

Annexure-2

Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name SURISHWAR Middle Name RAMESH Surname DESHMUKHAR
Address: GOUGH TOWER-T1, RUNWAL FOREST
1-KANJUR MARG (W) LBB ROAD
City: MUMBAI Pin: 400078
Birth Place: _____ Birth Date: 23-04-72 Religion: Hindu
(dd/mm/yyyy)
Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No. If yes specify

Name	Nature of work	Duration
i)		
ii)		
iii)		

3 NAME OF FAMILY DOCTOR:

Address:

Contact Details:

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

Jobs

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No. If yes specify with disability %

no

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work
Have you ever suffered from job related disease or injury?
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No, if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization:

	Yes	No
Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Covid taken

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	82			
Mother			70	skin cancer 2017
Spouse	50	Good		
Children-1	16	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 19/02/2024


(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	19/02/2024	
NAME	Suryeshwar Deshpande	
AGE	52 yro	Gender: Male
HEIGHT(cm)	159	WEIGHT (kg): 64
B.P.	130/80	
ECG	ECG changes with advised cardiac evaluation	
X Ray	NAD	
Vision Checkup	Color Vision: BCO Far Vision Ratio: 6/6 cr Near Vision Ratio: N5 cr	
Present Ailments	—	
Details of Past ailments (If Any)	—	
Comments / Advice : She /He is Physically Fit	FCI cardiac opinion for ECG changes	

Signature with Stamp of Medical Examiner

Dr. PARAG A. PRADHAN
MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Swyeshwar Deshpande on 19/02/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. Review after <u>cardiac evaluation</u> recommended	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

Dr. PARAG A. PRADHAN

MBBS

This certificate is not meant for medico-legal purposes.

Approved by DG Shri. Singh (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

SEA BIRD MEDICARE CENTRE

From

~~SUNY BOSTON~~
627796, Union Bank of India
Mumbai

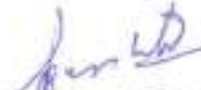
To

Sec. Bd. Powai

Sub: Dental clinic

With reference to above I am not doing
dental clinic from your centre.

Yours faithfully,


9823515698




सर्वोच्च अदालत
Government of India

Download Date: 03/06/2021



Suryeshwar Ramesh Deshbhatar
Suryeshwar Ramesh Deshbhatar
सुरेश रमेश/DOB: 23/04/1972
पुल्ल/ MALE

Name Date: 27/03/2019

9823 5179 5584
VID : 9117 2181 4067 3153

माझे आधार, माझी ओळख

Handwritten:
 अर्ज
 Submitted to
 Jca P.M.
 [Signature]




सर्वोच्च अदालत अंतरा-अधिकार
Unique Identification Authority of India

पत्ता:
 कम नं. 1100/136, रोड नं. 10, जय जयन रीस स्टॅण्ड
 जवळ, गोंगाण वेस्ट, मुंबई, ५५६
 महाराष्ट्र - 400104

Address:
 Room No. 1100/136, Road No. 10, Near Jay
 Bhim Auto Stand, Gangaon West, Mumbai,
 Maharashtra - 400104



9823 5179 5584
VID : 9117 2181 4067 3153

 1947 |
  help@uidai.gov.in |
  www.uidai.gov.in



Sea Bird
Sea Bird Medicare Centre

Report ID : **SDM192133051** Reg. : **19-Feb-2024**
Patient Name : **Mr. SURYESHWAR DESHBHRATAR** Report Date : **20-Feb-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **51 Year / Male**

CHEST X RAY REPORT

X-Ray No : 1076

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.




Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 49. Tel: 022- 48032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



PID NO. : CBA0958

Name : SURYESHWAR RAMESH
DESHBHRATAR

Sex / Age : Male / 51 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

19-Feb-2024 / 10:44 am

Coll Date

19-Feb-2024 / 10:44 am

Report Date

19-Feb-2024 / 5:36 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	84.87	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	124.28	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Misra CXL PRO PLUS Biochemistry Analyser.



MC - 5321

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

- B. Enquiry and Home Visit Booking
022 25701053 / 9324924370 or
admin@seabirdhf.com

- C. Sea Bird Medicare services are also available at:
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CBA0958

Name : SURYESHWAR RAMESH
DESHBHRATAR

Sex / Age : Male / 51 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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———— End of Report ————



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LATHA SONAWANE
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MMC Reg No 2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

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PID NO. : CBA0958

Name : SURYESHWAR RAMESH
DESHBHRATAR

Sex / Age : Male / 51 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

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Reg. Date

19-Feb-2024 / 10:44 am

Coll Date

19-Feb-2024 / 10:44 am

Report Date

19-Feb-2024 / 5:35 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	10.3	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.92	million / cumm	4.5 - 5.5
PCV	33.5	%	40 - 50
MCV	68.1	fL	83 - 101
MCH	20.9	pg	27 - 32
MCHC	30.8	gm / dl	31.5 - 34.5
RDW (CV)	16.1	%	11.6 - 14.0
Total W.B.C. Count	6970	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 80
Lymphocytes	35	%	20 - 40
Eosinophils	06	%	1 - 6



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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	09	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	210000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Mild Anisocytosis with Microcytic and Hypochromic Cells.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

Advice Serum iron studies profile

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

———— End of Report ————



MC - 5321

LATHA SONAWANE
Lab Technician



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Gardens, Powai, Mumbai-400076

Reg. Date

19-Feb-2024 / 10:44 am

Coll Date

19-Feb-2024 / 10:44 am

Report Date

19-Feb-2024 / 5:36 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	20	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 2006031680

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www.seabirdhf.com



PID NO. : CBA0958

Name : SURYESHWAR RAMESH
DESHBHRATAR

Sex / Age : Male / 51 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
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REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c Non-diabetic : ≤ 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : ≥ 6.5 % (EDTA Whole Blood, Turbidimetric)	5.97	%	< 5.7
Mean Blood Glucose (MBG)	135.23	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAg(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycaemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Miespa i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----



MC - 5321

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 2006031680

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REPORT

LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	237.85	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	102	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	59.5	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	157.95	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	20.40	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	4.00		Acceptable for Male : < 5.00 Acceptable for Female : <4.50



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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	2.65		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Mispac CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



MC - 8321

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 2006031680

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REPORT

LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	85.26	U/L	40 - 129
S.G.O.T. (Serum, Method-IFCC / UV without PSP)	32.36	U/L	0 - 40
S.G.P.T. (Serum, Method- IFCC / UV without PSP)	24.86	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	16.6	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.53	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.08	mg/dl	0.0 - 0.30
Bilirubin (Indirect) Calculated	0.45	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Bluret)	7.05	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.06	g/dl	3.5 - 5.2
Globulin Calculated	2.99	g/dl	1.90 - 3.70
A/G ratio Calculated	1.36		

Test Done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2008031680



MC - 5321

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REPORT

LIVER FUNCTION TEST

Test

Result

Units

BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----



MC - 5321

LATHA SONAWANE
Lab Technician



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HQ- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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REPORT

Prostate-Specific Antigen Test

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TOTAL PSA Serum, Method-ELFA	0.62	ng/ml	Please refer to 'NOTES' below.

METHOD: Two-step enzyme immunoassay sandwich method with a final fluorescent detection (ELFA) on MINI VIDAS automated immunoassay system.

NOTES:

REFERENCE RANGE AS PER AGE:

Age	PSA Concentration
<40 Years	0.21 to 1.72 ng/ml
40-49	0.27 to 2.19 ng/ml
50-59	0.27 to 3.42 ng/ml
60-69	0.22 to 6.16 ng/ml
>60	0.21 to 6.77 ng/ml

INTERPRETATION: PSA is used as a tumor marker to screen for and to monitor prostate cancer. Elevated levels of PSA are associated with prostate cancer, but they may also be seen with prostatitis and benign prostatic hyperplasia. PSA levels tend to increase in all men as they age. If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be ordered at regular intervals after treatment to detect recurrence of the cancer. Concentrations of total PSA between 4.0 ng/ml and 10.0 ng/ml are often referred to as the gray zone. It is in this range that the free PSA is the most useful. When men in the gray zone have decreased levels of free PSA, they have a higher probability of prostate cancer; when they have elevated levels of free PSA, the risk is diminished. The ratio of free to total PSA can help the doctor decide whether or not a prostate biopsy should be performed.

----- End of Report -----

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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	14.05	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	6.56	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.75	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.06	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————



MC - 5321

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Pathologist
MMC Reg No.2006031680

CONDITIONS OF REPORTING

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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India.

- B. Enquiry and Home Visit Booking
022 25701053 / 9324924370 or
admin@seabirdhf.com

- C. Sea Bird Medicare services are also available at:
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CBA0958

Name : SURYESHWAR RAMESH
DESHBHRATAR

Sex / Age : Male / 51 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

19-Feb-2024 / 10:38 am

Coll Date

19-Feb-2024 / 10:43 am

Report Date

19-Feb-2024 / 5:36 pm

REPORT

THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	5.97	µIU/ml	0.25-5 µIU/ml
T3	1.29	nmol/l	0.92-2.33 nmol/l
T4	69.24	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

— End of Report —

Priya

PRIYA PANDEY
Lab Technician



Ritesh

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

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Reg. Date

19-Feb-2024 / 10:44 am

Coll Date

19-Feb-2024 / 10:44 am

Report Date

19-Feb-2024 / 5:36 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	25 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)



MC - 8321

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy

----- End of Report -----



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REPORT

VITAMIN D TOTAL 25-OH (D2 + D3)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
VITAMIN D TOTAL Serum, Method-ELFA	8.9	ng/ml	Interpretation mentioned below

METHOD: Enzyme immunoassay competition method with a final fluorescent detection (ELFA) on MINI VIDAS automated immunoassay system.

INTERPRETATION:

Deficiency: <20 ng/ml

Insufficiency: 20-29 ng/ml

Sufficiency: 30-100 ng/ml

Toxicity: >100 ng/ml

-Levels <20 ng/ml may be associated with more severe abnormalities and can lead to inadequate mineralization of newly formed osteoid resulting in rickets in children and osteomalacia in adults.

-Patients who present with hypercalcemia, hyperphosphatemia and low PTH may suffer either from ectopic, unregulated conversion of 25-OH-VitD to 1,25(OH)₂-VitD as an occur in granulomatous diseases, particularly sarcoidosis or from nutritionally- induced hypervitaminosis D. Serum 1,25 (OH)₂-VitD level will be high in both groups, but only patients with hypervitaminosis D will have serum 25-OH-VitD concentrations of >100 ng/ml.

----- End of Report -----



Priya

PRIYA PANDEY
Lab Technician

Ritesh

DR. RITESH KHARCHE
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Pathologist
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Laboratory Report		Lab ID : 4029007522
Patient : Mr SURYESHWAR RAMESH DESHBHRATAR DOB : Tel No : PID No : Sex/Age : Male / 51 Years Ref id : Specimen : Serum	 	Ref. By : Client : Sea Bird Medicare Pvt Ltd - Powai 102-104, Gateway Plaza, Central Avenue, Hiranandani Gardens Powai - 400076 Processing Location : NDPLAG - CHEMBUR, MUMBAI
		Registered On: 19-Feb-2024 16:12 Collected On: 19-Feb-2024 16:12 Reported On: 19-Feb-2024 20:36

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
VITAMIN B - 12				
Vitamin B - 12 Level CMA	H: 990.0	pg/mL	187-883	

Remarks: Kindly correlate clinically..

Introduction :

Vitamin B12, a member of the cobalt family, is a cofactor for the formation of myelin, and along with folate, is required for DNA synthesis. Levels above 300pg/ml are rarely associated with B12 deficiency induced hematological or neurological disease.

Clinical Significance :

Causes of Vitamin B12 deficiency can be divided into three classes: Nutritional, malabsorption syndromes and gastrointestinal causes. B12 deficiency can cause Megaloblastic anemia (MA), nerve damage and degeneration of the spinal cord. Lack of B12 even mild deficiencies damages the myelin sheath. The nerve damage caused by a lack of B12 may become permanently debilitating. The relationship between B12 and MA is not always clear that some patients with MA will have normal B12 levels; conversely, many individuals with B12 deficiency are not afflicted with MA. Less than 100 pg/ml often associated with varying degrees of clinical manifestations for vitamin B12 deficiency. Serum vitamin B12 levels can fluctuate significantly over time in the same individual. Median intra-individual variation of 23 % (range: 0 to 119 percent), has been observed during repeat testing. Also, B12 levels tend to increase with age. Different Laboratories use different methods to measure vitamin B12, although vitamin B12 assays have not been standardized. As a result, there are different reference ranges. Hence, advisable to follow-up testing with same laboratory.

Decreased in:

Iron deficiency, normal near-term pregnancy, vegetarianism, partial gastrectomy/liver damage, celiac disease, use of oral contraception, parasitic infestation, pancreatic deficiency, treated epilepsy and advancing age, use of certain drugs (proton-pump inhibitors, Metformin)


Increased in:

Temporarily increased after certain Drugs (vitamin supplements, Hydroxy urea), Falsely high in Deteriorated sample. High serum levels of vitamin B12 (Above 2000 pg/ml) can be in conditions with excess intake or administration of vitamin B12, liberation of vitamin B12 from an internal body reserve (liver disorders), excess production or lack of clearance of vitamin B12 (as in renal disorders, certain hematological conditions like polycythaemia)

————— End Of Report —————

Verified by
AMOL DATTATRAY
LIPARE




Dr Nilesh Bhamare
M.D.Pathology
MMC Reg.No.2005/9/3404

Page 1 of 1





Sea Bird
Sea Bird Medicare Centre

Report ID : **SDM192133051** Reg. : **19-Feb-2024**
Patient Name : **Mr. SURYESHWAR DESHBHRATAR** Report Date : **20-Feb-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **51 Year / Male**

CHEST X RAY REPORT

X-Ray No : 1076

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.



Dr. Jacob
Mathew MD

Proudly... Caring For You

HQ- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai- 49. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Name: MR SURYESHWAN	Age : 52Y	Sex : Male
Date : 19/02/2024	Ref Dr : SELF	

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 11.1cm and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.1 x 4.0cm. Left kidney measure 10.1 x 4.8cm

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size measuring 3.9 x 3.1 x 3.8 cm vol-25 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION : No significant abnormality detected.

Advice: Clinical co-relation and further evaluation.



Priyanka N.

DR. PRIYANKA NERULKAR
CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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ELECTROCARDIOGRAPHIC REPORT



Sea Bird

Sea Bird Medicare Pvt Ltd.

(ISO: 9001 - 2015)

NAME Suryeshwar Deshbhadrar

AGE 51 yrs DATE 19-02-2024

• 101-102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905

• 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157

E. C. G. REPORT

RATE 68 L. Q. WAVE N

RHYTHM reg QRS COMPLEX N

VOLTAGE N ST. SEGMENT N

P. WAVE N T. WAVE ↓ 2 pers - lateral lead

PR. INTERVAL N

REMARKS WBL/ho Agv. 87.7 days

1 'T' ↓ II, aVF, V5 - V6

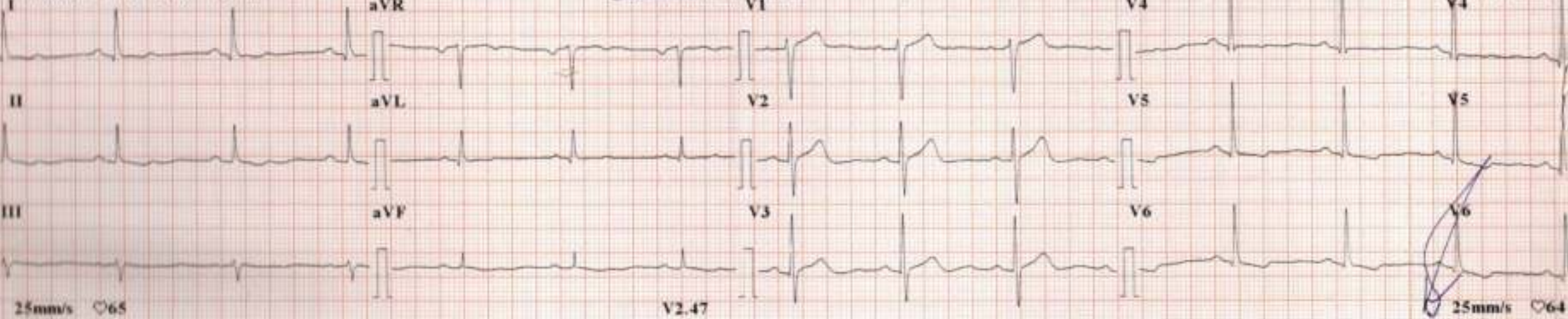
Adt. - CARD. CONSULTATION

10mm/mV 0.15-25Hz AC50

19-02-2024
~~08-06-2005~~ 07:25:40

Sravyeshwari Age-52yrs

10mm/mV 0.15-25Hz AC50



25mm/s ♡65

V2.47

25mm/s ♡64