

Name : Mr. SARATHI CHAKRABORTY (37 /M)

Date : 09/11/2024

Address : B-10,AMARABATI ,SODEPUR,PS-KHARDAH, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AGHL.0001464714

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH225995



CHIEF COMPLAINTS

For corporate health checkup
Bloating, Flatulence

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Dyslipidemia



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Single
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 165
Weight - 73
BMI - 26.81
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 81
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 127
Diastolic(mm of Hg) - 82
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No

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Ophthalmology consultation

Ophthalmology findings - OCULAR MOVEMENTS:
(RE):FULL (LE):FULL
ANTERIOR SEGMENTS:
(RE):WNL (LE):WNL
VISUAL ACUITY
DISTANCE:WITHOUT
GLASS (RE):6/6P (LE):6/6P
VISUAL ACUITY
NEAR:WITHOUT GLASS
(RE):N6 (LE)N6
SPECTACLE POWER:
RE:-0.25X40*(6/6,N6)
LE:-0.50X140*(6/6,N6)
ADVICE:*Glass Rx*Review
after 1yr/SO

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM

| Test Name | Result | Unit | Level | Range |
|-------------------|-------------------------------|----------------|--------------------------------------|------------|
| Hemoglobin | 13.6 | g/dl | ● | 13.0-17.0 |
| RBC COUNT | 4.70 | Million/ ul | ● | 4.5-5.5 |
| Hematocrit - Hct: | 40.3 * | % | ● | 41-53 |
| MCV | 85.7 | fl | ● | 83-101 |
| MCH | 29.0 | pg | ● | 27-32 |
| MCHC | 33.8 | % | ● | 31.5-34.5 |
| RDW | 15.3 * | % | ● | 11.8-14.0 |
| WBC Count | 7300 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.86 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 63 | % | ● | 40-80 |
| Lymphocytes | 24 | % | ● | 20-40 |
| Monocytes | 08 | % | ● | 2-10 |
| Eosinophils | 05 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Normocytic Normochromic cells | | | |
| Platelets: | Adequate. | | | |

ERYTHROCYTE SEDIMENTATION RATE (ESR)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------------|------------------------------------|-------|
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 20 * | mm/1st hr | ● | 0-15 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 40 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |

| | |
|------------------|----------------|
| Epithelial Cells | Occasional/hpf |
| Casts: | Not Found |
| Crystals: | Not Found |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

ALT(SGPT) - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|------|------------------------------------|-------|
| ALT(SGPT) - SERUM | 80 * | U/L | ● | 0-50 |

ALBUMIN - SERUM

| Test Name | Result | Unit | Level | Range |
|-----------------|--------|------|--------------------------------------|---------|
| ALBUMIN - SERUM | 4.6 | g/dL | ● | 3.5-5.1 |

ALKALINE PHOSPHATASE - SERUM

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|------------------------------------|--------|
| ALKALINE PHOSPHATASE - SERUM | 116 * | U/L | ● | 43-115 |

AST (SGOT) - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|------|------------------------------------|-------|
| AST (SGOT) - SERUM | 64 * | U/L | ● | 0-50 |

BILIRUBIN, TOTAL - SERUM

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|--------------------------------------|---------|
| BILIRUBIN TOTAL - SERUM | 0.5 | mg/dL | ● | 0.3-1.2 |

CHOLESTEROL - SERUM

| Test Name | Result | Unit | Level | Range |
|------------------------|----------|-------|--------------------------------------|-------|
| CHOLESTEROL - SERUM | 174 | mg/dL | ● | 0-200 |
| Non-HDL Cholesterol | 140.0000 | | | |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
| | | | | |

● Within Normal Range ● Borderline High/Low ● Out of Range

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| | | | | |
|--------------------|-------|-------|---|---------|
| CREATININE - SERUM | 0.7 * | mg/dL | ● | 0.9-1.3 |
| CREATININE - SERUM | 0.7 * | mg/dL | ● | 0.9-1.3 |

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

| Test Name | Result | Unit | Level | Range |
|---|--------|------|-------|-------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 43 | U/L | ● | 0-55 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 87 | mg/dL | ● | 70-99 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 104 | mg/dL | ● | 70-140 |

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD | 4.5 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7% |

HDL CHOLESTEROL - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------------|--------|-------|-------|-------------|
| TC/HDL-C ratio serum | 5 * | | ● | Optimal<3.5 |
| HDL CHOLESTEROL - SERUM | 34 | mg/dL | ● | 30-70 |

LDL CHOLESTEROL -SERUM

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------------|
| LDL CHOLESTEROL -SERUM | 119 | mg/dL | ● | Optimal: <100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 21 | mg/dL | ● | 0-35 |

PROTEIN TOTAL - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 7.2 | g/dL | ● | 6.4-8.3 |
| Albumin/Globulin Ratio | 1.8 | | ● | 1.0-2.0 |
| GLOBULIN: (CALCULATED) - SERUM | 2.6 | g/dL | ● | 1.8-3.6 |

TOTAL T3: TRI IODOTHYRONINE - SERUM

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|-----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence) | 1.5 | ng/ml | ● | 0.87-1.78 |

TOTAL T4: THYROXINE - SERUM

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|------------|
| TOTAL T4: THYROXINE - SERUM (Chemiluminescence) | 8.69 | µg/dL | ● | 5.48-14.28 |

TRIGLYCERIDES - SERUM

| Test Name | Result | Unit | Level | Range |
|-----------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 119 | mg/dL | ● | 0-150 |

TSH: THYROID STIMULATING HORMONE - SERUM

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-----------|
| TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence) | 1.85 | µIU/mL | ● | 0.38-5.33 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 4.1 | mg/dL | ● | 2.6-7.2 |

BILIRUBIN CONJUGATED (DIRECT) - SERUM

| Test Name | Result | Unit | Level | Range |
|---------------------------------------|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.2 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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BUN (BLOOD UREA NITROGEN) 9.8 mg/dL  7.0-18.0

BUN/CREATININE RATIO

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|-------|---|----------|
| BUN/CREATININE RATIO | 14 | | | |
| BUN (BLOOD UREA NITROGEN) | 9.8 | mg/dL |  | 7.0-18.0 |

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Gall bladder polyp.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

Dr. MOURUSI MANDAL
DNB RESIDENT
In consultation with

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

ECG

SINUS RHYTHM.
SHORT PR INTERVAL (114ms).

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Biochemistry

A/G - RATIO

Histopathology

PAP SMEAR /CERVICAL SMEAR

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

4

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515