

Name : _____
_____ yrs _____ cm _____ Kg BP _____

Apeksha Shal 35 F

Apeksha

WNL

Heart Rate : 107 bpm

INTERVAL (ms)

PR: 122 QRS: 52

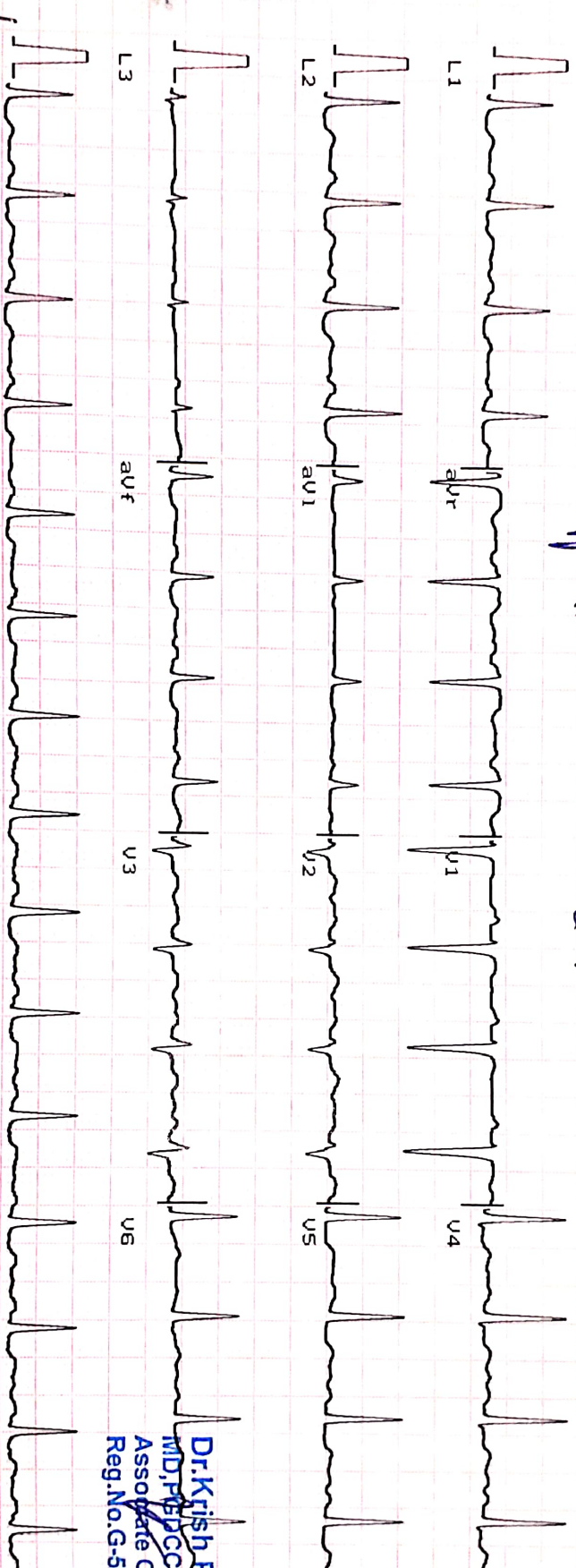
QT: 285 QTc: 384

ST: 145

AXIS (deg)

P : 48 QRS: 37

T : 44



Ver 1.9 10mm/mV 25mm/Sec

Time : 26/02/22
Date :

Mastros

Dr. Krish P. Vaidya
M.D., P.H.D., P.C.C.
Associate Consultant
Reg. No. G-50510
Sinus Tachycardia



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Apeksha, Shekh.</u>	DATE <u>26/02/22</u>
	SR. NO. SEX. <u>Female.</u> AGE <u>35</u> HEIGHT <u>160cms</u> WEIGHT <u>54 kg</u>

HISTORY

Present History : Thyroid Ultraxin 100 mg 20 years (OD)
 Past Hlness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : NO
 Family History : Father has diabetes. Mother HEN
 Personal History : NO
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : B.P. : 130/80 mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

R.S. : NAD
 C.V.S : NAD
 C.N.S : NAD
 A.S. : NAD
 Musculo-skelet System : NAD

E.N.T. Ex. <u>NAD</u>	ACUITY OF VISION			
	Without Glass	DISTANT	RT EYE <u>6/6</u>	LT EYE <u>6/6</u>
		Near	<u>6/6</u>	<u>6/6</u>
	With Glass	DISTANT	<u>6/—</u>	<u>6/—</u>
Near		<u>6/—</u>	<u>6/—</u>	
Dental Ex. <u>NAD</u>	COLOUR BLINDNESS <u>NAD</u>			
Skin Ex. <u>NAD</u>				
Psychic Ex. <u>NAD</u>				

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.



Dr. Krish P Vaidya
 MD, PG, KRISH VAIDYA
 Assoc. Consultant-Cardiology
 Reg. No. G-50516



भारत सरकार
GOVERNMENT OF INDIA



अपेक्षा पवन शाह
Apeksha Pawan Shah
जन्म तारीख/DOB: 24/10/1986
स्त्री/ FEMALE
Mobile No: 9824686044

7997 9585 0151
VID : 9173 1051 4019 4492

भारो आधार, भारी ओलप

Apeksha





JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH Ref. No. : 10213
Referred by : I Cure Heart & Diet Clinic Age : 35 Years
Date : 26/02/2022 18:36 Sex : Female

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	4.14	mg/dl	3.4 - 7.0


Reg. G-23327
DR K.K. PATEL
(Pathologist)
MD (G-20476)
CONSULTANT PATHOLOGIST



JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36

Ref. No. : 10213
Age : 35 Years
Sex : Female

BLOOD GROUP

Test Name	Result
ABO System :	"A"
Rh Typing :	"POSITIVE"


DR K K PATEL
Reg. No. 327
MD (G-20476)
CONSULTANT PATHOLOGIST
(Pathologist)



J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

8320343731 / 9601969303 M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36

Ref. No. : 10213
Age : 35 Years
Sex : Female

Vitamin D-3 Level

Test Name	Result	Units	Biological Reference Interval
Vitamin D-3 Level :	18.9	ng/ml	Deficiency : Below 10 ng/ml Insufficiency : 10 to 30 ng/ml Sufficiency : 30 to 100 ng/ml Toxicity : Above 100 ng/ml

DR K K PATEL
MD (G-20476) Reg.
CONSULTANT PATHOLOGIST





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

8320343731 / 9601969303 | jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36

Ref. No. : 10213
Age : 35 Years
Sex : Female

SERUM VIT. B-12 Level

Test Name	Result	Units	Biological Reference Interval
Serum B-12 Level :	<u>153.0</u>	pg/ml	[Normal - 211 - 911] [Deficient - 32 - 210]


DR K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : **APEKSHA SHAH**
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36

Ref. No. : 10213
Age : 35 Years
Sex : Female

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.45	ng/ml	[0.60 - 1.81]
Serum T4 :	6.99	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	0.90	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH

stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4.

Quantification of TSH is significant to

differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly

elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

DR K K PATEL
Reg. No. 23327

MD (G-20476)

CONSULTANT PATHOLOGIST





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

8320343731 / 9601969303 M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH Ref. No. : 10213
Referred by : I Cure Heart & Diet Clinic Age : 35 Years
Date : 26/02/2022 18:36 Sex : Female

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.0	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	96.8	mg/dl	

Comment *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.


DR. K. K. PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36

Ref. No. : 10213
Age : 35 Years
Sex : Female

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	23.2	U/L	30- 65
S.G.O.T. (AST) :	20.0	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	73	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.90	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.35	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.55	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.97	gm/dl	[6.6 to 8.8]
S. Albumin :	4.05	gm/dl	[3.5 to 5.2]
S. Globulin :	2.92	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.4		
G.G.T. : (Gamma-Glutamyl Transferase)	32.0	IU/L	[8 to 78]

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST



J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303 | jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH Ref. No. : 10213
Referred by : I Cure Heart & Diet Clinic Age : 35 Years
Date : 26/02/2022 18:36 Sex : Female

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	159.8	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	146.0	mg/dl	Normal : <150 Borderline high : 150-200 High : > 200
HDL Cholesterol :	52.3	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	78.3	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	29.2	mg/dl	Upto 34
Chol./HDL Ratio :	3.1		
LDL/HDL Ratio :	1.5		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	665.6	mg/dl	400 - 1000


DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : APEKSHA SHAH
Referred by : I Cure Heart & Diet Clinic
Date : 26/02/2022 18:36
Ref. No. : 10213
Age : 35 Years
Sex : Female

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	12.3	g/dl	[12.0-16.0]
Total RBC Count :	4.32	mill/cmm	[4.2-5.4]
<u>Blood Indices</u>			
P.C.V :	38.2	%	[37-47]
M.C.V. :	88.43	femtolitre	[78-100]
M.C.H. :	28.47	pg	[27-31]
M.C.H.C. :	32.2	g/dl	[32-36]
R.D.W. :	13.2	%	[11.5-14.0]
Total WBC Count :	8170	/cmm	[4000-10000]
Platelet Count :	317000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	55	%	[60 - 70]
Lymphocytes :	40	%	[20 - 40]
Eosinophils :	03	%	[1 - 4]
Monocytes :	02	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.8		
PDW-CV :	15.1		
PDW-SD :	11.9		
PCT :	0.31		
P-LCR :	25.5		

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





JKV LABORATORY



Name : APEKSHA SHAH
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 35 Yrs./F
Date : 26/02/2022
Report ID. : 17

BIOCHEMISTRY

TEST	RESULT	UNIT	REFERENCE INTERVAL
FASTING (FBS)			
Blood Glucose	: 90.0	mg/dL	70.00 - 110.00 mg/dL
POST-PRANDIAL			
Blood Glucose	: 108.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION


Quantity : 20 mL
 Colour : YELLOW
 Transperancy : CLEAR
 Specific Gravity : 1.030
 Reaction : ACIDIC
 Deposits : ABSENT

CHEMICAL EXAMINATION

Albumin : NIL
 Sugar : NIL
 Acetone : ABSENT
 Bile Salts : ABSENT
 Bile Pigments : ABSENT
 Urobilinogen : NORMAL : ~ < 1.0 mg/dL
 Occult Blood : ABSENT
 Nitrate : ABSENT

MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf
 RBC : NIL
 Epithelial Cells : NIL
 Crystals : NIL
 Amorphous Phosphate : NIL
 Cast : NIL


 DR JIGAR SHAH (G23327)
 M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303 jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

Free Home Service


Heart & General Clinic

2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name :Mrs Apeksha Shah Age/ Sex : 35yrs/female		Date: 26/02/2022
MEASUREMENTS		OBSERVED
AORTIC ROOT	[22-33]	28
LEFT ATRIUM	[29-40]	30
LEFT VENTRICLE [ES]	[22-37]	25
LEFT VENTRICLE [ED]	[39-51]	48
RIGHT VENTRICLE [ED]	[13-24]	21
I.V.S THICKNESS	[8 – 10]	09
L.V.P.WALL THICKNESS[ED]	[8 – 10]	10
I.V.S / L.V.P.W RATIO		-
L V EJECTION FRACTION	[50-70]	62%
FRACTIONAL SHORTENING	[27- 43]	40%

MOTION:

I.V.S.: Normal

L.V.P.W: Normal

VALVES:

ANTERIOR MITRAL

POSTERIOR MITRAL

LEAFLET : NORMAL

LEAFLET : NORMAL

EF – SLOPE : NORMAL

STRUCTURE : NORMAL

DE EXCN : NORMAL

MOTION : NORMAL

EPSS : NORMAL

SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

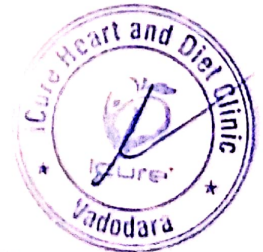
RVOT : NORMAL

OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

DOPPLER EVALUATION:

Structure	Flow Velocity	
MV	E - 1.86	A- 1.15
AV	1.4	
TV	1.8	
PV	1.9	
SHUNT	NIL	



Dr. Krish P.Vaidya
MD, FCC
Associate Consultant Cardiology

Dr. Krish Vaidya
MD. G-50510

 **iCure™**
Heart & General Clinic

CONCLUSION:

Normal LV systolic function. [LV EF – 62%]

No RWMA

Normal Cardiac Chambers

NO LVDD

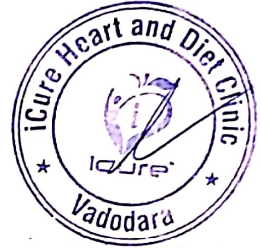
No MR, No MS

No AR, No AS

Normal values & blood flow velocities.

No TR, NO PAH

No e/o PE / PAH / clot / shunt.



Dr. Krish P. Vaidya
MD, FCCP
Associate Consultant-Cardiology
Reg. No. G-50510

Dr. Krish Vaidya
MD. G-50510

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : APEKSHA SHAH

AGE: 35 Y/F

DATE : 26/02/2022

ULTRASONOGRAPHY OF WHOLE ABDOMEN

(Screening)

Liver is normal in size 143mm and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. Common Bile Duct is of normal diameter.

Gallbladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size 85 mm and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Uterus appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. CET measures 5.8 mm.

Both Ovaries appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology **AMBULANCE SERVICE AVAILABLE**

Main Branch : Paramount Complex, Gotri Road, Race Course, Vadodara. Ph.: 0265 - 2395772, 2397438, 6647222, +91 - 6352731483,
Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160225911, +91 - 9099066029

City Branch : Opp. Brahman Sabha Hall, Pratap Road, Dandiabazar, Vadodara. Ph.: 0265 - 2423233, +91 - 6352734010

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : APEKSHA SILAH

AGE : 52 Y/F

DATE : 26/02/2022

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.

Both the hilar shadow appears normal.

Cardiac silhouette appears normal.

Both the costophrenic sinuses are clear.

Mediastinal and tracheal shadows are normal.

Both the domes of diaphragm are normal.

Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology AMBULANCE SERVICE AVAILABLE

Main Branch : Paramount Complex, Gotri Road, Race Course, Vadodara. Ph.: 0265 - 2395772, 2397438, 6647222, +91 - 6352731483,

Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160225911, +91 - 9099066029

City Branch : Opp. Brahman Sabha Hall, Pratap Road, Dandiabazar, Vadodara. Ph.: 0265 - 2423233, +91 - 6352734810



Heart & General Clinic

Icure Heart & Diet Clinic, 402 Epsilon Tower, opp. Pashabhai Park, Nr. Natubhai Circle, Race course, Vadodara, 390007

Name: APEKSHA SHAH	Date: 26/01/2022
Age / Sex : 35yrs/ Female	

PAP SMEAR CYTOLOGY (CONVENTIONAL)

Specimen

Pap smear for cytology (conventional)

Gross Description

Received one unstained smear.
Smear-1 [PAP]

Microscopic Description

See below in diagnosis.

Diagnosis

Satisfactory for evaluation.
PAP Smears is negative for intra-epithelial lesion or malignancy.
Trichomonas or monilia are not seen.
Endo cervical cells are not seen.

PAP test is a screening test for cervical cancer with inherent false negative results.

----- End Of Report -----

All cytology tests reveal only cytological characteristics of individual cells and not architectural details which are very important in morphological diagnosis. All cytology methods have their own inherent limitations of false positive and false negative results due to variabilities related to sample collection methods, smear preparation, fixation and staining along with microscopic interpretation, hence whenever required tissue diagnosis and/or immunohistochemistry study after correlation with clinical and radiological findings should be done for further confirmation before any definitive medical or surgical treatment.

Dr. Krish P Valdya
MD G-50510

