

MER- MEDICAL EXAMINATION REPORT

Date of Examination	22/1/24		
NAME	PRIYANSU SINGH		
AGE	27	Gender	F.
HEIGHT(cm)	156	WEIGHT (kg)	70 BMB 28-3
B.P.	110/70		
EKG	norm.		
X Ray	normal		
Vision Checkup	-		
Present Ailments	no		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	MEDICINE RIF		

Signature with Stamp of Medical Examiner

Dr. Shita Rastogi
MBBS, DCP
Reg. No. 37370



भारत सरकार
 Ministry of Health and Family Welfare
 Government of India

सिंग सिंघ
 PRIYANSHU SINGH
 18/07/1996
 MALE




5144 3070 1777
 VID : 9162 0986 2058 7247
 प्रो. अशोक, सी.टी. एडव. सुपर

Priyanshu Singh

भारत सरकार
 Ministry of Health and Family Welfare
 Government of India

सिंग सिंघ
 प्रो. अशोक सुपर सिंग, सिंग, सिंग, सिंग,
 सिंग सिंग - 227304

Address:
 C/O: Abhishek Kumar Singh, Lamba,
 Shivgari, Sultanpur,
 Uttar Pradesh - 227304



5144 3070 1777
 VID : 9162 0986 2058 7247

1847 | 1847 | 1847 | 1847 | 1847 | 1847 | 1847 | 1847 | 1847 | 1847



You have been informed that ent dental othal diet,gynec
consultation facility is not available at our centre. If you are ready
then your test can be start.

2D echo test facility is not available at our center, instead we do TMT
test.

Pu yamshu singh



I am not ready for the pap smear test because of my personal reasons.

Beiyemba Singh

22/01/2024



CLINIC :
1/4A, Vineel Khand, (Opp Jaipuria Management)
Gombi Nagar, Lucknow - 226 010
Ph: 0522-4008184, 4308184 • 8112323230
Mob: 7618884441, 9450389932, 8177063877

Date	: 22-Jan-2024			
Name	: Mrs. PRIYANSHU SINGH		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Haemoglobin	12.2	gm%	11 - 14	
Total Leucocyte Count	7600	Cells/cumm.	4000-11000	
Differential Leucocyte Count				
Polymorphs	60	%	45 - 70	
Lymphocytes	33	%	20 - 45	
Eosinophils	02	%	0 - 6	
Monocytes	05	%	0 - 8	
Basophils	00	%	0 - 1	
Erythrocyte Sedimentation Rate (Wintrobe)				
* ESR	08	mm in 1st Hr.	0 - 19	
PCV	39.9	cc%	40 - 52	
Corrected ESR	02	mm in 1st Hr.	0 - 19	
Platelet Count	1.56	lakh/cumm.	1.5 - 4.0	
Red Cells Count	4.48	million/cmm	3.90 to 4.60	
Absolute values				
MCV	81.3	fL	77 - 97	
MCH	27.2	pg	27 - 31	
MCHC	31.0	gm /dl	31 - 34	

Dr. Sanjay Rastogi
Page 8 of 8 (End Of Report)
Path & Bact (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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Date : 22-Jan-2024

Name : **Mrs. PRIYANSHU SINGH**

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Date	: 22-Jan-2024		
Name	: Mrs. PRIYANSHU SINGH	Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Plasma Glucose - F GOD-POD Method	105	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	116	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

Blood Group & Rh	"B" Positive		
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KFT			
UREA	18.0	mg %	15 - 50
CREATININE	0.85	mg %	0.5 - 1.5
URIC ACID	5.0	mg %	2 - 6
CALCIUM	9.5	mg %	8.8 - 10.0

LFT T&D			
Total Bilirubin	0.61	mg%	0.2 - 1.0
Direct Bilirubin	0.28	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	21	IU/L	5 - 40
S.G.O.T	15	IU/L	5 - 50
ALP	86	IU/L	35 to 104

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Date	: 22-Jan-2024			
Name	: Mrs. PRIYANSHU SINGH		Age	: 27 Yrs.
Ref.By	: APOLLO HEALTH		Sex	: Female
Serum Gamma G.T.	16	IU/L	11 - 50	
Urine Sugar (Fasting)	NIL			
Urine Sugar (PP)	NIL			

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Date	: 22-Jan-2024	Age	: 27 Yrs.
Name	: Mrs. PRIYANSHU SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	106	mg%	70 - 190
S. Cholestrol S.	133	mg%	130 - 230
S. HDL Cholestrol	42.1	mg%	35 - 75
S. LDL Cholestrol	69.7	mg%	75 - 150
VLDL	21.2	mg%	0 - 34
Chol / HDL factor	3.16		
LDL / HDL Factor	1.66		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 22-Jan-2024

Name : **Mrs. PRIYANSHU SINGH**

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

THYROID TEST

Tri-iodothyronine (T3)	1.10	nmol/L	0.50 to 2.50
Thyroxine (T4)	8.20	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	5.45	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2).Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 22-Jan-2024

Name : Mrs. PRIYANSHU SINGH

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.7	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

=====

NON DIABETIC : 4.5 to 6.0 %
 GOOD CONTROL: 6.0 to 7.0
 FAIR CONTROLLED 7.0 AND 8.0
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 22-Jan-2024

Name : Mrs. PRIYANSHU SINGH

Age : 27 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.030

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	0-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mrs Priyanshu singh
Ref By. Apollo Health

Age/Sex 27/F
22/01/2024

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	78/mt
3. Ventricular Rate	:	78/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Signature of Doctor

MD
Reg. No. 44559

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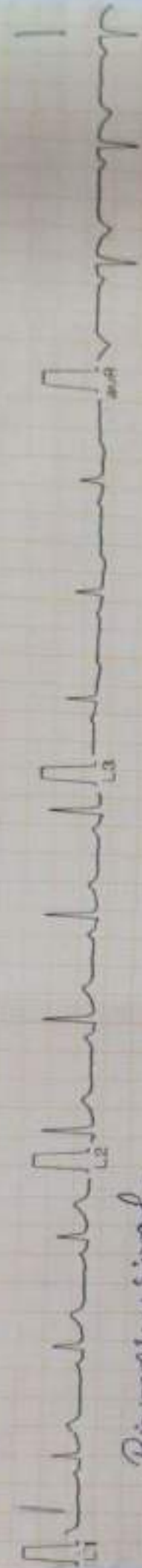
Name Piyasudha

Age Vrs M/F

10mm/mV

25mm/s

0.1-35 Hz BLC



Bijayeshu Singh

Dr.

Dr.



Dr.
 Piyasudha Singh
 Registrar



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TEST REQUEST ID	012401220012	SAMPLE DATE	22/Jan/2024 09:18AM
NAME	:Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	22/Jan/2024 09:18AM
AGE SEX	27 YRS FEMALE	REPORTED DATE	22/Jan/2024 12:37PM
REFERRED BY	Apollo Health and Lifestyle Limited.	BARCODE NO	.01220012

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (141 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (108 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 102 x 49 mm & LK -109 x 46 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is normal in size (59 x 45 x 30 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal

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Consultant Radiologist

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TEST REQUEST ID	012401220012	SAMPLE DATE	:22/Jan/2024 09:18AM
NAME	:Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	:22/Jan/2024 09:18AM
AGE SEX	27 YRS FEMALE	REPORTED DATE	:22/Jan/2024 12:37PM
REFERRED BY	Apollo Health and Lifestyle Limited,	BARCODE NO	:01220012

7.3 mm. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae A simple anechoic cyst of size 40 x 27 mm is seen in left ovary, no internal vascularity / septation is seen. Right ovary is normal 31 x 29 mm in size, shape and echotexture. No other abnormal adnexal solid or cystic mass lesion is seen in contra lateral ovary.

Both iliac fossae are clear. No obvious bowel pathology is noted. There is no free fluid in peritoneal cavity.

OPINION:

- SIMPLE LEFT OVARIAN CYST (FUNCTIONAL)

*** End Of Report ***

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TEST REQUEST ID :012401220012	SAMPLE DATE	:22/Jan/2024 09:18AM
NAME :Mrs. PRIYANSHU SINGH	SAMPLE REC. DATE	:22/Jan/2024 09:18AM
AGE/SEX :27 YRS/FEMALE	REPORTED DATE	:22/Jan/2024 04:48PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01220012

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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Gomti Nagar Lucknow

Report



PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg
 Date: 22 - 01 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	084	44 %	110/70	092	00	
Standing	00:08	0:04	00.0	00.0	01.0	087	45 %	110/70	095	00	
HV	00:13	0:05	00.0	00.0	01.0	087	45 %	110/70	095	00	
ExStart	00:28	0:15	00.0	00.0	01.0	088	46 %	110/70	096	00	
BRUCE Stage 1	03:28	3:00	02.7	10.0	04.7	144	75 %	110/70	158	00	
BRUCE Stage 2	06:28	3:00	04.0	12.0	07.1	175	91 %	126/84	220	00	
PeakEx	06:34	0:06	00.0	00.0	07.2	184	95 %	132/94	242	00	
Recovery	07:34	1:00	00.0	00.0	01.1	139	72 %	130/92	180	00	
Recovery	08:34	2:00	00.0	00.0	01.0	109	56 %	128/90	139	00	
Recovery	09:34	3:00	00.0	00.0	01.0	115	60 %	124/86	142	00	
Recovery	09:44	3:09	00.0	00.0	01.0	106	55 %	124/86	131	00	

FINDINGS :

Exercise Time : 06:06
 Max HR Attained : 184 bpm 95% of Target 193
 Max BP Attained : 132/94 (mm/Hg)
 Max WorkLoad Attained : 7.2 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

[Signature]
 Dr. P. S. Singh
 MD, D. 44559

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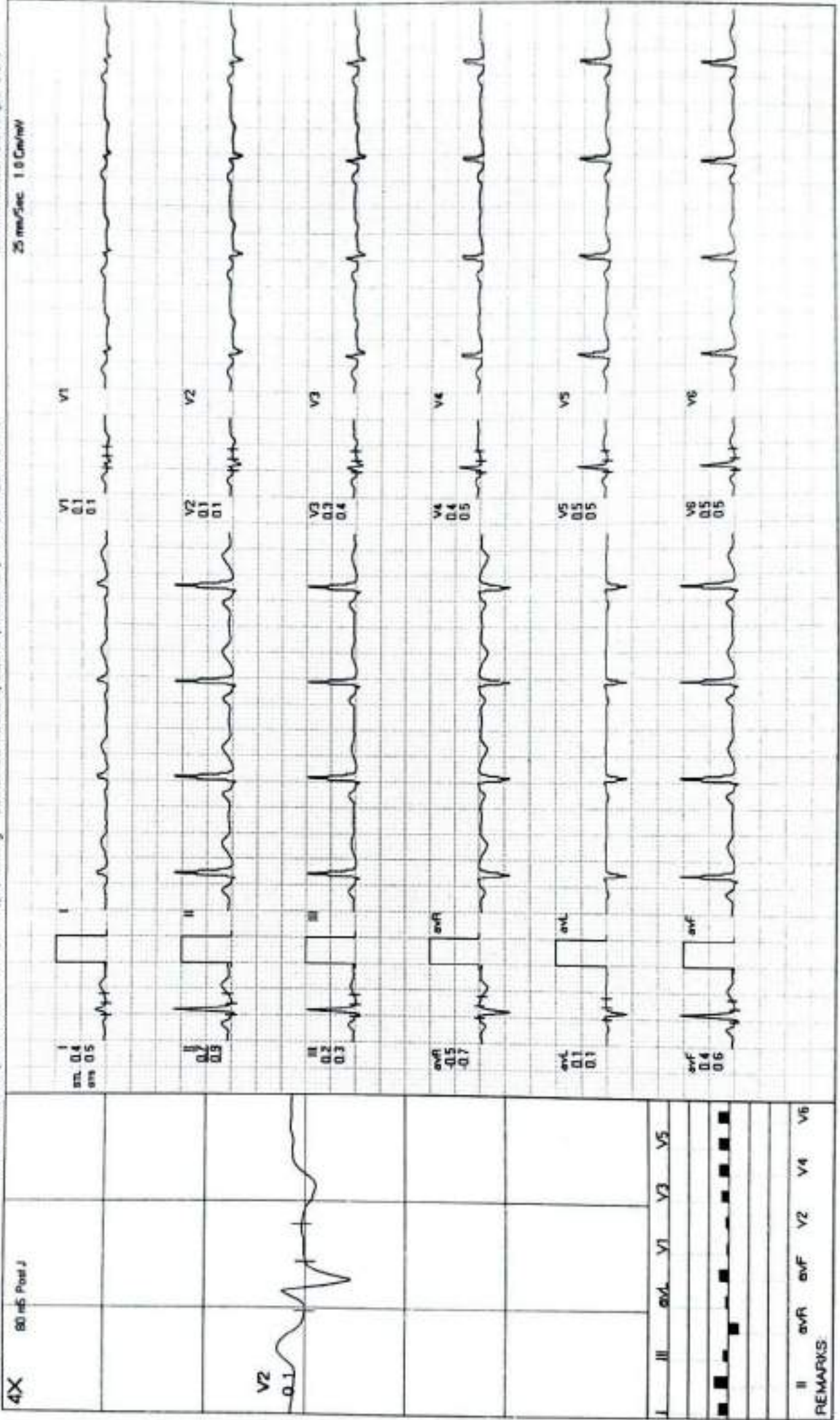
BRUCE:Supine(0:05)

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 84

Date 22-01-2024

METS 1.0/ 84 bpm 44% of THR BP: 110/70 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%



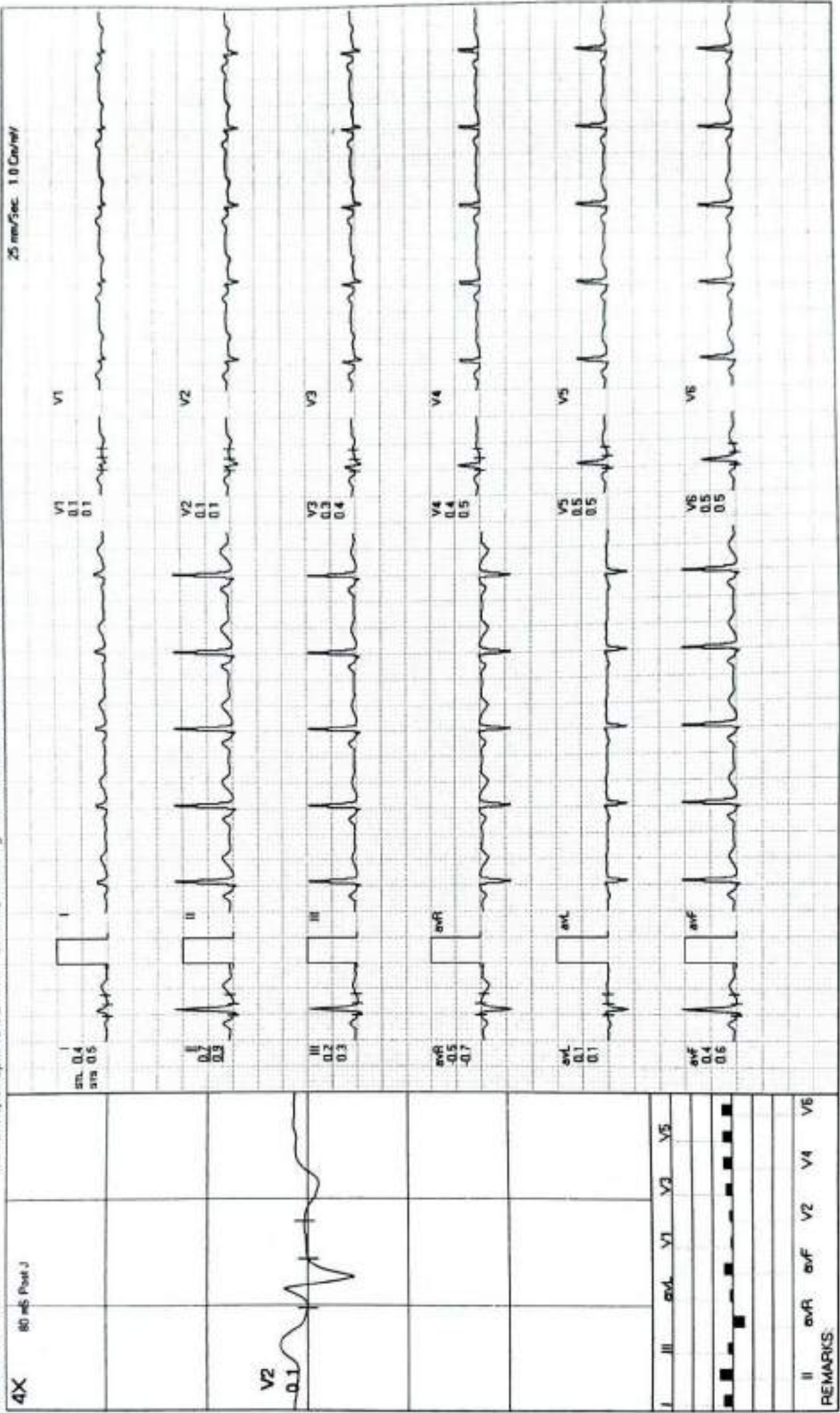
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE:Standing(0:05)



PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 87

Date: 22-01-2024 METS: 1.0/87 bpm 45% of THR BP: 110/70 mmHg Combined Medians/BLC Ov/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Km/pt 0.0%
 25 mm/Sec 1.0 Cm/mV



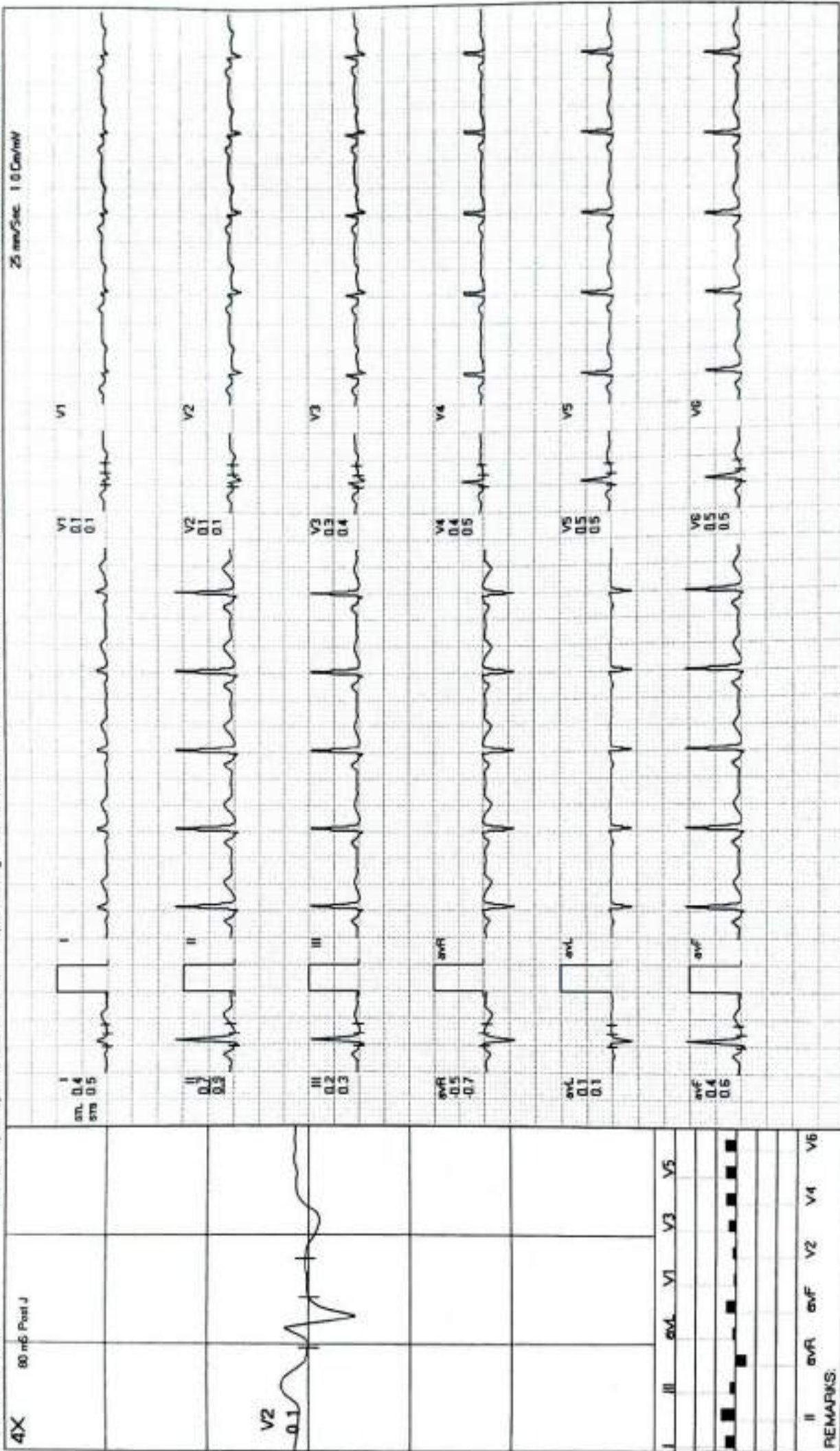
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 87

BRUCE:HV(0:07)



Date 22-01-2024 METS 1 0/87 bpm 45% of THR BP 110/70 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph 0.0%



4X

80 mV Post J

V2

0.1

I II aVR aVL V1 V3 V5

II aVR aVL V2 V4 V6

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 88

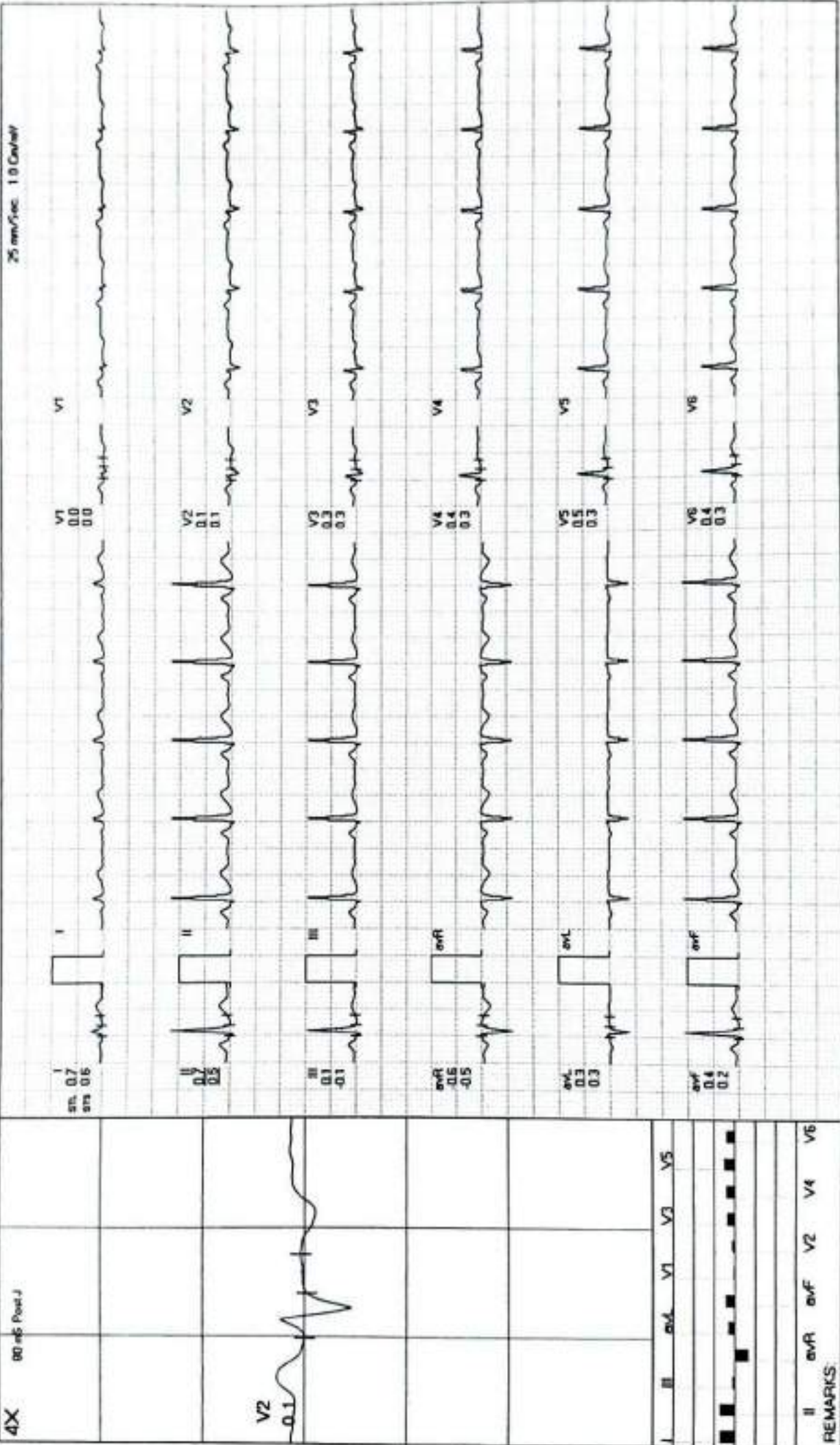
ExStart



Date 22-01-2024

METS 1.0/88 bpm 46% of THR BP 110/70 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/AF 35 Hz

ExTime 09:00 0.0 kmph 0.0%



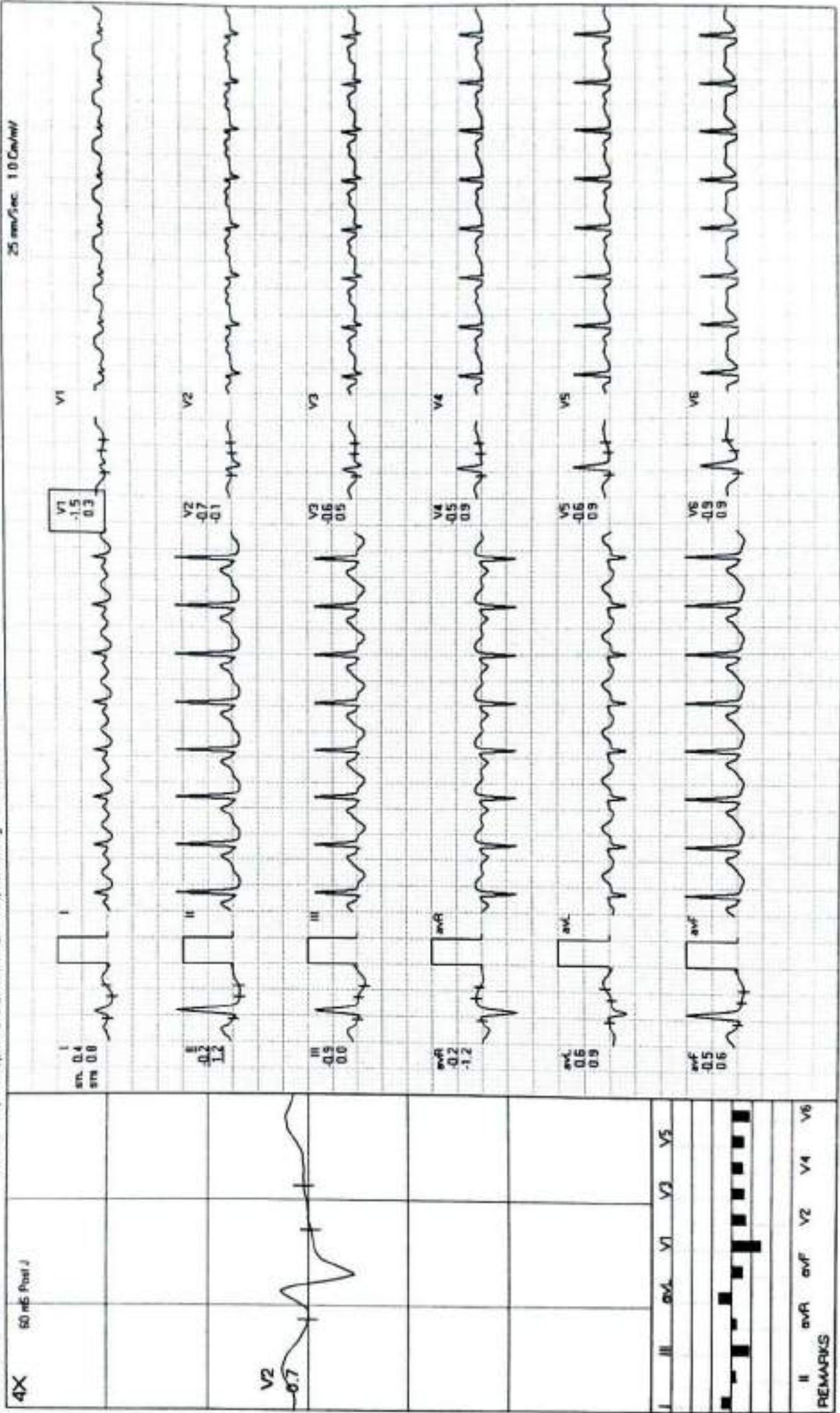
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 144

BRUCE: Stage 1(3:00)



Date 22-01-2024 METS: 4.7/144 bpm 75% of T_{HR} BP: 110/70 mmHg Combined Medians/ ELC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz
 4X 50 mV Post J ExTime 03:00 2.7 Kmph, 10.9% 25 mm/sec 1.0 Cm/mV



REMARKS: II avR avL V2 V4 V6

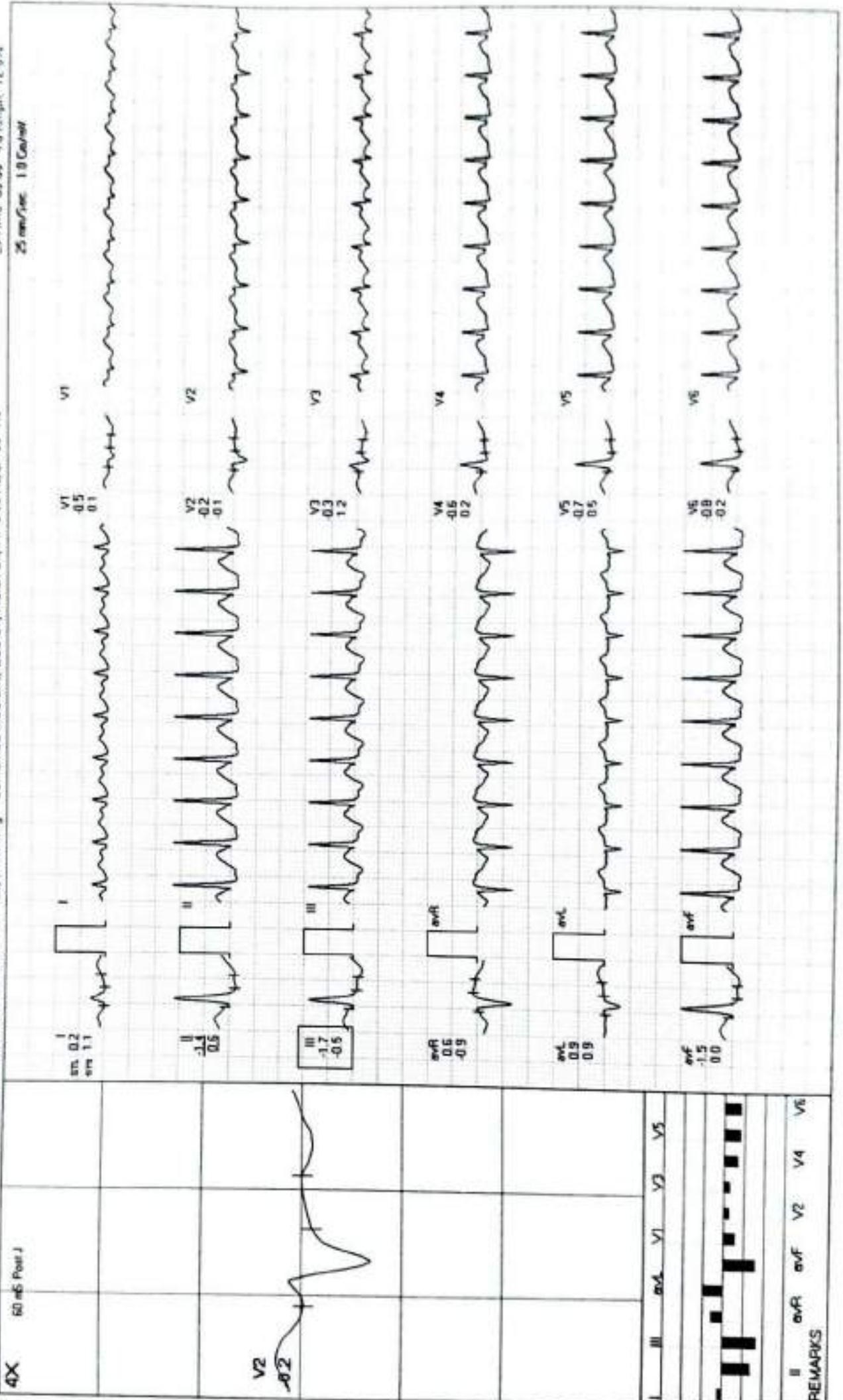
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

BRUCE: Stage 2(3:00)



PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 175

Date: 22-01-2024 METS: 7 / 175 bpm 51% of Th-6R. BP: 126/84 mmHg. Combined Meds: BLC On/Match On/ HF 0.05 Hz/LF 35 Hz. Ex Time: 05:08 4.0 Kmph. 12.0%
 4X 60 mS Post J 25 mm/sec 1.0 Cm/mV



REMARKS

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 184

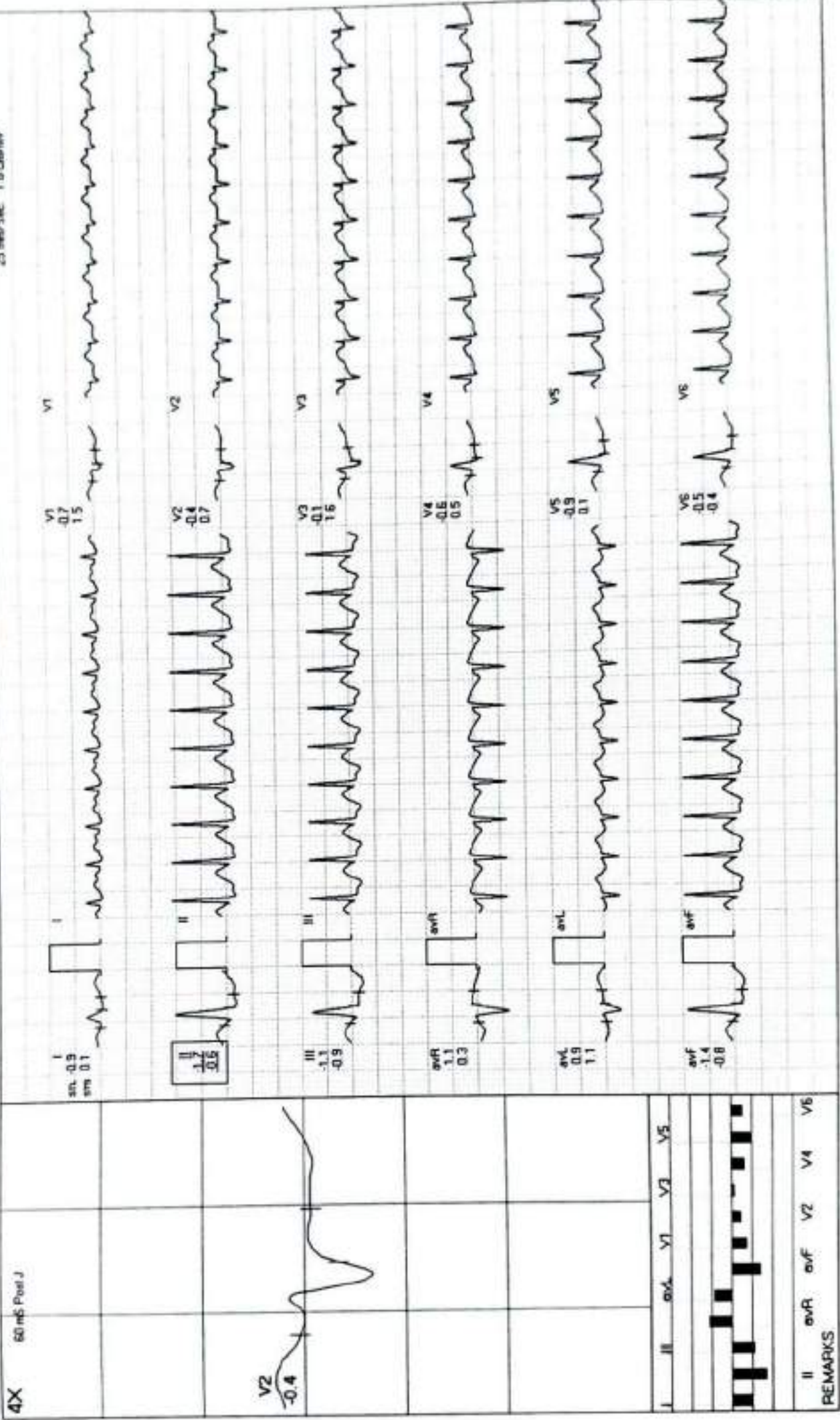
PeakEx



ExTime 06:07 0.0 Km/h 0.0%

Date 22-01-2024 METS 7.2/184 bpm 95% of ThR BP 132/84 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

25 mm/sec 1.0 Cm/mV



REMARKS

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 139

Recovery(1:00)

AGJDL



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PRIYANSHU SINGH / 27 Yrs / F / 156 Cms / 70 Kg / HR : 109

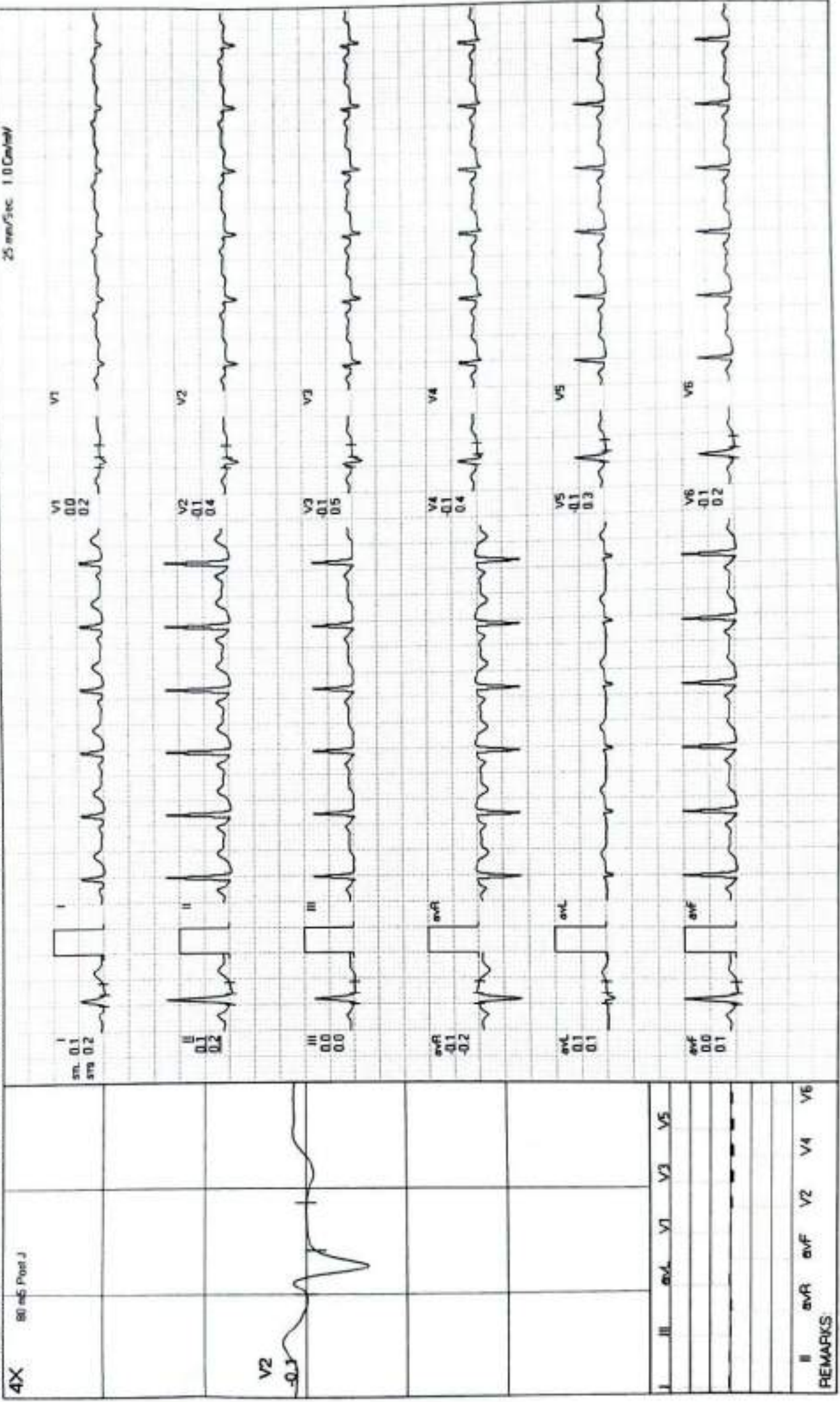
Recovery(2:00)



ExTime: 06:06 0.0 KmPh. 0.0%

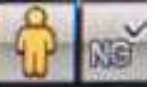
METS 1.0 / 109 bpm 56% of THR BP 128/90 mmHg Combined Mediens/BLC Ov/ H/F 0.05 Hz/ LF 35 Hz

Date 22-01-2024

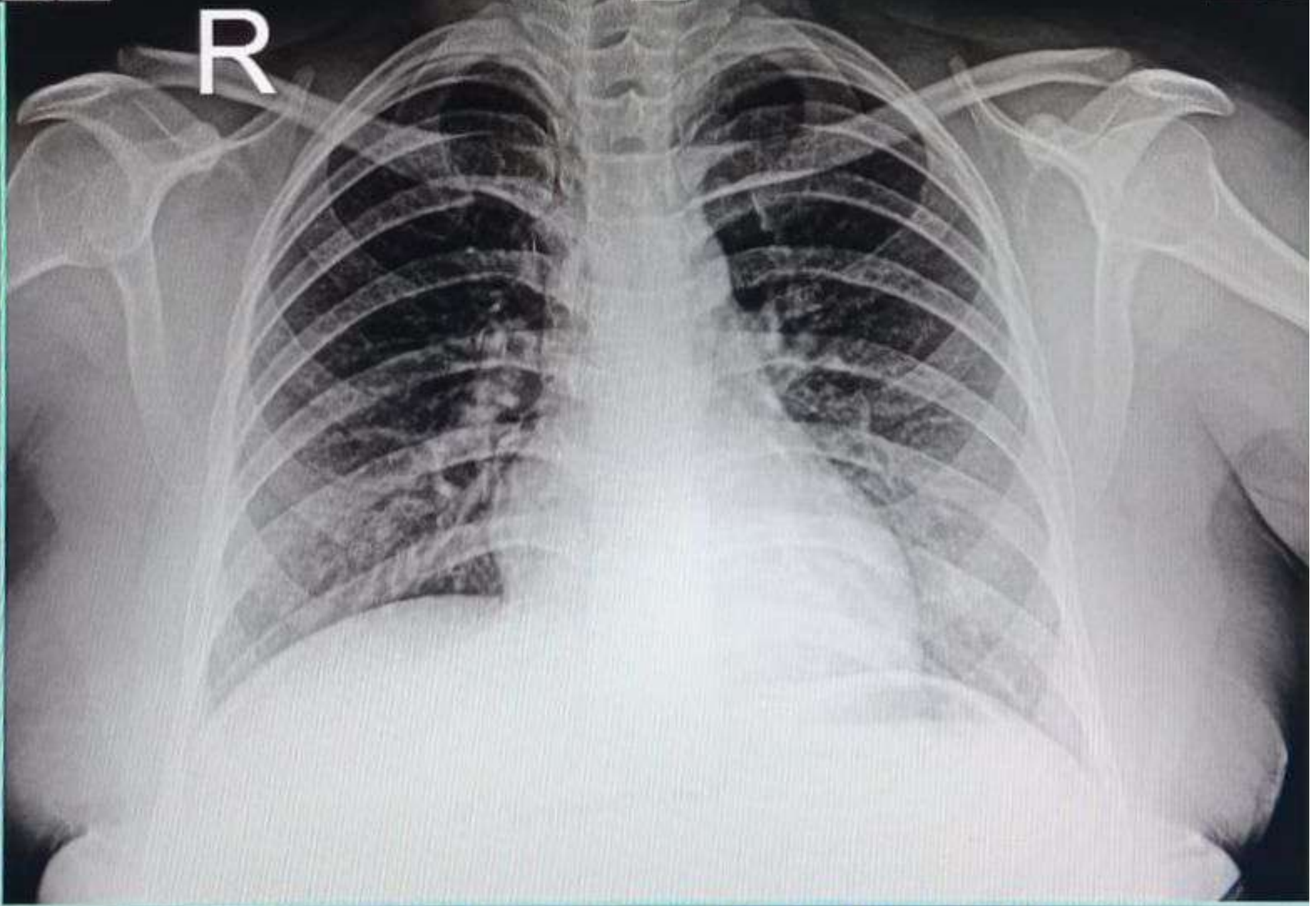




NEW!



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