

**Annexure-2**

**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: First Name RAVJ Middle Name KESHAULAL Surname HAKHARZYA  
Address: 1103 - BANK OF BARODA OFFICER'S FLATS,  
4 - FAMBAG, CHANDJWALI POWAI  
City: MUMBAI Pin: 400076  
Birth Place: Jamshambhaji Birth Date: 06/09/1989 Religion: HINDU  
Andher (dd/mm/yyyy)  
Post applied for: ANNUAL HEALTH Marital Status: Married / Unmarried Gender: M  
Dr.

**2 PREVIOUS EMPLOYMENT:** Yes / No If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

**3 NAME OF FAMILY DOCTOR:** NONE

Address:

Contact Details:

**4 PERSONAL HABITS:**

- i) Smoking  NO
- ii) Tobacco chewing  NO
- iii) Alcohol  NO
- iv) Any other  NO

**5 MEDICAL HISTORY:**

i) **ANY DISABILITY:** Yes / No If yes specify with disability % NONE

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work  
Have you ever suffered from job related disease or injury?  
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

BANKING

iii) Have you ever suffered from any of the following (Answer Yes or No. If yes, give details)

Y	N		Y	N	
	N	Hypertension		N	Hepatitis-B
	N	Diabetes		N	Cancer
	N	Heart disease		N	Stroke
	N	Kidney diseases		N	Bronchitis
	N	Tuberculosis		N	Any allergy
	N	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		N	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	N	Epilepsy, Fits, Fainting or Dizziness		N	Mental disorder of any kind
	N	Any major operation or injury	✓		Any other illness (Dengue in 2023)

Details of the above if "Yes"

Dengue in 2023 / Aug, lead to 5 day hospitalization

(For female candidates only)

Are you pregnant at present?

Y N

Date of L.M.P. \_\_\_\_\_

iv) Immunization:

Yes No

Tetanus Toxoid

	✓
--	---

Hepatitis B

	✓
--	---

Others

	✓
--	---

COVID taker (2 doses).

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No


(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	✓	
Heart Disease		
Cancer		
Diabetes	✓	✓
Tuberculosis		
Epilepsy		
Any other Disease		

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	70	Good	/	/
Mother	65	Good		
Spouse	NA			
Children-1	NA			
Children -2	NA			

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 23/MAR/2024

  
 (Signature of Candidate)

**MER- MEDICAL EXAMINATION REPORT**

Date of Examination	
NAME	RAVJ KHAKHARIYA
AGE	34 Gender MALE
HEIGHT(cm) 168	WEIGHT (kg) 74
B.P.	130/80
ECG	WNL
X Ray	NAD
Vision Checkup	Color Vision : Normal Far Vision Ratio : 6/6-N Near Vision Ratio : N5-N
Present Ailments	-
Details of Past ailments (If Any)	Dengue in 2023
Comments / Advice : She/He is Physically Fit	FIT

  
**DR. JACOB MATHEW MD,DMM,DTCD.**  
 APPROVED BY DG SHIPPING (GOI)  
 Reg. No. (MMA) 42960  
 102-103-104, Gateway Plaza,  
 Central Avenue Road,  
 Hiranandani Gardens,  
 Powai, Mumbai-400076.  
**SEA BIRD MEDICARE CENTRE**

**Signature with Stamp of Medical Examiner**

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of RAV J. KESHAULAL KHAKHARJI on 23 / MAR / 2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. \_\_\_\_\_  
**Medical Officer**  
**The Apollo Clinic, (Location)**  
 DR. JACOB MATHEW MD, DMM, DTCD.  
 APPROVED BY DG SHIPPING (GOI)  
 Reg. No (MMC) 42950  
 102, 103, 104, Gateway Plaza,  
 Cental Avenue Road,  
 Hiranandani Gardens,  
 Powai, Mumbai-400076.  
 SEA BIRD MEDICARE CENTRE

*This certificate is not meant for medico-legal purposes*

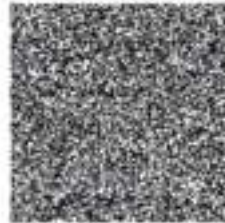


ભારત સરકાર  
Government of India

ભારતીય વિશિષ્ટ ઓળખાણ પ્રાધિકરણ  
Unique Identification Authority of India

વ્યવહાર ક્રમ નંબર/ Enrolment No.: 2189/25338/04657

To  
ખાખરીયા રવિ કેશવલાલ  
Khakhariya Ravi Keshavlal  
block no-10  
laxmi appt  
rameshwar nagar  
Jamnagar  
Navagam Ghod  
Jamnagar Gujarat - 361008  
9924463262



તમારો આધાર નંબર / Your Aadhaar No. :

9377 2724 2140  
VID : 9131 8263 6108 3927

મારી આધાર, મારી ઓળખ



ભારત સરકાર  
Government of India



ખાખરીયા રવિ કેશવલાલ  
Khakhariya Ravi Keshavlal  
જન્મ તારીખ/DOB: 05/09/1989  
પુનઃ/ MALE

9377 2724 2140  
VID : 9131 8263 6108 3927

મારી આધાર, મારી ઓળખ



Government of India



માહિતી / INFORMATION

- આધાર એ ઓળખાણનું પ્રમાણ છે. નાગરીકતાનું નહિ.
- આધાર અનન્ય અને સુરક્ષિત છે.
- ઓળખ વકાસવા માટે - સુરક્ષિત QR કોડ/ ઓફલાઇન XML/ ઓનલાઇન પ્રમાણીકરણનો ઉપયોગ કરવો.
- આધારના તમામ સ્વરૂપો જેમ કે આધાર કાર્ડ, PVC કાર્ડ, eAadhaar અને mAadhaar સમાન રીતે માન્ય છે. 12-અંકના આધાર નંબરની જગ્યાએ વર્ચ્યુઅલ આધાર ઓળખ (VID)નો પણ ઉપયોગ કરી શકાય છે.
- 10 વર્ષમાં ઓછામાં ઓછું એકવાર આધાર અપડેટ કરો.
- આધાર તમને વિવિધ સરકારી અને નિલ-સરકારી સેવાઓને સરળતાથી મેળવવામાં મદદ કરે છે.
- આધારમાં તમારો મોબાઇલ નંબર અને ઇમેઇલ આઇડી અપડેટ રાખો.
- આધાર સેવાઓ મેળવવા માટે સ્માર્ટફોન પર mAadhaar એપ ડાઉનલોડ કરો.
- સુરક્ષા સુનિશ્ચિત કરવા માટે થોડા/અનલોડ આયોમેટ્રિક્સ/આધાર સુવિધાનો ઉપયોગ કરો.
- આધાર મેળવવા માંગતા સંસ્થાઓએ લેવાયેલા સંમતિ મેળવવી જરૂરી છે.
- Aadhaar is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (VID) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.

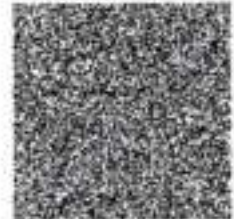


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Unique Identification Authority of India



વ્યવહાર ક્રમ નંબર : 2189/25338/04657  
બ્લોક નં-10, લક્ષ્મી અપ્ટ, રામેશ્વર નગર, જામનગર, ગુજરાત - 361008

Address:  
block no-10, laxmi appt, rameshwar nagar,  
Jamnagar, Navagam Ghod, Jamnagar,  
Gujarat - 361008



9377 2724 2140  
VID : 9131 8263 6108 3927

1847 | help@uidai.gov.in | www.uidai.gov.in

*Khakhariya Ravi Keshavlal*

## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**      Date: 23-Mar-24      Time: 10:31:38  
**Name:** RAVI KHAKHARIYA ID: 3251  
**Age:** 34 y      **Sex:** M      **Height:** 168 cms.      **Weight:** 77 Kg.  
**Clinical History:** NIL

**Medications:** NIL

### Test Details

**Protocol:** Bruce      **Pr.MHR:** 186 bpm      **THR:** 158 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 8 m 53 s      **Max. HR:** 158 (85% of Pr.MHR) bpm      **Max. Mets:** 10.20  
**Max. BP:** 150 / 100 mmHg      **Max. BP x HR:** 23700 mmHg/min      **Min. BP x HR:** 6960 mmHg/min  
**Test Termination Criteria:** THR ACHIEVED

### Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 15	1.0	0	0	87	0 / 0	-0.85 aVR	2.12 V3
Standing	0 : 1	1.0	0	0	87	0 / 0	-0.85 aVR	2.12 V3
Hyperventilation	0 : 39	1.0	0	0	95	120 / 80	-1.06 aVR	2.48 V2
1	3 : 0	4.6	1.7	10	123	130 / 80	-1.27 aVR	4.60 V2
2	3 : 0	7.0	2.5	12	137	140 / 90	-1.27 aVR	5.66 V2
Peak Ex	2 : 53	10.2	3.4	14	158	150 / 100	-1.27 aVR	5.66 II
Recovery(1)	1 : 0	1.8	1	0	111	150 / 100	-2.76 aVR	5.66 II
Recovery(2)	1 : 0	1.0	0	0	94	140 / 90	-2.55 aVR	5.66 II
Recovery(3)	1 : 0	1.0	0	0	103	130 / 80	-1.27 aVR	5.31 V3
Recovery(4)	0 : 6	1.0	0	0	102	130 / 80	-0.85 aVR	2.83 II

### Interpretation

The patient exercised according to the Bruce protocol for 8 m 53 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 87 bpm, rose to a max. heart rate of 158 (85% of Pr.MHR) bpm. Resting blood Pressure 0 / 0 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes. TMT negative for inducible ischemia for the workload achieved

Ref. Doctor: APOLLO

( Summary Report edited by user )

  
**DR. JACOB MATHEW MD, DMM, DTCD.**  
 Reg No - MMC 42550  
**SEABIRD MEDICARE CENTRE**  
Seabird Medicare Centre Pvt. Ltd. V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 15 s **HR: 87 bpm**

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 0 / 0

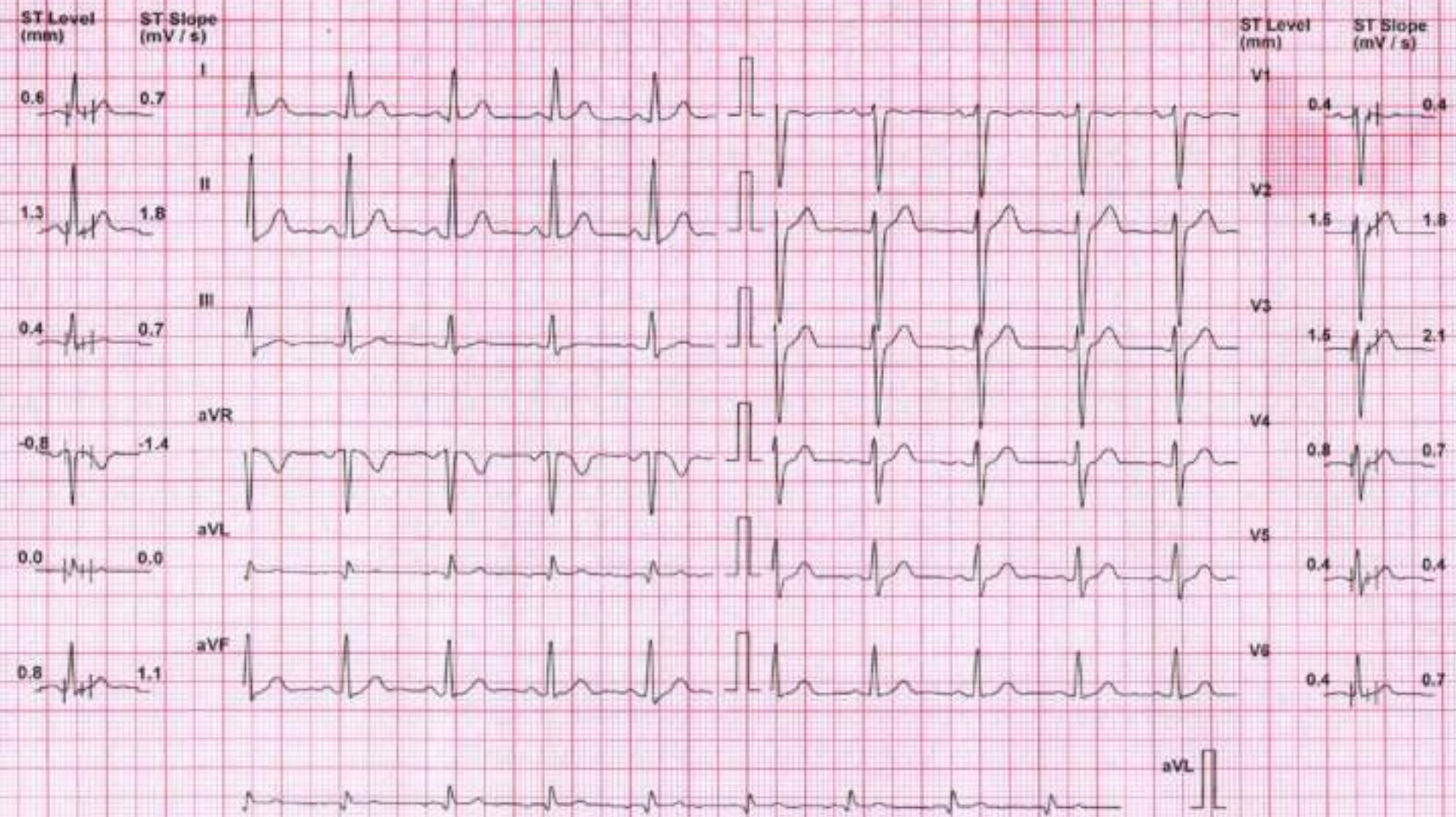


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Pre-R = 60 ms

J = R + 60 ms

Post-T = J + 60 ms

Schäler Spandan V 4.7



# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time : 0 m 0 s

Stage Time 0 m 1 s

HR: 87 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 0 / 0



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

I<sub>se</sub> = R = 90 ms

J = R = 60 ms

Post J = J = 50 ms

Schiller Spandan V 4.7

# SEABIRD MEDICARE CENTRE POWAI

RAVI KHAKHARIYA (34 M)

ID: 3251

Date: 23-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 39 s HR: 95 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

RR - R = 50 ms

J - R = 50 ms

Pool J = J + 50 ms

Schiller Spalden V4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHA KHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 123 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 158 bpm)

B.P: 130 / 80

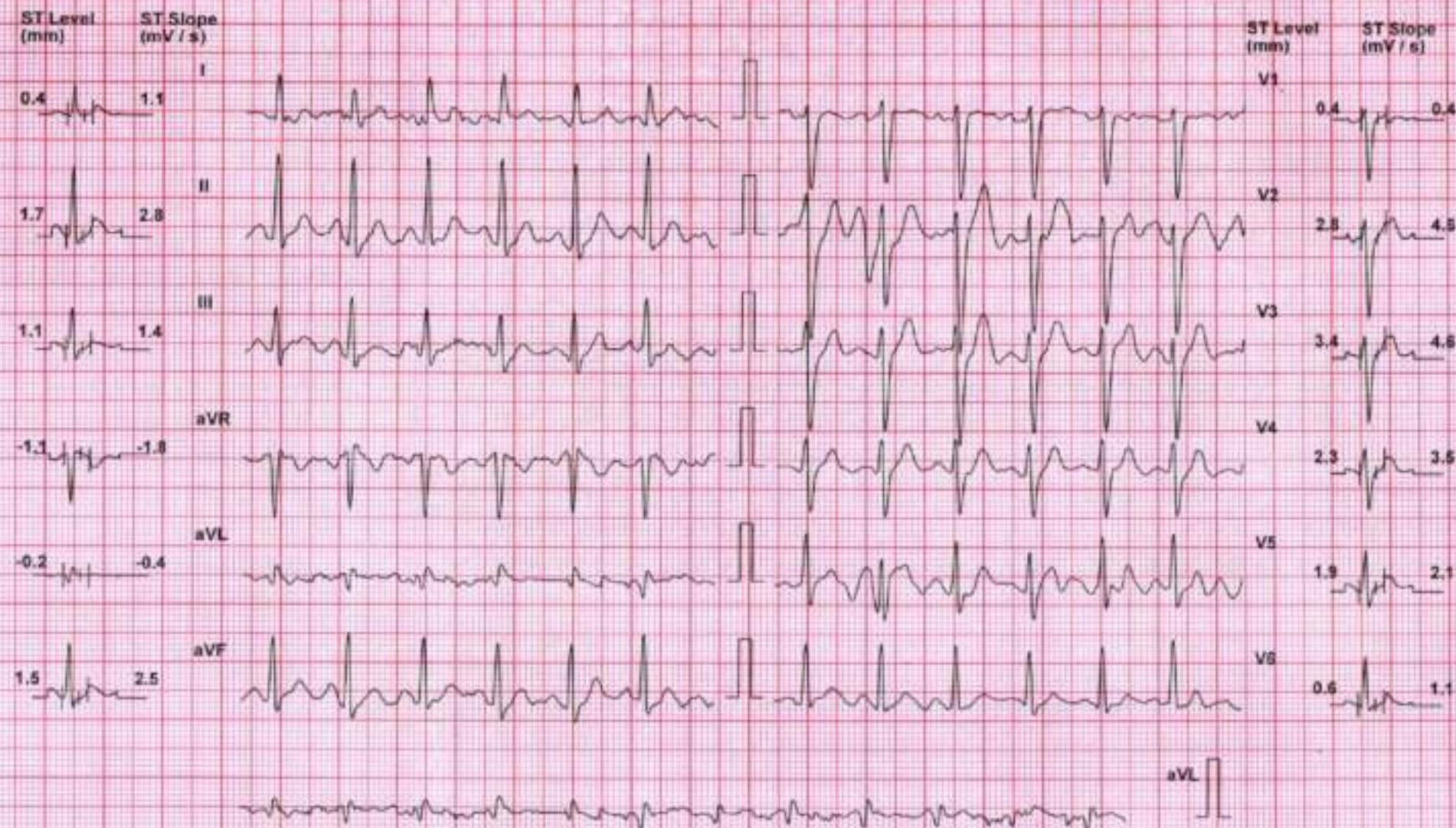


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Is = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindas V47

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time: 6 m 0 s

Stage Time: 3 m 0 s

HR: 137 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 158 bpm)

B.P. 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 5 mm

Pa = R - 60 ms

J = R - 60 ms

Pod J = J - 60 ms

Schiller Spansion V4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time: 8 m 53 s

Stage Time: 2 m 53 s

HR: 158 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 158 bpm)

B.P: 150 / 100

ST Level (mm)      ST Slope (mV / s)

ST Level (mm)      ST Slope (mV / s)

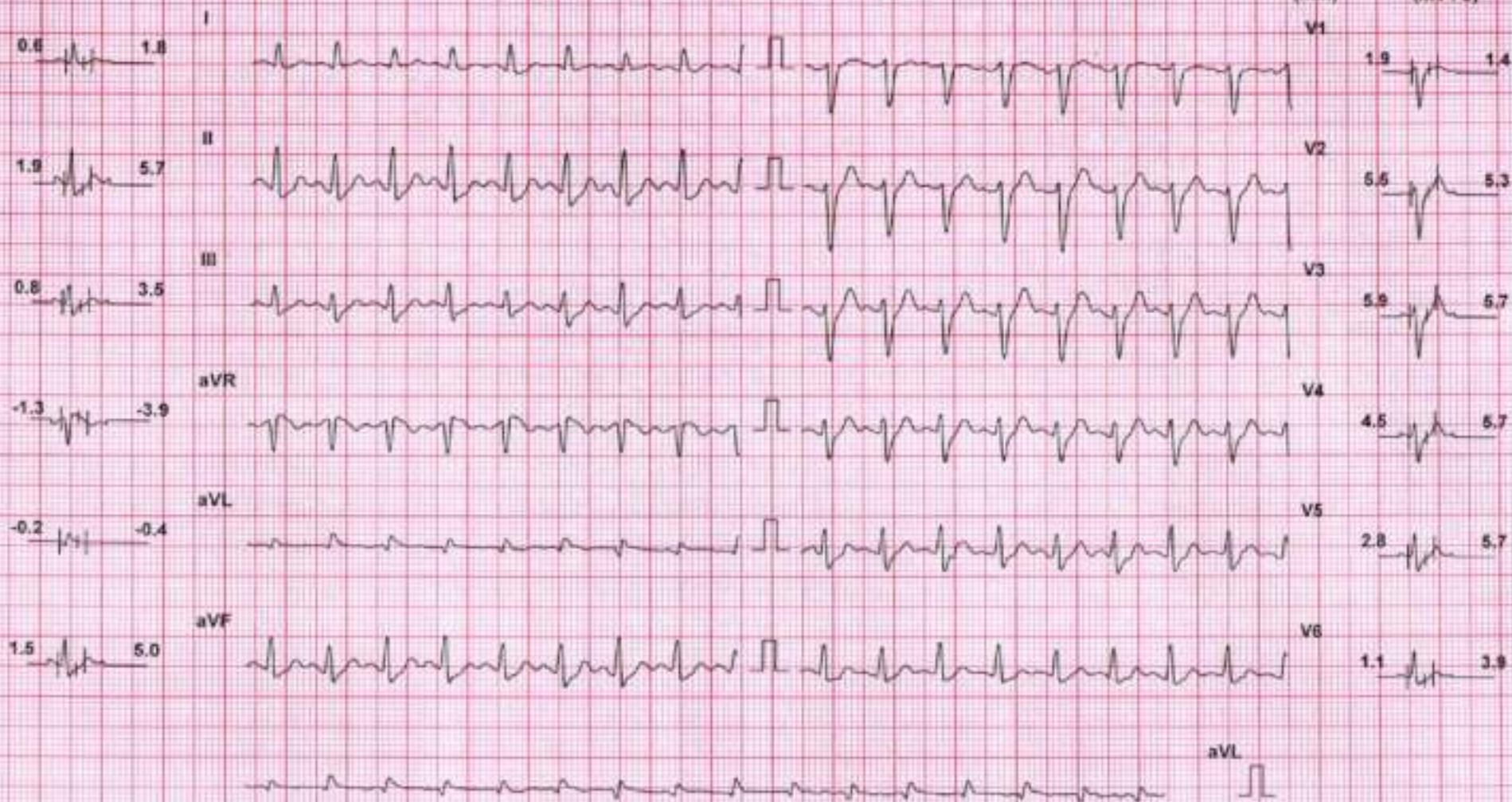


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

iso = R - 80 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spawfar V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time: 8 m 53 s

Stage Time: 1 m 0 s

HR: 111 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 150 / 100

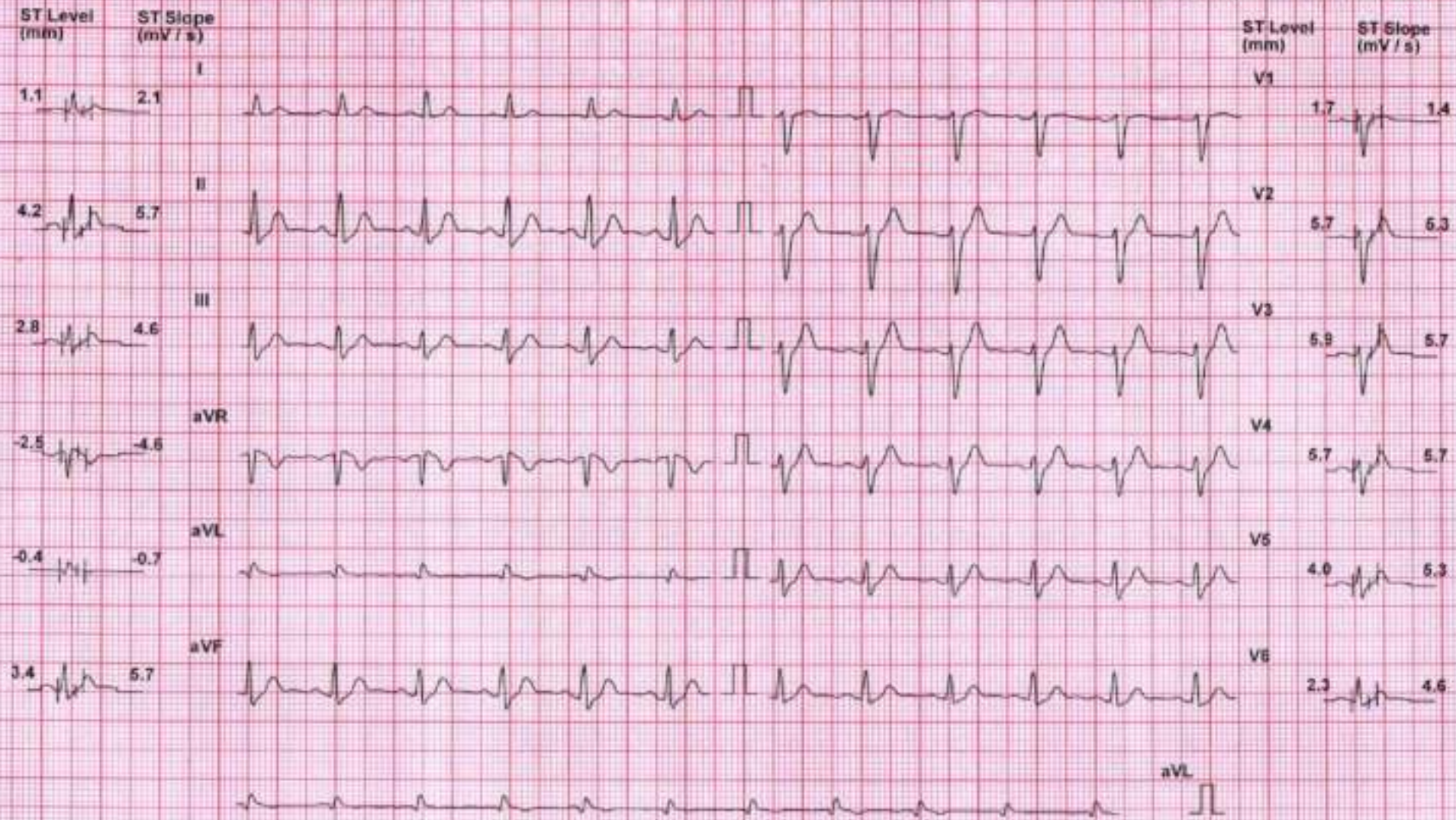


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Filter: ON

Amp: 5 mm

PR = R - 60 ms

QT = R + 60 ms

QTc = J - J + 60 ms

Schiller Spacelab V4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time: 8 m 53 s

Stage Time: 1 m 0 s

HR: 94 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 140/90

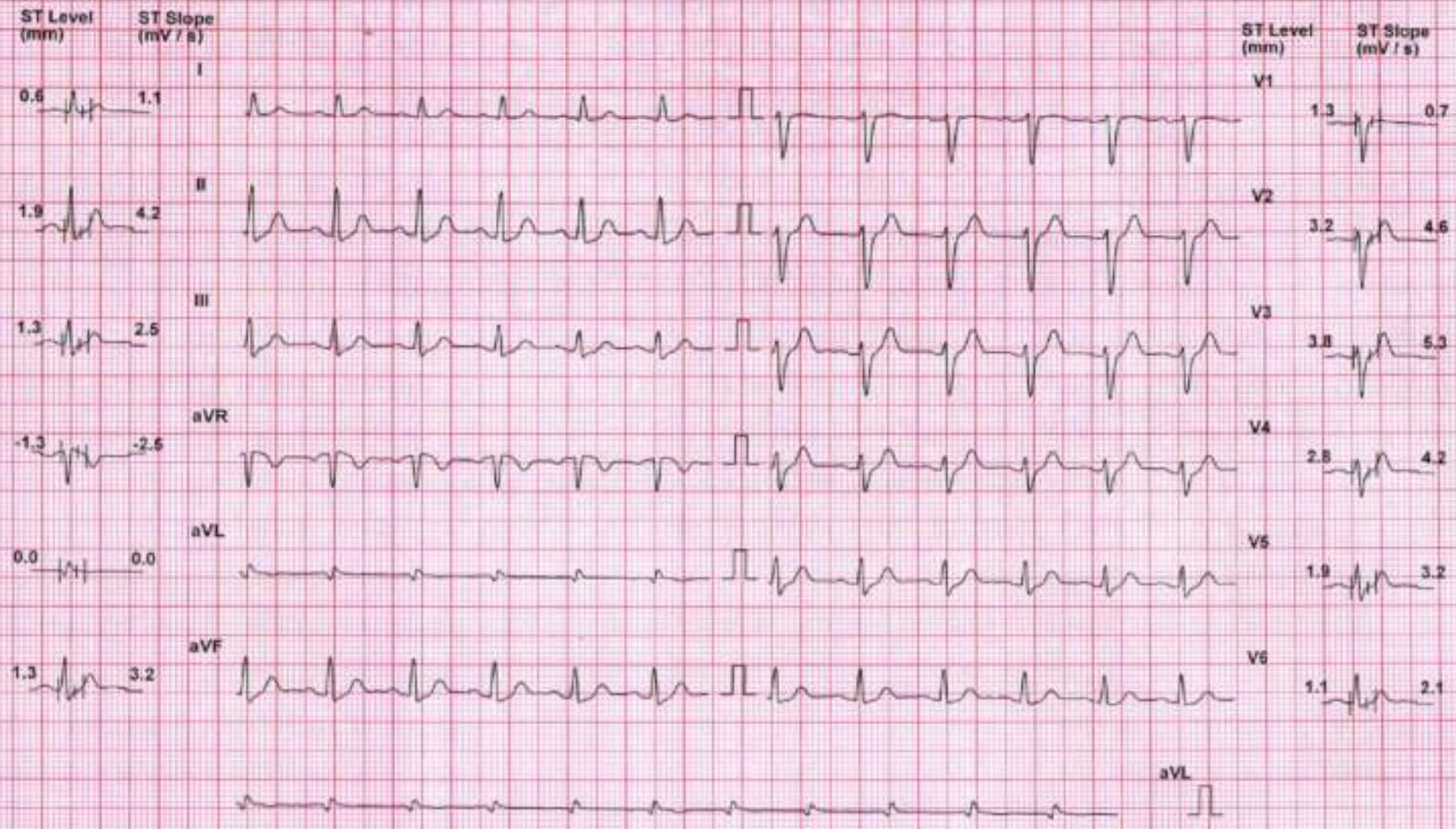


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

iso - R - 60 ms

J - R - 60 ms

Post J - J - 60 ms

Schiller Spandax V 4.7

# SEABIRD MEDICARE CENTRE POWAI

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Exec Time : 8 m 53 s

Stage Time : 1 m 0 s

HR: 103 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 130 / 80

ST Level (mm)    ST Slope (mV / s)

ST Level (mm)    ST Slope (mV / s)

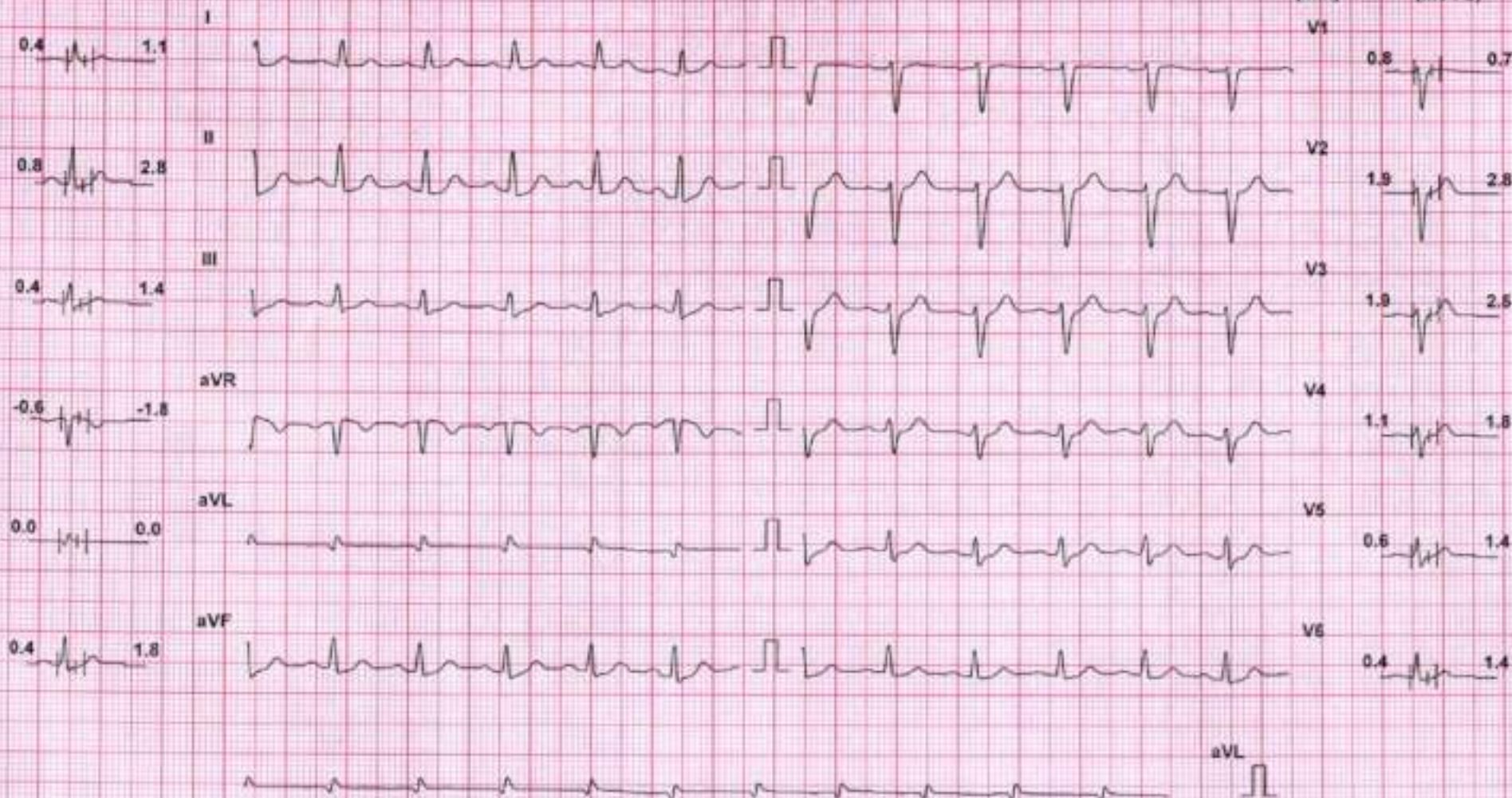


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

fo = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schifer Spandart V.4.7





PID NO. : CCA1241

Name : RAVI KESHAVAL KHAKHARIYA

Sex / Age : Male / 34 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

23-Mar-2024 / 12:15 pm

Coil Date

23-Mar-2024 / 12:20 pm

Report Date

24-Mar-2024 / 4:10 pm

## REPORT

### BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	84.74	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association guidelines 2022	89.47	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.



MC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or  
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PID NO. : CCA1241

Name : RAVI KESHAVAL KHAKHARIYA

Sex / Age : Male / 34 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

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Reg. Date

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Coll Date

23-Mar-2024 / 12:20 pm

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24-Mar-2024 / 4:10 pm

**REPORT**

**BLOOD GLUCOSE**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
-------------	---------------	--------------	--------------------------------------

———— End of Report ————



MC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

*Proudly... Caring For You*

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69 Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

## CONDITIONS OF REPORTING

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## REPORT

### Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b>BLOOD GROUP</b>			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

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Ref By : APOLLO HEALTH AND LIFESTYLE  
LIMITED

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	16.1	gm/dl	13.0 -17.0
<b><u>RED BLOOD CELLS</u></b>			
R.B.C. Count	<b>5.58</b>	million / cumm	4.5- 5.5
PCV	47	%	40- 50
MCV	84.3	fL	83 - 101
MCH	28.8	pg	27 - 32
MCHC	34.2	gm / dl	31.5 - 34.5
RDW (CV)	13.5	%	11.6- 14.0
Total W.B.C. Count	6600	/cu.mm.	4000 - 10000
<b><u>DIFFERENTIAL COUNT</u></b>			
Neutrophils	70	%	40 - 80
Lymphocytes	26	%	20 - 40
Eosinophils	02	%	1 - 6



MC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
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MMC Reg No.2006031680

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## REPORT

### Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	258000	/cumm	150000 - 410000

#### MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

———— End of Report ————



MC - 8321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No 2006031680

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## REPORT

### Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	05	mm at 1hr	0 - 15

Method: Westergren.  
Sample: Whole Blood (EDTA)

----- End of Report -----

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680

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## REPORT

### Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.12	%	< 5.7
Non-diabetic : $\leq 5.7$ % Pre-Diabetic : 5.7 - 6.4 % Diabetic : $\geq 6.5$ % (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	104.97	mg/dl	

#### Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used :  $eAG(mg/dl) = 28.7 * A1c - 46.7$ .
- Interference of Haemoglobinopathies in HbA1c estimation.
  - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
  - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycaemic control.
  - Excellent Control - 6 to 7 %
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %
- Test done on Mispia i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----



MC - 8321

Molly R  
Lab Technician



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## REPORT

### LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	160.83	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	107.46	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	45.97	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	93.37	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	21.49	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	3.50		Acceptable for Male : < 5.00 Acceptable for Female : <4.50



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## REPORT

### LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	2.03		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

**NOTE:**

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Mispas CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



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Lab Technician



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MMC Reg No. 2006031680

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[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA1241

Name : RAVI KESHAVAL KHAKHARIYA

Sex / Age : Male / 34 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Hiranandani  
Gardens, Powai, Mumbai-400076

Reg. Date

23-Mar-2024 / 12:15 pm

Coll Date

23-Mar-2024 / 12:20 pm

Report Date

24-Mar-2024 / 4:10 pm

## REPORT

### LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	16.63	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	75.76	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	8.9	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	12.79	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.6	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.12	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.48	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.65	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.26	g/dl	3.5 - 5.2
Globulin Calculated	2.39	g/dl	1.90 - 3.70
A/G ratio Calculated	1.78		

Test Done on Fully Automated Miasa CXL PRO PLUS Biochemistry Analyser.



MC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No.2006031680

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## REPORT

### LIVER FUNCTION TEST

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----



MC - 6321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

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## REPORT

### RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	16	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	7.47	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.8	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Serum, Method: Uricase-POD	5.63	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006031680

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## REPORT

### THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	3.65	µIU/ml	0.25-5 µIU/ml
T3	1.49	nmol/l	0.92-2.33 nmol/l
T4	89.42	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

#### INTERPRETATION

**TSH** : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3**: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4**: Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

———— End of Report ————

Molly R  
Lab Technician



DR. RITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)



MC - 5321

Molly R  
Lab Technician



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MBBS, MD PATHOLOGY  
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## REPORT

### URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

**METHOD:**

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer/Leucocyte esterase), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----



MC - 5321

Molly R  
Lab Technician



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# Sea Bird

## Sea Bird Medicare Centre

Name: MR RAVI KHAKHARIYA	Age : 34 Y	Sex : Male
Date : 23/03/2024	Ref Dr : SELF	

### USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size 12.2cm and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.1 x 4.1cm. Left kidney measure 10.2 x 4.9cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 2.5 x 3.2 x 3.1 cm vol- 13.2gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION :** No significant abnormality detected.

*Advice: Clinical co-relation and further evaluation.*



DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

**Thanks For Reference:** Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

## Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 48032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



*Sea Bird*  
Sea Bird Medicare Centre

Report ID : **RKKM233134029** Reg. : **23-Mar-2024**  
Patient Name : **Mr. RAVI KESHAVLAL KHAKHARIYA** Report Date : **23-Mar-2024**  
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**  
Ref By : **DR.JACOB MATHEW** Age/Sex : **34 Year / Male**

**CHEST X RAY REPORT**

X-Ray No : 1919

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

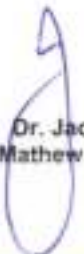
Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**



  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Tell Cross Lane, Andheri East (Nr. Station), Mumbai- 40. Tel: 022- 46022704

Power: 022-35701053 / 35704157

Kochi: 0484- 3322022 / 4032022

Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



# SEABIRD MEDICARE CENTRE POWAI

204

**RAVI KHAKHARIYA (34 M)**

ID: 3251

Date: 23-Mar-24

Time: 10:29:51

BP: 120 / 80 mmHg

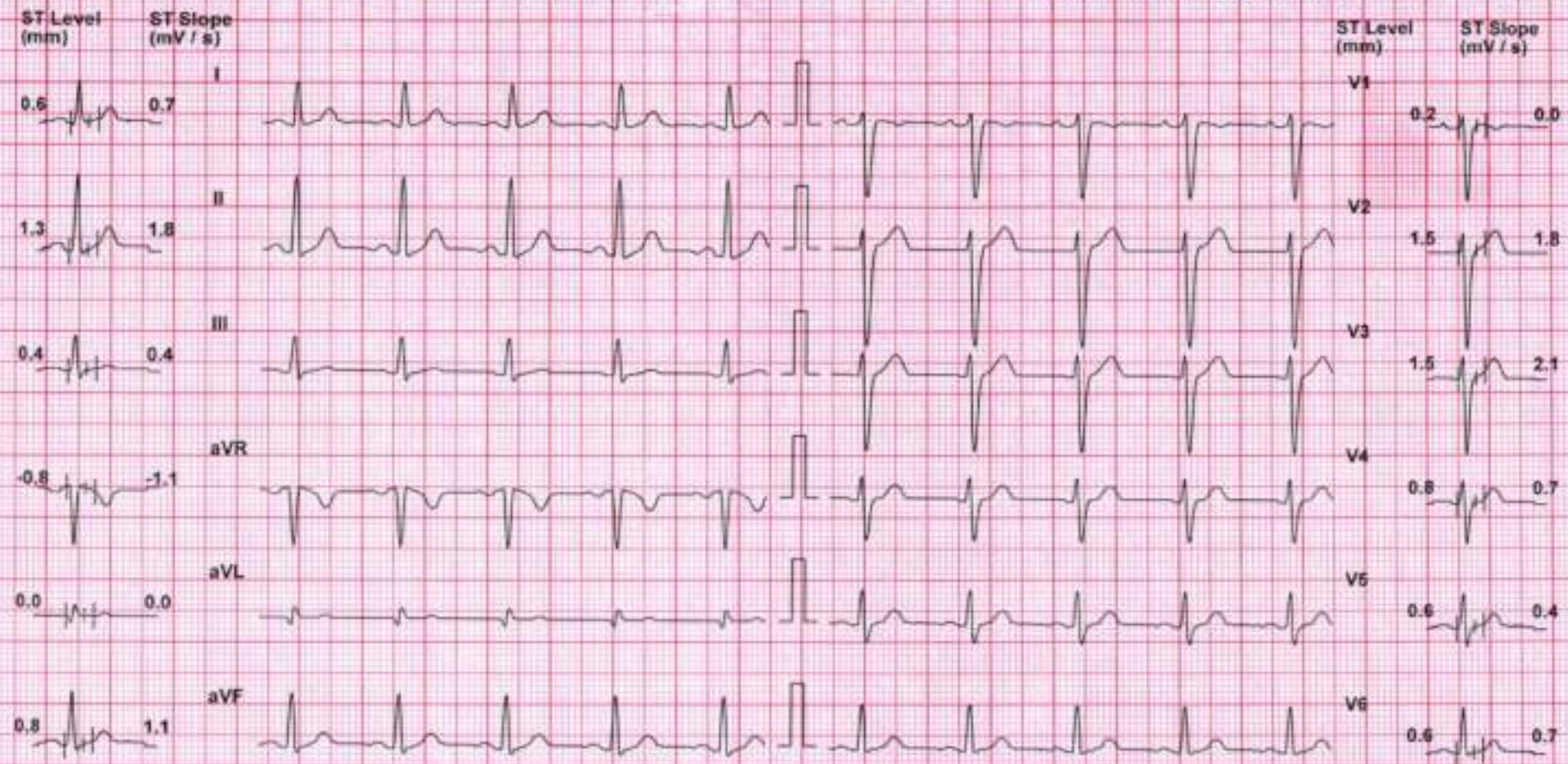
Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

**HR: 87 bpm**



Interpretation:



Linked Median Iso = R - 60 ms J = R + 60 ms Prolonged J = 50 ms  
**DR. J. COB MATHEW MD, D.M., DTCD.**  
 Reg. No. MMC 42  
 SEABIRD MEDICARE CENTRE