

YOUR CLINICAL TEST RESULTS

Mrs. MAYOORI BHUJABALI .

FEMALE / 37 Yrs / AHJN.0000146964 / AHBHC1:19794

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 21/03/2023

Test Name	Result	Unit	Level	Range
Color :	Yellow			Yellow
Volume :	30	ml		Clear
Appearance	Clear			
pH	6.0			1.016 - 1.022
Specific Gravity	<=1.005			
Protein :	NEGATIVE			NEGATIVE
Glucose:	NEGATIVE			NEGATIVE
Ketone	NEGATIVE			NEGATIVE
Bile Salts :	NEGATIVE			NEGATIVE
Bile Pigments:	NEGATIVE			
Urobilinogen	0.2	E.U./dL	●	0.2 - 1.0
Blood :	TRACE-LYSED			NEGATIVE
Nitrate:	NEGATIVE			NEGATIVE
Leucocyte Esterases	NEGATIVE			NEGATIVE
RBC	Nil	Cells/hpf		0 - 2
Pus Cells	1-2 /h.p.f	/HPF		0 - 5
Epithelial Cells	Occasional			Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	O			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mrs. MAYOORI BHUJABALI .

FEMALE / 37 Yrs / AHJN.0000146964 / AHBHC119794

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 21/03/2023

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	<= 35
GLOBULIN - SERUM - CALCULATED	3.1	g/dL	●	Adult 2.0 - 4.0
ALBUMIN:GLOBULIN (RATIO) - CALCULATED	1.5	g/dL	●	0.8 - 2.0
ALBUMIN - SERUM	4.5	g/dL	●	Adult- 3.5-5.2
ALKALINE PHOSPHATASE - SERUM	45	U/L	●	Adult: 30 - 120
AST (SGOT) - SERUM	19	U/L	●	<= 35
BILIRUBIN, TOTAL - SERUM	0.42	mg/dL	●	0.30-1.20

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CHLORIDE - SERUM	102	mmol/L	●	98 - 107

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	175	mg/dL	●	"Desirable" : <200 "Borderline" : 200 - 239 "High Risk" : >239 "

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.82	mg/dL	●	Female: 0.6 -1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	<= 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	85	mg/dL	●	"Non-Diabetic" : <= 100 "Impaired Fasting Glucose" : 100-125 "Diabetic" : >= 126 "



Within Normal Range



Boderline High/Low



Outside Range

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Date : 21/03/2023

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	96	mg/dL	●	"Non-Diabetic : <=140 Impaired : <=199 Diabetic : >=200"

GLYCATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.8	%	●	"NON-DIABETICS <=5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >=6.5"

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	37 *	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	118 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.5	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	138	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	136.19	ng/dL	●	Adults: 87 - 178

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TOTAL T4: THYROXINE - SERUM 8.6 5.93 - 13.29
Unit: µg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	294 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	4.7		●	< 5.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.97	µIU/mL	●	0.34 - 5.6

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	15	mg/dL	●	15 - 45
URIC ACID - SERUM	5.3	mg/dL	●	Adult Female: 2.5 - 6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	59 *	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.07	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.35	mg/dL	●	0.1 - 1.0

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	31		●	Healthy Adults: 22 - 29

PAP SMEAR (CONVENTIONAL METHOD)

PAP SMEAR

● Within Normal Range

● Boderline High/Low

● Outside Range

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Date : 21/03/2023

Specimen Source.

CERVICAL SMEAR

C2301092

Clinical Information.

Provided.

Patient and Specimen Identification :

Identified.

Test Method.

Conventional.

Endocervical/Transformation zone component

Not Sampled.

Specimen adequacy.

Satisfactory for evaluation.

Interpretation.

Negative for intraepithelial lesion/malignancy.

i. Reactive cellular changes (Inflammation/Repair).

Recommendations.

Routine recall

ECHO/TMT - OPTIONAL

STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA



Within Normal Range



Boderline High/Low



Outside Range

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 21/03/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

● Within Normal Range

● Boderline High/Low

● Outside Range

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	: Mrs. MAYOORI BHUJABALI .	I	F	037Y
UHID	: AHJN.0000146964	Ward/Bed No.	:	AHC / AHC
I.P.No./Bill No.	: AHBHC119794	Scanned on	:	21-Mar-2023
Accession Number	: 10601.123033244	Reported On	:	11:46
Referring Doctor	: null			21-Mar-2023
				12:43:02

X-RAY CHEST PA VIEW

Clinical information health check up
 Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

=====

IMPRESSION:

No definite abnormality noted on the chest radiograph.

- Suggested clinical and other investigation correlation.

Dr sam k George
 Resident

---END OF THE REPORT---

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details	Mrs. MAYOORI BHUJABALI	Ward/Bed No.	037Y
UHID	AHJN.0000146964	Scanned on	AHC / AHC 21-Mar-2023
I.P.No./Bill No.	AHBHC119794	Reported On	10:39 21-Mar-2023
Accession Number	10601.223026053		14:08:51
Referring Doctor	null		

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shows diffuse increased parenchymal echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gall bladder is moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Visualized head appears normal. Rest obscured by bowel gas shadows.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening noted.

Uterus appears normal in size. Myometrial echoes appear normal. Endometrial thickness measures ~ 6.6 mm.

Both ovaries appear normal in size and echopattern.

No evidence of ascites or pleural effusion seen.

=====

IMPRESSION:

Fatty liver.

- Suggested clinical correlation.

=====

(Enclosed report) *MI.*

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

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AH-QF-RD-04

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mrs. MAYOORI BHUJABALI .		I	F		037Y
UHID :	AHJN.0000146964	Ward/Bed No. :				AHC / AHC
I.P.No./Bill No. :	AHBHC119794	Scanned on :				21-Mar-2023
Accession Number :	10601.223026053	Reported On :				10:39
Referring Doctor :	null					21-Mar-2023
						14:08:51

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP FEMALE BELOW 40 YEARS

Date : 21/03/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin : Oxyhemoglobin method (Photometric measurement)	12.5	g/dL	●	11.5 - 15.5
RBC Count (Impedance)	4.83 *	x(10) ¹² /l	●	3.7 - 4.8
Packed cell volume (Calculated)	37	%	●	34 - 46
MCV (Derived from RBC histogram)	76 *	fl	●	83 - 101
MCH (Calculated)	26 *	pg	●	27 - 32
RDW (Calculated)	14.3 *	%	●	11.60-14.00
MCHC (Calculated)	34	g/dl	●	31.5 - 34.5
Platelet Count (Impedance)	218	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.1	x(10) ⁹ /l	●	4 - 11
Neutrophils	52	%	●	40 - 80
Lymphocytes	41 *	%	●	8.6 - 23.8
Monocytes	5	%	●	2 - 10
Monocytes	5	%	●	2 - 10
Eosinophils	1	%	●	1 - 6
Basophils	1	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic RBCs are seen with few Microcytic hypochromic RBCs.			
WBC:	Differentials within normal limits.			
Platelets:	Adequate			
Impression	Normal study			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	49 *	mm/1st hr	●	Adult Female- 0 - 20

URINE ROUTINE (CUE)

● Within Normal Range ● Boderline High/Low ● Outside Range

Dr. MEHTA .Y
 MBBS, DNB (Family Medicine)
 Senior Consultant
 Reg. No. : ANP20010000845KTK

HUJIV - 146964
 Place Label Here
 Mrs. MANOORI BHUJABALI
 Age - 37
 If label not available, write Pt. Name, UHID No.,
 Age, Sex, Date, Name of Treating Physician



Allergies : <i>nu</i>	Fall Risk Assessment				Wt: 5	Ht: 158	T: P. 69 BP: 113/79
	H/o fall (within 1 year)	Yes No	Yes No	Dep	Incl	Pain	/10
Mobility Aid	<input checked="" type="checkbox"/>						
Gait	<input checked="" type="checkbox"/>						
<input checked="" type="checkbox"/> Psychological & Social Assessment done							

- ① HbA1c - 5.8%
- ② LDL-C - 118, HDL-C - 37, TG - 294 mg/dl.
- ③ Fatty liver

Adv

Diabetic, low fat diet
 Regular exercise

- lipid profile again 3 months

Rx

1. Cap PUMOLICAR 1-0-1 qm ford
 x 5 days
2. Tab MONTEK-BE 0-0-1
 1hr before
 after meal
 x 5 days

(6PM)

Kindly get this document scanned at the counter for the record purpose

[Signature]
 Signature and Date

9741777004

QF400AHB.pf.8203




(CON)

119792

DEPT. OF APOLLO HEALTH CHECK

GYNAECOLOGY CONSULT

Name: AHJN.0000148984 MRS. MAYOORI BHUJABALI Age: 37 Year(s) Year(s)/Female 21 Mar 2023 8:56:22 AM 	UHID : Consultant Gynaecologist : Dr. Midhura	Date : 2/3/23
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DRUG ALLERGIES : Not known

Complaints (related to Gynaec) - NIL SPECIFIC / YES

Known to have Diabetes / Hypertension / IHD / Asthma / Thyroid / Others

Past Medical / Surgical History :

s/p 2 USCS / Tubectomised

Family History :

Mother - HTN

OTHER SYSTEMS :

GYNAEC HISTORY :

- Marital Status - S/M Others
- Children - 2
- Deliveries - 2 CS
- L.C.B. - 3 yrs
- Abortion -
- Periods - Regular
- L.M.P. - 14/3/23
- Menopause -
- Contraception - Tubectomised

Present Medication :

GYNAEC EXAMINATION :

- PIA - NAD
- PN P/S - white discharge PV ⊕
- S/E Cervix appears - Normal
- P/R

GENERAL EXAMINATION :

- Weight : _____ Kgs, Height : _____ cm
- General Condition :
- Blood Pressure :
- Thyroid :
- Others :

BREASTS : B/L breasts - no obvious masses palpable

PAP SMEAR : Taken Not Taken (Reason) Negative

OPINION & ADVICE :

- Self breast examination
- Follow up as advised

USG → Saty live

REVIEW DETAILS : (with date) With Patient / With reports only

Signature with Date & Time

Rate 71

PR 145
QRS 76
QT 382
QTc 416

--AXIS--
P 74
QRS 65
T -13

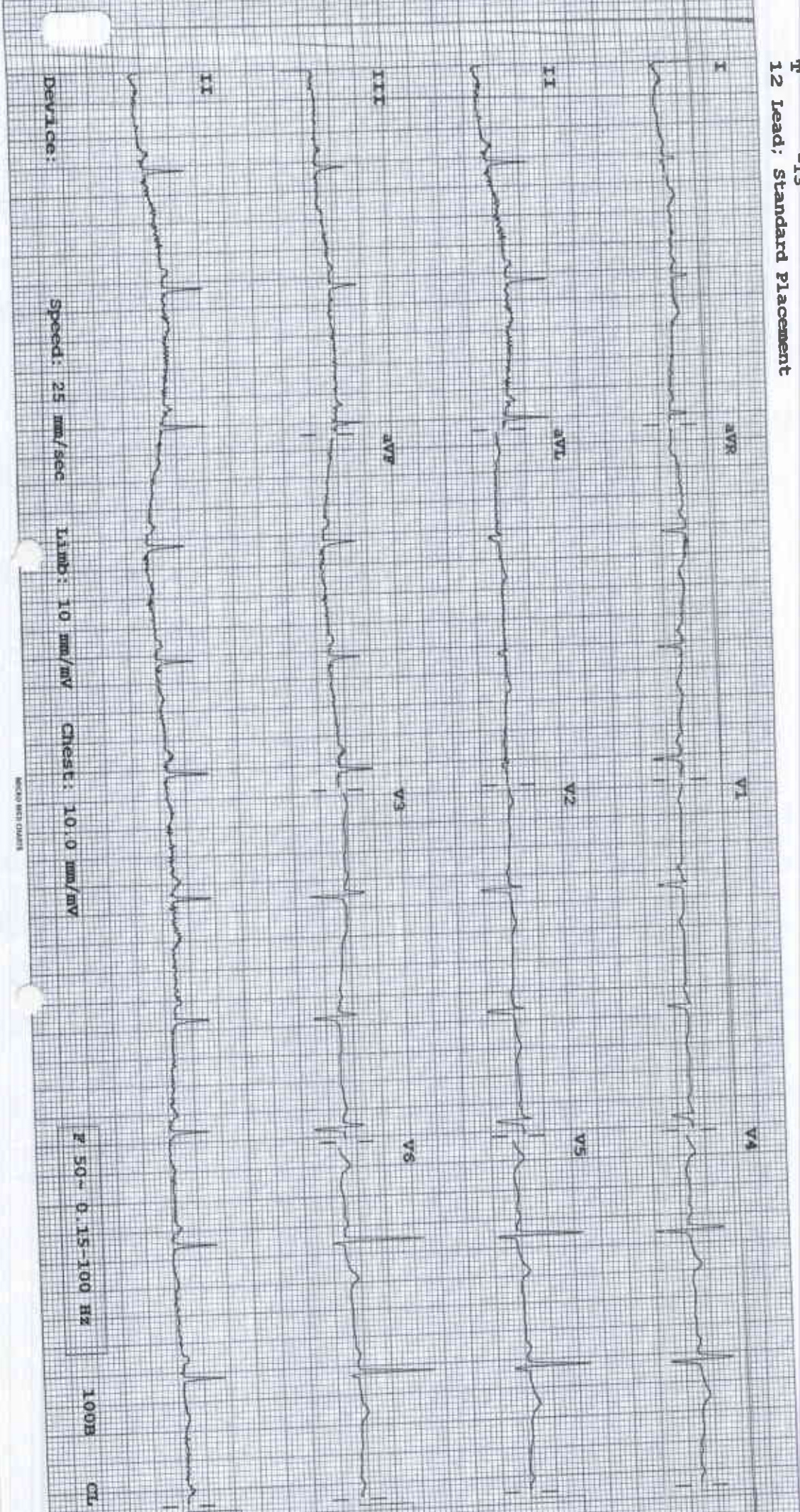
12 Lead: Standard Placement

AHJN:0000146984

MRS MAYOORI BHUJABALI

Age: 37 Year(s) Year(s)/Female

21 Mar 2023 8:58:20 AM



Device:

Speed: 25 mm/sec

Gain: 10 mm/mV

Cal: 10.0 mm/mV

F 50 ~ 0.15-100 Hz

100B

CTL

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MAYOORI BHUJABALI
Patient ID: AHJN/146964
Height: 158 cm
Weight: 61 kg

DOB: 01.04.1985
Age: 37yrs
Gender: Female
Race: Indian

Study Date: 21.03.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: AHC
Attending Physician: DR K M NAIR
Technician: SURAMYA

Medications:
NONE

Medical History:
NONE

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time In Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:22	0.00	0.00	88	120/80	
	STANDING	00:02	0.00	0.00	88	120/80	
	HYPERV.	00:02	0.00	0.00	88	120/80	
EXERCISE	WARM-UP	00:08	0.00	0.00	91		
	STAGE 1	03:00	1.70	10.00	127	130/80	
	STAGE 2	03:00	2.50	12.00	151	140/80	
RECOVERY	STAGE 3	00:39	3.40	14.00	162	150/80	
		03:15	0.00	0.00	123	140/80	

The patient exercised according to the BRUCE for 6:38 mins, achieving a work level of Max. METS: 8.90. The resting heart rate of 87 bpm rose to a maximal heart rate of 169 bpm. This value represents 92% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician

Technician

