

**Name** : Ms. SUDIPA ROY (38 /F)

**Date** : 21/06/2022

**Address** : 172 BANGUR AVENUE BLOCK A KOLKATA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AMHL.0001973457

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

**AHC No** : AMHLAH150458



## CHIEF COMPLAINTS

For corporate health checkup

C/O Dyspepsia - on occasional medication PRN.

C/O Shortness of breath on exertion.

C/O Put on 5kgs in 2 years.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Heart disease, Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:22/06/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Breathing difficulty - yes; - on exertion.

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 15th June.; Periods - regular; Associated with - dysmenorrhoea; No of deliveries - P0+0 (Single).

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Normal hearing

### Musculoskeletal system

Spine and joints

Neck - pain

### Skin

- Nil Significant

### Weight

- has gained weight; Number of kgs - Put on 5kgs in 2 years



## Present medications

- Occasional Tab. Pan D - PRN.



## Past medical history

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Covid 19 - Yes  
Hospitalization for Covid 19 - No  
Jaundice - In childhood.

### Surgical history

Surgical history - Nil

### Personal history

Marital status - Single  
Diet - Mixed Diet  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active

### Family history

Father - alive  
Aged - 72 years  
Mother - alive  
Aged - 65 years  
Diabetes - father  
Hypertension - father,mother  
Coronary artery disease - none  
Cancer - None  
Thyroid/other endocrine disorder - mother  
CVA - father

## PHYSICAL EXAMINATION

### General

Build - over weight  
Height - 161 Cm  
Weight - 69 Kg  
BMI - 26.62  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 80  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	11.5 *	g/dl	●	12.0-15.0
RBC COUNT	4.18	Million/ul	●	3.8-4.8
Hematocrit - Hct:	34.9 *	%	●	36-46
MCV	83.6	fl	●	83-101
MCH	27.5	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	15.3 *	%	●	11.8-14.0
WBC Count	5200	/cu mm	●	4000-10000
Platelet Count	2.82	lacs/cu mm	●	1.5-4.0
Neutrophils	65	%	●	40-80
Lymphocytes	27	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	33 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-3	/hpf		

Epithelial Cells	6-8 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	27	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	153 *	U/L	●	42-98
AST (SGOT) - SERUM	32	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	213 *	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	27	U/L	●	7-64
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TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	5.1-14.1

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	76	mg/dL	●	70-99

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	112	mg/dL	●	0-150

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	106	mg/dL	●	70-140

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.4	µIU/mL	●	0.270-4.200

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.0	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	50	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	132 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	31	mg/dL	●	0-35

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.0	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.7 *	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* No significant abnormality is seen.

**X-RAY CHEST PA**

● Within Normal Range      ● Borderline High/Low      ● Out of Range

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\* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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