









DIAGNOSTIC REPORT

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd PLOT NO.160,POCKET D-11 SECTOR 8, ROHINI

NEW DELHI, 110085 NEW DELHI, INDIA Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956 Email : customercare.pitampura@srl.in

	EIIId		inercare.pitampura@sn.m		
PATIENT NAME : SUMIT CHHIKARA			PATIENT ID : SUMI	M05038862	
ACCESSION NO : 0062WB00302 AGE :	34 Years SEX : Male		ABHA NO :		
DRAWN : RECEIV	/ED : 25/02/2023 11:11		REPORTED : 27/02/2023 14:4	9	
REFERRING DOCTOR : SELF			CLIENT PATIENT ID :		
Test Report Status <u>Final</u>	Results		Biological Reference Interva	l Units	
BASOPHILS METHOD : MICROSCOPIC EXAMINATION	00		0 - 2	%	
ABSOLUTE NEUTROPHIL COUNT METHOD : CALCULATED PARAMETER	2.91		2.0 - 7.0	thou/µL	
ABSOLUTE LYMPHOCYTE COUNT METHOD : CALCULATED PARAMETER	2.46		1 - 3	thou/µL	
ABSOLUTE MONOCYTE COUNT METHOD : CALCULATED PARAMETER	0.34		0.20 - 1.00	thou/µL	
ABSOLUTE EOSINOPHIL COUNT METHOD : CALCULATED PARAMETER	0.11		0.02 - 0.50	thou/µL	
ABSOLUTE BASOPHIL COUNT METHOD : CALCULATED PARAMETER	0	Low	0.02 - 0.10	thou/µL	
NEUTROPHIL LYMPHOCYTE RATIO (NLR) METHOD : CALCULATED PARAMETER	1.0				
ERYTHROCYTE SEDIMENTATION RATE (ES BLOOD	SR),WHOLE				
E.S.R METHOD : WESTERGREN METHOD	05		0 - 14	mm at 1 h	
GLUCOSE FASTING,FLUORIDE PLASMA					
FBS (FASTING BLOOD SUGAR)	101		74 - 106	mg/dL	
METHOD : HEXOKINASE					
GLYCOSYLATED HEMOGLOBIN(HBA1C), E	DTA WHOLE				
HBA1C	5.8	High	Non-diabetic Adult < 5.7 Pre-diabetes 5.7 - 6.4 Diabetes diagnosis: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)	%	
METHOD : HPLC					
ESTIMATED AVERAGE GLUCOSE(EAG)	119.8	High	< 116.0	mg/dL	
GLUCOSE, POST-PRANDIAL, PLASMA					
PPBS(POST PRANDIAL BLOOD SUGAR)	127		70 - 140	mg/dL	
LIPID PROFILE, SERUM					
CHOLESTEROL, TOTAL	208	High	< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL	
METHOD · CHOI ESTEROL OVIDASE ESTERASE REPOVIDAS	=				

METHOD : CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE









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TRIGLYCERIDES	122		< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
METHOD : ENZYMATIC, END POINT HDL CHOLESTEROL METHOD : DIRECT MEASURE POLYMER-POLYANION	52		< 40 Low >/=60 High	mg/dL
CHOLESTEROL LDL	132	High	< 100 Optimal 100 - 129 Near optimal/ above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
NON HDL CHOLESTEROL	156	High	Desirable-Less than 130 Above Desirable-130-159 Borderline High-160-189 High-190-219 Very High- >or =220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	24.4			ma/dl
	4.0			mg/dL
CHOL/HDL RATIO LDL/HDL RATIO	2.5		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate >6.0 High Risk	Risk









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Test Report Status Fina	al Results	Biological Reference Interval Units
REFERRING DOCTOR : SELF		CLIENT PATIENT ID:
DRAWN :	RECEIVED : 25/02/2023 11:11	REPORTED : 27/02/2023 14:49
ACCESSION NO : 0062WB0	0302 AGE : 34 Years SEX : Male	ABHA NO :
PATIENT NAME : SUMIT C	HHIKARA	PATIENT ID : SUMIM05038862

Interpretation(s)

1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.

2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.

3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL

4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.

5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction.Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category			
Extreme risk group	A.CAD with > 1 feature of high risk group		
	B. CAD with > 1 feature of Very high risk	group or recurrent ACS (within 1 year) despite LDL-C	
	< or $=$ 50 mg/dl or polyvascular disease		
Very High Risk	1. Established ASCVD 2. Diabetes with 2	major risk factors or evidence of end organ damage 3.	
	Familial Homozygous Hypercholesterolem	ia	
High Risk		abetes with 1 major risk factor or no evidence of end	
		LDL >190 mg/dl 5. Extreme of a single risk factor. 6.	
	Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid		
	plaque		
Moderate Risk	2 major ASCVD risk factors		
Low Risk	0-1 major ASCVD risk factors		
Major ASCVD (Ath	erosclerotic cardiovascular disease) Risk F	actors	
1. Age $>$ or $=$ 45 year	1. Age $>$ or $=$ 45 years in males and $>$ or $=$ 55 years in females 3. Current Cigarette smoking or tobacco use		
2. Family history of p	4. High blood pressure		
5. Low HDL	5. Low HDL		
Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.			

 Risk Group
 Treatment Goals
 Consider Drug Therapy









SUMIM05038862

Units

CLIENT CODE : C000138376

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DRAWN :		RECEIVED : 25/02	2/2023 11:11	REPORTED :	27/02/2023 14:49
REFERRING DOC	FOR: SELF			CLIEN	FPATIENT ID:

Results

REFERRING DOCTOR : SELF

Test Report Status **Final**

LDL-C (mg/dl) Non-HDL (mg/dl) LDL-C (mg/dl) Non-HDL (mg/dl) Extreme Risk Group <50 (Optional goal < 80 (Optional goal >OR = 50>OR = 80< OR = 30) Category A < OR = 60)Extreme Risk Group < OR = 30< OR = 60> 30 >60 Category B Very High Risk <50 <80 >OR= 50 >OR= 80 <70 High Risk <100 >OR= 70 >OR = 100<100 Moderate Risk <130 >OR=100 >OR=130 Low Risk <100 <130 >OR=130* >OR = 160

*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.51	Upto 1.2	mg/dL
METHOD : DIAZONIUM ION, BLANKED (ROCHE)			
BILIRUBIN, DIRECT	0.17	Upto 0.2	mg/dL
METHOD : DIAZONIUM ION, BLANKED (ROCHE)			
BILIRUBIN, INDIRECT	0.34	0.00 - 0.60	mg/dL
METHOD : CALCULATED PARAMETER			
TOTAL PROTEIN	7.3	6.4 - 8.3	g/dL
ALBUMIN	4.8	3.70 - 4.94	g/dL
METHOD : BROMOCRESOL PURPLE			
GLOBULIN	2.5	2.0 - 4.0	g/dL
METHOD : CALCULATED PARAMETER			
ALBUMIN/GLOBULIN RATIO	1.9	1.0 - 2.0	RATIO
METHOD : CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	26	0 - 40	U/L
METHOD : IFCC WITH PYRIDOXAL 5 PHOSPHATE			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	37	0 - 41	U/L
METHOD : UV WITH P5P-IFCC			
ALKALINE PHOSPHATASE	67	40 - 129	U/L
METHOD : PNPP, AMP BUFFER-IFCC			
GAMMA GLUTAMYL TRANSFERASE (GGT)	34	8 - 61	U/L
METHOD : G-GLUTAMYL-CARBOXY-NITROANILIDE-IFCC			
LACTATE DEHYDROGENASE	187	135 - 225	U/L
METHOD : L TO P, IFCC			

BLOOD UREA NITROGEN (BUN), SERUM





PATIENT ID:

Biological Reference Interval







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REFERRING DOCTOR : SELF

Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
	2	6 20	<i>(</i>))
BLOOD UREA NITROGEN	8	6 - 20	mg/dL
METHOD : UREASE - UV			
	0.70		/ II
CREATININE	0.79	0.7 - 1.2	mg/dL
BUN/CREAT RATIO	10.13	5.00 - 15.00	
URIC ACID, SERUM			
URIC ACID	6.1	3.4 - 7.0	mg/dL
METHOD : URICASE, COLORIMETRIC			
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.3	6.4 - 8.3	g/dL
METHOD : BIURET			
ALBUMIN, SERUM			
ALBUMIN	4.8	3.97 - 4.94	g/dL
METHOD : BROMOCRESOL PURPLE (BCP) DYE-BINDING			
GLOBULIN			
GLOBULIN	2.5	2.0 - 4.0	g/dL
METHOD : CALCULATED PARAMETER			
ELECTROLYTES (NA/K/CL), SERUM			
SODIUM, SERUM	141	136 - 145	mmol/L
METHOD : ISE INDIRECT			
POTASSIUM, SERUM	4.62	3.3 - 5.1	mmol/L
METHOD : ISE DIRECT			
CHLORIDE, SERUM	102	98 - 106	mmol/L
METHOD : ISE INDIRECT			









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Test Report Status Final

Results

Biological Reference Interval Units

Interpretation(s)

Sodium	Potassium	Chloride
Decreased in:CCF, cirrhosis,	Decreased in: Low potassium	Decreased in: Vomiting, diarrhea,
vomiting, diarrhea, excessive	intake, prolonged vomiting or diarrhea,	renal failure combined with salt
sweating, salt-losing	RTA types I and II,	deprivation, over-treatment with
nephropathy,adrenal insufficiency,	hyperaldosteronism, Cushing's	diuretics, chronic respiratory acidosi
nephrotic syndrome, water	syndrome,osmotic diuresis (e.g.,	diabetic ketoacidosis, excessive
intoxication, SIADH. Drugs:	hyperglycemia),alkalosis, familial	sweating, SIADH, salt-losing
thiazides, diuretics, ACE inhibitors,	periodic paralysis,trauma	nephropathy, porphyria, expansion o
chlorpropamide,carbamazepine,anti	(transient).Drugs: Adrenergic agents,	extracellular fluid volume,
depressants (SSRI), antipsychotics.	diuretics.	adrenalinsufficiency,
		hyperaldosteronism, metabolic
		alkalosis. Drugs: chronic
		laxative,corticosteroids, diuretics.
Increased in: Dehydration	Increased in: Massive hemolysis,	Increased in: Renal failure, nephrotic
(excessivesweating, severe	severe tissue damage, rhabdomyolysis,	syndrome, RTA, dehydration,
vomiting or diarrhea),diabetes	acidosis, dehydration,renal failure,	overtreatment with
mellitus, diabetesinsipidus,	Addison's disease, RTA type IV,	saline, hyperparathyroidism, diabetes
hyperaldosteronism, inadequate	hyperkalemic familial periodic	insipidus, metabolic acidosis from
water intake. Drugs: steroids,	paralysis. Drugs: potassium salts,	diarrhea (Loss of HCO3-), respiratory
licorice,oral contraceptives.	potassium- sparing diuretics,NSAIDs,	alkalosis, hyperadrenocorticism.
	beta-blockers, ACE inhibitors, high-	Drugs: acetazolamide,androgens,
	dose trimethoprim-sulfamethoxazole.	hydrochlorothiazide, salicylates.
Interferences: Severe lipemia or	Interferences: Hemolysis of sample,	Interferences:Test is helpful in
hyperproteinemi, if sodium analysis	delayed separation of serum,	assessing normal and increased anio
involves a dilution step can cause	prolonged fist clenching during blood	gap metabolic acidosis and in
spurious results. The serum sodium	drawing, and prolonged tourniquet	distinguishing hypercalcemia due to
falls about 1.6 mEq/L for each 100	placement. Very high WBC/PLT counts	hyperparathyroidism (high serum
mg/dL increase in blood glucose.	may cause spurious. Plasma potassium	chloride) from that due to malignanc
	levels are normal.	(Normal serum chloride)

COLOR	PALE YELLOW	
METHOD : MANUAL		
APPEARANCE	CLEAR	
METHOD : MANUAL		
CHEMICAL EXAMINATION, URINE		
РН	7.5	4.7 - 7.5
METHOD : DIPSTICK		
SPECIFIC GRAVITY	1.010	1.003 - 1.035
METHOD : DIPSTICK		
PROTEIN	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK / MANUAL		
GLUCOSE	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK / MANUAL		
KETONES	NOT DETECTED	NOT DETECTED









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METHOD : DIPSTICK / MANUAL BLOOD	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
BILIRUBIN	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK / MANUAL		
UROBILINOGEN	NORMAL	NORMAL
METHOD : DIPSTICK / MANUAL		
NITRITE	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
METHOD : DIPSTICK		
MICROSCOPIC EXAMINATION, U	RINE	

MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD : MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	0-1	0-5	/HPF
METHOD : MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	0-1	0-5	/HPF
METHOD : MICROSCOPY			
CASTS	NOT DETECTED		
METHOD : MICROSCOPY			
CRYSTALS	NOT DETECTED		
METHOD : MICROSCOPY			
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	
METHOD : MICROSCOPY			
REMARKS	NOTE:- MICROSCOPIC EX/ CENTRIFUGE URINARY SEDIMENT.	AMINATION OF URINE IS PERFOR	MED BY

METHOD : MANUAL









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Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind
	of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary
	tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by
	genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or
	bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration,
	interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal
	diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous
	infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl
	oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of
	ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

T3125.0080.0 - 200.0ng/dLT48.425.10 - 14.10μg/dLTSH (ULTRASENSITIVE)2.1500.270 - 4.200μIU/mL









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Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism.Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions		
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)		
					Post Thyroidectomy (4) Post Radio-Iodine treatment		
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid		
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto		
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical		
					inflammation, drugs like amphetamines, Iodine containing drug and		
					dopamine antagonist e.g. domperidone and other physiological reasons.		
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism		
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre		
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid		
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4		
					replacement therapy (7) First trimester of Pregnancy		
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism		
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor		
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent		
					treatment for Hyperthyroidism		
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness		
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies		

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

> NOT DETECTED ABSENT

PHYSICAL EXAMINATION, STOOL

COLOUR	BROWN
CONSISTENCY	SEMI FORMED
MUCUS	ABSENT
VISIBLE BLOOD	ABSENT











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PATIENT NAME : SUMIT CHHIKA	IRA	PATIENT ID : SUMIM05038862
ACCESSION NO : 0062WB00302	AGE: 34 Years SEX: Male	ABHA NO :
DRAWN :	RECEIVED : 25/02/2023 11:11	REPORTED : 27/02/2023 14:49
REFERRING DOCTOR : SELF		CLIENT PATIENT ID :
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
ADULT PARASITE	NOT DETECTED	
MICROSCOPIC EXAMINATION, ST	'00L	
PUS CELLS	0-1	/hpf
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED /HPF
CYSTS	NOT DETECTED	NOT DETECTED
OVA	NOT DETECTED	
LARVAE	NOT DETECTED	NOT DETECTED
TROPHOZOITES	NOT DETECTED	NOT DETECTED









DIAGNOSTIC REPORT

CLIENT'S NAME AND ADDRESS : ACROFEMI HEALTHCARE LTD (MEDIWHEEL) F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

SRL Ltd PLOT NO.160,POCKET D-11 SECTOR 8, ROHINI

NEW DELHI, 110085 NEW DELHI, INDIA Tel : 9111591115, Fax : CIN - U74899PB1995PLC045956 Email : customercare.pitampura@srl.in PATIENT ID: **PATIENT NAME : SUMIT CHHIKARA** SUMIM05038862 0062WB00302 AGE : 34 Years SEX: Male ABHA NO : ACCESSION NO : RECEIVED : 25/02/2023 11:11 27/02/2023 14:49 DRAWN : **REPORTED** : REFERRING DOCTOR : SELF CLIENT PATIENT ID : Test Report Status **Final** Results Biological Reference Interval Units

Interpretation(s)

Stool routine analysis is only a screening test for disorders of gastrointentestinal tract like infection, malabsorption, etc. The following table describes the probable conditions, in which the analytes are present in stool.

PRESENCE OF	CONDITION	
Pus cells	Pus in the stool is an indication of infection	
Red Blood cells	Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis	
Parasites	Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days.Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques.	
Mucus	Mucus is a protective layer that lubricates, protects& reduces damage due to bacteria or viruses.	
Charcot-Leyden crystal	Parasitic diseases.	
Ova & cyst	Ova & cyst indicate parasitic infestation of intestine.	
Frank blood	Bleeding in the rectum or colon.	
Occult blood	Occult blood indicates upper GI bleeding.	
Macrophages	Macrophages in stool are an indication of infection as they are protective cells.	
Epithelial cells	Epithelial cells that normally line the body surface and internal organs show up	
	in stool when there is inflammation or infection.	
Fat	Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption.	
рН	Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have an acidic stool.	

ADDITIONAL STOOL TESTS :

- 1. <u>Stool Culture</u>:- This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if treatment for GI infection worked.
- 2. <u>Fecal Calprotectin</u>: It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- 3. Fecal Occult Blood Test(FOBT): This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia.
- 4. <u>Clostridium Difficile Toxin Assay</u>: This test is strongly recommended in healthcare associated bloody or waterydiarrhoea, due to overuse of broad spectrum antibiotics which alter the normal GI flora.
- Biofire (Film Array) GI PANEL: In patients of Diarrhoea, Dysentry, Rice watery Stool, FDA approved, Biofire Film Array Test, (Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria, fungi, virus, parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.









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6. <u>Rota Virus Immunoassay</u>: This test is recommended in severe gastroenteritis in infants & children associated with watery diarrhoea, vomitting& abdominal cramps. Adults are also affected. It is highly contagious in nature.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP	TYPE A		
METHOD : TUBE AGGLUTINATION			
RH TYPE	POSITIVE		
METHOD : TUBE AGGLUTINATION			
XRAY-CHEST	RESULT PENDING		
TMT OR ECHO	RESULT PENDING		
ECG	RESULT PENDING		
MEDICAL HISTORY			
RELEVANT PRESENT HISTORY	ALLERGIC TO DUST		
RELEVANT PAST HISTORY	TUBERCULOSIS- LUNGS (2	2014) Rx- 9-12 MONTHS.	
RELEVANT PERSONAL HISTORY	MARRIED, 01 CHILD, NON	VEG.	
RELEVANT FAMILY HISTORY	MOTHER- DIABETES.		
OCCUPATIONAL HISTORY	BANKER.		
HISTORY OF MEDICATIONS	NOT SIGNIFICANT		
ANTHROPOMETRIC DATA & BMI			
HEIGHT IN METERS	1.74		mts
WEIGHT IN KGS.	79.85		Kgs
BMI	26	BMI & Weight Status as follows Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese	: kg/sqmts

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE	NORMAL
PHYSICAL ATTITUDE	NORMAL
GENERAL APPEARANCE / NUTRITIONAL STATUS	HEALTHY
BUILT / SKELETAL FRAMEWORK	AVERAGE
FACIAL APPEARANCE	NORMAL
SKIN	NORMAL
UPPER LIMB	NORMAL









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Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
LOWER LIMB	NORMAL		
NECK	NORMAL		
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TEN		
THYROID GLAND	NOT ENLARGED		
CAROTID PULSATION	NORMAL		
BREAST (FOR FEMALES)	NORMAL		
TEMPERATURE	NORMAL		
PULSE		PERIPHERAL PULSES WELL F	ELT, NO CAROTID
RESPIRATORY RATE	NORMAL		
CARDIOVASCULAR SYSTEM			
BP	139/82 MM HG (SITTING)		mm/Hg
PERICARDIUM	NORMAL		
APEX BEAT	NORMAL		
HEART SOUNDS	S1, S2 HEARD NORMAL	LY	
MURMURS	ABSENT		
RESPIRATORY SYSTEM			
SIZE AND SHAPE OF CHEST	NORMAL		
MOVEMENTS OF CHEST	SYMMETRICAL		
BREATH SOUNDS INTENSITY	NORMAL		
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)		
ADDED SOUNDS	ABSENT		
PER ABDOMEN			
APPEARANCE	NORMAL		
VENOUS PROMINENCE	ABSENT		
LIVER	NOT PALPABLE		
SPLEEN	NOT PALPABLE		
HERNIA	ABSENT		
ANY OTHER COMMENTS	NIL		
CENTRAL NERVOUS SYSTEM			
HIGHER FUNCTIONS	NORMAL		
CRANIAL NERVES	NORMAL		
CEREBELLAR FUNCTIONS	NORMAL		









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REFERRING DOCTOR : SELF		CLIEN	T PATIENT ID:		
Test Report Status <u>Final</u>	Results	Biological F	Reference I	nterval	Units
SENSORY SYSTEM	NORMAL				
MOTOR SYSTEM	NORMAL				
REFLEXES	NORMAL				
MUSCULOSKELETAL SYSTEM					
SPINE	NORMAL				
JOINTS	NORMAL				
BASIC EYE EXAMINATION					
CONJUNCTIVA	NORMAL				
EYELIDS	NORMAL				
EYE MOVEMENTS	NORMAL				
CORNEA	NORMAL				
DISTANT VISION RIGHT EYE WITHOUT GLASSES	6/6				
DISTANT VISION LEFT EYE WITHOUT GLASSES	6/6				
NEAR VISION RIGHT EYE WITHOUT GLASSES	N/6				
NEAR VISION LEFT EYE WITHOUT GLASSES	N/6				
COLOUR VISION	B/L- PARTIAL COLOUR BLI	IND			
BASIC ENT EXAMINATION					
EXTERNAL EAR CANAL	NORMAL				
TYMPANIC MEMBRANE	NORMAL				
NOSE	NO ABNORMALITY DETECT	ED			
SINUSES	NORMAL				
THROAT	NORMAL				
TONSILS	NOT ENLARGED				
BASIC DENTAL EXAMINATION					
ТЕЕТН	OTHERS				
GUMS	HEALTHY				
SUMMARY					
RELEVANT HISTORY	NOT SIGNIFICANT				
RELEVANT GP EXAMINATION FINDINGS	NOT SIGNIFICANT				
RELEVANT LAB INVESTIGATIONS	LIPID PROFILE - ABOVE N	NORMAL LIMITS	5		
RELEVANT NON PATHOLOGY DIAGNOSTICS	NO ABNORMALITIES DETE	CTED			
REMARKS / RECOMMENDATIONS	CURTAIL FAT INTAKE CEA		NTAKE		
-,					

FITNESS STATUS









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FITNESS STATUS

FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-**TEST DESCRIPTION** :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias,

Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis). In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. **Decreased** in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

Increased in

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids, phenytoin, estrogen, thiazides.

Decreased in

Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g., galactosemia), Drugs- insulin,

ethanol, propranolol sulfonylureas,tolbutamide, and other oral hypoglycemic agents. NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within

individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.







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2.Diagnosing diabetes.

3.Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
 2. eAG gives an evaluation of blood glucose levels for the last couple of months.
 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :

I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.

III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

IV.Interference of hemoglobinopathies in HbA1c estimation is seen in a.Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b.Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c.HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c.Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver,liver cancer,kidney failure,hemolytic anemia,pancreatitis,hemochromatosis. AST levels may also increase after a heart attack or strenuous activity.ALT test measures the amount of this enzyme in the blood.ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas.It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis,sometimes due to a viral infection,ischemia to the liver,chronic

source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom'''''''s disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH. CREATININE, SERUM-Higher than normal level may be due to: • Blockage in the urinary tract

Kidney problems, such as kidney damage or failure, infection, or reduced blood flow

Loss of body fluid (dehydration)

· Muscle problems, such as breakdown of muscle fibers

Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

Myasthenia Gravis

 Muscular dystrophy
URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum...Protein in the plasma is



Scan to View Details

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made up of albumin and globulin

MEDICAL

syndrome, Protein-losing enteropathy etc. ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum

protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns,

hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc. ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history as well as the comprehensiveness of the diagnostic panel which has been requested for .These are then further correlated with details of the job under consideration to eventually fit the right man to the right job. Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

• Fit (As per requested panel of tests) - SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.

• Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary

Iffestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.
Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly blood blood pressure. elevated blood sugars, etc.

• Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.









Units

CLIENT CODE : C000138376

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PATIENT NAME : SUMIT CHHIKARA

PATIENT NAME : SU	JMIT CHHIKAR	Α		PATIENT ID :	SUMIM05038862
ACCESSION NO : 006	52WB00302	AGE: 34 Years SEX: Male	ABHA NO :		
DRAWN :		RECEIVED : 25/02/2023 11:11	REPORTED	: 27/02/202	3 14:49
REFERRING DOCTOR :	SELF		CLI	ENT PATIENT ID :	:

<u>Final</u> Test Report Status

Results

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW ESOUNTAREENDING

ULTRASOUND ABDOMEN

RESULT PENDING

End Of Report Please visit www.srlworld.com for related Test Information for this accession

K. I. Prejapati

Dr. Kamlesh I Prajapati **Consultant Pathologist**

CONDITIONS OF LABORATORY TESTING & REPORTING				
 It is presumed that the test sample belongs to the patient named or identified in the test requisition form. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event. A requested test might not be performed if: Specimen received is insufficient or inappropriate ii. Specimen quality is unsatisfactory iii. Incorrect specimen type iv. Discrepancy between identification on specimen container label and test requisition form 	 SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification. Test results cannot be used for Medico legal purposes. In case of queries please call customer care (91115 91115) within 48 hours of the report. 			
	SRL Limited			

Fortis Hospital, Sector 62, Phase VIII,

Mohali 160062



