

Patient Name : Mrs.PRATIKSHA POTE	Collected : 26/Oct/2024 09:05AM
Age/Gender : 33 Y 7 M 3 D/F	Received : 26/Oct/2024 11:03AM
UHID/MR No : SPUN.0000050109	Reported : 26/Oct/2024 12:04PM
Visit ID : SPUNOPV68242	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 98464	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.8	g/dL	12-15	Spectrophotometer
PCV	32.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.29	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	76.5	fL	83-101	Calculated
MCH	25.2	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	16.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,940	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	57.1	%	40-80	Electrical Impedance
LYMPHOCYTES	33.7	%	20-40	Electrical Impedance
EOSINOPHILS	1.3	%	1-6	Electrical Impedance
MONOCYTES	7.6	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3962.74	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2338.78	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	90.22	Cells/cu.mm	20-500	Calculated
MONOCYTES	527.44	Cells/cu.mm	200-1000	Calculated
BASOPHILS	20.82	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.69		0.78- 3.53	Calculated
PLATELET COUNT	298000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC's Anisocytosis+, Microcytes+
WBC's are normal in number and morphology
Platelets are Adequate
No hemoparasite seen.



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:BED240241808

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Apollo Speciality Hospitals Private Limited
(Formerly known as Apollo Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414
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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



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Patient Name : Mrs.PRATIKSHA POTE	Collected : 26/Oct/2024 11:41AM
Age/Gender : 33 Y 7 M 3 D/F	Received : 26/Oct/2024 12:21PM
UHID/MR No : SPUN.0000050109	Reported : 26/Oct/2024 12:48PM
Visit ID : SPUNOPV68242	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	87	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	88	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR.Sanjay Ingle
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Consultant Pathologist



SIN No:PLP1487522

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:EDT240093454

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	189	mg/dL	<200	CHO-POD
TRIGLYCERIDES	106	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	54	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	136	mg/dL	<130	Calculated
LDL CHOLESTEROL	114.42	mg/dL	<100	Calculated
VLDL CHOLESTEROL	21.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.53		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Sneha Shah
Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:SE04839277

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.39	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.08	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.31	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	32.28	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	36.9	U/L	<35	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.1		<1.15	Calculated
ALKALINE PHOSPHATASE	61.45	U/L	30-120	IFCC
PROTEIN, TOTAL	6.99	g/dL	6.6-8.3	Biuret
ALBUMIN	3.64	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.35	g/dL	2.0-3.5	Calculated
A/G RATIO	1.09		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons’s diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Patten:*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:SE04839277

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.57	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	17.61	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	8.2	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.90	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.04	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139.19	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.6	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	105.17	mmol/L	101-109	ISE (Indirect)
PROTEIN, TOTAL	6.99	g/dL	6.6-8.3	Biuret
ALBUMIN	3.64	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.35	g/dL	2.0-3.5	Calculated
A/G RATIO	1.09		0.9-2.0	Calculated


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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	14.51	U/L	<38	IFCC

Sneha Shah
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	0.92	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	10.32	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	5.483	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes



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DEPARTMENT OF IMMUNOLOGY

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High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Scattering of light
TRANSPARENCY	CLEAR		CLEAR	Scattering of light
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.007		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NORMAL		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Diazonium Salt
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside
UROBILINOGEN	NORMAL		NORMAL (0.1-1.8mg/dl)	Diazonium salt
NITRITE	NEGATIVE		NEGATIVE	Sulfanilic acid
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1 - 2	/hpf	0-5	Automated Image based microscopy
EPITHELIAL CELLS	2 - 3	/hpf	< 10	Automated Image based microscopy
RBC	0	/hpf	0-2	Automated Image based microscopy
CASTS	NEGATIVE	/lpf	0-2 Hyaline Cast	Automated Image based microscopy
CRYSTALS	NEGATIVE	/hpf	Occasional-Few	Automated Image based microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

Page 12 of 15



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UR2417893

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Apollo Spectra Hospitals Private Limited
(Formerly known as Apollo Spectra Hospitals Private Limited)
CIN- U85100TG2009PTC099414
Regd Off: 1-10-52/62, 5th Floor, Ashoka Taghupalli Chambers,
Begumpet, Hyderabad, Telangana - 500016

P. No. 8 & 10, 8th & 9th Floor, Renata Chambers, 8th & 9th Road,
Vijaynagar Colony, Opp. Sansa Play Ground, Sadashiv Peth,
Pune, Maharashtra

Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MR No : SPUN.0000050109
Visit ID : SPUNOPV68242
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 98464

Collected : 26/Oct/2024 09:05AM
Received : 26/Oct/2024 12:09PM
Reported : 26/Oct/2024 12:43PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UR2417893

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Apollo Speciality Hospitals Private Limited
(Formerly known as Apollo Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414
Regd Off:1-10-52/62, 5th Floor, Ashoka Taghutsalli Chambers,
Begumpet, Hyderabad, Telangana - 500016

P. No. 8 & 10a, 8th & 9th, Renata Chambers, 82nd Bang Road,
Vijaynagar Colony, Opp. Sankar Play Ground, Sadashiv Peth,
Pune, Maharashtra

Patient Name : Mrs.PRATIKSHA POTE	Collected : 26/Oct/2024 09:05AM
Age/Gender : 33 Y 7 M 3 D/F	Received : 26/Oct/2024 12:09PM
UHID/MR No : SPUN.0000050109	Reported : 26/Oct/2024 12:43PM
Visit ID : SPUNOPV68242	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 98464	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	GOD-POD

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	GOD-POD



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UF012137

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Apollo Speciality Hospitals Private Limited
(Formerly known as Apollo Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414
Regd Off:1-10-52/62, 5th Floor, Ashoka Taghutsalli Chambers,
Begumpet, Hyderabad, Telangana - 500016

P. No. 8 & 10a, 8th & 9th, Renata Chambers, 82nd Bang Road,
Vijaynagar Colony, Opp. Sankar Play Ground, Sadashiv Peth,
Pune, Maharashtra

Patient Name : Mrs.PRATIKSHA POTE	Collected : 26/Oct/2024 12:02PM
Age/Gender : 33 Y 7 M 3 D/F	Received : 27/Oct/2024 02:25PM
UHID/MR No : SPUN.0000050109	Reported : 29/Oct/2024 12:07PM
Visit ID : SPUNOPV68242	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 98464	

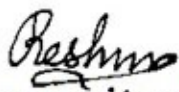
DEPARTMENT OF CYTOLOGY

LBC PAP SMEAR , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	23789/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology Negative for intraepithelial lesion/malignancy
III	RESULT	
a	EPITHELIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***



Dr. Reshma Stanly
M.B.B.S, DNB(Pathology)
Consultant Pathologist



SIN No:CS085651

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

Apollo Speciality Hospitals Private Limited
(Formerly known as Apollo Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414
Regd Off: 1-10-52/62, 5th Floor, Ashoka Taghulapalli Chambers,
Begumpet, Hyderabad, Telangana - 500016

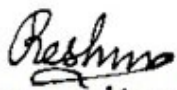
Hyderabad
P. No. 8 & 10, 8th & 9th Floor, Ashoka Chambers, 8th & 9th Road,
Vijaynagar Colony, Opp. Sansa Play Ground, Santhosh Path,
Pune, Maharashtra

Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MR No : SPUN.0000050109
Visit ID : SPUNOPV68242
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 98464

Collected : 26/Oct/2024 12:02PM
Received : 27/Oct/2024 02:25PM
Reported : 29/Oct/2024 12:07PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



Dr. Reshma Stanly
M.B.B.S, DNB(Pathology)
Consultant Pathologist



SIN No: CS085651

Apollo Speciality Hospitals Private Limited
This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

CIN- U85100TG2009PTC099414
Regd Off: 1-10-62/52, 5th Floor, Ashoka Baghupathi Chambers,
Begumpet, Hyderabad, Telangana - 500016

Hyderabad
P. No. 9 & 10a, S.R.O. 2024, Hanota Chambers, Sreeni Nagar Road,
Vijaynagar Colony, Opp. Sankar Play Ground, Secunderabad,
Punjab, Maharashtra

Dental And ENT Will be done on 02/11/2024

Name : Mrs. Pratiksha Pote

Age: 33 Y

UHID:SPUN.000050109

Sex: F



Address : Sadashiv path, Pune

OP Number:SPUNOPV68242

Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN

Bill No :SPUN-OCR-11777

INDIA OP AGREEMENT

Date : 26.10.2024 08:38

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - JY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
✓	D/ECHO (N)	
✓	LIVER FUNCTION TEST (LFT)	
✓	GLUCOSE, FASTING	
✓	HEMOGRAM + PERIPHERAL SMEAR	
✓	GYNAECOLOGY CONSULTATION	
✓	DIET CONSULTATION	
✓	COMPLETE URINE EXAMINATION	
✓	URINE GLUCOSE(POST PRANDIAL) 11:20AM	
✓	PERIPHERAL SMEAR	
✓	ECG	
✓	LBC PAP TEST - PAPSURE	
✓	RENAL PROFILE-RENAL FUNCTION TEST (RFT/KFT)	
✓	DENTAL CONSULTATION	
✓	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) 11:20AM	
✓	URINE GLUCOSE(FASTING)	
✓	HbA1c, GLYCATED HEMOGLOBIN	
✓	X-RAY CHEST PA	
✓	ENT CONSULTATION	
✓	FITNESS BY GENERAL PHYSICIAN	
✓	BLOOD GROUP ABO AND RH FACTOR	
✓	LIPID PROFILE	
✓	BODY MASS INDEX (BMI)	
✓	OPHTHAL BY GENERAL PHYSICIAN	
✓	ULTRASOUND - WHOLE ABDOMEN	
✓	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pratiksha Pate on 26-10-2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. <p>Review after _____ recommended</p>	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>

Dr. Shah
General Physician
Apollo Spectra Hospital Pune

This certificate is not meant for medico-legal purposes

Dr Samrat Shah
MBBS MD
Reg No. 131697302
Consultant General Medicine
Apollo Speciality Hospital

Date : 26-10-2024
MRNO :
Name : Pratiksha Pote
Age/Gender :
Mobile No : 931F

Department : Internal Medicine
Consultant : DR. SAMRAT SHAH
Reg. No :
Qualification : MBBS, MD

Consultation Timing :

Pulse : 86b/m	B.P. : 108/68 mmHg	Resp : 20br/m	Temp : Afebrile
Weight : 56 kg	Height : 158cm	BMI : 22.9	Waist Circum : -

General Examination / Allergias
History

Clinical Diagnosis & Management Plan

SpO2 - 99%

found fit to join duty

Dr. Samrat Shah
MBBS MD

Reg No. 2021097302

Consultant Internal Medicine
Apollo Speciality Hospital

Follow up date:

Doctor Signature

Date :
MRNO :
Name :
Age/Gender :
Mobile No :

26/10/24
Pratishha Pote
33 y/o.

992244713
Department :
Consultant : Gynecology
Reg. No : DR. SAYALI KARI BOGAM
Qualification : MBBS, DNB
Consultation Timing :

Pulse :	B. P. :	Resp :	Temp :
Weight :	Height :	BMI :	Waist Circum :

General Examination / Allergias
History

Clinical Diagnosis & Management Plan 33/12

ms: 10 y/o.
MH - Regular
c/o scanty menses.
LMP - 22/10/24.
LOS - LSCS 10 y/o.
P/A - soft
Breasts - NAD.
P/S - cx healthy
P/V - NAD

Follow up date:



Doctor Signature

Touching Lives
 Patient Name : Mrs.PRATIKSHA POTE
 Age/Gender : 33 Y 7 M 3 DiF
 UHID/MR No : SPUN 0000050109
 Visit ID : SPUNOPV88242
 Ref Doctor : Dr.SELF
 Empr/Auth/TPA ID : 98464

Collected : 25/Oct/2024 09:05AM
 Received : 28/Oct/2024 11:03AM
 Reported : 26/Oct/2024 12:04PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.8	g/dL	12-15	Spectrophotometer
PCV	32.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.29	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	76.5	fL	83-101	Calculated
MCH	25.2	pg	27-32	Calculated
MCHC	33	g/dL	31.5-34.5	Calculated
R.D.W	16.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6.940	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	67.1	%	40-80	Electrical Impedance
LYMPHOCYTES	33.7	%	20-40	Electrical Impedance
EOSINOPHILS	1.3	%	1-6	Electrical Impedance
MONOCYTES	7.6	%	2-10	Electrical Impedance
BASOPHILS	0.3	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3962.74	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2338.78	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	90.22	Cells/cu.mm	20-500	Calculated
MONOCYTES	527.44	Cells/cu.mm	200-1000	Calculated
BASOPHILS	20.82	Cells/cu mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.69		0.78- 3.53	Calculated
PLATELET COUNT	298000	cells/cu mm	150000-410000	Electrical Impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm at the end of 1 hour	0-20	Modified Westergren

PERIPHERAL SMEAR

RBC's Anisocytosis+, Microcytes+
WBC's are normal in number and morphology
Platelets are Adequate
No hemoparasite seen.

Page 1 of 14




 DR. Sanjay Ingle
 (M.B.B.S, M.D) Pathology
 Consultant Pathologist

IN No: BED240241808

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mrs. PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MR.No : SPUN.0000050109
Visit ID : SPUNOPV68242
Ref Doctor : Dr.SELF
Emol/Auth/TPA ID : 98404

Collected : 25/Oct/2024 09:05AM
Received : 26/Oct/2024 11:03AM
Reported : 26/Oct/2024 12:04PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324



DR. Sanjay Ingle
M.B.B.S, M.D(Pathology)
Consultant Pathologist

SIN No BED240241808

This test has been performed at Apollo Health and Lifestyle (In-Sponsorship Path. Proc.) Diagnostics Lab.



Patient Name : Mrs.PRATIKSHA POTE
 Age/Gender : 33 Y 7 M 3 D/F
 UH/DMR No : SPUN.000050109
 Visit ID : SPUNOPV68242
 Ref Doctor : Dr. SELF
 Emp/Aush/TPA ID : 88484

Collected : 26/Oct/2024 09:05AM
 Received : 26/Oct/2024 11:03AM
 Reported : 26/Oct/2024 12:10PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , <i>WHOLE BLOOD EDTA</i>				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination




DR. Srinivas Ingole
 M.B.B.S, M.D| Pathology
 Consultant, Pathologist

SIN No. BED240241808

This test has been performed at Apollo Health and Lifestyle Ltd. Sadashiv Park Road, Diagnostics Lab

Patient Name : Mrs PRATIKSHA POTE
 Age/Gender : 33 Y 7 M 3 D/F
 UHID/MR No : SPUN 000050109
 Visit ID : SPUNOPV68242
 Ref Doctor : Dr.SELF
 Emp/Auth/TPA ID : 88484

Collected : 26/Oct/2024 11:41AM
 Received : 26/Oct/2024 12:21PM
 Reported : 26/Oct/2024 12:46PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	87	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	88	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.




DR. Sanjay Ingle
 M.B.B.S, M.D (Pathology)
 Consultant Pathologist

SIN No-PLP 1487522

This test has been performed at Apollo Health and Lifestyle (L1)- Saijashy Path. Pune, Diagnostics Lab

Patient Name : Mrs.PRATIKSHA POTE
 Age/Gender : 33 Y 7 M 5 D/F
 UHID/MR No : SPUN 0000050109
 Visit ID : SPUNOPV68242
 Ref Doctor : Dr.SELF
 Emp/Auth/TPA ID : 98464

Collected : 26/Oct/2024 09:05AM
 Received : 26/Oct/2024 11:03AM
 Reported : 26/Oct/2024 02:24PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines

REFERENCE GROUP	HBA1C %
NON-DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 - 7
FAIR TO GOOD CONTROL	7 - 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HBA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trend in Hba1C values is a better indicator of Glycemic control than a single test.
- Low HBA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency, Hemolytic, Liver Disorders, Chronic Kidney Disease). Clinical Correlation is advised on interpretation of low Values.
- Falsely low HBA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HBA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of interference of Hemoglobin variants in HBA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control.
 - HbS >25%
 - Homozygous Hemoglobinopathy
 (7th Electrophoresis is recommended method for detection of Hemoglobinopathy)



Shekha Shah
 Dr. Shekha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:DDI240001454

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MR.No : SPUN 0000250109
Visit ID : SPUNOPV58242
Ref Doctor : Dr.SELF
Emp/Actv/TPA ID : 58464

Collected : 26/Oct/2024 09:05AM
Received : 26/Oct/2024 11:15AM
Reported : 26/Oct/2024 01:41PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	189	mg/dL	<200	CHO-POD
TRIGLYCERIDES	106	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	64	mg/dL	40-60	Enzymatic Immuno-inhibition
NON-HDL CHOLESTEROL	136	mg/dL	<130	Calculated
LDL CHOLESTEROL	114.42	mg/dL	<100	Calculated
VLDL CHOLESTEROL	21.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.53		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Page 6 of 14



Smriti Shah
Dr Smriti Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No SH04839277

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

EDUCATING LIVES

Patient Name : Mrs.PRATIKSHA POTE
 Age/Gender : 33 Y 7 M 3 DF
 UHID/MR No : SPUN.0000050109
 Visit ID : SPUNOPV68242
 Ref Doctor : Dr.SELF
 Emp/Auth/TPA ID : 95464

Collected : 26/Oct/2024 09:05AM
 Received : 26/Oct/2024 11:15AM
 Reported : 26/Oct/2024 01:41PM
 Status : Final Report
 Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN TOTAL	0.39	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.05	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.31	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	32.28	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	36.9	U/L	<35	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.1		<1.15	Calculated
ALKALINE PHOSPHATASE	61.45	U/L	30-120	IFCC
PROTEIN TOTAL	6.99	g/dL	6.6-8.3	Biuret
ALBUMIN	3.64	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.35	g/dL	2.0-3.5	Calculated
A/G RATIO	1.09		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin). Common patterns seen:

1. Hepatocellular Injury:

*AST - Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT - Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) - In case of hepatocellular injury AST: ALT > 1. In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:*ALP - Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct, To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.

Page 7 of 14



Sheha Shan

Dr Sheha Shan
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN.No:SE14819277

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name	Mrs PRATIKSHA POTE	Collected	26/Oct/2024 09:05AM
Age/Gender	33 Y / M 3 D/F	Received	26/Oct/2024 11:15AM
UHID/MR No	SPUN.0000050109	Reported	26/Oct/2024 01:41PM
Visit ID	SPUNOPV68242	Status	Final Report
Ref Doctor	Dr SELF	Sponsor Name	ARCOFEMI HEALTHCARE LIMITED
Emp/Accr/TPA ID	58464		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.57	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	17.61	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	8.2	mg/dl	8.0 - 23.0	Calculated
URIC ACID	4.90	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.04	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.30	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139.19	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.6	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	105.17	mmol/L	101-109	ISE (Indirect)
PROTEIN TOTAL	6.99	g/dL	5.6-8.3	Biuret
ALBUMIN	3.64	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.35	g/dL	2.0-3.5	Calculated
A/G RATIO	1.09		0.9-2.0	Calculated



Smriti Shah
 Dr Smriti Shah
 MBBS, MD (Pathology)
 Consultant Pathologist
 SIN No:SF64859277

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name	: Mrs PRATIKSHA POTE	Collected	: 26/Oct/2024 09:05AM
Age/Gender	: 33 Y 7 M 3 D/F	Received	: 26/Oct/2024 11:15AM
UHID/MR No	: SPUN 0000050109	Reported	: 26/Oct/2024 01:41PM
Visit ID	: SPUNOPV68242	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 98464		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT), SERUM	14.51	U/L	<38	IFCC



Sheha Shah
 Dr Sheha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:SP04839217

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name: Mrs. PRATIKSHA POTE
 Age/Gender: 33 Y 7 M 3 D/F
 UHID/MR No: SPUN 0000050109
 Visit ID: SPLNORV66242
 Ref Doctor: Dr. SELF
 Emp/AUTH/TPA ID: 98464

Collected: 25/Oct/2024 09:05AM
 Received: 25/Oct/2024 11:15AM
 Reported: 26/Oct/2024 12:10PM
 Status: Final Report
 Sponsor Name: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOETHYRONINE (T3, TOTAL)	0.92	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	10.32	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	5.483	µIU/ml	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in µIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes



DR Sanjay Ingole
 M.B.B.S, M.D.(Pathology)
 Consultant Pathologist

SIN No: SPL24144868

This test has been performed at Apollo Health and Lifestyle ICL, Saadally, Reddy Park, Diagnostics Lab



Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MR No : SPUN.0000050109
Visit ID : SPLNOPV86242
Ref Doctor : Dr.SELF
Emp/Auto/TPA ID : 98464

Collected : 26/Oct/2024 09:06AM
Received : 26/Oct/2024 11:15AM
Reported : 26/Oct/2024 12:10PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

High High High High Pituitary Adenoma; TSHema/Thyrotropinoma



DR. Sanjay Ingole
M.B.B.S, M.D (Pathology)
Consultant Pathologist

SIN No: SPL2 1144868

This test has been performed at Apollo Health and Lifestyle Ltd, Sahakar, Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y T M S D/F
UHIDMR No : SPUN 000005010B
Visit ID : SPL/NOPV58242
Ref Doctor : Dr.SELF
Emp/AUTH/TPA ID : 38464

Collected : 25/Oct/2024 09:05AM
Received : 26/Oct/2024 12:09PM
Reported : 26/Oct/2024 12:43PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Scattering of light
TRANSPARENCY	CLEAR		CLEAR	Scattering of light
pH	6.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.007		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NORMAL		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Diazonium Salt
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium nitro prusside
UROBILINOGEN	NORMAL		NORMAL (0.1-1.8mg/dl)	Diazonium salt
NITRITE	NEGATIVE		NEGATIVE	Sulfanilic acid
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	1 - 2	/hpf	0-5	Automated Image based microscopy
EPITHELIAL CELLS	2 - 3	/hpf	< 10	Automated Image based microscopy
RBC	0	/hpf	0-2	Automated Image based microscopy
CASTS	NEGATIVE	/hpf	0-2 Hyaline Cast	Automated Image based microscopy
CRYSTALS	NEGATIVE	/hpf	Occasional-Few	Automated Image based microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.

Page 17 of 14



Dr Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No:UR2417897

This test has been performed at Apollo Health and Lifestyle, Aps Sarvaresh Path, Pune, Diagnostic Lab

Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y 7 M 3 D/F
UHID/MPR No : SPUN 0000050109
Visit ID : SPUNOPV58242
Ref Doctor : Dr.SELF
Emp/Ausr/TPA ID : 58464

Collected : 25/Oct/2024 09:05AM
Received : 28/Oct/2024 12:09PM
Reported : 28/Oct/2024 12:43PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 13 of 14



Dr. Sanjay Ingle
M.B.B.S. M.D.(Pathology)
Consultant Pathologist

SIN No:UR2417891

This test has been performed at Apollo Health and Lifestyle Ltd. Sadashty Path Trust, Diagnostics Lab

Patient Name : Mrs.PRATIKSHA POTE
Age/Gender : 33 Y T M S D/F
UHID/MR No : SPUN 0000050108
Visit ID : SPLN0PV58242
Ref Doctor : Dr.SELF
Emp/Auth/TPA ID : 98464

Collected : 26/Oct/2024 09.05AM
Received : 26/Oct/2024 12:09PM
Reported : 26/Oct/2024 12:43PM
Status : Final Report
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	GOD-POD
Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	GOD-POD

*** End Of Report ***

Results to follow
LBC PAP SMEAR




DR.Sanjay Ingle
M.B.B.S.M.D(Pathology)
Consultant Pathologist

SEN.No: LPO12137

This test has been performed at Apollo Health and Lifestyle Tick Sachiniva Path. Pract. Diagnostics Lab.

Patient Name	: Mrs.PRATIKSHA POTE	Collected	: 25/Oct/2024 09:05AM
Age/Gender	: 33 Y 7 M 3 D/F	Received	: 25/Oct/2024 12:09PM
UHID/MR No	: SPUN 0000050105	Reported	: 26/Oct/2024 12:43PM
Visit ID	: SPUNOPV66242	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auto/TPA ID	: 36464		

TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation)
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.



DR.Sanjay Ingle
M.B.B.S.,M.D.(Pathology)
Consultant Pathologist

SIN No:UPH12137

This test has been performed at Apollo Health and Lifestyle (H&L)- Sadashiv Peth Pune, Diagnostics Lab



X-RAY CHEST PA VIEW

FINDINGS

Normal heart and mediastinum.
There is no focal pulmonary mass lesion is seen.
No collapse or consolidation is evident.
The apices, costo and cardiophrenic angles are free.
No hilar or mediastinal lymphadenopathy is demonstrated.
There is no pleural or pericardial effusion.
No destructive osseous pathology is evident.

IMPRESSION:

No significant abnormality is seen.



Dr. Santhosh Kumar DMRD, DNB
Consultant Radiologist
Reg.No: 59248

CONFIDENTIALITY:

This transmission is confidential. If you are not the intended recipient, please notify us immediately. Any disclosure, distribution or other action based on the contents of this report may be unlawful.

PLEASE NOTE:

This radiological report is the professional opinion of the reporting radiologist based on the interpretation of the images and information provided at the time of reporting. It is meant to be used in correlation with other relevant clinical findings.

2D ECHO / COLOUR DOPPLER

Name : Mrs. Pratiksha Pote
Ref by : Health Checkup

Age : 33 YRS / F
Date : 26/10/2024

LA – 32 AO – 26 IVS ± 10 PW – 10
LVIDD – 37 LVIDS - 25
EF 55 %

Normal LV size and systolic function
No diastolic dysfunction
Normal LV systolic function. LVEF 55 %
No regional wall motion abnormality
Normal sized other cardiac chambers.
Mitral valve has thin leaflets with normal flow
Aortic valve has three thin leaflets with normal structure and function. No aortic regurgitation. No LVOT gradient
Normal Tricuspid & pulmonary valves.
No tricuspid regurgitation.
PA pressures Normal

Intact IAS and IVS
No clots, vegetations, pericardial effusion noted

IMPRESSION
NORMAL LV SYSTOLIC AND DIASTOLIC FUNCTION.
NO RWMA. NO PULMONARY HTN
NO CLOTS/VEGETATIONS

DR. SAMRAT SHAH
MD, CONSULTANT PHYSICIAN

Patient's Name :- Mrs. Pratiksha Pote
Ref. Doctor :- Healthcheckup.

AGE : 33Yrs / F.
DATE : 26/10/2024

USG ABDOMEN & PELVIS

Liver : appears normal in size and echo texture. No focal lesion is seen. PV and CBD normal. No dilatation of the intrahepatic biliary radicals.

Gall bladder : is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen.

Spleen : appears normal. No focal lesion seen. Splenic vein appears normal.

Pancreas : appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Both the kidneys : appear normal in size, shape and echopattern. Cortical thickness and CM differentiation are maintained. No calculus / hydronephrosis seen on either side.
Right kidney- 10.1 X 4.1 cms. Left kidney – 9.2X 4.3 cms

Urinary Bladder :- is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

Uterus : appears normal in size measuring 8.1 x 4.2 x4.8 cms. It shows normal shape & echo pattern. Endometrial echo-complex appears normal and measures 7 mm.

Both ovaries :- appear normal in size, shape and echo pattern. No obvious free fluid or lymphadenopathy is noted in the abdomen.

IMPRESSION :-

No significant abnormality detected.


Dr. Rajceer Munot, M.D

Consultant Radiologist.

Apollo Spectra Hospitals: Saras Baug Road, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra - 411030
Ph No: 022 - 6720 6500 | www.apollospectra.com

Apollo Specialty Hospital Pvt. Ltd. (CIN - U85100TG2009PTC099414)
(Formerly known as Nova Specialty Hospital Ltd.)

Regd. Office: 7-1-617/A, 615 & 616, Imperial Towers, 7th Floor, Ameerpet, Hyderabad, Telangana - 500038
Ph No: 040 - 4904 7777 | www.apollohl.com

EYE REPORT



EDUCATING LIVES
ASH/PUN/OPHTH/06/02-0216

Name: Mrs. Pratiksha Pote

Date: 26/10/2024

Age / Sex: 33yrs, F

Ref No.:

Complaint: Using glasses for distance.

Examination

6/6, N6 in both eyes with glasses

Vision $\left\{ \begin{array}{l} \text{R less than 6/60, N6} \\ \text{L less than 6/60, N6} \end{array} \right\}$ un-aided

Spectacle Rx * Distance with A.R. coating

	Right Eye				Left Eye			
	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance	6/6	3.0	—	—	6/6	3.0	—	—
Read	N6	—	—	—	N6	—	—	—
	Sphere	CYL	Axis	Vision	Sphere	CYL	Axis	Vision

Remarks: * IPD = 62 mm

(Refresh tears 3/day x 2 weeks)

* Color vision - } WNL
* Slit lamp exam - }

Medications:

Trade Name	Frequency	Duration

Follow up: After one year.

Consultant: Dr. A.C. Bhargava.

Location:
Order Number:
Visit:
Indication:
Medication 1:
Medication 2:
Medication 3:

Room:

70 bpm

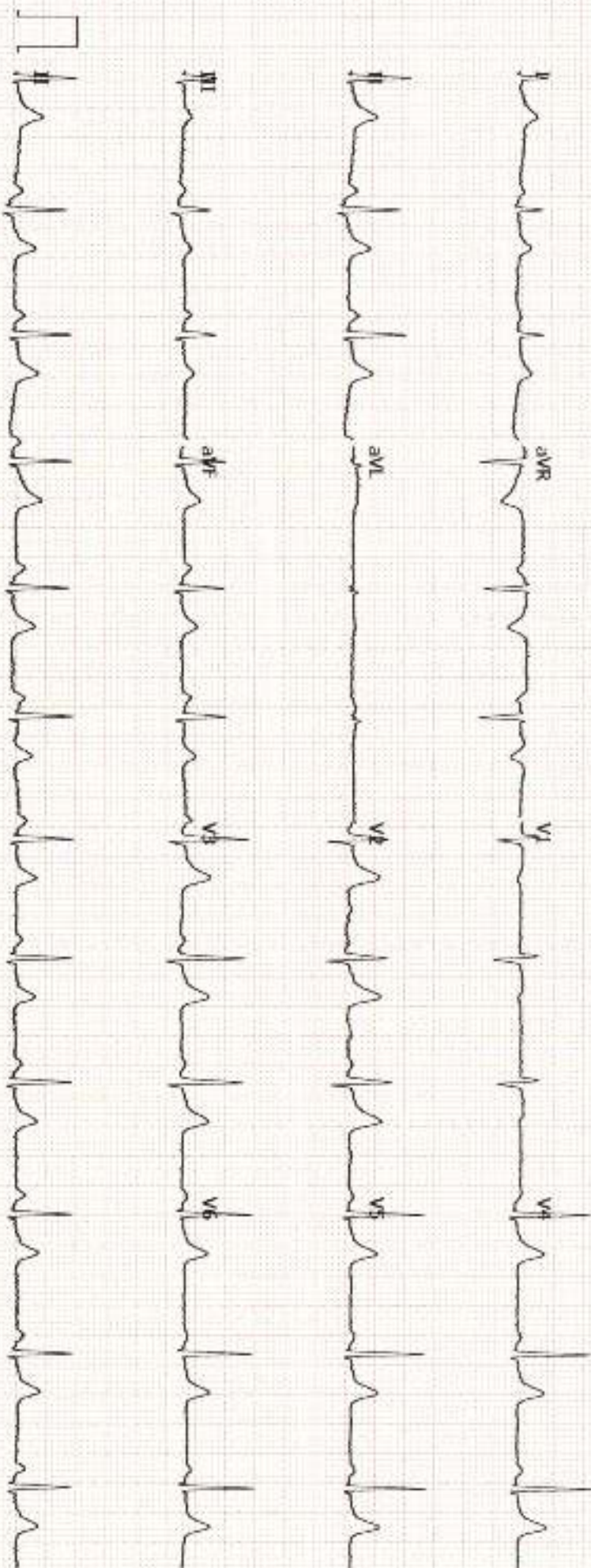
mmHg

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

QRS : 72 ms
QT / QTcBaz : 382 / 412 ms
PR : 130 ms
P : 94 ms
RR / PP : 852 / 857 ms
P / QRS / T : 60 / 58 / 56 degrees

Normal sinus rhythm
Normal ECG

Mr. Prashant Patil
334 P.



33008	VISIT HEALTH INDIA PRIVATE LIMITED	SHREYA RAJAGOPAL SATHISH	787231518	VISIT HEALTH INDIA PRIVATE LIMITED	33008
33009	ALLUE SYSTEMS (INDIA) PRIVATE LIMITED	Sanjay Jagtap	9511031023	allue@allue.com	33009
33053	HEALTH METERS SERVICES PRIVATE LIMITED	Mandar Subramanian	9919011900	myhealthmeters@gmail.com	33053
33031	PHASOR2 TECHNOLOGIES PRIVATE LIMITED	Sudhakar Raju	9881040553	Sudhakar@phasor2.com	33031
33007	REDCLIFFE LIFE (INDIA) PRIVATE LIMITED	Prithi Narayan Parvathi	9882437374	prithi@redcliffe.com	33007
33446	BETAJURA HEALTH TECHNOLOGIES PRIVATE LIMITED	Sarath Rajasekar Dupare	9825077439	sarath@betajura.com	33446
33055	CONNECT AND HEALTH PRIVATE CARE LIMITED	Sivapada Sathya Mallesh	7709074382	info@connectandhealth.com	33055
33418	BIDUS HEALTH PLUS PRIVATE LIMITED	PRATHI DESAI	9881645556	info@bidushealthplus.com	33418
33064	ARCOFEM HEALTHCARE LIMITED	MS. POTE PRATIKSHA	9309975632	pratiksha.pote@arcofem.com	33064
33062	ARCOFEM HEALTHCARE LIMITED	MS. POTE PRATIKSHA	9309975632	pratiksha.pote@arcofem.com	33062

33064
33062



भारतीय विशिष्ट ओळख प्राधिकरण
भारत सरकार
Unique Identification Authority of India
Government of India

नियमन क्रमांक / Enrolment No.: 0206/39809/01676

पत्ता
प्रतिक्षा सगर पोस्ट
W/O Sagar Pote
1231/E
Milan Apartment
Sadashiv Path
Near Perugate Police Chowki
Pune City
S.E. Collage
Pune Maharashtra - 411003
411003

भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India

Signature (void)



आपला आधार क्रमांक / Your Aadhaar No. :

4474 5560 3093

UID - 9153 9260 0310 8097

माझे आधार, माझी ओळख



भारत सरकार
Government of India



पत्ता सगर पोस्ट
Pratiksha Sagar Pote
पुणे PINCODE: 411003
लिंग FEMALE

4474 5560 3093

UID - 9153 9260 0310 8097

माझे आधार, माझी ओळख



सूचना

- आधार ओळखीचे प्रमाण आहे, नागरिकत्वाचे नाही.
- ओळखीचे प्रमाण ऑनलाइन ऑथेंटिकेशन द्वारा प्राप्त करा.
- हे इलेक्ट्रॉनिक प्रक्रिये द्वारा तयार झालेले एक पत्र आहे.

INFORMATION

- Aadhaar is a proof of identity, not of citizenship.
- To establish identity, authenticate online.
- This is electronically generated letter.

- आधारचा देशभरात मान्यता आहे
- आपण भविष्यात सरकारी व खाजगी सेवांचे कायदे मिळविण्यास उपयुक्त आहे
- Aadhaar is valid throughout the country.
- Aadhaar will be helpful in availing Government and Non-Government services in future.



भारतीय विशिष्ट ओळख प्राधिकरण
Unique Identification Authority of India

पत्ता
W/O सगर पोस्ट, 1231/E, मिलन अपार्टमेंट, सादशिव पथ,
नजरे परुगेट पोलिस चौक, पुणे शहर, पुणे
पिनकोड - 411003

Address:
W/O Sagar Pote, 1231/E, Milan Apartment,
Sadashiv Path, Near Perugate Police
Chowki, Pune City, Pune,
Maharashtra - 411003



4474 5560 3093

UID - 9153 9260 0310 8097

माझे आधार, माझी ओळख

भारतीय विशिष्ट ओळख प्राधिकरण