



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012306200030	Reg No/BarcodeNo	: 598854/01527839
Patient Name	: Mrs..NEHA CHAUDHARY	Reg. Date	: 20/Jun/2023 08:55AM
Age/Sex	: 28 Y / Female	Sample Taken Date	: 20/Jun/2023 09:52AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 20/Jun/2023 11:39AM
Referred By Doctor	: Dr. BANK OF BARODA		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting Hexokinase 82 mg/dl 70 - 100

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) Hexokinase 107 mg/dL 70 - 140

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 11 IU/l 9 - 36

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN Urease 8 mg/dl 7.0 - 18.7

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum Kinetic Alkaline Picrate 0.63 mg/dl 0.50 - 1.20

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum Uricase 3.2 mg/dl 2.5 - 6.2

Sample Type:Serum



*A Gupta*

Dr. Arun Kumar Gupta  
M.D. Chief Pathologist  
(Reg No. 34930)





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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Diazonium Salt	0.67	mg/dl	0.10 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.23	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.44	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	15	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	18	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	75	U/L	40 - 150
PROTEIN TOTAL Biuret	6.8	g/dl	6.4 - 8.3
ALBUMIN BCG	4.0	g/dl	3.5 - 5.0
GLOBULIN Calculated	2.8	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.43	Ratio	1.5 - 2.5

Sample Type:Serum



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**BIOCHEMISTRY**

**Lipid Profile**

CHOLESTEROL TOTAL Enzymetic	122	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	73	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	33	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	104.4	mg/dl	100 - 130
VLDL CALCULATED Calculated	14.6	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	40.67	Ratio	Less than 4.0
LDL / HDL RATIO	34.8		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BIOCHEMISTRY**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	8	mg/dl	7.0 - 18.7
CREATININE, Serum Kinetic Alkaline Picrate Ratio	0.63	mg/dl	0.50 - 1.20
	12.69	mg/dl	5 - 20

Sample Type:Serum



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Age/Sex	: 28 Y / Female	Sample Taken Date	: 20/Jun/2023 01:39PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 20/Jun/2023 02:24PM

Referred By Doctor : Dr. BANK OF BARODA

**CLINICAL PATHOLOGY**

**MEDIWHEEL FEMALE BELOW 40**

**URINE SUGAR (F)**

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)

**STOOL ROUTINE EXAMINATION**

\*\*Sample Reject : Sample not received at the Laboratory\*\*



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**CLINICAL PATHOLOGY**

**URINE ROUTINE EXAMINATION**

**Method -Dipstick And Microscopy**

**PHYSICAL EXAMINATION**

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.030	1.001 - 1.030
pH ( methylred/Bromothymol blue method )	6.0	4.6 - 8.0
TURBIDITY	PRESENT	
Deposit (UR)	PRESENT	

**Chemical**

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	TRACE	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

**After Centrifugation at 2500 R.P.M. For 5 Minutes**

**MICROSCOPIC EXAMINATION**

RBC (Microscopic)	40-45	per HPF	
PUS CELLS (Microscopic)	2-4	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	6-8	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

**URINE SUGAR (PP)**

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

**CBC / COMPLETE BLOOD COUNT**

HEMOGLOBIN (Hb) Photometry Cyanide Free	10.50	g/dl	12.0 - 15.0
TLC Impedence	4600	/cumm	4000-10000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	56	%	40-80
LYMPHOCYTE DHSS/Microscopic	37	%	24-44
EOSINOPHIL DHSS/Microscopic	1	%	01-06
MONOCYTE DHSS/Microscopic	6	%	3-6
Platelet Impedance/Microscopic	197	10 <sup>3</sup> /μL	150 - 410
RBC COUNT Impedance	3.90	10 <sup>6</sup> /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	32.4	%	36-46
MCV Calculated	83.7	fL	83-91
MCH Calculated	27.1	pg	27-32
MCHC Calculated	32.4	g/dL	31.5-34.5
RDW-CV Calculated	13.4	%	11.6 - 14.0
MPV	10.6	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	2.6	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	1.7	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.2	10 <sup>3</sup> /μL	0.0-20-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.1	10 <sup>3</sup> /μL	0.02 - 0.50

Sample Type - Whole Blood EDTA



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**HAEMATOLOGY**

**MEDIWHEEL FEMALE BELOW 40**

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated) 12 mm 0 - 14  
 WESTERGREN

**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO B -  
 Reverse & Forward  
 Rh POSITIVE -  
 Reverse & Forward

Sample Type:EDTA Blood



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HAEMATOLOGY

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 5.1 %  
Average of Glucose Level 100 mg/dl  
Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

\*Not in NABL Scope\*

Sample Type:EDTA Blood



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Age/Sex	: 28 Y / Female	Sample Taken Date	: 20/Jun/2023 09:51AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 20/Jun/2023 11:47AM
Referred By Doctor	: Dr. BANK OF BARODA		

IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CMIA	1.06	ng/mL	0.35 - 1.93
------------------	------	-------	-------------

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CMIA	8.41	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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**IMMUNOASSAY**

**MEDIWHEEL FEMALE BELOW 40**

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) 2.23  $\mu$ IU/ml 0.35 - 5.50  
 CMIA

**NOTE:**

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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Referred By Doctor	: Dr. BANK OF BARODA		

**X-RAY**

**MEDIWHEEL FEMALE BELOW 40**

**X RAY CHEST PA VIEW**

DIAPHRAGMS ARE NORMAL.  
 COSTOPHRENIC ANGLES ARE CLEAR.  
 CARDIAC SHADOW IS NORMAL.  
**HILAR SHADOWS ARE HEAVY.**  
**ACCENTUATED MARKINGS SEEN.**  
 NO PARENCHYMAL LESION IS NOTED.  
 ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*





Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	01:00	0:01	00.0	00.0	01.0	88	112/70	098	00	
Supine	01:28	0:01	00.0	00.0	01.0	100	112/70	112	00	
Standing	01:46	0:01	00.0	00.0	01.0	112	112/70	125	00	
HV	02:03	0:01	00.0	00.0	01.0	101	112/70	113	00	
ExStart	02:09	0:01	00.0	00.0	01.0	102	112/70	114	00	
BRUCE Stage 1	05:09	3:00	01.7	10.0	04.7	136	122/74	165	00	
PeakEx	08:06	2:57	02.5	12.0	07.1	158	132/78	208	00	
Recovery	09:05	1:00	00.0	00.0	01.0	150	128/76	192	00	
Recovery	10:05	2:00	00.0	00.0	01.0	123	124/74	152	00	
Recovery	11:29	3:23	00.0	00.0	01.0	117	118/72	138	00	

**Findings :**

Exercise Time : 05:58  
 Max HR Attained : 158 bpm 82% of Target 192  
 Max BP Attained : 132/78  
 Max WorkLoad Attained : 7.1 Fair response to induced stress  
 Max ST Dep Lead & Value : III & -0.9 mm  
 Duke Treadmill Score : 11.5  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**





**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 82% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

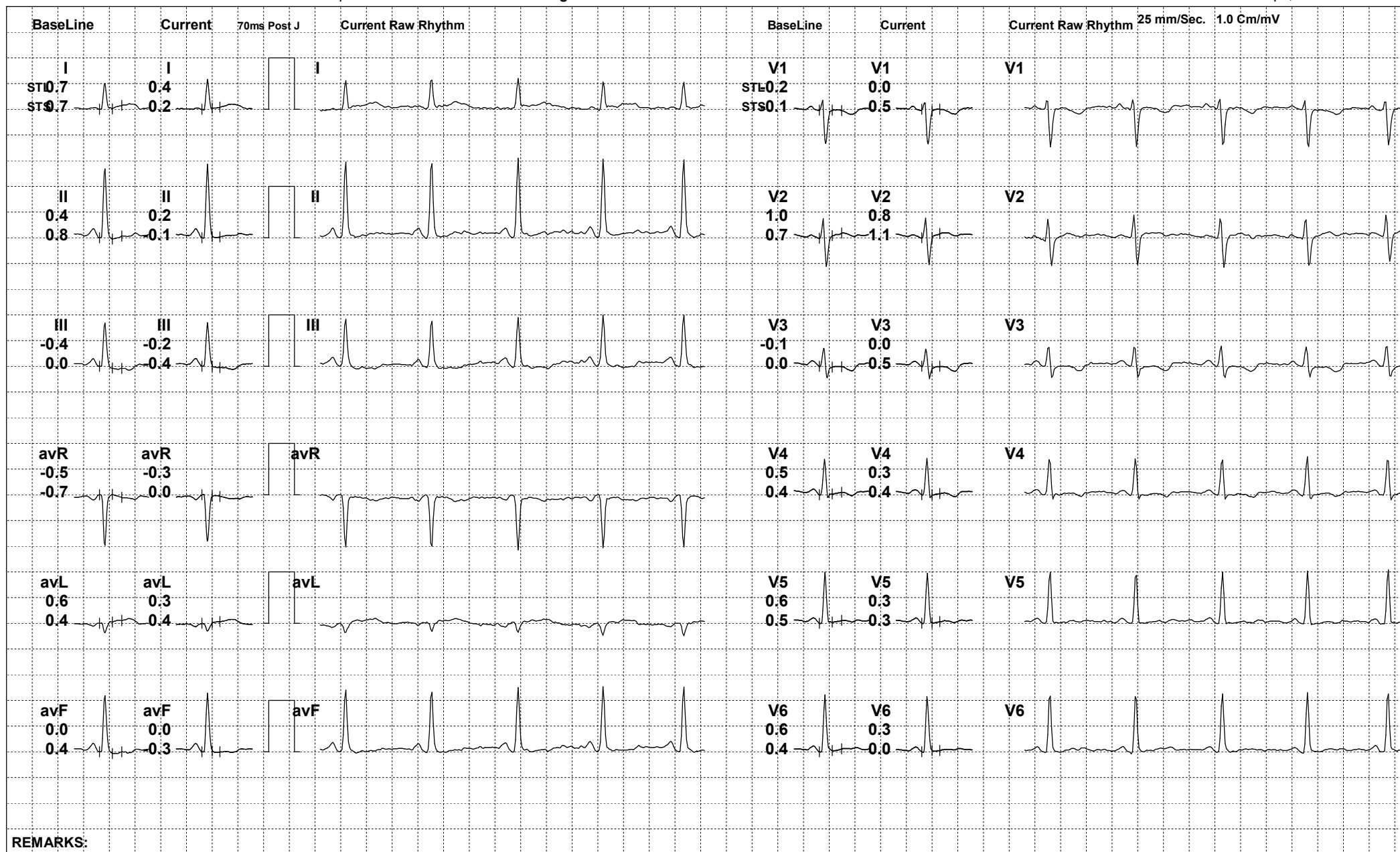
**Doctor : DR. KUSH KUMAR TYAGI D.M.**



216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 88 bpm 45% of THR BP: 112/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:58 0.0 mph, 0.0%



REMARKS:

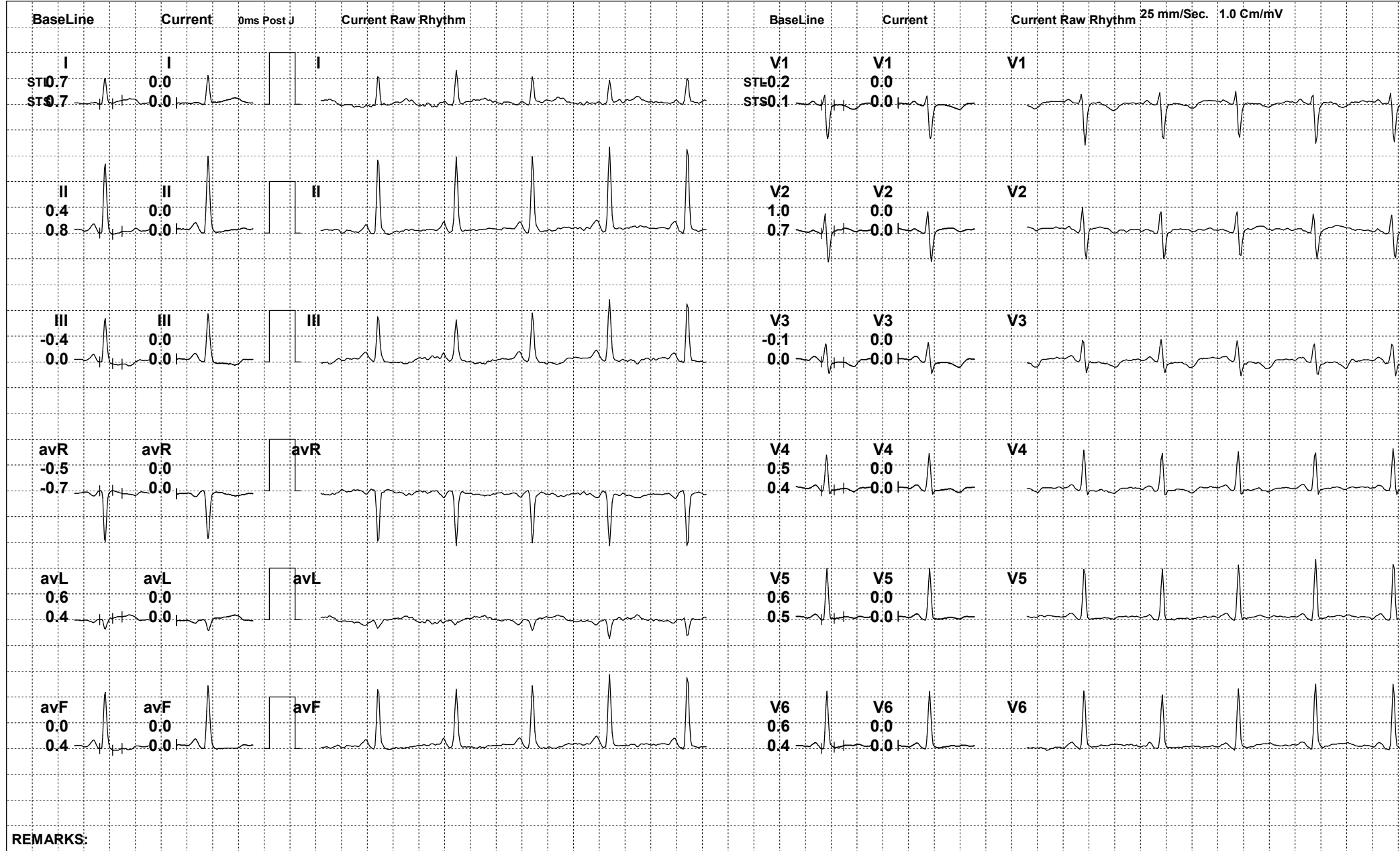




216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 100 bpm 52% of THR BP: 112/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:26 0.0 mph, 0.0%



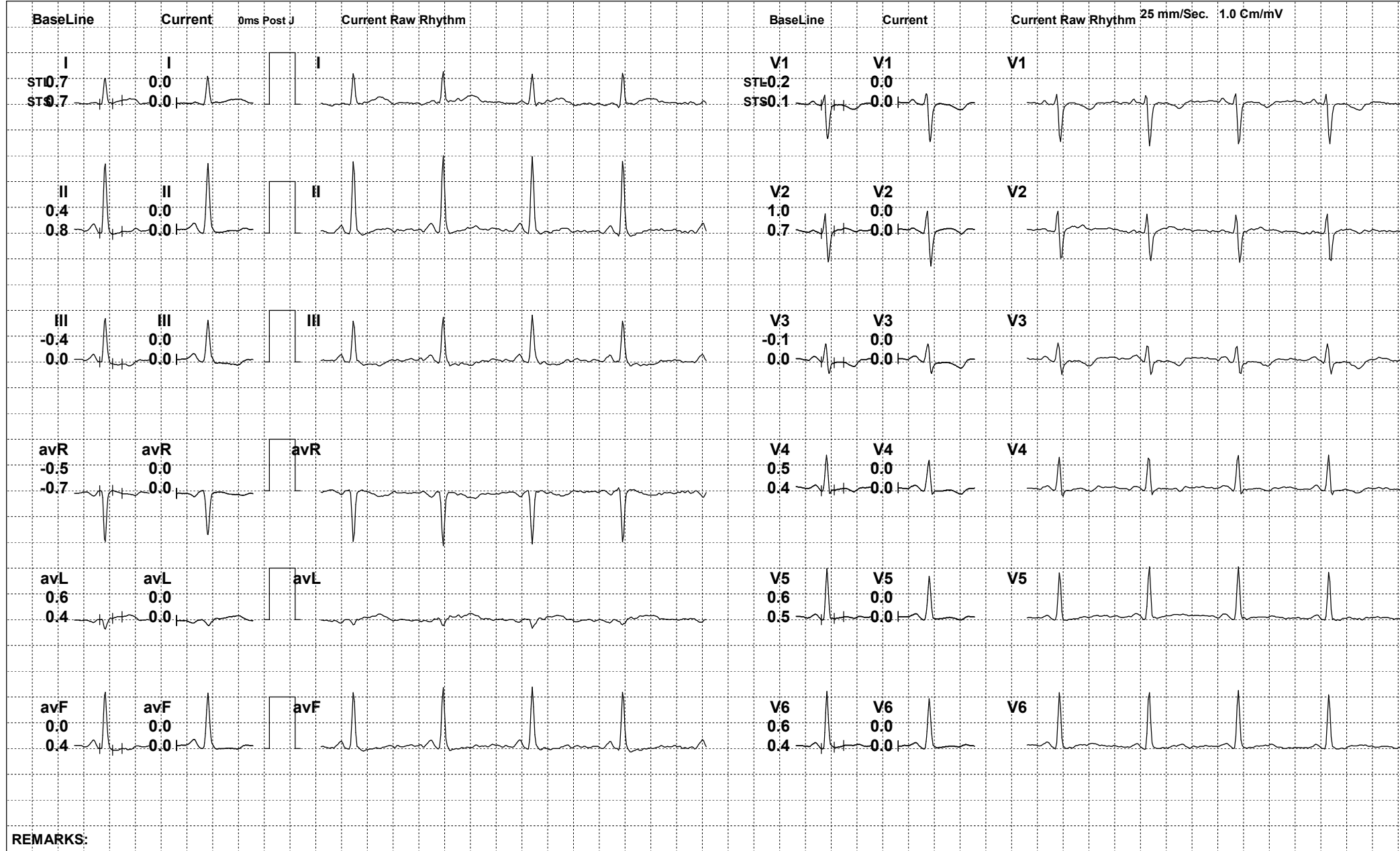
REMARKS:



216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 83 bpm 43% of THR BP: 112/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:44 0.0 mph, 0.0%



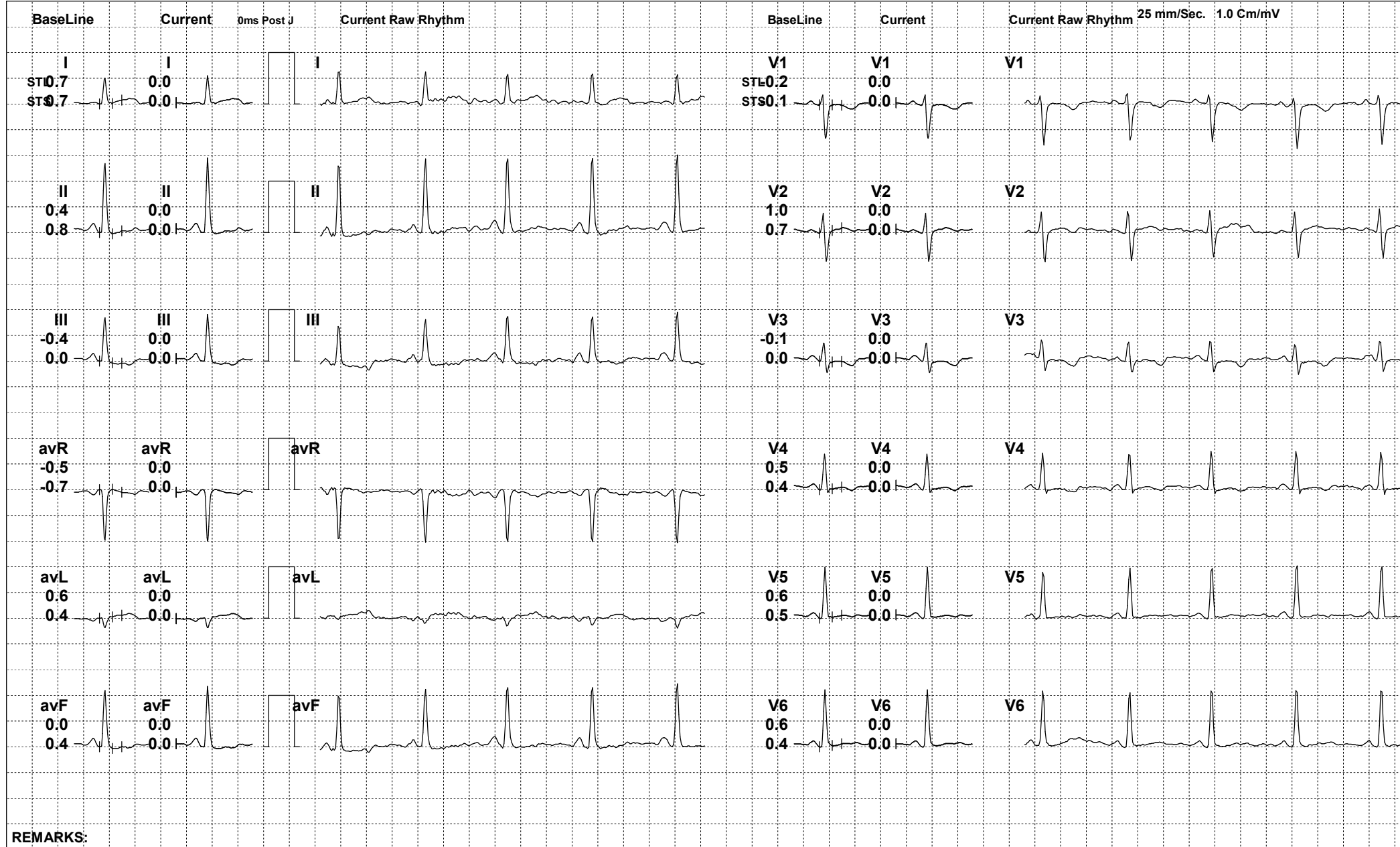




216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 91 bpm 47% of THR BP: 112/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:02 0.0 mph, 0.0%



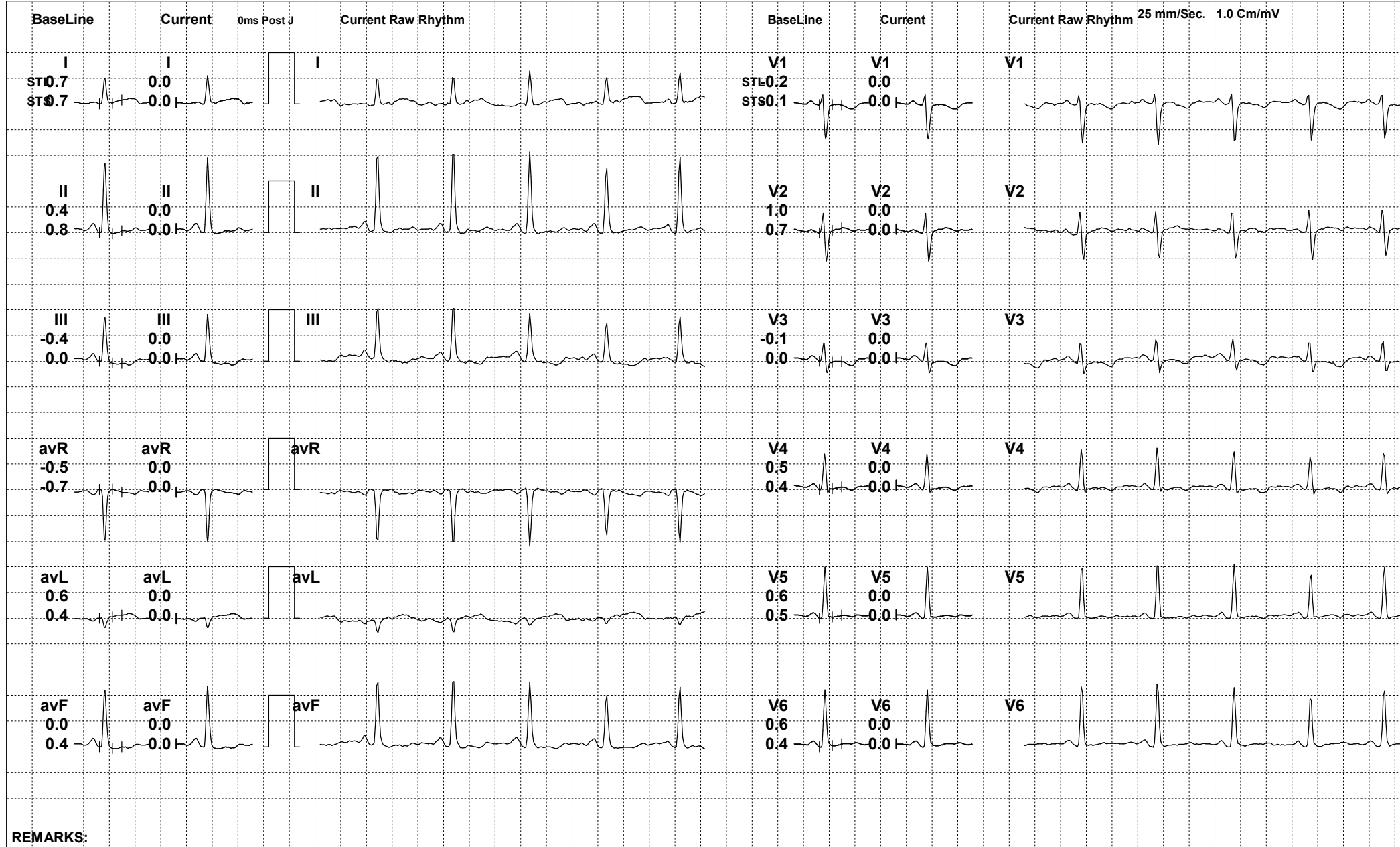
REMARKS:



216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 102 bpm 53% of THR BP: 112/70 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 02:08 0.0 mph, 0.0%



REMARKS:

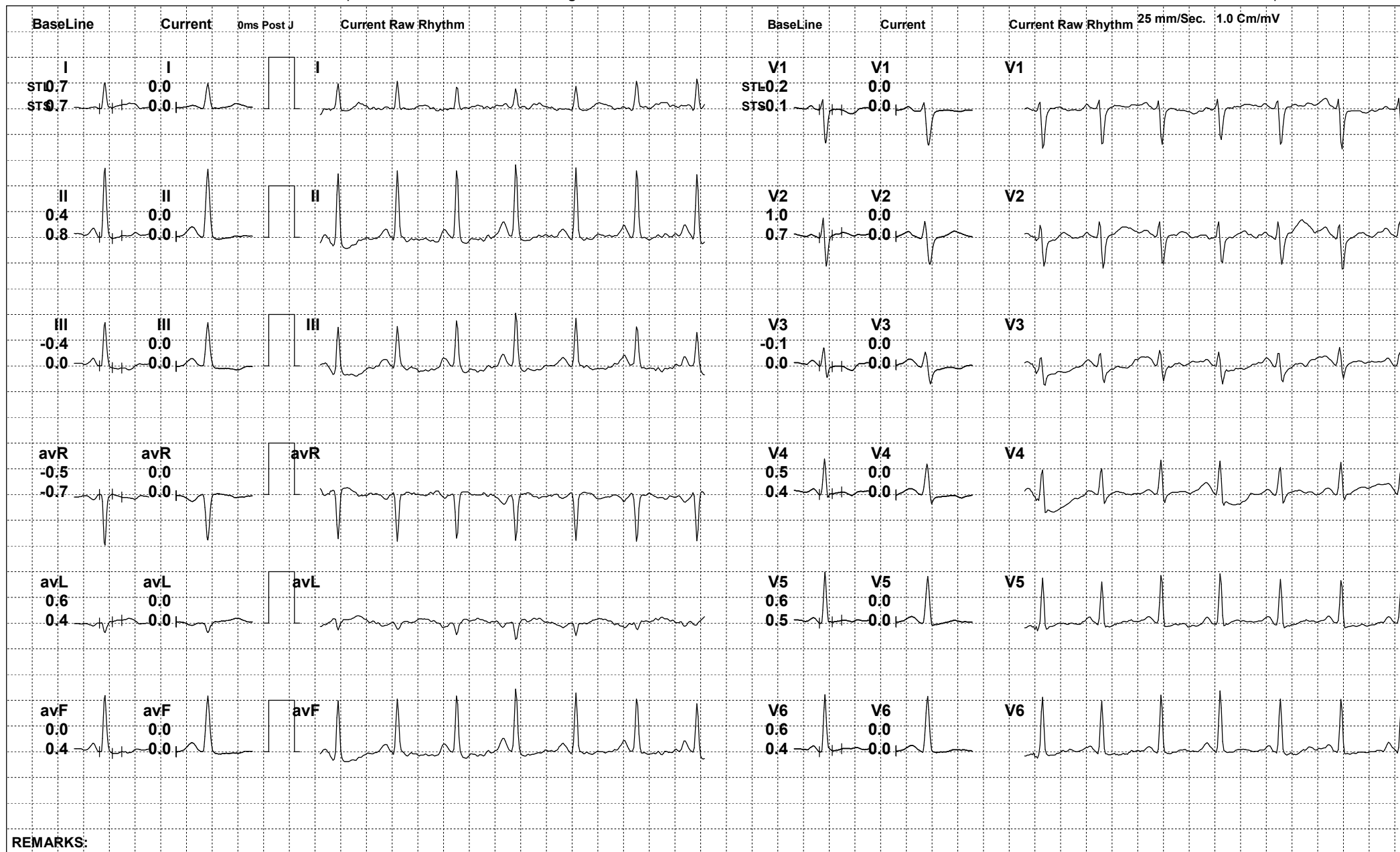




216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 4.7/ 129 bpm 67% of THR BP: 122/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



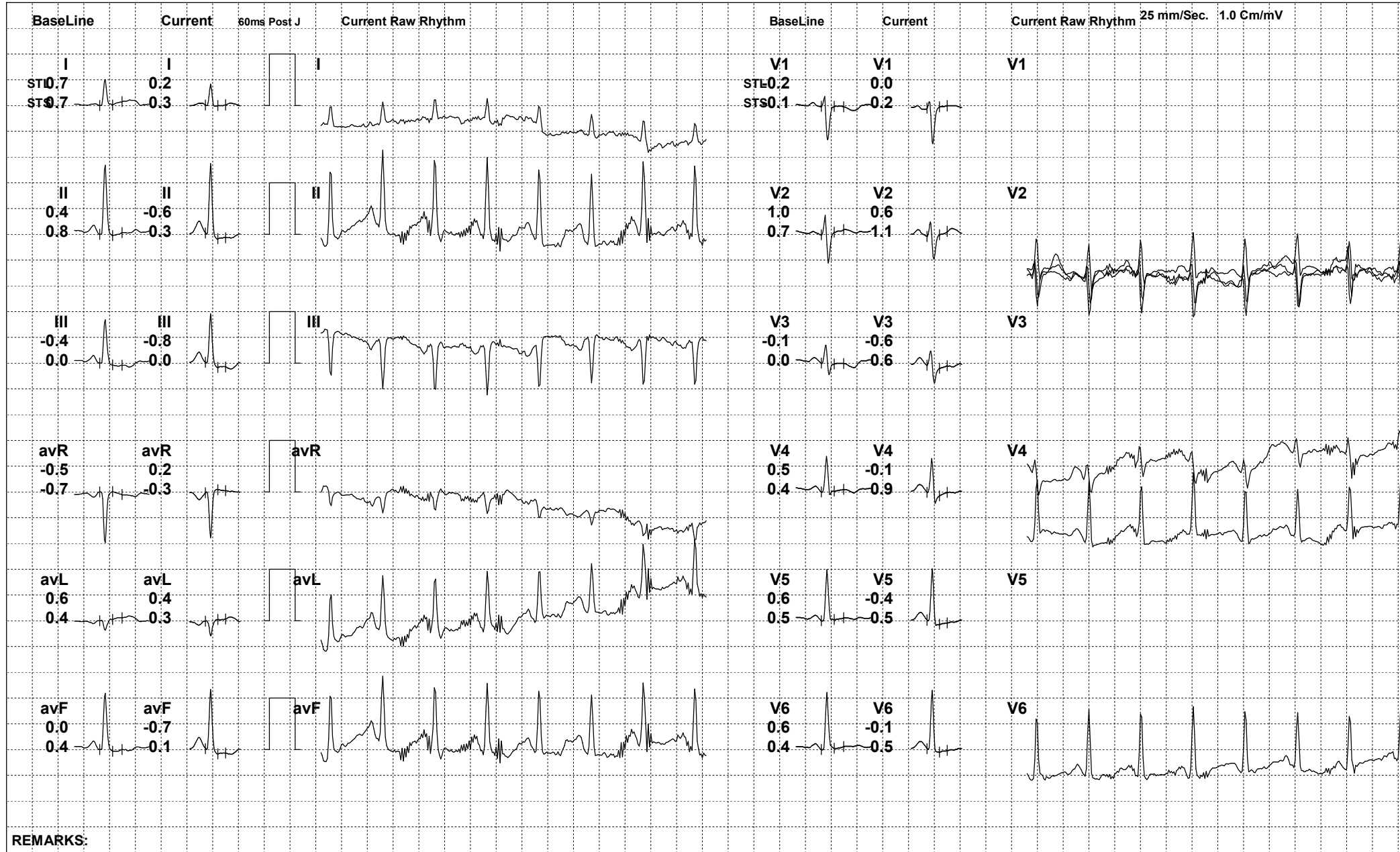
REMARKS:



216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 7.1/ 149 bpm 77% of THR BP: 132/78 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:57 2.5 mph, 12.0%



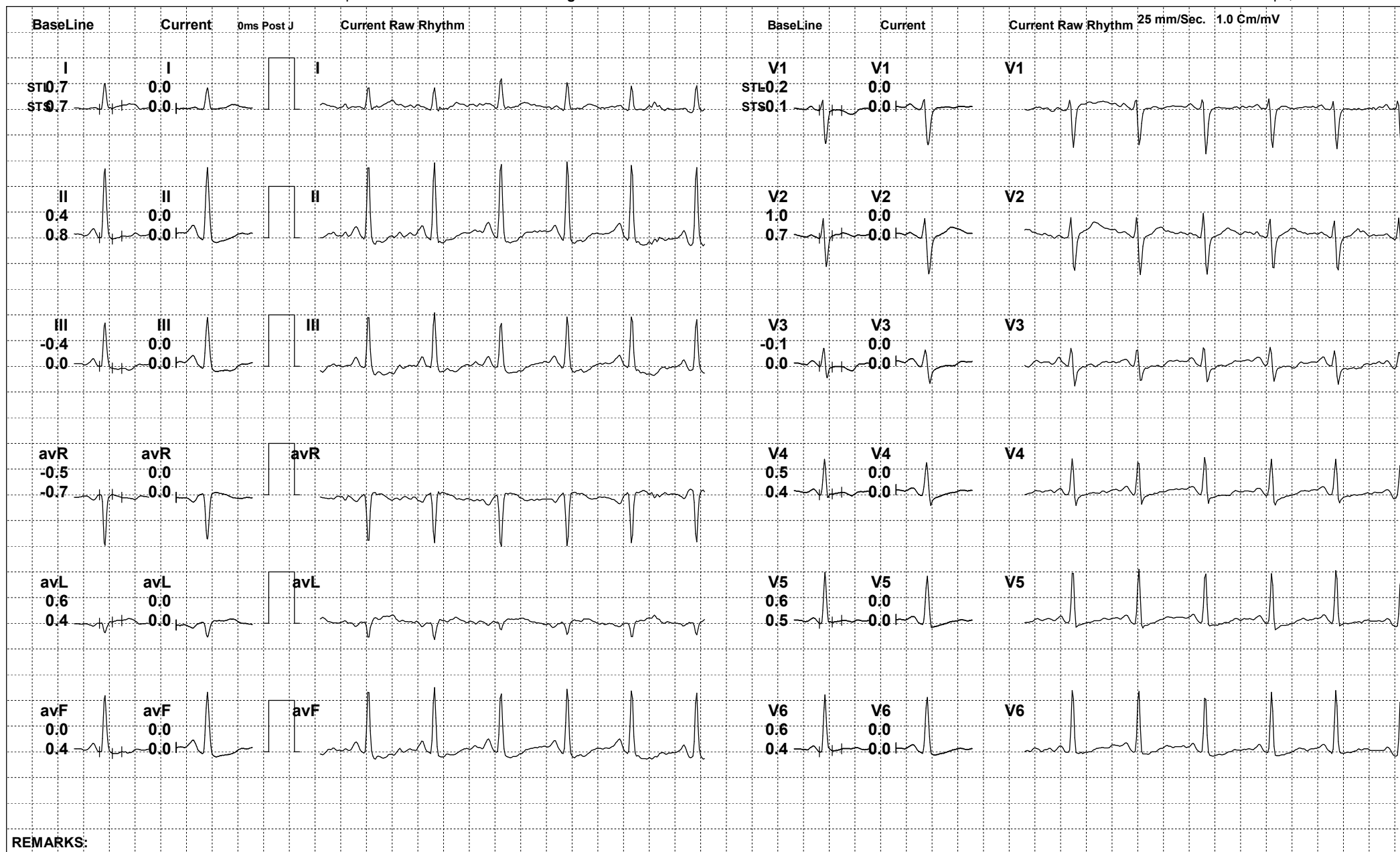




216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 117 bpm 60% of THR BP: 128/76 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 0.0 mph, 0.0%



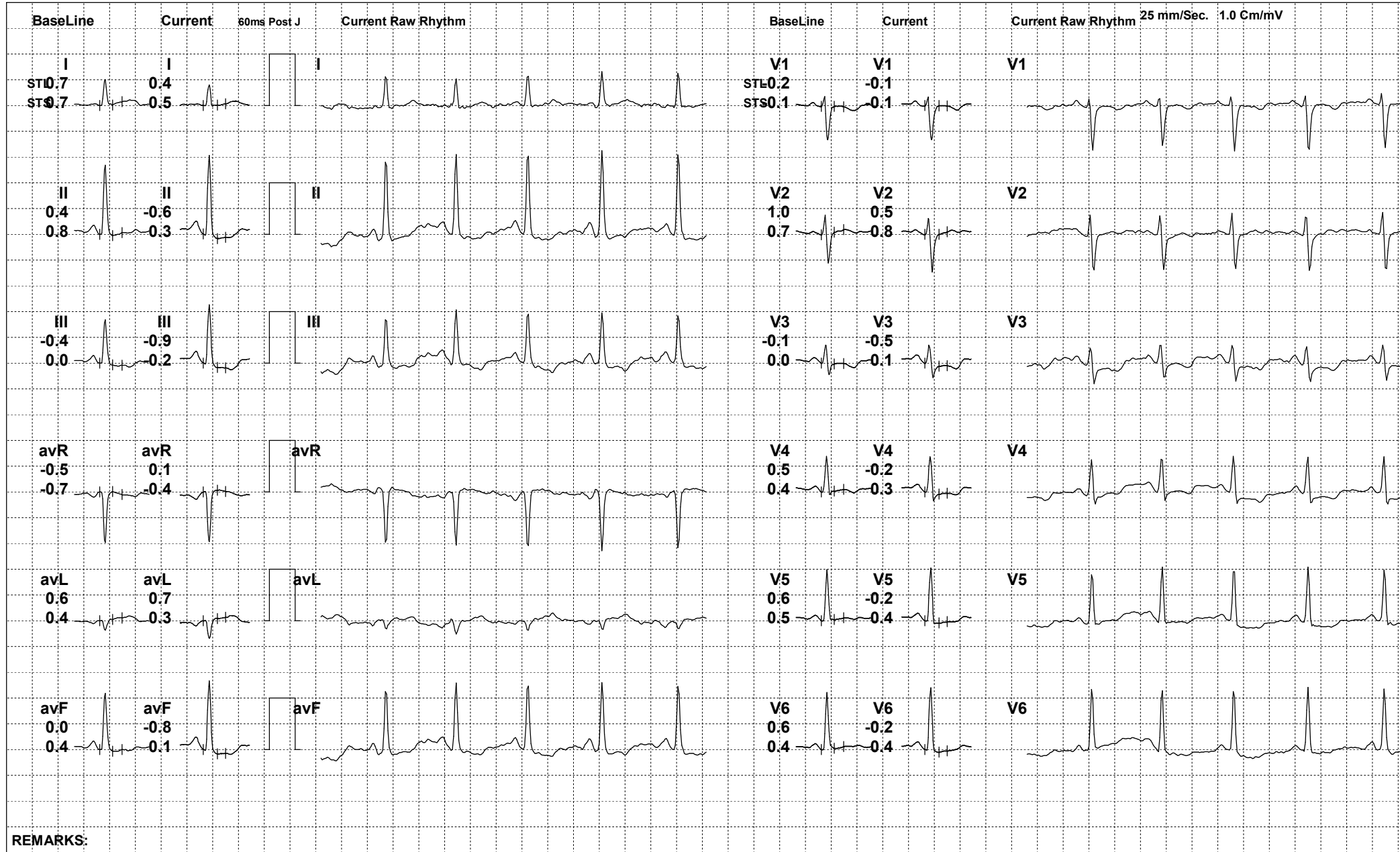
REMARKS:



216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 107 bpm 55% of THR BP: 124/74 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 0.0 mph, 0.0%

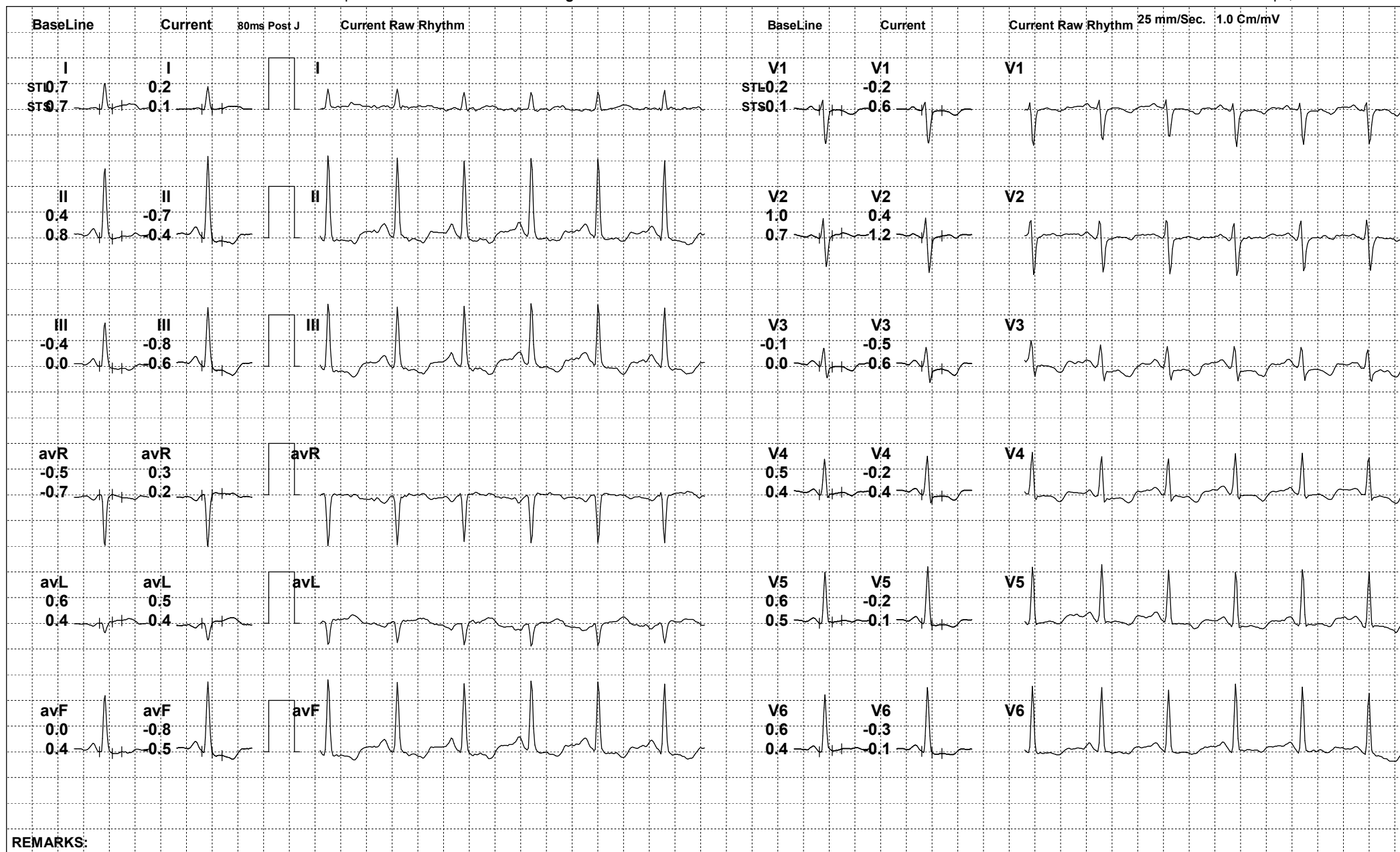




216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM METS: 1.0/ 111 bpm 57% of THR BP: 118/72 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 05:58 0.0 mph, 0.0%

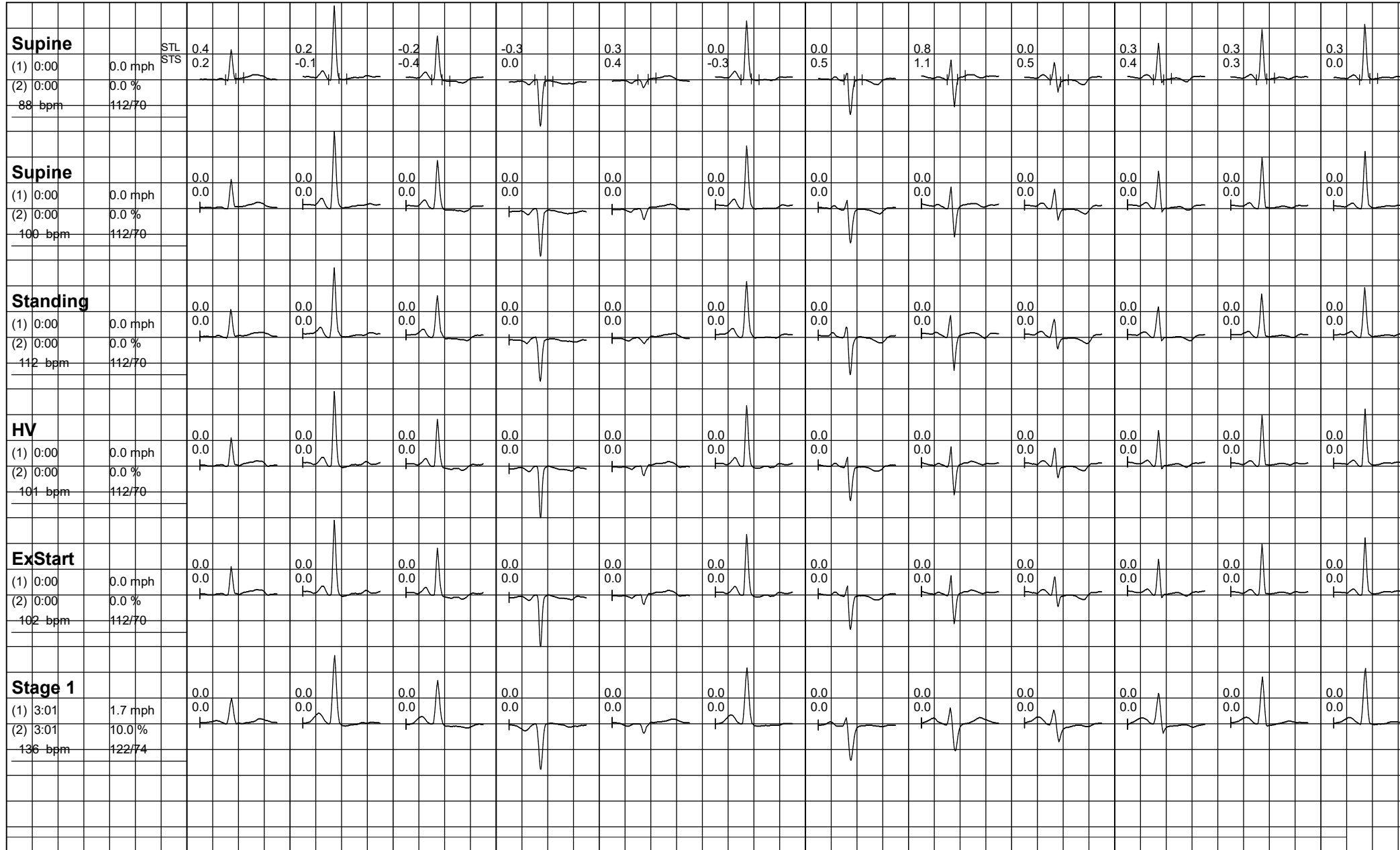






216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM





216 (598854) / NEHA CHAUDHARY / 28 Yrs / F

Date: 20-Jun-2023 12:16:49 PM

