

IPSC PAIN AND SPINE HOSPITAL
 PLOT-453 NEAR SBI BANK SECTOR-19
 DWARKA NEW DELHI-110075, PH: 9555437357

TREADMILL TEST REPORT

AJIT RANJAN MISHRA
 ID : 3729
 DATE : 12-03-2023
 AGE/SEX : 47 / M
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY : Checkup/Physical Fitness,
 INDICATION :
 MEDICATION :

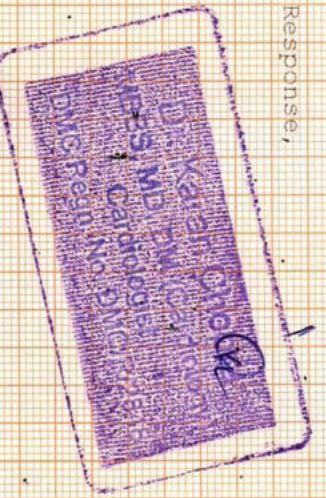
PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET'S
								II	V1	V5	
SUPINE					56	120 / 80	67	1.4	-0.4	1.3	
STANDING					61	120 / 80	73	1.9	-0.7	1.6	
HYPERVENT					60	120 / 80	72	1.5	-0.6	1.1	
Stage 1	2:55	2:55	2.7	10	105	130 / 80	136	1.6	-0.4	1.7	4.67
Stage 2	5:55	2:55	4	12	133	140 / 80	186	1	0.3	1.1	7.04
Stage 3	7:41	1:41	5.4	14	151	150 / 80	226	0.6	0.3	0.1	8.73
PK-EXERCISE	8:0	2:0	5.4	14	155	150 / 80	232	0	0.3	-0.2	9.03
RECOVERY	9:10	0:55			106	140 / 80	148	0.9	-0.1	0.5	
RECOVERY	9:10	0:55			106	140 / 80	148	0.9	-0.1	0.5	
RECOVERY	10:10	1:55			92	130 / 80	119	-0.2	0.2	-0.3	
RECOVERY	10:10	1:55			92	130 / 80	119	-0.2	0.2	-0.3	
RECOVERY	10:32	2:17			84	120 / 80	100	-0.4	0.3	-0.5	

RESULTS.

EXERCISE DURATION : 8:0
 MAX HEART RATE : 155 bpm 89 % of target heart rate 173 bpm
 MAX BLOOD PRESSURE : 150 / 80 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS
 Negative for Provocable myocardial ischemia,

MAX WORK LOAD : 9.03 MET'S

Amirise



Technician :

IPSC PAIN AND SPINE HOSPITAL

AJIT RANJAN MISHRA
I.D. 3729
Age 47/M
Date 12-03-2023

Rate 56bpm
B.P. 120/80

PRETEST
SUPINE

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

V1

I
0.9
0.8

aVR
-1.2
-0.7

V1
-0.4
-0.3

V4
2.1
1.3

II
1.4
0.7

aVL
0.2
0.4

V2
0.7
0.6

V5
1.3
0.6

III
0.5
0.0

aVF
1.0
0.3

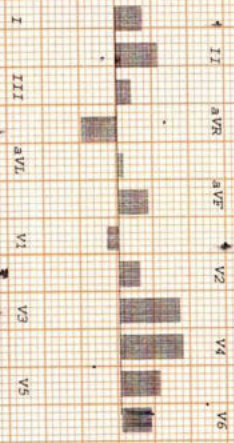
V3
2.0
1.5

V6
1.0
0.3

II

Signature

-0.4
-0.3



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AJIT RANJAN MISHRA

I.D. 3729

Age 47/M

Date 12-03-2023

RATE 61bpm

B.P. 120/80

PRETEST

STANDING

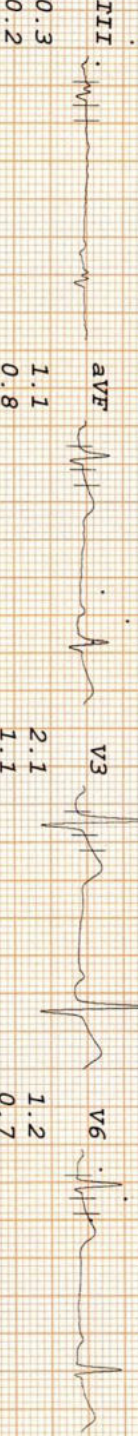
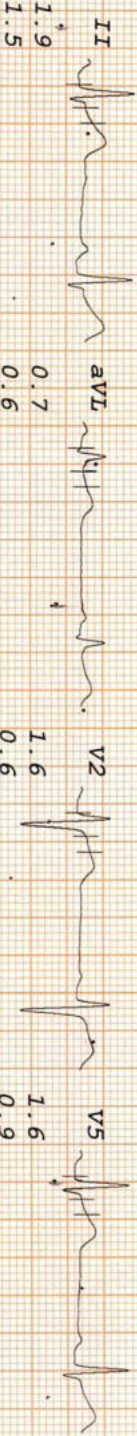
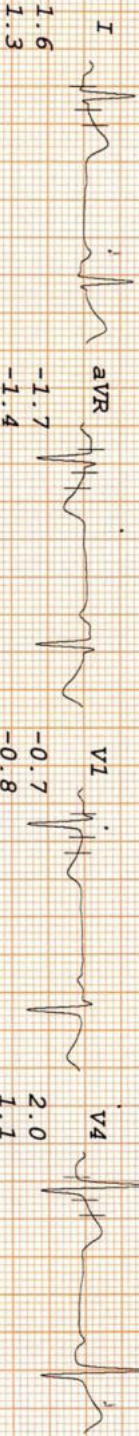
ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



-0.7
-0.8

IPSC PAIN AND SPINE HOSPITAL

AJIT RANJAN MISHRA
I.D. 3729

Age 47/M
Date 12-03-2023

PRETEST
RATE 60bpm
B.P. 120/80

PHASE TEST
HYPERVENT

ST @ 10mm/mV
80ms Post J

PHASE TIME 0:16

LINKED MEDIAN

Mag. X 2

V1

I 1.4
0.9
aVR -1.4
-0.9

V1 -0.6
-0.5

V4 1.5
1.2

II 1.5
0.9
aVL 0.6
0.4

V2 1.6
0.8

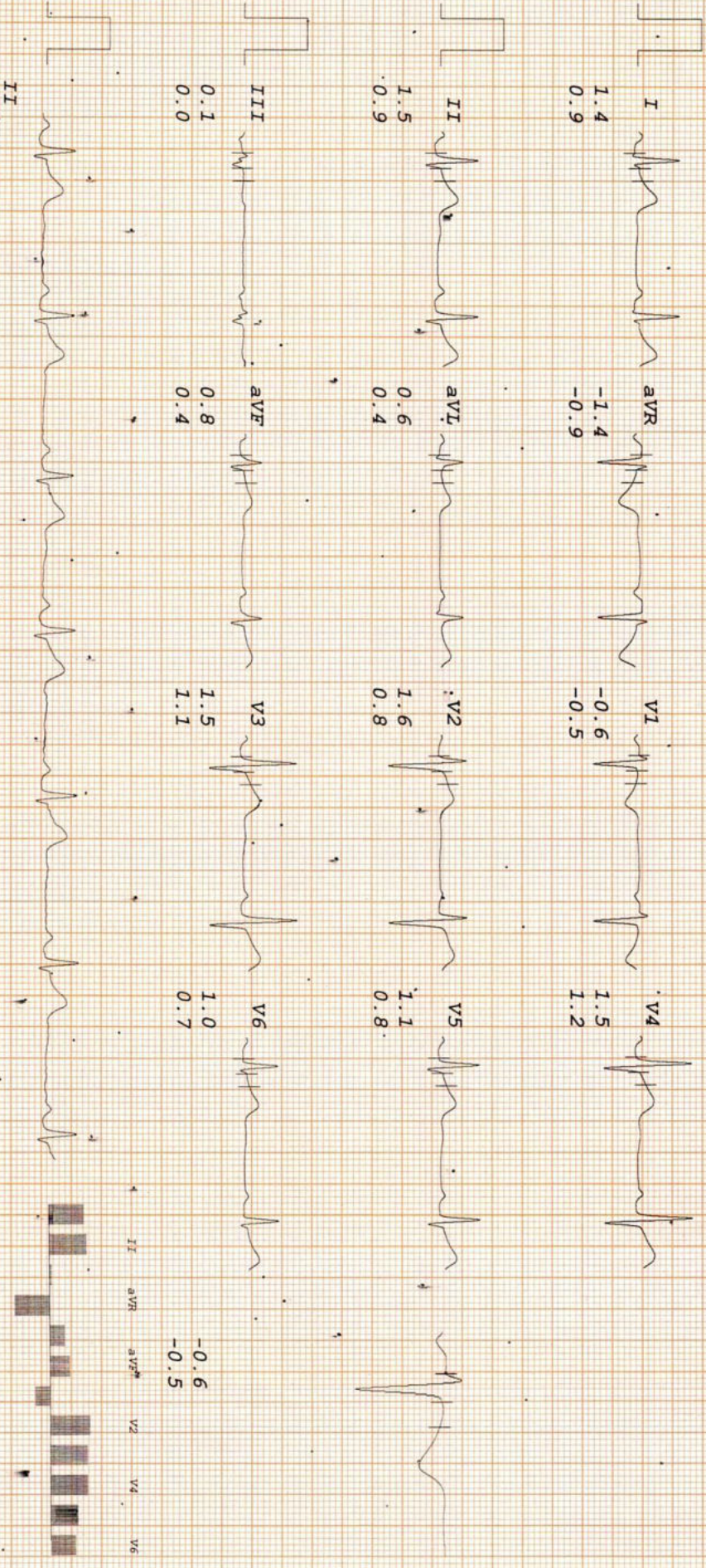
V5 1.1
0.8

III 0.1
0.0
aVF 0.8
0.4

V3 1.5
1.1

V6 1.0
0.7

-0.6
-0.5



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AJIT RANJAN MISHRA

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Age 47/M

Date 12-03-2023

RATE 105bpm

B.P. 130/80

Bruce

Stage 1

TOTAL TIME 2:55

PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

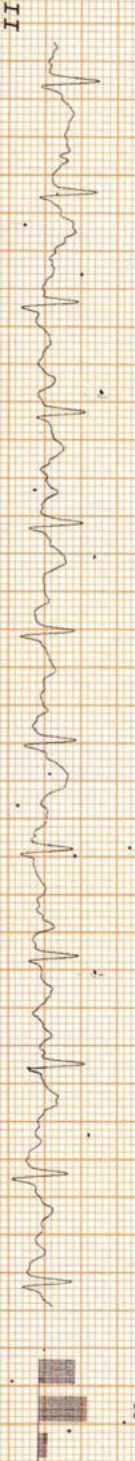
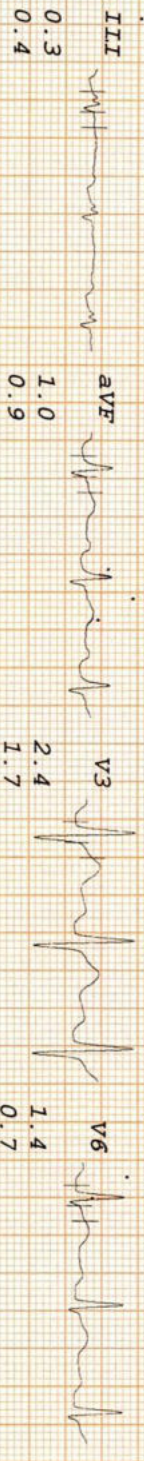
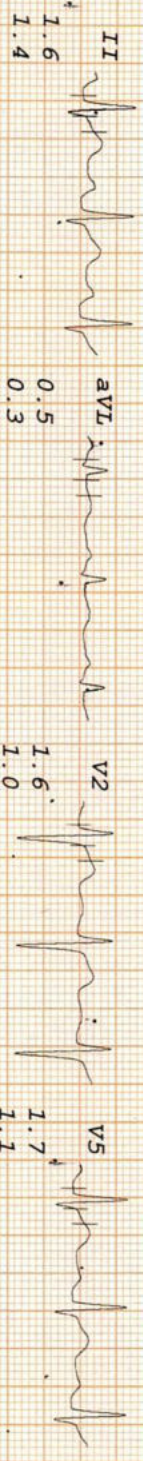
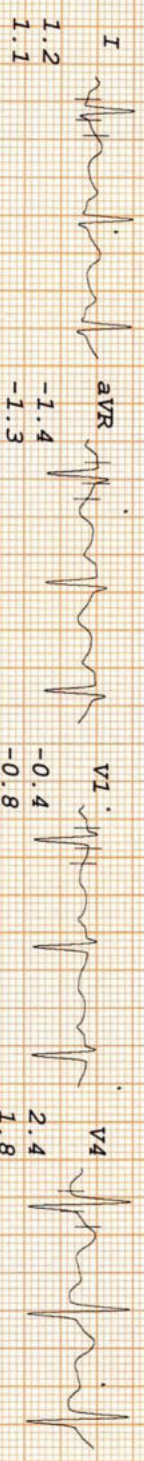
Speed 2.7 km/hr

SLOPE .10 %

LINKED MEDIAN

Mag. X 2

V1



-0.4
-0.8



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 I.D. 37291
 Age 47/M
 Date 12-03-2023

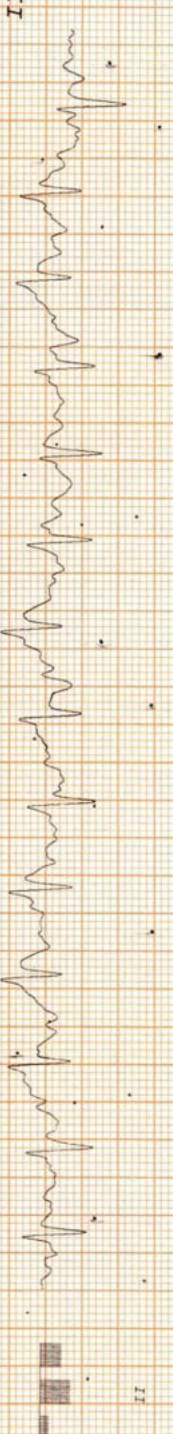
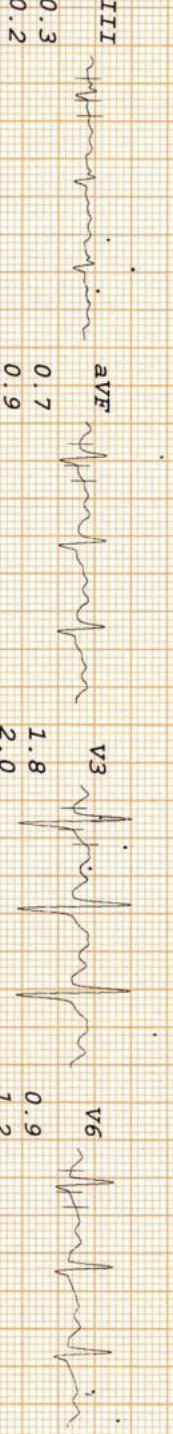
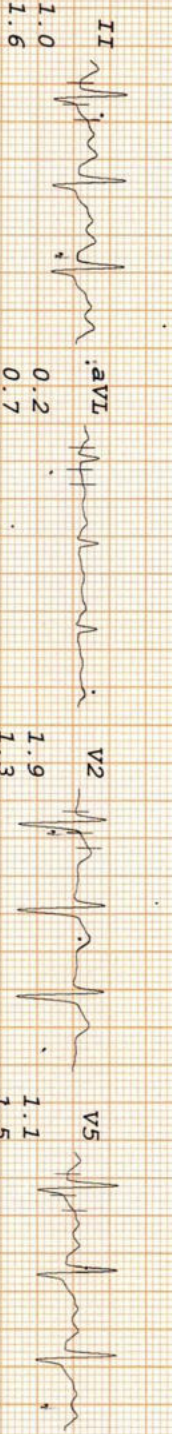
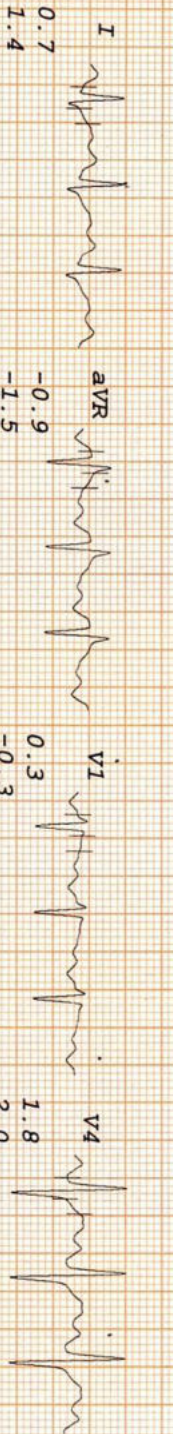
RATE 133bpm
 B.P. 140/80
 Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

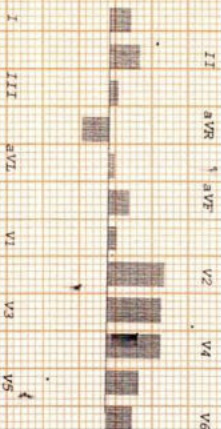
LINKED MEDIAN

Mag. X 2

III



0.3
0.2



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ADIT RANJAN MISHRA
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Rate 151bpm
B.P. 150/80

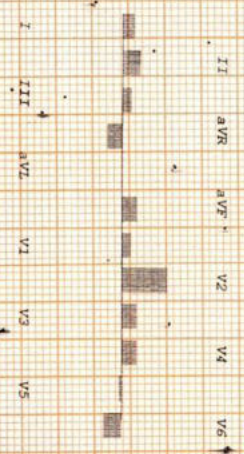
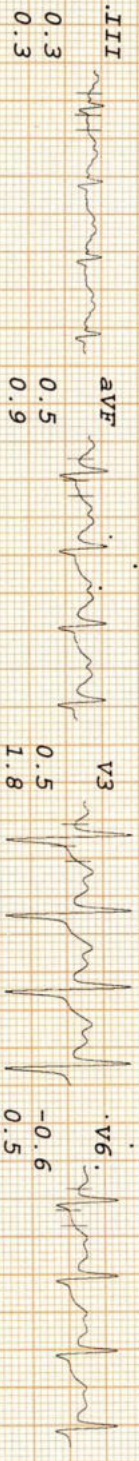
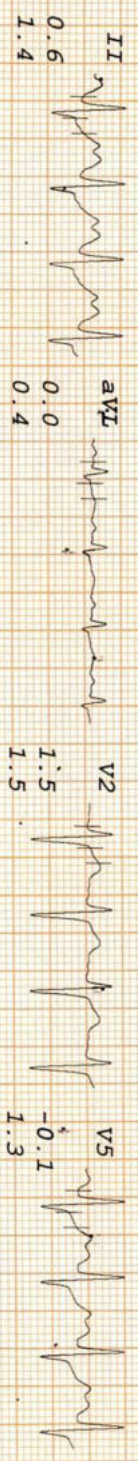
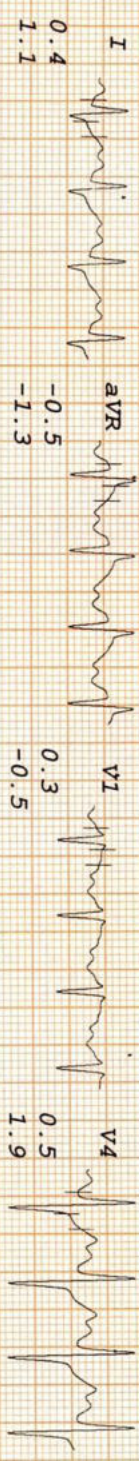
Brice
Stage 3
TOTAL TIME 7:41
PHASE TIME 1:41

ST @ 10mm/mV
80ms PostJ
Speed 5.4 km/hr
STORE 14 %

LINKED MEDIAN

Mag. X 2

V6



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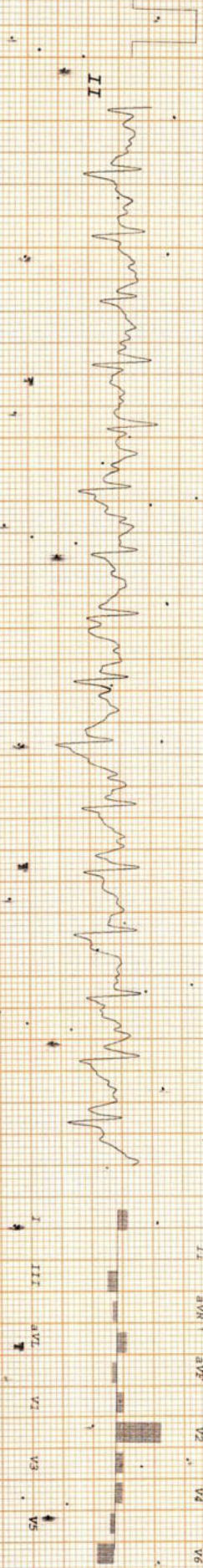
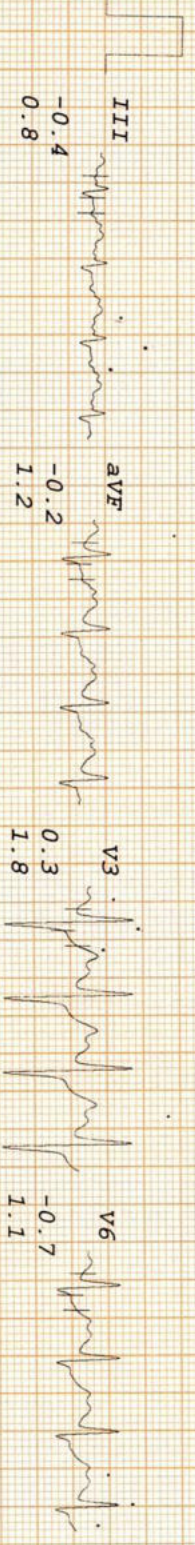
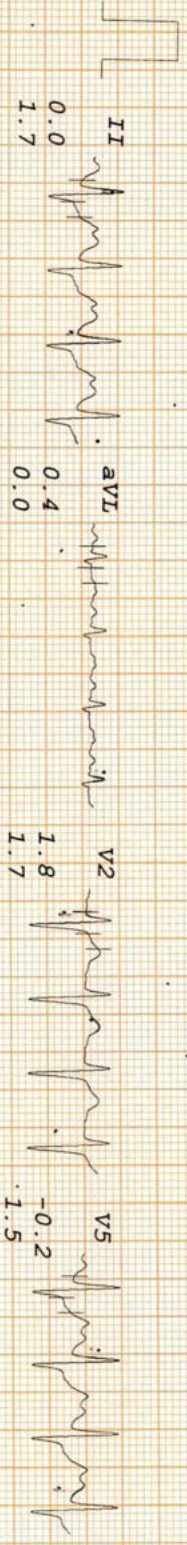
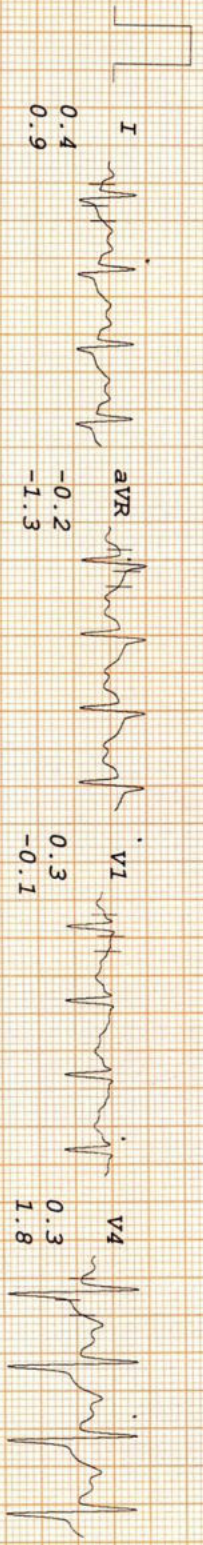
AJIT RANJAN MISHRA
 I. D. 3729
 Age 47/M
 Date 12-03-2023

Rate 155bpm
 B.P. 150/80
 Bruce
 PR-EXERCISE
 TOTAL TIME 8:00
 PHASE TIME 2:00

ST @ 10mm/mV
 80ms PostJ
 Speed 5.4 km/hr
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2



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RATE 106bpm
B.P. 140/80

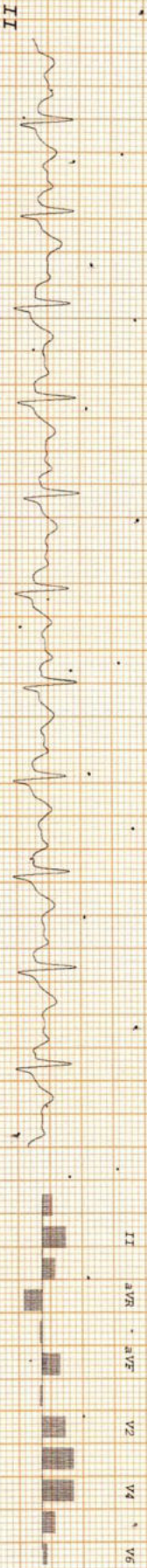
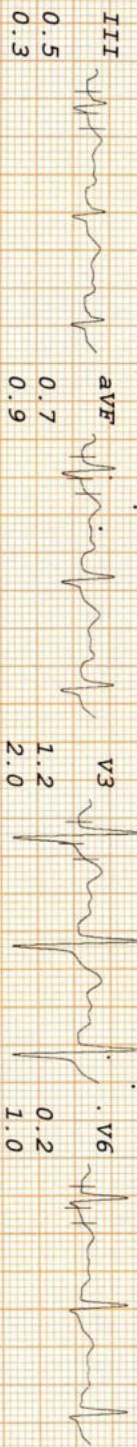
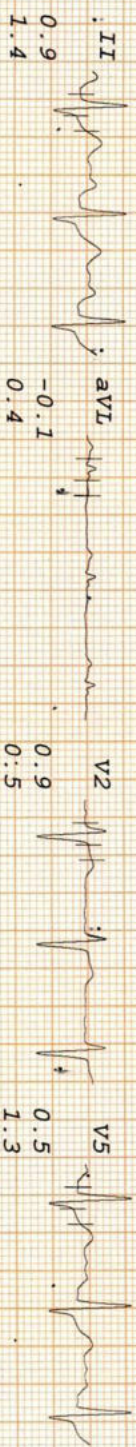
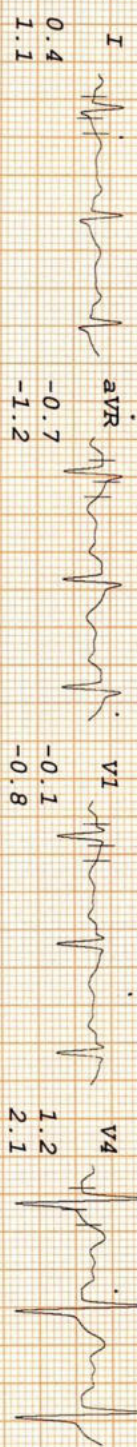
Bruce
RECOVERY
TOTAL TIME 9:10
PHASE TIME 0:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V1.



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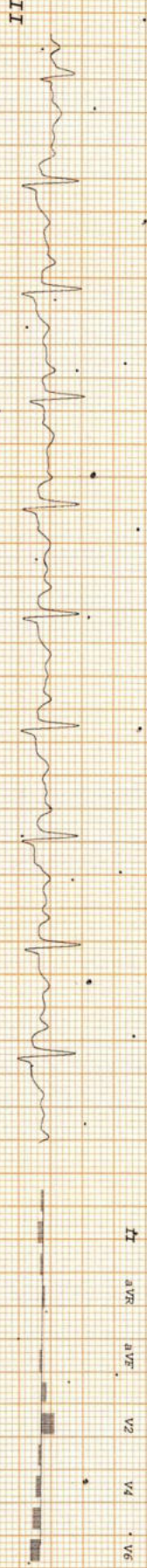
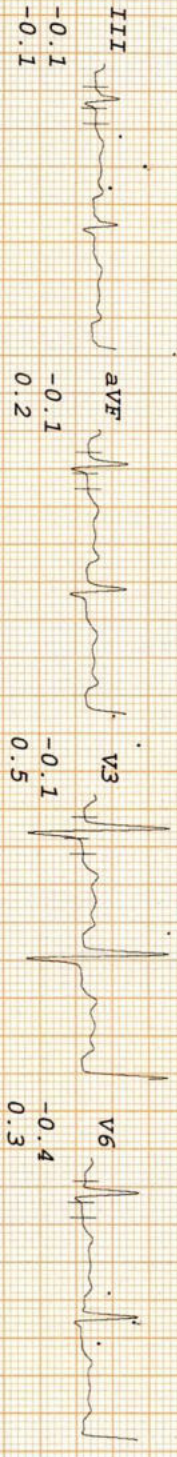
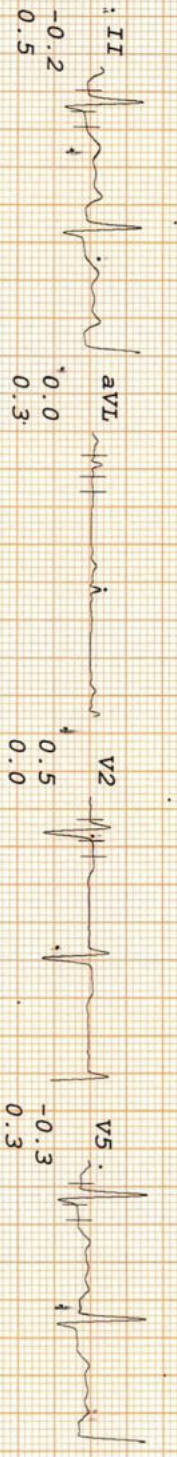
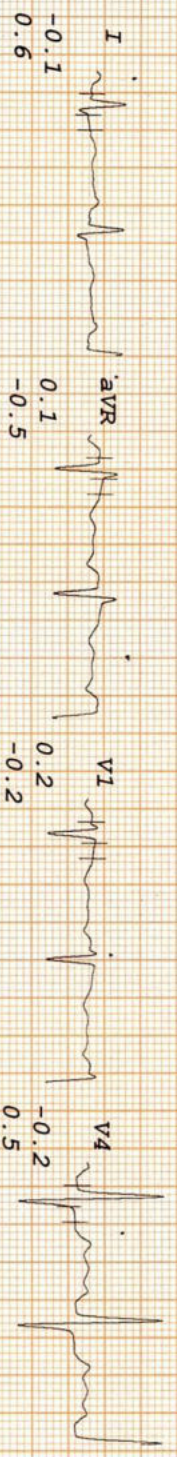
Rate 92bpm
B.P. 130/80
Recovery Bruce
TOTAL TIME 10:10
PHASE TIME 1:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

V5



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RATE 84bpm
B.P. 120/80

Recovery
TOTAL TIME 10:32
PHASE TIME 2:17

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2

KAROLINSKA INSTITUTE, H1000518
UNIVERSITY HOSPITAL, S-141 86
LINKED MEDIAN

