

1020-22050001047

OP CASESHEET

Patient MRN : 10200000255601
Patient Name : Mr Raghavendar J
Sex/Age : Male, 35y 11m
Address : H No- Flat A 2, GM Infinite Ph 1,
Bommasandra, Bangalore Urban,
Karnataka, India, 560099
Visit Number : OP-001
Consultation Type : OP, New Visit
Mobile Number : 9949995422

Date : 09/05/2022 01:15 PM
Department : FAMILY MEDICINE
Consultant : Dr.Santosh K M
Ref. Hospital : -
Ref. Doctor : -
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

VITALS

P (mmHg) : 130/96 mm Hg
Height (cm) : 167 cm
Respiratory Rate(brpm) :
SPO2 : 99%
Heart Rate(bpm) : 71 bpm
Weight (kg) : 69 kg
Fall Score :
Temp (*F) :
BMI :
Pain Score :

CHIEF COMPLAINTS AND HPI

not present

GENERAL EXAMINATION

Allergies : Known/Unknown
Body Habitus: Cachectic/ Thin Built/ Average Built/ Obese/ Normal
Pertinent Family History : Negative/ Unknown
Psychological Assessment: Normal/Any Psychological Problem

eye, nose, mouth

SKIN: ? @ FKS, 85
TMJ
ORAL: Hb 15.2

SYSTEMIC EXAMINATION

NUTRITIONAL ASSESSMENT

Report Urine Sugar (+)

101/126
1m

INVESTIGATIONS

8-ur: 1.15
75H: 1.017
D'me.

TREATMENT SUGGESTED

Lifestyle changes
avoid

USG
O

REVIEW ON

CR

Generated By : Navitha N(320679)

Generated On : 09/05/2022 09:24 AM

One free consultation with the same doctor within next 6 days



NN1, NN2, NN4



CERTIFICATE

Mr. /Mrs. /Ms. Raghavendar J aged 35 year,

MR# 1011235 was seen on 9/05/2022

	Right Eye	Left Eye
Vision (BCVA)	6/6, N6	6/6, N6
Color Vision	(N)	(N)
Anterior Segment	WNL	WNL
Pupils	3mm RRR L	3mm RRR L
Fundus	Disc, Macula & Retina Normal	Disc, Macula & Retina Normal
IOP	15mmHg	15mmHg
ADVICE: - Yearly Eye Check Up		

Dr. Ajay Krishnamurthy
Doctor Signature

Dr. AJAY KRISHNAMURTHY
 Consultant, Ophthalmologist
 Reg. No. 89203 (KMC)
 NARAYANA NETHRALAYA

ADULT TRANS-THORACIC ECHO REPORT

Unit of Narayana Health

PATIENT NAME : Mr Raghavendar J
GENDER/AGE : Male, 35 Years
LOCATION : ASPA (R-1)

PATIENT MRN : 10200000255601
PROCEDURE DATE : 09/05/2022 11:38 AM
REQUESTED BY : Dr.Santosh K M



INDICATIONS : ASYMPTOMATIC
CLINICAL DIAGNOSIS : HEALTH CHECK
PREVIOUS ECHO REPORT : NO REPORTS AVAILABLE
VITAL PARAMETERS : HR (BPM) :71, SINUS RHYTHM, BP (MMHG) : 130/96, SO2 (%) : 99

IMPRESSION

- NORMAL CHAMBER DIMENSIONS
- NO RWMA
- NORMAL VALVES
- NORMAL PA PRESSURE
- NORMAL RV AND LV FUNCTION
- LVEF - 55 TO 60%

FINDINGS

CHAMBERS

LEFT ATRIUM : NORMAL SIZED
AP DIAMETER(MM): 31
RIGHT ATRIUM : NORMAL SIZED
MINOR AXIS A4CV(MM) : 27
LEFT VENTRICLE : NORMAL SIZED, NORMAL LV FILLING PRESSURE, NORMAL LV FUNCTION.
LVIDD(MM) : 45 IVSD(MM) : 11 EDV(ML) : 74
LVIDS(MM) : 32 LVPWD(MM) : 9 ESV(ML) : 40
E/A RATIO : 1.3 E/E'(AVERAGE) : 7 LVEF(%) : 55 - 60
RIGHT VENTRICLE : NORMAL SIZE AND THICKNESS WITH NORMAL FUNCTION
MINOR AXIS A4CV(MM): 21, TAPSE(MM): 19
LVOT/RVOT : NORMAL
RWMA : NO RWMA

VALVES

MITRAL : NORMAL, MR - TRIVIAL
AORTIC : NORMAL, PG - 4 MMHG
TRICUSPID : NORMAL, TR - TRIVIAL, TR PV - 2.5 M/S.
PULMONARY : NORMAL, PG - 3 MMHG

SEPTAE

IAS : INTACT
IVS : INTACT

ARTERIES AND VEINS

AORTA : NORMAL, LEFT AORTIC ARCH. AORTIC ANNULUS - 19 MM, ASCENDING AORTA - 28 MM.




MR RAGHAVENDAR J (10200000255601)

PA : NORMAL SIZED, PAT - 128 MS, PASP - 25 MMHG, NORMAL PA PRESSURE
IVC : IVC - 12 MM, NORMAL SIZED & COLLAPSIBILITY > 50 %. RAP - 3 MMHG, NORMAL.
SVC & CS : NORMAL
PULMONARY VEINS : NORMAL
PERICARDIUM : NORMAL PERICARDIAL THICKNESS. NO EFFUSION
INTRACARDIAC MASS : NO TUMOUR, THROMBUS OR VEGETATION SEEN
OTHERS : -



DR.SATISH C GOVIND
SENIOR CONSULTANT

ASHNIKA SINHA 
CARDIAC SONOGRAPHER

09/05/2022 11:38 AM

PREPARED BY : CHIKKAMMA M(349175)
GENERATED BY : STELLA MARY A(303812)

PREPARED ON : 09/05/2022 12:23 PM
GENERATED ON : 09/05/2022 12:29 PM

Patient Name : Mr. Raghavendar J

Age : 35 Years

Referring Doctor : EHC

MRN : 10200000255601

Sex : Male

Date : 09.05.2022

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:

Liver is normal in size (12.3 cm) and echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in course, caliber and shows hepatopetal flow. Hepatic veins and their confluence draining into the IVC appear normal. **CBD** is not dilated.

Gallbladder is partially distended without evidence of calculi or pericholecystic fluid.

Pancreas is obscured by bowel gas.

Spleen is normal in size (10.3 cm), shape, contour and echopattern. No evidence of mass or focal lesions.

Right Kidney is normal in size (measures 10.2 cm in length & 1.5 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Left Kidney is normal in size (measures 11.1 cm in length & 2.1 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Retroperitoneum – Obscured by bowel gas.

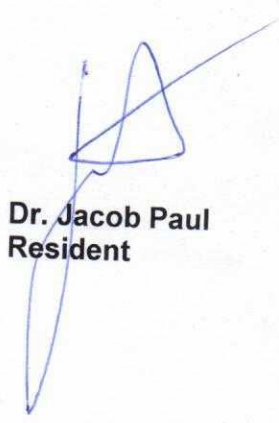
Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Prostate is normal in size (Volume = 23 cc).

Fluid - There is no ascites or pleural effusion.

IMPRESSION:

- No significant abnormality detected.


Dr. Jacob Paul
Resident

Typed by Banuprakash G

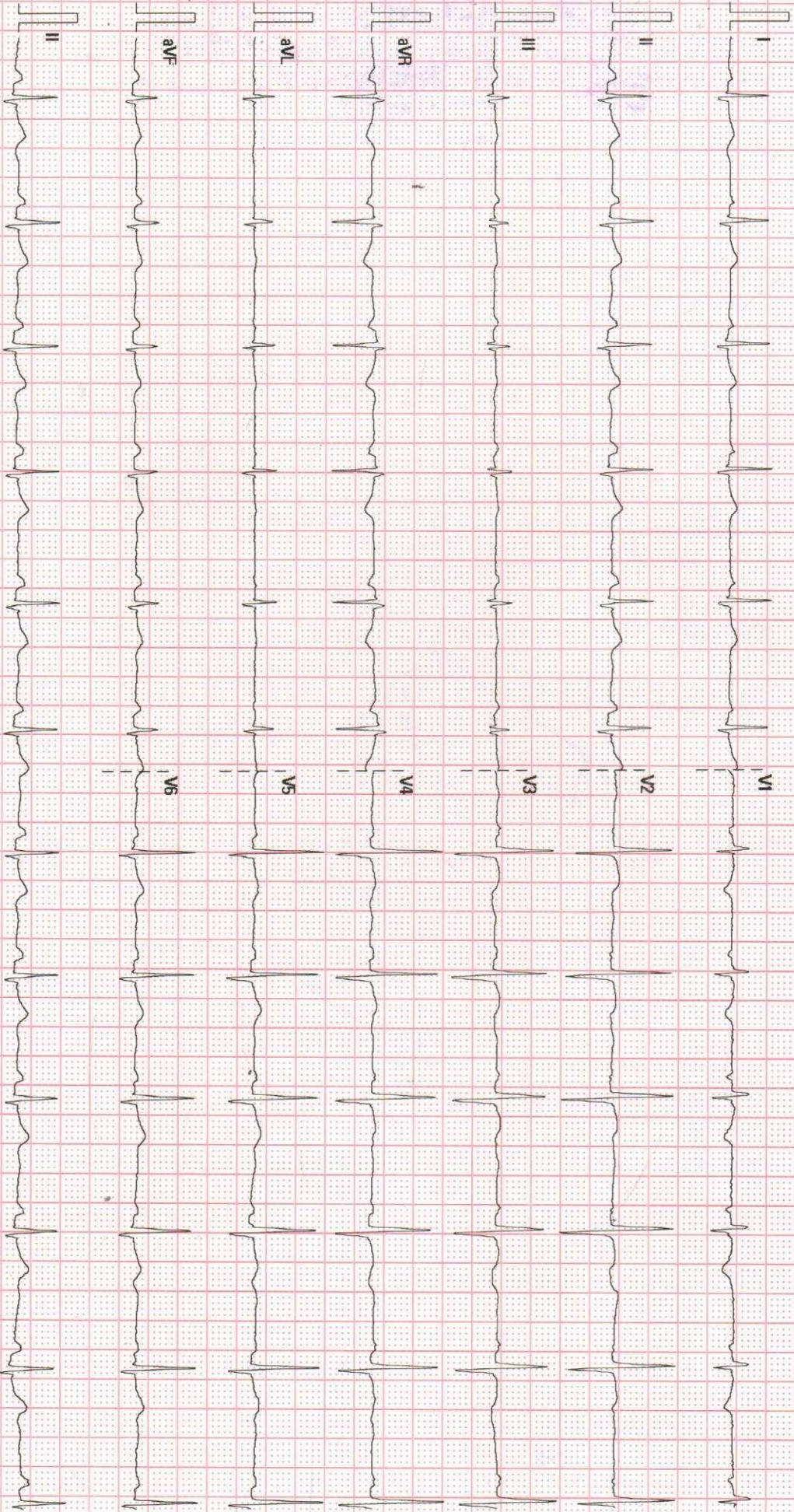
ID: 1020000255601
Name: RAGHAVENDRA J
Age: 35 Years
Gender: Male

09-05-2022 10:34:48

Vent. Rate
PR Interval
QRS Duration
QT/QTc Interval
P/QRS/T Axes
QTc Hodges

69 bpm
148 ms
84 ms
384/400 ms
58/41/46 deg

CERCORIQ MADE IN ITALY



25 mm/s

10 mm/mV

50 Hz

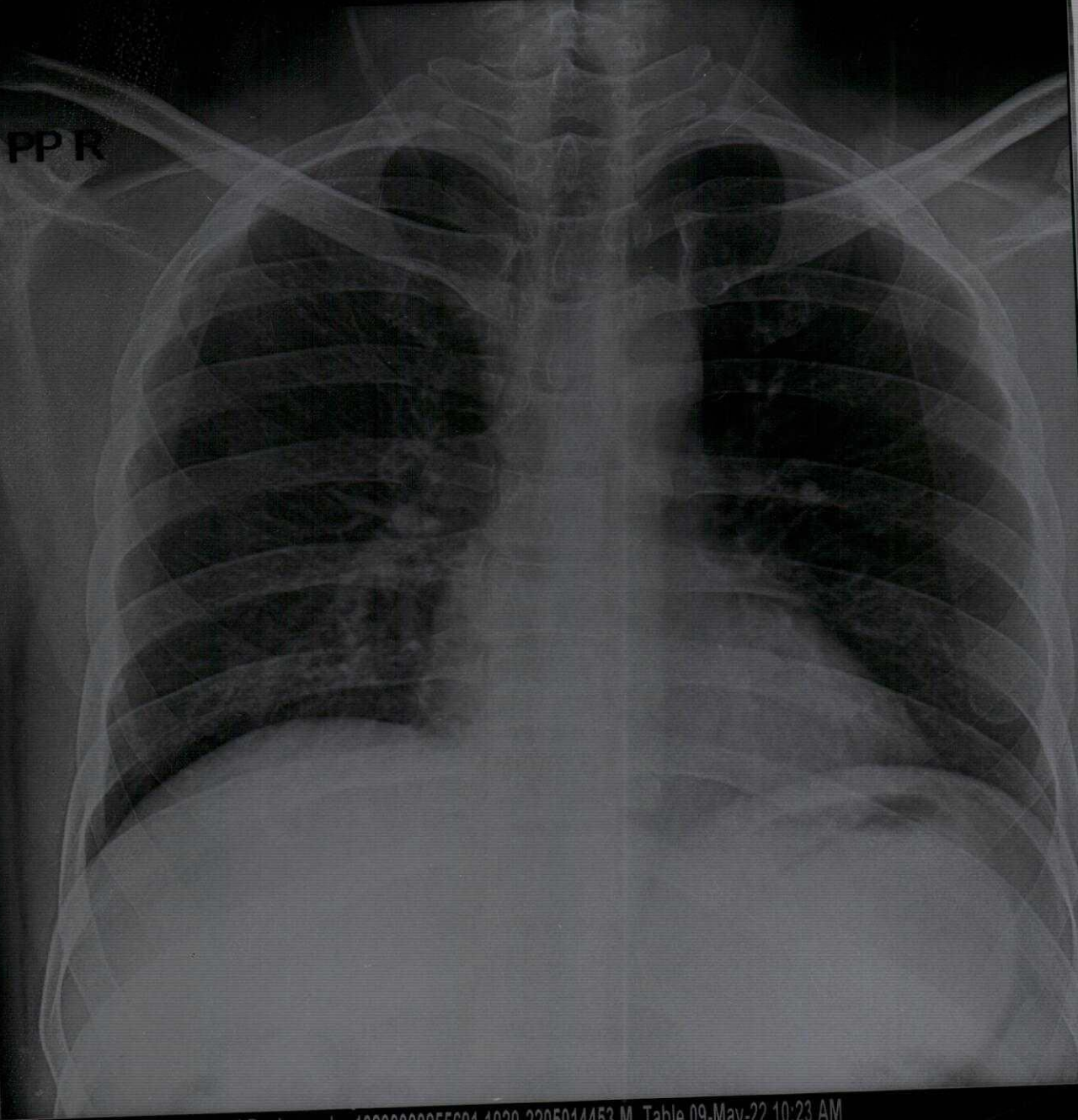
BBR 35 Hz

NH NARAYANA CITY

02.06.00/128.4.1

SN FN 74007567

PPR



J Raghavendar 10200000255601 1020-2205014453 M Table 09-May-22 10:23 AM

NH HEALTHCITY BANGALORE

NARAYANA INSTITUTE OF CARDIAC SCIENCES
NH HEALTH CITY
BENGALURU

Station : ASPA TMT
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: RAGHAVENDAR J.
Patient ID: 1020000255601
Height: 167 cm
Weight: 69 kg

DOB: 25.05.1986
Age: 35yrs
Gender: Male
Race: Indian

Study Date: 09.05.2022
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: EHC
Attending Physician: DR ASHUTOSH VASHISTHA
Technician: MS MANJAMMA

Medications:
NOT KNOWN

Medical History:
HEALTH CHECKUP

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:41	0.00	0.00	78	130/90	
	STANDING	00:02	0.00	0.00	78	130/90	
	WARM-UP	00:25	1.00	0.00	85	130/90	
EXERCISE	STAGE 1	02:08	1.70	10.00	121	130/90	
	STAGE 2	02:08	2.50	12.00	134	140/90	
	STAGE 3	01:23	3.40	14.00	148	150/90	
RECOVERY		03:25	0.00	0.00	100	150/90	

The patient exercised according to the BRUCE for 5:38 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 84 bpm rose to a maximal heart rate of 150 bpm. This value represents 81 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/90 mmHg, rose to a maximum blood pressure of 150/90 mmHg. The exercise test was stopped due to Heart rate achieved.

Conclusions

GOOD EFFORT TOLERANCE
NORMAL HR AND BP RESPONSE
NO ANGINA OR ARRHYTHMIAS
NO SIGNIFICANT ST-T CHANGES NOTED
IMP: STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA

Physician _____



Technician _____

