

23513

**B** बैंक ऑफ़ बड़ोदा  
**Bank of Baroda**

नाम : सज्जन कुमार वाल्मीकी  
Name : Sajjan Kumar Valmiki

E.C.No : 80090

शारीकर्ता प्राधिकारी  
Issuing Authority

धारक के हस्ताक्षर  
Holder's Signature

*(Handwritten signature)*

9461813754

DOB - 06-01-1980

If found please return to  
Asst. General Manger (Security)  
Bank of Baroda, Baroda Corporate Centre,  
C-26, G-Block, Bandra-Kurla Complex, Mumbai-400051  
Phone :91 22 6698 5196 Fax :91 22 2652 5747  
मिलने पर निम्नलिखित को लीटाये:  
सहायक महाप्रबंधक (सुरक्षा)  
बैंक ऑफ़ बड़ोदा, बड़ोदा कॉर्पोरेट सेंटर,  
सी-26, जी-ब्लॉक, बान्द्रा-कुर्ला कॉम्प्लेक्स, मुम्बई-400051  
फोन नः 91 22 6698 5196, फैक्स :91 22 2652 5747  
रक्त वर्ग  
Blood Group : 1355

*(Handwritten signature)*  
Rajasthan Diagnostic &  
Medical Research Centre  
Jhunjhunu



# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO. MC-5346

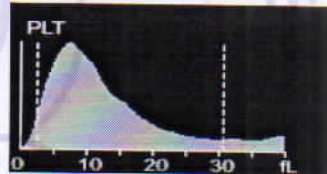
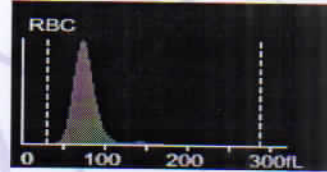
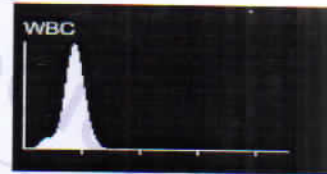
## Hematology Analysis Report

First Name: SAJAN KUMAR  
Last Name:  
Gender: Male  
Age:

Sample Type:  
Department:  
Med Rec. No.:

Sample ID: 28  
Test Time: 24/11/2023 15:10  
Diagnosis:

Parameter	Result	Ref. Range	Unit
1 WBC	7.86	4.00-10.00	10 <sup>3</sup> /uL
2 Neu%	62.3	50.0-70.0	%
3 Lym%	26.1	20.0-40.0	%
4 Mon%	8.6	3.0-12.0	%
5 Eos%	2.6	0.5-5.0	%
6 Bas%	0.4	0.0-1.0	%
7 Neu#	4.90	2.00-7.00	10 <sup>3</sup> /uL
8 Lym#	2.05	0.80-4.00	10 <sup>3</sup> /uL
9 Mon#	0.68	0.12-1.20	10 <sup>3</sup> /uL
10 Eos#	0.20	0.02-0.50	10 <sup>3</sup> /uL
11 Bas#	0.03	0.00-0.10	10 <sup>3</sup> /uL
12 RBC	4.29	3.50-5.50	10 <sup>6</sup> /uL
13 HGB	12.6	11.0-16.0	g/dL
14 HCT	34.5	37.0-54.0	%
15 MCV	80.3	80.0-100.0	fL
16 MCH	29.3	27.0-34.0	pg
17 MCHC	36.5	32.0-36.0	g/dL
18 RDW-CV	13.3	11.0-16.0	%
19 RDW-SD	43.6	35.0-56.0	fL
20 PLT	214	100-300	10 <sup>3</sup> /uL
21 MPV	8.5	6.5-12.0	fL
22 PDW	11.1	9.0-17.0	%
23 PCT	0.182	0.108-0.282	%
24 P-LCR	26.7	11.0-45.0	%
25 P-LCC	57	30-90	10 <sup>3</sup> /uL



Submitter: Operator: admin Approver:  
Draw Time: 24/11/2023 15:10 Received Time: 24/11/2023 15:10 Validated Time:  
Report Time: Remarks:

\*The Report is responsible for this sample only. If you have any questions, please contact us in 24 hours



आपातकालीन सेवाएं

Dr. Mamta Khuteta  
M D. (Path.)

THIS REPORT IS NOT VALID FOR MEDICO LEGAL PURPOSE







# RAJASTHANI DIAGNOSTIC & MRI CENTRE



## FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
MC-5346

		<b>Laboratory Report</b>		
Name	: SAJJAN KUMAR	Sr. Number	: 75167	
Gender	: MALE	Invoice Date	: 24-11-2023 03:24 PM	
Ref. By Dr	: MEDI-WHEEL HEALTH CHECKUP	Patient ID No.:	: 162	
		Sample On	: 24-11-2023 03:24 PM	
		Report On	: 25-11-2023 04:24 PM	

### HAEMATOLOGY

Test Name	Observed Values	Reference Intervals	Units
BLOOD GROUPING (ABO & Rh )	B+ Positive		

### HbA1c(Glycosylated hemoglobin)

Test Name	Observed Values	Reference Intervals	Units
HbA1c(Glycosylated hemoglobin)	L	< 6.50 Non-Diabetic 6.50 - 7.00 Very Good Control 7.10 - 8.00 Adequate Control 8.10 - 9.00 Suboptimal Control 9.10 - 10.00 Diabetic Poor Control > 10.00 Very Poor Control	%
eAG (Estimated Average Glucose)	-2.59		mmol/L
eAG (Estimated Average Glucose)	-46.70		mg/dL

Method : Fluorescence Immunoassay Technology

Sample Type : EDTA Blood

Test Performed by:-

Fully Automated (EM 200 ) ERBA MANNHEIM.

#### Remarks :

Glycosylated Hemoglobin Testing is Recommended for both (a) Checking Blood Sugar Control in People who might be Pre-Diabetic. (b) Monitoring Blood Sugar Control in patients in more elevated levels, termed Diabetes Mellitus. The American Diabetic Association suggests that the Glycosylated Hemoglobin Test be Performed atleast Two Times in Year in Patients with Diabetes that are meeting Treatment Goals (and That have stable glycemic Control) and Quarterly in Patients with Diabetes whos therapy has changed or that are not meeting Glycemic Goals.

Glycosylated Hemoglobin measurement is not appropriate where there has been change in diet or Treatment within 6 Weeks. Hence people with recent Blood Loss, Hemolytic Aneamia, or Genetic Differences in the Hemoglobin Molecule (Hemoglobinopathy) such as Sickle-cell Disease and other Conditions, as well as those that have donated Blood recently, are not suitable for this Test.

*Ashish sethi*

Dr. Ashish Sethi  
Consultant Biochemist



*Mamta Khuteta*

Dr. Mamta Khuteta  
M.D.(Path.)  
RMC No. 4720/16260



T&C - This Reports is Not Valid For Medical Legal Purposes. \* Identification and name of person is not our responsibility.

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**B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977**





# RAJASTHANI DIAGNOSTIC & MRI CENTRE



## FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
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		<b>Laboratory Report</b>		
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		Sample On	: 24-11-2023 03:24 PM	
		Report On	: 25-11-2023 04:24 PM	

### BIO-CHEMISTRY

Test Name	Observed Values	Reference Intervals	Units
Blood Sugar PP	104.0	60 - 140	mg/dL

### KIDNEY FUNCTION TEST

Test Name	Observed Values	Reference Intervals	Units
Blood Urea	21.0	13-45	mg/dL
Creatinine	0.86	0.4-1.4	mg/dL
Calcium	9.20	8.5-11	mg/dL
Uric Acid	4.40	2.4-7.2	mg/dL

### Liver Function Test

Test Name	Observed Values	Reference Intervals	Units
SGOT/AST(Tech.: -UV Kinetic)	34.0	5-40	U/L
SGPT/ALT(Tech.: -UV Kinetic)	39.0	5-40	U/L
Bilirubin(Total)(Tech.: -Jendrassik Grof)	0.98	0.1-1.1	mg/dL
Bilirubin(Direct)	0.20	0-0.3	mg/dL
Bilirubin(Indirect)	0.78	0.1-1.0	mg/dL
Total Protein(Tech.: -Biuret)	6.98	6-8	gm/dL
Albumin(Tech.: -BCG)	3.80	3.5-5	gm/dL
Globulin(CALCULATION)	3.18	2.5-4.5	gm/dL
A/G Ratio(Tech.: -Calculated)	L 1.19	1.2 - 2.5	
Alkaline Phosphatase(Tech.: -Pnp Amp Kinetic)	216.0	108-306	U/L

*Ashish sethi*

Dr. Ashish Sethi  
Consultant Biochemist



*Mamta Khuteta*

Dr. Mamta Khuteta  
M.D.(Path.)  
RMC No. 4720/16260



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**B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977**



# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
MC-5346



## Laboratory Report



Name : SAJJAN KUMAR  
Gender : MALE  
Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP

Sr. Number : 75167  
Invoice Date : 24-11-2023 03:24 PM  
Patient ID No.: 162  
Sample On : 24-11-2023 03:24 PM  
Report On : 25-11-2023 04:24 PM

### LIPID PROFILE COMPLETE

Test Name	Observed Values	Reference Intervals	Units
Cholesterol	H 217.00	110-200	mg/dL
HDL Cholesterol	59.00	35-88	mg/dL
Triglycerides	H 204.00	40-165	mg/dL
LDL Cholesterol	H 117.20	0-100	mg/dL
VLDL Cholesterol	H 40.80	0-35	mg/dL
TC/HDL Cholesterol Ratio	3.68	2.5-5	Ratio
LDL/HDL Ratio	1.99	1.5-3.5	Ratio

*Ashish Sethi*

Dr. Ashish Sethi  
Consultant Biochemist



*Mamta Khuteta*

Dr. Mamta Khuteta  
M.D.(Path.)  
RMC No. 4720/16268




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B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977



**Patient Report**

**Name :-** Mr. SAJJAN KUMAR  
**Sex / Age :-** Male  
**Doctor :-**  
**Client Name :-** MEDI WHEEL HEALTH CHECK UP  
**Sample Type :-** Serum

**Patient ID / CCL No :-** 102340950  
**Sample Collected :-** 25/11/2023 11:53:35  
**Sample Received on:** 25-11-2023 11:54:15  
**Report Released on:** 25-11-2023 15:49:55  
**Barcode** 

<u>TEST NAME</u>	<u>VALUE</u>	<u>UNIT</u>	<u>REFERENCE RANGE</u>
	<b>TFT</b>		
T3 (TOTAL TRIODOTHYRONINE) (Tech.: Chemiluminescence Immunoassay)	148.00	ng/dl	100 - 740 : 0-30 Days 105 - 207 : 1-12 Yrs. 86 - 192 : 13-20 Yrs. 70 - 204 : Adults
T4 (TOTAL THYROXINE) (Tech.: Chemiluminescence Immunoassay)	9.58	ug/dl	11.80 - 22.60 < 1 Week 9.80 - 16.60 1-4 Wks. 5.50 - 12.10 : 2-12 Yrs. 5.50 - 11.10 : 13-20 Yrs. 4.60 - 12.50 Adults
TSH. (Ultra Sensitive) (Tech.: Chemiluminescence Immunoassay)	1.47	uIU/ml	0.52 - 16.00 : 1-30 Days 0.46 - 8.10 : 1 mnt - 5 Yrs. 0.35 - 5.50 : Adults


**INTERPRETATION**

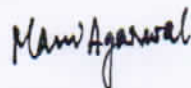
**1. Remark** - Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy, Drugs (Androgens, Estrogens, O C pills, Phenytoin) Nephrosis etc.  
**2. Remark** - Decreased values of T3 (T4 and TSH normal) have minimal clinical significance and not recommended for diagnosis of hypothyroidism. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy, Drugs (Androgens, Estrogens, O C pills, Phenytoin), Nephrosis etc. In such cases Free T3 and Free T4 give corrected values. 3. Total T3 may decrease by <25 percent in healthy older individuals.  
**3. Remark** - TSH values may be transiently altered because of non-thyroidal illness like severe infections, liver disease, renal and heart failure, severe burns, trauma and surgery etc 2. Drugs that decrease TSH values e.g: L-dopa, Glucocorticoids Drugs that increase TSH values e.g: Iodine, Lithium, and Amiodaron. Three common ways in which there may be inadequate amounts of the thyroid hormone for normal metabolism. Primary hypothyroidism, in which there is a raised TSH and a low T4 and low T3. This is due to failure of the thyroid gland, possibly due to autoantibody disease, possibly due to toxic stress or possibly due to iodine deficiency. The second, the most common cause of thyroid failure, occurs at the pituitary level. In this condition there is inadequate TSH produced from the pituitary and so one tends to see low or normal TSHs, low T4s and variable T3s. This condition is most common in many patients with chronic fatigue syndrome, where there is a general suppression of the hypothalamic-pituitary- adrenal axis. The third type of under-functioning is due to poor conversion of T4 to T3. This requires enzymes and co-factors, in particular selenium, zinc and iron. In this condition there are normal or possibly slightly raised levels of TSH, normal levels of T4 but low levels of T3. This requires micronutrients and also T3 to correct.

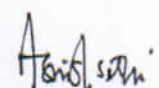
- End of Report



Collected Sample Received Technologist

  
 DR. NIDA FAHMI  
 M.D.S., (Path.)  
 Reg.No.A-4048

  
 DR. Mani Agarwal  
 MD. (Path.)  
 RMC No.5167/15233

  
 DR. ASHISH SETHI  
 Consultant Biochemist







# RAJASTHANI DIAGNOSTIC & MRI CENTRE



FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MAMOGRAPHY

NABL CERTIFICATE NO.  
MC-5346

8   1 2 3 4 5 6   6		<b>Laboratory Report</b>		
Name	: SAJJAN KUMAR	Sr. Number	: 75167	
Gender	: MALE	Invoice Date	: 24-11-2023 03:24 PM	
Ref. By Dr	: MEDI-WHEEL HEALTH CHECKUP	Patient ID No.:	162	
		Sample On	: 24-11-2023 03:24 PM	
		Report On	: 25-11-2023 04:24 PM	

## URINE EXAMINATION URINE COMPLETE

Test Name	Observed Values	Reference Intervals	Units
<b>PHYSICAL</b>			
Quantity	20		ml
Colour	Pale Yellow		
Appearance / Transparency	Clear		
Specific Gravity	1.015		
PH	5.00	4.5--6.5	
<b>CHEMICAL</b>			
Reaction	Acidic		
Albumin	TRACE		
Urine Sugar	Nil		
<b>MICROSCOPIC</b>			
Red Blood Cells	Nil		/h.p.f.
Pus Cells	3-5		/h.p.f.
Epithelial Cells	2-3		/h.p.f.
Crystals	Nil		/h.p.f.
Casts	Nil		/h.p.f.
Bactria	Nil		/h.p.f.
Others	Nil		/h.p.f.
Test Name	Observed Values	Reference Intervals	Units
URINE SUGAR PP	Nil		

<<< END OF REPORT >>>

*Ashish Sethi*

Dr. Ashish Sethi  
Consultant Biochemist



*Mamta Khuteta*

Dr. Mamta Khuteta  
M.D.(Path.)  
RMC No. 4720/16261



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B-110, Indra Nagar, Jhunjhunu (Raj.) Ph. No. 01592-294977



Name: Sajjan Kumar Valmiki -  
 Patient ID: Bob12345678

24.11.2023 04:06:05  
 Standard 12-Lead

Rajasthan Diagnostic & MR Centre  
 8-110 Subhash Marg, Indira Nagar, Mandawa, Mod  
 Jhunjhunu (Raj.)

Date of birth: 06.01.1980  
 Gender: Male  
 Height: 163 cm  
 Weight: 80 kg  
 Ethnicity: Undefined  
 Pacemaker: Unknown

Visit ID: 1  
 Room: 1  
 Medication: 1  
 Order ID: 1  
 Ord. prov: 1  
 Ord. prot: 1

HR: 85 bpm  
 P axis: 158°  
 QRS axis: 160°  
 T axis: 159°

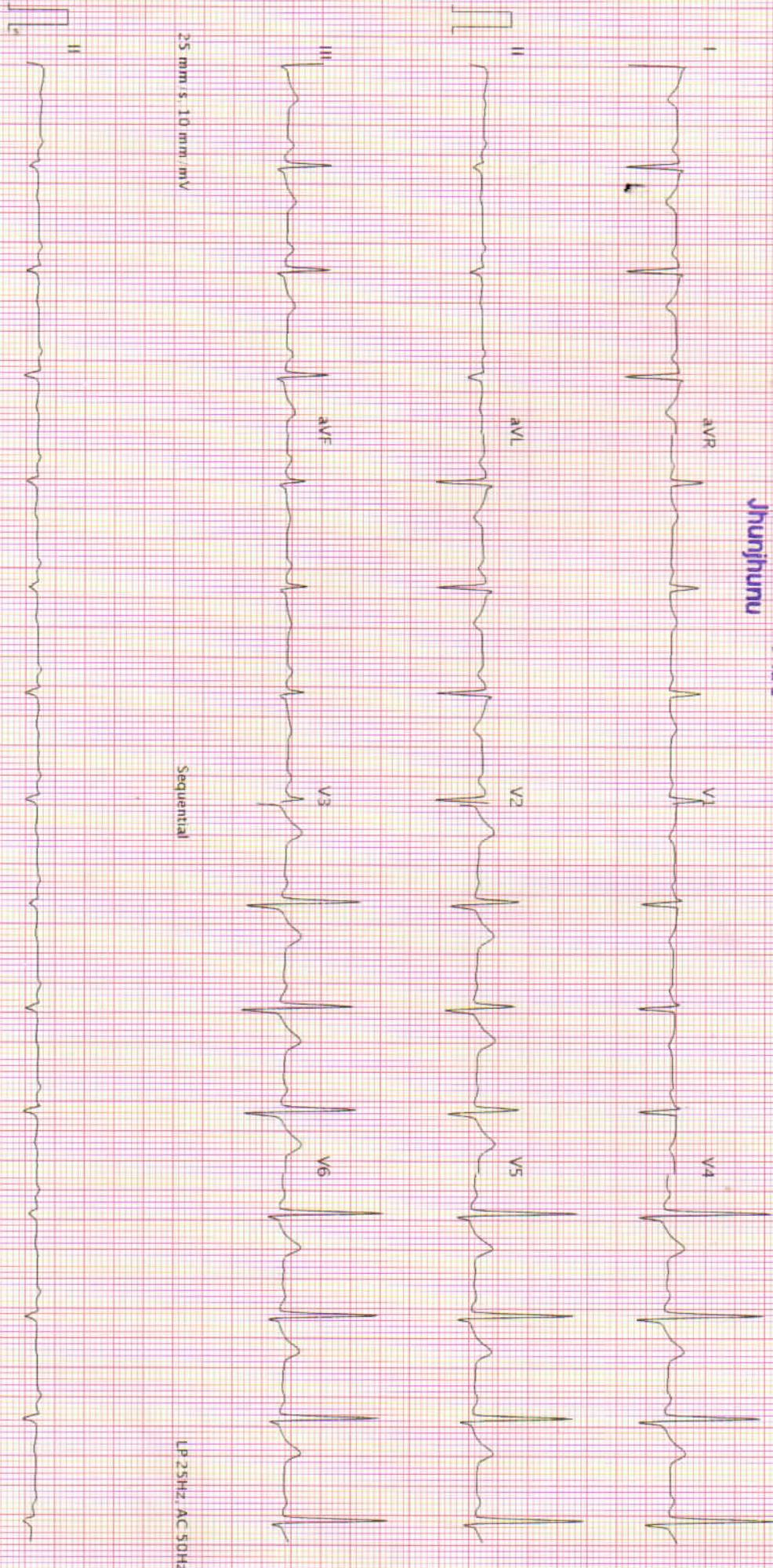
RR: 705 ms  
 P: 95 ms  
 PR: 143 ms  
 QRS: 81 ms  
 QT: 354 ms  
 QTcB: 422 ms

Possible reversal of the arm leads  
 Sinus rhythm  
 Abnormal right axis deviation  
 Consider right ventricular hypertrophy  
 QRS(T) contour abnormality  
 consistent with high lateral myocardial infarction  
 Abnormal ECG

Unconfirmed report

**Rajasthan Diagnostic & MR Centre**  
**Medical Research Centre**  
**Jhunjhunu**

Abnormal



25 mm/s, 10 mm/mV

Sequential

LP 25Hz, AC 50Hz

25 mm/s, 10 mm/mV

LP 25Hz, AC 50Hz





# RAJASTHANI DIAGNOSTIC & MRI CENTRE

FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

NAME : SAJJAN KUMAR VALMIKI	AGE 43 /SEX M
REF. BY :BOB HEALTH CHECK UP	DATE: 24.11.2023

## X-RAY CHEST PA

- Both lung fields appear normal in under view
- No e/o consolidation or cavitations is seen.
- Both costo-phrenic angles appear clear.
- Cardiac size is within normal limits.
- Both domes of diaphragm appear normal.
- Bony thoracic cage & soft tissue shadow appear normal.

**IMPRESSION :- NORMAL X-RAY CHEST (PA)**

DR. ANUSHA MAHALAWAT

MD (RADIODIAGNOSIS)

RMC -38742/25457

Dr. Anusha Mahalawat  
MD (Radiodiagnosis )  
(RMC. 38742/25457 )



आपातकालीन सेवाएं

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# RAJASTHANI DIAGNOSTIC & MRI CENTRE

FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

NAME	SAJJAN KUMAR VALMIKI	AGE-	SEX: M
REF/BY:	BOB HEALTH CHECK-UP	DATE	24-Nov-23

## ULTRASONOGRAPHY WHOLE ABDOMEN

**Liver:** is normal in size, shape and echotexture. No IHBR dilatation is seen. No focal mass seen. Portal vein and hepatic veins are normal in diameter. Common bile duct is normal in diameter and lumen is clear.

**Gall bladder:** is normal in size shape, location with echo free lumen. Wall thickness is normal. No echogenic shadow suggestive of calculus is seen. No focal mass or lesion is seen.

**Pancreas:** is normal in size, shape and echotexture. No focal mass or lesion is detected. Pancreatic duct is not dilated.

**Rt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus /hydronephrosis is seen

**Lt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/hydronephrosis is seen.

**Spleen:** is normal in size, regular in shape and echo texture. No focal lesion is seen. Splenic vessels are normal.

**Urinary Bladder:** is empty

**Prostate:** is normal in size, regular in shape and outline. Capsule is intact.

No evidence of ascites is seen. No significant Lymphadenopathy is seen. No obvious bowel pathology is seen.

### IMPRESSION:

- ❖ NORMAL SONOGRAPHY STUDY.

Advised: clinicopathological correlation

*U.S.R.*  
DR. UMMED SINGH RATHORE  
MD RADIODIAGNOSIS

Jr. Umed Singh  
MD (Radiodiagnosis)  
(RMC.34498/24812)



THIS REPORT IS NOT VALID FOR MEDICO LEGAL PURPOSE







10552 (BOBS12345676) / SAJJAN KUMAR VALMIKI / 43 Yrs / M / 163 Cms / 80 Kg Date: 24-Nov-2023 Technician : MANISH Examined By:

Stage	Time	Duration	Belt Speed (mph)	Elevation	METS	Rate	% THR Achieved	BP	RPP	PVC	Comments
Supine	00:59	1:00	00.0	00.0	01.0	093	53 %	128/82	119	00	
Standing	01:59	1:00	00.0	00.0	01.0	096	54 %	128/82	122	00	
HV	02:59	1:00	00.0	00.0	01.0	097	55 %	128/82	124	00	
Warm Up	04:01	1:02	00.0	00.0	01.0	098	55 %	128/82	125	00	
ExStart	05:01	1:00	01.0	00.0	01.0	105	59 %	130/84	136	00	
BRUCE Stage 1	08:01	3:00	01.7	10.0	04.7	121	68 %	132/86	159	00	
BRUCE Stage 2	11:01	3:00	02.5	12.0	07.1	145	82 %	138/90	200	00	
PeakEx	11:08	0:07	03.4	14.0	07.2	147	83 %	138/90	202	00	
Recovery	11:37	0:29	01.1	00.0	04.2	143	81 %	138/90	197	00	
Recovery	12:07	1:00	01.1	00.0	01.2	138	78 %	138/90	190	00	
Recovery	13:07	2:00	00.0	00.0	01.0	123	69 %	134/88	164	00	
Recovery	14:07	3:00	00.0	00.0	01.0	116	66 %	132/86	153	00	
Recovery	15:07	4:00	00.0	00.0	01.0	114	64 %	130/84	148	00	
Recovery	16:04	4:56	00.0	00.0	01.0	114	64 %	128/82	145	00	

**Findings :**

Exercise Time : 06:07  
 Max HR Attained : 147 bpm 83% of Target 177  
 Max BP Attained : (Sys) 138/90  
 Max Workload Attained : 7.2 Fair response to induced stress  
 Max ST Dep Lead & Value : II & -1.8 mm in Stage 1 mm  
 Test Objective : BOB HEALTH CHECK UP  
 History : No  
 Test End Reasons : Test Complete, Heart Rate Achieved

**Report :**

Rajasthan Diagnostic & Medical Research Centre  
 Jhunjhunu

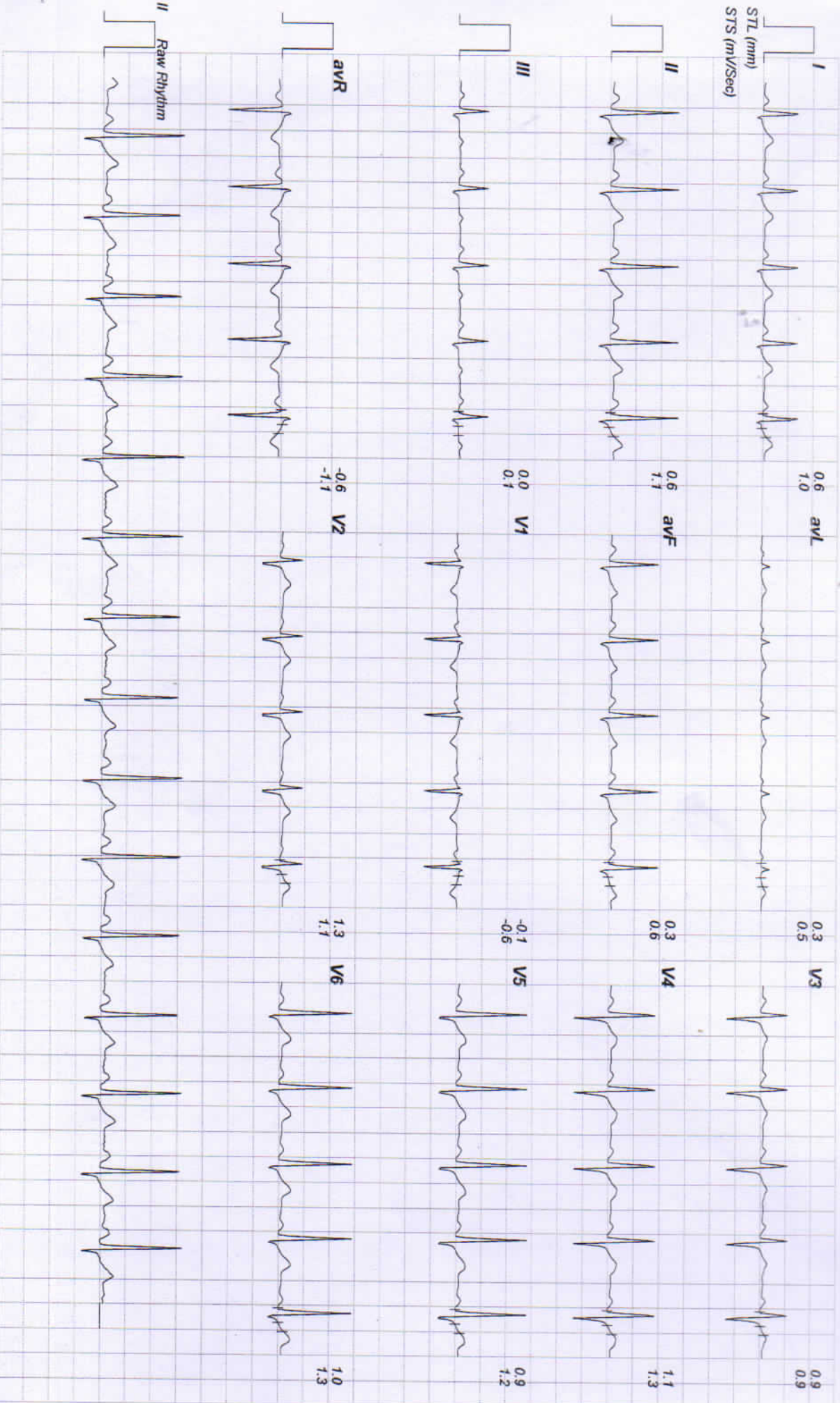


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 93 Target HR : 52% of 177 BP : 128/82 Post J @80mSec ExTime : 00:58 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

### Linked Medians Report

Supine



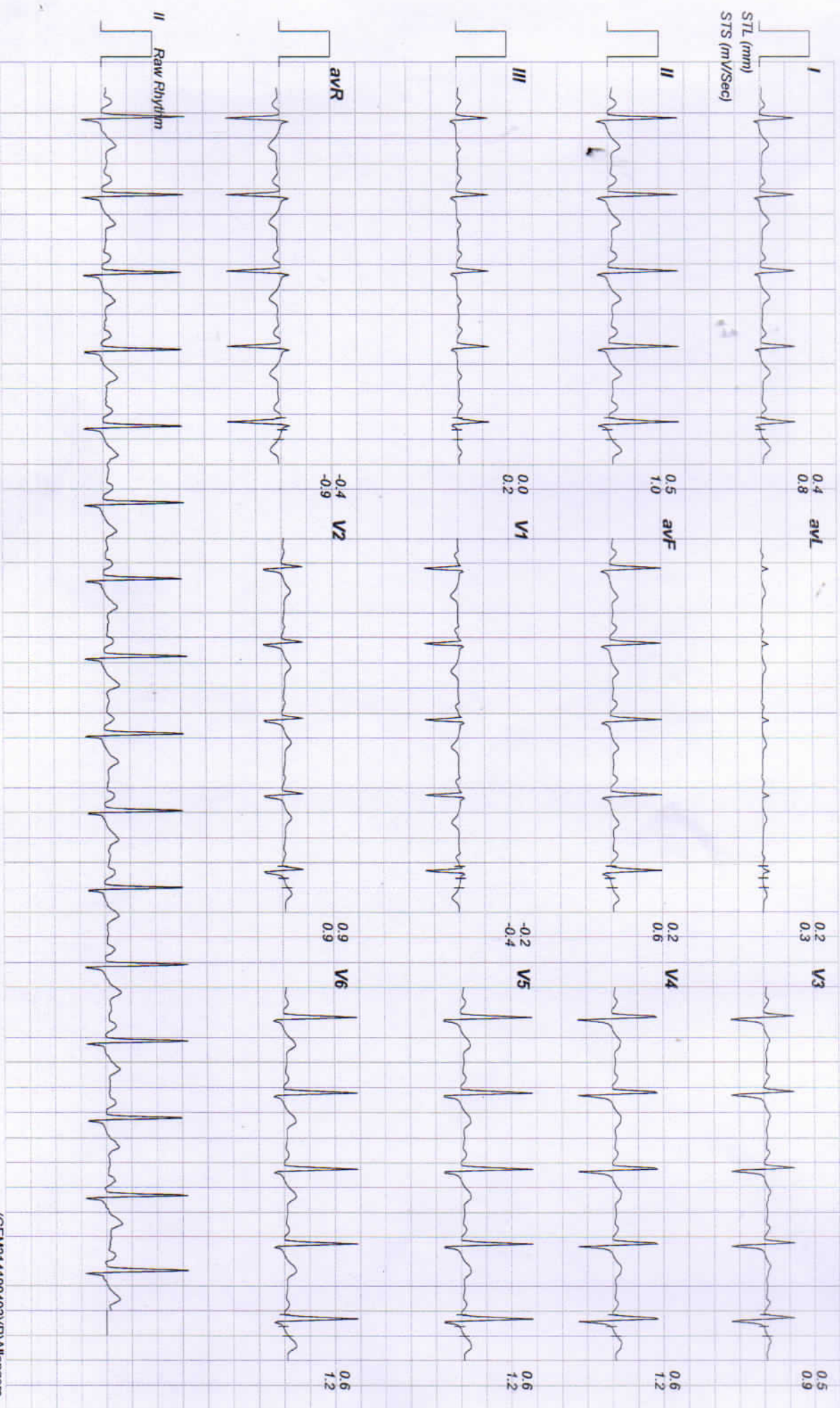


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METS : 01:00 HR : 96 Target HR : 54% of 177 BP : 128/82 Post J @80mSec ExTime : 01:58 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

# Linked Medians Report

Standing



(GEM214190403)(R)/Allengers

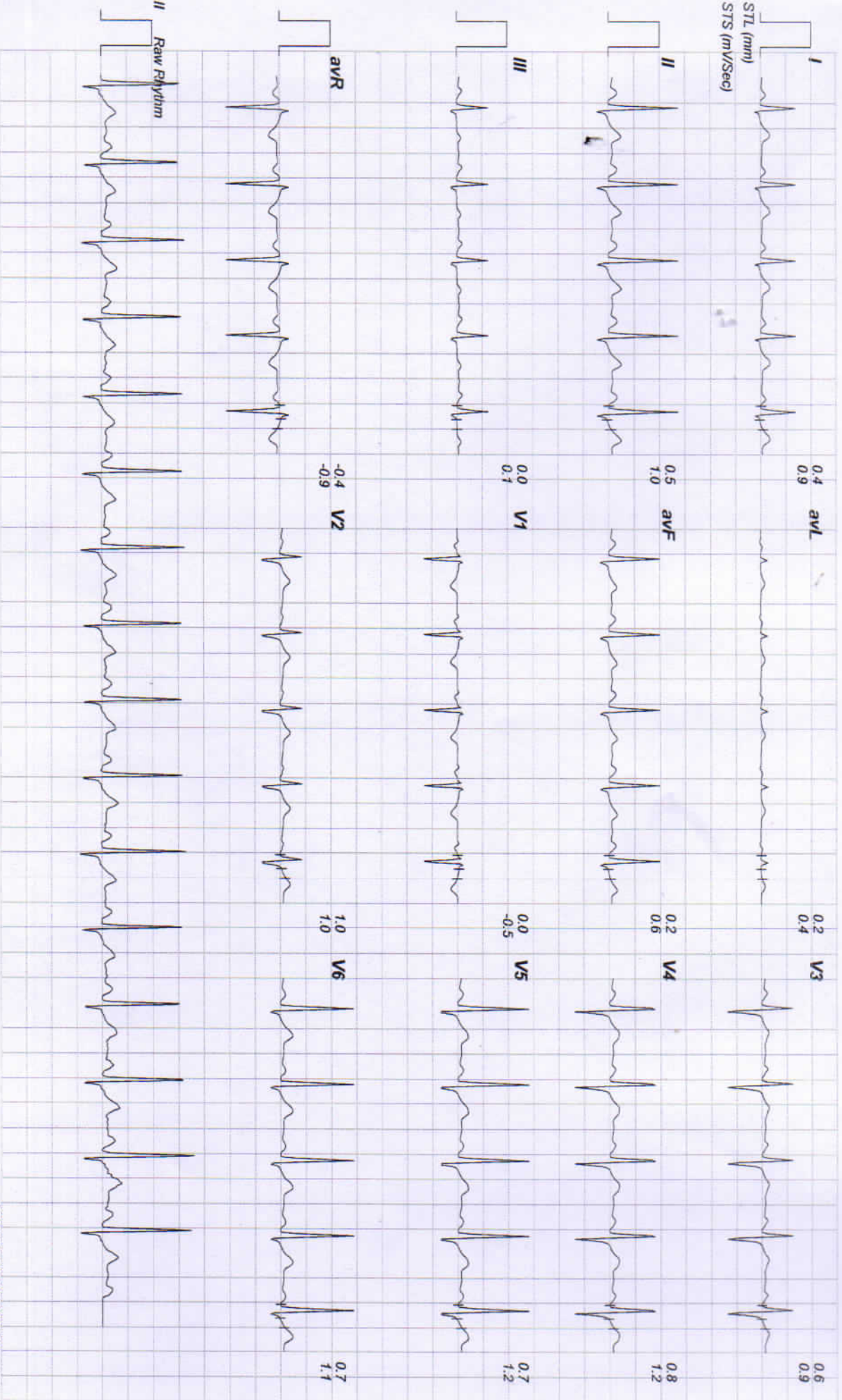


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METS : 01.00 HR : 97 Target HR : 54% of 177 BP : 128/82 Post J @80mSec EXTime : 02:58 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

### Linked Medians Report

HV



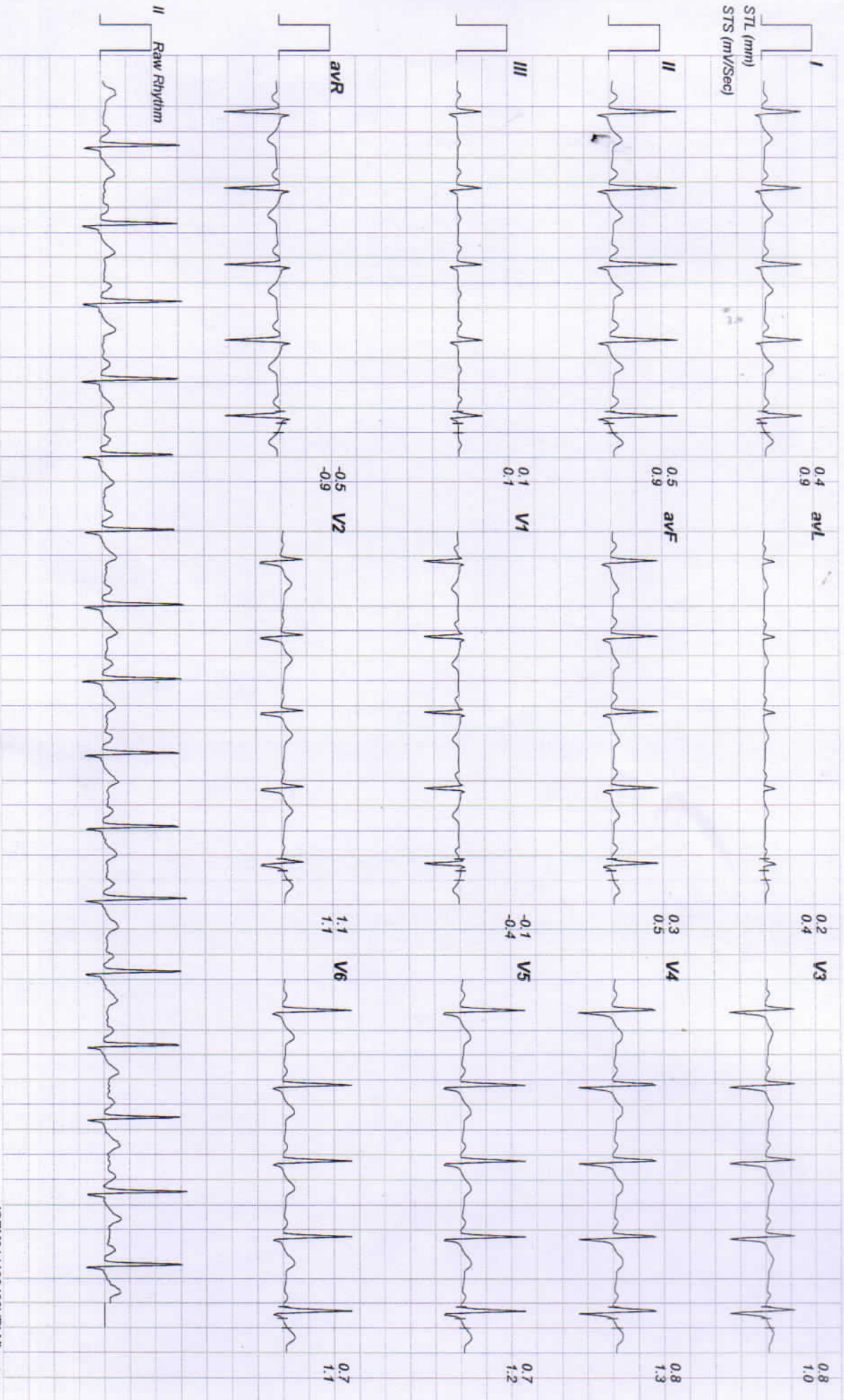


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 98 Target HR : 55% of 177 BP : 128/82 Post J @80mSec Ex Time : 04:00 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

# Linked Medians Report

Warm Up

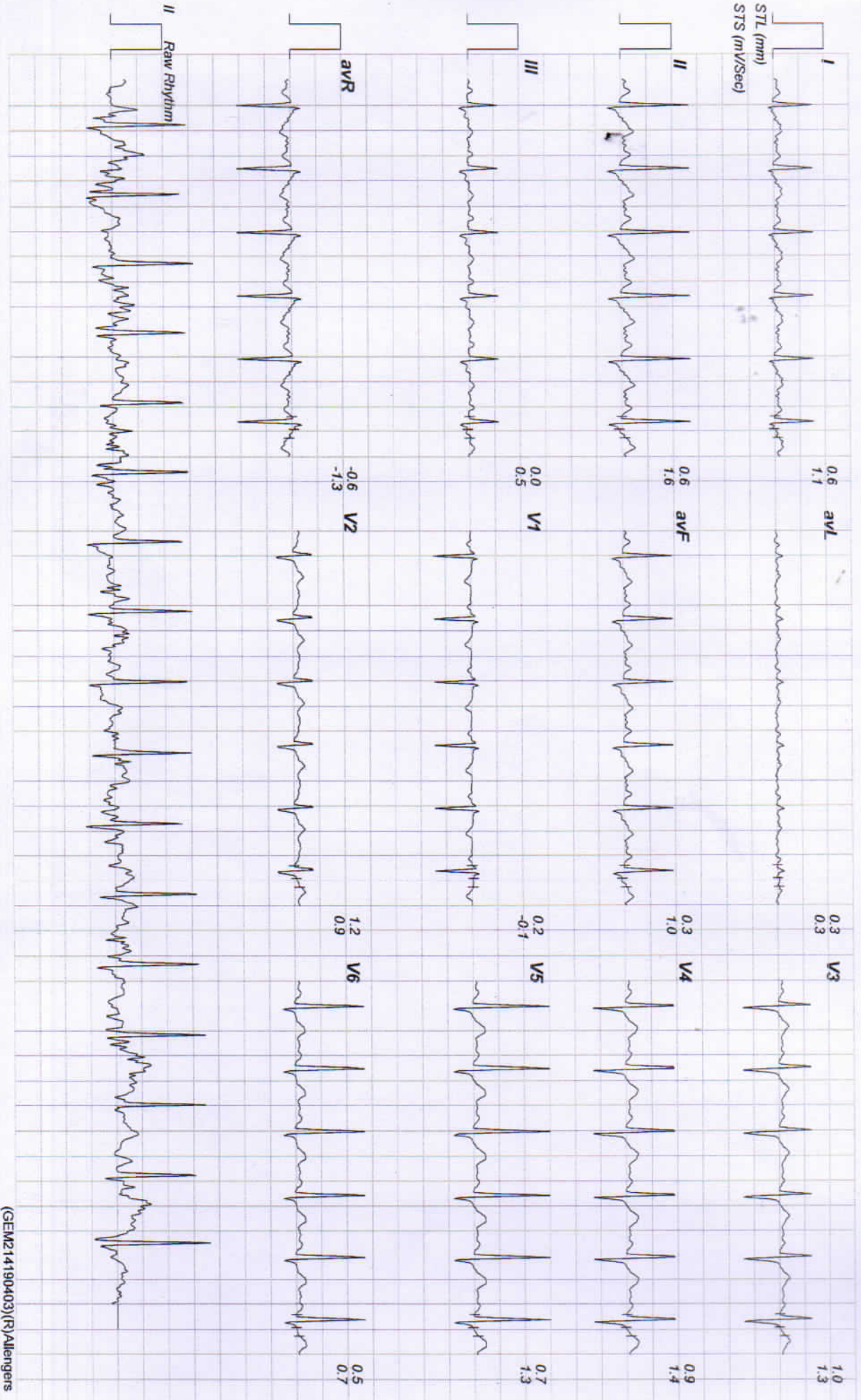


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 105 Target HR : 59% of 177 BP : 130/84 Post J @80mSec ExTime : 00:00 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

# Linked Medians Report

EXStart



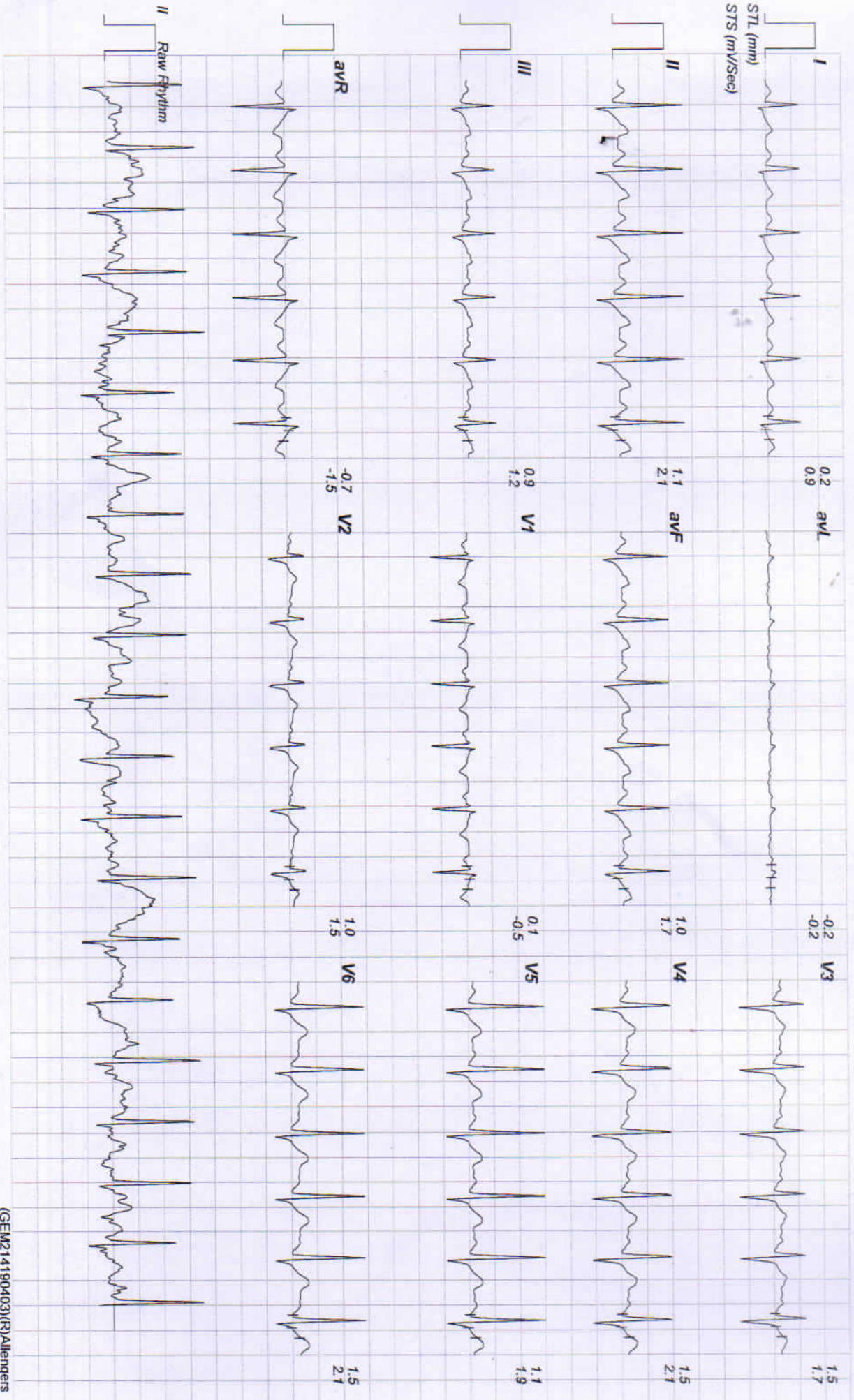


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METS : 04.70 HR : 121 Target HR : 68% of 177 BP : 132/86 Post J @80mSec ExTime : 03:00 1.7 mph Grade : 10.00 % 25 mm/Sec 1.0 Cm/mV

### Linked Medians Report

BRUCE:Stage 1(3:00)

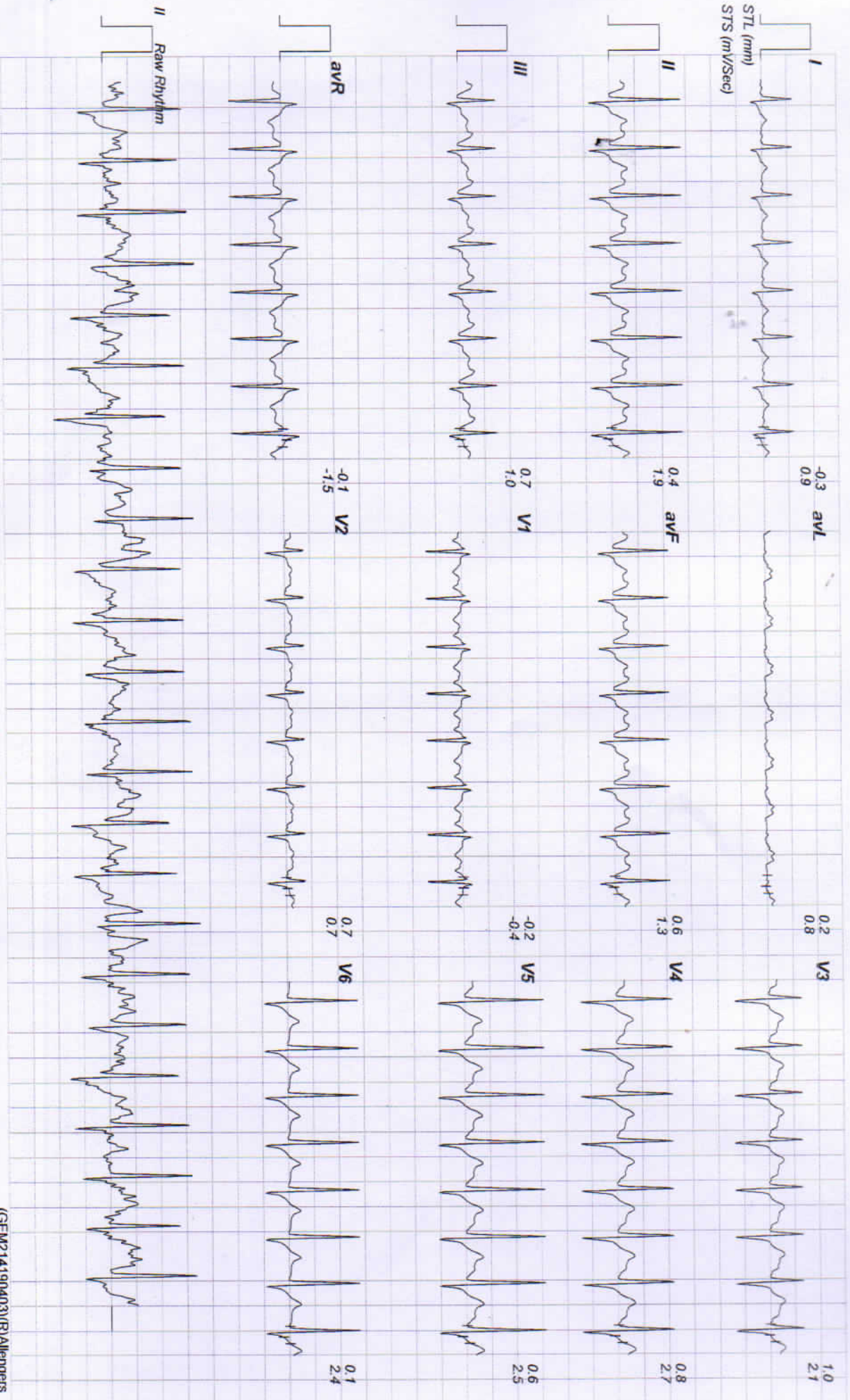


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METS : 07:10 HR : 145 Target HR : 81% of 177 BP : 138/90 Post J @60mSec ExTime : 06:00 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV

### Linked Medians Report

BRUCE:Stage 2(3:00)



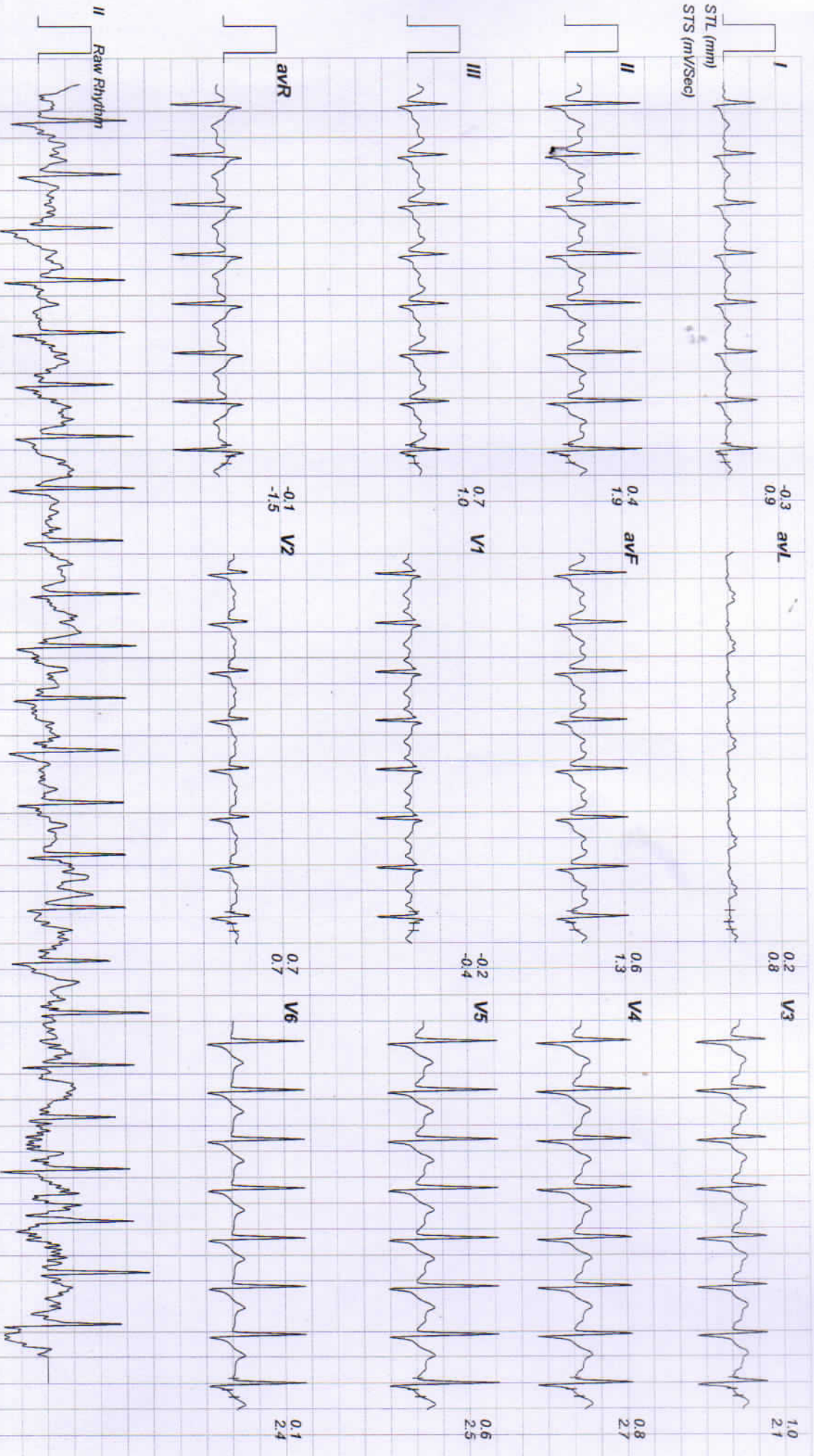


10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METS : 07.20 HR : 147 Target HR : 83% of 177 BP : 138/90 Post J @60mSec ExTime : 06:07 3.4 mph Grade : 14.00 % 25 mm/Sec: 1.0 Cm/mV

# Linked Medians Report

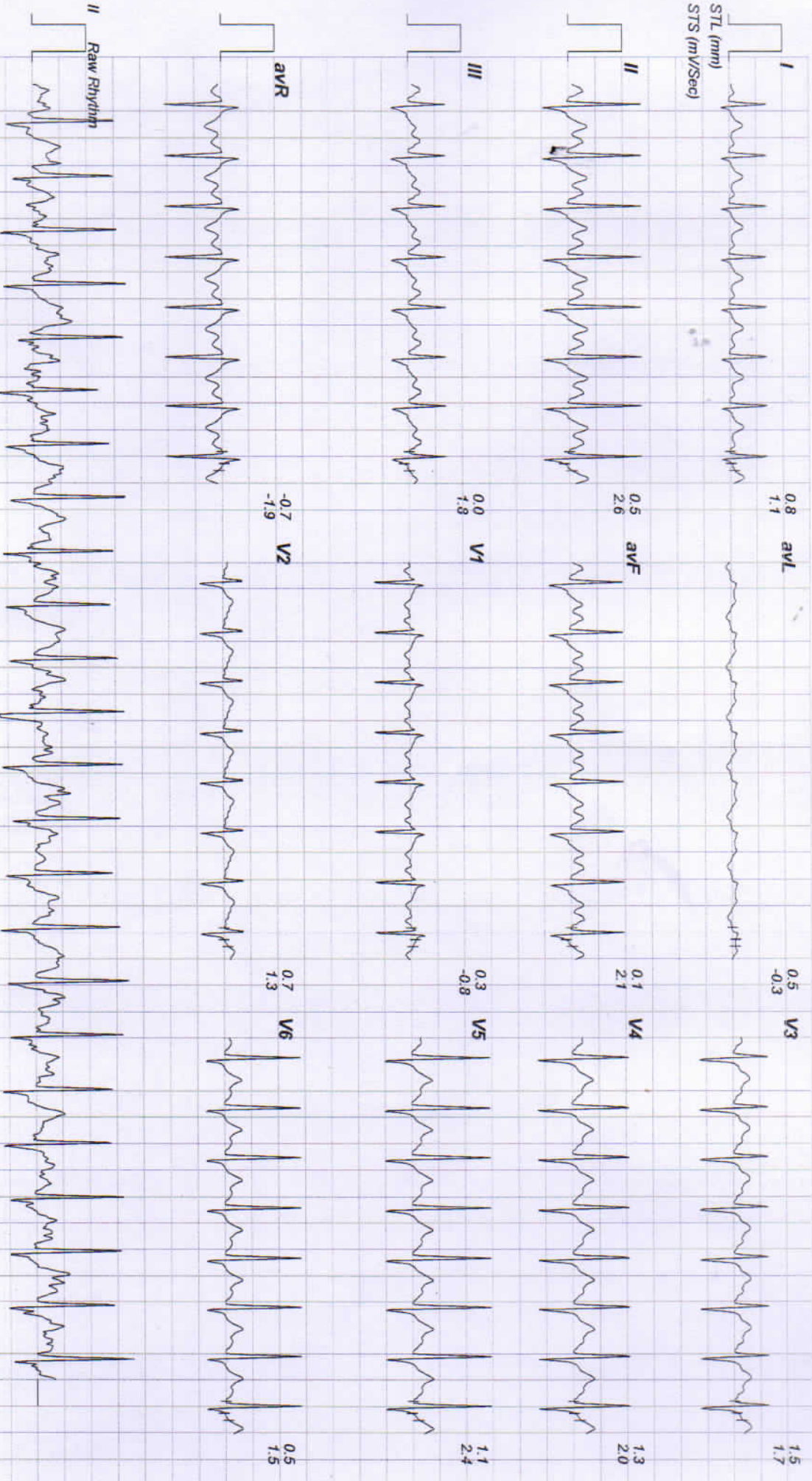
PeakEx



10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 04.20 HR : 143 Target HR : 80% of 177 BP : 138/90 Post J @60mSec ExTime : 06:07 1.1 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV

### Linked Medians Report Recovery(0:29)



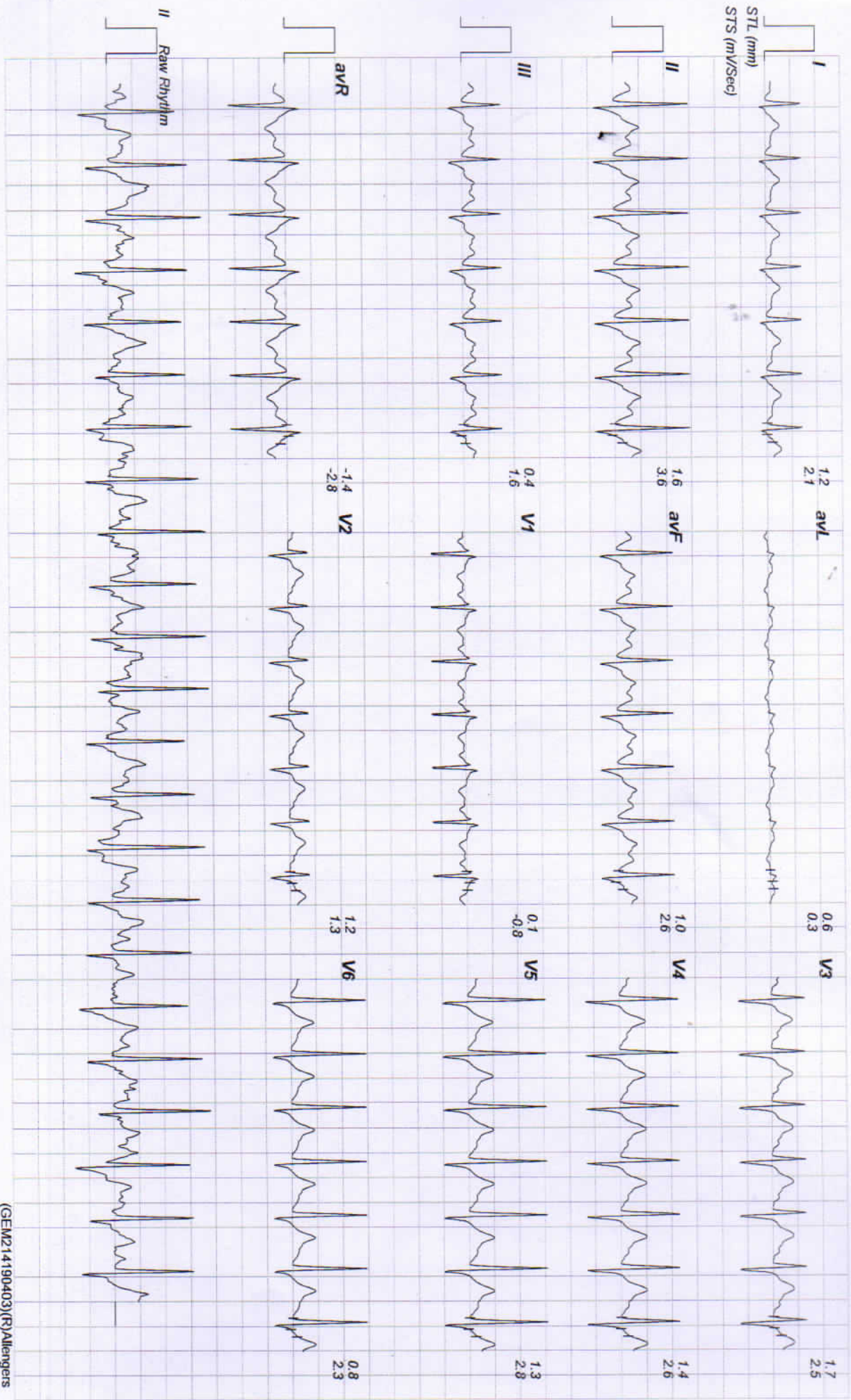


# Linked Medians Report

Recovery(1:00)



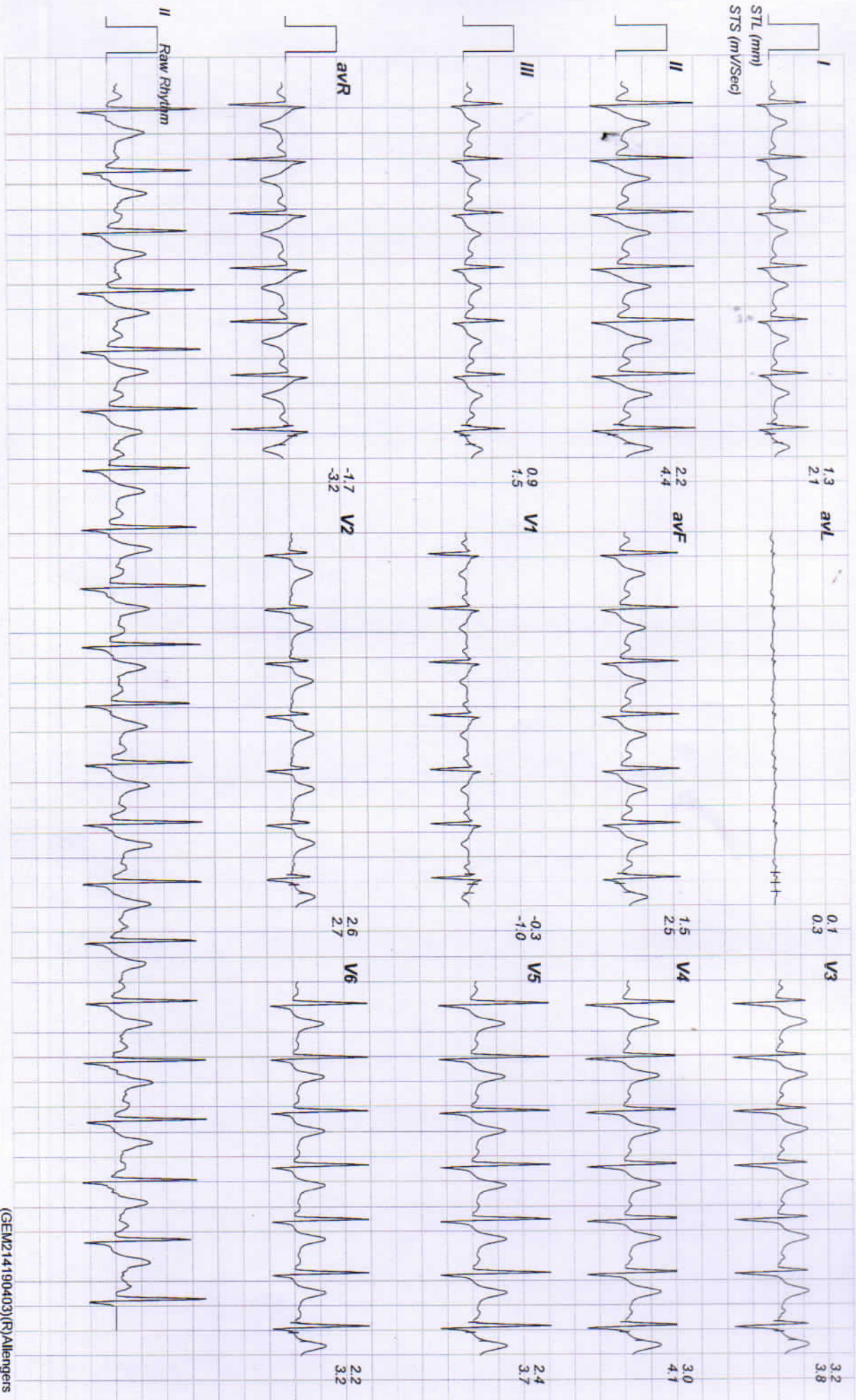
10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg  
 Date: 24 - 11 - 2023 04:16:15 PM METs : 01.20 HR : 138 Target HR : 77% of 177 BP : 138/90 Post J @60mSec EXTime : 06:07 1.1 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 123 Target HR : 69% of 177 BP : 134/88 Post J @80mSec ExTime : 06:07 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV

### Linked Medians Report Recovery(2:00)



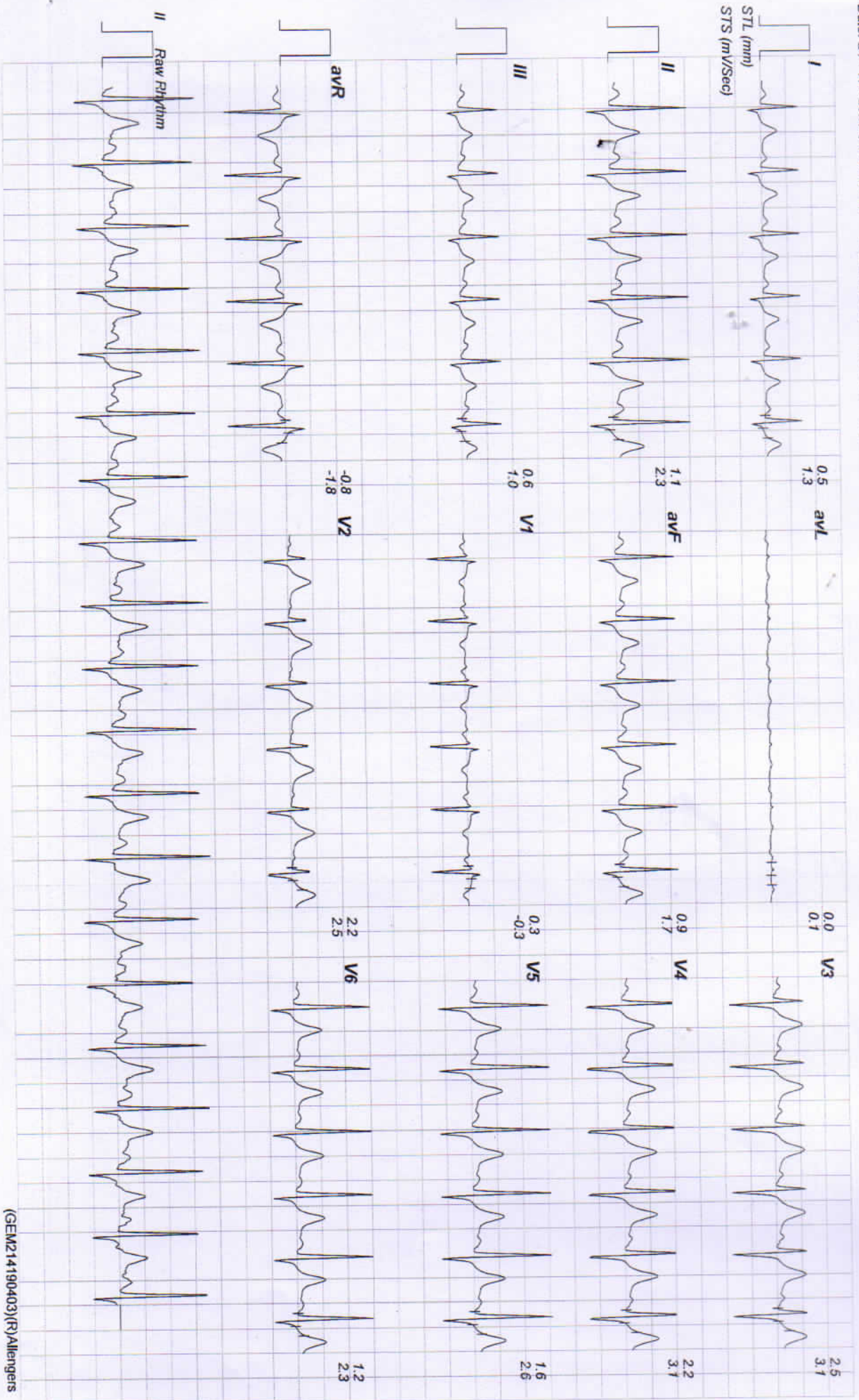


# Linked Medians Report



10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg  
 Date: 24 - 11 - 2023 04:16:15 PM METS : 01:00 HR : 116 Target HR : 65% of 177 BP : 132/86 Post J @80mSec ExTime : 06:07 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

Recovery(3:00)



# Linked Medians Report

Recovery(4:00)



10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 114 Target HR : 64% of 177 BP : 130/84 Post J @80mSec ExtTime : 06:07 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





10552 / SAJJAN KUMAR VALMIKI / 43 Yrs / Male / 163 Cm / 80 Kg

Date: 24 - 11 - 2023 04:16:15 PM METs : 01.00 HR : 114 Target HR : 64% of 177 BP : 128/82 Post J @80mSec ExTime : 06:07 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

### Linked Medians Report Recovery(4:56)

