

**Annexure-2**

**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)

PASTE YOUR RECENT  
PASSPORT SIZE  
PHOTOGRAPH

**1 PERSONAL DETAILS:**

Name: First Name PRADYOTANSHU Middle Name: \_\_\_\_\_ Surname PRADHAN  
Address: Flat no-2202 Building no-41  
Lagone nagar, vikhrol. East  
City: Mumbai Pin: \_\_\_\_\_  
Birth Place: \_\_\_\_\_ Birth Date: 25-06-87 Religion: Hindu  
(dd/mm/yyyy)  
Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried ✓ Gender: M ✓

**2 PREVIOUS EMPLOYMENT:** Yes / No If yes specify

| Name | Nature of work | Duration |
|------|----------------|----------|
| i)   |                |          |
| ii)  |                |          |
| iii) |                |          |

**3 NAME OF FAMILY DOCTOR:**

Address: \_\_\_\_\_

Contact Details: \_\_\_\_\_

**4 PERSONAL HABITS:**

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work  
Have you ever suffered from job related disease or injury?  
Have you ever been discharged or rejected on medical grounds?

| Yes                                 | No                                  |
|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

---



---



---

iii) Have you ever suffered from any of the following (Answer Yes or No. If yes, give details)

| Y | N                                   |  | Y | N                                   |  |
|---|-------------------------------------|--|---|-------------------------------------|--|
|   | <input checked="" type="checkbox"/> | Hypertension   |   | <input checked="" type="checkbox"/> | Hepatitis-B  |
|   | <input checked="" type="checkbox"/> | Diabetes   |   | <input checked="" type="checkbox"/> | Cancer   |
|   | <input checked="" type="checkbox"/> | Heart disease  |   | <input checked="" type="checkbox"/> | Stroke   |
|   | <input checked="" type="checkbox"/> | Kidney diseases  |   | <input checked="" type="checkbox"/> | Bronchitis   |
|   | <input checked="" type="checkbox"/> | Tuberculosis   |   | <input checked="" type="checkbox"/> | Any allergy  |
|   | <input checked="" type="checkbox"/> | Chronic lung disease<br>(e.g. Pleurisy Pneumonia etc.) |   |                                     | Any chronic ear or hearing problem<br>(e.g. sinusitis, rhinitis otitis etc.) |
|   | <input checked="" type="checkbox"/> | Epilepsy, Fits, Fainting or<br>Dizziness               |   |                                     | Mental disorder of any kind  |
|   |                                     | Any major operation or injury                          |   |                                     | Any other illness  |

Details of the above if "Yes")

---



---

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

iv) Immunization:

|                | Yes                      | No                                  |
|----------------|--------------------------|-------------------------------------|
| Tetanus Toxoid | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Hepatitis B    | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| Others         | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

|                   | Father                              | Mother                              |
|-------------------|-------------------------------------|-------------------------------------|
| Hypertension      | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Heart Disease     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Cancer            | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Diabetes          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Tuberculosis      | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Epilepsy          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Any other Disease | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |

|             | IF LIVING |                                | IF DEAD      |                |
|-------------|-----------|--------------------------------|--------------|----------------|
|             | AGE       | HEALTH<br>(Good, Bad,<br>Fair) | AGE AT DEATH | CAUSE OF DEATH |
| Father      | 72        |                                |              |                |
| Mother      | 62        |                                |              |                |
| Spouse      |           |                                |              |                |
| Children-1  |           |                                |              |                |
| Children -2 |           |                                |              |                |

- 7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 11-11-23



(Signature of Candidate)

### Annexure-3

#### Pre-Employment Medical Assessment

(All details given below will be filled by examine physician & treated as confidential)  
(Please ✓ Mark Where Applicable)

#### 1 Personal Habits: *No*

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

#### 2 Medical History:

i) Any Disability: Yes  No  If yes specify with disability %

ii) Personal History:

\_\_\_\_\_

\_\_\_\_\_

iii) Known case of or past history of

Fracture of collarbone in childhood - Treated with POP (No operation).

\_\_\_\_\_

iv) Immunization: Yes No

|                |                                     |                                     |
|----------------|-------------------------------------|-------------------------------------|
| Tetanus Toxoid | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Hepatitis B    | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Others:        | <input checked="" type="checkbox"/> | <input type="checkbox"/>            |

*COVID Vaccing.*

v) Family History:

Has anyone of parents suffered from

|   |   |
|---|---|
| <input checked="" type="checkbox"/> Hypertension  | <input checked="" type="checkbox"/> Diabetes          |
| <input checked="" type="checkbox"/> Heart Disease | <input checked="" type="checkbox"/> Tuberculosis      |
| <input checked="" type="checkbox"/> Cancer        | <input checked="" type="checkbox"/> Epilepsy          |
|   | <input checked="" type="checkbox"/> Any other Disease |

**3 Physical Examination:**

- i) Build: Poor / Average / Strong Skin:   N    
 ii) Throat:   N   Tonsils:   N   Thyroid:   N   Lymph nodes:   N    
 iii) Teeth & Gums:   N   Tongue:   N    
 iv) Height: 163 cms. Weight: 63 kg BMI: 23.77  
 v) Identification marks:  
  Mole on Rt hand.

**1 Vision (To be checked by eye specialist):**

General Eye examination: \_\_\_\_\_

|                  |             | Rt                       | Lt                       | Colour Vision (Pls ✓ Mark Applicable) |                                     |
|------------------|-------------|--------------------------|--------------------------|---------------------------------------|-------------------------------------|
| Visual Acuity    | Distance    | <input type="checkbox"/> | <input type="checkbox"/> | Normal Colour vision                  | <input checked="" type="checkbox"/> |
|                  | Near        | <input type="checkbox"/> | <input type="checkbox"/> | Total colour deficiency               | <input type="checkbox"/>            |
| Corrected Vision | Distance    | <u>6/6</u>               | <u>6/6</u>               | Partial Colour Deficiency             | <input type="checkbox"/>            |
|                  | Near        | <u>20</u>                | <u>20</u>                |                                       | <input type="checkbox"/>            |
| Power of lens    | Spherical   | <u>-2.50</u>             | <u>-2.00</u>             | If partial - pl. mention              |                                     |
|                  | Cylindrical | <u>-0.50</u>             | <u>-0.50</u>             |                                       | <input checked="" type="checkbox"/> |
|                  | Axis        | <u>100</u>               | <u>120</u>               |                                       |                                     |

|                               | Yes                                 | No                                  |
|-------------------------------|-------------------------------------|-------------------------------------|
| Squint                        | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Nystagmus                     | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Night Blindness               | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| Any other eye disease         | <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| If yes pl. give details _____ | <input checked="" type="checkbox"/> |                                     |

*Lata Misra*  
 Signature & Seal of Ophthalmologist

**Dr LATA M. BAJPAI**  
 MBBS, DCOMS, FRVS, FRCS  
 Reg No - 2095 / 08 / 3126



v) 2D Echo/TMT: Negative for induced ~~cardiac~~ ischemia at given workload

vi) PFT: FVC \_\_\_\_\_ FEV1 \_\_\_\_\_ FEV1/FVC % \_\_\_\_\_ PEFR \_\_\_\_\_

vii) Any other Investigations / clinical finding: \_\_\_\_\_

**14 COMMENTS AND RECOMMENDATIONS:**

(Pls  Mark Applicable)

Fit  Unfit

Remarks: \_\_\_\_\_

**Details of Examining Physician:**

Name: \_\_\_\_\_

Registration No.: \_\_\_\_\_

Address: \_\_\_\_\_

Contact No.: \_\_\_\_\_



**Dr. Mrinalini Singh**  
**Consultant Physician**  
**MBBS, DNB, MRCP (UK), EDIC**  
**Reg. No. 2019/02/0392**

Signature with Seal of Examining Physician

**For office use only:**

Date of receipt of original documents: \_\_\_\_\_ PEM No.: \_\_\_\_\_

MDMS No: \_\_\_\_\_

Medically:  Fit  Temp. Unfit  Unfit

Special Remarks: \_\_\_\_\_

 **भारत सरकार**  
**Government of India**

 **ପ୍ରଦ୍ୟୋତନଶୁ ପ୍ରଧାନ**  
**Pradyotanshu Pradhan**  
जन्मदिनांक/DOB: 23/06/1987  
पुल / MALE



**7428 0488 6572**

**আমার আখার, আমার পরিচয়**



 **भारत सरकार**  
**Unique Identification Authority of India**

**ঠিকানা:**  
পোস্ট: কালিশ চন্দ্র প্রধান, লোকমানি,  
গণজম,  
ওড়িশা - 761109

**Address:**  
SO: Kalash Chandra Pradhan,  
Lokaman, Ganjam,  
Odisha - 761109

**7428 0488 6572**







*Sea Bird*  
**Sea Bird Medicare Centre**

Report ID : **PPM1111151845** Reg. : **11-Nov-2023**  
Patient Name : **Mr. PRADYOTANSHU PRADHAN** Report Date : **14-Nov-2023**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **36 Year / Male**

**CHEST X RAY REPORT**

X-Ray No :

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

|                                |               |            |
|--------------------------------|---------------|------------|
| Name: MR. PNADYOTANSHU PRADHAN | Age : 36Y     | Sex : Male |
| Date : 11/11/2023              | Ref Dr : SELF |            |

### USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.1 x 4.6cm. Left kidney measures 10.1 x 4.7cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 3.3 x 3.4cm vol-20 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION ; No significant abnormality detected.**

*Advice: Clinical co-relation and further evaluation.*



Dr. Jacob Mathew MD

**Thanks For Reference:** Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### BLOOD GLUCOSE

| Test   | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|--|--------|-------|-------------------------------|
| Blood Glucose (Fasting), plasma<br>(Plasma, Method- Hexokinase)<br>NORMAL : 70 - 100 mg/dl<br>Pre-Diabetic : 100 - 125 mg/dl<br>Diabetic : >125 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 99.67  | mg/dl | 70.00 - 100.00 mg/dl          |
| Urine Glucose (Fasting)  | Absent |       | Absent                        |
| Urine Ketones (Fasting)  | Absent |       | Absent                        |
| Blood Glucose (PP) plasma<br>(Plasma, Method- Hexokinase)<br>Non-Diabetic : 70 - 140 mg/dl<br>Pre-Diabetic : 140 - 199 mg/dl<br>Diabetic : >200 mg/dl<br>(ON MORE THAN ONE OCCASION )<br>Reference : American diabetes association guidelines 2022 | 95.76  | mg/dl | 70.00 - 140.00                |
| Urine Glucose (PP)   | Absent |       | Absent                        |
| Urine Ketones (PP)   | Absent |       | Absent                        |

Test Done on Fully Automated Mispal CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

- B. Enquiry and Home Visit Booking  
022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:25 pm

## REPORT

### Blood Group

| <u>Test</u>        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--------------------|---------------|--------------|--------------------------------------|
| <b>BLOOD GROUP</b> |               |              |                                      |
| ABO Group          | "O"           |              |                                      |
| RH (D)             | Positive      |              |                                      |

Method : Slide Method  
Sample: Whole Blood (EDTA)

----- End of Report -----

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Complete Blood Count

| <u>Test</u>               | <u>Result</u> | <u>Units</u>   | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---------------------------|---------------|----------------|--------------------------------------|
| Hemoglobin                | 15.6          | gm/dl          | 13.0 - 17.0                          |
| <b>RED BLOOD CELLS</b>    |               |                |                                      |
| R.B.C. Count              | 7.04          | million / cumm | 4.5- 5.5                             |
| PCV                       | 49.2          | %              | 40- 50                               |
| MCV                       | 69.9          | fL             | 83 - 101                             |
| MCH                       | 22.2          | pg             | 27 - 32                              |
| MCHC                      | 31.8          | gm / dl        | 31.5 - 34.5                          |
| RDW (CV)                  | 13.9          | %              | 11.6- 14.0                           |
| Total W.B.C. Count        | 7560          | /cu.mm.        | 4000 - 10000                         |
| <b>DIFFERENTIAL COUNT</b> |               |                |                                      |
| Neutrophils               | 59            | %              | 40 - 80                              |
| Lymphocytes               | 36            | %              | 20 - 40                              |
| Eosinophils               | 01            | %              | 1 - 6                                |

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity.
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

- B. Enquiry and Home Visit Booking  
022-25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Complete Blood Count

| <u>Test</u>    | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|----------------|---------------|--------------|--------------------------------------|
| Monocytes      | 04            | %            | 2 - 10                               |
| Basophils      | 00            | %            | 0 - 1                                |
| Platelet Count | 281000        | /cumm        | 150000 - 410000                      |

#### MORPHOLOGY

|                    |  |
|--------------------|--|
| RBC Morphology     | Mild Anisocytosis with Microcytic and Hypochromic Cells. Mentzer Index 9.9 |
| WBC Morphology     | Normal Morphology.   |
| Platelets on Smear | Adequate on smear  |
| Advice             | Hb HPLC studies.   |

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy is manual by Pathologist.)

----- End of Report -----



LATHA SONAWANE  
Lab Technician

DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Erythrocyte Sedimentation Rate (ESR)

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| E.S.R       | 15            | mm at 1hr    | 0 - 15                               |

Method: Wintrobe . Sample: Whole Blood (EDTA)

----- End of Report -----

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Tell Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coil Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Glycosylated Haemoglobin (HbA1c)

| Test   | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|--|--------|-------|-------------------------------|
| HbA1c<br>Non-diabetic : $\leq 5.7\%$<br>Pre-Diabetic : 5.7 - 6.4 %<br>Diabetic : $\geq 6.5$<br>(EDTA Whole Blood, Turbidimetric) | 5.88   | %     | < 5.7                         |
| Mean Blood Glucose (MBG)   | 132.03 | mg/dl |                               |

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1c value, the following equation is used :  $eAg(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For Hb > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected (D10/ Tosha G8 is corrected for HbS and HbC trait).
- In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

- B. Enquiry and Home Visit Booking  
022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:25 pm

## REPORT

### LFT

| <u>Test</u>  | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|--|---------------|--------------|--------------------------------------|
| Sr. Alkaline Phosphatase<br>(Serum, AMP Buffer IFCC) | 66.47         | U/L          | 40 - 129                             |

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Tell Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Lipid Profile

| Test   | Result | Units | BIOLOGICAL REFERENCE INTERVAL  |
|--|--------|-------|--|
| Total Cholesterol<br>Serum, Method: CHOD-PAP                         | 195.26 | mg/dl | CHILD Desirable - Less than : 170<br>CHILD Borderline High : 170 - 199<br>CHILD High - More than : 200<br>ADULT Desirable - Less than : 200<br>ADULT Borderline High : 200 - 239<br>ADULT High - More than : 240 |
| Triglycerides<br>Serum, Method: GPO-PAP                              | 214.52 | mg/dl | NORMAL : <150<br>Borderline High : 150 - 199<br>High : 200 - 499<br>Very High : >500   |
| HDL Cholesterol-Direct<br>Serum, Method: Cholesterol-esterase-Direct | 40.85  | mg/dl | Desirable - Above : 60<br>Borderline Risk : 40 - 59<br>Undesirable - Below : 40  |
| LDL Cholesterol<br>Calculated  | 111.51 | mg/dl | Desirable - Below : 130<br>Borderline Risk : 130 - 159<br>Undesirable - Above : 160  |
| VLDL-Cholesterol<br>Calculated                                       | 42.90  | mg/dl | 5 - 51   |
| T.CHOL/HDLC Ratio<br>Calculated                                      | 4.78   |       | Acceptable for Male : < 5.00<br>Acceptable for Female : <4.50  |



MC - 5321

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Lipid Profile

| <u>Test</u>                   | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u>                             |
|-------------------------------|---------------|--------------|--|
| LDLC/HDLC Ratio<br>Calculated | 2.73          |              | Acceptable for Males : < 3.60<br>Acceptable for Females : < 3.20 |

**NOTE:**

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Miipa CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



MC - 5321

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

- B. Enquiry and Home Visit Booking  
022-25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coil Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### Liver Function Tests

| <u>Test</u>   | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---|---------------|--------------|--------------------------------------|
| S.G.O.T.<br>(Serum, Method-IFCC / UV without P5P)     | 39            | U/L          | 0 - 40                               |
| S.G.P.T.<br>(Serum, Method- IFCC / UV without P5P)    | <b>50.98</b>  | U/L          | 0 - 41.0                             |
| GGT<br>(Serum, Method- IFCC Method)                   | 29.98         | U/L          | 8 - 61                               |
| Bilirubin (Total)<br>(Serum, Method-Diazo- End point) | 0.47          | mg/dl        | 0.0 - 1.20                           |
| Bilirubin (Direct)<br>(Serum, Method-Diazo-End point) | 0.1           | mg/dl        | 0.0 - 0.30                           |
| Bilirubin (Indirect)<br>Calculated                    | 0.37          | mg/dl        | 0.0 - 0.90                           |
| Total Proteins<br>(serum, Method-Biuret)              | 6.74          | g/dl         | 6.6 - 8.7                            |
| Albumin<br>(Serum, Method-Bromocresol Green)          | 4.2           | g/dl         | 3.5 - 5.2                            |
| Globulin<br>Calculated                                | 2.54          | g/dl         | 1.90 - 3.70                          |
| A/G ratio<br>Calculated                               | 1.65          |              |                                      |

Test Done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist



MC - 5321

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### RENAL PROFILE

| <u>Test</u>                                 | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---|---------------|--------------|--------------------------------------|
| Blood Urea<br>Serum, Method-Urease          | 24.54         | mg/dl        | 16.6- 48.5 mg/dl                     |
| Blood Urea Nitrogen<br>Serum, Method-Urease | 11.46         | mg/dl        | 06 - 20 mg/dl                        |
| Creatinine<br>Serum, Method-Kinetic Jaffes  | <b>0.69</b>   | mg/dL        | 0.7 - 1.2 mg/dl                      |
| Uric Acid<br>Serum, Method: Uricase-POD     | 5.53          | mg/dl        | 3.4 - 7.0                            |

Test Done on Fully Automated Cobas C111 Analyser

----- End of Report -----



MC - 5321

LATHA SONAWANE  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022-25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)





PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### THYROID FUNCTION TEST

| <u>Test</u> | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-------------|---------------|--------------|--------------------------------------|
| TSH         | 5             | µIU/ml       | 0.25-5 µIU/ml                        |
| T3          | 2.12          | nmol/l       | 0.92-2.33 nmol/l                     |
| T4          | 94.48         | nmol/l       | 60-120 nmol/l                        |

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

**TSH** : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3**: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4** :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Tell Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### URINE ANALYSIS

| <u>Test</u>                        | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|------------------------------------|---------------|--------------|--------------------------------------|
| <b><u>PHYSICAL EXAMINATION</u></b> |               |              |                                      |
| Colour                             | Pale Yellow   |              | Pale Yellow                          |
| Quantity                           | 30 ml         | ml           | 20 - 50                              |
| Appearance                         | Clear         |              | Clear                                |
| Reaction (pH)                      | 5.5           |              | 5.0 - 9.0                            |
| Specific Gravity                   | 1.015         |              | 1.000 - 1.030                        |
| <b><u>CHEMICAL EXAMINATION</u></b> |               |              |                                      |
| Proteins                           | Absent        |              | Absent                               |
| Sugar                              | Absent        |              | Absent                               |
| Ketone Bodies                      | Absent        |              | Absent                               |
| Bile Salts                         | Absent        |              | Absent                               |
| Bile Pigment                       | Absent        |              | Absent                               |
| Urobilinogen                       | Normal        | mg/dl        | Normal (0.1 - 1.0 mg/dl)             |



MC - 8321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : BKA0420

Name : PRADYOTANSHU PRADHAN

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

11-Nov-2023 / 9:39 am

Coll Date

11-Nov-2023 / 9:44 am

Report Date

11-Nov-2023 / 5:26 pm

## REPORT

### URINE ANALYSIS

| <u>Test</u>                           | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|---------------------------------------|---------------|--------------|--------------------------------------|
| Oculti Blood                          | Absent        |              | Absent                               |
| <b><u>MICROSCOPIC EXAMINATION</u></b> |               |              |                                      |
| Pus Cells                             | 1 - 2 / hpf   |              | 2 - 3 / hpf                          |
| Red Blood Cells                       | Absent        |              | Absent                               |
| Epithelial cells                      | 1 - 2 / hpf   |              | 2 - 3 / hpf                          |
| Casts                                 | Absent        |              | Absent                               |
| Crystals                              | Absent        |              | Absent                               |
| Other Findings                        | Absent        |              |                                      |

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----



NC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

# SEABIRD MEDICARE CENTRE POWAI

ELG

PRADYOTANSHU PRADHAN (36 M)

ID: 2213

Date: 11-Nov-23

Time: 11:42:51

BP: 120 / 80 mmHg

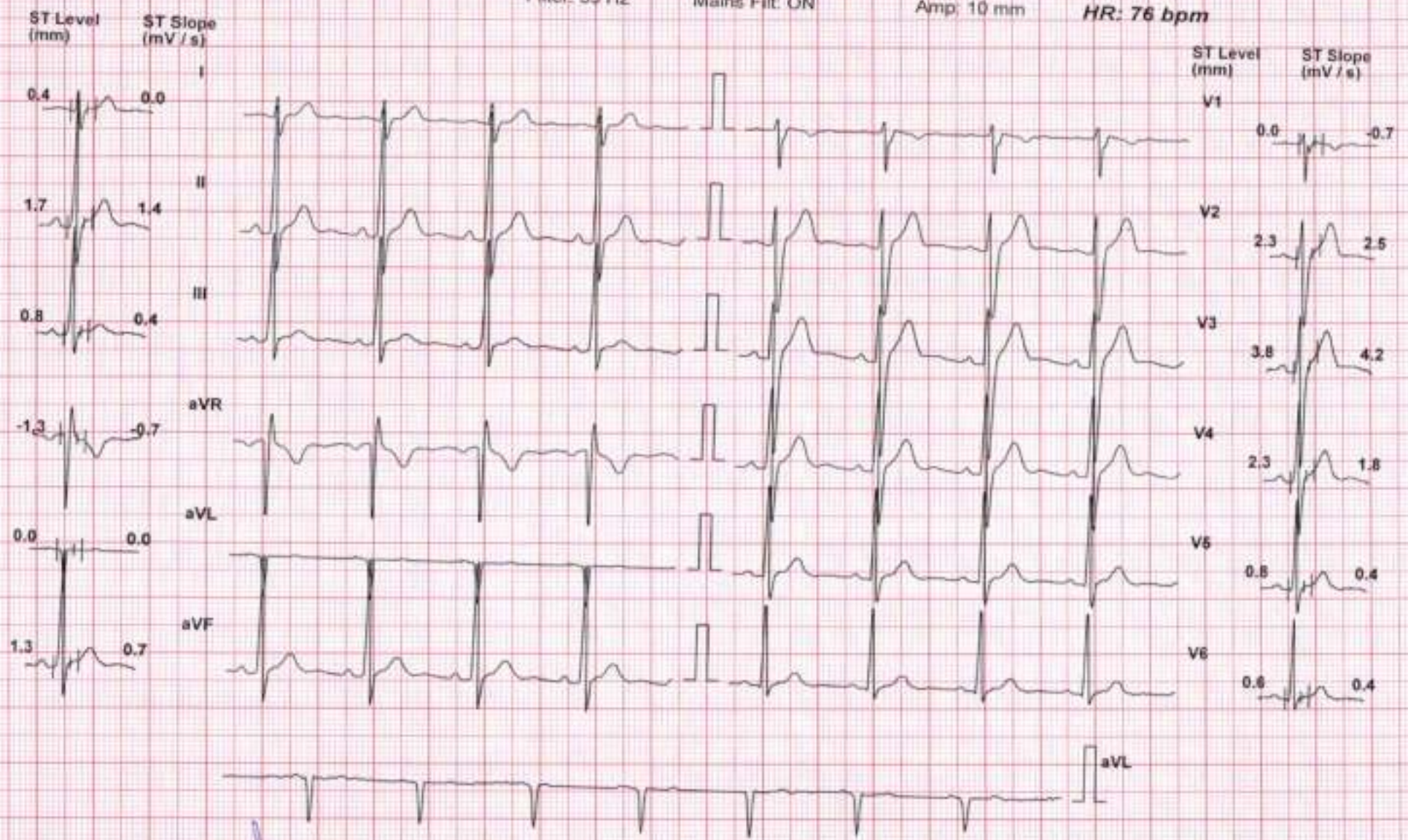
Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

HR: 76 bpm



Interpretation: *GNL*

*[Signature]*

Linked Median  $I_{bc} = R - 60 \text{ ms}$   $J = R + 60 \text{ ms}$  Post J = J + 60 ms

**Dr. Mrinalni Singh**  
Consultant Physician  
MBBS, DNB, MRCP (UK), EDIC  
Reg. No. 2019/02/0392

## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**                      Date: 11-Nov-23                      Time: 11:47:04  
**Name:** PRADYOTANSHU PRADHAN ID: 2213  
**Age:** 36 y                      **Sex:** M                      **Height:** 163 cms.                      **Weight:** 63 Kg.  
**Clinical History:** NIL

**Medications:** NIL

**Test Details**

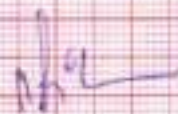
**Protocol:** Bruce                      **Pr.MHR:** 184 bpm                      **THR:** 156 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 8 m 44 s                      **Max. HR:** 158 ( 86% of Pr.MHR )bpm                      **Max. Mets:** 10.20  
**Max. BP:** 150 / 100 mmHg                      **Max. BP x HR:** 23700 mmHg/min                      **Min. BP x HR:** 6960 mmHg/min  
**Test Termination Criteria:** THR ACHIEVED

**Protocol Details**

| Stage Name       | Stage Time<br>(min : sec) | Mets | Speed<br>(mph) | Grade<br>(%) | Heart<br>Rate<br>(bpm) | Max. BP<br>(mm/Hg) | Max. ST<br>Level<br>(mm) | Max. ST<br>Slope<br>(mV/s) |
|------------------|---------------------------|------|----------------|--------------|------------------------|--------------------|--------------------------|----------------------------|
| Supine           | 0 : 21                    | 1.0  | 0              | 0            | 87                     | 120 / 80           | -1.27 aVR                | 3.89 V3                    |
| Standing         | 0 : 2                     | 1.0  | 0              | 0            | 89                     | 120 / 80           | -1.27 aVR                | 3.89 V3                    |
| Hyperventilation | 3 : 33                    | 1.0  | 0              | 0            | 93                     | 120 / 80           | -1.49 aVR                | 4.95 V3                    |
| 1                | 3 : 0                     | 4.6  | 1.7            | 10           | 123                    | 130 / 80           | -1.91 aVR                | 5.66 V3                    |
| 2                | 3 : 0                     | 7.0  | 2.5            | 12           | 137                    | 140 / 90           | -2.12 aVR                | 5.66 V3                    |
| Peak Ex          | 2 : 44                    | 10.2 | 3.4            | 14           | 158                    | 150 / 100          | -2.55 aVR                | 5.66 II                    |
| Recovery(1)      | 2 : 0                     | 1.8  | 1              | 0            | 106                    | 150 / 100          | -3.82 aVR                | 5.66 II                    |
| Recovery(2)      | 2 : 0                     | 1.0  | 0              | 0            | 99                     | 130 / 90           | -1.70 aVR                | 5.66 V3                    |
| Recovery(3)      | 2 : 0                     | 1.0  | 0              | 0            | 96                     | 120 / 80           | -1.06 aVR                | 3.89 V3                    |
| Recovery(4)      | 0 : 5                     | 1.0  | 0              | 0            | 91                     | 120 / 80           | -0.85 aVR                | 3.89 V3                    |

**Interpretation**

The patient exercised according to the Bruce protocol for 8 m 44 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 87 bpm, rose to a max. heart rate of 158 ( 86% of Pr.MHR ) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes, Negative for induced Ischaemic heart diseases

Ref. Doctor: APOLLO

( Summary Report edited by user )

**Dr. Mrinalini Singh**  
**Consultant Physician**  
**MBBS, DNB, MRCP (UK), EDIC**  
**Reg.No.-2019/32,6332**

(c) Schiwer Healthcare India Pvt. Ltd. V 4.7



# SEABIRD MEDICARE CENTRE POWAI

PRADYOTANSHU PRADHAN (36 M)

ID: 2213

Date: 11-Nov-23

Exec Time: 0 m 0 s

Stage Time: 0 m 21 s

HR: 87 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

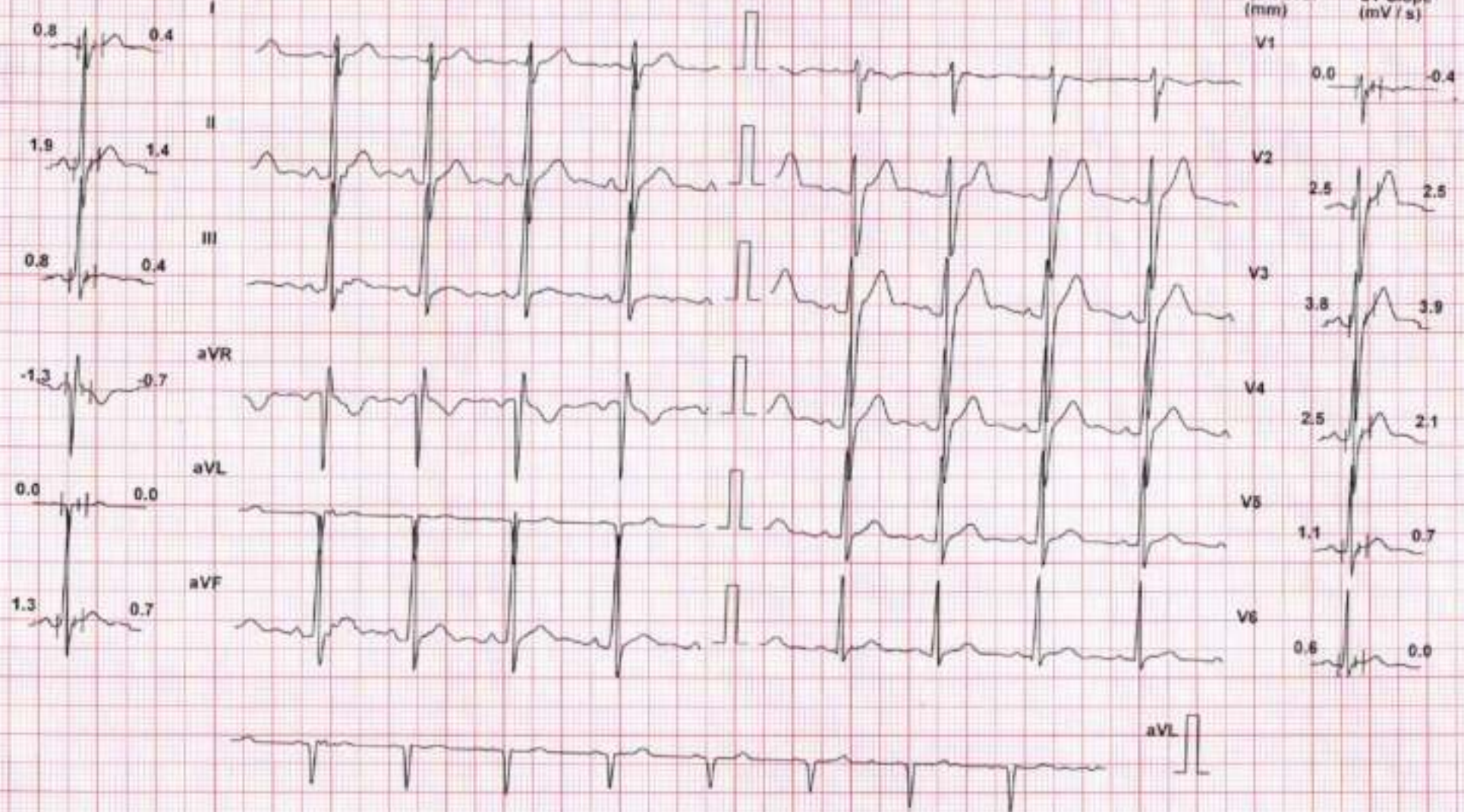


Chart Speed: 25 mm/sec  
Schlier Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 50 ms

Post J = J + 50 ms

# SEABIRD MEDICARE CENTRE POWAI

PRADYOTANSHU PRADHAN (36 M)

ID: 2213

Date: 11-Nov-23

Exec Time: 0 m 0 s

Stage Time: 0 m 2 s

HR: 89 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

0.2 0.0

1.7 1.4

0.8 0.7

-1.1 -1.1

0.0 0.0

1.1 1.1

ST Level (mm) ST Slope (mV / s)

V1 0.0 -0.4

V2 1.7 1.8

V3 3.2 3.2

V4 1.9 1.8

V5 0.8 0.4

V6 0.4 0.4

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R = 60 ms

J = R = 60 ms

Post J = J = 60 ms

Schiller Spacelab V 4.7

# SEABIRD MEDICARE CENTRE POWAI

PRADYOTANSHU PRADHAN (36 M)

ID: 2213

Date: 11-Nov-23

Exec Time: 0 m 0 s

Stage Time: 3 m 33 s HR: 93 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 120 / 80

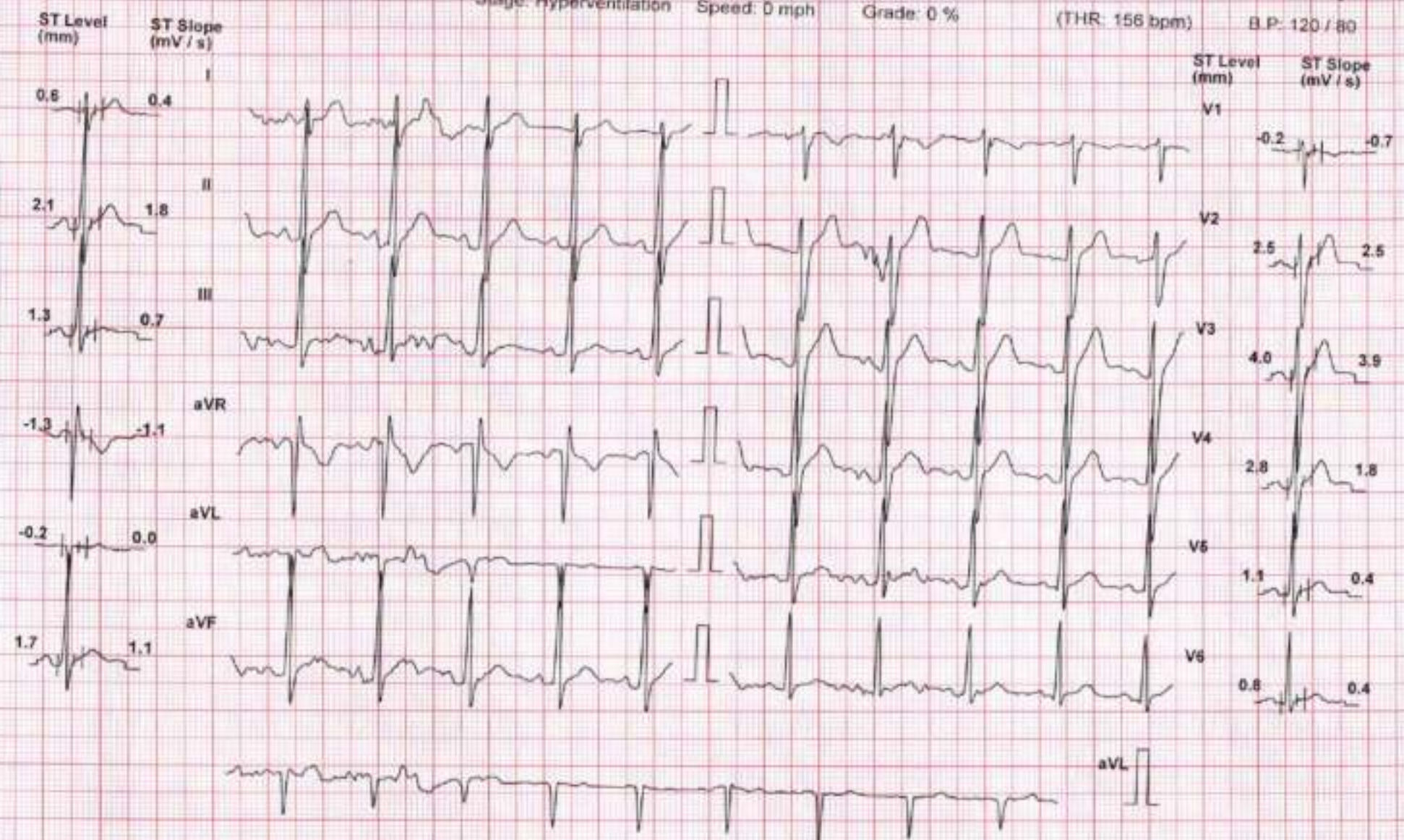


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J + R = 60 ms

Post J = J + 60 ms

Schier Spandan V4.7

# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 123 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 156 bpm)

B.P.: 130 / 80

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

0.6    0.7

-0.4    -1.1

2.8    2.6

1.5    2.1

1.7    1.4

5.3    5.0

-1.7    -1.8

3.6    3.5

-0.4    -0.4

1.7    1.4

2.3    2.6

1.5    0.7

aVL

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

60 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spacal V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exed Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 137 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 156 bpm)

B.P: 140 / 90

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

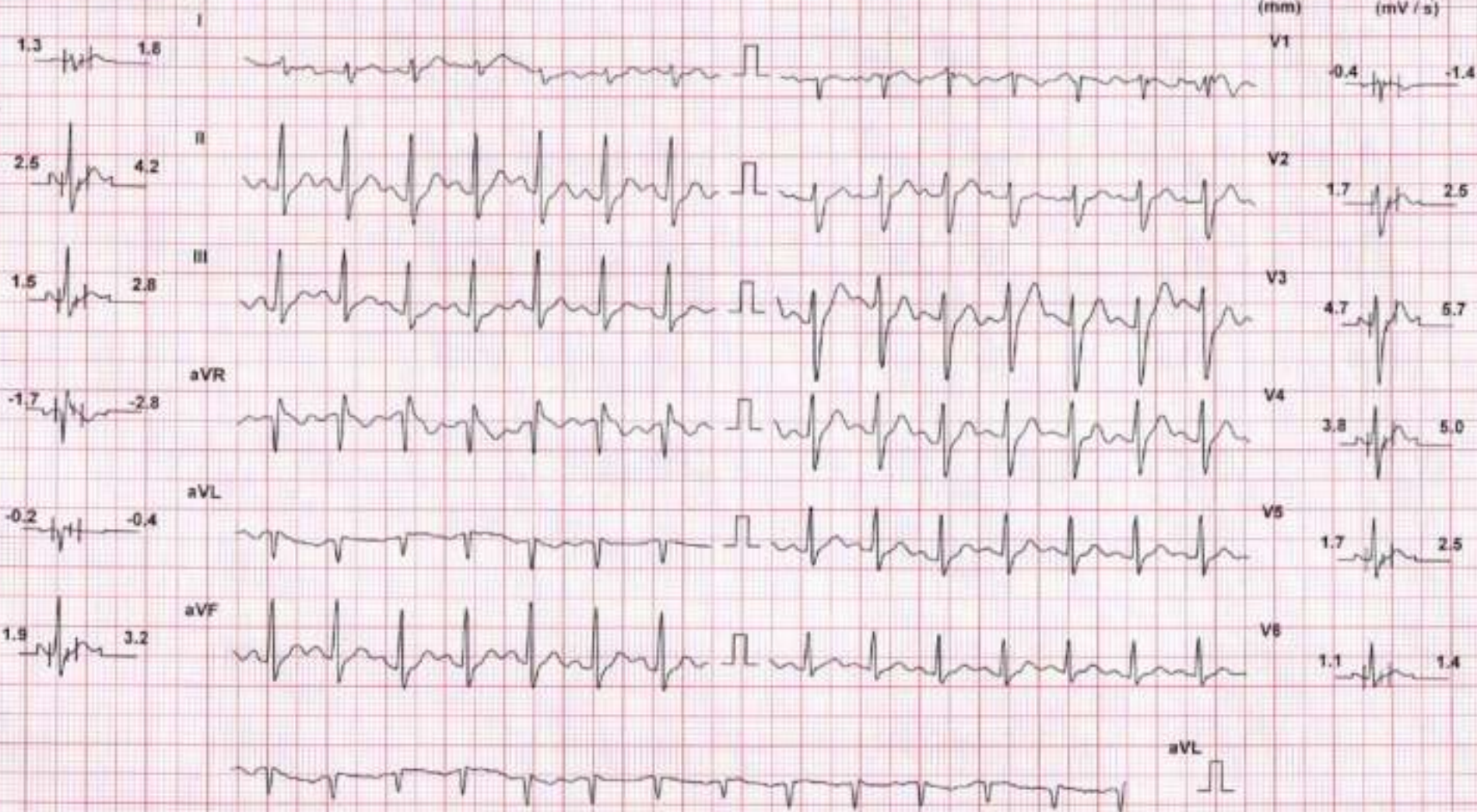


Chart Speed: 25 mm/sec  
Schlier Spandan V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 5 mm

Ito = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exec Time : 8 m 44 s

Stage Time : 2 m 44 s

HR: 158 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 156 bpm)

B.P: 150 / 100

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

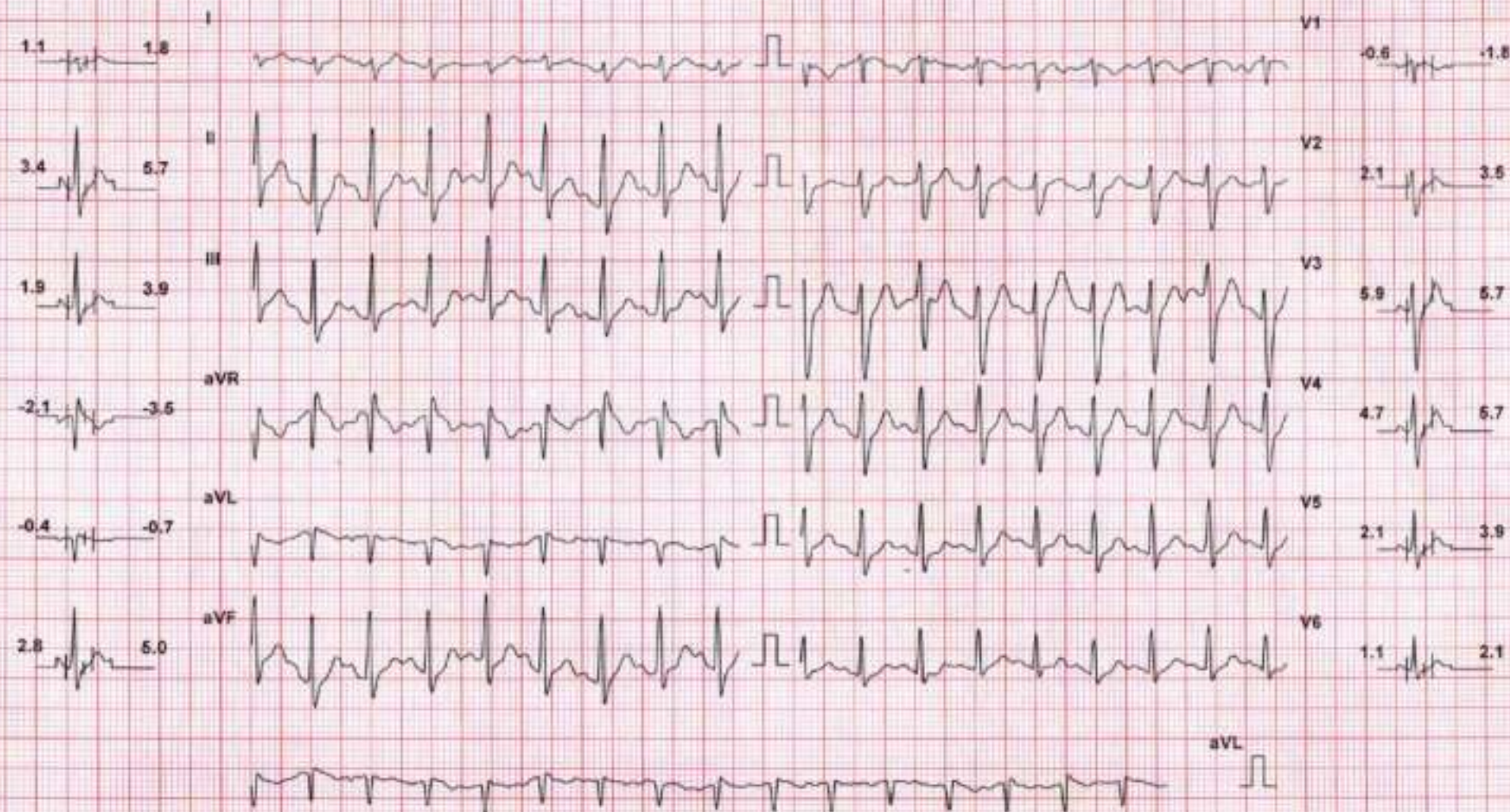


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 80 ms

Schiller Spandan V.1.7

# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exec Time : 8 m 44 s

Stage Time : 2 m 0 s

HR: 106 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 150 / 100

ST Level  
(mm)

ST Slope  
(mV / s)

ST Level  
(mm)

ST Slope  
(mV / s)

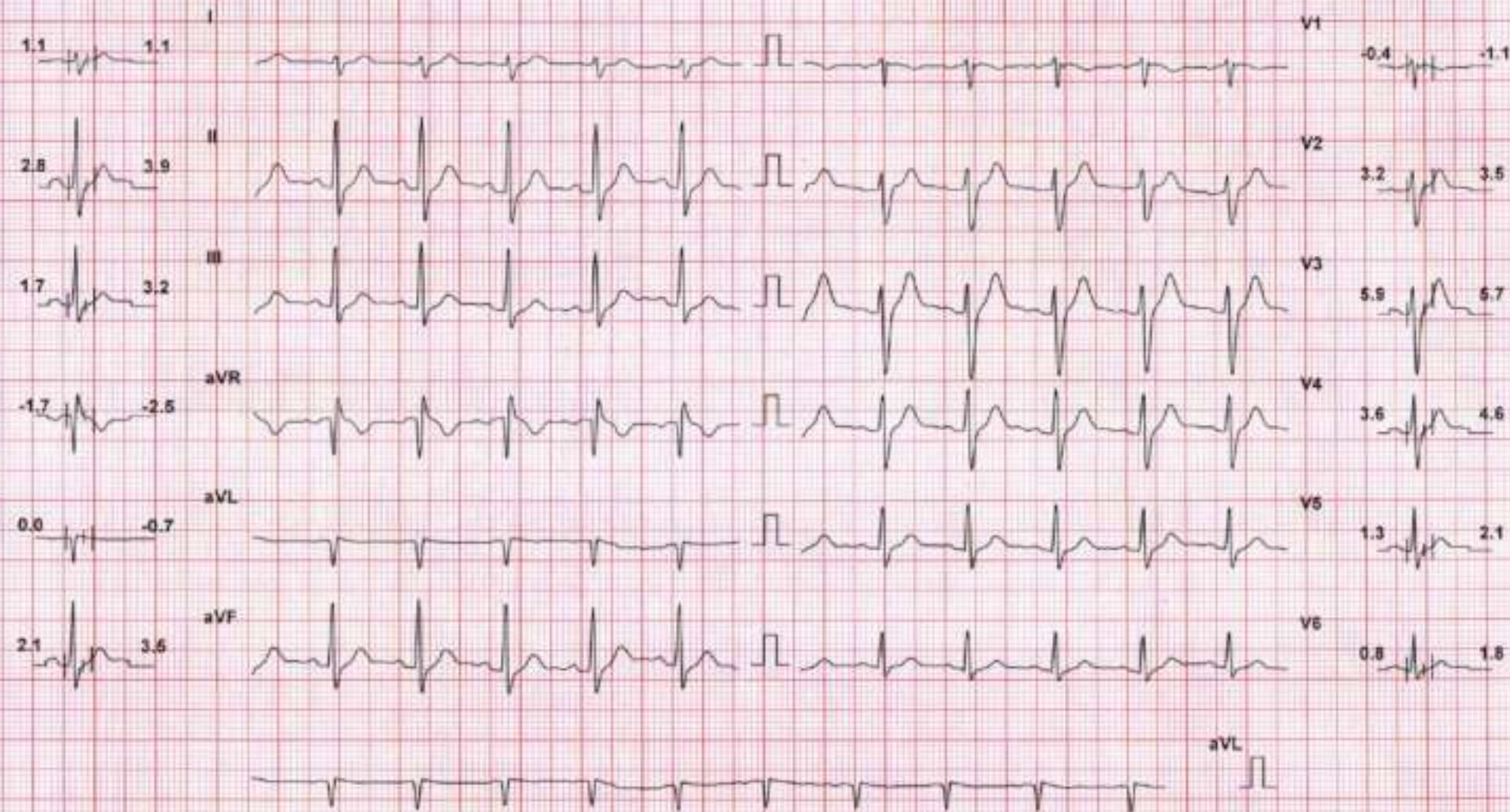


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

Pre-R - 50 ms

J - R + 50 ms

Post J - J + 50 ms

Schler Spandfon V4.7

# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exec Time : 8 m 44 s

Stage Time : 1 m 0 s

HR: 122 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 150 / 100

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

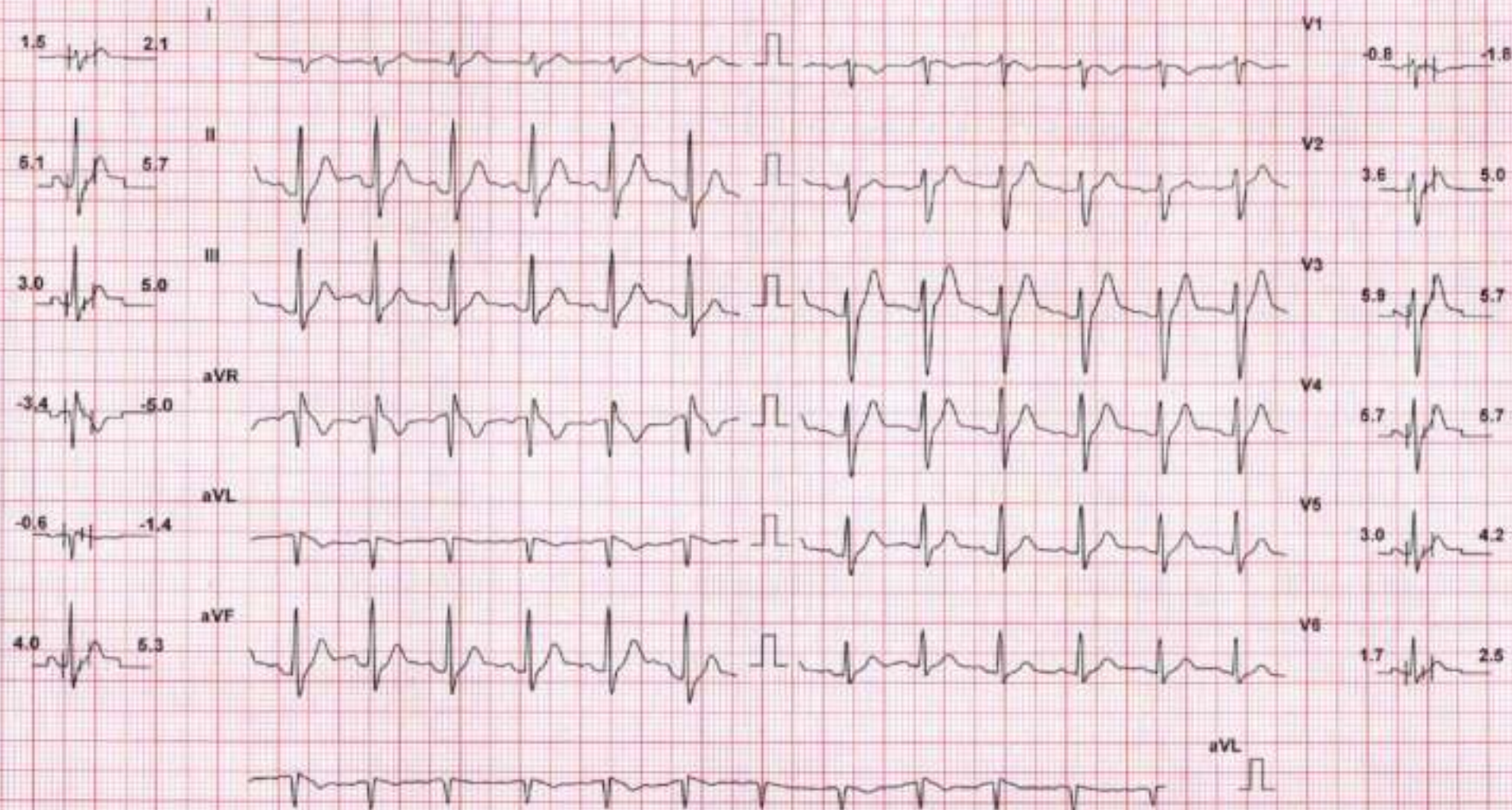


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

ISO - R - 60 ms

J - R + 60 ms

Post J - J + 60 ms

Schäfer Spandl V47



# SEABIRD MEDICARE CENTRE POWAI

**PRADYOTANSHU PRADHAN (36 M)**

ID: 2213

Date: 11-Nov-23

Exec Time : 8 m 44 s

Stage Time : 2 m 0 s

HR: 99 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 156 bpm)

B.P: 130 / 80

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

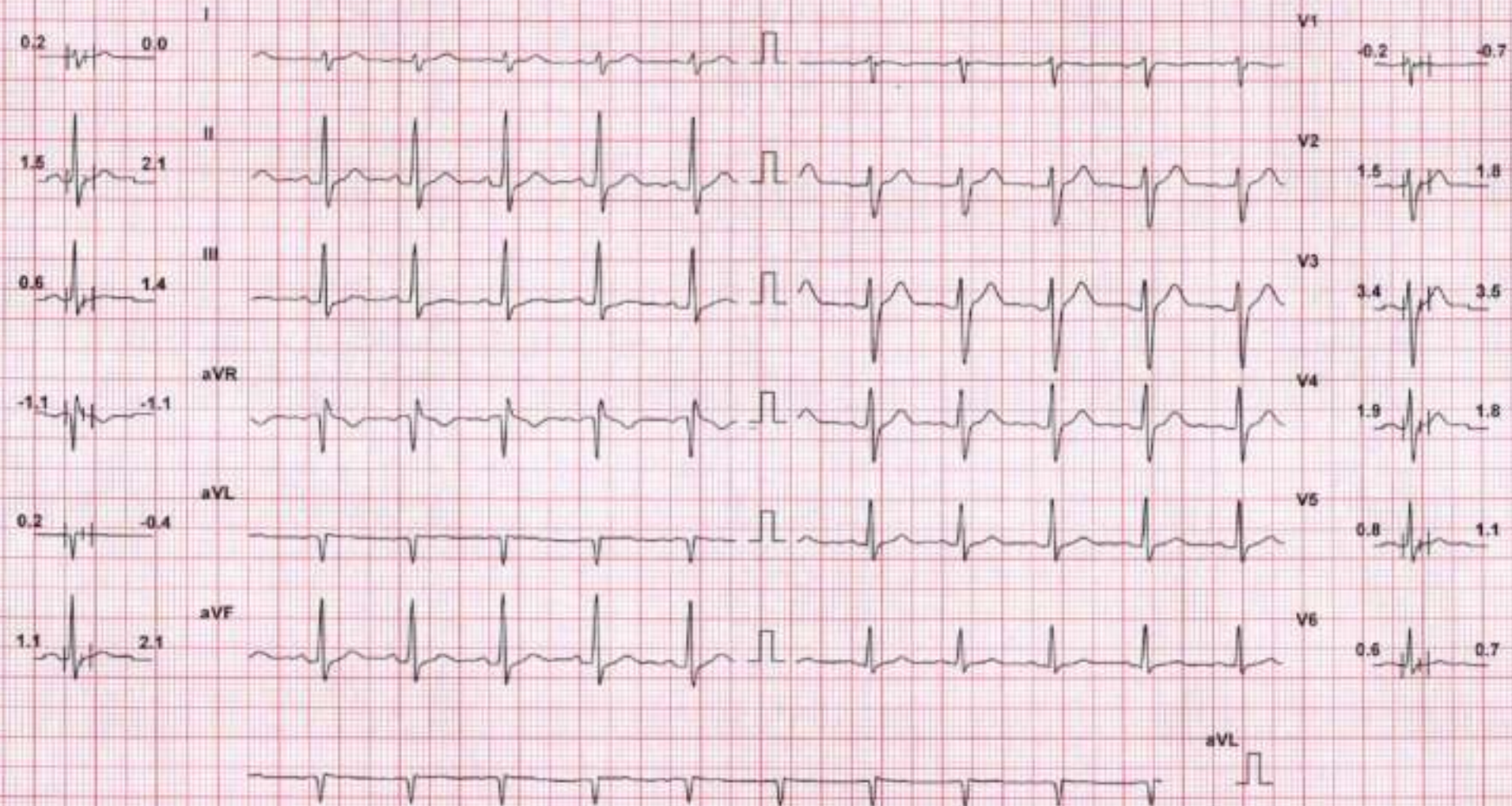


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

100 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindler V 4.7

# SEABIRD MEDICARE CENTRE POWAI

PRADYOTANSHU PRADHAN (36 M)

ID: 2213

Date: 11-Nov-23

Exec Time: 8 m 44 s

Stage Time: 2 m 0 s

HR: 96 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV / s)

0.2 0.0

1.7 2.1

0.8 1.4

-0.8 -1.1

0.0 -0.4

1.3 1.8

ST Level (mm) ST Slope (mV / s)

V1 0.2 -0.4

V2 1.5 1.8

V3 3.6 3.9

V4 1.3 1.4

V5 0.8 0.7

V6 0.6 0.7

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

bb = R = 60 ms

J = R = 60 ms

Pod J = J = 60 ms

Schiller Spondan V 4.7