



Certificate No.: PEH-2022-1862 April 07, 2022 - April 06, 2024

MR No. 179650 Patient Name Mr. Chitoesh Rather Age 37 Sex M. Date 9/2/24

Investigations: (Please Tick)

CBC

ESR

CRP

S-Vit D3

S-Vit B12

RBS

B Sugar - F/PP

HbA1C

LFT/KFT

PT

RA Factor

Anti CCP

HLA B27

ANA

HIV

HBsAg

Anti HCV

Vitals

B.P.

P.R.

SPO₂

Temp

Sedical Illness

Hypertension

Diabetes

Thyroid

Cardiac Disease

Drug Allergies

Next Appointment/Follow up

Sianature :

H-135 W-88 BD-13/6) P-64

Dr. Bhawna Garg

Dr. Bhawna Garg

MEBS, DIP.GO, PGDHA

MEDICAL CO ORDINATOR

MEDICAL CO

Repeats con

RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901 Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

5-31

RJN APOLLO SPECTRA HOSPITALS





Patient NAME : Mr. CHITRESH RATHORE

Age/Gender : 31 Y 0 M 0 D /M UHID/MR NO : ILK.00045748 Visit ID : ILK.135607

Ref Doctor : Dr.ARCOFEMI HEALTHCARE LIMITED

Collected : 09/Oct/2024 10:33AM Received : 09/Oct/2024 11:10AM

Reported : 09/Oct/2024 02:12PM

Status : Final Report Client Name : INSTA

DEPARTMENT OF HEMATOLOGY

COMPLETE BLC	OOD COUNT- CBC	/ HAEMOGRAM ,	WHOLE BLOOD EDTA	
Haemoglobin (Hb%)	15.1	gm%	14.0-17.0	Cyanmeth
P.C.V (Hematocrit)	45.3	%	40-54	Cell Counter
RBC Count	5.6	Mill./cu mm	4.00-5.50	Cell Counter
Mean Corpuscular Volume(MCV)	81.5	fL	76-96	Calculated
Mean Corpuscular Hb. (MCH)	27.1	pg	27.0-32.0	Calculated
Mean Corp. Hb. Conc.(MCHC)	33.2	g/dl	30.0-35.0	Calculated
RDW	13.4	%	11-16	Calculated
Total WBC count (TLC)	7,000	/cu mm	4000-11000	Cell Counter
Differential Count by Flowcytometry/	Microscopy			
Neutrophils	53.1	%	50-70	Cell Counter
Lymphocytes	33.4	%	20-40	
Monocytes	7.3	%	01-10	Cell Counter
Eosinophils	5.8	%	01-06	Cell Counter
Basophils	0.4	%	00-01	Cell Counter
Absolute Leucocyte Count			•	
Neutrophil (Abs.)	3,716	per cumm	2000 - 8000	Calculated
Lymphocyte (Abs.)	2338	per cumm	600-4000	Calculated
Monocyte (Abs.)	510	per cumm	0-600	Calculated

ERYT	SR)			
Erythrocyte Sedimentation Rate (ESR)	16	mm lst hr.	0-20	Wester Green

per cumm

per cumm

Lac/cmm

407

25

1.80

Page 1 of 9

Eosinophil (Abs.)

Basophils (Abs.)

Platelet Count



SIN NO:10519595,

DR. SARITA PATHAK M.D (PATH)

40-440

0-110

1.50-4.00

Calculated

Calculated

Cell Counter

RJN Apollo Spectra Hospitals

18, Vikas Nagar, Near Sai Baba Temple, Gwalior - 474009 (M.P.) Ph.: 0751-2454600, Mob. : 8269663137, Email: lpc.rjn@gmail.com

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DEPARTMENT OF HEMATOLOGY

BLO	OD GROUPING(A,B,O) AND	RH FACTO	R, WHOLE BLOOD	DTA .
Blood Grouping	• В			Slide/Tube Agglutination
Rh (D) Type	POSITIVE			Slide/Tube Agglutination

BLOOD PICTURE - PERIPHERAL SMEAR EXAMINATION, WHOLE BLOOD EDTA

RBC'S : Normocytic Normochromic RBC's.

No cytoplasmic inclusions or hemoparasite seen.

WBC'S : Normal in number, morphology and distribution. No toxic granules seen.

No abnormal cell seen.

PLATELETS: Adequate on smear.

IMPRESSION; NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.

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SIN NO:10519595.

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: Mr. CHITRESH RATHORE

Age/Gender

: 31 Y 0 M 0 D /M : ILK.00045748

UHID/MR NO Visit ID

: ILK.0004574

Ref Doctor

: Dr.ARCOFEMI HEALTHCARE LIMITED

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DEPARTMENT	OF	BIOCHEMISTRY-ROUTINE
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		_		V
Test Name	Result	Unit	Bio. Ref. Range	Method

*	GLUCOSE - FASTIN	G (FBS) , NAF PLASM	IA .	
Fasting Glucose	90.1	mg/dL	65-110	God - Pod

Ref.for Biological Reference Intervals: American Diabetic Assiosation.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL), FLUORIDE PLASMA						
Post Prandial Glucose	105.9	mg/dL	90-140	2hrs. aftergm glucose/lunch		

Ref.for Biological Reference Intervals: American Diabetic Assiosation.

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STN NO :10519595.

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DEPARTMENT C	F BIOCHEMISTRY-ROU	TINE
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Test Name	Result	Unit	Bio. Ref. Range	Method

GLYCOSYLATED	HAEMOGLOBIN (GHB/HBA1	C) , WHOLE BLOOD EDTA	
Glycosylated Haemoglobin HbA1c	5.7	%	Normal: <5.7 Pre-Diabetes: 5.7-6.4 Diabetes: 6.5	HPLC
Approximate mean plasma glucose	116.32			Calculated

Ref.for Biological Reference Intervals: American Diabetes Association.

INTERPRETATION:

The A1C test measures your average blood glucose for the past 2 to 3 months. Diabetes is diagnosed at an A1C of greater than or equal to 6.5%.

Therapeutic goals for glycemic control (ADA)

-Adults:

- Goal of therapy: <7.0% HbA1c
- Action suggested: >8.0% HbA1c

-Pediatric patients:

- Toddlers and preschoolers: <8.5% (but >7.5%)
- School age (6-12 years): <8%
 - Adolescents and young adults (13-19 years): <7.5%

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Test Name	Result	Unit	Bio. Ref. Range	Method
	COMPLETE KIDNEY PR	OFILE (RFT/KFT)	, SERUM	
Urea	23.07	mg/dL	13.0-43.0	Urease
Creatinine	0.82	mg/dL	0.5-1.3	Enzymatic
Uric Acid	5.7	mg/dL	3.5-7.2	Urease
Sodium	139.8	Meq/L	135-155	Direct ISE
Potassium	4.37	Meq/L	3.5-5.5	Direct ISE
Chloride	104.2	mmol/L	96-106	Direct ISE
Calcium	8.1	mg/dL	8.6-10.0	ОСРС
Phosphorous	2.8	mg/dL	2.5-5.6	PMA Phenol
BUN	10.78	mg/dL	6.0-20.0	Reflect Spectrothoto

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Status

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Client Name

: INSTA

DEPARTMENT	OF BIOCHEMISTR	Y-ROUTINE

est Name	Result	Unit	Bio. Ref. Range	Method
estivanie	Nesure	Ome	Dio. Her. Hange	ITTICETION

	LIPID PROF	ILE , SERUM		
Type OF Sample	SERUM - F			+ 4
Total Cholesterol	193.0	mg/dl	up to 200	End Point
Total Triglycerides	106.0	mg/dL	Borderline High Risk : 150-199 High Risk: 200-499 Very High Risk: >500	End Point
HDL Cholesterol	55.8	mg/dL	Optimal: >55 Border Line High Risk: 35-55 High Risk:- <35	Reflect Spectrothoto
Non - HDL Cholesterol	137.2	mg/dL	, <130	
LDL Cholesterol	116	mg/dL	49-172	Reflect Spectrothoto
VLDL Cholesterol	21.2	mg/dL	5.0-40.0	Reflect Spectrothoto
Chol / HDL Ratio	3.46	a	Low Risk: 3.3-4.4 Average Risk: 4.5-7.1 Moderate Risk: 7.2- 11.0 High Risk: >11.0	CALCULATED

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Calculated

Patient NAME

: Mr. CHITRESH RATHORE

Age/Gender

: 31 Y 0 M 0 D /M : ILK.00045748

UHID/MR NO Visit ID

: ILK.135607

Ref Doctor

A/G Ratio

· Dr. ARCOFEMI HEALTHCARE LIMITED

Collected

: 09/Oct/2024 10:33AM

Received

: 09/Oct/2024 11:10AM

1.0-2.3

Reported

: 09/Oct/2024 01:53PM

Status

: Final Report

: INSTA Client Name

DEPARTMENT	OF	BIOCHEMISTRY-ROUT	INE
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Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER	FUNCTION TEST	(LFT) WITH GG	T , SERUM	
Total Bilirubin	0.8	mg/dL	0.2-1.2	Jendrassik-Grof
Direct Bilirubin	0.2	mg/dL	0.0-0.3	Jendrassik-Grof
Indirect Bilirubin	0.6	mg/dL	0.0-0.9	Calculated,
SGOT / AST	20.0	U/L	1-30	UV Kinetic (IFCC
SGPT / ALT	21.0	U/L	1-45	UV Kinetic (IFCC
Alkaline Phosphatase	77.0	U/L	43-115	PNPP
Gamma Glutaryl Transferase (GGT)	20.8	U/L	0.0-55.0	Reflect Spectrophoto
Total Protein	6.6	g/dl	6.4-8.3	Biuret
Albumin	4.0	g/dL	3.5-5.2	BCG
Globulin	2.6	g.dl	2.0-3.5	Calculated

1.54

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: 09/Oct/2024 10:33AM

Received

: 09/Oct/2024 12:34PM

Reported

: 09/Oct/2024 03:39PM

Status Client Name : Final Report

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DEPARTMENT OF BIOCHEMISTRY-SPECIAL

Test Name	Result	Unit	Bio. Ref. Range	Method

	THYROID PR	OFILE-I , SERUM			
Trilodothyronine Total (TT3)	1.70	ng/dL	0.6-1.8	•	Chemilluminisence
Thyroxine (TT4)	8.81	μg/dL	4.5-10.9		Chemilluminisence
Thyroid Stimulating Hormone (TSH)	3.436	μIU/ml	0.35-5.50		Chemilluminisence

COMMENT: Above mentioned reference ranges are standard reference ranges.

AGE RELATED GUIDLINES FOR REFERENCE RANGES FOR TSH

TSH	NEW BORN	INFANT	CHILD	ADULT
(u lu/ml)	0.52-38.9	1.7-9.1	0.7-6.4	0.3-5.6
PREGNENCY R	ELATED GUIDLINES FOR F	REFERENCE RANGE	S FOR TSH	
TSH	1st Trimester	2nd & 3rd Tri	mester	
(u lu/ml)	0.2 - 2.5	0.3 - 3.0		

NOTE: TSH levels are subject to circadian variation, reaching peak levels between 2-4 AM and at a minimum between 6-10 PM. Dose and time of drug intake also influence the test result.

Ultrasensetive kits used.

Serum T3/ FT3, T4/FT4 and TSH measurements form three components of thyroid screening panel.

- :-Primary hypethyroidism is accompanied by elevated serum T3 & T4 values alongwith depressed TSH level.
- :- Primary hypothyroidism is accompanied by elevated serum T3 & T4 values & elevated serum TSH level.
- :-Normal T3 &T4 levels with high TSH indicate mild / subclinical HYPOTHYROIDISM.
- :-.singhtly elevated T3 levels may be found in pregnancy and in estrogen therapy while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propanolol.
- :-Although elevated TSH levels are nearly always indicative of primary hypothyroidism. Rarely they can result from TSH secreting pituitary tumours (seconday hyperthyroidism).

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DEPARTMENT	OF	CLINICAL	PATHOLOGY
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Test Name	Result	Unit	Bio. Ref. Range	Method	

CUE - COMPLETE URINE ANALYSIS, URINE

Physical Examination

Colour	PALE YELLOW		Visual
Appearance	Clear		. Visual
рН	6.5	5.0-7.5	Dipstick
Specific Gravity	1.010	1.002-1.030	Dipstick

Chemical Examination

Albumin Urine/ Protein Urine	NIL	NIL	Dinstink/Hast Tast
Glucose Urine	NIL		Dipstick/Heat Test
Urobilinogen		NIL	Dipstick/Benedict
	NIL	NIL	Dipstick/Ehrlichs
Ketones	NIL	NIL	Dipstick/Rotheras
Bile Salts	ABSENT	ABSENT	Dipstick
Bile Pigments	ABSENT	ABSENT	Dipstick/Fouchets
Nitrite	ABSENT	ABSENT	
Microscopic Evamination	7.002.117	ABSENT	Dipstick

Microscopic Examination.

Pus Cells	1-2	/Hpf	0-2	•
Epithelial Cells	2-3	Hpf	, <10	
RBC	ABSENT	/Hpf	ABSENT	
Casts	ABSENT	71.1	ABSENT	
Crystals	ABSENT		ABSENT	
<u> Bacteria</u>	NORMALLY PRESENT		NORMALLY PRESENT	
Budding Yeast Cells	Absent		Absent	

*** End Of Report ***

Page 9 of 9



DR. SARITA PATHAK

M.D (PATH)

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Specialists in Surgery ECHO CARDIOGRAPHY REPORT



Patient Name: MR.CHITRESH RATHORE	Age / Sex 31Y/M	
UHID/Bill No: 179650	Date :09/10/2024	

Echocardiography was performed on vivid T8

Quality Of Imaging : Adequate
Mitral Valve : Normal
Tricuspid Valve : Normal
Aortic Valve : Normal
Pulmonary Valve : Normal
Left Atrium : 3.4cms

Left Ventricle : IVSD : 1.2 cms LVPWD : 1.2 cms

EDD : 4.9 cms EF 58% ESD : 3.0 cms FS 30%

RWMA : NO REGIONAL WALL MOTION ABNORMALITY

Right Atrium Normal Right Ventricle Normal Aorta 3.1cms IAS IVS Intact Pulmonary Artery Normal Pericardium Normal SVC, IVC Normal Pulmonary Artery Normal Intracardiac Masses Nil Doppler E > A

CONCUSION

NORMAL CARDIAC CHAMBERS DIMENSION.

NO REGIONAL WALL MOTION ABNORMALITY.

NORMAL LV SYSTOLIC FUNCTION, LVEF 58%

NORMAL VALVE

INTACT SEPTUM

NO CLOT /VEGETATION / PERICARDIAL EFFUSION

MBBB, MDA Shek Sharma
MBBB, MDA Shek Sharma
(Cardiology)
Consultant Interventional-Cardiology
RSN Apollo Spectra Hospitals
Reg. No. MP 12056

Consultant

Dr. Abhishek sharma (DNB) (Interventional Cardiologist)

RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901

Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

RJN APOLLO SPECTRA HOSPITALS



RATAN JYOTI NETRALAYA

OPHTHALMIC INSTITUTE & RESEARCH CENTRE





18, Vikas Nagar, Near Sai Baba Mandir, Gwalior-2 (M.P.) INDIA Tel.: 2423350/51, Web: www.ratanjyotigroup.org, Email:rjneye@gmail.com

SR.NO.

2060047

DATE

· 09-October-2024

NAME AGE/SEX

MR CHITRESH RATHOR : 31 YRS / MALE

MRD NO. CITY

R-134082 SHIVPURI

PAST SURGERIES :

DISTANCE		NEAR	
OD	os	OD	os
6/60	6/60		
6/6	6/6	N6	N6
6/6	6/6		
		A	
	OD 6/60	OD OS 6/60 6/60 6/6 6/6	OD OS OD 6/60 6/60 6/6 6/6 N6

		IOP READIN	NG	
TIME	OD	OD METHOD	os	OS METHOD
1:27PM	15		17	

DIAGNOSIS:

MYOPIA IN BE

EYE

1 SOHYL / TREHALOSE + SODIUM HYALURONATE WITH AMINO ACIDS ONE DROP 4 TIMES A DAY FOR 90 DAYS

BOTH EYE 9-Oct-2024

SOTIA-LIQUIGES 6-Jan-2025

TREATMENT PLAN

: GLASS PRESCRIPTION

REFFERED TO

NEXT REVIEW

AS PER DR. ADVISED

DR. AMOL CHAUDHARI

> Reg.No. 2010103106

NOTE

: Kindly continue medications as advised for the period advised.

In case of redness or allergy please discontinue and inform the doctor.

Nutritional Advice : As per treating physician

Instructions : Patient and Attendant(s) Counselled

Advised medicine may be replaced with a good quality generic medicine.

Speciality Clinics: Comprehensive Ophthalmology Clinic Cataract & IOL Clinic Vitreo Retina & Uvea Clinic Spectacle Removal Clinic (Lasik/Femto Lasik/Phakic Lens) * Cornea Clinic * Glaucoma Clinic * Orbit & Oculoplasty Clinic * Trauma Clinic * Squint Clinic * Paediatric Ophthalmology Clinic * Low Vision Aid Clinic * Contact Lens Clinic

CONSULTATION TIMINGS: MORNING 9:00 A.M. TO 6:00 P.M. (SUNDAY OFF)

स्वामी विद्यानंद भारती आई बैंक नेन्नदान

करें और करायें इसे अपने परिवार की परम्परा बनायें नेत्रदान के लिए सम्पर्क करें : 9111004044

• केन्द्रीय कर्मचारियों के लिए मान्यता प्राप्त • कैशलैस इंश्योरेन्स एवं टी.पी.ए. सुविधा उपलब्ध • For Appointment Please Contact : 9111004046





		April 07, 2022 - April 06, 2024
MR No	Patient Name Clifull Cofloul Age 31 Sex.	7 Date 9/10/24
Investigations :		Mob No
СВС	<u></u>	
ESR		
CRP		
S-Vit D3	yealth Chiefup	
S-Vit B12		
RBS		
B Sugar - F/PP	0/E	
HbA1C		
LFT/KFT	· Res ē	
PT		
INR	· CALL M	
A Factor	afall	
Anti CCP	a de de	alelle
HLA B27	· Galaler m	
ANA		(light
HIV	· Gen gengerfry.	(Digital of 4)
HBsAg	you go y	
Anti HCV		
	· Luipeefeed C 8/8	
Vitals	0 / 0	
B.P.		
P.R.		
SPO2 (1/A -	· Dissamperfed à 8/8	
Temp	8/8	
	· Onal perophyt	
Medical Illness	· One flickly	
Hypertension	/	
Diabetes		
Thyroid		
Cardiac Disease		1
Drug Allergies		

RATAN JYOTI NETRALAYA PRIVATE LIMITED

Next Appointment/Follow up

CIN: U85110MP2013PTC030901

Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

RJN APOLLO SPECTRA HOSPITALS

Signature:





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to coming error attack there is

PATIENT NAME CHITRESH RATHORE 31Y/M

H.C.P REFERRED BY

09/10/2024 DATE

USG WHOLE ABDOMEN INVESTIGATION

IMAGING FINDINGS:-

Liver appears normal in size, position, shape and margin. Parenchyma shows increased echogenecities. The intrahepatic biliary and portal venous radicles appear normal. Hepatic veins and portal vein are normal.

Gall Bladder is well distended. GB wall and lumen content appears normal. No echogenic focus within GB lumen. Visualized CBD is of normal caliber.

Spleen appears normal in size (~ 10.8cm), position, shape, echotexture and margin. No any focal lesion within splenic parenchyma. Splenic vein is normal and undilated.

Visualized Pancreas appears normal in size, shape and echotexture. Pancreatic duct is not dilated. No USG evidence of obvious measurable focal lesion.

Both Kidneys: Measurements are right kidney ~ 9.9x3.6cm and left kidney ~ 10.2x5.9cm. Both kidneys are normal in position, size, shape, surface, echotexture and cortico-medullary differentiation. Bilateral PC systems are compact. No significant calculus or hydronephrosis on either side. Ureters are undilated on either side.

Urinary Bladder is normal in shape, wall and content.

Prostate appears normal in size (~ 14.4cc), shape and echotexture.

No obvious ascites.

OPINION: Features are suggestive of-

Grade I fatty liver

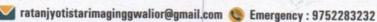
Suggested clinical correlation/Follow up imaging.

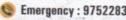
DR. SAKSHI CHAWLA (MD RADIODIAGNOSIS)

Disclaimer: The science of radiology is based upon interpretation of shadows of normal and abnormal tissue. This is neither complete nor accurate; hence, findings should always be interpreted in to the light of clinico-pathological correlation. This is a professional opinion, not a diagnosis. Not meant for medico legal purposes. For any kind of typing error, please intimate us within 7 days of reporting.

गर्भाशय कन्या भ्रूण की जाँच एवं हत्या दण्डनीय अपराध है।

बेटी बचाओ - बेटी पढ़ाओ











PT. NAME: CHITRESH RATHORE	
	AGE/SEX:31Y/M
REF.BY: 179650	
	09/10/2024

X RAY CHEST (PA)

IMAGING FINDINGS:

Prominent vascular markings seen in both lung fields. B/L costophrenic angle appear clear and normal. Trachea is central.

Cardiothoracic ratio is within normal limit.

Soft tissue and bony cage appear normal.

B/L domes of diaphragm are smooth, regular and normal in position.

OPINION:

 No significant abnormality is noted in CXR - PA except for prominent vascular markings.

Please correlate with clinical findings and relevant investigations.

0,

DR. SAKSHI CHAWLA (MD RADIODIAGNOSIS)

Disclaimer: The science of radiology is based upon interpretation of shadows of normal and abnormal tissue. This is neither complete nor accurate; hence, findings should always be interpreted in to the light of clinico-pathological correlation. This is a professional opinion, not a diagnosis. Not meant for medico legal purposes. For any kind of typing error, please intimate us within 7 days of reporting.

RATAN JYOTI NETRALAYA PRIVATE LIMITED

CIN: U85110MP2013PTC030901

Registered Office: 18, Vikas Nagar, Near Sai Baba Mandir, Gwalior - 474002

RJN APOLLO SPECTRA HOSPITALS

Ьż PH100B CL F 60~ 0.15-100 Hz Chest: 10.0 mm/mV Limb: 10 mm/mV Speed: 25 mm/sec Device:

II