

Name : Ms. KANCHAN KUMARI (35 /F)

Date : 29/07/2023

Address :

Examined by:

UHID : AMHL.0002187508

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH179405



## CHIEF COMPLAINTS

For corporate health checkup  
C/O nocturnal calf pain

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:29/07/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 14/7/23; Periods - regular;  
No of Children - 1; No of deliveries - 1; Deliveries -  
LSCS

### Eyes

- Nil Significant

### ENT

Hearing loss right - moderate

### Musculoskeletal system

Spine and joints  
Calf(bilateral) - pain

### Skin

- Nil Significant



### Present medications

- Nil



### Past medical history

Do you have any allergies? - No  
Do you have any drug allergies? - No  
Covid 19 - Yes  
- 2021 and 2023  
Hospitalization for Covid 19 - No  
Dengue - 2022



### Surgical history

Caesarian section - 2019



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 4  
Diabetes - father  
Hypertension - father, mother  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - over weight  
Height - 154  
Weight - 69  
BMI - 29.09  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 66  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 94  
Diastolic(mm of Hg) - 68  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No  
Scars - Pfannenstiel



### Central nervous system

- No neurological deficit



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6 LE:6/6  
NVA:RE:N6P LE:N6P  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ACCPT: SPECTACLE PWR  
BE:PLANO(6/6)  
ADD(BE):+1.00DSPH(N6)  
ADVICE:\*Glass Rx.\*Review after 1yr/SOS

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**COMPLETE HAEMOGRAM PROFILE**

| Test Name                                  | Result                        | Unit           | Level | Range      |
|--|-------------------------------|----------------|-------|------------|
| Hemoglobin                                 | 11.9 *                        | g/dl           | ●     | 12.0-15.0  |
| RBC COUNT                                  | 3.81                          | Million/<br>ul | ●     | 3.8-4.8    |
| Hematocrit - Hct:                          | 34.5 *                        | %              | ●     | 36-46      |
| MCV  | 90.7                          | fl             | ●     | 83-101     |
| MCH  | 31.2                          | pg             | ●     | 27-32      |
| MCHC                                       | 34.4                          | %              | ●     | 31.5-34.5  |
| RDW  | 13.9                          | %              | ●     | 11.8-14.0  |
| WBC Count                                  | 8200                          | /cu mm         | ●     | 4000-10000 |
| Platelet Count                             | 2.10                          | lacs/cu<br>mm  | ●     | 1.5-4.0    |
| Neutrophils                                | 61                            | %              | ●     | 40-80      |
| Lymphocytes                                | 31                            | %              | ●     | 20-40      |
| Monocytes                                  | 06                            | %              | ●     | 2-10       |
| Eosinophils                                | 02                            | %              | ●     | 01-06      |
| Basophils                                  | 00                            | %              | ●     | 0-0        |
| RBC:                                       | Normocytic Normochromic cells |                |       |            |
| Platelets:                                 | Adequate on the smear         |                |       |            |
| ERYTHROCYTE<br>SEDIMENTATION<br>RATE (ESR) | 75 *                          | mm/1st<br>hr   | ●     | 0-20       |

**URINE ROUTINE AND MICROSCOPY**

| Test Name        | Result          | Unit | Level | Range |
|------------------|-----------------|------|-------|-------|
| Volume:          | 40              | mL   |       |       |
| Colour:          | Pale Straw      |      |       |       |
| Appearance       | Slightly Turbid |      |       |       |
| Specific Gravity | 1.005           |      |       |       |
| pH:              | 6.0             |      |       |       |
| Albumin:         | Not Detected    |      |       |       |
| Glucose          | Not Detected    |      |       |       |
| Ketone:          | Not Detected    |      |       |       |
| Bile Pigments    | Not Detected    |      |       |       |
| RBC              | Occasional/hpf  |      |       |       |
| Pus Cells        | Occasional/hpf  |      |       |       |
| Epithelial Cells | 0-2             |      |       |       |

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

| Test Name                          | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(POST<br>PRANDIAL) | Nil    |      |       |       |

**URINE SUGAR- FASTING(QUALITATIVE)**

| Test Name                 | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE<br>GLUCOSE(FASTING) | Nil    |      |       |       |

**BLOOD GROUPING AND TYPING (ABO AND RH)**

| Test Name    | Result   | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group:   | O        |      |       |       |
| Rh (D) Type: | POSITIVE |      |       |       |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name                          | Result | Unit  | Level | Range   |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM                  | 35     | U/L   | ●     | 10-40   |
| ALBUMIN - SERUM                    | 4.2    | g/dL  | ●     | 3.5-5.1 |
| ALKALINE<br>PHOSPHATASE -<br>SERUM | 125 *  | U/L   | ●     | 42-98   |
| AST (SGOT) - SERUM                 | 28     | U/L   | ●     | 10-42   |
| BILIRUBIN TOTAL -<br>SERUM         | 0.7    | mg/dL | ●     | 0.0-1.0 |

**LIPID PROFILE TEST (PACKAGE)**

| Test Name              | Result | Unit  | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL -<br>SERUM | 159    | mg/dL | ●     | 0-200 |

**CREATININE - SERUM**

| Test Name          | Result | Unit  | Level | Range   |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7    | mg/dL | ●     | 0.6-1.1 |

**LIVER FUNCTION TEST (PACKAGE)**

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 23 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 11.4 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 84 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 138 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 97 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 4.6 \* µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.8 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.2 mg/dL ● 2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 35 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 104 \* mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 20 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.6 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 8.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.9 \* g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.1 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 11.5

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

ECG

SINUS RHYTHM.
LOW VOLTAGE QRS & T WAVES.

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### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

\* Grade-I fatty liver.

\* Right renal cyst.

Dr. ANWESHA DUTTA

DNB RESIDENT

In consultation with

### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Low Risk

**YOUR SCORE**

2

**ACCEPTABLE SCORE**

3

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**