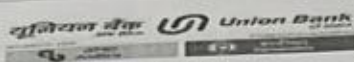


Health checkup at tie-up Ctr

HealthChkup Authorisatn letter



Union Bank of India
RO - AHMEDNAGAR
AHMEDNAGAR, AHMEDNAGAR,
Maharashtra, - 0

To,

The Chief Medical Officer

M/S Mediwheel
https://mediwheel.in/signup011-
41195959(A brand name of
Arcofemi Healthcare Ltd).
Mumbai400021

Dear Sir,

Tie-up arrangement for Health Checkup under Health Checkup

35-40 Female

Shri/Smt./Kum. SHINDE, SONALI MAHESH

P.F. No. 602127

Designation : Asst Manager

Checkup for Financial Year

2023-
2024

Approved Charges Rs.

3000.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank.

Please send the receipt of the above payment and the relevant reports to our above address.

Thanking you,

Yours Faithfully,

(Signature of the Employee)

BRANCH MANAGER/SENIOR MANAGER



PS. : Status of the application - Sanctioned

View Worklist

Health checkup at tie-up Ctr | HealthChkup Authorisatn letter

व्यापार व वैयक्तिक
सोने तारण कर्ज उपलब्ध
* सोपी सुलभ व जलद व
* कमीत कमी कागदपत्रे



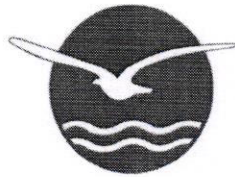
Union Home

GET INSTANT HOME LOAN
AT ATTRACTIVE TERMS
WITH MINIMUM PAPERWORK

Interest on daily
reducing balance

अधिक माहित

कर्ज वितरण करणारी शा



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Jayshri Valendra on 11-9-24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> Unfit 	<input type="checkbox"/>

Dr. _____

Medical Officer

Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (MNC)
 Approved By DG Shipping (MNC)
 Consultant in Marine Medicine & Aviation Medicine
 A-101-102, Heritage Plaza, Teli Cross Lane,
 Andheri East, Mumbai-400 069
 SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

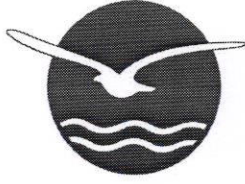
DATE OF EXAMINATION	11/09/2024.		
NAME	JAYSHRI. NATUBHAI. VALENDRA.		
AGE	26.	GENDER	Female.
HEIGHT (CM)	159 cm	WEIGHT (KG)	75 kg.
B.P.	100 / 60 mm Hg.		
ECG	WNL		
X Ray	NAD		
Vision Checkup	Color Vision:	Normal	
	Far Vision Ratio:	6/6 - Aided	
	Near Vision Ratio:	N5 - Unaided	
Present Ailments	PCOD (Not on Rx currently)		
Details of Past ailments (If Any)	N/d		
Comments / Advice:	Fit		

Signature with Stamp of Medical Examiner

Dr. MUKUL ARTE MBBS, DNB
Regn. No: 44293 (MMC)
Approved By DG Shipping (GOI)
Consultant In Marine Medicine & Aviation Medicine
A-101-102, Heritage Plaza, Teli Cross Lane,
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Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : JNVM119134338
Patient Name : Ms. JAYSHRI NATUBHAI VALENDRA
Rank :
Ref By : DR. MUKUL ARTE
Reg. : 11-Sep-2024
Report Date : 11-Sep-2024
Company Name : M/S. APOLLO HEALTH AND LIFESTYLE
Age/Sex : 26 Year / Female

CHEST X RAY REPORT

X-Ray No : 7751

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

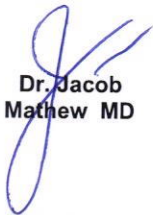
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

भारत सरकार
GOVERNMENT OF INDIA

जयश्री नटुभाई वालेन्द्र
Jayshri Natubhai Valendra

जन्म वर्ष / Year of Birth : 1997
स्त्री / Female

5105 5007 6953

आधार - सामान्य माणसाचा अधिकार



Jayshri

Pat-Name:

Jayshri Valendra

Age: 26 Y / F

..... cm / kg

..... / mmHg

HR 74/min

Intervals:

RR 807 ms

P 112 ms

PR 142 ms

QRS 70 ms

QT 356 ms

QTc 400 ms

10 mm/mV

Axis:

P 63°

QRS 63°

T 34°

P (II) 0.19 mV

S (V1) -0.75 mV

R (V5) 1.28 mV

Sokol. 2.04 mV

Dr. MUKUL ARTE MBBS, DNB

Regn. No: 44293 (MMC)

Approved By DG Shipping (G01)

Consultant In Marine Medicine & Aviation Medicine

112, Heritage Plaza, Teli Cross Lane,

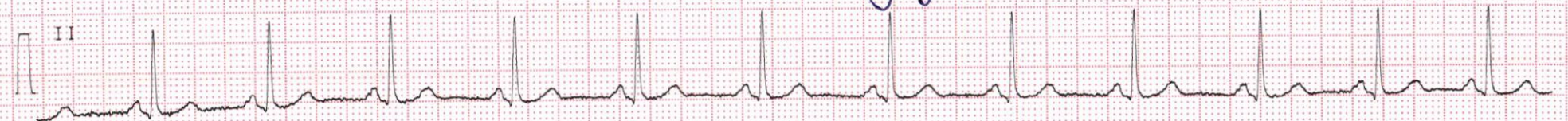
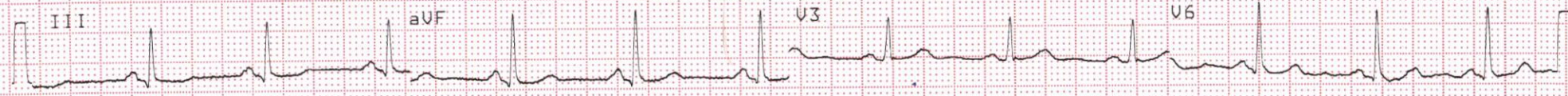
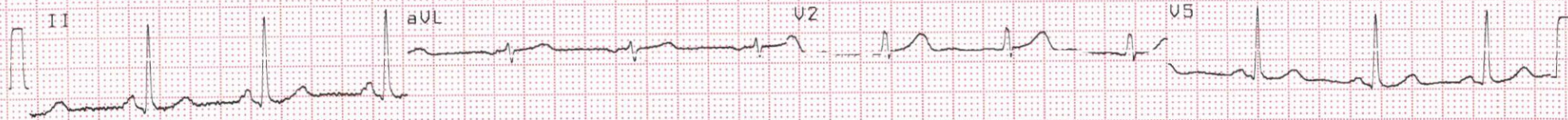
Asandri East, Mumbai-400-069

SEA BIRD MEDICARE CENTRE

W. K. S.



10 mm/mV



Jayshri



PID NO. : CIA0646
 Name : JAYSHRI NATUBHAI VALENDRA
 Sex / Age : Female / 26 Years
 Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
 Sample Collected At :
 Sea Bird Medicare
 105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
 Processing Location: - Sea Bird Medicare
 105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
 11-Sep-2024 / 9:19 am
 Coll Date
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 11-Sep-2024 / 2:58 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	11.90	U/L	0 - 33
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.38	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.15	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.23	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.52	mg/dl	0.5 - 0.95

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
 Lab Technician

DR. RITESH KHARCHE
 MBBS, MD PATHOLOGY
Pathologist
 MMC Reg No.2006031680

Proudly... Caring For You

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Sex / Age : Female / 26 Years

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11-Sep-2024 / 2:57 pm

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	5.34	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.52	mg / dL	0.5 - 0.95 mg/dl
BUN/Creatinine Ratio Calculated	10.2		10 - 20.1
Urea (Serum, Method-Urease)	11.44	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade
Lab TechnicianDR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680*Proudly... Caring For You*

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 Sex / Age : Female / 26 Years
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 Gardens, Powai, Mumbai-400076
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 11-Sep-2024 / 9:19 am
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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	79.70	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	97.19	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade
 Lab Technician

DR. RITESH KHARCHE
 MBBS, MD PATHOLOGY
 Pathologist
 MMC Reg No.2006031680

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REPORT

BLOOD GLUCOSE

TestResultUnitsBIOLOGICAL REFERENCE INTERVAL

----- End of Report -----

Pritam Dhanawade
Lab TechnicianDR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade
Lab TechnicianDR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680*Proudly... Caring For You*

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	13	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.67	million / cumm	3.8- 4.8
HCT	37.8	%	35-48
MCV	80.9	fL	83 - 101
MCH	27.7	pg	27 - 32
MCHC	34.3	gm / dl	31.5 - 34.5
RDW (CV)	13.5	%	11.6- 14.0
Total W.B.C. Count	6130	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	309000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade
Lab TechnicianDR. RITESH KHARCHE
MBBS, MD PATHOLOGY
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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	20	mm at 1hr	0 - 20

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade
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Pathologist
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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Pritam Dhanawade
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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade
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