

Ms. SUNAYANA MANIYAR (34 /F)

UHID : AHIL.0000853830

AHC No : AHILAH201265

Date : 25/03/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Namaste Ms. SUNAYANA MANIYAR,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

For Enquiry/Appointments Contact **+91 76988 15003 / +91 79 66701880**

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We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

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You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy! 😊
Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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Name : Ms. SUNAYANA MANIYAR (34 /F)

Address :

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Examined by : Dr. S. TASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Date : 25/03/2023



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Chief Complaints

For Annual health checkup

No specific complaints



Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system : - Nil Significant
- Spine and joints : - Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No



Surgical history

Surgical history - Nil



Personal history

Ethnicity - Indian Asian



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Date : 25/08/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH201265



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Marital status - Married

Profession - corporate employed

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate

Family history

Father - alive

Aged - 70

Mother - alive

Aged - 64

Sisters - 1

Diabetes - father

Hypertension - father

Coronary artery disease - none

Cancer - None

Dyslipidemia - father

Physical Examination



General

General appearance - normal

Build - normal

Height - 160

Weight - 57.6

BMI - 22.5

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 72

Rhythm - Regular

- B.P. Supine





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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

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Systolic(mm of Hg) - 110
 Diastolic(mm of Hg) - 68
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No

Printed By : MUKTA S ADALTI

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URINE FOR ROUTINE EXAMINATION

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	20	mL		
Specific Gravity	1.010			
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5.5			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Negative			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	Occassional			0-5
RBC	Nil	/hpf		0-5/hpf
Epithelial Cells	Occassional			
Casts:	Absent			
Crystals:	Absent			

COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	12.7	gm%	●	12-16
Packed cell volume(Calculated)	38.8	%	●	36-46
RBC COUNT (Impedance)	5.07	Million/ul	●	3.8-5.2
MCV (From RBC Histogram)	76.7 *	fl	●	80-100
MCH(Calculated)	25.01 *	pg	●	27-32
MCHC(Calculated)	32.6	%	●	31-36
RDW(Calculated)	14.1	%	●	11.5-14.5
WBC Count (Impedance)	5914	/cu mm	●	4000-11000

● Within Normal Range ● Borderline High/Low ● Out of Range

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Neutrophils	62	%	●	40-75
Lymphocytes	26	%	●	20-40
Monocytes	10	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	346000	/cu mm	●	150000-450000
MPV (Calculated)	7.7	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	05	mm/1st hr	●	0-20

URINE GLUCOSE(FASTING)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

URINE GLUCOSE(POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	B Positive			

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	9	U/L	●	0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	67	U/L	●	Adult(Female): 35 - 104
AST (SGOT) - SERUM	13	U/L	●	>1 year Female : <32
Total Bilirubin	0.527	mg/dL	●	0.300-1.200
Direct Bilirubin	0.171	mg/dL	●	Upto 0.3 mg/dl

● Within Normal Range ● Borderline High/Low ● Out of Range





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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH1201265



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Indirect Bilirubin

0.356

mg/dL

●

1 Day ≤5.1 mg/dL
2 Days ≤7.2 mg/dL
3-5 Days ≤10.3 mg/dL
6-7 Days ≤8.4 mg/dL
8-9 Days ≤6.5 mg/dL
10-11 Days ≤4.6 mg/dL
12-13 Days ≤2.7 mg/dL
14 Days - 9 Years 0.2-0.8 mg/dL
10-19 Years 0.2-1.1 mg/dL
≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.66	mg/dL	●	Adult Female: 0.5 - 1.2

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Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	Male : 10 - 71 Female : 6 - 42

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	105 *	mg/dL	●	70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	101	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range



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Glycosylated Hemoglobin (HbA1c)

5.2

%



Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus
<7.0 : Well Controlled Diabetes
7.1 – 8.0 : Unsatisfactory Control
> 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose.

102.54

LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	8.09 *	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	8.09 *	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.53	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.53	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	3.56		●	2.20-4.20
Globulin-Serum/Plasma	3.56		●	2.20-4.20
A/G ratio	1.27		●	1.00-2.00
A/G ratio	1.27		●	1.00-2.00

THYROID PROFILE (T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	2.2	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	104	nmol/L	●	Adults(20-100 Yrs):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	3.16	μIU/mL	●	14-120 years : 0.27 - 4.20



Within Normal Range



Borderline High/Low



Out of Range

**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.8	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL	●	6-20
UREA - SERUM / PLASMA	19	mg/dL	●	15 - 50

LIPID PROFILE - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol	154	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	74	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	44 *	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. ≥60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	112	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High ≥190 : Very High
VLDL CHOLESTEROL	15		●	< 40 mg/dl
C/H RATIO	4		●	0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

● Within Normal Range ● Borderline High/Low ● Out of Range



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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No. AHILAH201265



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Investigations **Not Yet Reported**

Haematology

STOOL ROUTINE

Histopathology

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

ECHO/TMT

ECG



Within Normal Range



Borderline High/Low



Out of Range



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Executive Summary



- .BODY WEIGHT 57.6 KG, IDEAL BODY WEIGHT 48-58 KG
- .IMPAIRED GLUCOSE TOLERANCE
- .ECG - NORMAL
- .TMT — TEST IS NEGATIVE ,EXERCISE TIME 7:30 ,WORKLOAD 9.3 METS
- .USG ABDOMEN - NO SIGNIFICANT ABNORMALITY
- .CHEST X-RAY - NORMAL
- .EYE - NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



- BALANCED DIET---
- LOW FAT DIET
- LOW CARBOHYDRATE DIET

Advice On Physical Activity :-



- REGULAR WALK FOR 30 MINS FOR HEALTH,
- 60 MINS WALK FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 48-58 KG

Follow-up and Review Plan



- FBS and PPBS ONCE IN 30 DAYS
- HBA1C (GLYCOSYLATED HAEMOGLOBIN) NOW AND ONCE IN 3 MONTHS



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Printed By : MUKTA S ADALTI

Dr. SHASHIKANT NIGAM
AHC Physician / Consultant Internal Medicine

Consultant Internal Medicine
Apollo Hospitals International Ltd., Gandhinagar,
Gujarat-382428, INDIA. Regd. No. : G-21501


Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.



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DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

Patient Details : Ms. SUNAYANA MANIYAR | Female | 34Yr 10Mth 15Days
UHID : AHIL.0000853830 **Patient Location:** AHC
Patient Identifier: AHILAH201265 
DRN : 223016835 **Completed on :** 25-MAR-2023 09:41
Ref Doctor : DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS :

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 7.0cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 4 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

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USG WHOLE ABDOMEN

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION :

NO ABNORMALITY DETECTED.

--- END OF THE REPORT ---

DR. VAIBHAVI PATEL

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RADIOLOGY

Patient Details : Ms. SUNAYANA MANIYAR | Female | 34Yr 10Mth 15Days
UHID : AHIL.0000853830 **Patient Location:** AHC
Patient Identifier: AHILAH201265 
DRN : 123039241 **Completed on :** 25-MAR-2023 09:29
Ref Doctor : DR. SHASHIKANT NIGAM

X-RAY CHEST PA

FINDINGS :

Lung fields are clear.
 Cardio thoracic ratio is normal.
 Both costophrenic angles are clear.
 Domes of diaphragm are well delineated.
 Bony thorax shows no significant abnormality.

IMPRESSION

NORMAL STUDY.

— END OF THE REPORT —



AKSHAY SHARMA

Medical Officer

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AHIL.0000853830
Ms. SUNAYANA
MANIYAR
34 Year(s) / Female



DENTISTRY

Name : Date: 25/3/23 Unit No. :
 Occupation : Ref. Physician :
 Age : Sex: Male Female Copies to :

DENTAL RECORD

ALLERGIES : N/A

PAIN : Score (0-10) 0 Location : --- Character : ---

DENTAL CLEANING HABIT Once Twice Occasionally
 Brush Finger Stick Any other
 Tooth Paste Powder Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH? Yes No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD? Yes No

ORAL HYGIENE Good Fair Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION																																																																																
NORMAL FINDINGS IN DISEASE Lips : Cheeks : Tongue : Floor of the mouth : Palate : Tonsillar Area : Any other : <u>N/A</u>	<table border="1"> <thead> <tr> <th></th> <th>MILD</th> <th>MOD</th> <th>SEV</th> </tr> </thead> <tbody> <tr> <td>Gingivitis</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Calculus</td> <td><input checked="" type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Recession</td> <td><input checked="" type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Periodontal Pockets</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Attrition</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Erosion</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Mobility</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </tbody> </table>		MILD	MOD	SEV	Gingivitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Calculus	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Recession	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Periodontal Pockets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Attrition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Erosion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mobility	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<table border="1"> <thead> <tr> <th>CLASS</th> <th>I</th> <th>II</th> <th>III</th> </tr> </thead> <tbody> <tr> <td>CROSSBITE</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Hypoplasia</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Impaction</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Non-vital</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Fracture</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Abcess</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Ulcers</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Caries</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Missing Teeth</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Supernumerary</td> <td></td> <td></td> <td></td> </tr> <tr> <td>Others</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	CLASS	I	II	III	CROSSBITE				Hypoplasia				Impaction				Non-vital				Fracture				Abcess				Ulcers				Caries				Missing Teeth				Supernumerary				Others			
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PRESENT COMPLAINT : - Positive Cleft Lip -

PRE-MEDICAL HISTORY: DM HTN Thyroid Acidity Pregnancy
 Anticoagulant Under Drug Therapy
- NAD -

Rate 62

PR 146
QRS 92
QT 385
QTc 391

AHIL.0000853830

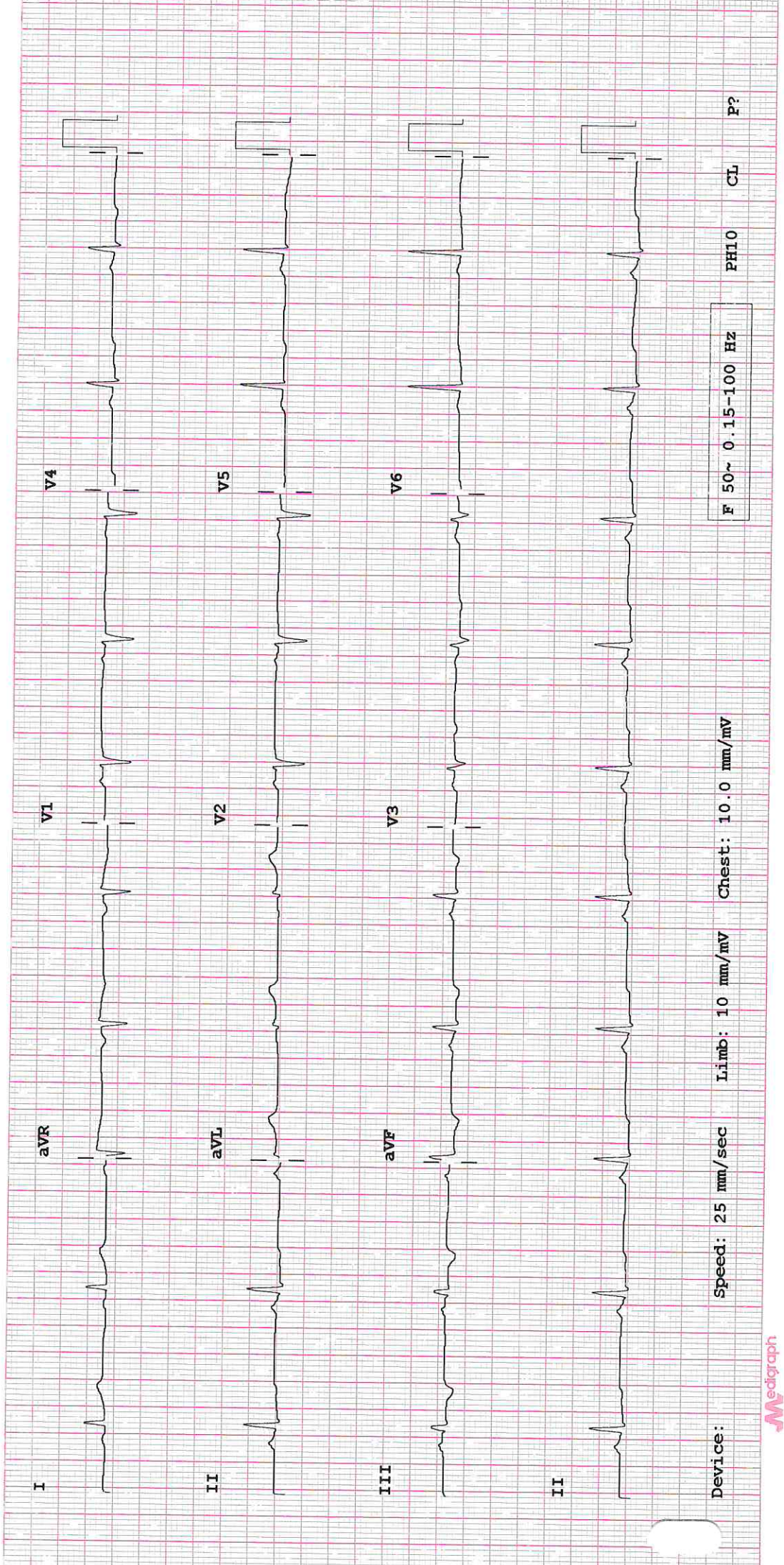
Ms. SUNAYANA
MANIYAR

34 Year(s) / Female



--AXIS--
P 70
QRS 54
T -12

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 HZ

PH10 CL P?

OBSTETRICS & GYNAECOLOGY - AHC

Name : . AHIL.0000853830

Occupati Ms. SUNAYANA
MANIYAR

Age : 34 Year(s) / Female



ale

Date : 25/3/23 Unit No. :

Ref. Physician : Dr. Kiran Neeves

Copies to :

GYNAEC CHECK UP

Chief Complaint:

None. (ML - 5 years)

Children: -

Weight:

Deliveries: -

BP:

Last Child: -

Abortions: -

Breasts: Normal

Periods: Regular $\frac{5}{34}$ days

PAP Smear: Not taken (Patient refused)

LMP: 12/03/23

Previous Medical H/O:

Menopause: -

None

G. Condition: Fit

PH/O: HTN, DM.

P/A: Soft

Previous Surgical H/O:

None.

S/E: -

P/V: -

P/R: -

Impression:

Kiran Neeves
Doctor Signature
Date & Time

25/3/23

12:13 PM

AHIL.0000853830

OPHTHALM

Ms. SUNAYANA
MANIYAR

IN RECORDS

Name : 34 Year(s) / Female

Date : 25/3/23

UHID : 

Distance Vision :

Right Eye - 6/6
Left Eye - 6/6
c glass

Near Vision :

Right Eye : NG
Left Eye : NG

APLN.TN - Right Eye 14 Left Eye- 15 mmHg Normal

Both Eye - Colour Vision Normal

Both Eye - Anterior Segment Examinations - Normal

Both Eye Posterior Segment Examinations - Normal


Doctor's Signature

Ophthalmologist Name

ID: 000853830

Visit

25-Mar-2023
11:22:15

34years
160cm

Asian
57kg

Female

BRUCE

Total Exercise time: 7:30

25.0 mm/s
10.0 mm/mV
100hz

Max HR: 173bpm 93% of max predicted 186bpm
Max BP: 154/84 Maximum workload 9.3METS
Reason for Termination: THR ACHIEVED
Comments: T WAVE INVERSION IN INFERIOR AND LATERAL LEADS IN BASELINE ECG.

Referred by: DR SUBIR GHOSH
Test ind:

TMT IS NEGATIVE FOR INDUCED ISCHEMIA AT HIGH WORKLOAD WITH NORMAL HEMODYNAMIC RESPONSE WITH GOOD EFFORT TOLERANCE. TEST TERMINATED DUE TO THR ACHIVED.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	WorkLoad (METS)	HR (bpm)	BP (mmHg)	RPP (x100)
PRETEST	SUPINE	0:20	***	***	1.0	87		
EXERCISE	STANDING	0:27	0.8	0.0	1.1	95	120/70	114
	STAGE 1	3:00	1.7	10.0	4.6	126	120/70	151
	STAGE 2	3:00	2.5	12.0	7.0	155		
RECOVERY	STAGE 3	1:30	3.4	14.0	9.3	173		
	RECOVERY	3:04	***	***	1.0	114	134/80	153

Technician: CHIRAG THAKOR

Unconfirmed
APOLLO HOSPITALS INTERNATIONAL LIMITED

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