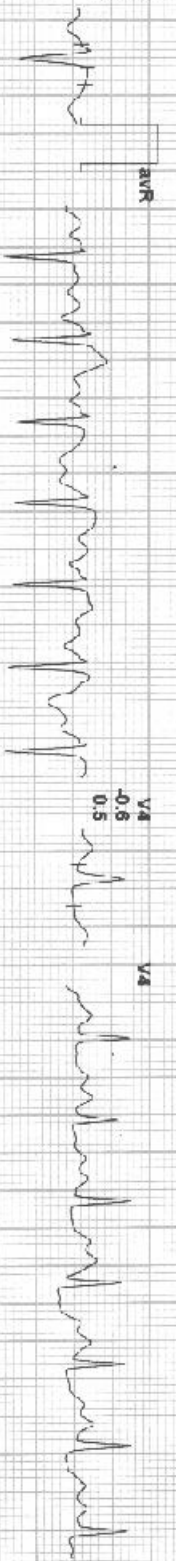
III -1.0  
-0.8



V3 -0.2  
1.0



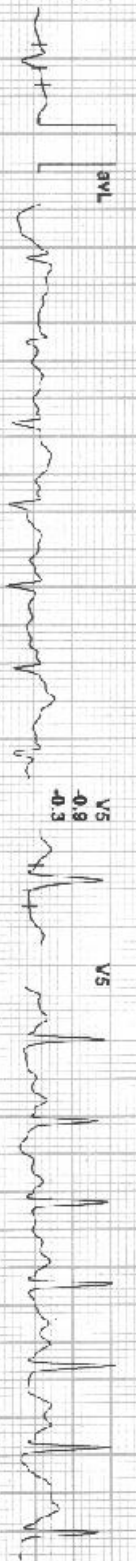
AVR 0.5  
-0.4



V4 -0.6  
0.5



AVL 0.5  
0.8



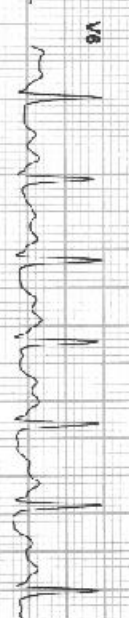
V5 -0.8  
-0.3



AVF -1.0  
-0.4



V6 -0.8  
-0.2



III aVL V1 V3 V5

II aVR aVF V2 V4 V6

REMARKS:





232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 161

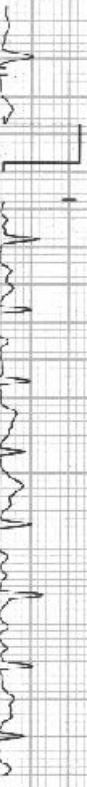
Date: 28-Feb-2023, 06:00:24 PM METS: 7.0/ 161 bpm 92% of THR BP: 140/90 mmHg Raw ECG/ BLC ON/ Notch ON/ HF: 0.05 Hz/ LF: 20 Hz

4X 20 MS Post J

ExTime: 05:51 4.0 Km/h 12.0% 25 mm/Sec: 1.0 Cm/mV



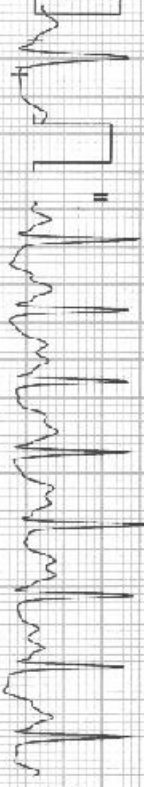
I  
aVL -0.8  
aVR 0.4



V1  
0.5  
1.2



II  
-2.0  
-1.5



V2  
-0.2  
2.2



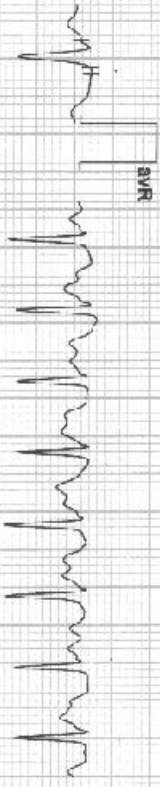
III  
-1.3  
-2.1



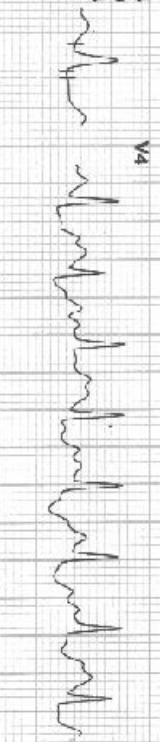
V3  
-0.6  
1.8



aVR  
1.4  
0.5



V4  
-1.0  
0.4



aVL  
0.3  
1.2



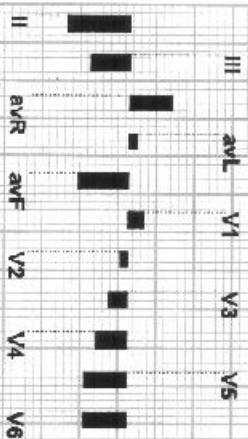
V5  
-1.4  
-1.2



aVF  
-1.7  
-1.7



V6  
-1.4  
-1.3



REMARKS:



Date: 25-Feb-2023 06:00:24 PM METS: 1.8 / 150 bpm 86% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF: 0.05 Hz/ LF: 20 Hz  
4X 60 ms Post J

ExTime: 05:52 0.0 Kmph 0.0%  
25 mm/Sec 1.0 Cm/mV



REMARKS:



Date: 25-Feb-2023 06:00:24 PM METS: 1.0/ 104 bpm 59% of THR BP: 140/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz 4X 80 mS Post J

EXTime: 05:52 0.0 Km/h, 0.0% 25 mm/Sec. 1.0 Cm/mV

V2 0.1



STL 0.0  
STs 0.6



V1 0.2  
0.1  
-0.1

V1

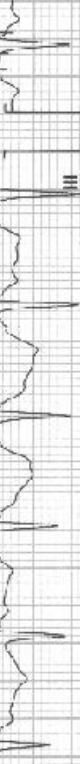
II -0.7  
0.4



V2 0.1  
0.1  
0.8

V2

III -0.7  
-0.2



V3 0.1  
0.1  
0.6

V3

avR 0.4  
0.4  
-0.5



V4 -0.1  
0.1  
0.5

V4

avL 0.4  
0.4  
0.4



V5 0.5  
0.5  
0.2

V5

avF -0.7  
-0.7  
0.1



V6 -0.5  
-0.5  
0.1

V6

REMARKS:



232 / MRS RINA KAUSHIK / 46 Yrs / F / 149 Cms / 74 Kg / HR : 88

Date: 25-Feb-2023 06:00:24 PM METS: 1.0/88 bpm 50% of THR BP: 140/80 mmHg Raw ECG/BLO On/Notch On/IF 0.05 HZ LF 20 Hz

4X 80 mS Post J

EXTime 06:52 0.0 KmPh, 0.0%  
25 mm/Sec, 1.0 Cm/mV

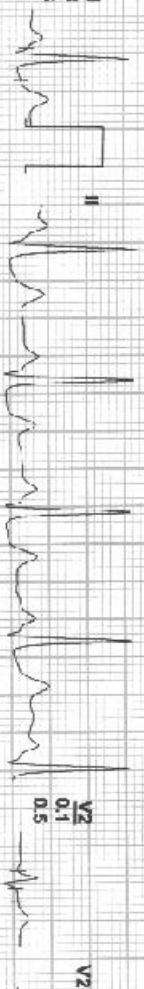
V2  
0.1



ST -0.1  
Tb 0.4



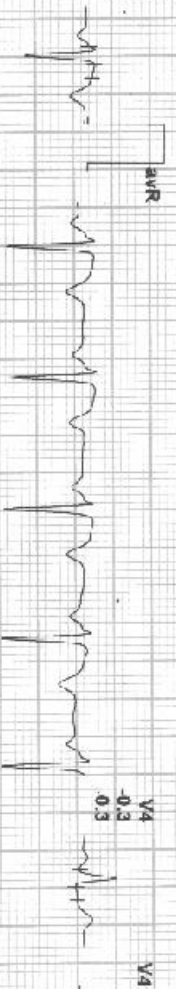
II  
-0.8  
0.3



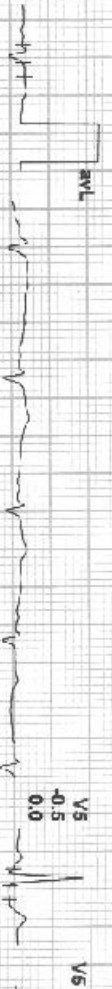
III  
-0.8  
0.1



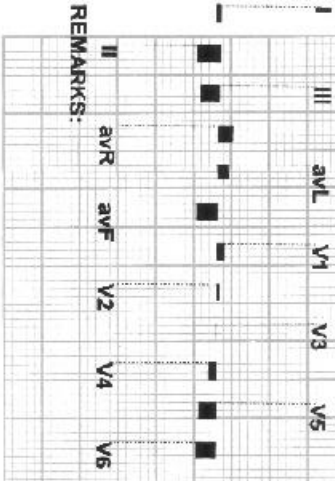
AVR  
0.4  
-0.4



AVL  
0.3  
0.3



AVF  
-0.7  
-0.1



REMARKS: