



ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ

ಭಾರತ ಸರ್ಕಾರ

Unique Identification Authority of India

Government of India

Enrolment No.: 1189/55811/00984

To  
ಶ್ರೀ ರವಿ ಕುಮಾರ್ ನಾಯ್ಕ  
R Sathish Kumar Naik

Height :	Weight : 53.6	BMI :	Waist Circum :
Temp :	Pulse : 61	Resp :	B.P :

General Examination /  
Allergies History

Dr. R. Sathish Kumar Naik

11/11/2024

GIRINAGAR  
NEAR LAST GIRINAGAR BUS STOP  
Clinical Diagnosis & Management Plan  
Bangalore Banashankari III Stage  
Karnataka - 560085  
8095302093



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

**3302 3475 2650**

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ  
Government of India



ಶ್ರೀ ರವಿ ಕುಮಾರ್ ನಾಯ್ಕ  
R Sathish Kumar Naik  
Age: 36 / DOB: 23/11/1983  
ಪುರುಷ / MALE



3302 3475 2650

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು

Follow up date :

Doctor Signature

प्रति,

समन्वयक,

Mediwheel (Arcofemi Healthcare Limited)

हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ वडोदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार है हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MR. NAIK SATHISH KUMAR RAMASWAMY
क.कू.संख्या	76067
पदनाम	RELATIONSHIP MANAGER (NTB)
कार्य का स्थान	MYSORE, M U D A
जन्म की तारीख	23-11-1983
स्वास्थ्य जांच की प्रस्तावित तारीख	13-01-2024
चुकिंग संदर्भ सं.	23M76067100082840E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ वडोदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 08-01-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं चुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ वडोदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)



Date : 13-01-2024  
MR NO : CMYS.0000059238

Department : GENERAL  
Doctor :

Name : Mr. SATHISH KUMAR NAIK

Registration No : Dr. Hemant Kumar  
Qualification : MS (Genl)

Age/Gender : 40 Y / Male

Consultation Timing : 09:30

Height : 167	Weight : 75.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Come for regular health check

Ears Inspected GR - normal

nose normal mucosa @

oral cavity in good health - @

neck @

AC

- heart

Dr

Follow up date :

Doctor Signature  
**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 13-01-2024  
MR NO : CMYS.0000059238

Department : GENERAL  
Doctor :

Name : Mr. SATHISH KUMAR NAIK

Registration No :

Age/ Gender : 40 Y / Male

Qualification :

Consultation Timing: 09:30

Height : 167	Weight : 75.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Near  
vision

Distant  
vision

Glare  
vision

R eye

L eye

6/6

6/6

6/6

6/6

(n)

(n)

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date\* : 13-01-2024  
MR NO : CMYS.0000059238

Department : GENERAL Dietetics  
Doctor : Madhura . B. P

Name : Mr. SATHISH KUMAR NAIK  
Age/ Gender : 40 Y / Male

Registration No :  
Qualification : M.Sc Nutrition & Dietetics  
PhD\*

Consultation Timing: 09:30

IRU - 67kg

Height : 167	Weight : 75.9	BMI : 28.5	Waist Circum : 100
Temp :	Pulse :	Resp :	B.P : 120/80

General Examination /  
Allergies History

FBS - 109  
Total cholesterol - 211  
Triglycerides - 167  
HDL - 29  
NON HDL - 182  
LDL - 148.72  
VLDL - 33.49  
chol / HD - 7.32

Clinical Diagnosis & Management Plan

→ Advised low fat diet with fiber rich foods.  
→ Regular physical exercise is important.  
→ Chart is given.

Follow up date :

Doctor Signature :  . B. P  
12/01/2024

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore  
Ph : 0821-40XXXX


Name-  
Age-  
Height-  
Weight-  
BMI-

IBW-

Department- Dietetics  
Name- Madhura B P  
Qualification- M.Sc Nutrition & Dietetic  
PhD\*

- ~~Advised~~
- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil- ½ litre/person/month.
- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

Dietician Signature

  
13/01/2024

Date : 13-01-2024  
MR NO : CMYS.0000059238

Department : GENERAL  
Doctor : RCHITH.H.E.

Name : Mr. SATHISH KUMAR NAIK

Registration No :

Age/ Gender : 40 Y / Male

Qualification :

Consultation Timing: 09:30

Height: 167	Weight: 75.4	BMI:	Waist Circum: 120/80
Temp:	Pulse:	Resp:	B.P:

General Examination /  
Allergies History

FBS-109

Clinical Diagnosis & Management Plan

Pt. can for Annual Health check.  
No febrile complaints  
No h/o DM, HTN

I, - HbA<sub>1c</sub>

Adv  
- Riv + Reports



Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006010/41



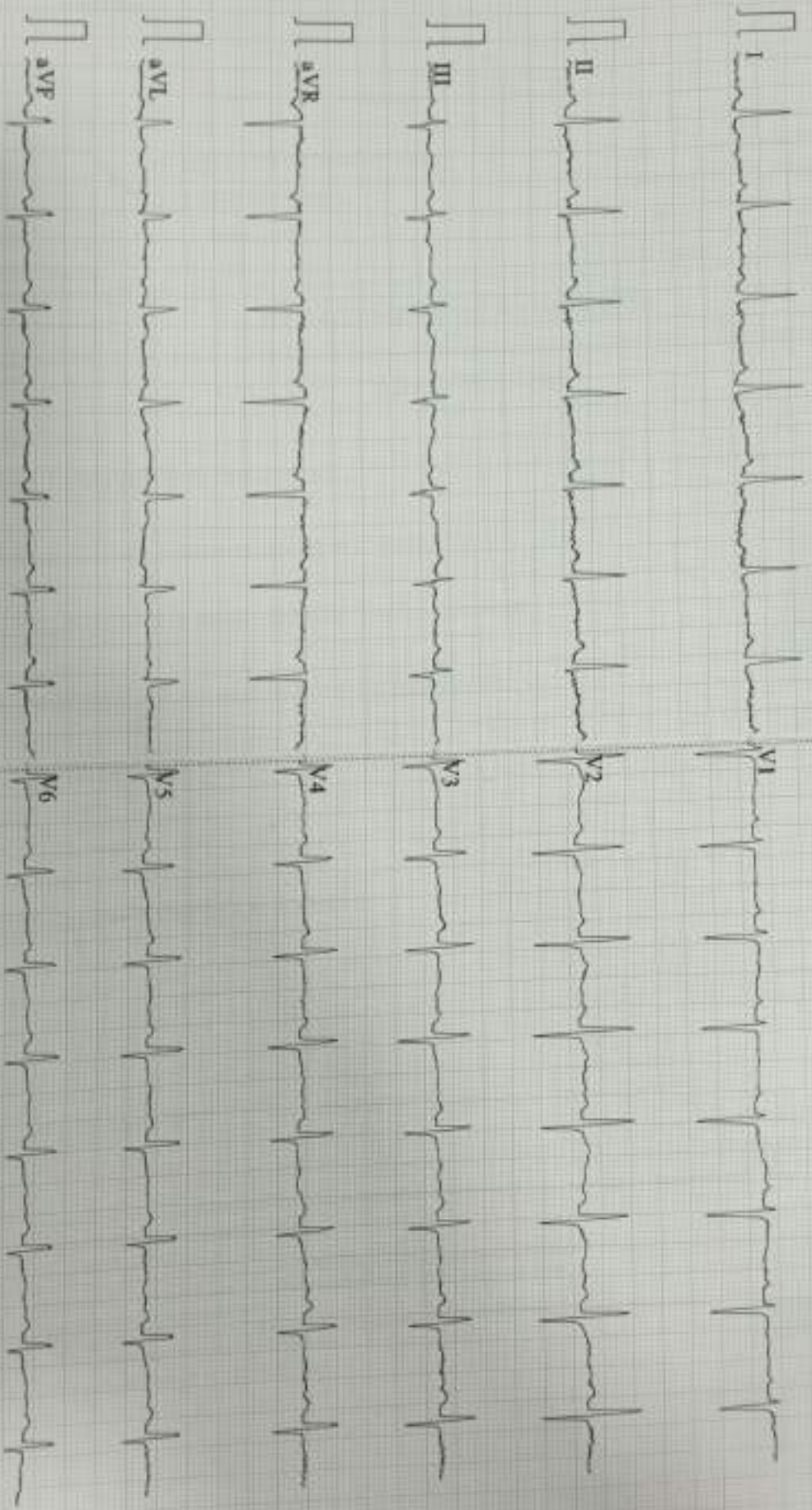
ID: 59238  
MR SATHISH KUMAR NAIK  
Male 40Years  
167cm 75Kg 120/80 mmHg

13-01-2024 11:05:56 AM

Diagnostic Information:

Unconfirmed Report

**Apollo Clinic**  
# 23, 1st Floor,  
Kaldasa Road, Mysore - 02  
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2\*5.0s 91 CARDIART

D V143 Glasgow V2860 APOLLO CLINIC MYSURU

Patient Name	: Mr. SATHISH KUMAR NAIK	Age	: 40 Y M
UHID	: CMYS.0000059238	OP Visit No	: CMYSOPV121324
Reported on	: 13-01-2024 16:32	Printed on	: 13-01-2024 16:40
Adm/Consult Doctor	:	Ref Doctor	: SELF

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**

*Pradeep*

Printed on:13-01-2024 16:32

---End of the Report---

**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**Apollo Health and Lifestyle Limited**

CLINICAL SERVICES

Regd. Office: 16th Floor, Aditya Baghworth Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph No: 404 7777 Fax No: 404 7744 (E-mail: [enquiry@apollohospitals.com](mailto:enquiry@apollohospitals.com)) [www.apollohospitals.com](http://www.apollohospitals.com)

**APOLLO CLINIC'S NETWORK KARNATAKA**

Bangalore - Crossword Mall | Bellary - (Electronics City) | Hazar Town | HSR Layout | Indira Nagar | JP Nagar | Kumbhakar |  
Kuvempu - Varadacharya Road | Mysore - (VV Mohalla)

Online appointment: [www.apollohospitals.com](http://www.apollohospitals.com)

TO BOOK AN APPOINTMENT

**1860 500 7788**



Patient's Name : Mr. Sathish Kumar Naik	Age & Sex; 40Yrs/Male
Date : 13.01.2024	UHID No:59238

### 2D ECHOCARDIOGRAPHY STUDY

**Impression:**

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function, EF 68 %
- No clots. No pericardial effusion

**Findings**

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

**Apollo Health and Lifestyle Limited**

CIN: U65100TG2000PLC115819  
 Regd Office: 1-70-60-42, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
 Ph: +91 (0) 404 7777 Fax: +91 (0) 404 7788 | Email: @enquiry@apolloh.com | www.apolloh.com

**APOLLO CLINIC'S NETWORK BANGALORE**

Bangalore: Basavanagudi | Jeevanagar | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Kuvempu Road | Sarjapur Road | Mysore: VV Mohalla

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient's Name : Mr. Sathish Kumar Naik	Age & Sex; 40Yrs /Male
Date : 13.01.2024	UHID No:59238

Measurements

AO : 2.5 cm  
 LA : 2.5 cm

RV : 2.1 cm  
 LVIDd : 5.08 cm  
 LVIDs : 3.14 cm  
 IVSd : 1.02 cm  
 IVSs : 1.43 cm  
 PWd : 0.95 cm  
 PWs : 1.40 cm  
 EF : 68.0 %  
 FS : 38.0 %

Doppler  
 MV TV  
 E 0.59 m/s E --- m/s V max AV 1.10 m/s V max PV 0.95 m/s  
 ;  
 A: 0.47 m/s A --- m/s

Dr. GURU PRASAD. B. V, MBBS, PGDCC  
 CONSULTANT – NON-INVASIVE CARDIOLOGY

<b>Patient Name</b>	: Mr. SATHISH KUMAR NAIK	<b>Age/Gender</b>	: 40 Y/M
<b>UHID/MR No.</b>	: CMYS.0000059238	<b>OP Visit No</b>	: CMYSOPV121324
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 16-01-2024 10:52
<b>LRN#</b>	: RAD2207649	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 330234752650		

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is contracted.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 108x51 mm with parenchymal thickness of 19 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 110x47 mm with parenchymal thickness of 17mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

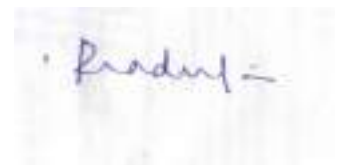
**PROSTATE:** It measures 33x31x29 mm with a volume of 15 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**

Pradeep Kumar C N, DNB  
Consultant Radiologist.



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

**Patient Name** : Mr. SATHISH KUMAR NAIK

**Age/Gender** : 40 Y/M

**UHID/MR No.** : CMYS.0000059238

**OP Visit No** : CMYSOPV121324

**Sample Collected on** :

**Reported on** : 13-01-2024 16:32

**LRN#** : RAD2207649

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 330234752650

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

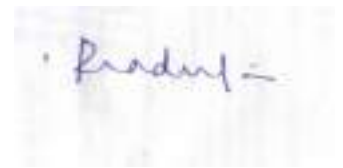
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**

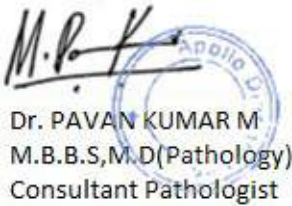


**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 02:15PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009491





Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 01:38PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	15.5	g/dL	13-17	Spectrophotometer
PCV	47.50	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.27	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	90	fL	83-101	Calculated
MCH	29.5	pg	27-32	Calculated
MCHC	32.7	g/dL	31.5-34.5	Calculated
R.D.W	11.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	4,900	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	53.8	%	40-80	Electrical Impedance
LYMPHOCYTES	31.5	%	20-40	Electrical Impedance
EOSINOPHILS	4.3	%	1-6	Electrical Impedance
MONOCYTES	<b>10.1</b>	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	2636.2	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1543.5	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	210.7	Cells/cu.mm	20-500	Calculated
MONOCYTES	494.9	Cells/cu.mm	200-1000	Calculated
BASOPHILS	14.7	Cells/cu.mm	0-100	Calculated
<b>PLATELET COUNT</b>	300000	cells/cu.mm	150000-410000	Electrical impedance
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	<b>18</b>	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

**R.B.C:** Majority are normocytic normochromic.

**W.B.C:** Are normal in number, morphology and distribution.



Dr. PAVAN KUMAR M  
M.B.B.S, M.D (Pathology)  
Consultant Pathologist

SIN No:BED240009491



Patient Name	: Mr.SATHISH KUMAR NAIK	Collected	: 13/Jan/2024 09:40AM
Age/Gender	: 40 Y 1 M 20 D/M	Received	: 13/Jan/2024 11:27AM
UHID/MR No	: CMYS.0000059238	Reported	: 13/Jan/2024 01:38PM
Visit ID	: CMYSOPV121324	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 330234752650		


**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

**Platelets:** Adequate and are seen in singles and clumps.

**Hemoparasites:** Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.**



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009491




Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 03:40PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009491





Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 05:23PM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 05:53PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

HbA1C, GLYCATED HEMOGLOBIN	5.2	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	103	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HbA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



Dr. PAVAN KUMAR M  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist

SIN No:EDT240004049



Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 02:59PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	<b>211</b>	mg/dl	0-200	CHOD
TRIGLYCERIDES	<b>167</b>	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	<b>29</b>	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	<b>182</b>	mg/dL	<130	Calculated
LDL CHOLESTEROL	<b>148.73</b>	mg/dL	<100	Calculated
VLDL CHOLESTEROL	<b>33.49</b>	mg/dL	<30	Calculated
CHOL / HDL RATIO	<b>7.33</b>		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



**Dr. PAVAN KUMAR M**  
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SIN No:SE04600046



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Emp/Auth/TPA ID	: 330234752650		

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:SE04600046







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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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SIN No:SE04600046







Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 11:39AM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 01:09PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	0.92	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	7.49	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	3.000	µIU/mL	0.35-4.94	CMIA

**Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



**Dr. PAVAN KUMAR M**  
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SIN No:SPL24006347



Patient Name	: Mr.SATHISH KUMAR NAIK	Collected	: 13/Jan/2024 09:40AM
Age/Gender	: 40 Y 1 M 20 D/M	Received	: 13/Jan/2024 11:39AM
UHID/MR No	: CMYS.0000059238	Reported	: 13/Jan/2024 01:09PM
Visit ID	: CMYSOPV121324	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 330234752650		

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**



**Dr. PAVAN KUMAR M**  
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Consultant Pathologist

SIN No:SPL24006347



Patient Name : Mr.SATHISH KUMAR NAIK	Collected : 13/Jan/2024 09:40AM
Age/Gender : 40 Y 1 M 20 D/M	Received : 13/Jan/2024 03:48PM
UHID/MR No : CMYS.0000059238	Reported : 13/Jan/2024 04:44PM
Visit ID : CMYSOPV121324	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 330234752650	

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



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