

| PATIENT NAME : RASIKA HITESH MAHURKAR | R REF. DOCTOR : SELF | | |
|--|---|---------------------------------------|--|
| CODE/NAME & ADDRESS : C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156 | ACCESSION NO : 0321XB PATIENT ID : RASIF28 CLIENT PATIENT ID: ABHA NO : | | |
| Test Report Status <u>Final</u> | Results | Biological Reference Interval Units | |
| MEDI WHEEL FULL BODY HEALTH CHECKUP ABO XRAY-CHEST | OVE 40FEMALE | | |
| IMPRESSION | NO ABNORMALITY DETEC | CTED | |
| ECG ECG | SINUS TACHYCARDIA | | |
| MAMOGRAPHY (BOTH BREASTS) | | | |
| MAMOGRAPHY BOTH BREASTS | BREAST USG:- | | |
| | SONOGRAM OF BREAST | REVEALS :- | |
| | Normal fibro-glandular 8 Normal axillary tail regio Nipple shadow is normal No evidence of enlarged Retromamary region is r | I. ∣axillary L.N. | |
| | IMPRESSION : - NORMA BREASTS. | L SONOGRAPHIC APPEARANCE OF BILATERAL | |
| MEDICAL HISTORY | | | |

RELEVANT PRESENT HISTORY RELEVANT PAST HISTORY RELEVANT PERSONAL HISTORY MENSTRUAL HISTORY (FOR FEMALES) LMP (FOR FEMALES) RELEVANT FAMILY HISTORY OCCUPATIONAL HISTORY HISTORY OF MEDICATIONS K/C/O DIABETES MELLITUS TYPE II ON TREATMENT SINCE 1.5 YEARS P/H/O FIBROID SURGERY 12 YEARS BACK NOT SIGNIFICANT REGULAR 18/01/2023 DIABETES NOT SIGNIFICANT NOT SIGNIFICANT

Dr.Sahil .N.Shah Consultant Radiologist Dr.Priyank Kapadia Physician

P. V. Kapadia

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ANTHROPOMETRIC DATA & BMI

| HEIGHT IN METERS | 1.54 | mts |
|------------------|------|--|
| WEIGHT IN KGS. | 67.9 | Kgs |
| BMI | 29 | BMI & Weight Status as follows/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese |

GENERAL EXAMINATION

| MENTAL / EMOTIONAL STATE | NORMAL |
|--|------------------------|
| PHYSICAL ATTITUDE | NORMAL |
| GENERAL APPEARANCE / NUTRITIONAL STATUS | OVERWEIGHT |
| BUILT / SKELETAL FRAMEWORK | AVERAGE |
| FACIAL APPEARANCE | NORMAL |
| SKIN | NORMAL |
| UPPER LIMB | NORMAL |
| LOWER LIMB | NORMAL |
| NECK | NORMAL |
| NECK LYMPHATICS / SALIVARY GLANDS | NOT ENLARGED OR TENDER |
| THYROID GLAND | NOT ENLARGED |
| TEMPERATURE | NORMAL |
| PULSE | 112/MIN |
| RESPIRATORY RATE | NORMAL |

CARDIOVASCULAR SYSTEM

ΒP

126/84 MM HG (SITTING) mm/Hg

Dr.Sahil .N.Shah Consultant Radiologist Dr.Priyank Kapadia Physician

P. V. Kopadia

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| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 0321 | XB001087 | AGE/SEX :41 Yea | rs Female | |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | PATIENT ID : RASI | 280183321 | DRAWN : | | |
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| PERICARDIUM | NORMAL | | | | |
| APEX BEAT | NORMAL | | | | |
| HEART SOUNDS | S1, S2 HEARD NORM | ALLY | | | |
| MURMURS | ABSENT | | | | |
| RESPIRATORY SYSTEM | | | | | |
| SIZE AND SHAPE OF CHEST | NORMAL | | | | |
| MOVEMENTS OF CHEST | SYMMETRICAL | | | | |
| BREATH SOUNDS INTENSITY | NORMAL | | | | |
| BREATH SOUNDS QUALITY | VESICULAR (NORMAL | .) | | | |
| ADDED SOUNDS | ABSENT | | | | |
| PER ABDOMEN | | | | | |
| APPEARANCE | NORMAL | | | | |
| LIVER | NOT PALPABLE | | | | |
| SPLEEN | NOT PALPABLE | | | | |
| CENTRAL NERVOUS SYSTEM | | | | | |
| HIGHER FUNCTIONS | NORMAL | | | | |
| CRANIAL NERVES | NORMAL | | | | |
| CEREBELLAR FUNCTIONS | NORMAL | | | | |
| SENSORY SYSTEM | NORMAL | | | | |
| MOTOR SYSTEM | NORMAL | | | | |
| REFLEXES | NORMAL | | | | |
| MUSCULOSKELETAL SYSTEM | | | | | |
| SPINE | NORMAL | | | | |
| | | | | | |
| S P. V. Kepud | ACI. | | | Page 3 Of | |
| | | | (T) (A) (A) | | |
| Dr.Sahil .N.Shah Dr.Priyank Consultant Radiologist Physician | Kapadia | | | | |
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JOINTS

NORMAL

BASIC EYE EXAMINATION

| DISTANT VISION RIGHT EYE WITH GLASSES | 6/12 |
|---------------------------------------|--------|
| DISTANT VISION LEFT EYE WITH GLASSES | 6/9 |
| NEAR VISION RIGHT EYE WITH GLASSES | N/36 |
| NEAR VISION LEFT EYE WITH GLASSES | N/12 |
| COLOUR VISION | NORMAL |

SUMMARY

| RELEVANT HISTORY | K/C/O DIABETES MELLITUS TYPE II ON TREATMENT SINCE 1.5 YEARS |
|------------------------------------|--|
| RELEVANT GP EXAMINATION FINDINGS | ABNORMAL VISION IN RIGHT EYE |
| RELEVANT LAB INVESTIGATIONS | FBS:- HIGH, PPBS:- HIGH |
| RELEVANT NON PATHOLOGY DIAGNOSTICS | HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH USG ABDOMEN:- FATTY LIVER, HEPATOMEGALY, RIGHT OVARIAN CYST. FBS:- HIGH, PPBS:- HIGH, HBA1C:- PRE-DIABETIC, MEAN PLASMA |
| REMARKS / RECOMMENDATIONS | GLUCOSE:- HIGH |
| | ADV:- REDUCE INTAKE OF SWEET, SUGAR, STARCH IN DIET, REGULAR PHYSICAL EXERCISE, REPEAT FBS, PPBS AND HBA1C AND DIABETOLOGIST OPINION |
| | |

Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-CHECK UP DONE BY:- DR. NAMRATA AGRAWAL (M.B.B.S) REPORT REVIEWED BY:- DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE) RADIOLOGIST:- DR. SAHIL N SHAH (M.D.RADIOLOGY)

Dr.Sahil .N.Shah **Consultant Radiologist**

P. V. Kapadia

Dr.Priyank Kapadia Physician





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MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN FATTY LIVER WITH HEPATOMEGALY;

RIGHT OVARIAN SIMPLE CYST NOTED

TMT OR ECHO CLINICAL PROFILE 2D ECHO:-

1) NORMAL CHAMBERS AND VALVES.

2) GOOD LV SYSTOLIC FUNCTION. LVEF 60%. NO RWMA AT REST.

3) NO MR, AR, TR.

4) NORMAL LV COMPLIANCE.

5) NO PAH.

6) NO LV CLOT, VEGETATION OR PERICARDIAL EFFUSION.

7) IAS/IVS INTACT.

Interpretation(s) MEDICAL HISTORY-THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

Dr.Sahil .N.Shah Consultant Radiologist Dr.Priyank Kapadia Physician

P. V. Kepadia

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| н. | AEMATOLOGY - CBC | | } |
|---|------------------|--------------|---------|
| MEDI WHEEL FULL BODY HEALTH CHECKUP AB | | | J |
| BLOOD COUNTS,EDTA WHOLE BLOOD | | | |
| HEMOGLOBIN (HB) | 13.5 | 12.0 - 15.0 | g/dL |
| | E 20 High | 20 40 | mil/ul |
| RED BLOOD CELL (RBC) COUNT METHOD : COULTER PRINCIPLE | 5.29 High | 3.8 - 4.8 | mil/µL |
| WHITE BLOOD CELL (WBC) COUNT | 8.72 | 4.0 - 10.0 | thou/µL |
| METHOD : COULTER PRINCIPLE PLATELET COUNT | 277 | 150 - 410 | thou/µL |
| METHOD : COULTER PRINCIPLE | 2// | 150 410 | |
| | | | |
| | | | |
| RBC AND PLATELET INDICES | | | |
| HEMATOCRIT (PCV) | 41.2 | 36.0 - 46.0 | % |
| METHOD : CALCULATED MEAN CORPUSCULAR VOLUME (MCV) | 77.9 Low | 83.0 - 101.0 | fL |
| METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM | | 0010 10110 | |
| MEAN CORPUSCULAR HEMOGLOBIN (MCH) | 25.4 Low | 27.0 - 32.0 | pg |
| Method : Calculated MEAN CORPUSCULAR HEMOGLOBIN | 32.7 | 31.5 - 34.5 | g/dL |
| CONCENTRATION (MCHC) | U | 01.0 00 | 5. |
| METHOD : CALCULATED RED CELL DISTRIBUTION WIDTH (RDW) | 14.9 High | 11.6 - 14.0 | % |
| METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM | | 11.0 14.0 | ,,, |
| MENTZER INDEX | 14.7 | | |
| METHOD : CALCULATED PARAMETER MEAN PLATELET VOLUME (MPV) | 7.4 | 6.8 - 10.9 | fL |
| METHOD : DERIVED PARAMETER FROM PLATELET HISTOGRAM | 7.4 | 0.0 - 10.9 | |
| | | | |
| | | | |
| WBC DIFFERENTIAL COUNT | | | |
| NEUTROPHILS | 62 | 40 - 80 | % |
| METHOD : OPTICAL IMPEDENCE & MICROCSOPY LYMPHOCYTES | 30 | 20 - 40 | % |
| METHOD : OPTICAL IMPEDENCE & MICROCSOPY | 50 | 20 - 70 | ,,, |
| | | | |

Dr.Miral Gajera Consultant Pathologist



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| MONOCYTES METHOD : OPTICAL IMPEDENCE & MICROCSOPY | 6 | 2.0 - 10.0 | % |
|--|----------|-------------|---------|
| EOSINOPHILS METHOD : OPTICAL IMPEDENCE & MICROCSOPY | 2 | 1.0 - 6.0 | % |
| BASOPHILS METHOD : IMPEDANCE | 0 | 0 - 1 | % |
| ABSOLUTE NEUTROPHIL COUNT METHOD : CALCULATED | 5.41 | 2.0 - 7.0 | thou/µL |
| ABSOLUTE LYMPHOCYTE COUNT METHOD : CALCULATED PARAMETER | 2.62 | 1.0 - 3.0 | thou/µL |
| ABSOLUTE MONOCYTE COUNT METHOD : CALCULATED PARAMETER | 0.52 | 0.2 - 1.0 | thou/µL |
| ABSOLUTE EOSINOPHIL COUNT METHOD : CALCULATED | 0.17 | 0.02 - 0.50 | thou/µL |
| ABSOLUTE BASOPHIL COUNT METHOD : CALCULATED | 0.00 Low | 0.02 - 0.10 | thou/µL |
| NEUTROPHIL LYMPHOCYTE RATIO (NLR) METHOD : CALCULATED PARAMETER | 2.1 | | |

| MORPHOLOGY | |
|----------------------------------|--|
| RBC | PREDOMINANTLY NORMOCYTIC NORMOCHROMIC |
| METHOD : MICROSCOPIC EXAMINATION | |
| WBC | NORMAL MORPHOLOGY |
| METHOD : MICROSCOPIC EXAMINATION | |
| PLATELETS | ADEQUATE |
| METHOD : MICROSCOPIC EXAMINATION | |
| REMARKS | NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT DETECTED. |
| METHOD : MICROSCOPIC EXAMINATION | |
| | |

Interpretation(s) BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology. RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.</p>

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive

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patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease. (Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.

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| | Test | Report | Status | <u>Final</u> |
|--|------|--------|--------|--------------|
|--|------|--------|--------|--------------|

Results

Biological Reference Interval Units

| | HAEMATOLOGY | | |
|--|---------------|--|------------|
| MEDI WHEEL FULL BODY HEALTH CHECKUP A | BOVE 40FEMALE | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR), BLOOD | EDTA | | |
| E.S.R | 22 High | 0 - 20 | mm at 1 hr |
| METHOD : WESTERGREN METHOD | | | |
| GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA BLOOD | WHOLE | | |
| HBA1C | 9.0 High | Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021) | % |
| METHOD : HPLC | | | <i></i> |
| ESTIMATED AVERAGE GLUCOSE(EAG) | 211.6 High | < 116.0 | mg/dL |

Interpretation(s) ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD-TEST DESCRIPTION :-Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased : Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

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REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.

Diagnosing diabetes.
 Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-

controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range. 1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c - 46.7

HbA1c Estimation can get affected due to :
1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days. 2.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.

3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

4. Interference of hemoglobinopathies in HbA1c estimation is seen in

a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
 b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

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Test Report Status <u>Final</u> Results

Biological Reference Interval Units

IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

| ABO GROUP | TYPE AB |
|-----------------------------|----------|
| METHOD : TUBE AGGLUTINATION | |
| RH TYPE | POSITIVE |
| METHOD : TUBE AGGLUTINATION | |

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

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| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : | SELF |
|---|-----------------------------|--------------------------------|
| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 0321XB001087 | AGE/SEX : 41 Years Female |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST | PATIENT ID : RASIF280183321 | DRAWN : |
| DELHI | CLIENT PATIENT ID: | RECEIVED : 10/02/2024 09:35:02 |
| NEW DELHI 110030 | ABHA NO : | REPORTED :13/02/2024 18:03:58 |
| 8800465156 | | |

Test Report Status Final

Results

Biological Reference Interval Units

| | BIOCHEMISTRY | | |
|--|---------------|---|------------|
| MEDI WHEEL FULL BODY HEALTH CHECKUP A | BOVE 40FEMALE | | |
| GLUCOSE FASTING, FLUORIDE PLASMA | | | |
| FBS (FASTING BLOOD SUGAR) METHOD : HEXOKINASE | 121 High | 74 - 99 | mg/dL |
| GLUCOSE, POST-PRANDIAL, PLASMA | | | |
| PPBS(POST PRANDIAL BLOOD SUGAR) METHOD : HEXOKINASE | 252 High | 70 - 140 | mg/dL |
| LIPID PROFILE WITH CALCULATED LDL | | | |
| CHOLESTEROL, TOTAL | 155 | Desirable: < 200 BorderlineHigh: 200 - 239 High: > or = 240 | mg/dL |
| | 100 | | |
| TRIGLYCERIDES | 108 | Desirable: < 150 BorderlineHigh: 150 - 199 High: 200 - 499 Very High: > or = 500 | mg/dL |
| METHOD : ENZYMATIC, COLORIMETRIC | 10 | | |
| HDL CHOLESTEROL | 48 | < 40 Low > or = 60 High | mg/dL |
| CHOLESTEROL LDL | 85 | Adult levels: Optimal < 100 Near optimal/above optimal 100-129 Borderline high : 130-159 High : 160-189 Very high : = 190 | mg/dL : |
| NON HDL CHOLESTEROL | 107 | Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220 | mg/dL |
| VERY LOW DENSITY LIPOPROTEIN | 21.6 | < or = 30 | mg/dL |

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| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : SELF | | | | |
|--|----------------------|---|------------|-------------------------|----------|
| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 0321X | B001087 | AGE/SEX | :41 Years | Female |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | PATIENT ID : RASIF28 | 30183321 | DRAWN | : | |
| F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI | CLIENT PATIENT ID: | | i | : 10/02/2024 | |
| NEW DELHI 110030 | ABHA NO : | | REPORTED | :13/02/2024 | 18:03:58 |
| 8800465156 | | | | | |
| Test Depart Status Final | Deculto | Pielogiaal | Deference | | Inite |
| Test Report Status <u>Final</u> | Results | Biological | Reference | e Interval l | Jhits |
| CHOL/HDL RATIO | 3.2 Low | 3.3 - 4.4 | | | |
| LDL/HDL RATIO | 1.8 | 0.5 - 3.0 3.1 - 6.0 Risk >6.0 Higt | Borderline | 'Low Risk e/Moderate | |

Interpretation(s)

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target. Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

| Risk Category | | | | | | |
|--|---|--|-----------------|-------------------------------|-----------------------|-----------------|
| Extreme risk group | A.CAD with > 1 feature of high risk group | | | | | |
| | B. CAD wit | B. CAD with > 1 feature of Very high risk group or recurrent ACS (within 1 year) despite LDL-C $< $ or = | | | | |
| | | 0 mg/dl or polyvascular disease | | | | |
| Very High Risk | 1. Establish | ed ASCVD 2. Diabetes | with 2 r | najor risk facto | rs or evidence of end | organ damage 3. |
| | Familial Ho | mozygous Hypercholes | terolemi | a | | |
| High Risk | | 1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ | | | | |
| | | CKD stage 3B or 4. 4. | | | | |
| | | Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque | | | | |
| Moderate Risk | 2 major AS | najor ASCVD risk factors | | | | |
| Low Risk | 0-1 major A | 0-1 major ASCVD risk factors | | | | |
| Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors | | | | | | |
| 1. Age $>$ or $=$ 45 year | s in males and | l > or = 55 years in fema | ales | Current Cig | garette smoking or to | bacco use |
| 2. Family history of p | remature ASC | CVD | | 4. High blood | l pressure | |
| 5. Low HDL | | | | | | |
| Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020. | | | | | | |
| Risk Group | | Treatment Goals | Treatment Goals | | Consider Drug Th | ierapy |
| | | LDL-C (mg/dl) | Non-H | DL (mg/dl) | LDL-C (mg/dl) | Non-HDL (mg/dl) |

| | LDL-C (mg/dl) | Non-HDL (mg/dl) | LDL-C (mg/dl) | Non-HDL (mg/dl) |
|-------------------------------|--|--|---------------|-----------------|
| Extreme Risk Group Category A | <50 (Optional goal | < 80 (Optional goal | >OR = 50 | >OR = 80 |
| | < OR = 30) | < OR = 60) | | |
| Extreme Risk Group Category B | <or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>> 30</td><td>>60</td></or></td></or> | <or 60<="" =="" td=""><td>> 30</td><td>>60</td></or> | > 30 | >60 |
| Very High Risk | <50 | <80 | >OR= 50 | >OR= 80 |
| High Risk | <70 | <100 | >OR= 70 | >OR=100 |
| Moderate Risk | <100 | <130 | >OR=100 | >OR=130 |
| Low Risk | <100 | <130 | >OR=130* | >OR=160 |

*After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

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| PATIENT NAME : RASIKA HITESH MAHURKAR | | REF. DOCTOR : | SELF |
|---|--------------------|--------------------------|--------------------------------|
| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 032 | AGE/SEX :41 Years Female | |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | PATIENT ID : RAS | SIF280183321 | DRAWN : |
| -703, LADO SARAI, MEHRAULISOUTH WEST DELHI | CLIENT PATIENT ID: | | RECEIVED : 10/02/2024 09:35:02 |
| NEW DELHI 110030 | ABHA NO : | | REPORTED :13/02/2024 18:03:58 |
| 8800465156 | | | |
| 5555455155 | | | |
| Test Report Status <u>Final</u> | Results | Biological | Reference Interval Units |
| BILIRUBIN, TOTAL | 0.33 | Upto 1.2 | mg/dL |
| BILIRUBIN, DIRECT | 0.17 | Upto 0.2 | mg/dL |
| METHOD : DIAZO COLORIMETRIC | - | | _ |
| BILIRUBIN, INDIRECT | 0.16 | 0.00 - 1.0 | 00 mg/dL |
| TOTAL PROTEIN | 7.2 | 6.4 - 8.3 | g/dL |
| METHOD : COLORIMETRIC | | | |
| ALBUMIN | 4.8 | 3.5 - 5.2 | g/dL |
| METHOD : BROMOCRESOL GREEN | | | <i>i</i> |
| GLOBULIN | 2.4 | 2.0 - 4.1 | g/dL |
| ALBUMIN/GLOBULIN RATIO | 2.0 | 1.0 - 2.0 | RATIO |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT) METHOD : IFCC WITHOUT PYRIDOXAL-5-PHOSPHATE | 16 | 0 - 32 | U/L |
| ALANINE AMINOTRANSFERASE (ALT/SGPT) METHOD : IFCC WITHOUT PYRIDOXAL-5-PHOSPHATE | 15 | 0 - 33 | U/L |
| ALKALINE PHOSPHATASE METHOD : COLORIMETRIC | 50 | 35 - 104 | U/L |
| GAMMA GLUTAMYL TRANSFERASE (GGT) METHOD : ENZYMATIC, COLORIMETRIC | 33 | 5 - 36 | U/L |
| LACTATE DEHYDROGENASE METHOD : UV ASSAY METHOD | 193 | 135 - 214 | U/L |
| BLOOD UREA NITROGEN (BUN), SERUM | | | |
| BLOOD UREA NITROGEN | 10 | 6 - 20 | mg/dL |
| CREATININE, SERUM | | | |
| CREATININE | 0.55 Low | 0.60 - 1.1 | _0 mg/dL |
| METHOD : JAFFE ALKALINE PICRATE | | 0.000 111 | |
| BUN/CREAT RATIO | | | |
| BUN/CREAT RATIO | 18.18 High | 5.0 - 15.0 |) |
| | | | |

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| PATIENT NAME : RASIKA HITESH MAHURKAR | R REF. DOCTOR : SELF | | | |
|--|--|------------------------|--|------------------|
| CODE/NAME & ADDRESS : C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156 | ACCESSION NO : 0321XBO PATIENT ID : RASIF2801 CLIENT PATIENT ID: ABHA NO : | | AGE/SEX :41 Years DRAWN : RECEIVED :10/02/20 REPORTED :13/02/20 |)24 09:35:02 |
| Test Report Status <u>Final</u> | Results | Biological | Reference Interval | Units |
| URIC ACID, SERUM URIC ACID | 4.5 | 2.4 - 5.7 | | mg/dL |
| TOTAL PROTEIN, SERUM TOTAL PROTEIN METHOD : COLORIMETRIC | 7.2 | 6.4 - 8.3 | | g/dL |
| ALBUMIN, SERUM ALBUMIN METHOD : BROMOCRESOL GREEN | 4.8 | 3.5 - 5.2 | | g/dL |
| GLOBULIN GLOBULIN | 2.4 | 2.0 - 4.1 | | g/dL |
| ELECTROLYTES (NA/K/CL), SERUM SODIUM, SERUM METHOD : ISE POTASSIUM, SERUM | 137.4 3.83 | 136 - 145 3.3 - 5.1 | | mmol/L mmol/L |
| METHOD : ISE CHLORIDE, SERUM METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY | 103.3 | 98 - 106 | | mmol/L |

Chloride

Interpretation(s)

Sodium Potassium

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Test Report Status



Biological Reference Interval Units

| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : S | SELF |
|--|-----------------------------|--------------------------------|
| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 0321XB001087 | AGE/SEX : 41 Years Female |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | PATIENT ID : RASIF280183321 | DRAWN : |
| F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI | CLIENT PATIENT ID: | RECEIVED : 10/02/2024 09:35:02 |
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| 8800465156 | | |
| | | |

Results

| Decreased in:CCF, cirrhosis, | Decreased in: Low potassium | Decreased in: Vomiting, diarrhea, |
|---------------------------------------|--|--|
| vomiting, diarrhea, excessive | intake,prolonged vomiting or diarrhea, | renal failure combined with salt |
| sweating, salt-losing | RTA types I and II, | deprivation, over-treatment with |
| nephropathy,adrenal insufficiency, | hyperaldosteronism, Cushing's | diuretics, chronic respiratory acidosis, |
| nephrotic syndrome, water | syndrome,osmotic diuresis (e.g., | diabetic ketoacidosis, excessive |
| intoxication, SIADH. Drugs: | hyperglycemia),alkalosis, familial | sweating, SIADH, salt-losing |
| thiazides, diuretics, ACE inhibitors, | periodic paralysis,trauma | nephropathy, porphyria, expansion of |
| chlorpropamide,carbamazepine,anti | (transient).Drugs: Adrenergic agents, | extracellular fluid volume, |
| depressants (SSRI), antipsychotics. | diuretics. | adrenalinsufficiency, |
| | | hyperaldosteronism, metabolic |
| | | alkalosis. Drugs: chronic |
| | | laxative,corticosteroids, diuretics. |
| Increased in: Dehydration | Increased in: Massive hemolysis, | Increased in: Renal failure, nephrotic |
| (excessivesweating, severe | severe tissue damage, rhabdomyolysis, | syndrome, RTA,dehydration, |
| vomiting or diarrhea),diabetes | acidosis, dehydration,renal failure, | overtreatment with |
| mellitus, diabetesinsipidus, | Addison's disease, RTA type IV, | saline,hyperparathyroidism, diabetes |
| hyperaldosteronism, inadequate | hyperkalemic familial periodic | insipidus, metabolic acidosis from |
| water intake. Drugs: steroids, | paralysis. Drugs: potassium salts, | diarrhea (Loss of HCO3-), respiratory |
| licorice, oral contraceptives. | potassium- sparing diuretics,NSAIDs, | alkalosis, hyperadrenocorticism. |
| | beta-blockers, ACE inhibitors, high- | Drugs: acetazolamide, and rogens, |
| | dose trimethoprim-sulfamethoxazole. | hydrochlorothiazide, salicylates. |
| Interferences: Severe lipemia or | Interferences: Hemolysis of sample, | Interferences:Test is helpful in |
| hyperproteinemi, if sodium analysis | delayed separation of serum, | assessing normal and increased anion |
| involves a dilution step can cause | prolonged fist clenching during blood | gap metabolic acidosis and in |
| spurious results. The serum sodium | drawing, and prolonged tourniquet | distinguishing hypercalcemia due to |
| falls about 1.6 mEq/L for each 100 | placement. Very high WBC/PLT counts | hyperparathyroidism (high serum |
| mg/dL increase in blood glucose. | may cause spurious. Plasma potassium | chloride) from that due to malignancy |
| | levels are normal. | (Normal serum chloride) |

Interpretation(s)

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Final

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.Decreased in :Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease, malignancy (adrenocotical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control. High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin

treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE. SERUM-

>Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than

unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin. AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly

measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the

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| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : | SELF |
|--|--|---|
| CODE/NAME & ADDRESS : C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156 | ACCESSION NO : 0321XB001087 PATIENT ID : RASIF280183321 CLIENT PATIENT ID: ABHA NO : | AGE/SEX :41 Years Female DRAWN : RECEIVED :10/02/2024 09:35:02 REPORTED :13/02/2024 18:03:58 |
| Test Report Status Einal | Results Biological | Reference Interval Units |

liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

Abrevers serving Trypophatasia, Haindarton, Protein denderby, wisons disease.
(b)= GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

ds>Total Protein also known as total protein; a biocherical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease,

Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing

enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to:

Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)
 Lower than normal level may be due to:
 Myasthenia Gravis, Muscuophy
 URIC ACID, SERUM-
Lowers of Increased levels:
 Destary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2

DM,Metabolic syndrome

Social Science (a) Social (a) Socia Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

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| PATIENT NAME: RASIKA HITESH MAHURKAR | REF. DOCTOR : | SELF |
|--|---|---|
| CODE/NAME & ADDRESS : C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | ACCESSION NO : 0321XB001087 PATIENT ID : RASIF280183321 | AGE/SEX :41 Years Female DRAWN : |
| F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156 | CLIENT PATIENT ID: ABHA NO : | RECEIVED : 10/02/2024 09:35:02 REPORTED :13/02/2024 18:03:58 |
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| CLINICAL PATH - URINALYSIS | | | |
|--|----------------|---------------|--|
| MEDI WHEEL FULL BODY HEALTH CHECKUP | ABOVE 40FEMALE | | |
| PHYSICAL EXAMINATION, URINE | | | |
| COLOR | Yellow | | |
| APPEARANCE | Clear | | |
| CHEMICAL EVANIMATION LIDINE | | | |
| CHEMICAL EXAMINATION, URINE | <u> </u> | | |
| PH METHOD : REFLECTANCE SPECTROPHOTOMETRY | 6.0 | 4.7 - 7.5 | |
| SPECIFIC GRAVITY | 1.015 | 1.003 - 1.035 | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | | |
| PROTEIN | NOT DETECTED | NEGATIVE | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | | |
| GLUCOSE | NOT DETECTED | NEGATIVE | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | NOT DETECTED | NOT DETECTED | |
| KETONES METHOD : REFLECTANCE SPECTROPHOTOMETRY | NOT DETECTED | NOT DETECTED | |
| BLOOD | NOT DETECTED | NOT DETECTED | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | | |
| BILIRUBIN | NOT DETECTED | NOT DETECTED | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | | |
| UROBILINOGEN | NORMAL | NORMAL | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | NOTOFTET | |
| | NOT DETECTED | NOT DETECTED | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY LEUKOCYTE ESTERASE | NOT DETECTED | NOT DETECTED | |
| METHOD : REFLECTANCE SPECTROPHOTOMETRY | | | |
| | | | |

MICROSCOPIC EXAMINATION, URINE

| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED | /HPF |
|--|--------------|--------------|------|
| METHOD : MICROSCOPIC EXAMINATION PUS CELL (WBC'S) | 0-1 | 0-5 | /HPF |
| METHOD : MICROSCOPIC EXAMINATION EPITHELIAL CELLS | NOT DETECTED | 0-5 | /HPF |

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View Report







| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : | SELF |
|--|--|---|
| CODE/NAME & ADDRESS : C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156 | ACCESSION NO : 0321XB001087 PATIENT ID : RASIF280183321 CLIENT PATIENT ID: ABHA NO : | AGE/SEX :41 Years Female DRAWN : RECEIVED :10/02/2024 09:35:02 REPORTED :13/02/2024 18:03:58 |
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| METHOD : MICROSCOPIC EXAMINATION | | | |
|----------------------------------|---|--------------|--|
| CASTS | NOT DETECTED | | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| CRYSTALS | NOT DETECTED | | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| BACTERIA | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| YEAST | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| REMARKS | | | |
| | MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT OF CENTRIFUGED URINARY SEDIMENT. | | |

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

| Presence of | Conditions |
|-------------------------|---|
| Proteins | Inflammation or immune illnesses |
| Pus (White Blood Cells) | Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment |
| Glucose | Diabetes or kidney disease |
| Ketones | Diabetic ketoacidosis (DKA), starvation or thirst |
| Urobilinogen | Liver disease such as hepatitis or cirrhosis |
| Blood | Renal or genital disorders/trauma |
| Bilirubin | Liver disease |
| Erythrocytes | Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases |
| Leukocytes | Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions |
| Epithelial cells | Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time |
| Granular Casts | Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein |
| Hyaline casts | Physical stress, fever, dehydration, acute congestive heart failure, renal diseases |

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| PATIENT NAME : RASIKA HITESH MAHURKAR | REF. DOCTOR : S | SELF |
|--|-----------------------------|--------------------------------|
| CODE/NAME & ADDRESS : C000138364 | ACCESSION NO : 0321XB001087 | AGE/SEX : 41 Years Female |
| ARCOFEMI HEALTHCARE LTD (MEDIWHEEL | PATIENT ID : RASIF280183321 | DRAWN : |
| F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI | CLIENT PATIENT ID: | RECEIVED : 10/02/2024 09:35:02 |
| NEW DELHI 110030 | ABHA NO : | REPORTED :13/02/2024 18:03:58 |
| 8800465156 | | |
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|--------------------|--------------|---------------------------------------|-------|
|--------------------|--------------|---------------------------------------|-------|

| Calcium oxalate | Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice |
|-----------------------|---|
| Uric acid | arthritis |
| Bacteria | Urinary infectionwhen present in significant numbers & with pus cells. |
| Trichomonas vaginalis | Vaginitis, cervicitis or salpingitis |

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| | CYTOLOGY |
|----------------------------------|--|
| MEDI WHEEL FULL BODY HEALTH CHEC | CKUP ABOVE 40FEMALE |
| PAPANICOLAOU SMEAR | |
| TEST METHOD | CONVENTIONAL GYNEC CYTOLOGY |
| SPECIMEN TYPE | TWO UNSTAINED CERVICAL SMEARS RECEIVED |
| REPORTING SYSTEM | 2014 BETHESDA SYSTEM FOR REPORTING CERVICAL CYTOLOGY |
| SPECIMEN ADEQUACY | SMEARS ARE SATISFACTORY FOR EVALUATION. |
| MICROSCOPY | SMEARS SHOW PREDOMINANTLY SUPERFICIAL AND INTERMEDIATE SQUAMOUS CELLS AGAINST BACKGROUND OF MILD ACUTE INFLAMMATION. ENDOCERVICAL CELLS NOT SEEN ON SMEAR. NO EVIDENCE OF DYSPLASIA OR MALIGNANT CELLS SEEN. NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY |
| INILKERLIAIION / RESULT | NEGATIVE FOR INTRAELITIELIAE LESION OR PALIGNANCE |

Comments

PAP SMEAR IS A SCREENING PROCEDURE FOR CERVICAL CANCER WITH INHERENT FALSE NEGATIVE RESULTS HENCE RESULTS SHOULD BE INTERPRETED WITH CAUTION.

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| CLINICAL PATH - STOOL ANALYSIS | | | |
|--|--------------|--------------|------|
| MEDI WHEEL FULL BODY HEALTH CHECKUP ABO | OVE 40FEMALE | | |
| PHYSICAL EXAMINATION, STOOL | | | |
| COLOUR | BROWN | | |
| CONSISTENCY | WELL FORMED | | |
| MUCUS | ABSENT | NOT DETECTED | |
| VISIBLE BLOOD | ABSENT | ABSENT | |
| | NOT DETECTED | | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| CHEMICAL EXAMINATION, STOOL | | | |
| STOOL PH | ALKALINE | | |
| OCCULT BLOOD | NOT DETECTED | NOT DETECTED | |
| METHOD : HEMOSPOT | | | |
| | | | |
| MICROSCOPIC EXAMINATION, STOOL | | | |
| PUS CELLS | NOT DETECTED | | /hpf |
| RED BLOOD CELLS | NOT DETECTED | NOT DETECTED | /HPF |
| METHOD : MICROSCOPIC EXAMINATION | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | NOT DETECTED | NOT DETECTED | |
| OVA | NOT DETECTED | | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| LARVAE METHOD : MICROSCOPIC EXAMINATION | NOT DETECTED | NOT DETECTED | |
| TROPHOZOITES | NOT DETECTED | NOT DETECTED | |
| METHOD : MICROSCOPIC EXAMINATION | | | |
| | ABSENT | | |
| VEGETABLE CELLS | ABSENT | | |
| CHARCOT LEYDEN CRYSTALS | ABSENT | | |

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Interpretation(s)

Stool routine analysis is only a screening test for disorders of gastrointentestinal tract like infection, malabsorption, etc. The following table describes the probable conditions, in which the analytes are present in stool.

| PRESENCE OF | CONDITION |
|------------------------|--|
| Pus cells | Pus in the stool is an indication of infection |
| Red Blood cells | Parasitic or bacterial infection or an inflammatory bowel condition such as ulcerative colitis |
| Parasites | Infection of the digestive system. Stool examination for ova and parasite detects presence of parasitic infestation of gastrointestinal tract. Various forms of parasite that can be detected include cyst, trophozoite and larvae. One negative result does not rule out the possibility of parasitic infestation. Intermittent shedding of parasites warrants examinations of multiple specimens tested on consecutive days. Stool specimens for parasitic examination should be collected before initiation of antidiarrheal therapy or antiparasitic therapy. This test does not detect presence of opportunistic parasites like Cyclospora, Cryptosporidia and Isospora species. Examination of Ova and Parasite has been carried out by direct and concentration techniques. |
| Mucus | Mucus is a protective layer that lubricates, protects& reduces damage due to bacteria or viruses. |
| Charcot-Leyden crystal | Parasitic diseases. |
| Ova & cyst | Ova & cyst indicate parasitic infestation of intestine. |
| Frank blood | Bleeding in the rectum or colon. |
| Occult blood | Occult blood indicates upper GI bleeding. |
| Macrophages | Macrophages in stool are an indication of infection as they are protective cells. |
| Epithelial cells | Epithelial cells that normally line the body surface and internal organs show up in stool when there is inflammation or infection. |
| Fat | Increased fat in stool maybe seen in conditions like diarrhoea or malabsorption. |
| рН | Normal stool pH is slightly acidic to neutral. Breast-fed babies generally have an acidic stool. |

ADDITIONAL STOOL TESTS :

- 1. <u>Stool Culture</u>:- This test is done to find cause of GI infection, make decision about best treatment for GI infection & to find out if treatment for GI infection worked.
- 2. <u>Fecal Calprotectin</u>: It is a marker of intestinal inflammation. This test is done to differentiate Inflammatory Bowel Disease (IBD) from Irritable Bowel Syndrome (IBS).
- Fecal Occult Blood Test(FOBT): This test is done to screen for colon cancer & to evaluate possible cause of unexplained anaemia.
 Clostridium Difficile Toxin Assay: This test is strongly recommended in healthcare associated bloody or waterydiarrhoea, due to
 - overuse of broad spectrum antibiotics which alter the normal GI flora.

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- <u>Biofire (Film Array) GI PANEL</u>: In patients of Diarrhoea, Dysentry, Rice watery Stool, FDA approved, Biofire Film Array Test,(Real Time Multiplex PCR) is strongly recommended as it identifies organisms, bacteria,fungi,virus ,parasite and other opportunistic pathogens, Vibrio cholera infections only in 3 hours. Sensitivity 96% & Specificity 99%.
- 6. <u>Rota Virus Immunoassay</u>: This test is recommended in severe gastroenteritis in infants & children associated with watery diarrhoea, vomitting& abdominal cramps. Adults are also affected. It is highly contagious in nature.

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Results

Biological Reference Interval Units

SPECIALISED CHEMISTRY - HORMONE MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE THYROID PANEL, SERUM ng/dL T3 121.80 Non-Pregnant Women 80.0 - 200.0 Pregnant Women 1st Trimester: 105.0 - 230.0 2nd Trimester: 129.0 - 262.0 3rd Trimester:135.0 - 262.0 METHOD : ECLIA T4 8.12 Non-Pregnant Women µg/dL 5.10 - 14.10 Pregnant Women 1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70 METHOD : ECLIA TSH (ULTRASENSITIVE) 2.600 Non Pregnant Women µIU/mL 0.27 - 4.20 Pregnant Women (As per American Thyroid Association) 1st Trimester 0.100 - 2.500 2nd Trimester 0.200 - 3.000 3rd Trimester 0.300 - 3.000

METHOD : ECLIA

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically

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active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

| Sr. No. | TSH | Total T4 | FT4 | Total T3 | Possible Conditions | |
|---------|------------|----------|--------|----------|--|--|
| 1 | High | Low | Low | Low | (1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) | |
| | | | | | Post Thyroidectomy (4) Post Radio-Iodine treatment | |
| 2 | High | Normal | Normal | Normal | (1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid | |
| | | | | | hormone replacement therapy (3) In cases of Autoimmune/Hashimoto | |
| | | | | | thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical | |
| | | | | | inflammation, drugs like amphetamines, Iodine containing drug and | |
| | | | | | dopamine antagonist e.g. domperidone and other physiological reasons. | |
| 3 | Normal/Low | Low | Low | Low | (1) Secondary and Tertiary Hypothyroidism | |
| 4 | Low | High | High | High | (1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre | |
| | | _ | _ | _ | (3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid | |
| | | | | | hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 | |
| | | | | | replacement therapy (7) First trimester of Pregnancy | |
| 5 | Low | Normal | Normal | Normal | (1) Subclinical Hyperthyroidism | |
| 6 | High | High | High | High | (1) TSH secreting pituitary adenoma (2) TRH secreting tumor | |
| 7 | Low | Low | Low | Low | (1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent | |
| | | | | | treatment for Hyperthyroidism | |
| 8 | Normal/Low | Normal | Normal | High | (1) T3 thyrotoxicosis (2) Non-Thyroidal illness | |
| 9 | Low | High | High | Normal | (1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies | |

REF: 1. TIETZ Fundamentals of Clinical chemistry 2. Guidlines of the American Thyroid association duriing pregnancy and Postpartum, 2011. NOTE: It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

> **End Of Report** Please visit www.agilusdiagnostics.com for related Test Information for this accession

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CONDITIONS OF LABORATORY TESTING & REPORTING

 It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
 All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.

3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.

4. A requested test might not be performed if:

- i. Specimen received is insufficient or inappropriate
- ii. Specimen quality is unsatisfactory
- iii. Incorrect specimen type

iv. Discrepancy between identification on specimen container label and test requisition form

5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.

6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.

7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.

8. Test results cannot be used for Medico legal purposes.

9. In case of queries please call customer care

(91115 91115) within 48 hours of the report.

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