

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mrs. Sapna Gaikwad Date: 29/2/24

Age: 36 y Sex: M/F Weight: 57.1 kg Height: 152.9 inc BMI: 24.4

BP: 105/67 mmHg Pulse: 76/m bpm RBS: _____ mg/dl

SPO2: 97%

LMP - 20/2/24

36/F

FIM - Neg

Non HT

Non DM

O/E

JVP° oedema°

Ch /
L /
PIA / N .

Adv.

Diet

Exercise

Rpr. FLP after 6 mths

Inv.

LDL - 135

Small yr anr. uricus

Dr. VIMMI GOEL
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Sr. Consultant Non Invasive Cardiology
Reg. No.: 2014/01/0113

Name : Mrs. Sapna. Gaikwad. Date : 29/2/24.
Age : 36 Sex : M/F Weight : _____ kg Height : _____ inc BMI : _____
BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

O/E: crowding in (L) ant.
mesio-angulated st
cal + +
stain +.

Adv: - Oral prophylaxis
Extraction = st
Orthodontic treatment.

Dr. Prayal

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SAPNA GAIKWAD 36Y(S) 1M(S) 28D(S)/F KH50715 8856038637	CONSULT DATE : 29-02-2024 CONSULT ID : OPC2324119350 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	---	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
		Instructions : BOTH EYES				
		Composition : SODIUM HYALURONATE 0.1% W/V				

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-1.00	-0.25	105	6/6
LEFT EYE	-1.00	-0.25	80	6/6

NEAR ADDITION

RIGHT EYE		00	N6
LEFT EYE		00	N6

REMARK- CAN CONTINUE WITH OLD GLASSES

REVIEW

Follow up Date : 29-08-2024



Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 29-02-2024 10:58:04



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. Sapna Gaikwad
Bill No/ UMR No : BIL2324081111/KH50715
Received Dt : 29-Feb-24 08:43 am

Age /Gender : 36 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 29-Feb-24 10:23 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.3	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		36.6	36.0 - 46.0 %	Calculated
RBC Count		4.71	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.6	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		234	150 - 450 10^3 /cumm	Impedance
WBC Count		6500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		61.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		30.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		5.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		2.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3965	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1989	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		370.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		175.5	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Microcytosis + (Few), Hypochromia + (Few), Anisocytosis + (Few) As Above		Light microscopy
WBC		Adequate		
Platelets		24	0 - 20 mm/hr	Automated Westergren's Method
ESR		*** End Of Report ***		

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. Sapna Gaikwad	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 08:43 am	Report Date : 29-Feb-24 10:52 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	85	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		63	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		4.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

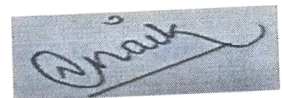
*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. Sapna Gaikwad	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 08:43 am	Report Date : 29-Feb-24 11:06 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	220 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		101 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		51 > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		135.52 < 100 mg/dl	Enzymatic
VLDL Cholesterol		20 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		4 3 - 5	Calculation

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk>20%			
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100131

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DR. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Sapna Gaikwad **Age / Gender** : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 08:43 am **Report Date** : 29-Feb-24 11:06 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.35	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.20	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.18	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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**Dr. VAIDEHEE NAIK, MBBS,MD
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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Sapna Gaikwad
Age /Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 08:43 am
Report Date : 29-Feb-24 11:06 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.46	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.18	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.28	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		66	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		22	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		23	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.64	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.35	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.29	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.3		
*** End Of Report ***				

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Sapna Gaikwad
Bill No/ UMR No : BIL2324081111/KH50715
Received Dt : 29-Feb-24 08:43 am

Age /Gender : 36 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 29-Feb-24 11:06 am

RFT

Parameter

Blood Urea
 Creatinine
 GFR
 Sodium
 Potassium

Specimen
 Serum

Result Values
 27
 0.7
 114.9
 141
 4.66

Biological Reference

15.0 - 36.0 mg/dl
 0.52 - 1.04 mg/dl
 >90 mL/min/1.73m square.
 136 - 145 mmol/L
 3.5 - 5.1 mmol/L

Method

Urease with indicator dye
 Enzymatic (creatinine amidohydrolase)
 Calculation by CKD-EPI 2021
 Direct ion selective electrode
 Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Sapna Gaikwad	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 11:06 am	Report Date : 29-Feb-24 12:52 pm

URINE SUGAR

Parameter
Urine Glucose
NOTE:

Result Values

Negative
Post Meal Urine Sugar
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. Sapna Gaikwad	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:37 am	Report Date : 29-Feb-24 10:57 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
PHYSICAL EXAMINATION			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
CHEMICAL EXAMINATION			
Reaction (pH)		6	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
MICROSCOPIC EXAMINATION			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent

Indicators
ion concentration
protein error of pH
indicator
GOD/POD
Diazonium
Legal's est Principle

Ehrlich's Reaction

Manual
Manual
Manual
Manual



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. Sapna Gaikwad
Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:37 am
Report Date : 29-Feb-24 10:57 am

Parameter
Crystals
Others

Specimen

Results

Absent
Absent
*** End Of Report ***

Method

Manual

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. Sapna Gaikwad
Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2324081111/KH50715
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 08:43 am
Report Date : 29-Feb-24 11:26 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen EDTA Whole Blood & Plasma/
Results " B "

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	Sapna Gaikwad	STUDY DATE	29-02-2024 09:47:18
AGE/SEX	36Y 1M 29D / F	HOSPITAL NO.	KH50715
ACCESSION NO.	BIL2324081111-10	MODALITY	DX
REPORTED ON	29-02-2024 10:47	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.
 Heart and Aorta are normal.
 Both hilar shadows appear normal.
 Diaphragm domes and CP angles are clear.
 Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.

R.R. KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

SPANV Medisearch Lifesciences Private Limited

N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations.
 Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
Phone: +91 97 12 6789100

CIN: U74999MH2018PTC303510

PATIENT NAME:	MRS. SAPNA GAIKWAD	AGE /SEX:	36 YRS/F
UMR NO:	KH50715	BILL NO:	2324081111
REFERRED BY	DR. VIMMI GOEL	DATE	29/02/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Right kidney measures 10.5 x 4.1 cm. Left kidney measures 10.1 x 4.2 cm. Both KIDNEYS are normal in shape, size and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.

An anechoic cyst of size 12 x 7 x 8 mm is seen in the anterior lower uterine segment.

No other focal myometrial lesion seen.

Endometrial echo-complex appear normal. ET- 10 mm.

No adnexal mass lesion seen.

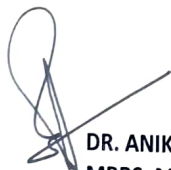
There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

Anechoic cyst in the anterior lower uterine segment.

No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR. ANIKET KUSRAM
MBBS, MD, DNB (Radio-diagnosis)
Reg no: 2017094427

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Sapna Gaikwad
 Age : 36 years / Female
 UMR : KH50715
 Date : 29/02/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 105/67 mm Hg (Right arm, Supine position)
 BSA : 1.55 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 59%
Normal LV diastolic function
E/A is 1.9
E/E' is 7.6 (Normal filling pressure)
Valves are normal
Trivial MR
Trivial AR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 59%. Normal LV diastolic function. E Velocity is 100 cm/s, A Velocity is 51 cm/s. E/A is 1.9. Valves are normal. Trivial MR. Trivial AR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 11.3 cm/sec & at lateral mitral annulus is 15.5 cm/sec.
E/E' is 7.6 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	29
Aortic root	20-37	7-28	24
LVIDd	35-55	8-47	48
LVIDs	23-39	6-28	32
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	59%
Fractional Shortening			31%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

P.T.O

36 Years

EKG DEPT.

Rate 70 Sinus rhythm.....normal P axis, V-rate 50-99
Baseline wander in lead(s) V4, V5

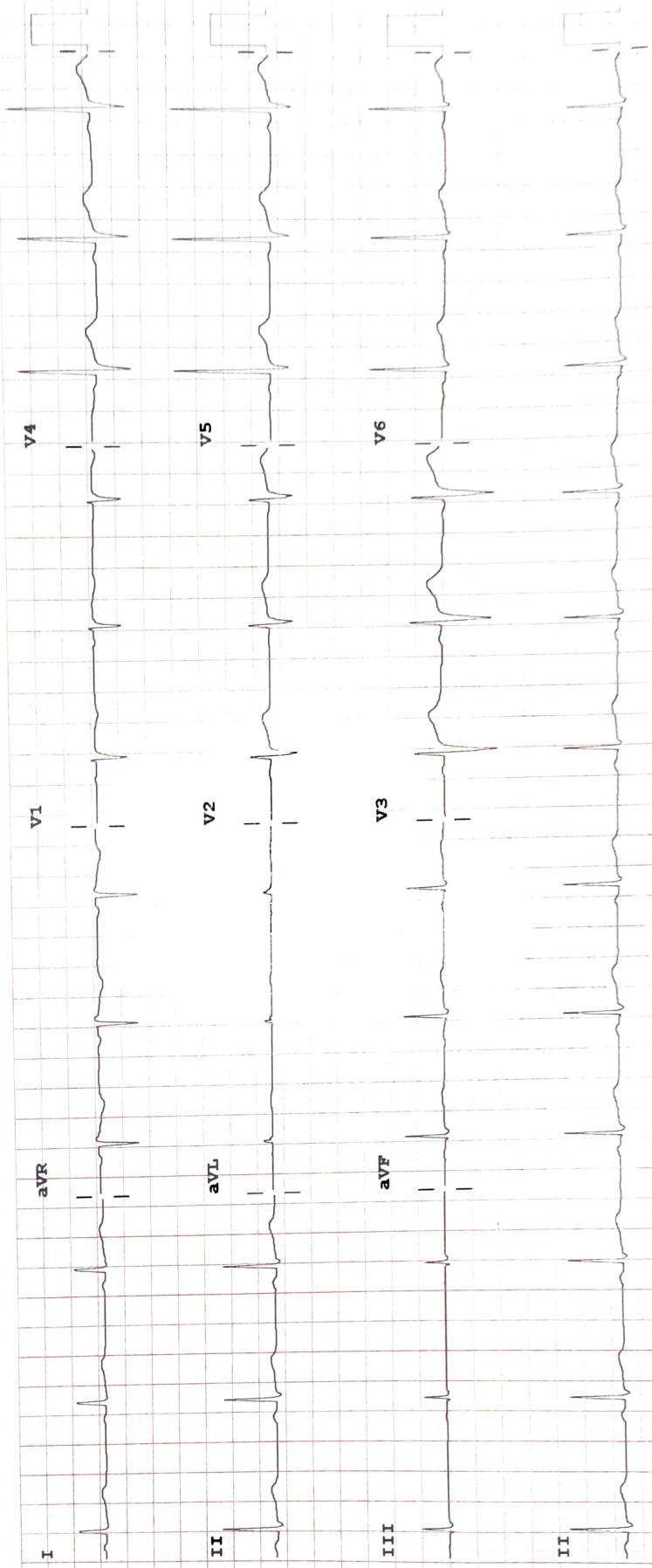
PR 130
QRSD 88
QT 384
QTc 415

--AXIS--
P 44
QRS 37
T 36

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?