

MER- MEDICAL EXAMINATION REPORT

Date of Examination	22/10/24.		
NAME	Khadawate Girisish Shamsundar		
AGE	39	Gender	M
HEIGHT(cm)	165	WEIGHT (kg)	69
B.P.	120/80; PR - 82/Min BMI - 25.3 kg/m ²		
ECG	/ Report attached		
X Ray			
Vision Checkup	Color Vision: Normal. Far Vision Ratio : Near Vision Ratio :		
Present Ailments	-		
Details of Past ailments (If Any)	-		
Comments / Advice : She [✓] /He is Physically Fit	YES.		

Dr. RAMESH RAJA PRABHOO
 MBBS., FRSH (London), GDM, ACMD.,
 PG (Diab), Johns Hopkins
 University School of Medicine - USA
 Cardio-Diabetologist & Obesity Consultant
 Signature: [Signature] Stamp of Medical Examiner

THE MEDIHUB
 D. No: 2, 1st Cross,
 SRP Ponnusamy Nagar,
 Behind Vvvani Vidhyataya School,
 Saibaba Colony, Coimbatore - 641 011

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Khatawate Girish on 22/10/24.

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. RAMESH RAJA PRABHOO
 MBBS, FRSH (London), CC (DM), ACMD, C.,
 PG (Card), Henry Hopkins
 Medical Officer
 University School of Medicine - USA
 The Apollo Clinic (Location)
 Cardiologist & Obesity Consultant
 Regd. No: 73238

This certificate is not meant for medico-legal purposes

THE MEDIHUB
 D. No: 2, 1st Cross,
 SRP Ponnusamy Nagar,
 Behind Vvani Vidhyalaya School,
 Salbaba Colony, Coimbatore - 641 011

GRO - (15)

Optometry OP - Case Record

Name : Mr. Gurish. K. Age/Gender : 39/m. Date : 22/10/24
 Reg.No.: 1749838 Occupation : 39898

PG months/years old

Complaints of

Regular Check-up / Broken / Missed Spectacle
 Fall of Foreign body Redness / Watering / Irritation
 Pain LE RE Duration
 Defective Vision DV NV Duration
 Headache Duration

John

Present Spectacle Power

- None

Systemic Diseases :

Diabetis	Hypertension	Cardiac Disease
Others		

Relevant Lab Report :

Parameters	OD	OS
Unaided Vision	6/6	6/6
Pin Hole Vision		
Vision With PG		
NCT		

Automated Refractometry

M ± 1 - 0.50 x 180
 u e 1 - 0.50 x 180

+ +

Subjective Refraction :

	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV		-1.50		6/6		-1.50		6/6
NV ADD				no				no

Need Dilation / Cycloplegic Refraction
 Tropicamide Plus / Cyclopentolate

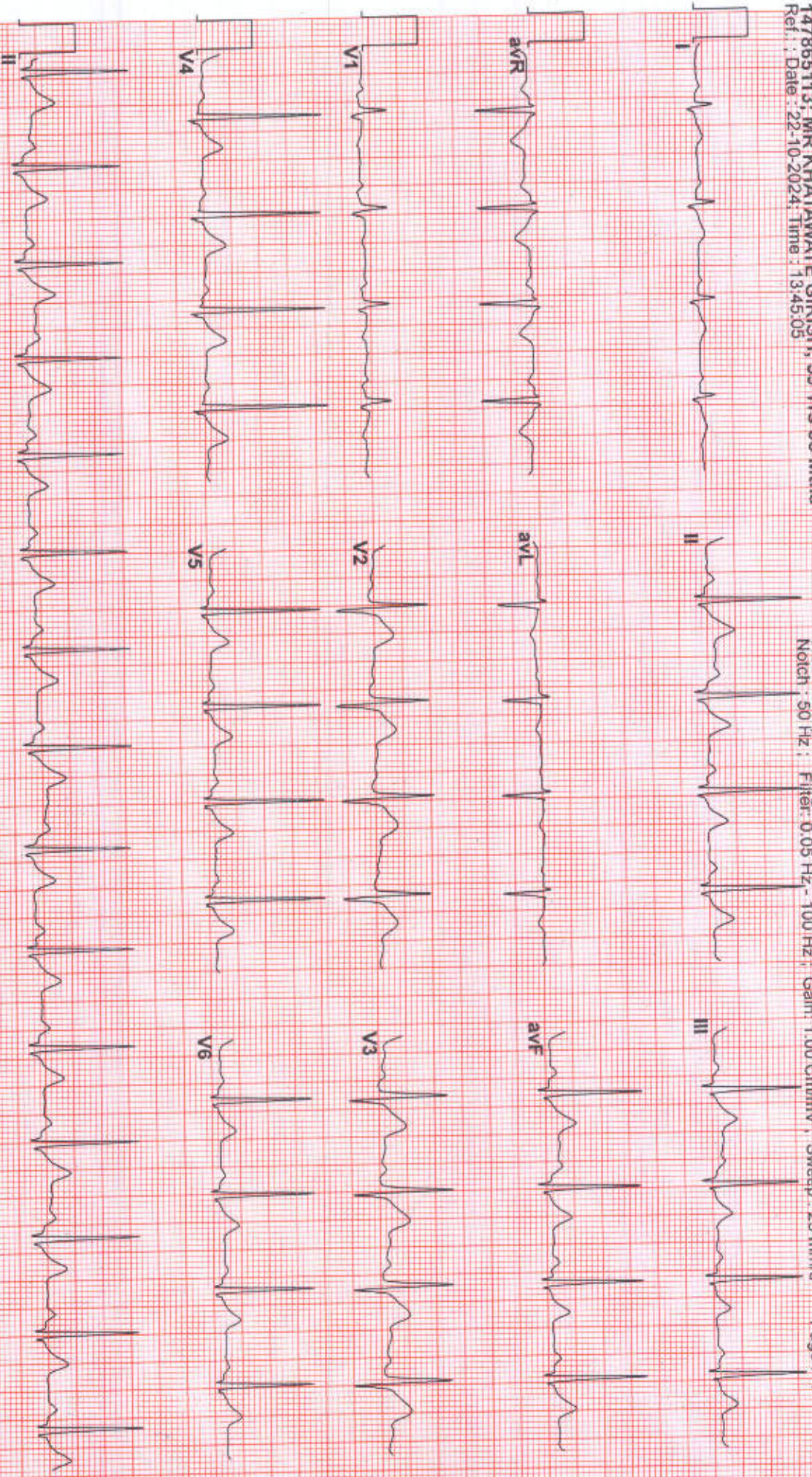
	Sph	Cyl	Axis	V/A	Sph	Cyl	Axis	V/A
DV								

Lens Prescription

Sph
 cu 180 Normal

Need PMT

Optometrist Signature



NORMAL ECG

FINDINGS: Normal Sinus Rhythm

Vent Rate : 87 bpm PR Interval: 162 ms
 P-QRS-T axis: 63° 84° 67° (99°)
 Comments :

QRS Duration: 88 ms QT/QTc Int : 243/293



THE MEDHUB
 foundation
 Thyroid, Snoring & Sleep

DR. RAMESH RAJA PRAHARAO
 MD, DM (Diab), Jhonns Hopkins University School of Medicine - U.S.A.
 +91 90477 15715
 www.drpraharao.com

Advice:



Cardio-Diabetologist & Obesity Consultant
 Regd. No: 72228



123458050 / MR KHATAWATE GIRISH SHAMSUNДАР / 39 Yrs / M

Date: 22 - 10 - 2024 01:46:39 PM

METS: 1.0

HR: 85 bpm

46% Tgt

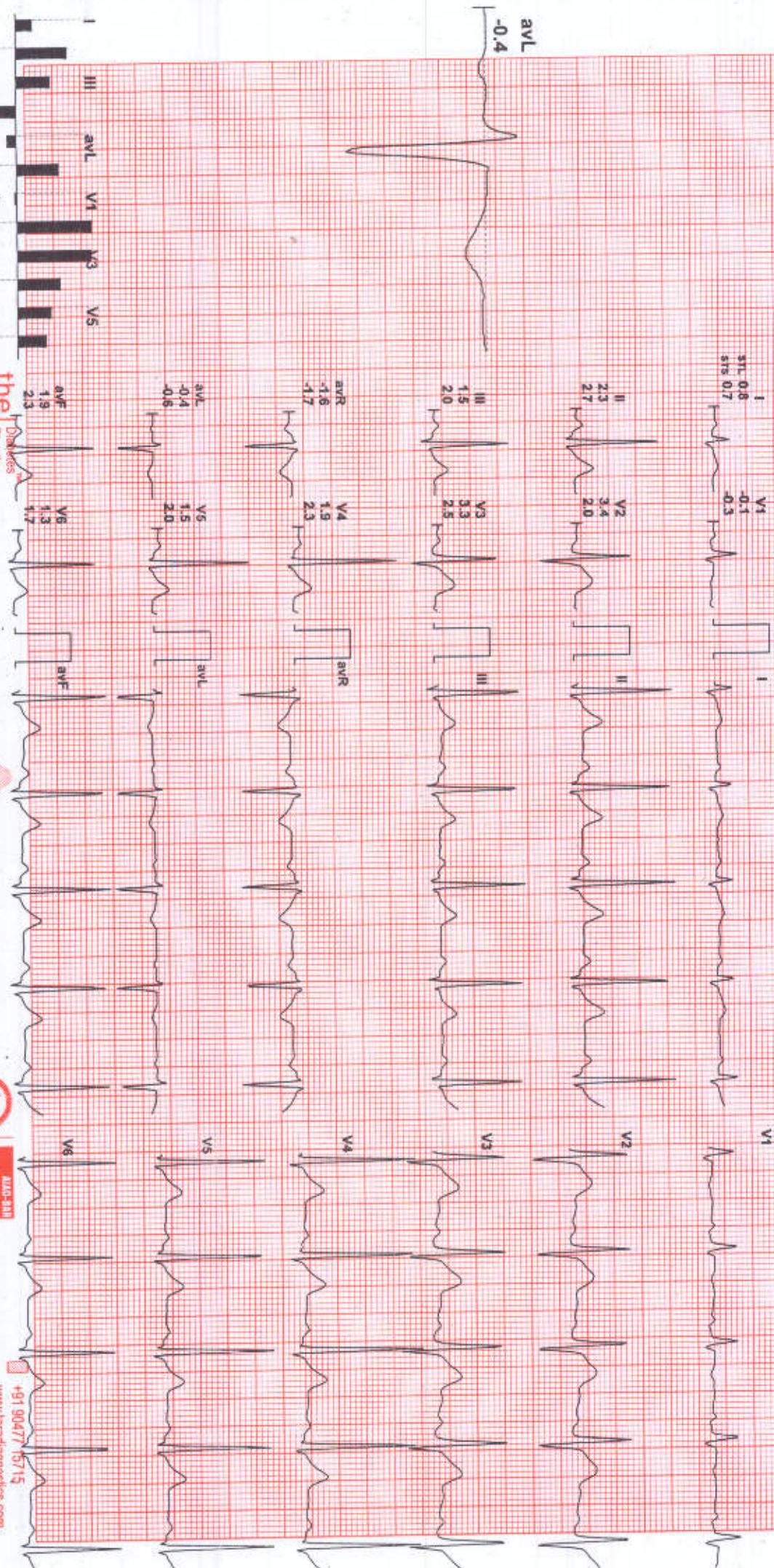
BP: 120/80

Raw ECG, BLC, Notch, (0.05-100)Hz

EXTIME: 00:00 1.1 mph, 0.0%

25 mm/Sec, 1.0 Cm/mV

4X 70 ms Post J



COMMENTS:

RMS TMT MARK-II(4.0.1)RECORDERS AND MEDICARE SYSTEMS (P) Ltd, CHANDIGARH



+91 90477 5715
www.laradiagnostics.com
www.themedihub.in
www.thedotsfoundation.com

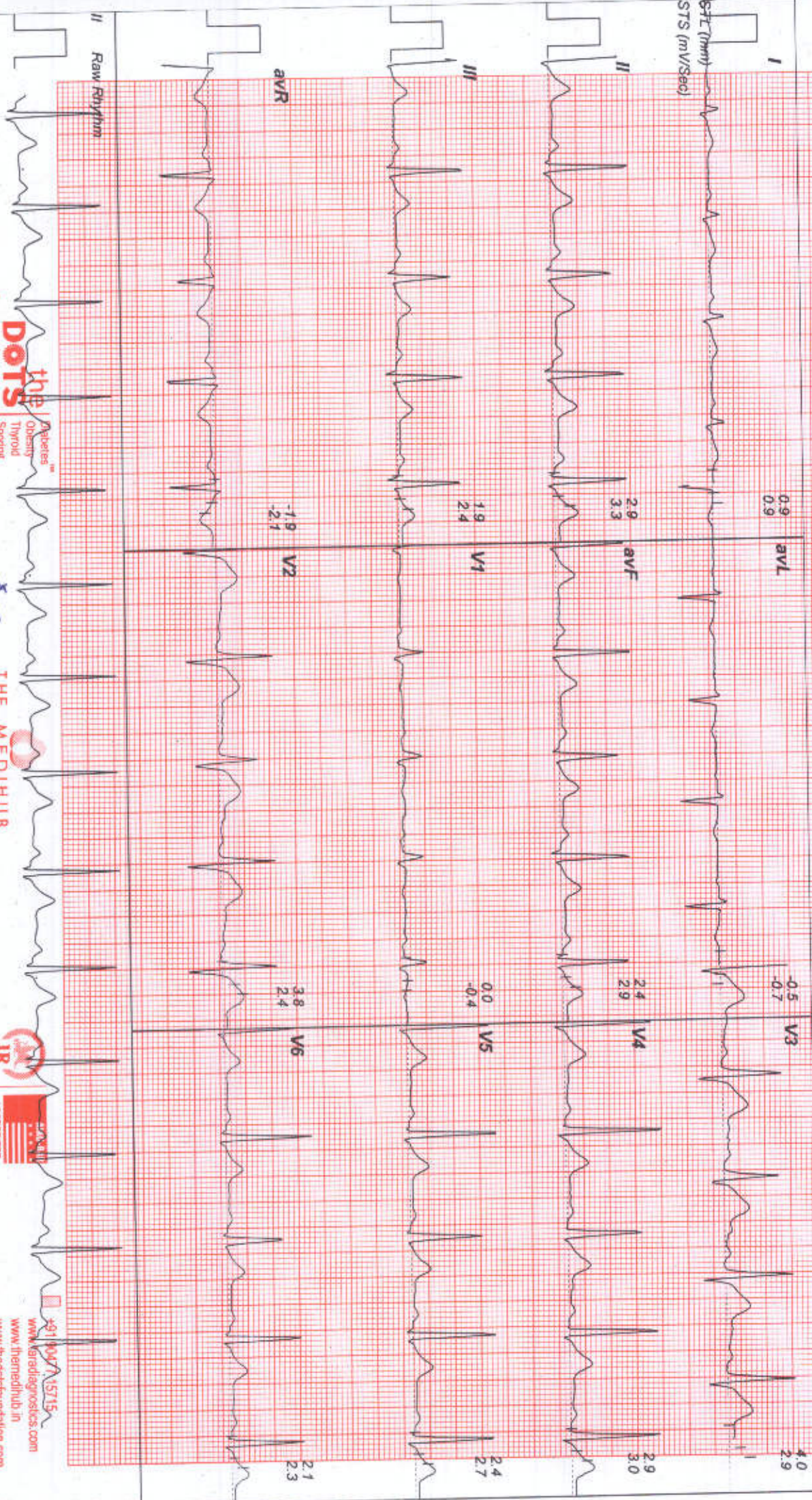
Linked Medians Report



SUPINE

123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 YRS / Male / 0 Kg / 0 Cm / Non Smoker

Date: 22 - 10 - 2024 01:46:39 PM METs : 01:00 HR : 87 Target HR : 48% of 181 BP : 120/80 PostU @63ms ExtTime : 00:52 Speed : 00:09 mph Grade : 00:00 % 25 mm/Sec: 1.0 Cm/mV



the DOTS foundation
 Diabetes
 Obesity
 Thyroid
 Snoring
 & Sleep

THE MEDIHUB
 CORPORATE HEALTH CLINIC

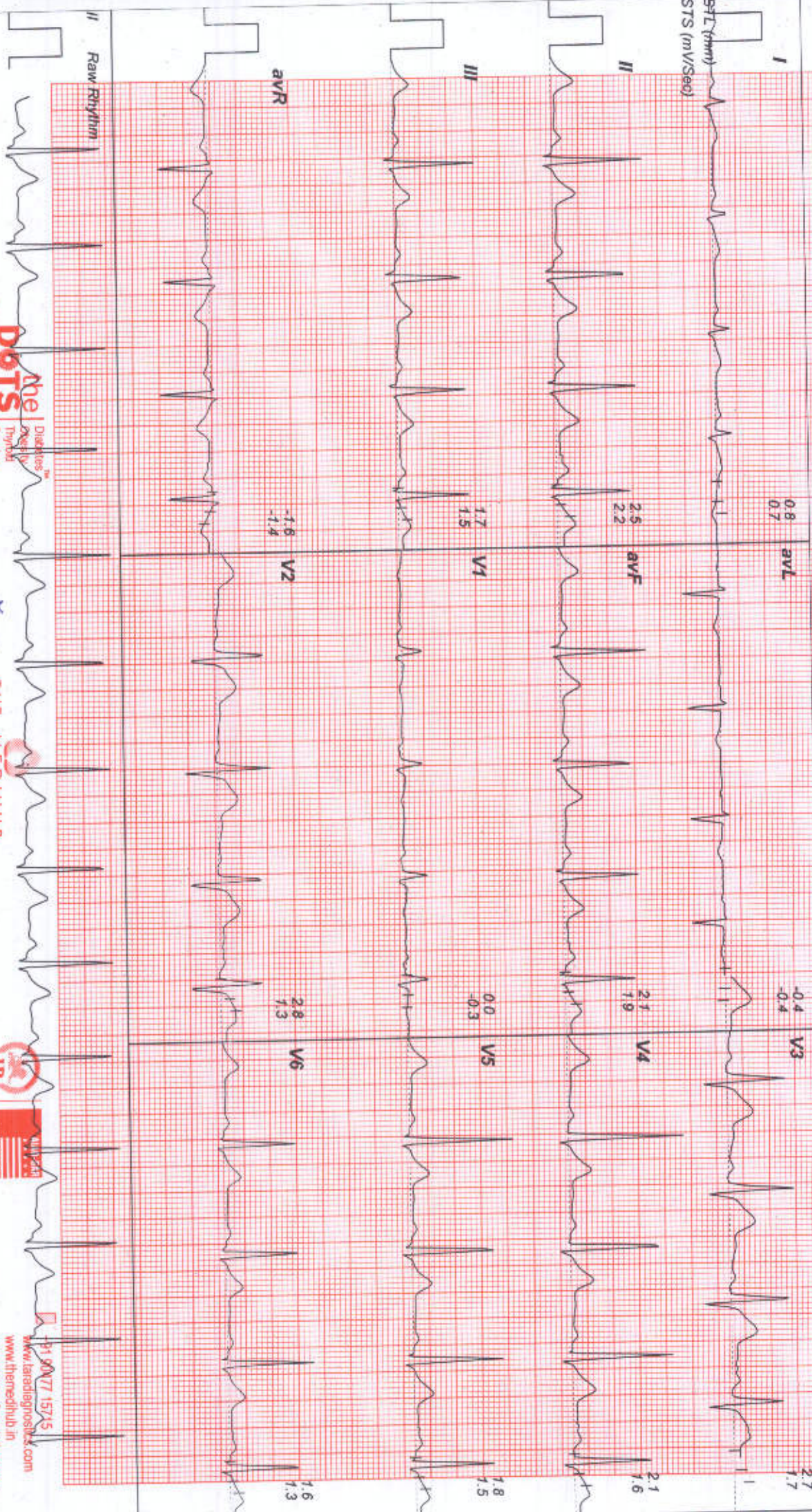


91 9047 15715
 www.strodiagnostics.com
 www.themediuhub.in
 www.thedotsfoundation.com

Linked Medians Report STANDING



123458060 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
 Date: 22 - 10 - 2024 01:46:39 PM METS : 01:00 HR : 97 Target HR : 53% of 181 BP : 120/80 Postl @60ms Ex Time : 02:07 Speed : 00:00 mph Grade : 00:00 % 25 mm/Sec: 1.0 Cm/IV



the DOTS | Diabetes™
 | Obesity™
 | Smoking™
 | & Sleep™
 foundation

THE MEDIHUB
 CONSULTANT BUSINESS UNIT



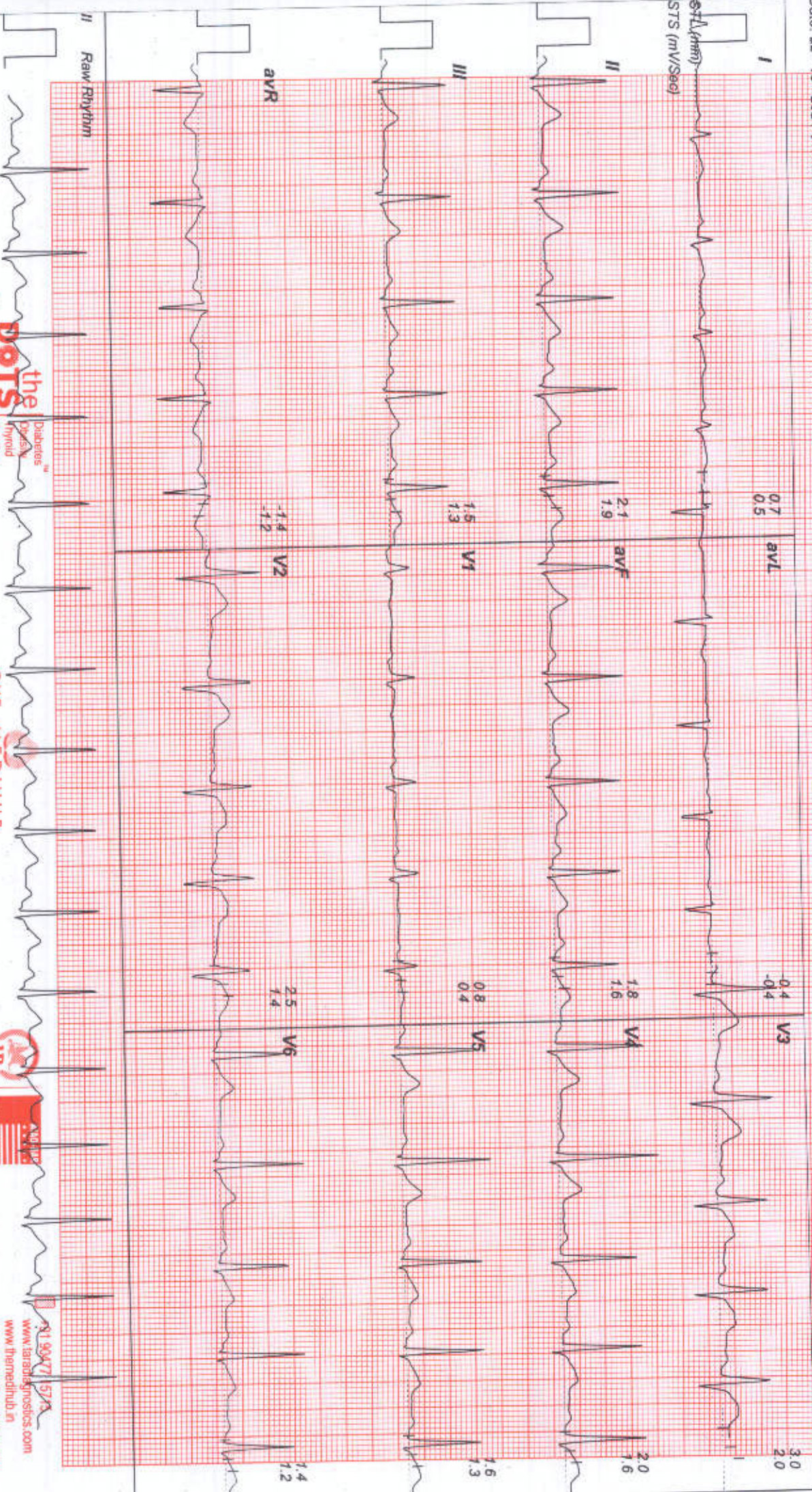
91 9077 15715
 www.theindiafoundation.com
 www.themedihub.in
 www.thedotsfoundation.com

Linked Medians Report



HV

123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
Date: 22 - 10 - 2024 01:46:39 PM METs : 01:00 HR : 91 Target HR : 50% of 181 BP : 120/80 PostU @80ms ExtTime : 02:32 Speed : 00:00 mm/s Grade : 00:00 % 25 mm/Sec. 1.0 Cm/mV



Diabetes
Dyslipidemia
Hypertension
Asthma
Obstructive
Sleep Apnea
foundations

THE MEDIHUB
LABORATORY WITNESS FLIMS



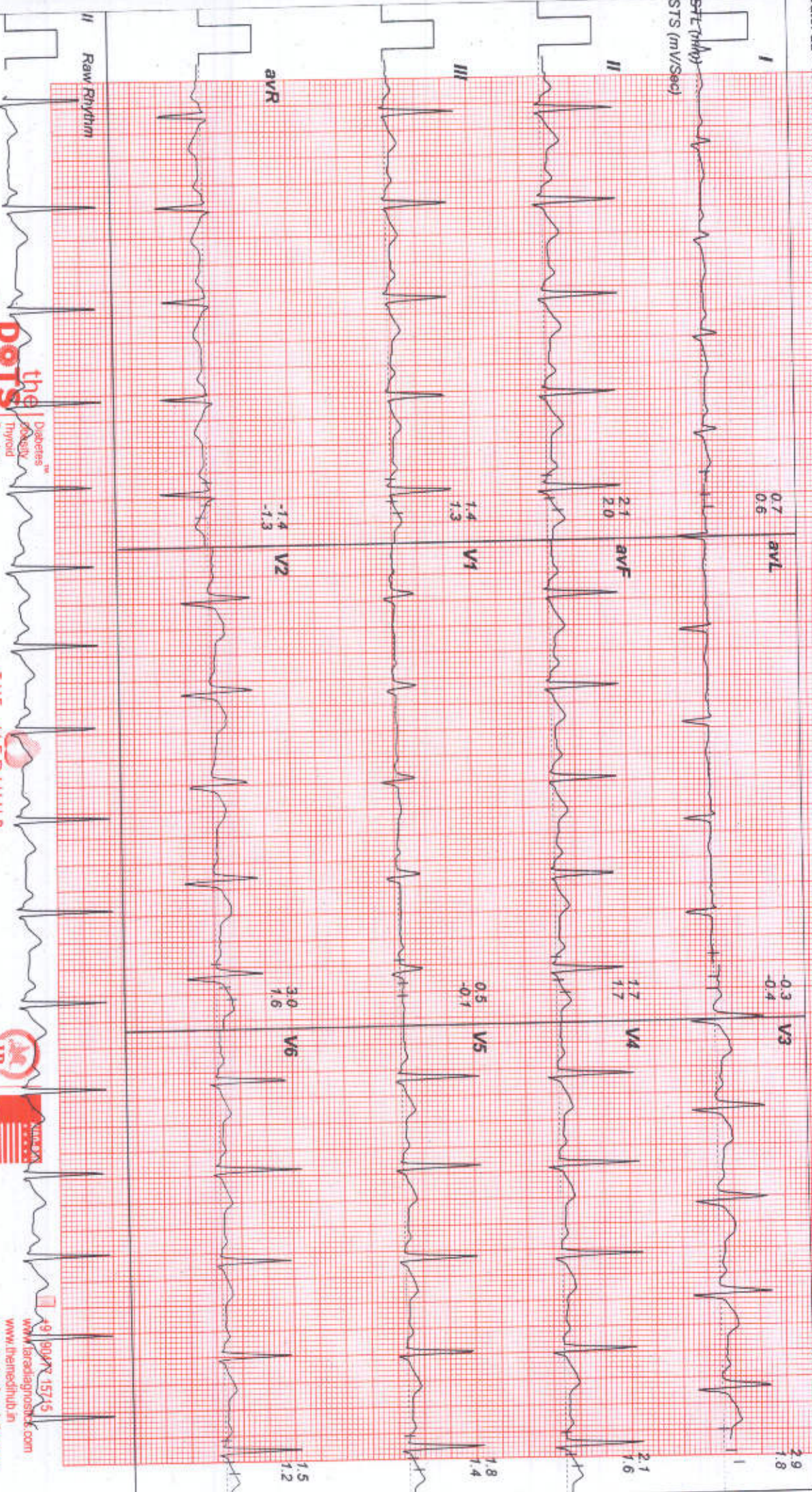
99477 578
www.tanadiagnostics.com
www.themedihub.in
www.thedotsfoundation.com

Linked Medians Report



ExStit

123456050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
Date: 22 - 10 - 2024 01:46:39 PM METs : 01:00 HR : 103 Target HR : 56% of 181 BP : 120/80 Post @ 80ms Ex Time : 00:00 Speed : 01:70 mph Grade : 10:00 % 25 mm/Sec : 1.0 Cm/mV



the DOTS Diabetes[™] Thyroid Smoking & Sleep foundation

THE MEDIHUB CORPORA MEDICALS CLINIC

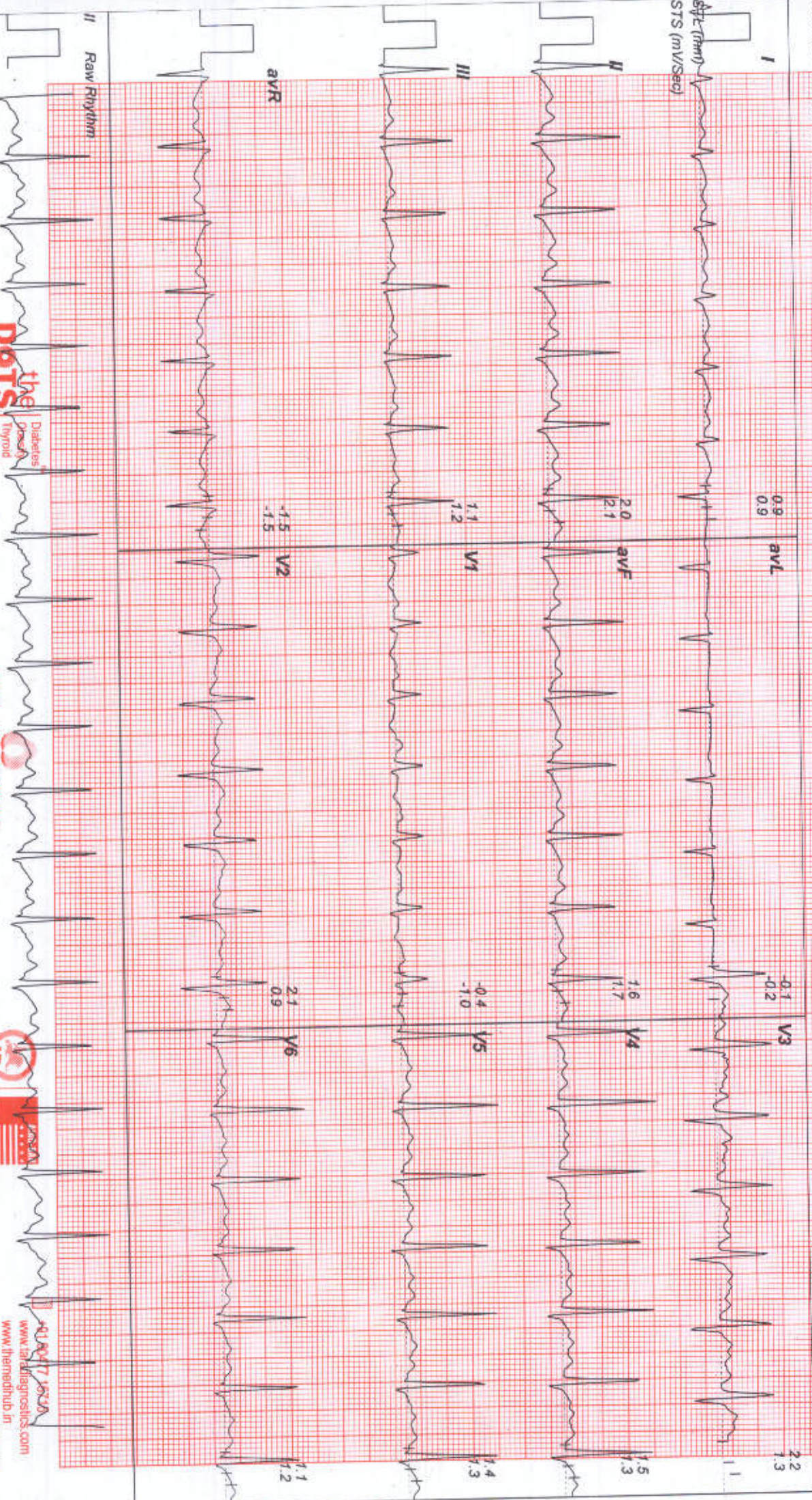


9999 15715
www.themedihub.in
www.thedotsfoundation.com

Linked Medians Report
BRUCE : Stage 1 (03:00)



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker
 Date: 22 - 10 - 2024 01:46:39 PM METS : 04.70 HR : 122 Target HR : 67% of 181 BP : 130/90 PostU @80ms ExtTime : 03:00 Speed : 01.70 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



the DOTS foundation
 Diabetes, Thyroid, Smoking & Sleep

THE MEDIHUB
 CORPORATE WELLNESS CLINIC



www.themedihub.in
 www.thedotsfoundation.com

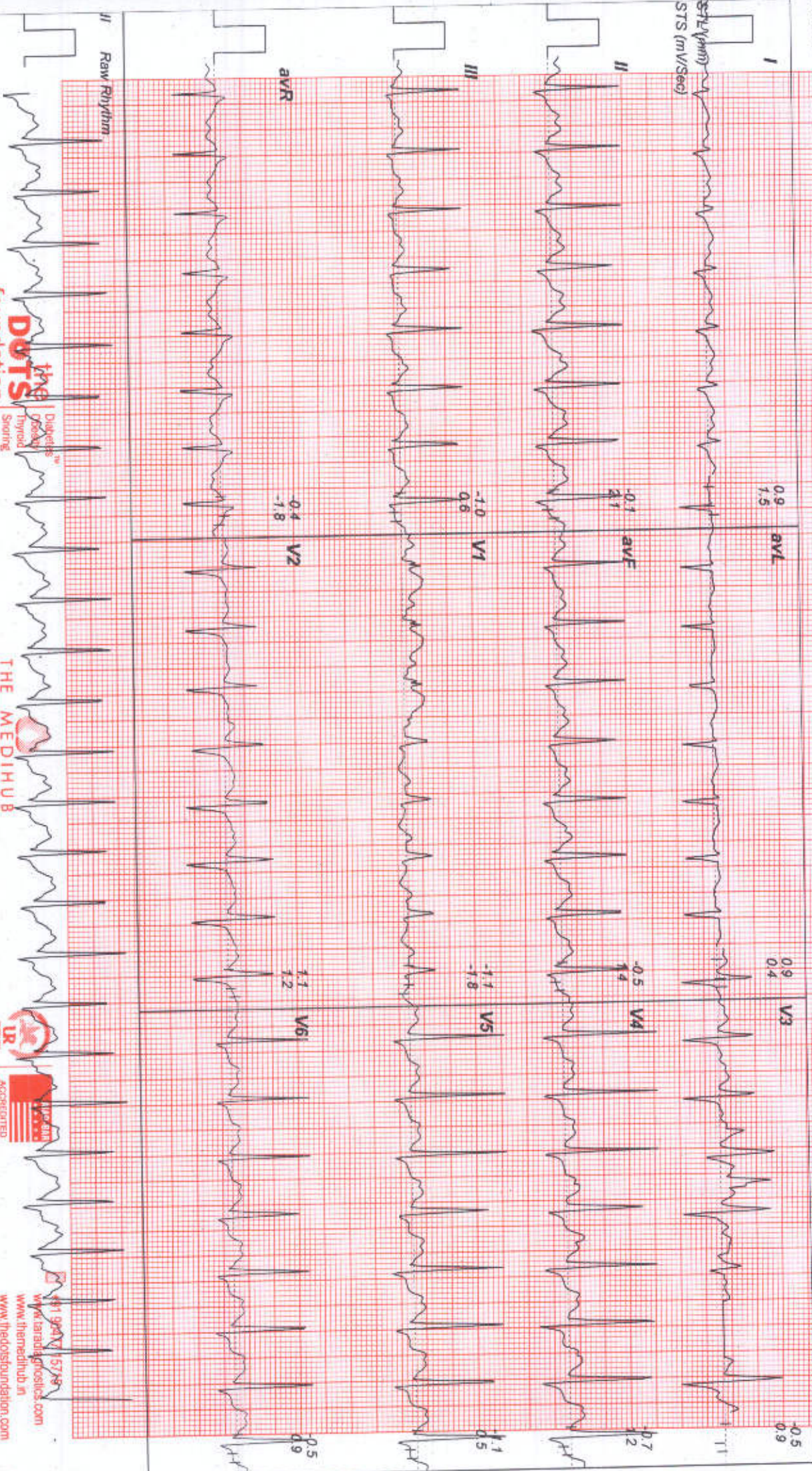
Linked Medians Report

BRUCE : Stage 2 (03:00)



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 22 - 10 - 2024 07:46:39 PM METS : 07-10 HR : 155 Target HR : 85% of 181 BP : 140/100 PostU @60ms Ex Time : 06:00 Speed : 02.50 mph Grade : 12.00 % 25 min/Sec 1.0 Cm/My



THE DOTS foundation
 Diabetes™
 Stroke™
 Myocardial
 Sparing
 & Sleep

THE MEDIHUB
 CAREGIVER MEDICAL SUPPLY

UR ACCREDITED
 THE COMMISSION
 ON UR

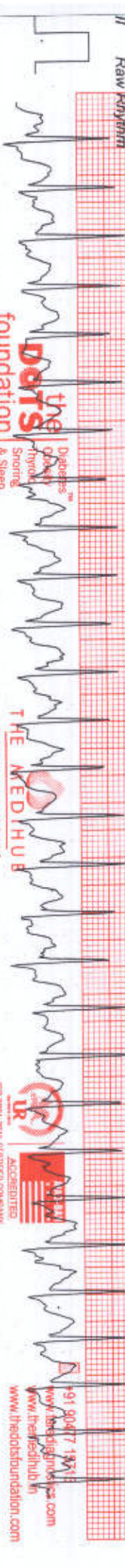
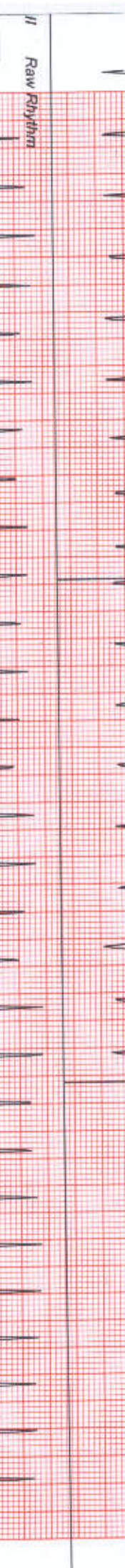
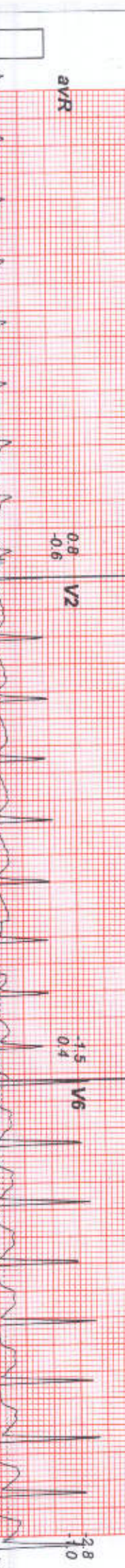
941 924X 15729
 www.themedihub.in
 www.thedotsfoundation.com

Linked Medians Report



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 10 Kg / 10 Cm / Non Smoker

Date: 22 - 10 - 2024 01:46:39 PM METs : 08.10 HR : 178 Target HR : 98% of 181 BP : 140/100 Post @ 23ms ExTime : 06:59 Speed : 03:40 mph Grade : 14.00 % 25 mm/Sec 1.0 Cm/mV



Raw Rhythm

the DOTS
Diagnosis of
Obstructive
Sleep Apnea
Foundation
| & Sleep

THE MEDHUB
CORPORATE DIAGNOSIS CENTER

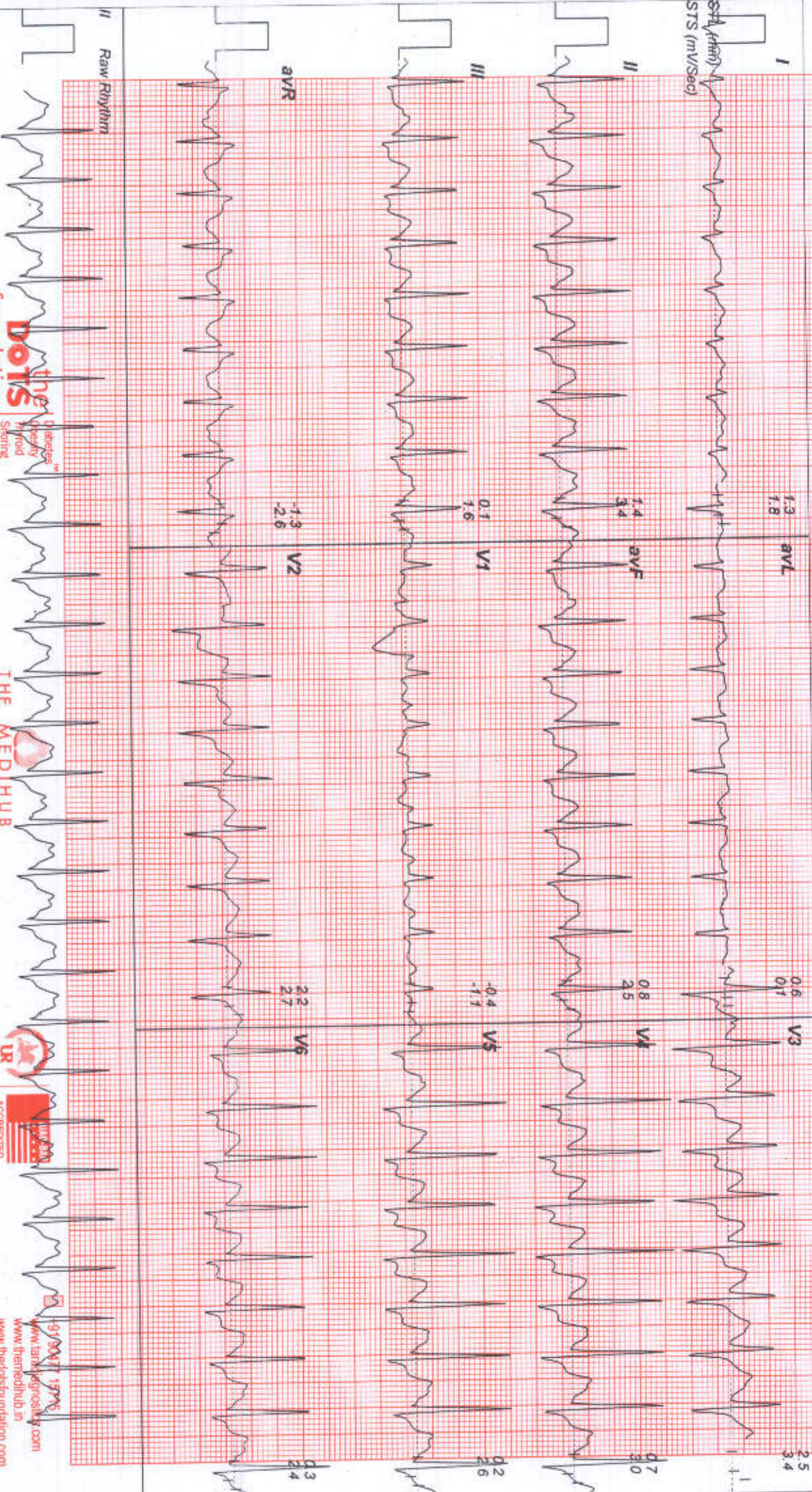
ACCREDITED
ISO 9001:2015 CERTIFIED COMPANY

+91 90477 1871
www.theobstructives.com
www.themedhub.in
www.thedotsfoundation.com

Linked Medians Report
Recovery : (01:00)



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 YRS / Male / 70 Kg / 10 Cm / Non Smoker
 Date: 22 - 10 - 2024 01:46:39 PM METS : 01:10 HR : 148 Target HR : 81% of 181 BP : 140/100 Postd @60ms ExTime : 06:59 Speed : 01:10 mph Grade : 00:00 % 25 mm/Sec 1.0 Cm/mV



DR. GIRISH SHAMSUNDAR
DOTS foundation
 Sleep & Sleep

THE MEDHUB
 CARDIAC & SLEEP CLINIC

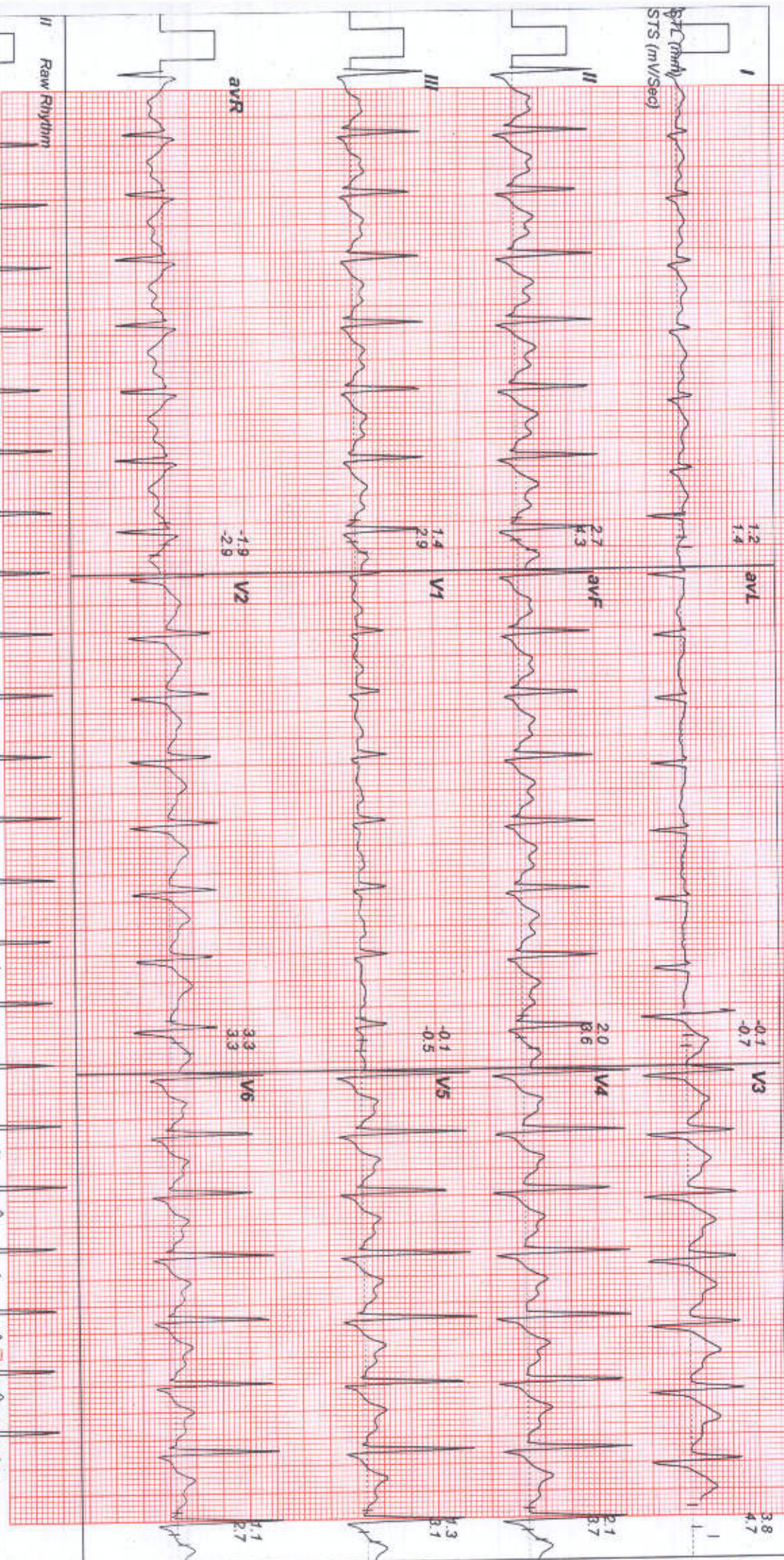


9199471596
 www.themedhub.in
 www.thedotsfoundation.com



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 0 Kg / 0 Cm / Non Smoker

Date: 22 - 10 - 2024 01:46:39 PM METs : 01:00 HR : 129 Target HR : 71% of 181 BP : 130/90 Pos @ 67ms Ext Time : 06:59 Speed : 01.10 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



Raw Rhythm

the DOTS Foundation
The DOTS Foundation
Spinning & Steep

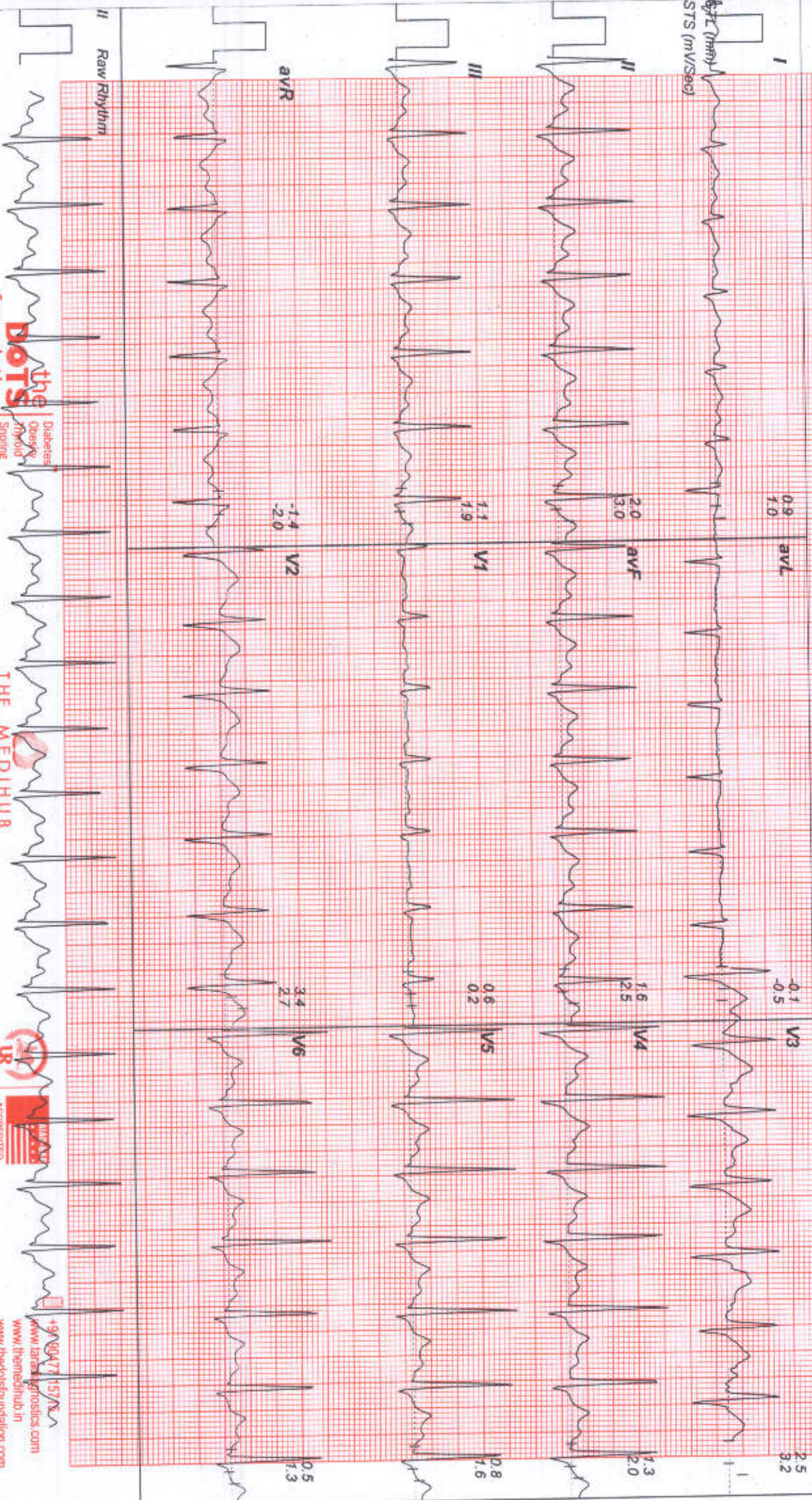
THE MEDIHUB
CONSULTANT PRIVATE CLINIC

www.thedotsfoundation.com
www.themedihub.in

Linked Medians Report
Recovery : (03:00)



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / Male / 10 Kg / 10 Cm / Non Smoker
 Date: 22 - 10 - 2024 01:46:39 PM METs : 01.00 HR : 120 Target HR : 66% of 181 BP : 120/80 PostU @80ms ETime : 06:59 Speed : 01.10 mph Grade : 00.00 % 25 mmVSec: 1.0 Cm/mV



the BOTS foundation
 Diabetes, Obesity, Hypertension, Snoring & Sleep

THE MEDHUB
 CORPORATE WELLNESS CLINIC



+91 904 71 1517
 www.themedhub.in
 www.thebotsfoundation.com



123458050 / MR KHATAWATE GIRISH SHAMSUNDAR / 39 Yrs / M / 0 Kg / 0 Cms / NonSmoker

Date: 22 - 10 - 2024

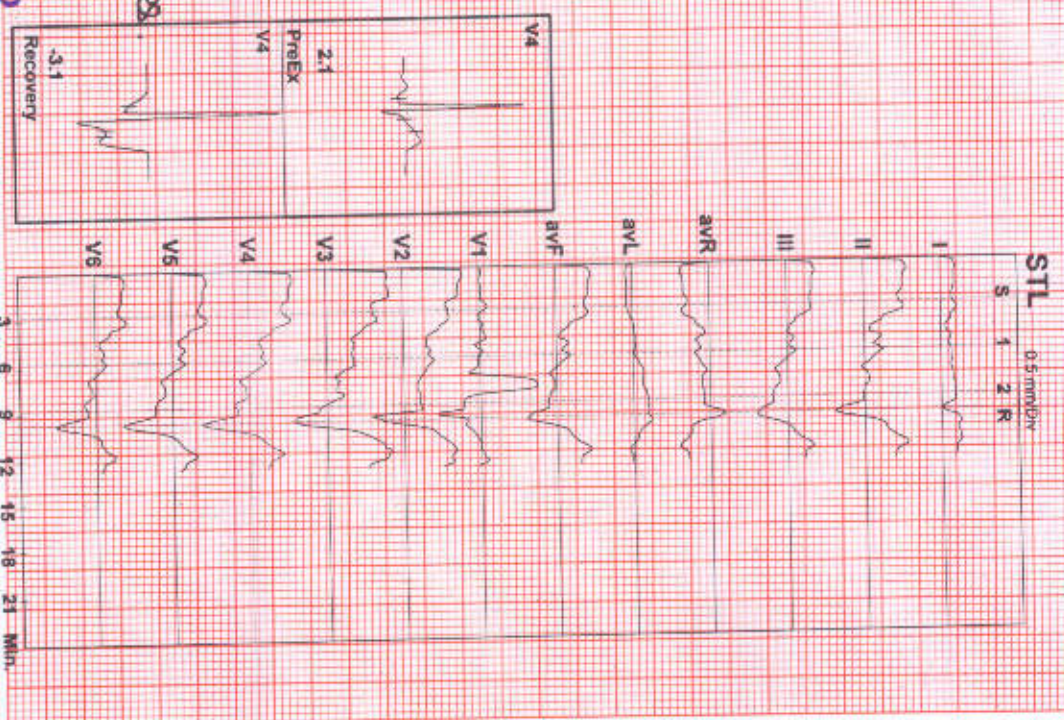
Protocol : BRUCE

Objective : FOR TESTING PURPOSE ONLY.

History : Nil

Stage	StageTime (Min:Sec)	Speed (mpm)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine				1.0	88	120/80	105	-	
Standing				1.0	97	120/80	116	-	
HV				1.0	91	120/80	109	-	
ExStart				1.0	103	120/80	123	-	
Stage 1	3:00	1.7	10.0	4.7	122	130/90	158	-	
Stage 2	3:00	2.6	12.0	7.1	155	140/100	217	-	
PeakEx	1:00	3.4	14.0	8.1	178	140/100	249	-	
Recovery	1:00	1.1	0.0	1.2	148	140/100	207	-	
Recovery	2:00	1.1	0.0	1.0	129	130/90	167	-	
Recovery	3:00	1.1	0.0	1.0	120	120/80	144	-	
Recovery	3:08	1.1	0.0	1.0	118	120/80	141	-	

Findings :
 Exercise Time : 07:00
 Max HR Attained : 178 bpm 98% of Target 181
 Max BP : 140/100
 Max Workload attained : 8.1 (Fair Effort Tolerance)



A. Achieved 98% of THR
 METS - 8.1
 No significant ST-T changes post test probability for ischemia is low

Advice/Comments:



Dr. RAMESH K. PRABHU
 MBBS, FRCS (London), CDM, ACIBD
 THE MEDICAL SCHOOL of Hopkins
 THE UNIVERSITY School of Medicine - USA
 Cardiac-Diabetologist & Obesity Consultant
 Regd. No: 72228



+91 90477 15715
 www.lardiagnostics.com
 www.themedhub.in
 www.thedotsfoundation.com



THE MEDIHUB

CORPORATE WELLNESS CLINIC



ISO 9001:2015 CERTIFIED COMPANY

OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Name: MR .KHATAWATE GIRISH SHAMSUNDAR
ID No: PDF 19581/2024
Ref By: Dr. RAMESH RAJA PRABHOO M.B.B.S; F.R.S.H.
Date : 22.10.2024

Age:39 YRS
Sex: Male

ULTRA SOUND SCAN OF ABDOMEN

Clinical status: Routine clinical examination.

Liver:

Liver is normal in size with normal echoes.
Intrahepatic biliary radicles are not dilated.
Portal and hepatic veins are normal.
No focal lesion.

**Gallbladder: Gallbladder is normal in size.
No calculi or sludge seen in the gallbladder.**

Spleen: Normal in size and echo pattern.

**Pancreas: Head, body and tail of pancreas is normal.
No ductal calculi/ calcifications.**

Kidneys:

Right kidney is normal in size with normal echoes.
Left kidney is normal in size with normal echoes.
Corticomedullary differentiation is maintained.

There is no free fluid in peritoneal cavity.

Urinary Bladder: is Normal.

Prostate: NORMAL

**IMPRESSION:
NORMAL STUDY**

**Dr. Rajalakshmi.C
M.B.B.S; D.M.R.D.
Registration No:58990**



THE MEDIHUB

CORPORATE WELLNESS CLINIC



ISO 9001:2015 CERTIFIED COMPANY



ACCREDITED

OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Name	MR.KHATAWATE GIRISH SHMSUNDAR	Date	22.10.2024
AGE/SEX	39/M		

CHEST X- RAY (PA VIEW)

- Both the lung fields are clear.
- Hilar shadows are normal.
- CP recesses are free bilaterally.
- Cardiac size and contour within normal limits.
- Diaphragmatic domes are regular bilaterally.

Impression: Normal X-Ray Chest.

Dr.RAMESH RAJA PRABHOO
MBBS.,FRSH (London),CCGDM,ACMDC
PG (Diab), Jhon Hopkins
University School of Medicine - USA
Cardio-Diabetologist & Obesity Consultant
Regd.No: 72228



Patient Name:	Mr. KHATAWATE GIRISH SHAM SUNDAR	Registered on:	22/10/2024 04:30 PM
Age / Sex:	39 YRS / M	Collected on:	22/10/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	22/10/2024
LAB.REGN NO:	3296	Reported on:	22/10/2024 05:10 PM



HAEMATOLOGY
CBC WITH ESR

TEST	VALUE	UNIT	REFERENCE
Hemoglobin	14.8	g/dl	13 - 17
Total Leukocyte Count	5,600	cumm	4,000 - 10,000
Differential Leucocyte Count			
Neutrophils	65	%	45 - 75
Lymphocyte	25	%	20 - 45
Eosinophils	6	%	0 - 7
Monocytes	4	%	0 - 8
Basophils	0	%	< 2
Platelet Count	3.25	lakhs/cumm	1.5 - 4.1
Total RBC Count	4.98	million/cumm	4 - 5.5
Hematocrit Value, Hct	46.1	%	40 - 50
Mean Corpuscular Volume, MCV	92.6	fL	83 - 101
Mean Cell Haemoglobin, MCH	29.7	Pg	27 - 32
Mean Cell Haemoglobin CON, MCHC	32.1	%	31.5 - 34.5
Erythrocyte Sedimentation Rate (Wintrobe)	12	mm for 1st hour	0 - 15

TEST	VALUE	UNIT	REFERENCE
Blood Group & Rh.			
ABO	O		
Rh (ANTI -D)	POSITIVE		

GENERATED BY LAB DIAGNOSIS



THE MEDIHUB
D. No: 2, 1st Cross,
SRP Ponnusamy Nagar,
Behind Vvani Vidhyalaya School,
Saibaba Colony, Coimbatore - 641 011

Page 1 of 5



THE MEDIHUB

CORPORATE WELLNESS CLINIC



ISO 9001:2015 CERTIFIED COMPANY

OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Patient Name:	Mr. KHATAWATE GIRISH SHAM SUNDAR	Registered on:	22/10/2024 04:30 PM
Age / Sex:	39 YRS / M	Collected on:	22/10/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	22/10/2024
LAB.REGN NO:	3296	Reported on:	22/10/2024 05:10 PM



3296

BIOCHEMISTRY

LIVER FUNCTION TEST (ALL PARAMETERS)

TEST	VALUE	UNIT	REFERENCE
Serum Bilirubin (Total)	0.8	mg/dl	0.2 - 1.2
Serum Bilirubin (Direct)	0.4	mg/dl	0 - 0.6
Serum Bilirubin (Indirect)	0.40	mg/dl	0 - 0.8
SGPT (ALT)	29.5	U/l	0 - 40
SGOT (AST)	32.1	U/l	0 - 40
Gamma Glutamyl Transiferase, GGT	34.6	IU/L	15 - 73
Serum Alkaline Phosphatase	139.0	U/l	10 - 258
Serum Protein	7.5	g/dl	6.3 - 8.2
Serum Albumin	4.4	g/dl	3.5 - 5.2
Globulin	3.10	g/dl	2.8 - 5
A/G Ratio	1.42	g/dl	1.1 - 2.1

RFT

TEST	VALUE	UNIT	REFERENCE
Serum Creatinine	0.8	mg/dl	0.5 - 1.4
Serum Urea	20	mg/dl	19 - 45
Serum Uric Acid	5.8	mg/dl	3 - 8.5
Serum Calcium	10.4	mg/dl	8 - 11.5
Blood Urea Nitrogen	9.3	mg/dl	5 - 20

Method: Venipuncture
Instrument: Biochemical Analyzer

VERIFIED BY LAB TECHNICIAN



THE MEDIHUB

D. No: 2, 1st Cross,
SRP Ponnusamy Nagar,
Behind Vvani Vidhyalaya School,
Saibaba Colony, Coimbatore - 641 011

+91 915 916 0777
+91 9047 715 715

✉ themedihubcorp@gmail.com
corporatedotsfoundation@gmail.com

📍 No. 2, 1st Cross, SRP Ponnusamy Nagar
Behind V.V. Vani Vidhyalaya School, Saibaba Colony,
Coimbatore - 641 011, Tamil Nadu, India.



THE MEDIHUB

CORPORATE WELLNESS CLINIC



ISO 9001:2015 CERTIFIED COMPANY



OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Patient Name:	Mr. KHATAWATE GIRISH SHAM SUNDAR	Registered on:	22/10/2024 04:30 PM
Age / Sex:	39 YRS / M	Collected on:	22/10/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	22/10/2024
LAB.REGN NO:	3296	Reported on:	22/10/2024 05:10 PM



3296

LIPID PROFILE - III

TEST	VALUE	UNIT	REFERENCE
Total Cholesterol	H 247.0	mg/dl	50 - 200
Triglycerides	H 197.0	mg/dl	25 - 160
HDL Cholesterol	L 32.8	mg/dl	35 - 70
LDL Cholesterol	H 174.80	mg/dl	50 - 130
VLDL Cholesterol	39.40	mg/dl	10 - 40

VERIFIED BY LAB/IMRAGE



THE MEDIHUB

D. No: 2, 1st Cross,
SRP Ponnusamy Nagar,
Behind Vvvanl Vidhyalaya School,
Saibaba Colony, Coimbatore - 641 011

Page 3 of 5

+91 915 916 0777
+91 9047 715 715

✉ themedihubcorp@gmail.com
corporatedotsfoundation@gmail.com

📍 No. 2, 1st Cross, SRP Ponnusamy Nagar
Behind V.V. Vani Vidhyalaya School, Saibaba Colony,
Coimbatore - 641 011. Tamil Nadu, India.



Patient Name:	Mr. KHATAWATE GIRISH SHAM SUNDAR	Registered on:	22/10/2024 04:30 PM
Age / Sex:	39 YRS / M	Collected on:	22/10/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	22/10/2024
LAB.REGN NO:	3296	Reported on:	22/10/2024 05:10 PM



FASTING & POST PRANDIAL BLOOD SUGAR WITH HBA1C

TEST	VALUE	UNIT	REFERENCE
Fasting Blood Sugar	H 135.0	mg/dl	70 - 110
PP 2HRS BLOOD SUGAR	H 190.0	mg/dl	90 - 160
HbA1c (Glycosylated Hemoglobin)			
HbA1c	H 7.1	%	4 - 5.6
Estimated average glucose	157.07	mg/dL	90 - 160

Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non-Diabetic adults >= 18 years	At Risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemic control
HbA1c in%	4.0-5.6	5.7-6.4	>= 6.5	<7.0

Clinical significance:

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks).

The following ranges may be used for interpretation of results. However, factors such as duration of diabetes, adherence to therapy and the age of the patient should also be considered in assessing the degree of blood glucose control.

Haemoglobin A1c (%) NSGP	mmol/mol/IFCC Unit	eAG (mg/dl)	Degree of Glucose Control Unit
>8	>63.9	>183	Action Suggested*
7-8	53.0 - 63.9	154-183	Fair Control
<7	<63.9	<154	Goal**
6-7	42.1 - 63.9	126-154	Near-normal glycemia
<6	<42.1	<126	Non-Diabetic level

*High risk of developing long term complications such as Retinopathy, Nephropathy, Neuropathy etc.

**Some danger of hypoglycemic reaction in Type 1 diabetics. Some glucose intolerant individuals and "subclinical" diabetics may demonstrate HbA1c levels in this area.

VERIFIED BY LAB INCHARGE



THE MEDIHUB
D. No: 2, 1st Cross,
SRP Ponnusamy Nagar,
Behind V.V. Vani Vidhyalaya School,
Saibaba Colony, Coimbatore - 641 011
Page 4 of 5



THE MEDIHUB

CORPORATE WELLNESS CLINIC



ISO 9001:2015 CERTIFIED COMPANY



ACCREDITED

OCCUPATIONAL HEALTH | INSURANCE HEALTH | CORPORATE HEALTH
ALLIED PUBLIC HEALTH | INDUSTRIAL SAFETY & HEALTH

Patient Name:	Mr. KHATAWATE GIRISH SHAM SUNDAR	Registered on:	22/10/2024 04:30 PM
Age / Sex:	39 YRS / M	Collected on:	22/10/2024
Referred By:	Dr. RAMESH PRABHOO (MBBS, FRSH)	Received on:	22/10/2024
LAB.REGN NO:	3296	Reported on:	22/10/2024 05:10 PM



3296

OTHERS

THYROID FUNCTION TEST (TFT)

TEST	VALUE	UNIT	REFERENCE
Serum Triiodothyronine, T3	123.6	ng/dl	80 - 200
Serum thyroxine, T4	9.89	ug/dl	5.1 - 14.1
Thyroid-Stimulating Hormone, TSH	1.87	uIU/mL	0.27 - 4.2

ROUTINE URINE ANALYSIS

ROUTINE URINE ANALYSIS

TEST	VALUE	UNIT	REFERENCE
Urine Routine Examination			
Physical Examination			
Quantity	30	ml	
Colour	Yellow		Pale Yellow
Transparency	Clear		Clear
Specific Gravity	1.016		1.005 - 1.03
pH	5.8		5 - 7
Blood	Absent		Absent
Chemical Examination			
Protein / Albumin	Absent		Absent
Sugar / Glucose	Absent		Absent
Bilirubin	Absent		Absent
Microscopic Examination			
R.B.C.	Absent	/HPF	Absent
Pus Cells	2-4	/HPF	Absent
Epithelial Cells	1-2	/HPF	Absent
Casts	Absent		Absent
Crystals	Absent		
Bacteria	Absent		Absent
Others	Absent		

~~~ End of report ~~~

GENERATED BY LAB ENCHARGE



**THE MEDIHUB**  
D. No: 2, 1st Cross,  
SRP Ponnusamy Nagar,  
Behind Vvani Vidhyalaya School,  
Saibaba Colony, Coimbatore - 641 011

+91 915 916 0777  
+91 9047 715 715

✉ [themedihubcorp@gmail.com](mailto:themedihubcorp@gmail.com)  
[corporatedotsfoundation@gmail.com](mailto:corporatedotsfoundation@gmail.com)

📍 No. 2, 1st Cross, SRP Ponnusamy Nagar  
Behind V.V. Vani Vidhyalaya School, Saibaba Colony,  
Coimbatore - 641 011 Tamil Nadu, India.