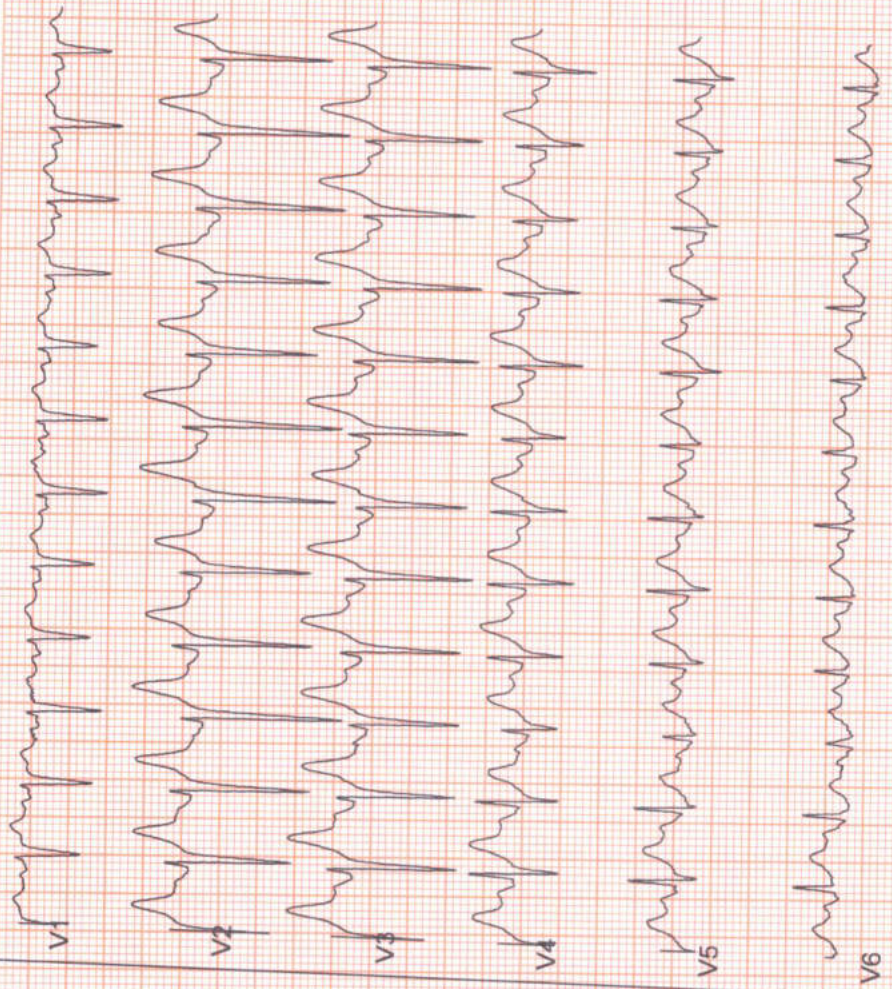
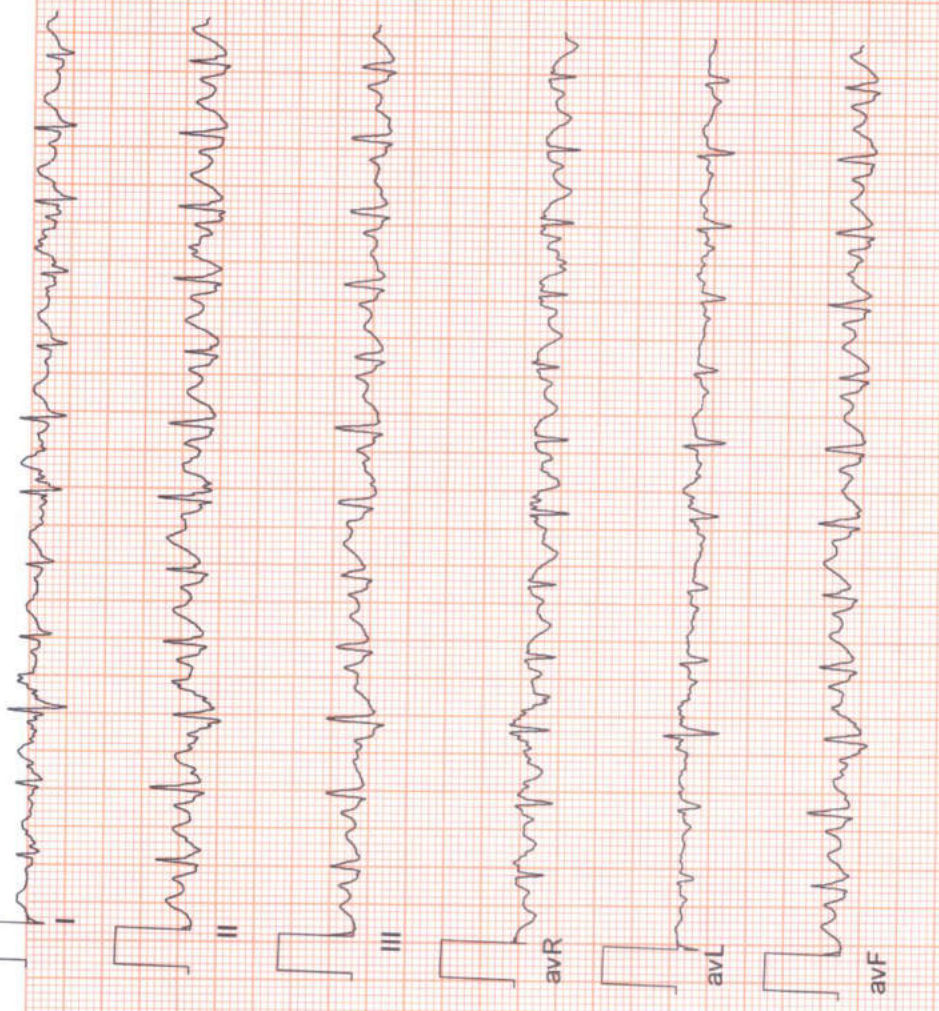


6 x 2 + Rhythm Recovery(1:00)



Date: 12 - 08 - 2023 03:27:44 PM METs : 1.2 HR : 152 Target HR : 79% of 192 BP : 124/83

ExTime : 08:33 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

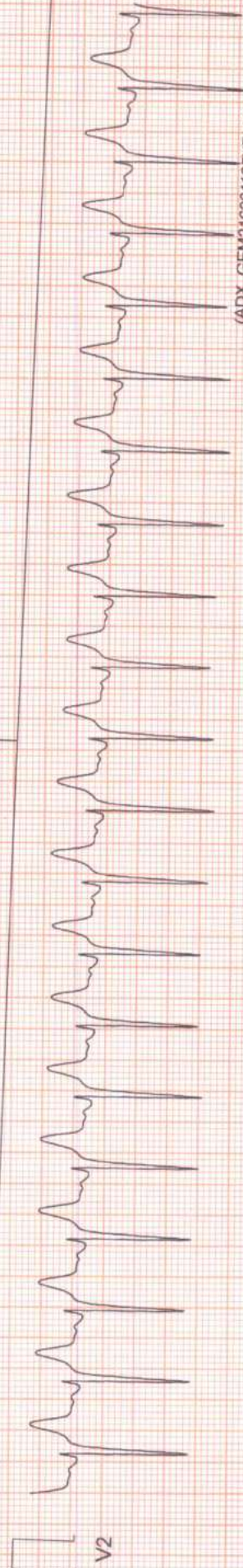
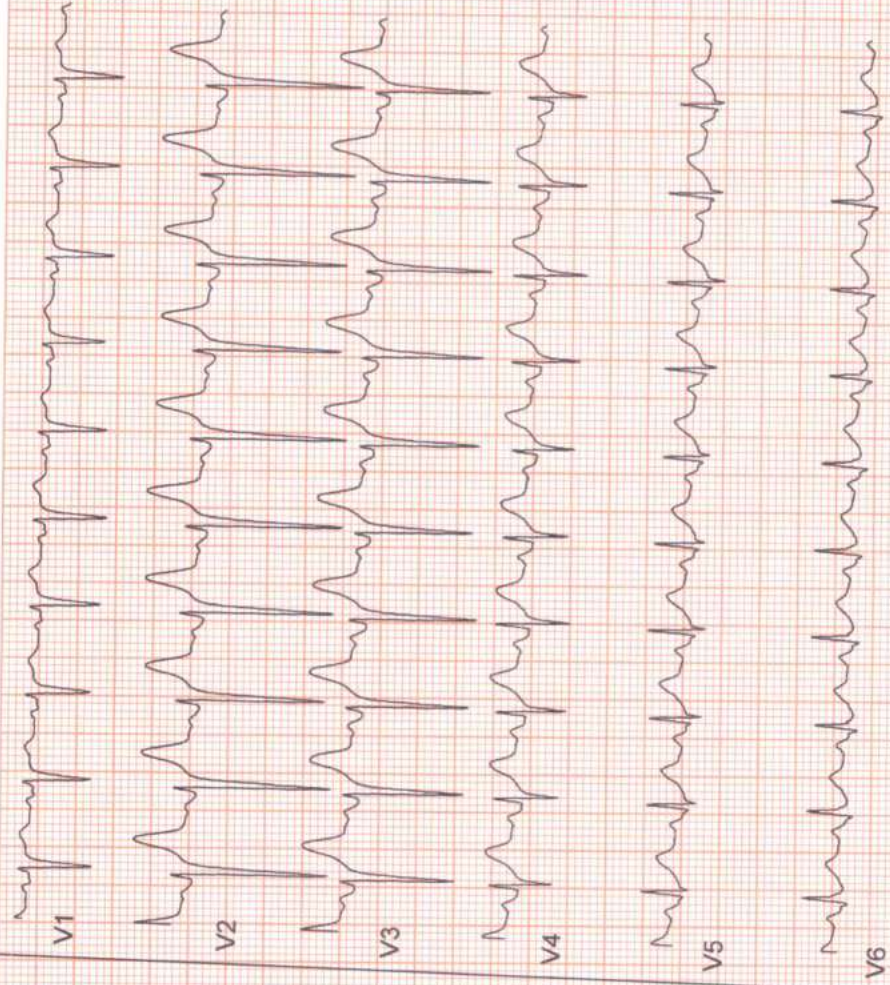
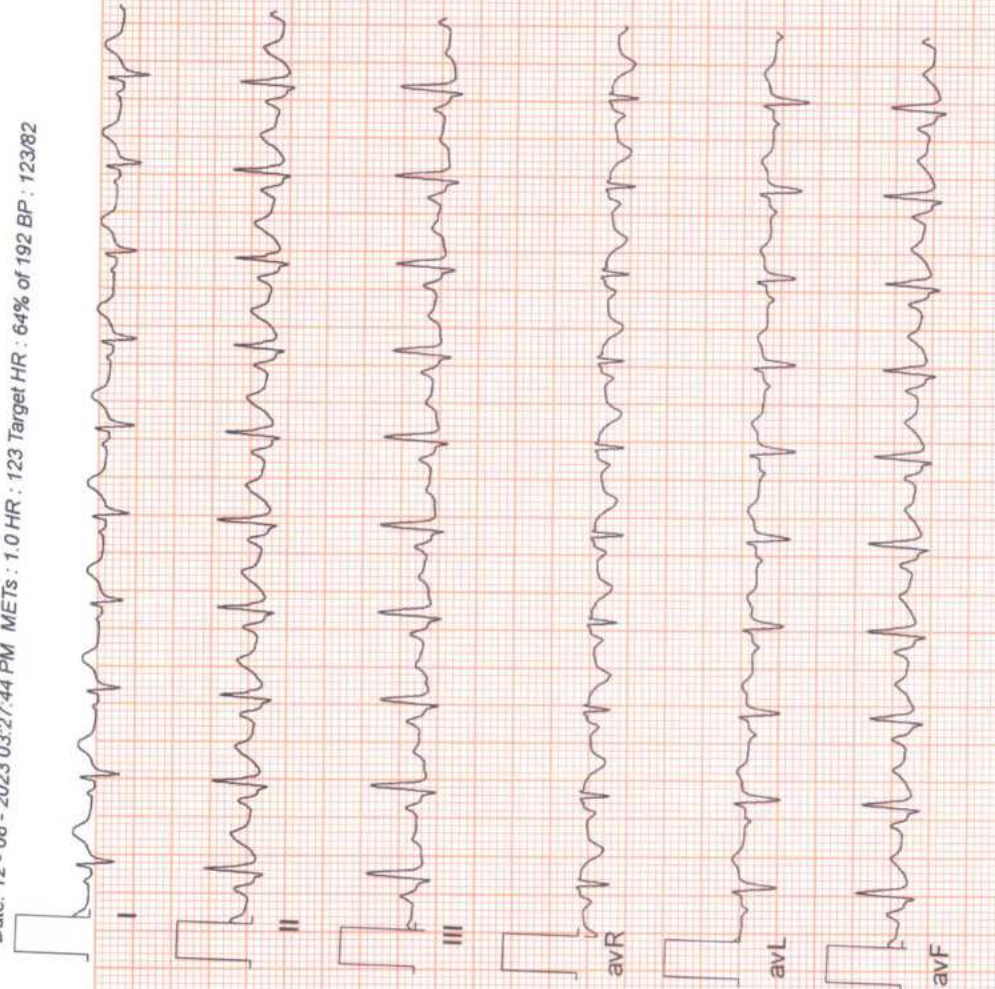


6 x 2 + Rhythm Recovery(3:00)



Date: 12 - 08 - 2023 03:27:44 PM METs: 1.0 HR: 123 Target HR: 64% of 192 BP: 123/82

ExTime: 08:33 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

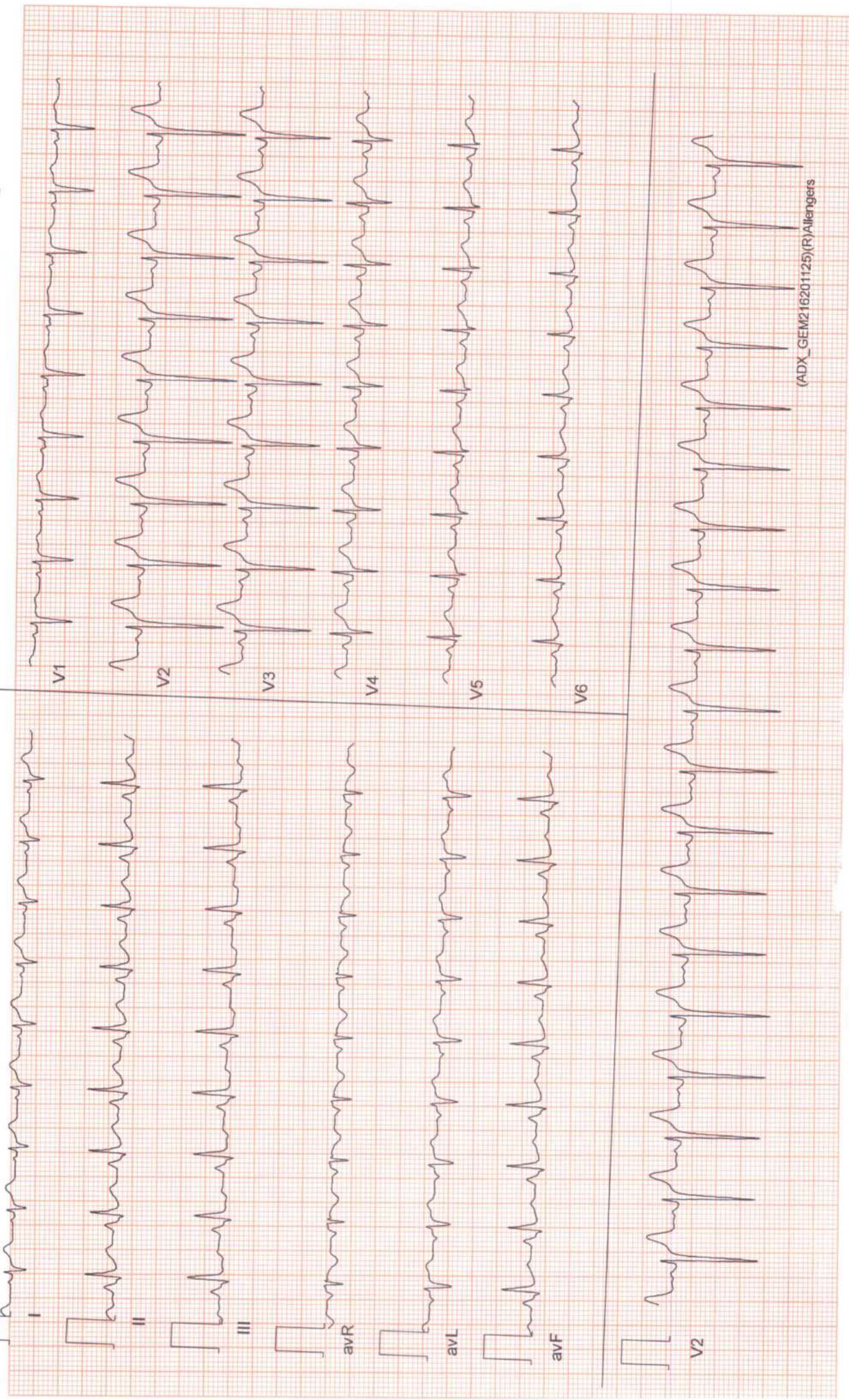


6 x 2 + Rhythm Recovery(5:10)



Date: 12 - 08 - 2023 03:27:44 PM METs : 1.0 HR : 115 Target HR : 60% of 192 BP : 121/82

ExTime : 08:33 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-SMRUTI SOURAVA PRIYADARSHI
AGE:-28YRS
Patient ID:-13

REFERRAL:-MEDI-WHEEL
DATE:-12.08.2023
SEX:-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

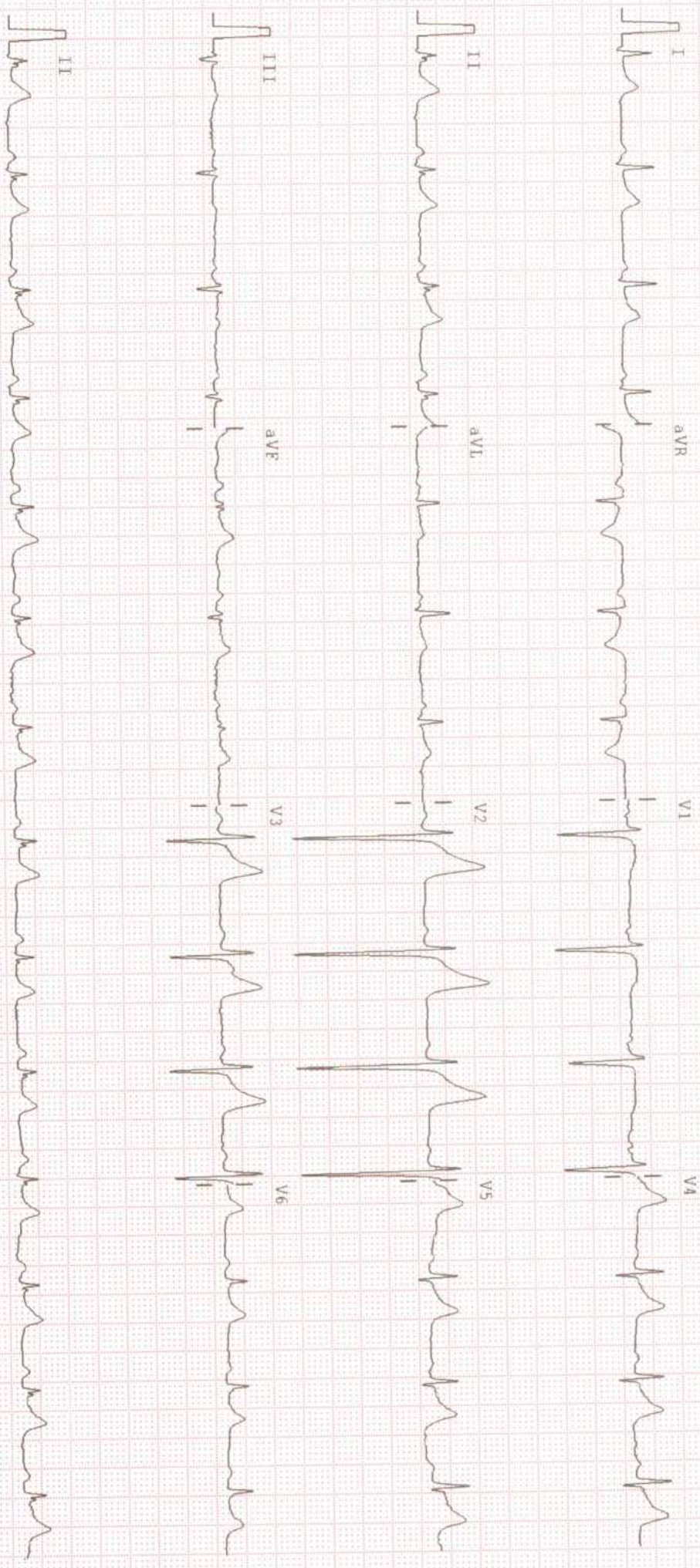
Consultant Radiologist

ID: 952 CASE: SMRUTI SOURAVA PRIYADARSHI 12/08/2023 14:05:26
 AGE: 28Y M D MALE ZENA HEALTHCARE
 CMS K9 PLOT-119, SAHIDNAGAR, BHUBANESWAR

RATE: 82 bpm SINUS RHYTHM
 R-R: 726 ms
 P-R: 134 ms
 QRS: 78 ms
 QT: 342 ms
 QTc: 381 ms

P: 53°
 QRS: 18°
 T: 41°
 NORMAL ECG

12 SL: REPORT FORMAT: 3x4+1L SQ REF: DT:



25mm/sec 10mm/mV Notch: ON BLC: ON 0.05-35Hz ALLENGERS PISCES 10121 VER-1.91 CLINICALLY CORRELATE THE FINDINGS

MATERNITY CARE HOSPITAL

NAME : SMRUTI SORAVA PRIYADARSHI

DATE : 12-08-2023

AGE-28Y/M

SONOGRAPHER : DR. MAYURI MOHAPATRA

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.0mm,

GALL BLADDER: normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (2.6 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.


- Right kidney measures : 7.8x 4.5cms.
- Left kidney measures: 7.6 x 5.4cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate: normal in size shape and echosructure .

Impression: Normal study of abdomen


DR. MAYURI MOHAPATRA
Regd. No : OMC 16891
Maternity Care Hospital
Sahid Nagar, Bhubaneswar



MEDICAL REPORT

Date :- 12.08.2023

NAME

SMRUTI SOURAVA PRIYADARSHI

Height:- 155 CM	Age:- 28 Yrs
Weight:- 57 KG	Sex:- Male
Blood Pressure:- 121 /85mmhg	Pulse:-83/min

MEDICAL INFORMATION

Body Mass Index(BMI)

23.7

Signature

Dr. M. K. HOTA
M.B.B.S.
REGD No. 6993



Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:05 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)

"B"

Method : Manual-Hemagglutination

RhD Factor (Rh Typing)

Positive

Method : Manual hemagglutination

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate

13

0 - 15

mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

****END OF REPORT****

Lab technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health

Page 1 of 1



Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:06 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
<u>Glucose, Fasting (FBS)</u>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	83.47	75 - 115	mg/dL
<u>Glucose, Post Prandial (PP)</u>			
Blood Glucose-Post Prandial Method : Hexokinase	101.26	70 - 140	mg/dL
<u>BUN, Serum</u>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12.41	10 - 50	mg/dL
<u>Creatinine</u>			
Creatinine Method : Serum, Jaffe	0.81	0.60 - 1.30	mg/dL
<u>Uric acid, Serum</u>			
Uric Acid Method : Uricase, Colorimetric	4.51	3.4 - 7.0	mg/dL

END OF REPORT

Lab technician

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CONSULTANT PATHOLOGIST /
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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:06 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.8	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.12	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	44.3	42 - 52	%
Mean Cell Volume (MCV)	86.52	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.91	27 - 31	PG
Mean Corpuscular Hb Conc. (MCHC)	33.41	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.4	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7300	4000-10000	cell/cu.mm
Neutrophils	64	40 - 80	%
Lymphocytes	32	20 - 40	%
Monocytes	02	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	281	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	11.1	7.2 - 11.7	fL
PCT	0.31	0.2 - 0.5	%
PDW	16.9	9.0 - 17.0	%

END OF REPORT

Lab technician

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CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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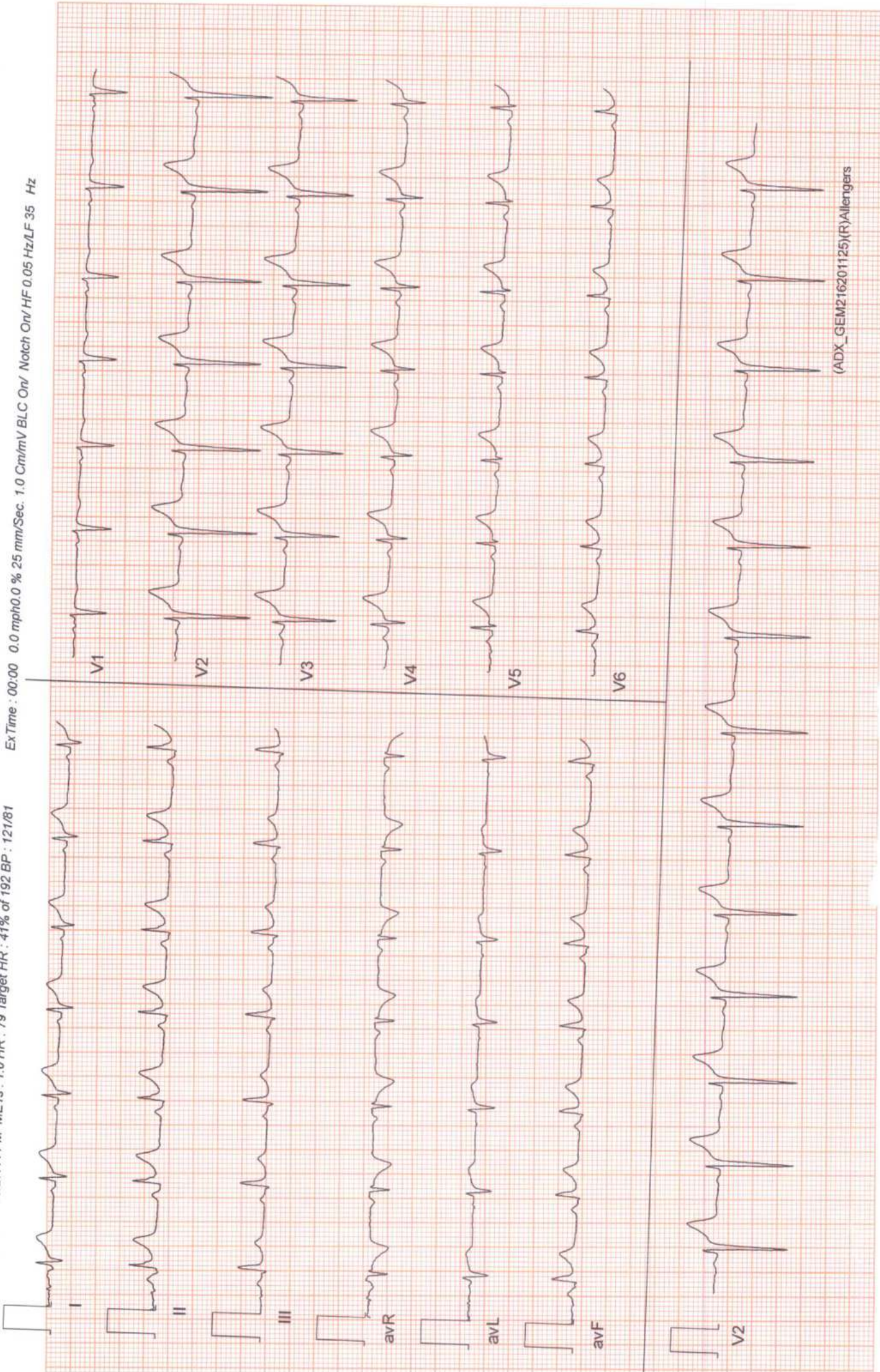
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Date: 12 - 08 - 2023 03:27:44 PM METs : 1.0 HR : 79 Target HR : 41% of 192 BP : 121/81

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:04 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.63	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.14	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.49	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	17.26	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	23.82	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.56	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	71.42	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	6.92	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.95	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	2.97	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.33	1.2 - 2.2	

END OF REPORT

Lab technician

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:06 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
<u>Lipid Profile</u>			
Cholesterol-Total Method : Spectrophotometry	164.71	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	100.33	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	41.17	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	103.47	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	20.07	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.51	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:07 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
<u>Urine(R/M) Routine Examination of Urine</u>			
<u>General Examination</u>			
Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	
<u>Chemical Examination</u>			
Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	
<u>Microscopic Examination</u>			
Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Lab Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Referral : MEDI WHEEL

Age / Gender : 28 years / Male

Collection Time : 12/08/2023, 01:44 PM

Patient ID : 17548

Reporting Time : 14/08/2023, 10:04 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	1.22	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.06	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.97	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent 14 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion"
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in 13 level can be upto 25%.

END OF REPORT

Lab technician

Dr. Kundan Kumar Sahoo
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MICROBIOLOGIST

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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Referral : MEDI WHEEL

Age / Gender : 28 years / Male

Collection Time : 12/08/2023, 01:44 PM

Patient ID : 17548

Reporting Time : 14/08/2023, 10:05 AM

Sample ID :



20196

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.01		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	97.09	-	mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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ZENA HEALTHCARE SERVICES
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Patient Name : MR. SMRUTI SOURAVA PRIYADARSHI

Age / Gender : 28 years / Male

Patient ID : 17548

Referral : MEDI WHEEL

Collection Time : 12/08/2023, 01:44 PM

Reporting Time : 14/08/2023, 10:05 AM

Sample ID :




20196

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

END OF REPORT


Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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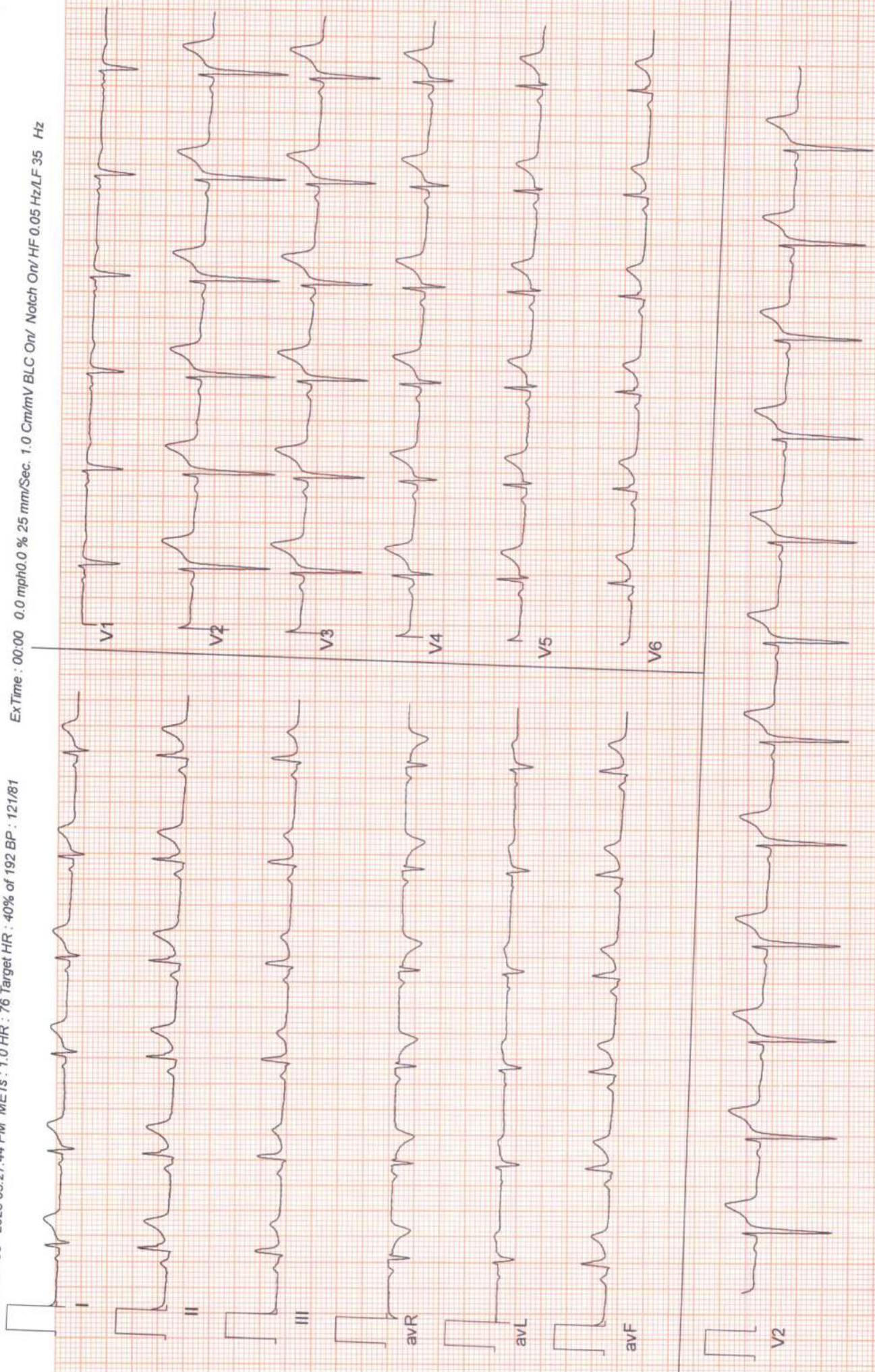
Page 2 of 2

6 x 2 + Rhythm
BRUCE: Standing(0:16)



Date: 12 - 08 - 2023 03:27:44 PM METs : 1.0 HR : 76 Target HR : 40% of 192 BP : 121/81

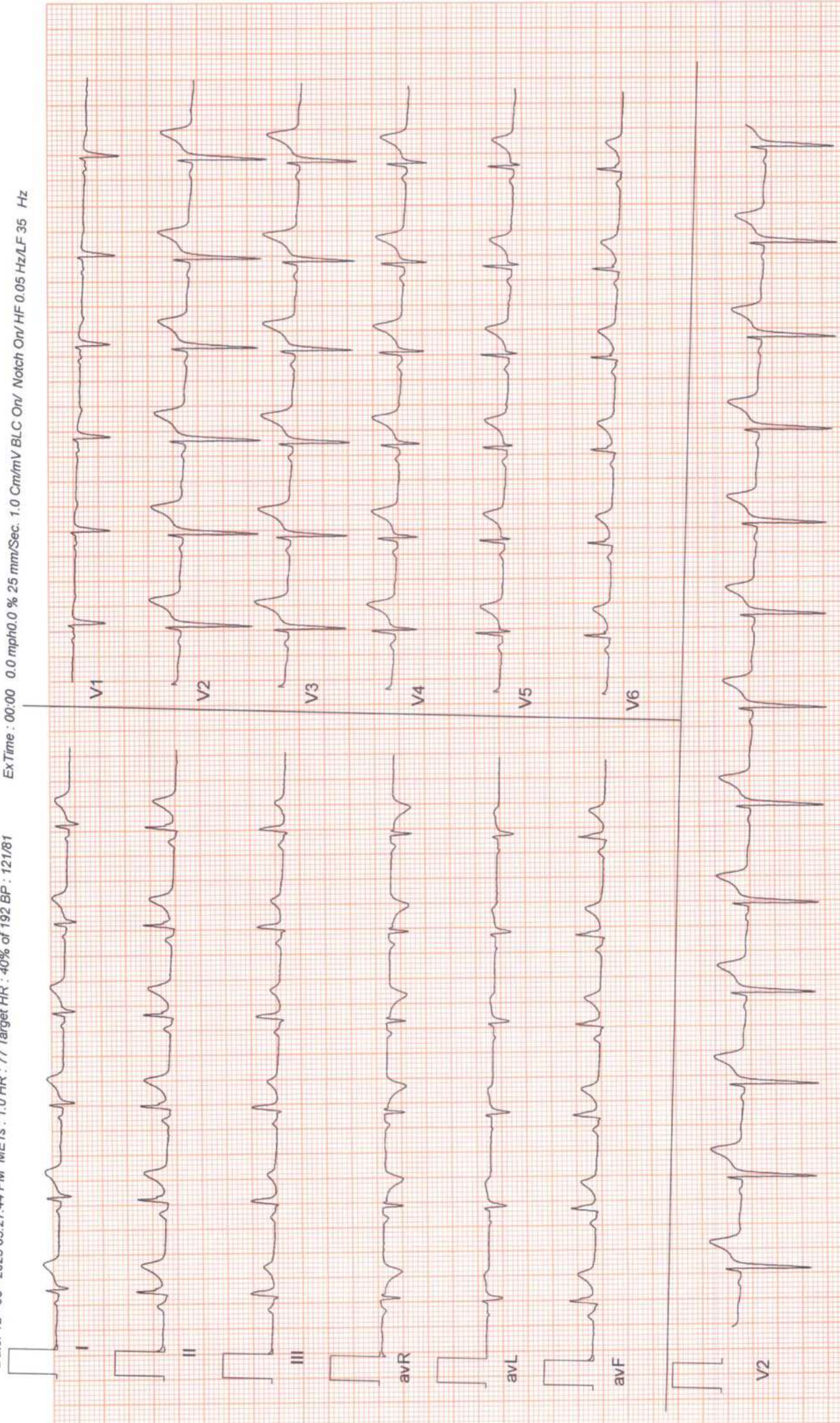
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 08 - 2023 03:27:44 PM METs : 1.0 HR : 77 Target HR : 40% of 192 BP : 121/81

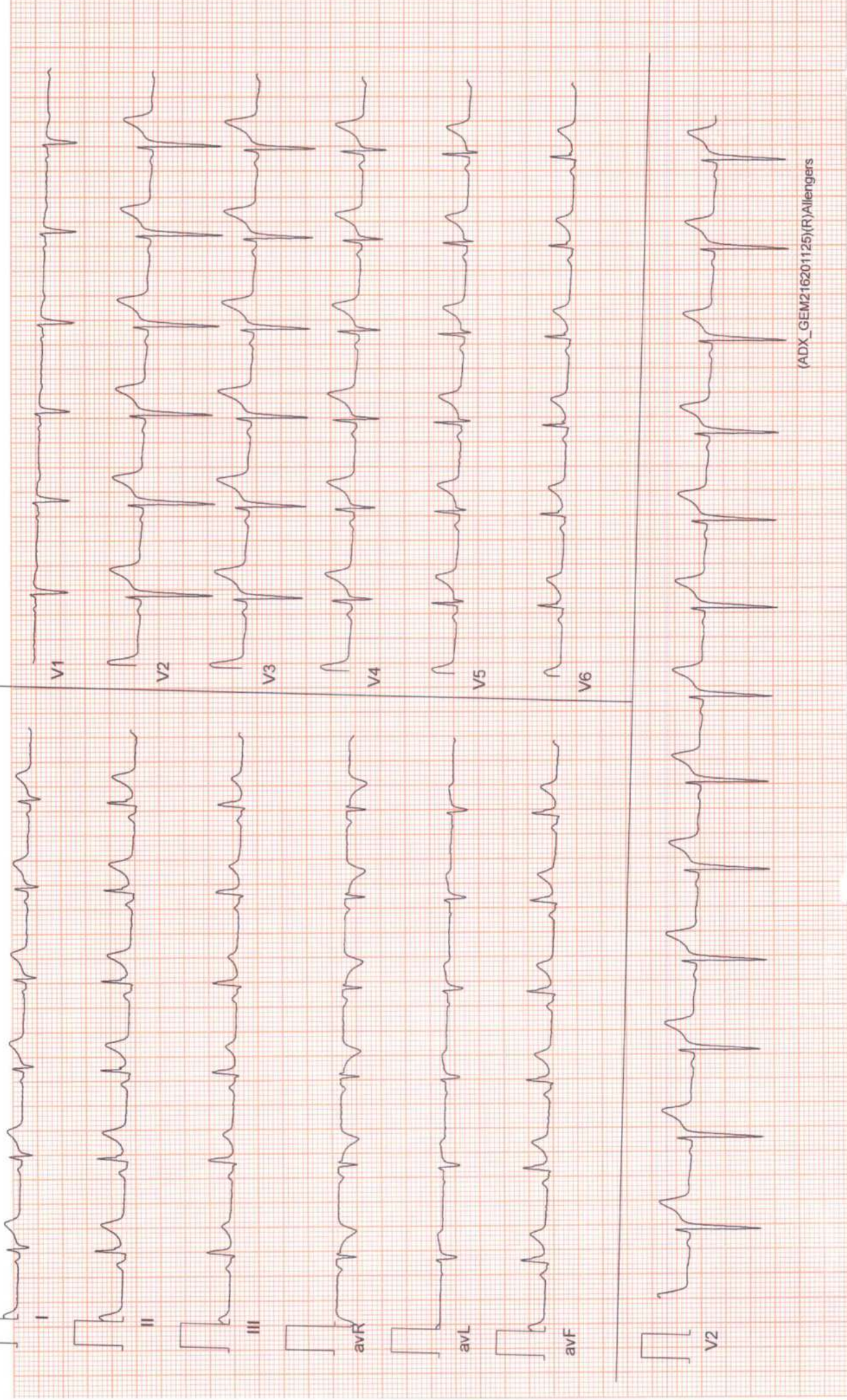
ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 08 - 2023 03:27:44 PM METs : 1.0 HR : 78 Target HR : 41% of 192 BP : 121/81

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

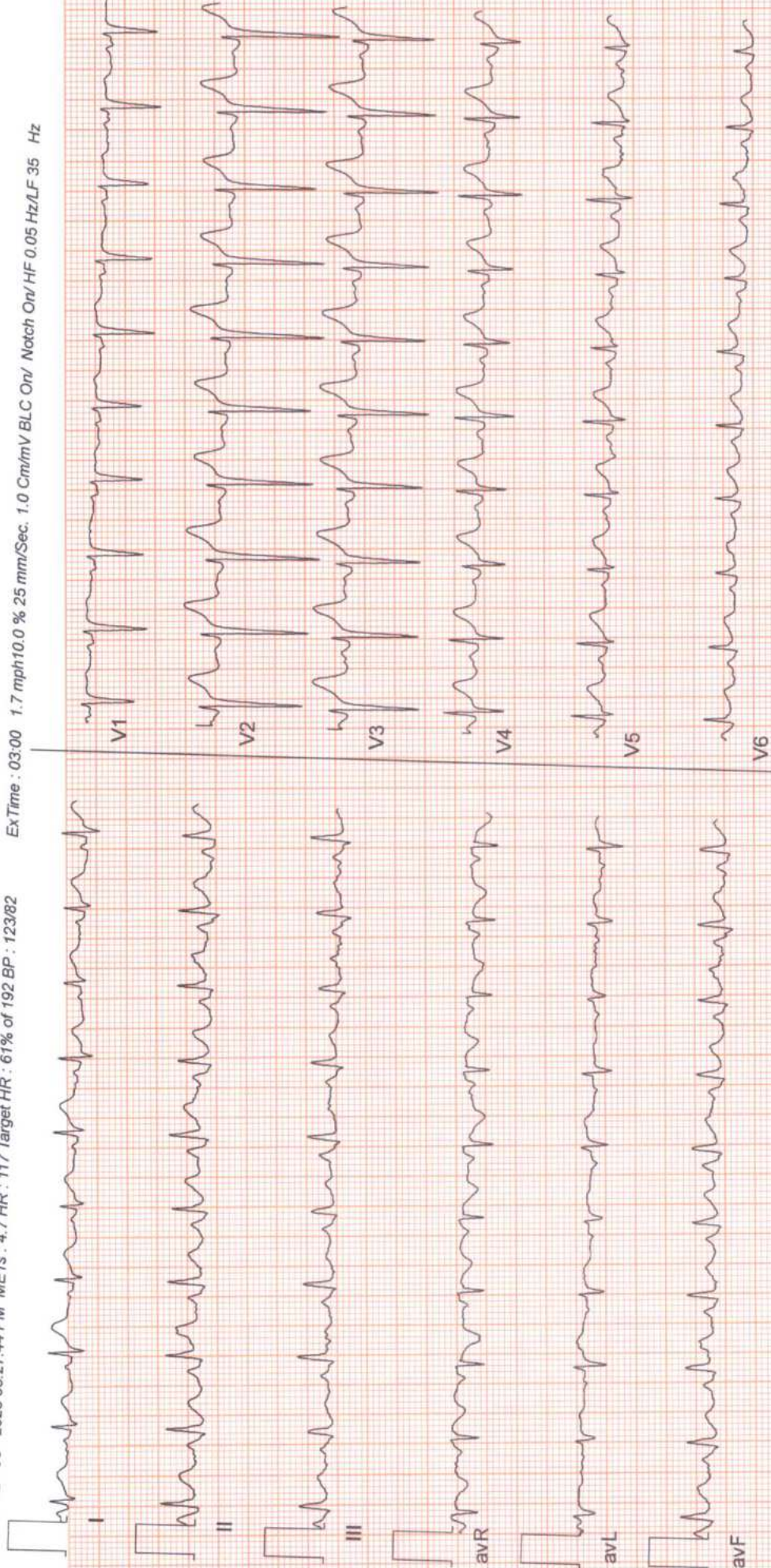


6 x 2 + Rhythm
BRUCE: Stage 1(3:00)



Date: 12-08-2023 03:27:44 PM METs : 4.7 HR : 117 Target HR : 61% of 192 BP : 123/82

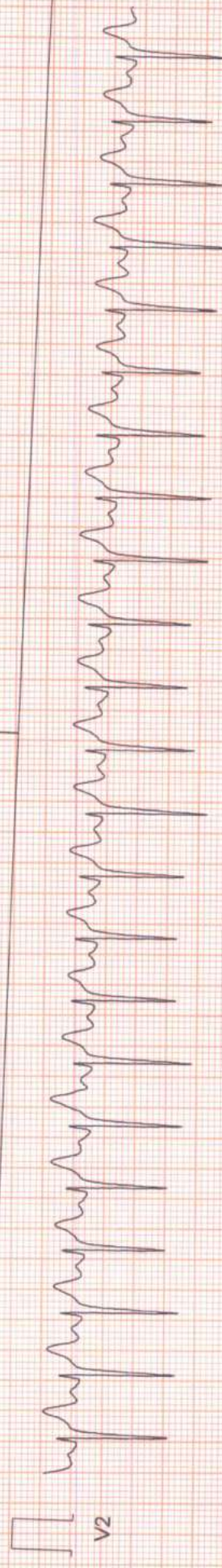
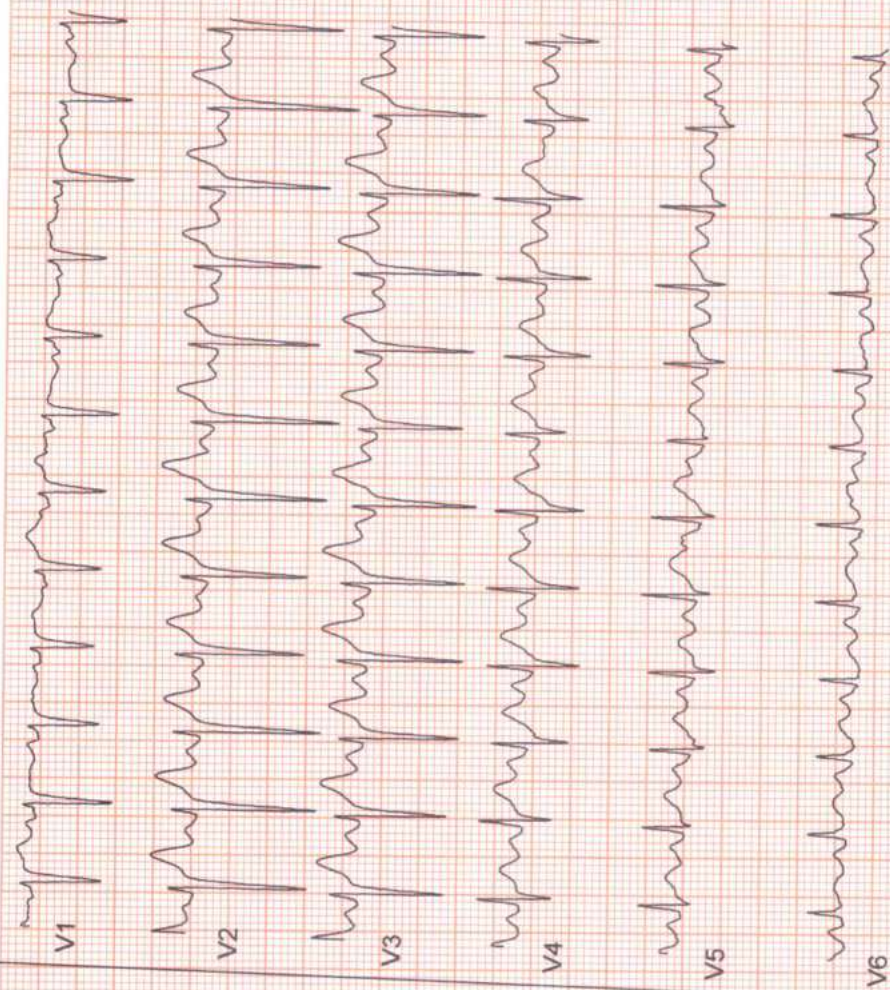
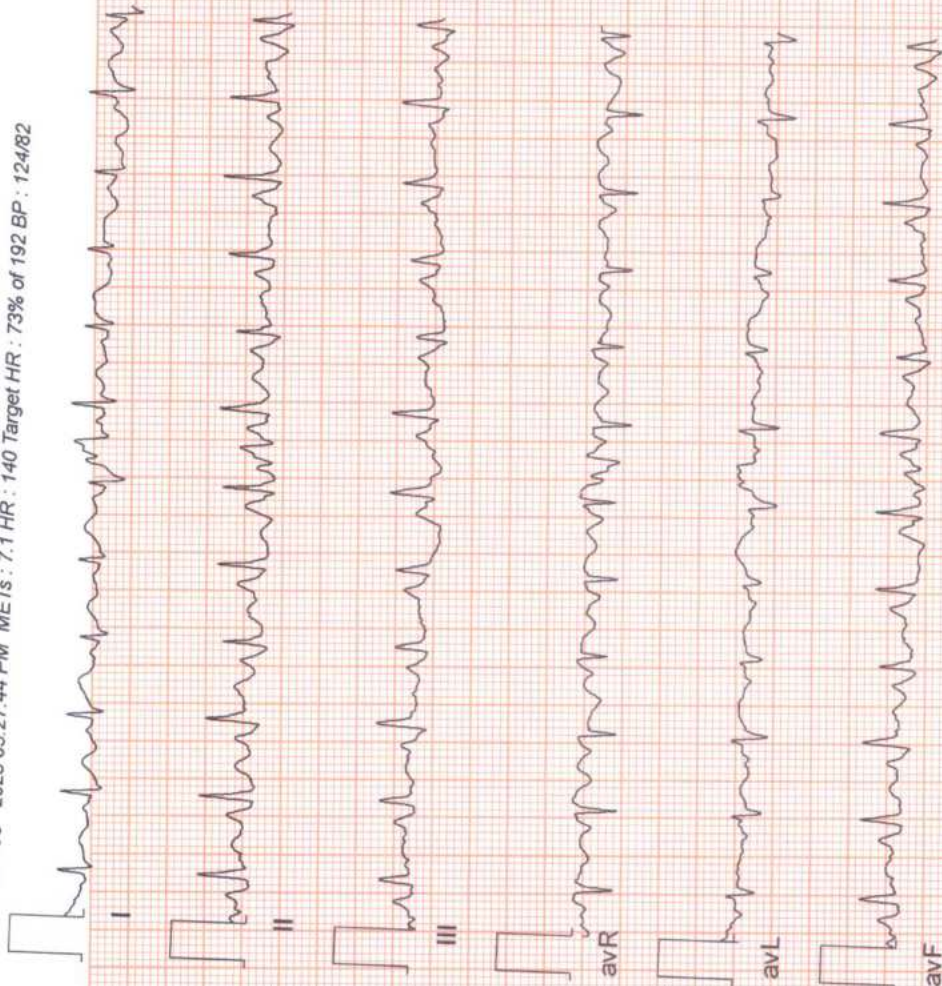
ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





Date: 12-08-2023 03:27:44 PM METs : 7.1 HR : 140 Target HR : 73% of 192 BP : 124/82

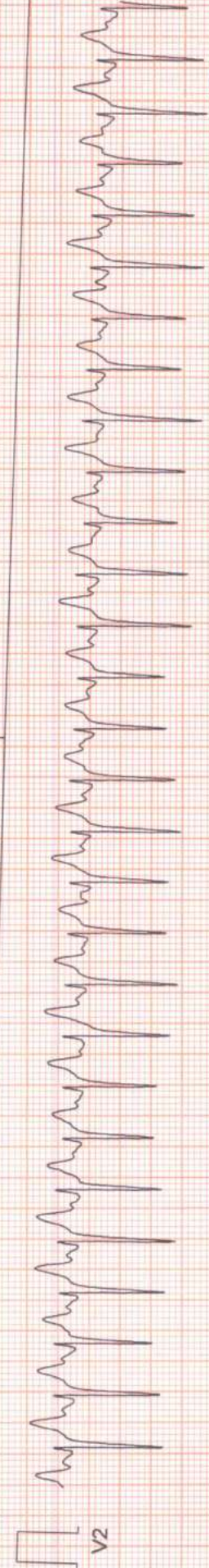
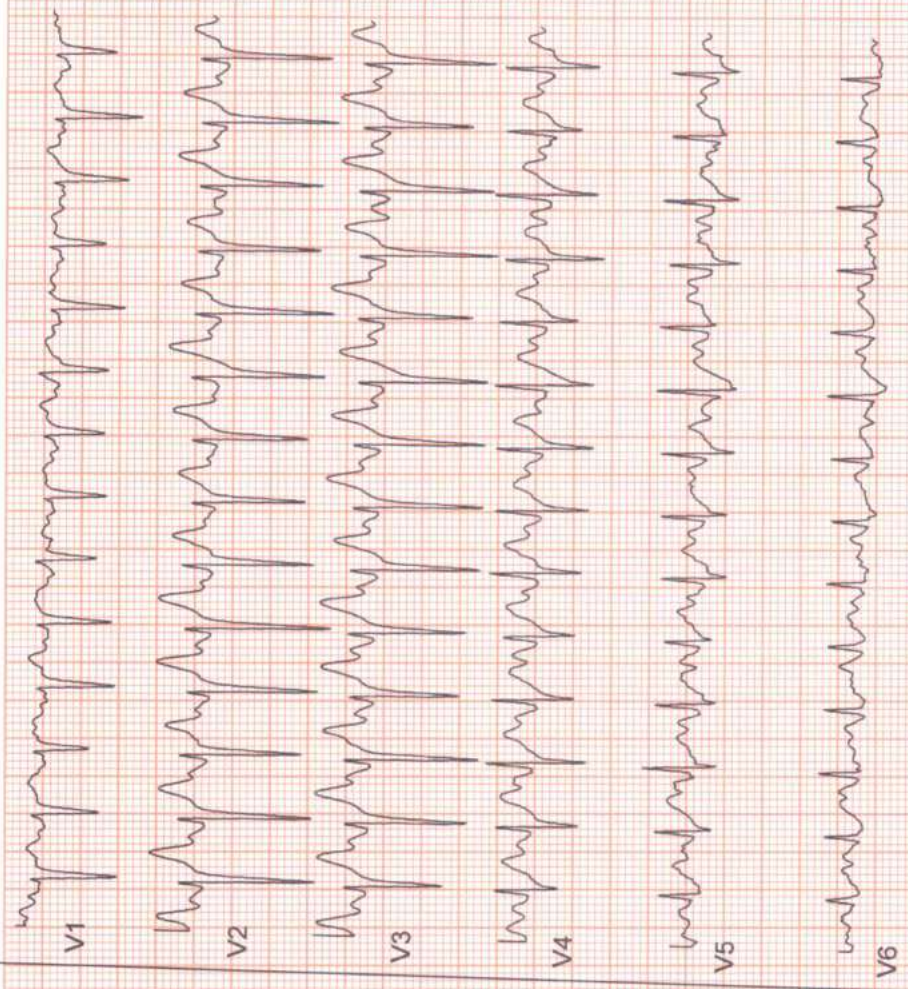
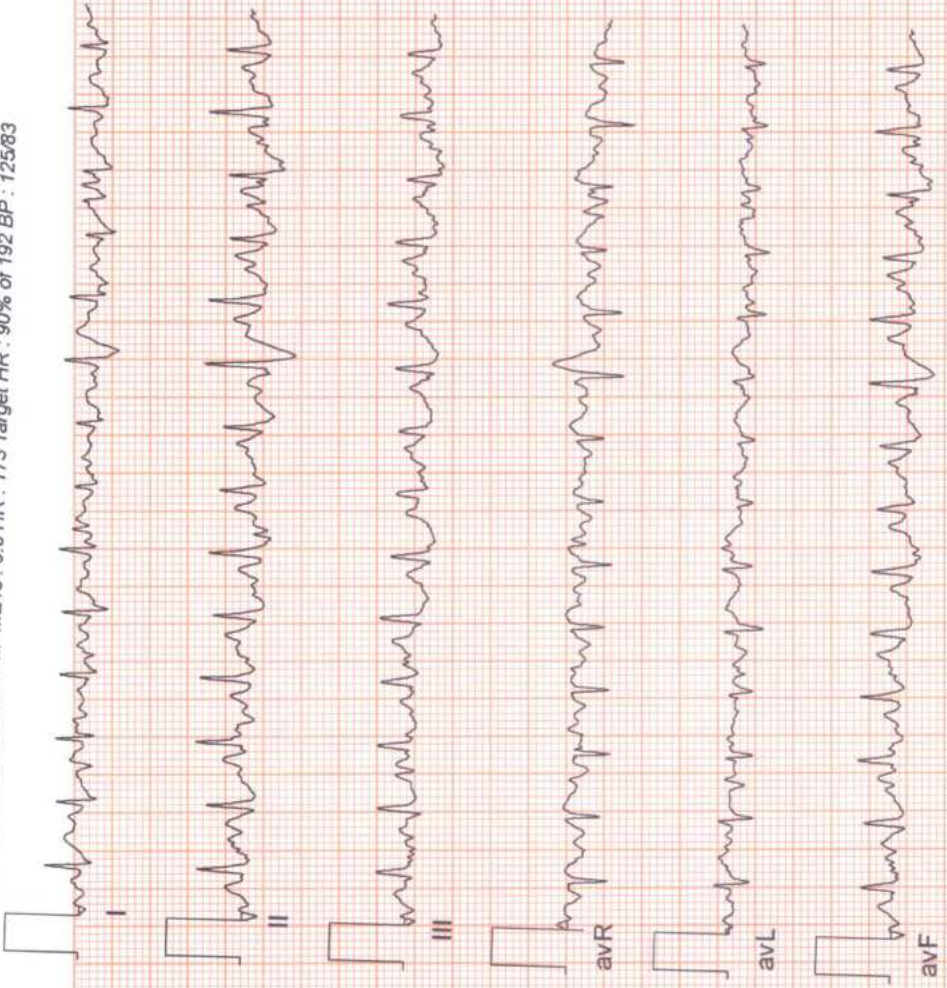
ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz





Date: 12 - 08 - 2023 03:27:44 PM METs : 9.8 HR : 173 Target HR : 90% of 192 BP : 125/83

ExTime : 08:33 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

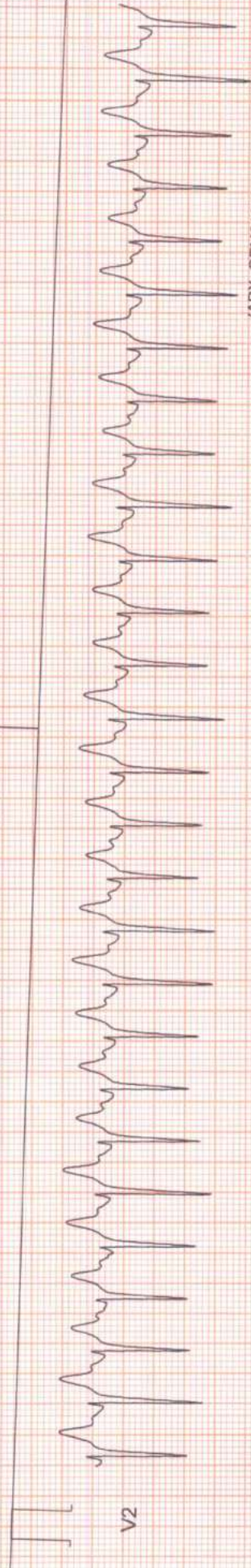
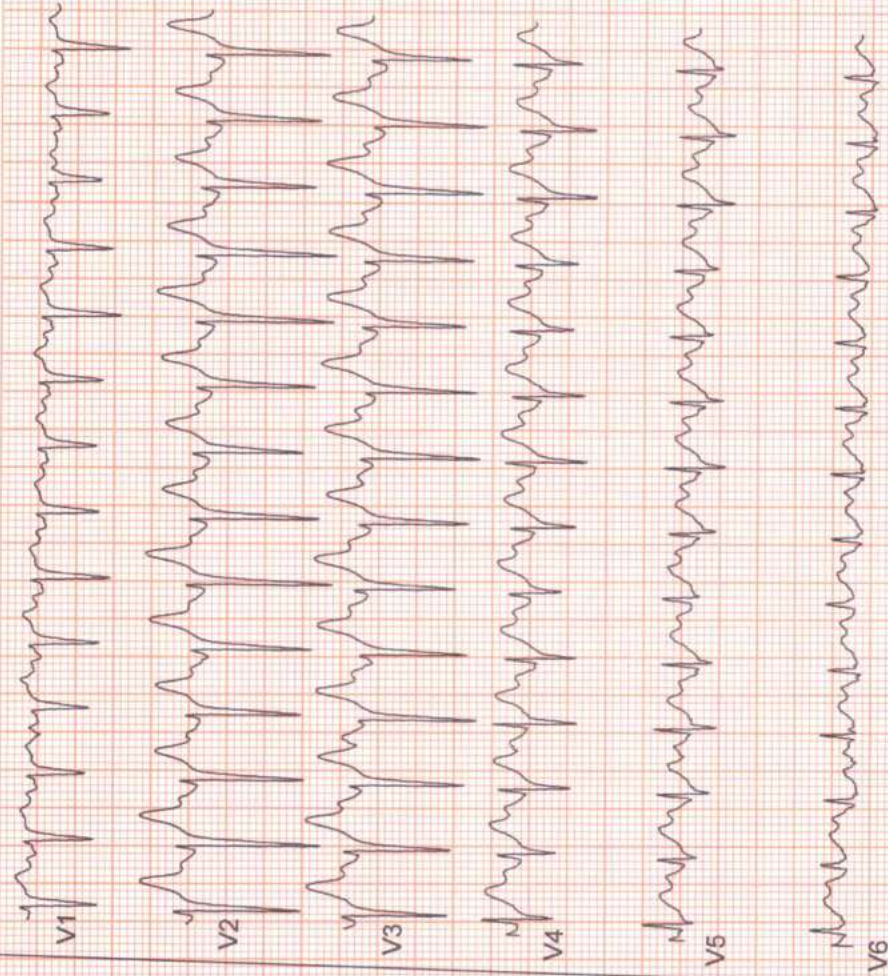
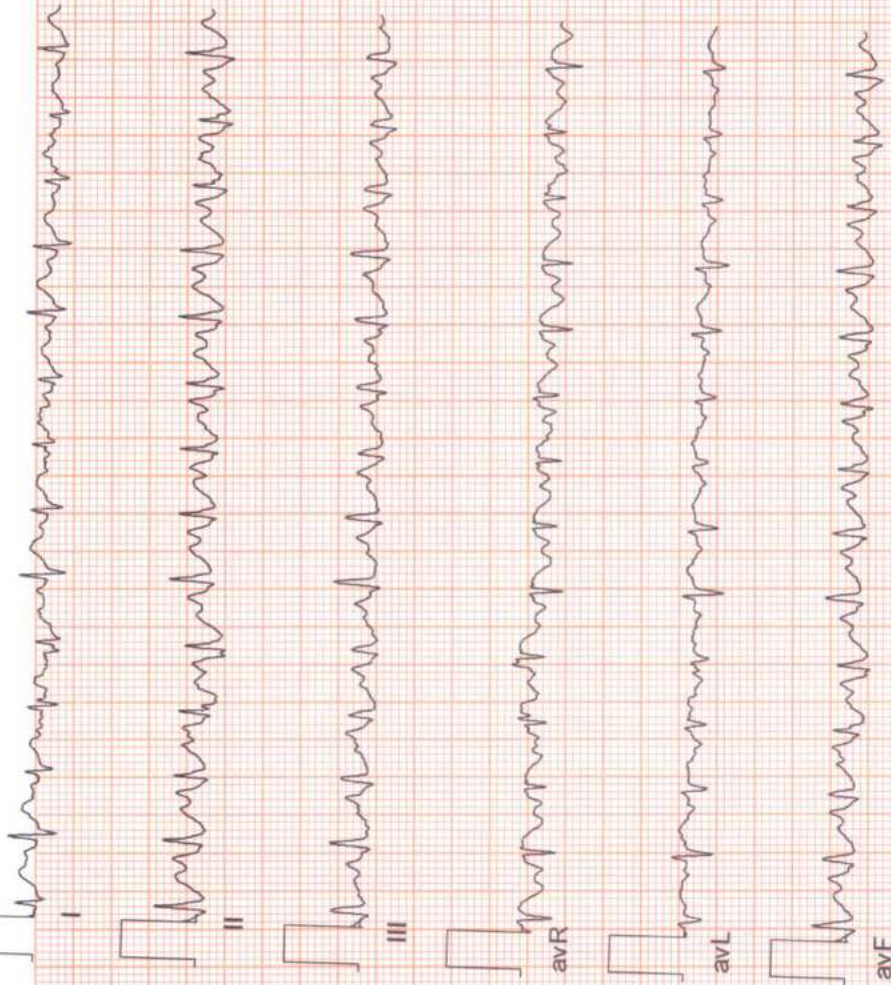


6 x 2 + Rhythm Recovery(0:30)



Date: 12-08-2023 03:27:44 PM METS : 4.2 HR : 164 Target HR : 85% of 192 BP : 125/83

ExTime : 08:33 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



620 / SMRUTI SOURAVA PRIYADARSHI / 28 Yrs / M / 155 Cms / 57 Kg Date: 12-Aug-2023 Refd By : MEDI-WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:23	0:23	00.0	00.0	01.0	079	41 %	121/81	095	00	
Standing	00:39	0:16	00.0	00.0	01.0	076	40 %	121/81	091	00	
HV	00:55	0:16	00.0	00.0	01.0	077	40 %	121/81	093	00	
ExStart	01:12	0:17	00.0	00.0	01.0	078	41 %	121/81	094	00	
BRUCE Stage 1	04:12	3:00	01.7	10.0	04.7	117	61 %	123/82	143	00	
BRUCE Stage 2	07:12	3:00	02.5	12.0	07.1	140	73 %	124/82	173	00	
PeakEx	09:45	2:33	03.4	14.0	09.8	173	90 %	125/83	216	00	
Recovery	10:15	0:30	01.1	00.0	04.2	164	85 %	125/83	205	00	
Recovery	10:45	1:00	01.1	00.0	01.2	152	79 %	124/83	188	00	
Recovery	12:45	3:00	00.0	00.0	01.0	123	64 %	123/82	151	00	
Recovery	14:55	5:10	00.0	00.0	01.0	115	60 %	121/82	139	00	

FINDINGS :

Exercise Time : 08:33
 Max HR Attained : 173 bpm 90% of Target 192
 Max BP Attained : 125/83
 Max WorkLoad Attained : 9.8 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :