



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Anmol Singh Shanbhag** aged , **43yr**. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Mumbai

Date: 08/07/2024

Dr. Nitesh Kumar
MBBS

Nitesh Kumar
47093

Name & Signature of

Medical officer

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Amal Singh shankhag DATE: 8/7/24

AGE : 43yrs

SEX: Male / Female

NMU: NMU000 58100

DOCTOR'S NAME:
Health- Package

| | | | | | |
|----------------|-------------|-------------|-----------------|---------------|-------------|
| TEMP : | <u>98.4</u> | ° f | BP : | <u>126/62</u> | mmHg |
| PULSE : | <u>94</u> | b/m | HEIGHT : | <u>170</u> | cm |
| RR : | <u>20</u> | b/m | WEIGHT : | <u>69.7</u> | kg |
| SPO2 : | <u>98</u> | % RA | HGT: | <u>-</u> | |

REMARK:



DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 08/04/24

PATIENT NAME: Mr Anmol Singh Shanbag AGE / SEX : 48 / m NAVI MUMBAI

UMR NO : NMU0058100

| | RE | LE |
|---------------|-------------------|-------------------|
| VA (DISTANCE) | 6/6 | 6/6 |
| VA (NEAR) | N6 (CB) | N6 |
| COLOUR VISION | Partial Defective | Partial Defective |

| | | SPHERE | CYLINDER | AXIS | VA | |
|-----|-----|--------|----------|------|-------------|---------------------------------------|
| MRx | O D | Plano | _____ | | 6/6 (N6 CB) | <u>Acorn</u> + 0.75 _____ N6 |
| | O S | Plano | _____ | | 6/6 (N6) | + 0.75 _____ N6 |

HISTORY :

- NO H/O spectacle use
- NO H/O DM or H/O thyroid
- NO H/O other trauma Allergies & surgeries.

OCULAR FINDINGS :

(BE) - Ant seg WNL

(undilated) Disc T 0.3
0.2 - 0.3

ADVICE:

Refresh Tears old qid 177 X (months)

AS
CDR ANUSHREE VAN KAR





DEPARTMENT OF LABORATORY

NAVI MUMBAI

| | |
|--|---|
| Patient Name : Mr. ANMOL SINGH SHANBHAG | Age /Gender : 43 Y(s)/Male |
| Bill No/ UMR No : NMBC77837/NMU0058100 | Referred By : Dr. DMO |
| Received Dt : 08-Jul-24 09:02 am | Report Date : 08-Jul-24 02:09 pm |

FINAL REPORT

| <u>Parameters</u> | <u>Specimen</u> | <u>Result</u> | <u>Biological Reference Intervals</u> | <u>Method</u> |
|--|-----------------|---------------|---------------------------------------|--|
| CUE(COMPLETE URINE EXAMINATION) | | | | |
| <u>PHYSICAL EXAMINATION</u> | | | | |
| VOLUME | Urine | 20 ML | | |
| COLOUR | | PALE YELLOW | PALE YELLOW | |
| APPEARANCE | | SLIGHTLY HAZY | CLEAR | |
| DEPOSIT | | ABSENT | ABSENT | |
| <u>CHEMICAL EXAMINATION</u> | | | | |
| SPECIFIC GRAVITY | Urine | 1.015 | 1.000 - 1.030 | Dipstick |
| PH | | 6.5 | 5.0 - 8.0 | Dipstick |
| PROTEIN | | NEGATIVE | NEGATIVE | Dipstick/Heat coagulation test |
| GLUCOSE | | ABSENT | ABSENT | Dipstick/Benedict's test |
| UROBILINOGEN | | NORMAL | NORMAL | Dipstick |
| KETONE | | NEGATIVE | NEGATIVE | Dipstick/Rothera's Nitroprusside test. |
| BLOOD | | NEGATIVE | NEGATIVE | Dipstick/Microscopy |
| BILIRUBIN | | NEGATIVE | NEGATIVE | Dipstick/Fouchet's test |
| BILE SALT | | NEGATIVE | NEGATIVE | Hay's sulphur powder test |
| BILE PIGMENT | | NEGATIVE | NEGATIVE | Fouchet test |
| NITRITE | | NEGATIVE | NEGATIVE | Dipstick |
| LEUCOCYTE ESTERASE | | NEGATIVE | NEGATIVE | |
| <u>MICROSCOPIC EXAMINATION</u> | | | | |
| PUS CELLS | Urine | 1-2 | 0 - 5 /hpf | MICROSCOPIC EXAMINATION |
| RBC | | NIL | 0 - 5 /hpf | MICROSCOPIC EXAMINATION |
| EPITHELIAL CELLS | | 0-1 | 0 - 5 /hpf | MICROSCOPIC EXAMINATION |
| CRYSTALS | | NIL | NIL | MICROSCOPIC EXAMINATION |
| CASTS | | NIL | NIL | MICROSCOPIC EXAMINATION |
| BACTERIA | | ABSENT | | MICROSCOPIC EXAMINATION |
| YEAST | | ABSENT | | MICROSCOPIC EXAMINATION |
| AMORPHOUS DEPOSITS | | ABSENT | | MICROSCOPIC EXAMINATION |
| SPERMATOZOA | | | | MICROSCOPIC EXAMINATION |
| MUCUS THREAD | | ABSENT | | MICROSCOPIC EXAMINATION |





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

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| Bill No/ UMR No : NMBC77837/NMU0058100 | Referred By : Dr. DMO |
| Received Dt : 08-Jul-24 09:02 am | Report Date : 08-Jul-24 02:09 pm |

Parameters
NOTE

Specimen

Result

Biological Reference In Method

Microscopic examination of urine is carried out on centrifuged urinary sediment.

*** End Of Report ***





DEPARTMENT OF LABORATORY

NAVI MUMBAI

| | |
|--|---|
| Patient Name : Mr. ANMOL SINGH SHANBHAG | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : NMBC77837/NMU0058100 | Referred By : Dr. DMO |
| Received Dt : 08-Jul-24 09:02 am | Report Date : 08-Jul-24 11:59 am |

FINAL REPORT

| <u>Parameter</u> | <u>Specimen</u> | <u>Result Values</u> | <u>Biological Reference</u> | <u>Method</u> |
|------------------------------|-----------------|----------------------|-------------------------------|---------------------|
| COMPLETE BLOOD COUNT | | | | |
| RBC | | | | |
| R B C COUNT | Blood | 5.02 | 4.5 - 5.5 $10^6/\mu\text{L}$ | |
| HEMOGLOBIN | | 15.0 | 13.0 - 17.0 g/dl | |
| PCV/HCT | | 46.6 | 40 - 50 % 36 - 46 % | |
| MCV | | 92.8 | 83 - 101 fl 83 - 101 fl | |
| MCH | | 29.9 | 27 - 32 pg | |
| MCHC | | 32.2 | 31.5 - 34.5 g/dL | |
| RDW(cv) | | 13.1 | 11.6 - 14.0 % | |
| PLATELETS | | | | |
| PLATELET COUNT | Blood | 198 | 150 - 400 $10^3/\mu\text{L}$ | |
| MPV | | 9.4 | 7.5 - 11.5 fl | |
| WBC | | | | |
| TC (TOTAL LEUCOCYTE COUNT) | Blood | 4.55 | 4.0 - 11.0 $10^3/\mu\text{L}$ | |
| DIFFERENTIAL COUNT | | | | |
| NEUTROPHILS | Blood | 55 | 40 - 80 % | |
| LYMPHOCYTES | | 32 | 20 - 40 % | |
| MONOCYTES | | 08 | 02 - 10 % | |
| EOSINOPHILS | | 05 | 00 - 06 % | |
| BASOPHILS | | 00 | 00 - 01 % | |
| ESR | CITRATED BLOOD | 15 | 0 - 10 mm/1st hour | WESTERGREN'S METHOD |
| BLOOD GROUPING AND RH | | | | |
| BLOOD GROUP | | " O " | | TUBE AGGLUTINATION |
| RH TYPE | | POSITIVE | | |

*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

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|--|---|
| Patient Name : Mr. ANMOL SINGH SHANBHAG | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : NMBC77837/NMU0058100 | Referred By : Dr. DMO |
| Received Dt : 08-Jul-24 09:02 am | Report Date : 08-Jul-24 01:11 pm |

Parameters

Specimen

Result

TUBE AGGLUTINATI





DEPARTMENT OF LABORATORY

NAVI MUMBAI

| | |
|--|---|
| Patient Name : Mr. ANMOL SINGH SHANBHAG | Age / Gender : 43 Y(s)/Male |
| Bill No/ UMR No : NMBC77837/NMU0058100 | Referred By : Dr. DMO |
| Received Dt : 08-Jul-24 09:02 am | Report Date : 08-Jul-24 11:59 am |

FINAL REPORT

| <u>Parameters</u> | <u>Specimen</u> | <u>Result</u> | <u>Biological Reference Intervals</u> | <u>Method</u> |
|------------------------------------|-----------------|---------------|--|-------------------------|
| FBS (FASTING BLOOD GLUCOSE) | | | | |
| FASTING BLOOD GLUCOSE | | 88 | Normal Range : 70 - 99 mg/dL | Hexokinase |
| SERUM CREATININE | | | | |
| CREATININE | | 0.79 | 0.8 - 1.3 mg/dl | Method : jaffe |
| BUN(BLOOD UREA NITROGEN) | | | | |
| BUN (Blood Urea Nitrogen.) | | 12 | 7.0 - 21.0 mg/dL | Calculated |
| SGPT (ALT) | | 14 | <= 41 U/L | Method : UV without P5P |
| SERUM BILIRUBIN TOTAL | | 1.4 | 0.2 - 1.3 mg/dL | Jendrassik Grof |
| DIRECT BILIRUBIN | | 0.4 | <= 0.20 mg/dL | Method: Diazo Method |
| INDIRECT BILIRUBIN | | 1.0 | <= 1.0 mg/dL | |
| PLBS (POST LUNCH BLOOD GLUCOSE) | | 133 | Norma Range : - < 140 mg/dL Impaired Glucose Tolerance : 140 - 199 mg/dL Diabetes Mellitus : - > 200 mg/dL | Hexokinase |

*** End Of Report ***

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head Laboratory Services

Verified By : : 022315

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



| | | | |
|-----------------------------|--------------------|----------------------|-----------------------------|
| Patient ID: | NMU0058100 | Patient Name: | ANMOL SINGH SHANBHAG |
| Age: | 43 Years | Sex: | M |
| Accession Number: | NMBC77837 | Modality: | DX |
| Referring Physician: | DR.DMO | Study: | CHEST |
| Study Date: | 08-Jul-2024 | | |

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

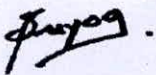
Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

No significant abnormality is seen.



DR. SUYOG SANGALE
MBBS DMRE
CONSULTANT RADIOLOGIST

Date: 08-Jul-2024 11:48:33

7/8/2024 8:55:04 AM

annol shanbhag
Male

hc 58100
43 Years

Rate 83 . Sinus rhythm.....normal P axis, V-rate 50- 99

PR 137
QRS 94
QT 336
QTc 395

--AXIS--
P 62
QRS 56
T 32

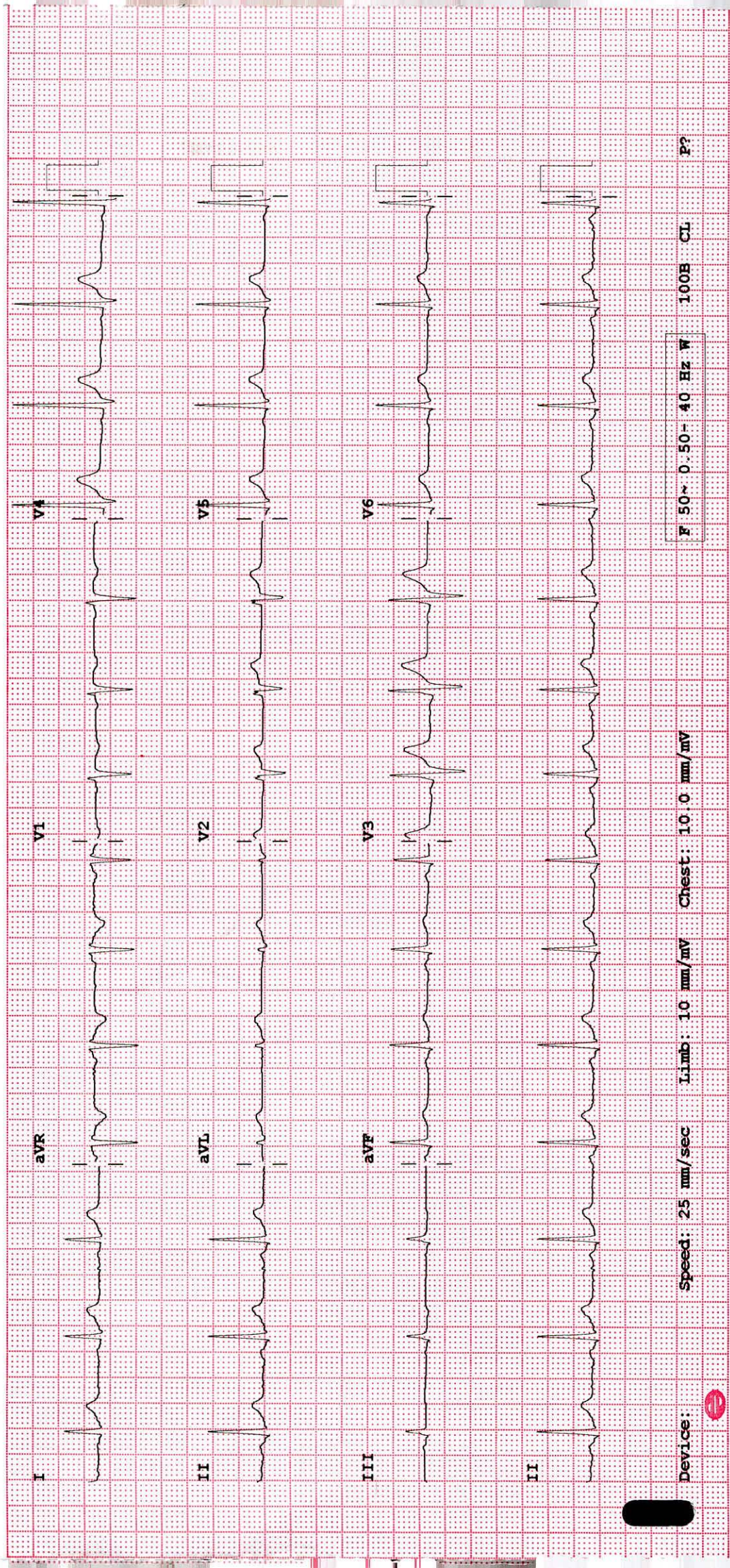
12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis

AS

Dr. Anuj A. Sathe
DM Cardiology, MD (Med), MBBS
Consultant Interventional Cardiologist
Reg No 2005/03/1862



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50- 40 Hz W

100B CL P?