


MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/2/24		
NAME	RUPESH KUMAR		
AGE	26	Gender	M
HEIGHT(cm)	168	WEIGHT (kg)	75
B.P.	120/86		
ECG	normal		
X Ray	normal		
Vision Checkup	-		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT		
<p>USG Test could not be done because he arrived after scheduled timing.</p>			


 Signature with Stamp of Medical Examiner
 Dr. Smita Rastogi
 MBBS, DCP
 Reg. No. 37370

You have been informed that ent ,diet, opthal consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

R. S.



भारत सरकार



रिपेश कुमार
Ripesh Kumar
जन्म तिथि DOB: 09/09/1997
पुल्ल / MALE



3501 4746 7385

आधार-आम आदमी का अधिकार

R.B

राष्ट्रीय विशिष्ट पड़पान प्राधिकरण
NATIONAL SPECIAL PDS AUTHORITY OF INDIA

पता: SAO: विद्युत प्रधान, एस-
सुप्रीम बाजार, सुप्रीम,
दरभंग,
बिहार - 647203

Address: SO Vinod Kumar, gram-
Sudh, Supriem, Darbhanga
Bihar - 647203

3501 4746 7385

Aadhaar-Aam Admi ka Adhikar



To.

Modern Pathology & Diagnostic Centre

Vincent Khond, Gombi Nagar, Welkhow - 226010

I am Rubish Kumar, employee of Bank of Baroda.

My health Checkup is scheduled for 10/02/2024, time: 8 AM, but due to some personal reason, I had reached at 12:30 PM. I am on complete fasting now.

Due to late arrival, USG whole Abdomen test will not be completed.


10/02/2024

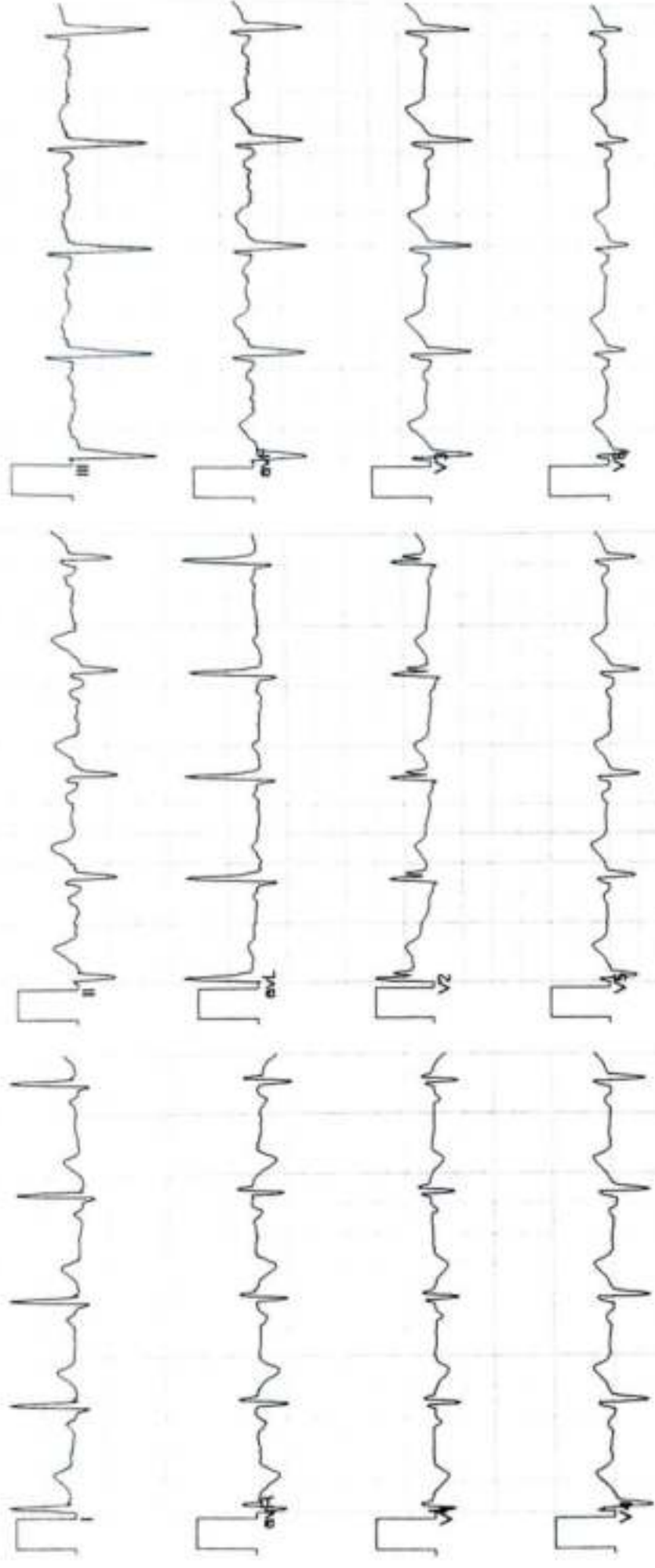


Modern Pathology And Diagnostic Centre

115 / RUPESH KUMAR 76 Yrs / M / 168Cms. / 75Kgs. / Non Smoker

Heart Rate : 86 bpm / Tested On : 10-Feb-24 13:54:22 / HF 0.05 Hz · LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s

ECG



Vent Rate : 86 bpm
 PR Interval : 140 ms
 QRS Duration: 88 ms
 QT/QTc Int : 340/387 ms
 P-QRS-T axis: 47.00 • -43.00 • 45.00 •



Axis
 90° R -43° T 45° P 47°

[Handwritten signature]

normal ECG
 Dr. AMIT MOHAN
 Rep. N. K. Mohan

CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph. : 0522-4008184, 4308184 • 8112323230
Mob. : 7618884441, 9450389932, 8177063877

Date	: 10-Feb-2024		
Name	: Mr. RUPESH KUMAR	Age	: 26 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Hæmoglobin	13.7	gm%	14 - 17
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Total Leucocyte Count	5400	Cells/cumm.	4000-11000
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Differential Leucocyte Count			
Polymorphs	64	%	45 - 70
Lymphocytes	27	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	08	mm in 1st Hr.	0 - 9
PCV	43.8	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 9

Platelet Count	2.0	lakh/cumm.	1.5 - 4.0
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Red Cells Count	5.09	million/cmm	3.90 to 5.80
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Absolute values			
MCV	26.9	fL	77 - 97
MCH	31.2	pg	27 - 31
MCHC	32.4	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRAT (BARC)

Dr. Smriti Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

e-mail : mpdcgn@gmail.com ♦ For online reports - www.modernpath.in

♦ Please ask for your computerized bill ♦ Pay only the printed collection charges



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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Date	: 10-Feb-2024	Age	: 26 Yrs.
Name	: Mr. RUPESH KUMAR	Sex	: Male
Ref.By	: APOLLO HEALTH		

Plasma Glucose - F GOD-POD Method	89	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	104	mg/dl	110 - 170
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KFT			
UREA	16.2	mg %	15 - 50
CREATININE	0.89	mg %	0.5 - 1.5
URIC ACID	4.6	mg %	2 - 7
CALCIUM	9.7	mg %	8.8 - 10.0

Blood Group & Rh	"B" Positive		
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Serum Gamma G.T.	14	IU/L	11 - 50
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LFT T&D			
Total Bilirubin	0.42	mg%	0.2 - 1.0
Direct Bilirubin	0.20	mg%	0.0 to 0.40
Indirect Bilirubin	0.22	mg%	0.10 to 0.90
S.G.P.T	40	IU/L	5 - 40
S.G.O.T	32	IU/L	5 - 50
ALP	84	IU/L	40 to 129

Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Date : 10-Feb-2024
Name : **Mr. RUPESH KUMAR**
Ref.By : APOLLO HEALTH
Age : 26 Yrs.
Sex : Male

LIPID PROFILE

Triglycerids	182	mg%	70 - 190
S. Cholestrol S.	239	mg%	130 - 230
S. HDL Cholestrol	44.0	mg%	35 - 75
S. LDL Cholestrol	158.6	mg%	75 - 150
VLDL	36.4	mg%	0 - 34
Chol / HDL factor	5.43		
LDL / HDL Factor	3.6		

COMMENTS

* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

- | | |
|---|--|
| TYPE 1: Normal cholesterol
TG greatly raised | TYPE 3: Cholesterol increased
TG increased |
| TYPE 2a: Cholesterol increased
LDL increased
TG normal | TYPE 4: Cholesterol normal /increased
VLDL increased
TG increased |
| TYPE 2b Chol. increased
VLDL raised
TG increased
LDL increased | TYPE 5: Cholesterol increased
LDL reduced
VLDL increased
TG greatly increased |

Page 7
Dr. Sanjay Rastogi
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Date : 10-Feb-2024

Name : **Mr. RUPESH KUMAR**

Age : 26 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.60	nmol/L	0.50 to 2.50
Thyroxine (T4)	5.10	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.33	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 10-Feb-2024

Name : Mr. RUPESH KUMAR

Age : 26 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin 5.3 % 4.5 TO 6.0

INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date : 10-Feb-2024

Name : **Mr. RUPESH KUMAR**

Age : 26 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.010

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	1-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



RURESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg
 Date: 10 - 02 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	094	48 %	120/86	112	00	
Standing	00:07	0:04	00.0	00.0	01.0	094	48 %	120/86	112	00	
HV	00:11	0:04	00.0	00.0	01.0	089	46 %	120/86	106	00	
ExStart	00:19	0:08	00.0	00.0	01.0	089	46 %	120/86	106	00	
BRUCE Stage 1	03:19	3:00	02.7	10.0	04.7	163	84 %	128/90	208	00	
BRUCE Stage 2	06:19	3:00	04.0	12.0	07.1	181	93 %	134/94	242	00	
PeakEx	06:24	0:05	00.0	00.0	07.2	189	97 %	140/96	264	00	
Recovery	07:24	1:00	00.0	00.0	01.2	152	78 %	136/92	206	00	
Recovery	08:24	2:00	00.0	00.0	01.0	114	59 %	130/88	148	00	
Recovery	09:24	3:00	00.0	00.0	01.0	109	56 %	126/86	137	00	
Recovery	09:28	3:04	00.0	00.0	01.0	116	60 %	126/86	146	00	

FINDINGS :

Exercise Time : 06:05
 Max HR Attained : 189 bpm 97% of Target 194
 Max BP Attained : 140/96 (mm/Hg)
 Max WorkLoad Attained : 7.2 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. J. K. JAIN
 MD
 Reg. No. 44557

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RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 94

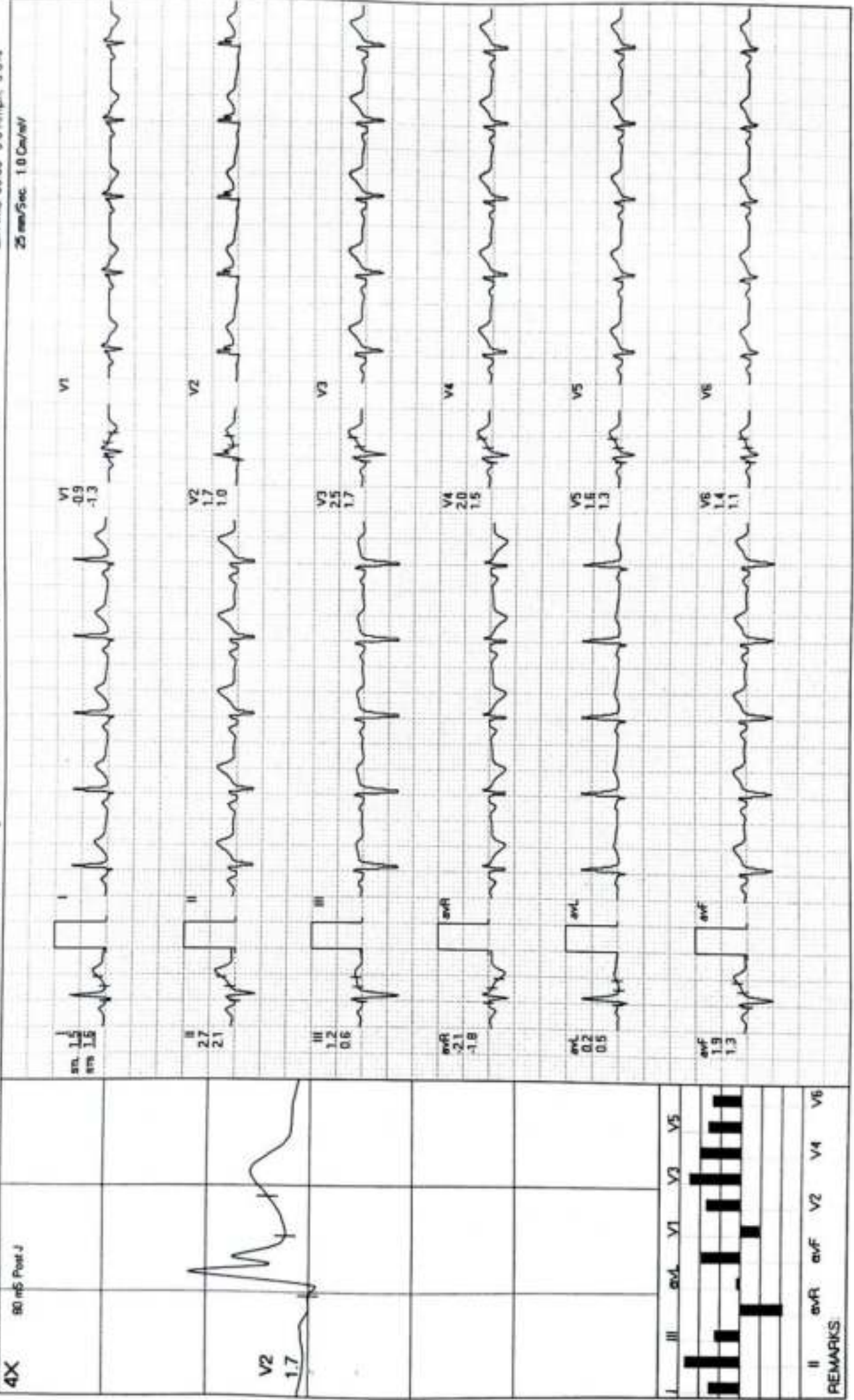
BRUCE:Supine(0:05)



Date 10-02-2024

METS 1.0/94 bpm 48% of TH-R BP 120/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Km/Ph 0.0%
25 mm/Sec 1.0 Cm/mV



REMARKS

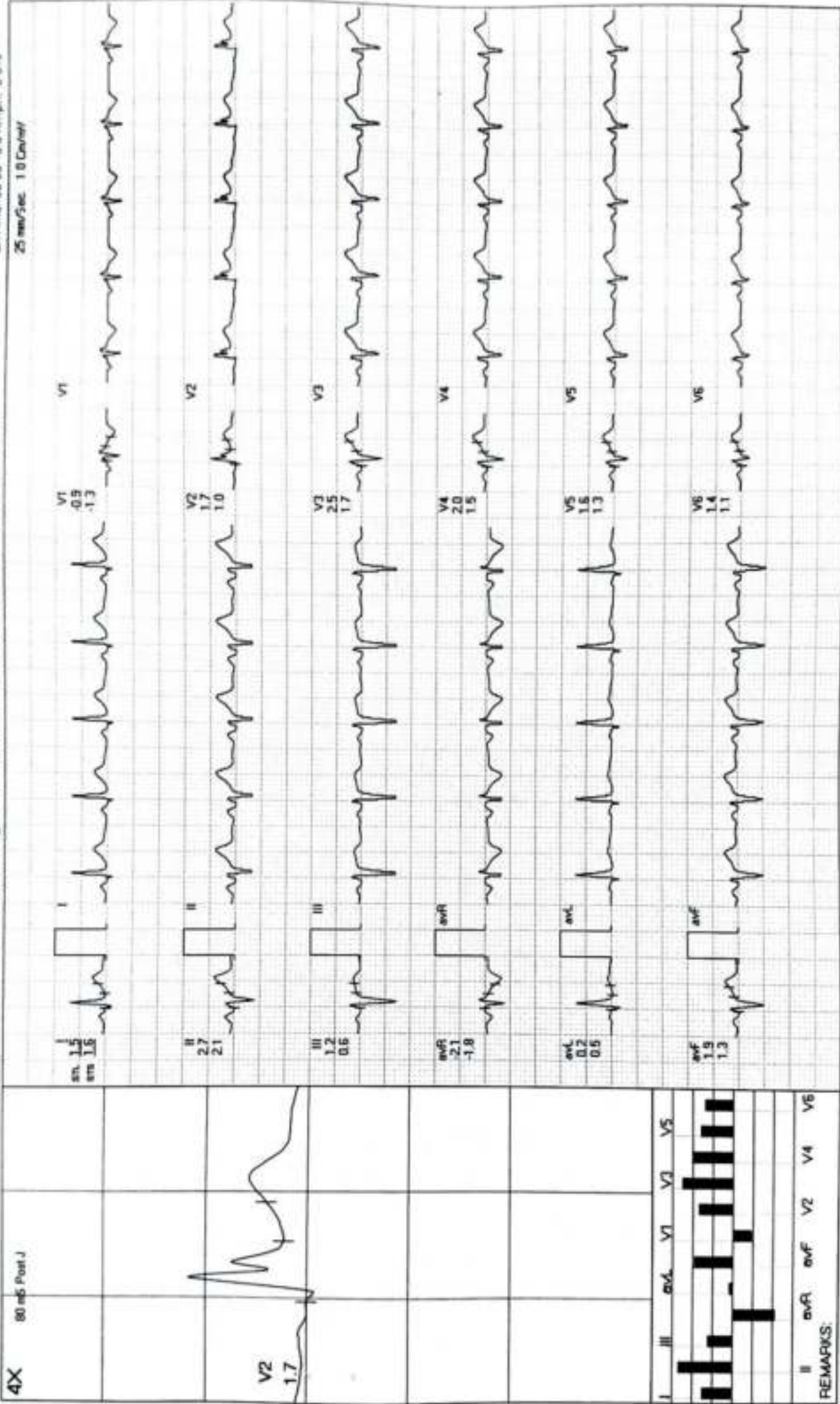
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 94

BRUCE: Standing(0:04)



Date: 10-02-2024 METS 1.0/ 94 bpm 48% of THR BP 120/86 mmHg Combined Medians/ BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz ExtTime 00:00 0.0 Kmph. 0.0% 25 mm/sec 1.0 Cm/mV



REMARKS: II aVR aVL V2 V4 V6

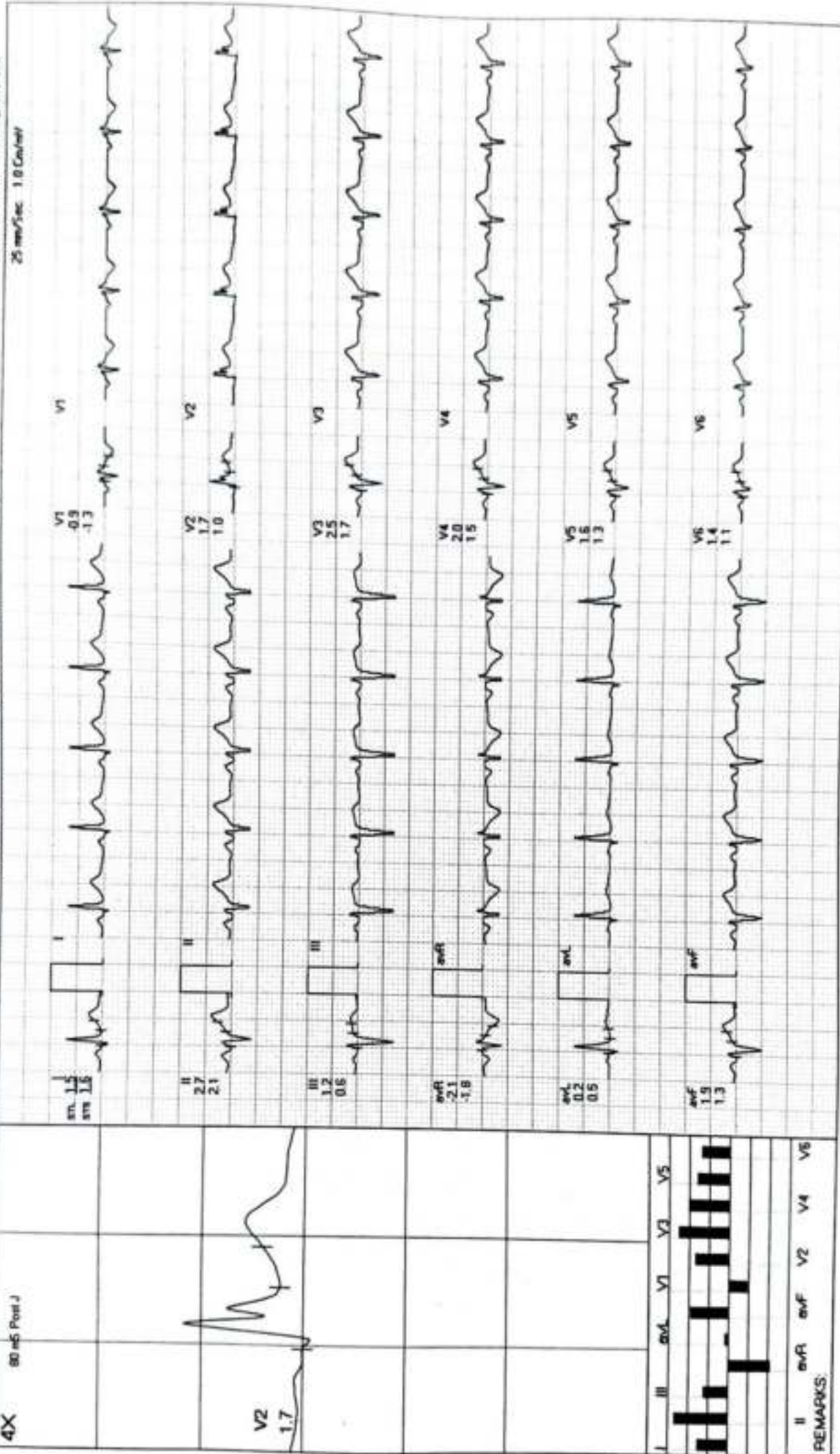
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RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 89

BRUCE:HV(0:06)



Date 10-02-2024 4X 90 mS Post J METS 1 0/ 89 bpm 46% of THR BP 120/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz ErTime: 00:00 0.0 KmPh 0.0% 25 mm/Sec 1.0 Cm/mt



REMARKS:

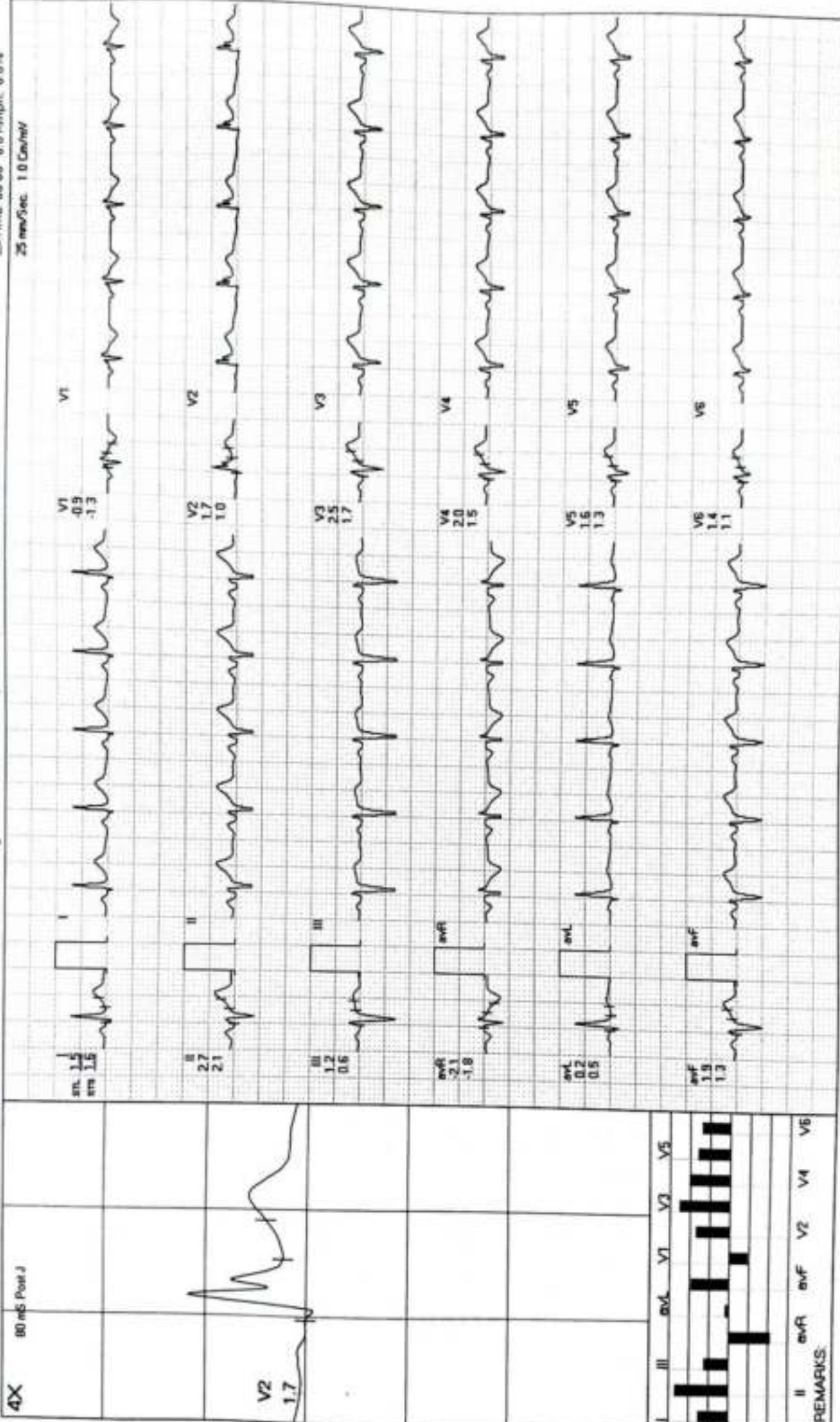
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 89

ExStart



Date: 10-02-2024
 METS: 1.0/89 bpm 46% of THR BP: 120/86 mmHg Combined Mediens/BLC-On/Notch On/HF 0.05 Hz/LF 35 Hz
 ExTime 00:00 0.0 Kmph 0.0%
 25 mm/Sec 1.0 Cm/mV



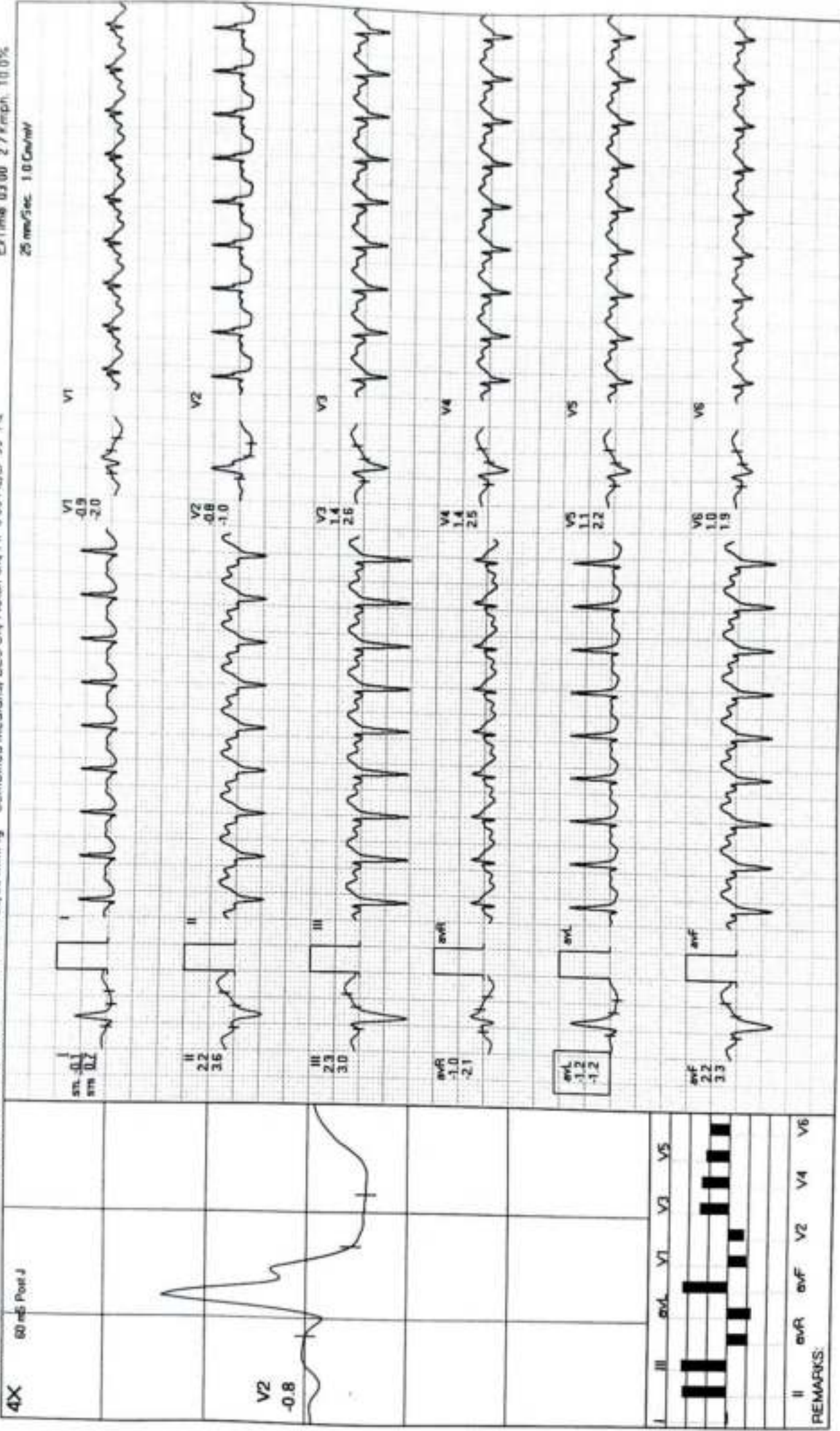
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RUPEESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 163

BRUCE: Stage 1(3:00)



Date: 10-02-2024
 METS: 4.7/163 bpm 84% of THR. BP: 128/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz
 ExTime 03:00 2.7 Kmph. 10.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:

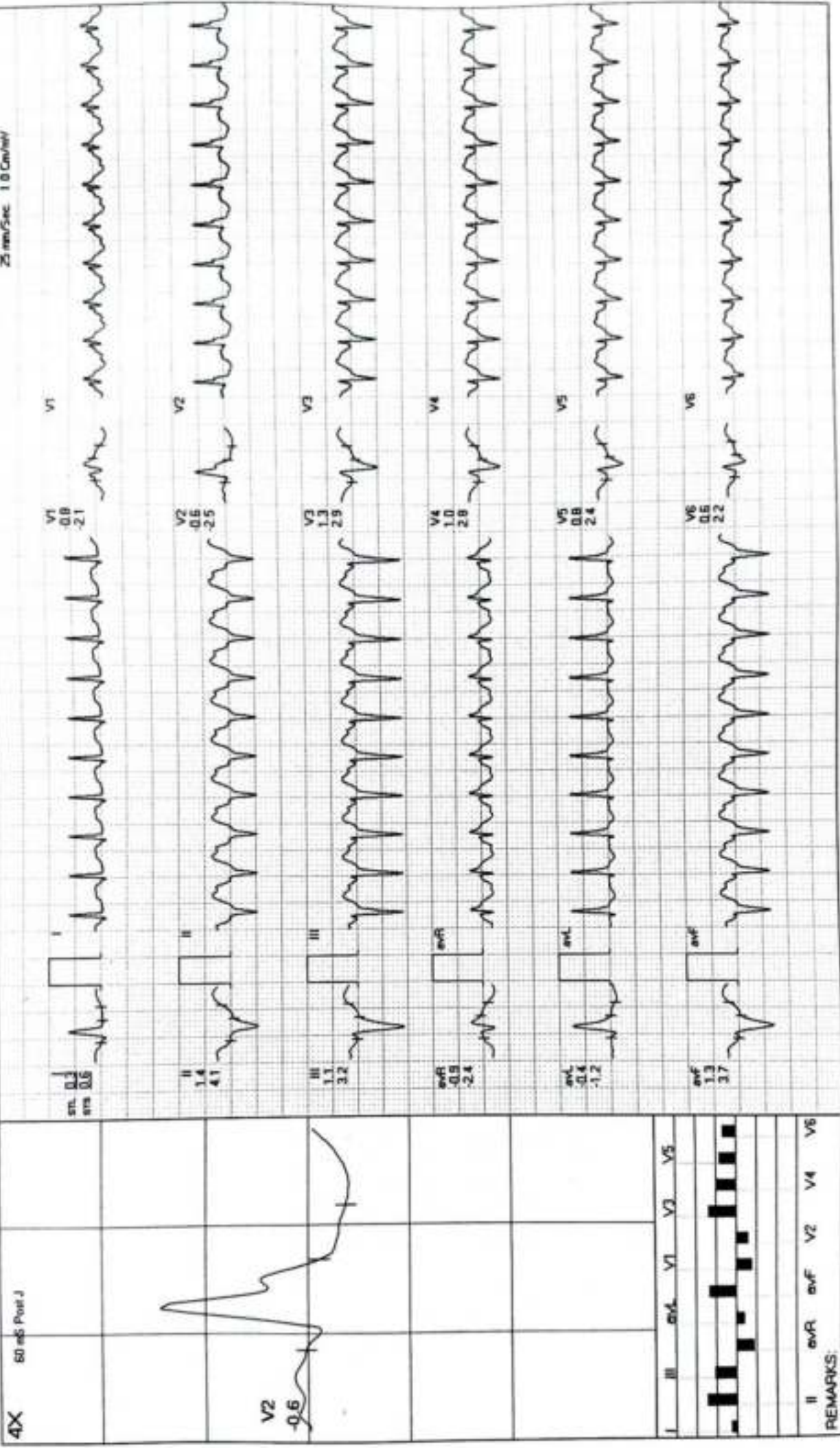
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RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 181

BRUCE: Stage 2(3:00)



Date: 10-02-2024 MEETS 7 1/181 bpm 93% of THR BP 134/94 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 06:00 4.0 Kmph 12.0%
 25 mm/Sec 1.0 Cm/mV



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 189

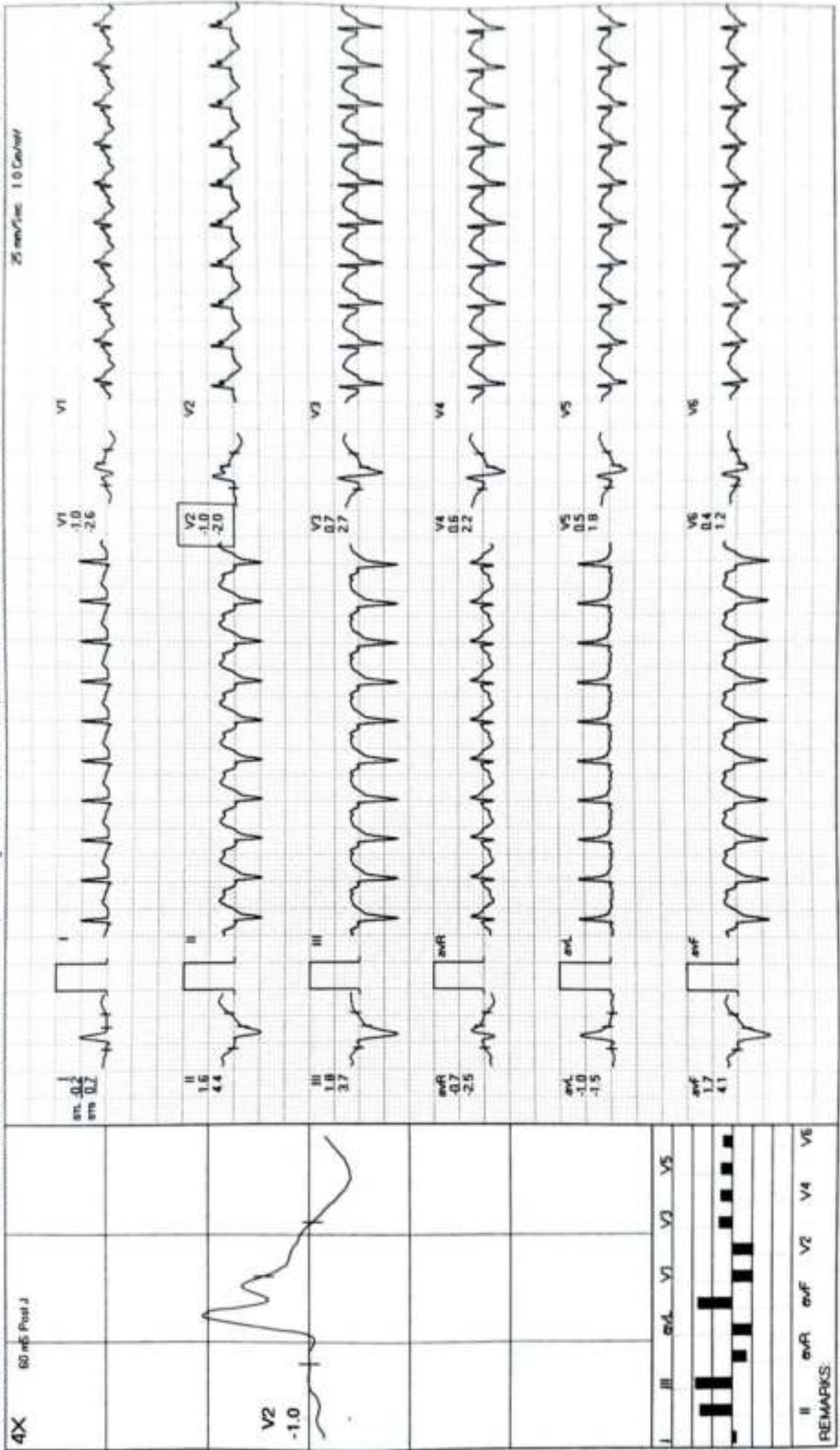
PeakEx

AG-01

Date: 10-02-2024 METS: 7.2/189 bpm 97% of THR BP: 140/96 mmHg Combined Medians/BLC: On/Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:06 0.0 rmpa 0.0%

25 mm/sec 1.0 Cal/cm



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

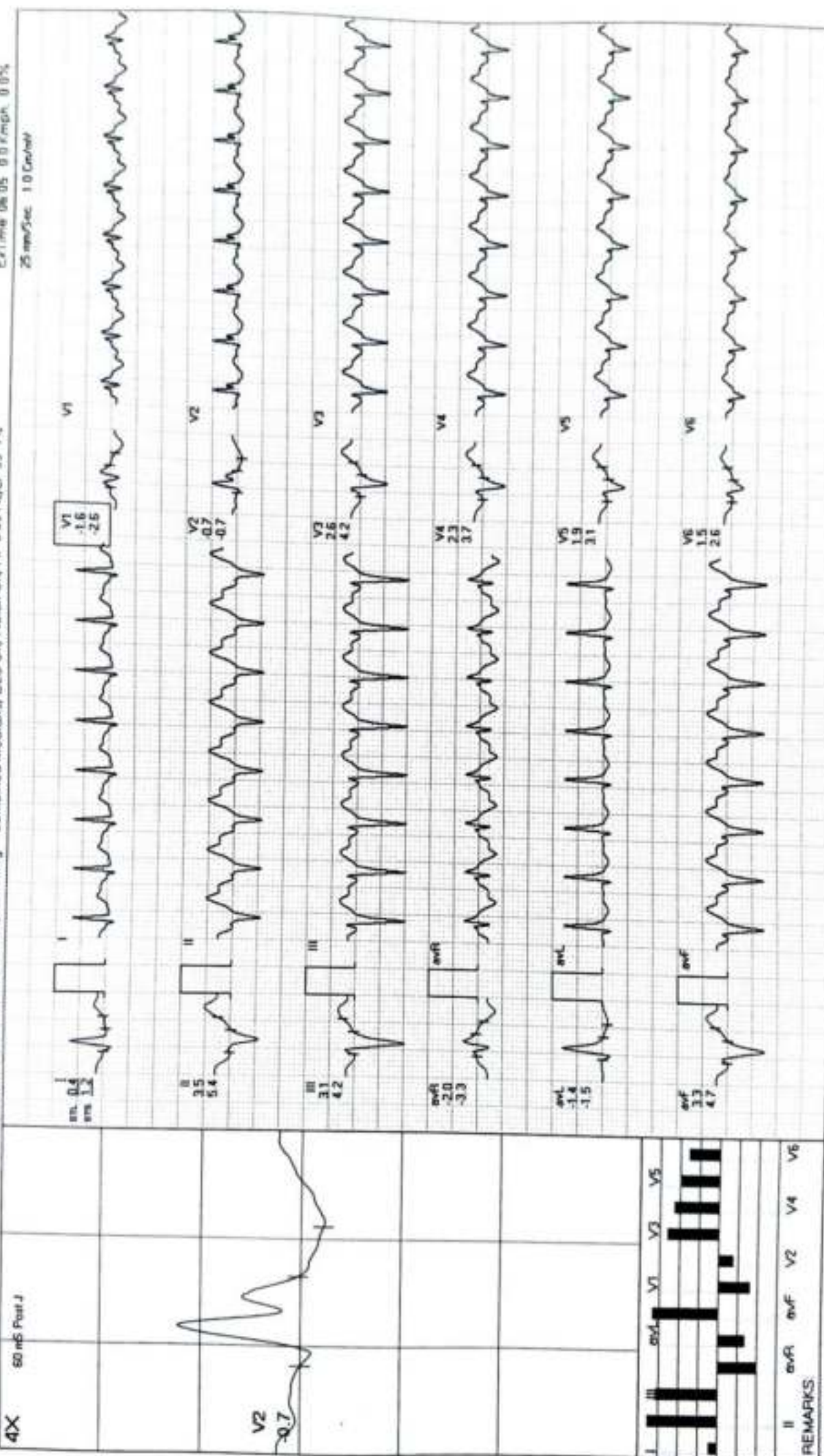
RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 152

Recovery(1:00)



Date: 10-02-2024 METS 1.2/152 bpm 78% of THR BP 136/92 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

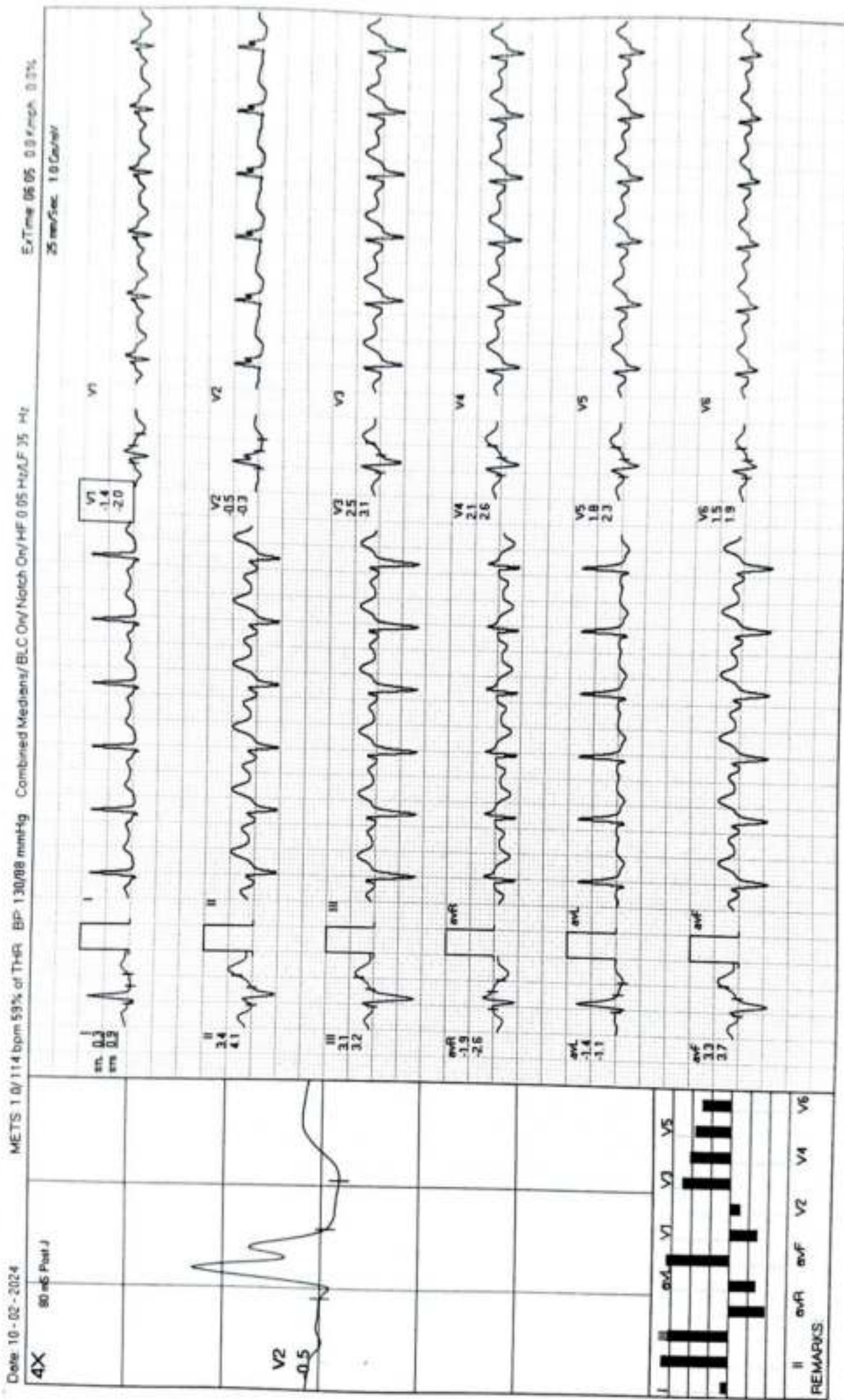
Ex Time 06:05 0.0 Km/Ph 0.0%



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RUPEESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 114

Recovery(2:00)



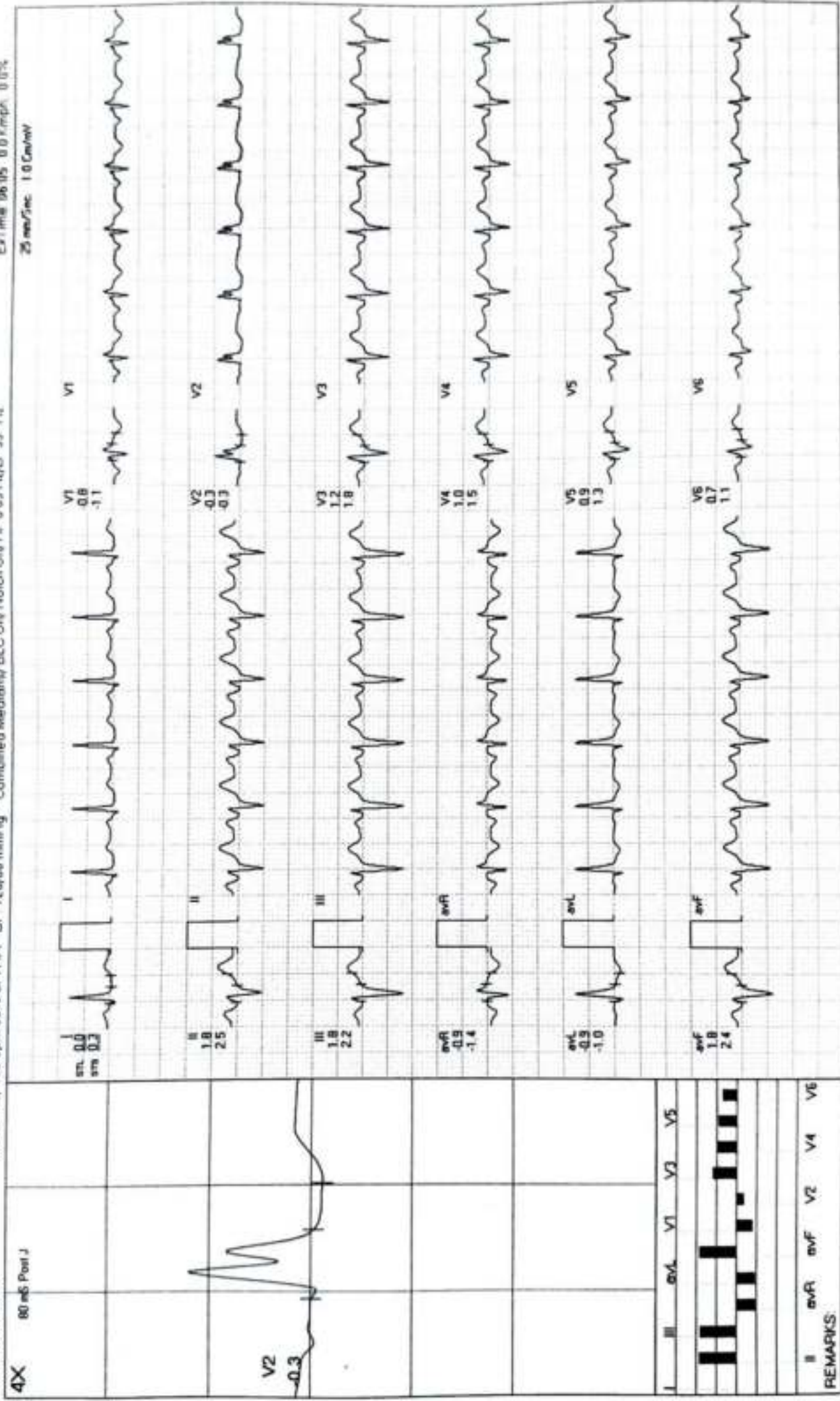
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RUPESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 109

Recovery(3:00)



Date 10-02-2024 METS 1.0/109 bpm 58% of THR BP 125/85 mmHg Combined Medians/BLC Ov/Notch Ov/HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J 25 mm/sec 1.0 Cm/mV



REMARKS: I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

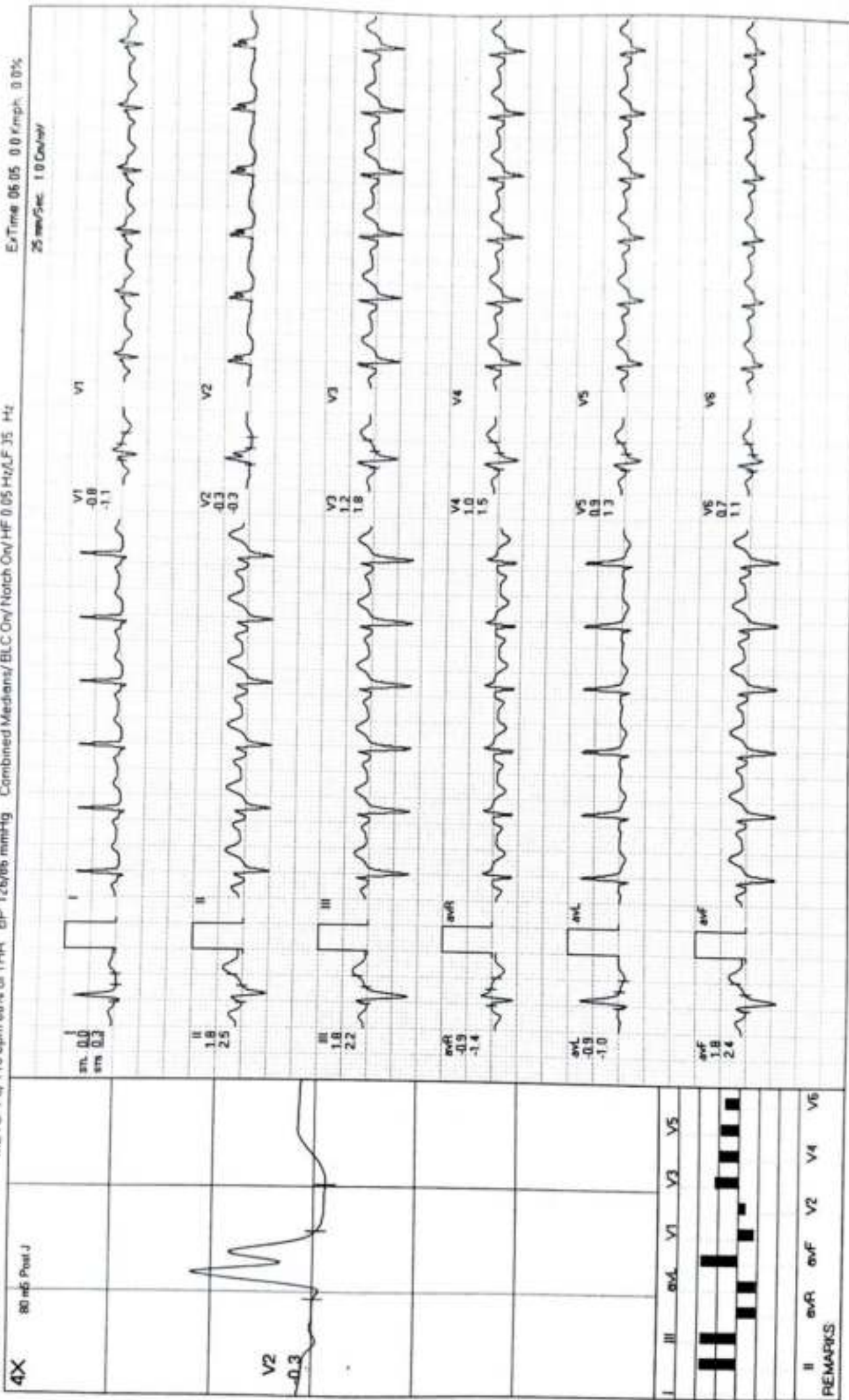
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

RUPEESH KUMAR / 26 Yrs / M / 168 Cms / 75 Kg / HR : 116

Recovery(3:04)

AG-DL

Date: 10-02-2024 METS 1.0/116 bpm 60% at THR BP: 126/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 06:05 0.0 kmph 0.0%



REMARKS



TEST REQUEST ID :012402100052	SAMPLE DATE	:10/Feb/2024 12:44PM
NAME :Mr. RUPESH KUMAR	SAMPLE REC. DATE	:10/Feb/2024 12:44PM
AGE SEX :26 YRS/MALE	REPORTED DATE	:10/Feb/2024 01:40PM
REFERRED BY :Apollo Health and Lifestyle Limited,	BARCODE NO	:01100052

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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M.B.B.S., DCP, CRIAT (BARC)



Dr. Smita Rastogi
M.B.B.S., DCP

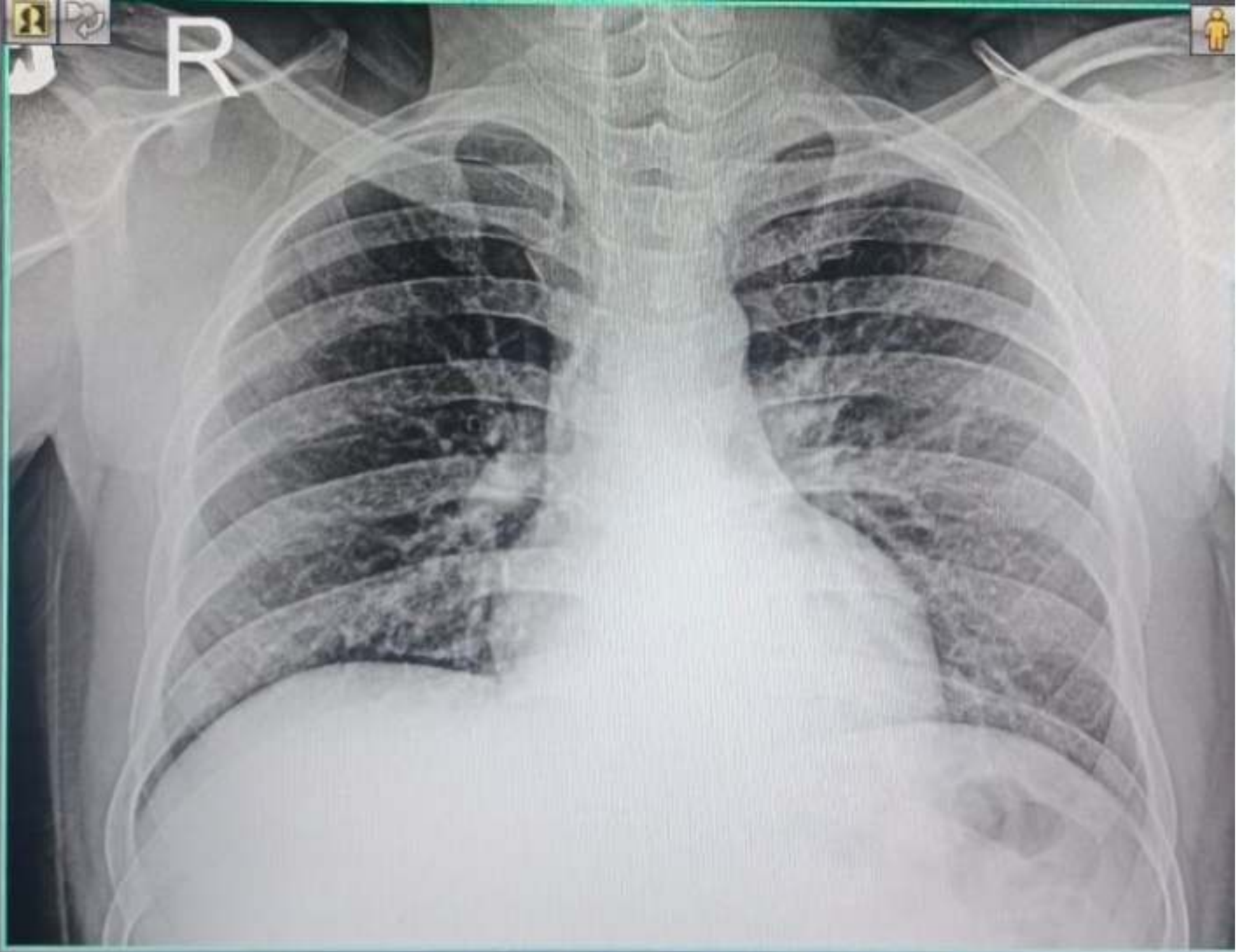
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24021003395 MR RUPESH KUMAR 26 YRS M SELF CHEST PA
02/10/2024 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW