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- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS KHUSHBU JAIN  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 38 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KCA6675 \*KCA6675\*  
**Reg. Date** : 11-Mar-2023 11:19 am  
**Report Date** : 11-Mar-2023 4:56 pm  
**Print Date** : 13-Mar-2023 2:16 pm

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	117.5	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occassion) 5 - 20 mg/dl
Blood Urea Nitrogen (BUN)	9.00		
URINE SUGAR (Fasting)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

\*Result rechecked.

----- End of Report -----

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PRANALI

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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# HEALTHCARE

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 Sex : FEMALE Age : 38 Years  
 Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : KCA6675 \*KCA6675\*  
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 Print Date : 13-Mar-2023 2:16 pm

## BIOCHEMISTRY REPORT (SERUM)

TEST	RESULT	UNITS	NORMAL VALUES
Serum Uric Acid	4.80	mg%	Female : 2.4 - 5.7 mg%

----- End of Report -----

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# HEALTHCARE

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Patient's Name : MRS KHUSHBU JAIN  
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 Sex : FEMALE Age : 38 Years  
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 Report Date : 12-Mar-2023 12:43 pm  
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## BLOOD GROUP

TEST	RESULT
Blood Group	'AB'
Rh Factor	Positive

----- End of Report -----

\* RECHECKED & CONFIRMED

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR (Post prandial)	148.6	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occassion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

\*Result rechecked.

----- End of Report -----

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# HEALTHCARE

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**Sex :** FEMALE **Age :** 38 Years  
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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	11.5	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.21	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	35.7	%	Female : 32 - 47 %
MCV	84.80	fl	80- 96 fl
MCH	27.30	pg	27 - 32 pg
MCHC	32.10	gm%	32 - 37 gm%
RDW	14.4	%	12 - 14.5
<b>TOTAL WBC COUNT</b>			
TOTAL WBC COUNT	9360	/ cumm	4,000 - 11,000
<b>DIFFERENTIAL COUNT</b>			
Neutrophils	71	%	40 - 75
Lymphocytes	24	%	20 - 40
Eosinophils	02	%	0 - 6
Monocytes	03	%	2 - 8
Basophils	0	%	00 - 01
Platelet count	196000	Lacs/cmm	150000-450000
<b>PERIPHERAL SMEAR</b>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	21	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## eGFR / CREATININE

TEST	RESULT	UNITS	NORMAL VALUES
CREATININE	0.9	mg/dl	0.5 - 1.5 mg/dl
Age of the Patient	38		
eGFR	74.48	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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## HBA1C

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.6	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	114.02		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	197	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	119.1	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	46	mg / dl	40 - 60 mg / dl
VLDL	23.82	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	127.18	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.28		< 5
LDL / HDL	2.76		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MRS KHUSHBU JAIN  
**Referred By Dr :** MEDIWHEEL  
**Sex :** FEMALE **Age :** 38 Years  
**Collected At :** MAHAVIR NAGAR MAIN BRANCH

**Lab No. :** KCA6675 \*KCA6675\*  
**Reg. Date :** 11-Mar-2023 11:19 am  
**Report Date :** 11-Mar-2023 4:57 pm  
**Print Date :** 13-Mar-2023 2:16 pm

## Liver Function test

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.24	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.76	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	20.10	U / L	Up to 49 U / L
S.G.O.T.	14.40	U / L	Up to 46 U / L
Alkaline Phosphatase	56	U/I	4 - 15 Years: 54 - 369 U/I 20 - 59 Years: 42 - 98 U/I > 60 Years: 53 - 141 U/I
Total Proteins	7.23	gm / dl	6 - 8 gm / dl
Albumin	4.37	gm / dl	3.2 - 5.5 gm / dl
Globulin	2.86	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.53		1.0- 2.3
GGT	26	IU/L	5 - 50 IU/L

----- End of Report -----

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Checked By  
PRANALI

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## ROUTINE URINE EXAMINATION

TEST	RESULT
<b>PHYSICAL EXAMINATION</b>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.020
<b>CHEMICAL EXAMINATION</b>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<b>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</b>	
Red Blood Cells	Absent
Pus Cells	2-3/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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**THYROID FUNCTION TEST**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	109.60	ng/dl	55 - 180 ng/dl
Method	ELFA		
T4 [ Thyroxine ]	8.3	ug/dl	4.66 - 10.50 ug/dl
Method	ELFA		
TSH [Thyroid Stimulating Hormone]	<b>5.38</b>	uIU/mL	0.25 - 5.0 uIU/mL
Method	ELFA		

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.

----- End of Report -----

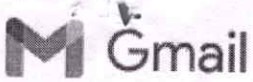
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**Health Check up Booking Request(bobS31464),Package Code(PKG10000241),Beneficiary Code(69879)**

1 message

**Mediwheel** <wellness@mediwheel.in>  
To: healthcare.medicals@gmail.com  
Cc: mediwheelwellness@gmail.com

Thu, Mar 2, 2023 at 10:57 AM



**Mediwheel**  
...Your wellness partner



**011-41195959**

Email:wellness@mediwheel.in

Dear Healthcare Medical Centre And Diagnostic,  
City : Mumbai . Location : .Kandivali West,

We have received the following request for Health Check up from



**Name** : Khushbu Jain  
**Age** : 37  
**Gender** : Female  
**Member Relations** : Spouse  
**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Below 40  
**Package Code** : PKG10000241  
**User Location** : Maharashtra,RAIGAD,410208  
**Contact Details** : 8454980632  
**Booking Date** : 02-03-2023  
**Appointment Date** : 11-03-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Khushbu Jain	37	Female	Cashless
<b>Total amount to be paid</b>			<b>Cashless</b>

Please login to your account to confirm the same. Also you mail us for confirmation

**Package Name** : Medi-Wheel Metro Full Body Health Checkup Female Below 40 - Includes (37) Tests  
 ✓ Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

Tests included in this Package





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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**OPHTHALMIC REPORT**

NAME *Mrs Kushbu A Jain* DATE *11/3/25*  
 R-NO \_\_\_\_\_ AGE *F*  
 REF. BY DR. \_\_\_\_\_ SEX *38*

**RIGHT EYE** **LEFT EYE**  
 V.A. WITHOUT GLASSES: *6/6* *6/6*  
 V.A. WITH GLASSES: *6/5* *6/5*

SLIT LAMP EXAMINATION:  
 IOP - SCHIOTZ TONOMETER: */* */*  
 FUNDUS:

COLOUR VISION:  
 (ISHIHARA CHART) *OK* *OK*

OCULAR MOVEMENTS: *Normal* *Normal*

RETINOSCOPY:

Prescription:

DISTANCE

NEAR

SPH	CYL	AXIS
	<i>pcu</i>	

SPH	CYL	AXIS
	<i>pcu</i>	

CLINICAL IMPRESSION:  
 ADVICE:

Healthcare Medical Centre  
 Karyade Road, M. Nagar,  
 (W), Mumbai - 400 067  
 Tel No. 2869 7808

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DATE : 11/03/2023.

TO,

MEDIWHEEL.

This is regarding your client Miss/Mrs/Mr.

Khushbu Jain. Visited to our centre on 11/03/2023 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool sample

Reason: Given Tomorrow or Day after within 2 days.

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Khushbu Jain

Client's sign

**Healthcare**  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.. 2018115643

Medical Examiner

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS KHUSHBOO JAIN	DATE	11/03/2023
		AGE	38YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

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## REAL TIME SONOGRAPHY OF WHOLE ABDOMEN SHOWS,

### LIVER :

Liver is normal in size showing homogenous paranchymal echotexture. There is no evidence of solid or cystic mass. The Portal vein and the hepatic venous system appears normal..

### Gall bladder :

Gall bladder is physiologically distended and shows 11 mm size calculus and another 8.5 mm size moving calculus within.

.The gall bladder wall of normal thickness.

### PANCREAS :

Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture . No e/o focal lesion seen.

### KIDNEYS :

Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal .There is no evidence of hydronephrosis or renal calculus

(a) Right kidney measures: 9.4 x 4.2 cms.

(b) Left kidney measures:9.6 x 4.1 cms.

### SPLEEN :

The spleen is normal in size with homogenous paranchymal echotexture.No focal lesion are seen.

### URINARY BLADDER :

The Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen int the bladder.

### UTERUS :

Uterus measures:7.1 x 5.0 x 4.4 cms.

E/o intramural fibroid of size 2.0 x 1.6 cm is seen in posterior wall of uterus and also another intramural fibroid of size 1.3 x 1.0 cm is seen in posterior wall.

ET measures – 6 to 7 mm.

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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



NAME	MRS KHUSHBOO JAIN	DATE	11/03/2023
		AGE	38 YRS
REF. BY DR	MEDIWHEEL	SEX	FEMALE

**ADNEXA :**

Both ovaries are normal in size and shows homogenous echop[attern.No evidence of focal lesion.

(a) Right ovary measures: 2.4 x 2.2 cms.

(b) Left ovary measures: 2.5 x 2.3 cms.

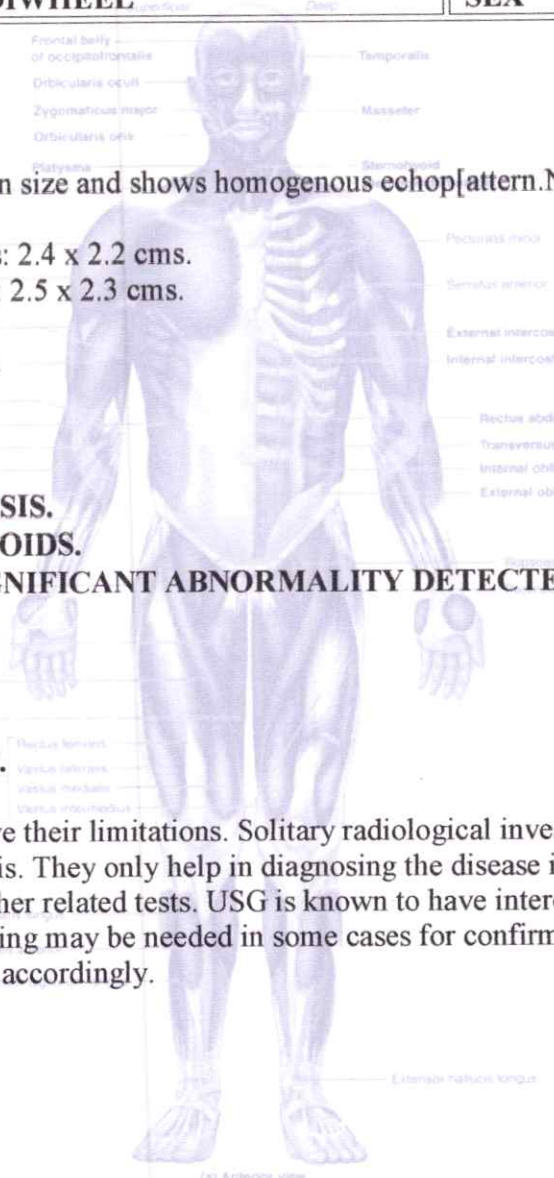
No evidence of free fluid.

**IMPRESSION :**

- **CHOLELITHIASIS.**
- **UTERINE FIBROIDS.**
- **NO OTHER SIGNIFICANT ABNORMALITY DETECTED.**

**DR.SACHIN JADKAR**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings..Please interpret accordingly.



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- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON (EAST)** SATELLITE GARDENS, FILM CITY ROAD, NEAR SATELLITE TOWER, GOREGAON (EAST), MUMBAI - 400063 • TEL.: 79773 74838 / 79773 62922
- MIRA ROOD** UNIT NO. R13, RNA LIBERTY REST, NEAR JANGID CIRCLE, VIJAY PARK, MIRA ROAD (EAST), MUMBAI - 401107. • TEL.: 70218 04221 / 70218 27389



- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



**HEALTHCARE**  
MEDICAL CENTRE & DIAGNOSTICS

## ELECTROCARDIOGRAM (ECG)

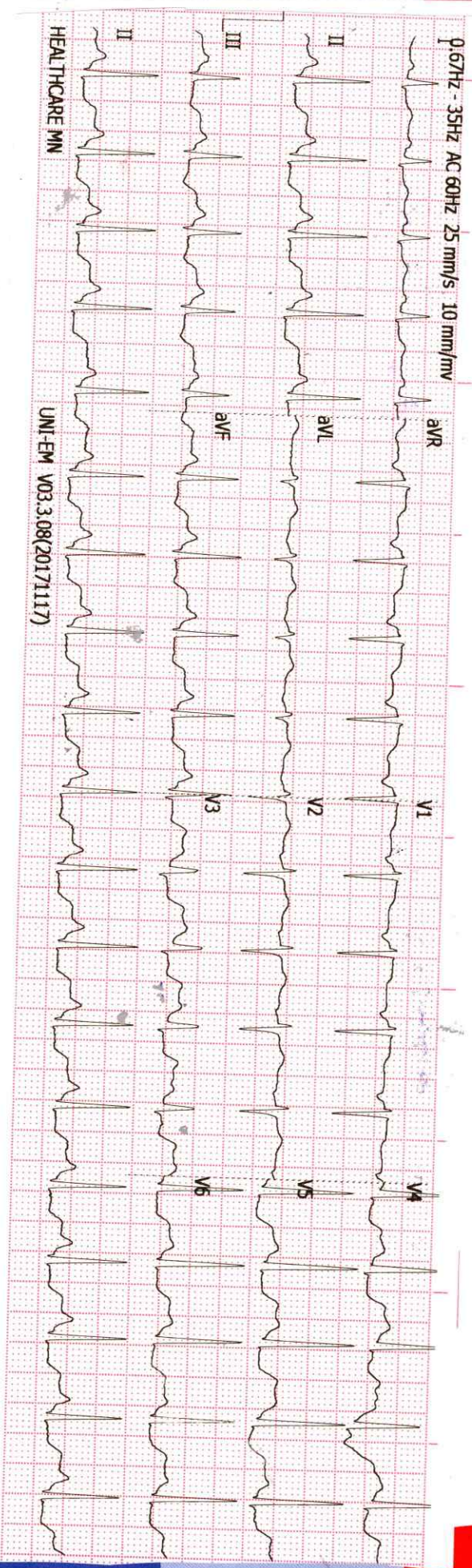
MRS KHUSHBU JAIN  
EKCA6675      11-Mar-2023  
ECC



PATIENT Mrs. Khushboo Jain      AGE 38      SEX F  
 REF. BY DR. Arshvheel      DATE 11/03/2023

INTERPRETATION : <u>ST depression in V3 -</u> <i>Heartcare</i> Mahavir Suryadarshan Soc. Salya <del>Highway</del> Road, Mahavir Nagar, Kandivali (W), Mumbai - 400 067 Tel. No. 2869 7808	Dr. <u>Myr</u> <b>DR. NUPUR RAI</b> MBBS, DIPLOMA CARDIOLOGY (PGDCC) Reg. No. 2018115643
--	---

*V6 & V7 leads*  
*Please consult sickly*



*Khus Khusain*



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... *116 bpm*

Ventricular Rate : ..... *116 bpm*

Rhythm : ..... *ly*

Mechanism : .....

Voltage : .....

Axis : ..... *Q*

P Waves : .....

PR Interval : .....

Q. Waves : ..... *Q*

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

*116 ST depression in V3-V6 & T4, T6*

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME:	Mrs Khusbhu Jain	DATE:	11/03/2023
HEIGHT: 157 CMS	WEIGHT: 60.4 KG	AGE:	38 YRS
REFERRED BY:	Mediwheel	SEX:	Female

**PRESENT COMPLAINT:** Asymptomatic. H/o 2 small sized posterior wall uterine fibroid since 2 years. H/o 1 gall stone since 6 months.

**CURRENT MEDICATION:** None.

**PAST HISTORY :** LSCS in 2021 1 live female child. H/o fever in Jan 2023 for a day.

**FAMILY HISTORY:** Mother: DM, expired cause of death unknown.

**ALLERGY:** NIL                      **HABITS:** Nil                      **APPETITE:** Good

**SLEEP:** GOOD                      **BLADDER:** NAD                      **BOWEL:** NAD

Immunization: 2 doses of Cowaxin taken.

**GENERAL EXAMINATION:**

P:90 /min    BP:124/80 mm of hg

**ADVICE-** Refe cardiologist

for further evaluation.

Avoid oily fatty fried/junk food.  
Butter & Ghee, Sweets  
& sugar. Carbohydrated.

**ICTERUS:** NIL    **OEDEMA:** NIL

**OTHERS:** NAD

Refe surgeon for Gallstone.  
Repeat Upid profile & BSL & BSPP  
after 1 month.

**RS:** NAD

**CVS:** NAD

**PA:** NAD

**CNS:** NAD

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)

**DR. V. J. MEHTA**  
Reg. No. 2018115543

Healthcare  
 Mahavir Suryadarshan Soc.  
 Surya Nagar, Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 057  
 Tel. No. 2869 7808

- |                         |  |
|-------------------------|--|
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| <b>KANDIVALI CENTRE</b> | MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458  |
| <b>KANDIVALI CENTRE</b> | SHOP NO. 44/49, EMP 77, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2865 0174 / 69288 01541 |
| <b>DAHISAR CENTRE</b>   | NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504  |
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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)

"Home Visit Facility Call On 76667 66307"



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS KHUSHBU JAIN	DATE	11.03.2023
		AGE	38YRS
REF. BY DR.	MEDIBUDDY	SEX	FEMALE

## X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

### IMPRESSION :

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

Correlate clinically .

  
**DR SACHIN JADKAR**  
 (Consultant Radiologist)

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
MAHAVIR NAGAR KANDIVALI WEST 400068

## TREADMILL TEST REPORT

MRS KHUSHBU JAIN  
ID : 700  
DATE : 11/03/2023  
AGE/SEX : 38 / F  
HT/WT : 157 / 60  
REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
HISTORY :  
INDICATION : Checkup/Physical fitness,  
MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					134	120 / 80	160	-2.2	0.1	-1.8	
STANDING					130	120 / 80	156	-2.2	0.3	-1.7	
HYPERVENT					138	120 / 80	165	-2.2	0.2	-1.8	
Stage 1	2:55	0:6	2.7	10	171	120 / 80	205	-2.8	0.5	-1.7	
Stage 2	5:55	2:55	4	12	189	130 / 90	245	-0.9	0.4	-1.1	4.67
PK-EXERCISE	6:16	0:16	5.4	14	195	140 / 90	273	-1.3	0.3	-1.3	7.04
RECOVERY	7:16	0:52			166	140 / 90	232	-0.1	-0.2	-0.1	
RECOVERY	8:31	2:7			148	130 / 90	192	-0.1	-0.1	-0.2	
RECOVERY	9:19	2:55			151	130 / 90	196	-1.1	0.2	-0.6	
RECOVERY	10:35	4:11			134	120 / 80	160	-1.5	0.3	-1.1	

### RESULTS

EXERCISE DURATION : 6:16  
MAX HEART RATE : 197 bpm  
MAX BLOOD PRESSURE : 140 / 90 mm Hg  
REASON OF TERMINATION : Achieved THR,  
BP RESPONSE : Normal,  
ARRHYTHMIA : None,  
H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

FAIR EFFORT TOLERANCE,  
NO ANGINA, NO ARRHYTHMIA,  
NORMAL HR, BP RESPONSE,  
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

**Healthcare**  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

Technician : 1

**DR. NUPUR RAI**  
**YOGESH KUMHETA (MD)**  
Reg. No. 2013



MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

**HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS**

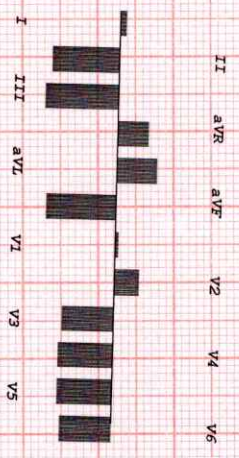
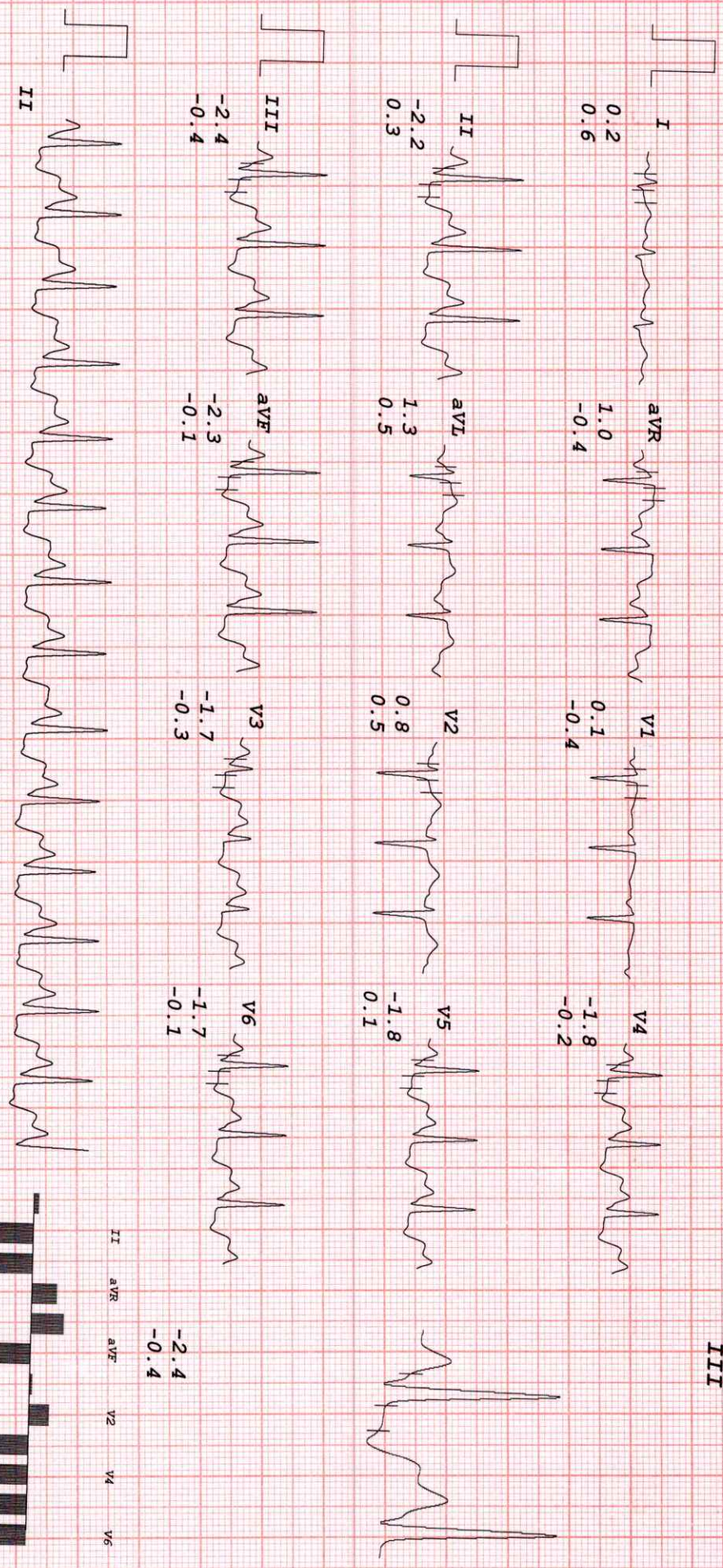
PRETEST  
 SUPINE

ST @ 10mm/mv  
 80ms PostJ

**LINKED MEDIAN**

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

**MRS KHUSHBU JAIN**  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

RATE 130bpm  
 B.P. 120/80

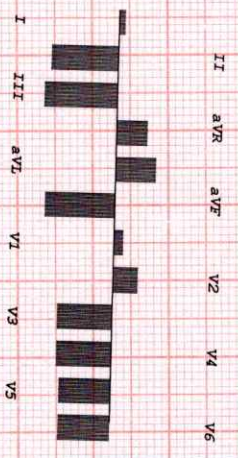
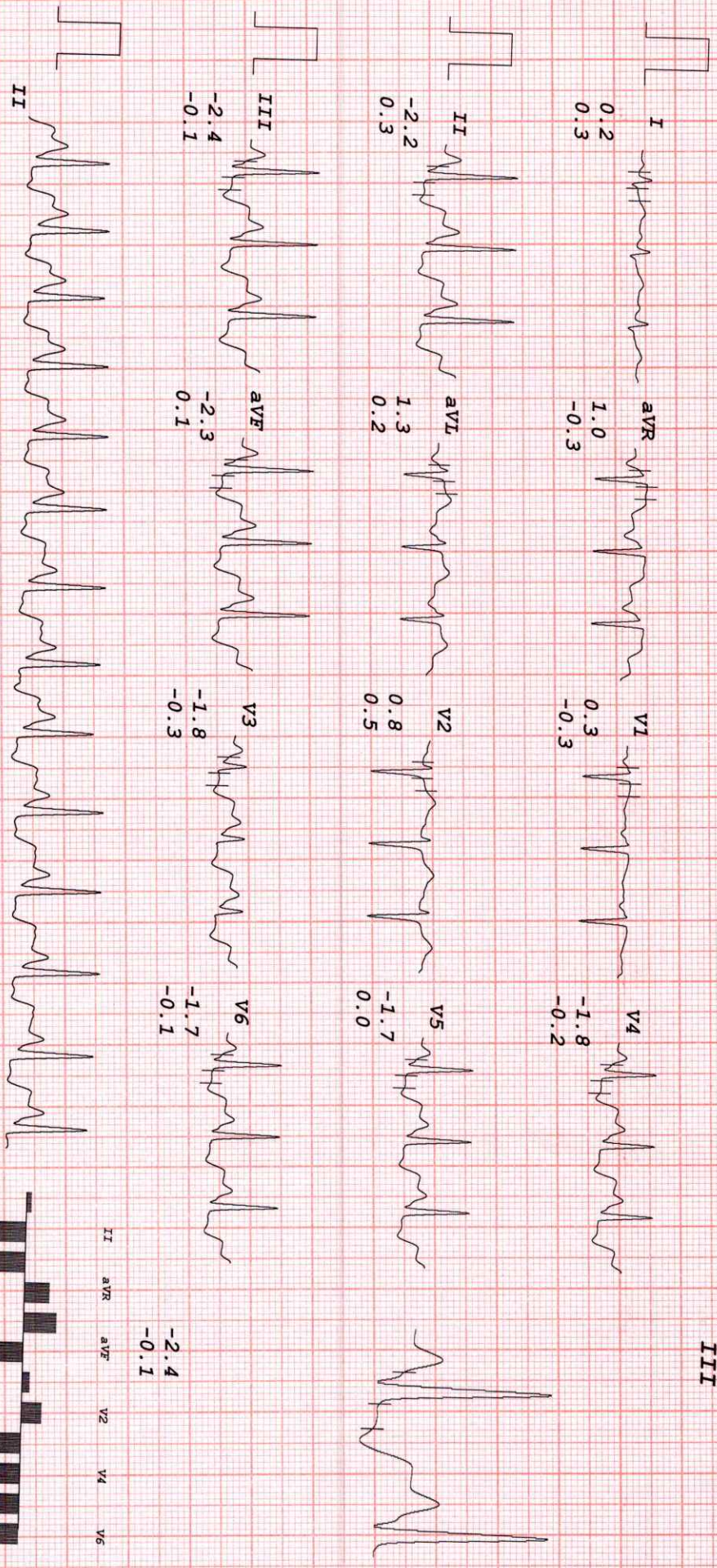
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

**LINKED MEDIAN**

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

RATE 138bpm  
 B.P. 120/80

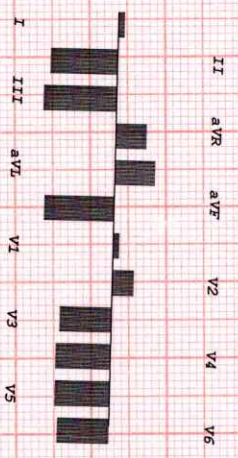
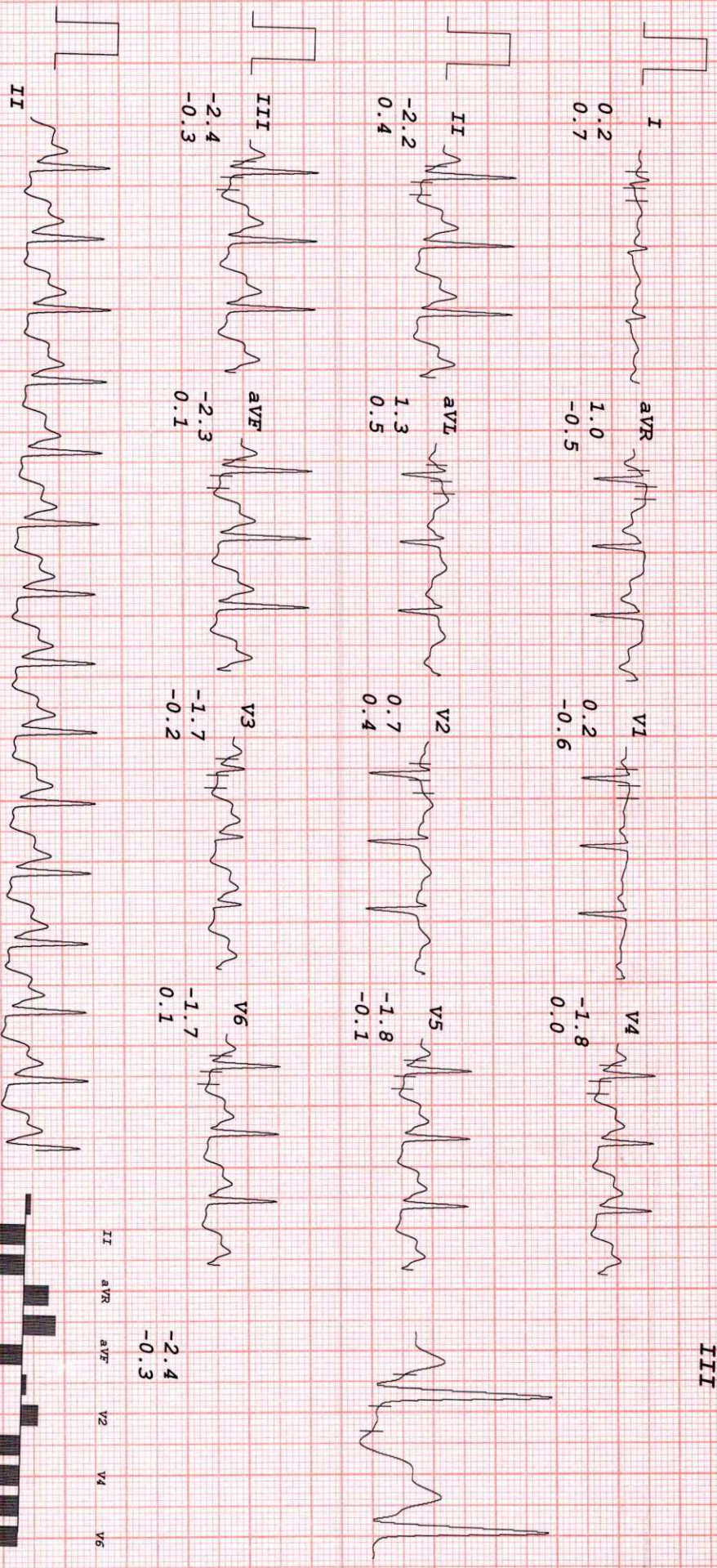
PRETEST  
 HYPERVENT  
 PHASE TIME 0:06

ST @ 10mm/mv  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

RATE 171bpm  
 B.P. 120/80

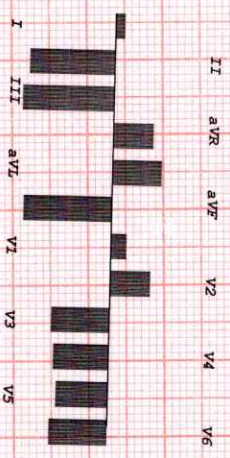
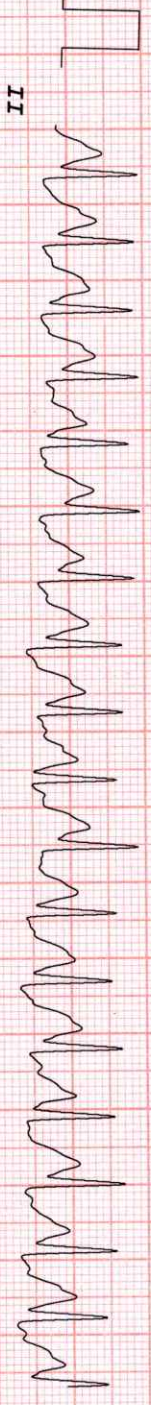
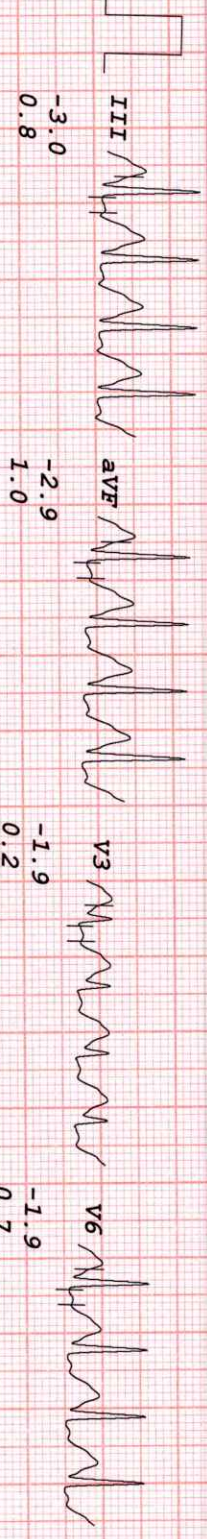
Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



*Khushbu Jain*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

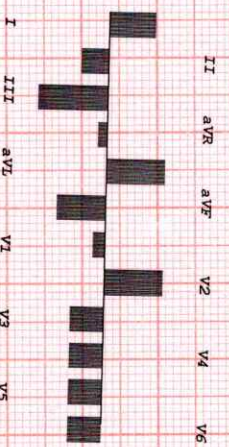
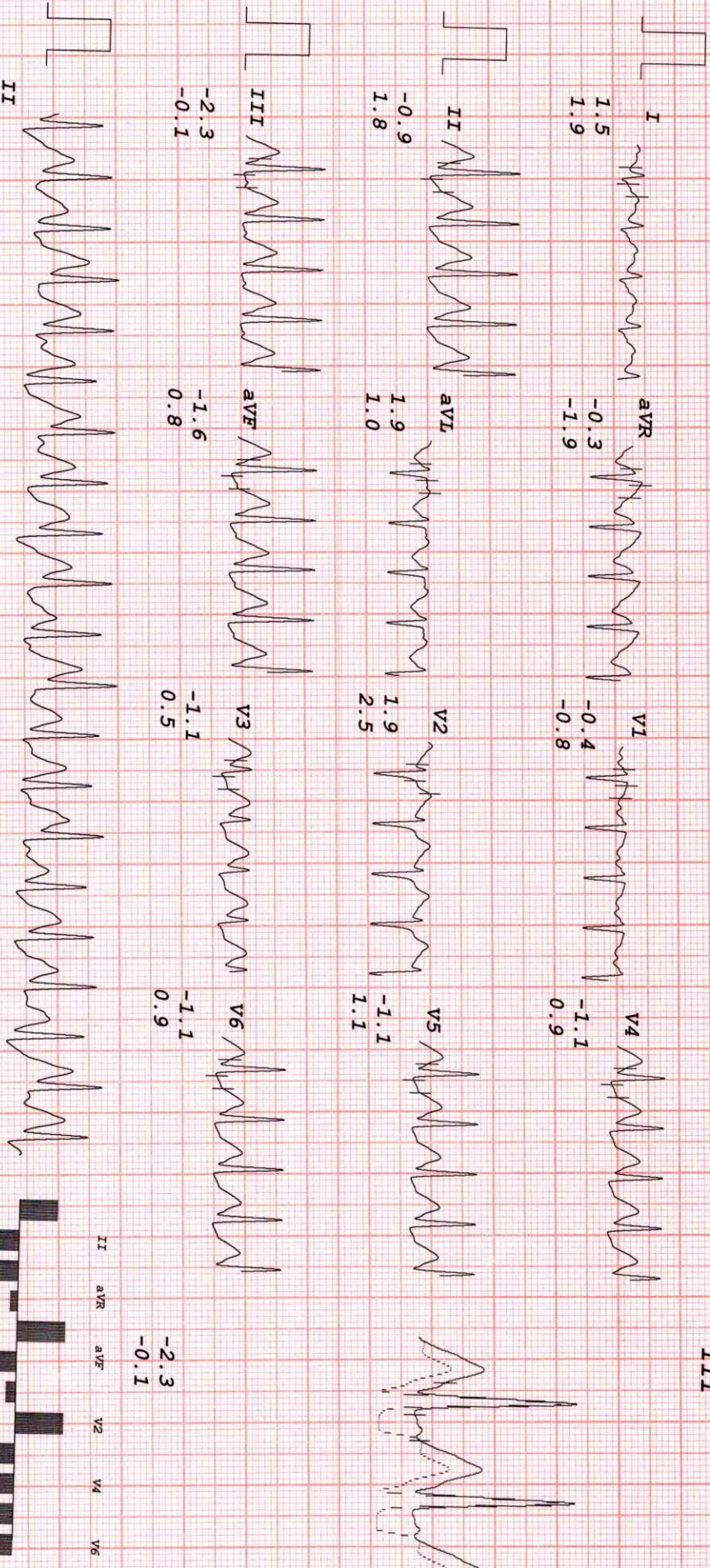
RATE 189bpm  
 B.P. 130/90  
 Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

III



W. Khushbu Jain



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

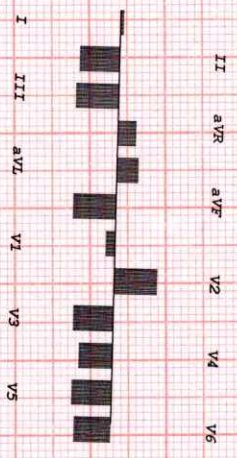
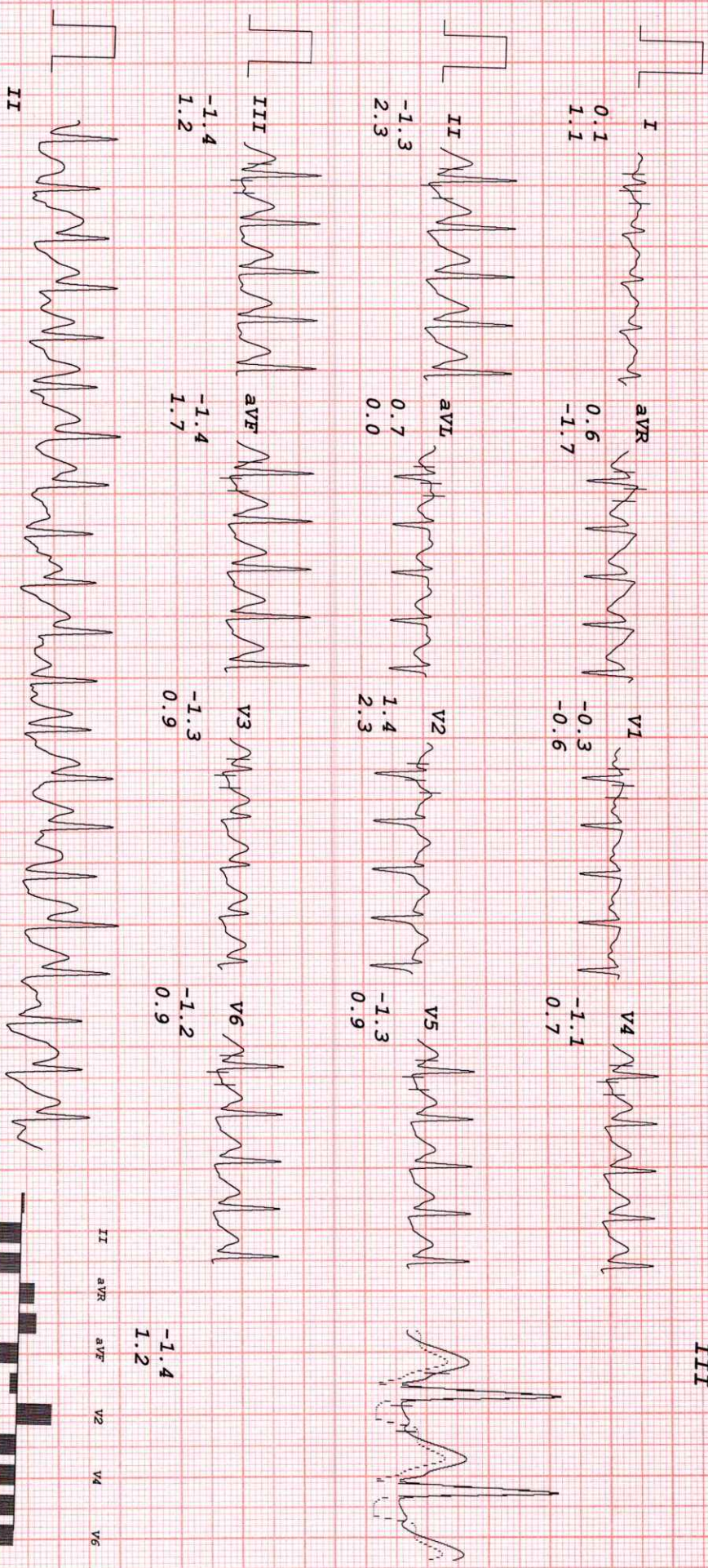
Rate 195bpm  
 B.P. 140/90  
 Bruce  
 PK-EXERCISE  
 TOTAL TIME 6:16  
 PHASE TIME 0:16

ST @ 10mm/mV  
 80ms Post J  
 Speed 5.4 km/hr  
 Slope 14 %

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

RATE 166bpm  
 B.P. 140/90

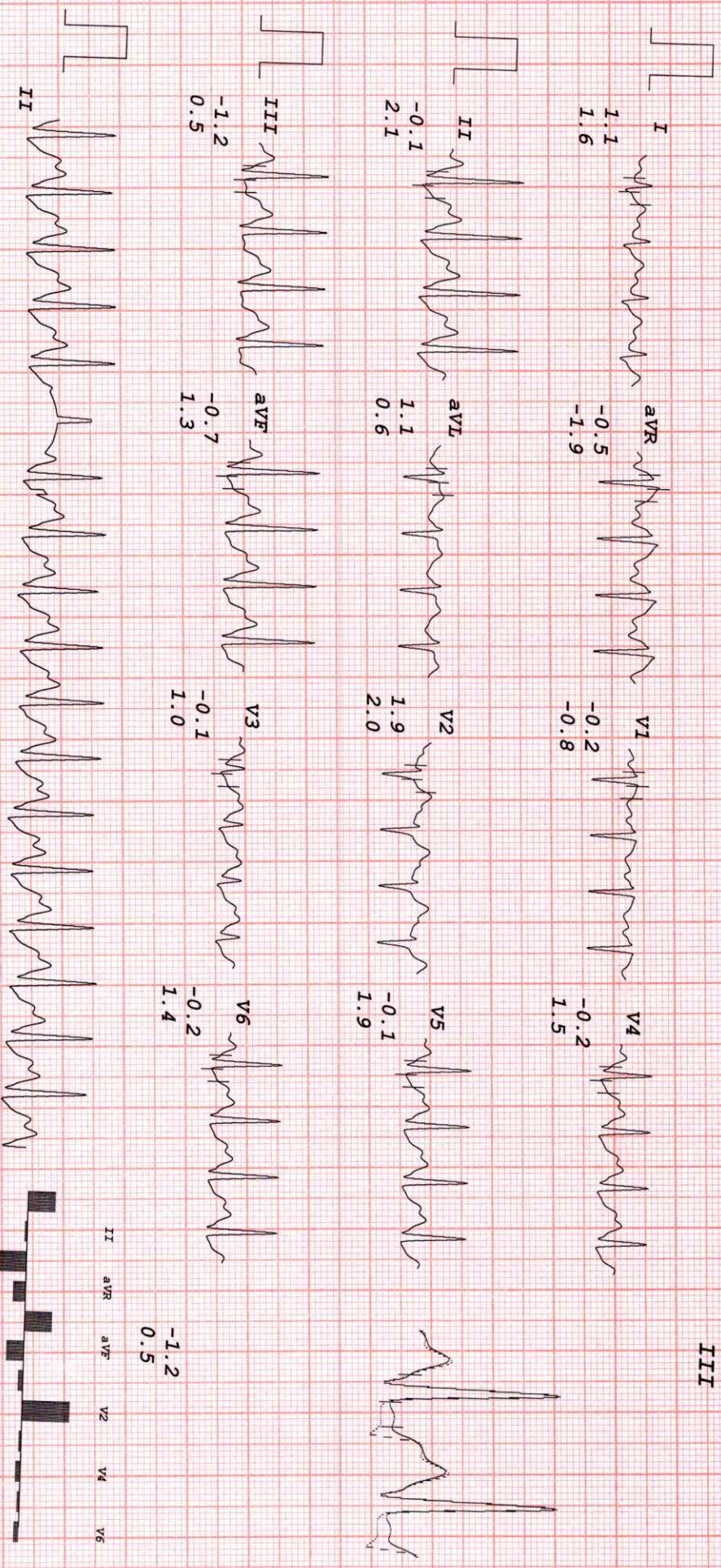
Brice  
 RECOVERY  
 TOTAL TIME 7:16  
 PHASE TIME 0:52

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

RATE 148bpm  
 B.P. 130/90

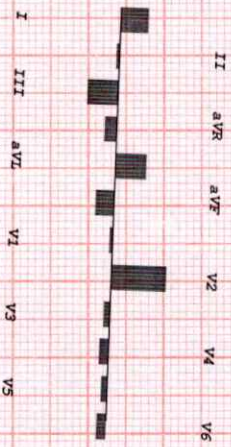
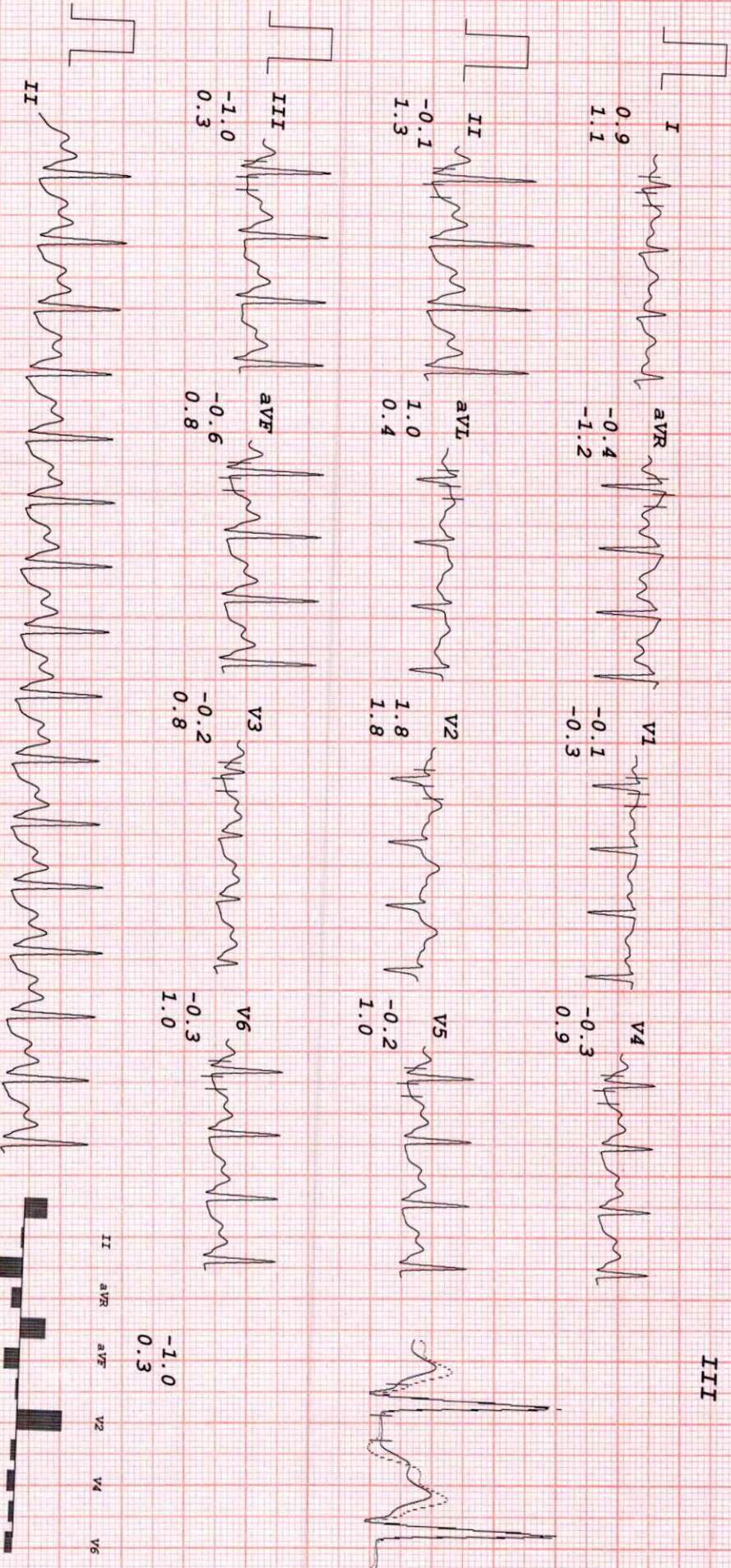
Bruce  
 RECOVERY  
 TOTAL TIME 8:31  
 PHASE TIME 2:07

ST @ 10mm/mv  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



*Khushbu Jain*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN  
 I.D. 700  
 Age 38/F  
 Date 11/03/2023

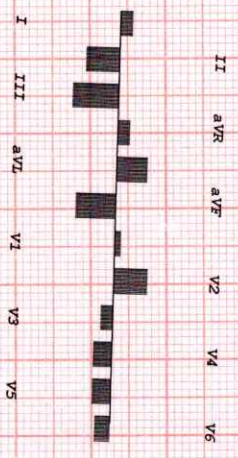
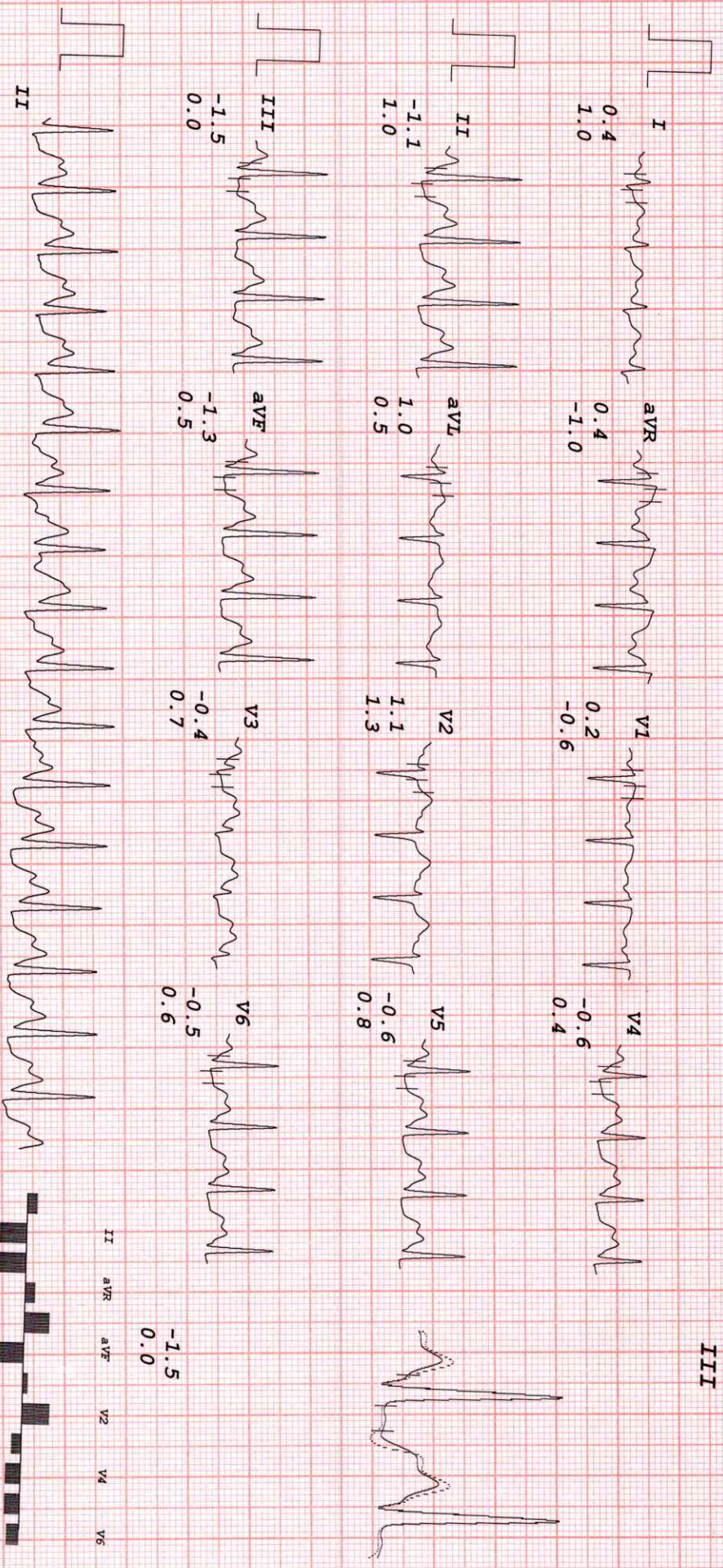
Rate 151bpm  
 B.P. 130/90  
 Bruce  
 RECOVERY  
 TOTAL TIME 9:19  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms Post J

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS KHUSHBU JAIN

I. D. 700  
Age 38/F  
Date 11/03/2023

RATE 134bpm  
B.P. 120/80

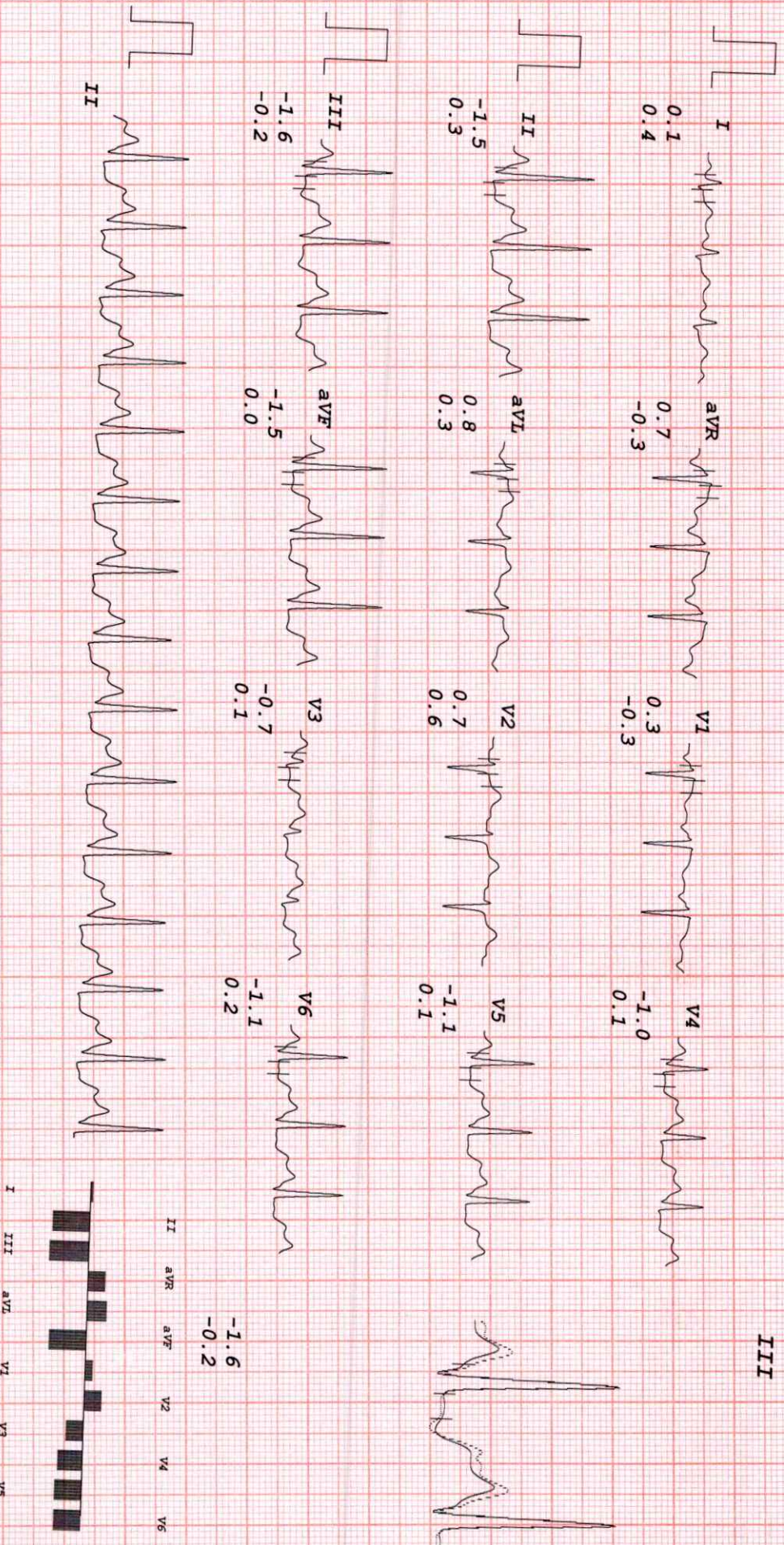
Brice  
RECOVERY  
TOTAL TIME 10:35  
PHASE TIME 4:11

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



Rhythm: Filtered (20 Cycle) Base Corrected, Avg. Complex: Filtered UNI-EM, Indore, Tel.: +91-731-4030035, Fax: +91-731-4031180, E-Mail: em@electromedics.net, Web: www.uni-em.com, TWT Ver.16.0.6

*Khushbu Jain*