

SEVENHILLS HEALTHCARE
MAROL ANDHERI
MUMBAI

MD ALIM : 63
 ID :

TREADMILL TEST REPORT

DATE : 05-11-2024
 AGE/SEX : 51 / M
 HT/WT : 167 / 71
 REF. BY : SELF

PROTOCOL : Bruce
 HISTORY : NIL
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H. R. bpm	B. P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	VI	V5	
WARMING UP	0:2				68	130 / 80	88	2.4			
EXERCISE	2:55	0:2	2.7	10	66	130 / 80	85	3.2	-0.5		3.2
	5:55	2:55	4	12	69	130 / 80	89	3.2	-0.6		3.6
	7:38	1:38	5.4	14	109	130 / 80	141	1.2	0.1		1.8
COOLING DOWN	10:48	2:55			128	140 / 80	179	0.9	0.9		1.5
					148	150 / 80	222	-0.6	0.3		0
					93	140 / 80	130	0.4	0		0.6

RESULTS

EXERCISE DURATION : 7:38
 MAX HEART RATE : 148 bpm 87 % of target heart rate
 MAX BLOOD PRESSURE : 150 / 80 mm Hg
 REASON OF TERMINATION : THR ACHIEVED
 MAX WORK LOAD : 6.68 METS

BP RESPONSE :
 ARRHYTHMIA :
 H. R. RESPONSE :

IMPRESSIONS

GOOD EFFORT TOLERANCE.
 NORMAL CHROMOTROPIC AND
 IONOTROPIC RESPONSES.
 NO ANGINA / ARRHYTHMIA.
 NO ST - T CHANGES.
 STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician : NAZIA



DR. GANESH MANUDHANE

SEVENHILLS HEALTHCARE

MAROL ANDHERI
MUMBAI

NIKHAT ARA
ID : 62

TREADMILL TEST REPORT

DATE : 05-11-2024
AGE/SEX : 42 / F
HT/WT : 169 / 82
REF.BY : SELF

PROTOCOL : Bruce
HISTORY : NIL
INDICATION :
MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
WARMING UP	0:3				77	120 / 80	92	1.2	-0.3	0.8	
STAGE 1	2:55	0:3	2.7	10	76	120 / 80	91	1.2	-0.3	0.8	
STAGE 2	5:55	2:55	4	12	76	120 / 80	91	1.2	-0.3	0.8	
EXERCISE	7:2	1:2	5.4	14	102	120 / 80	122	0.5	0	0.4	4.67
COOLING	10:12	2:55			131	130 / 80	170	0.5	-0.5	-0.5	7.04
RECOVERY					155	140 / 80	217	0.1	0.2	-1.2	8.10
					103	130 / 80	133	0.1	0.1	-0.2	

RESULTS

EXERCISE DURATION : 7:2
MAX HEART RATE : 155 bpm
MAX BLOOD PRESSURE : 140 / 60 mm Hg
REASON OF TERMINATION : THER ACHIEVED
MAX WORK LOAD : 8.10 METS

BP RESPONSE :
ARRHYTHMIA :
H.R. RESPONSE :

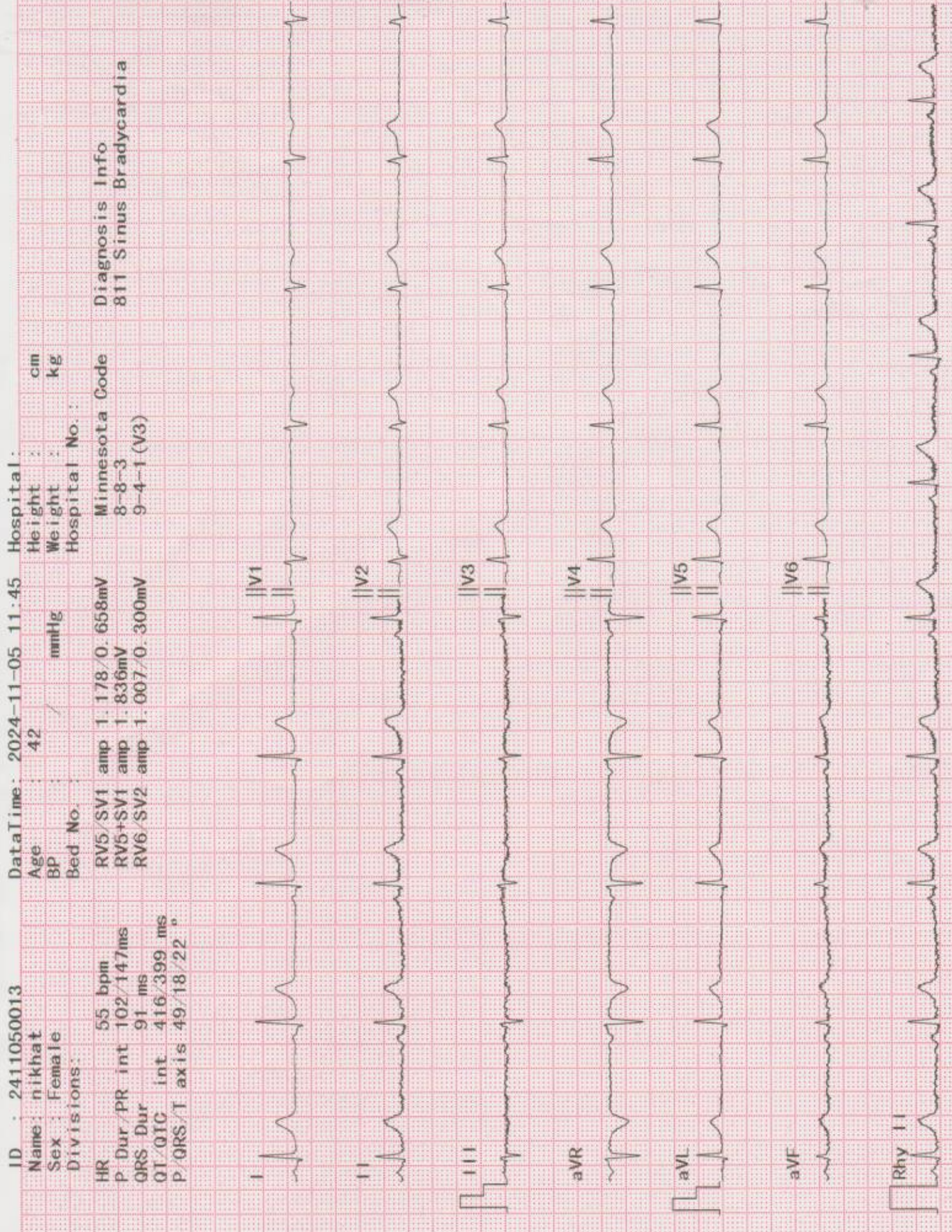
IMPRESSIONS

GOOD EFFORT TOLERANCE.
NORMAL CHRONOTROPIC AND
IONOTROPIC RESPONSES.
NO ANGINA / ARRHYTHMIA.
NO ST - T CHANGES.
STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA.

Physician : NAZIA

DR. GANESH MANUDHANE.

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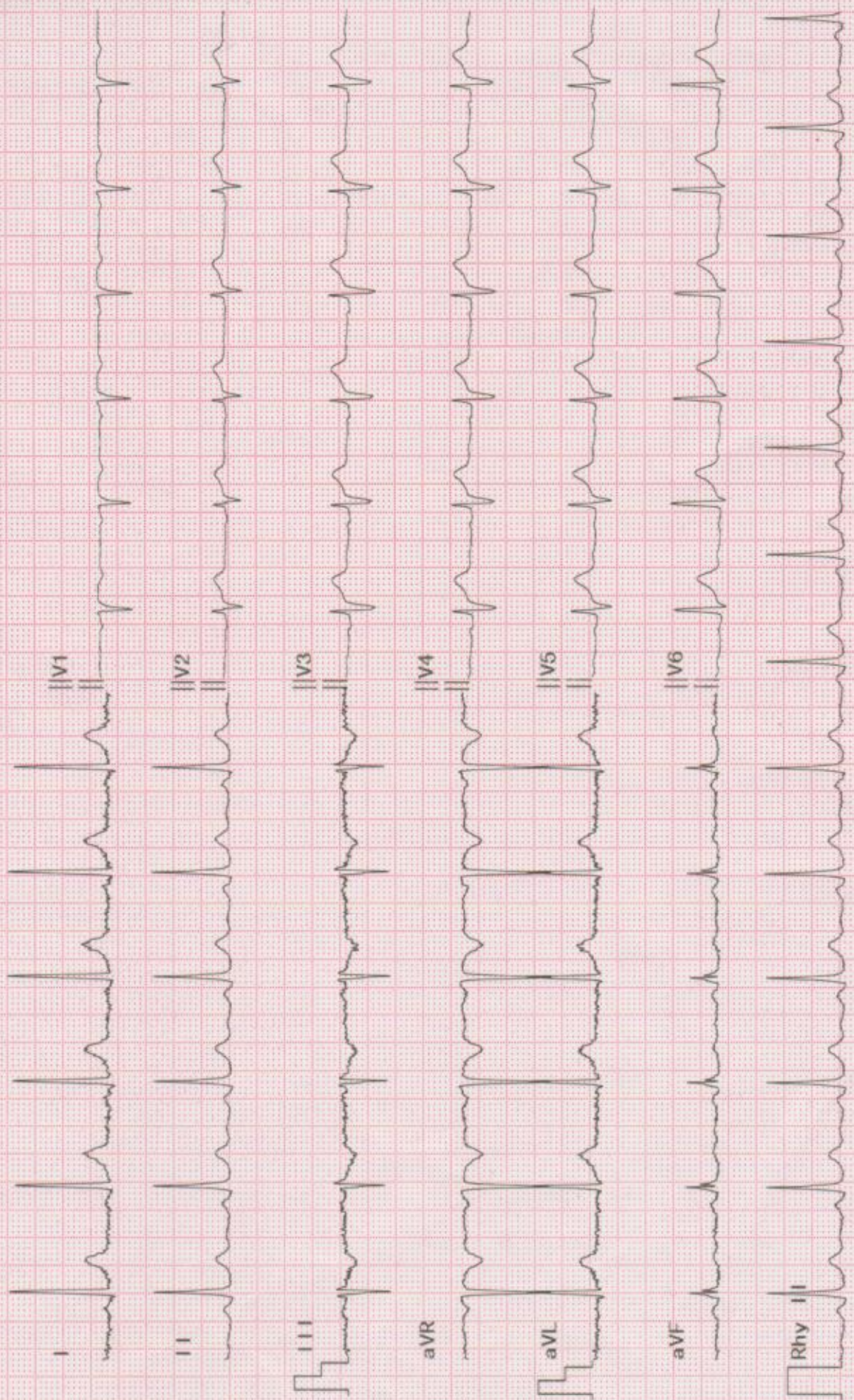
ID : 2411050013 DataTime: 2024-11-05 11:45 Hospital:

Name: nikhata Age: 42 Height: cm
 Sex: Female BP: mmHg Weight: kg
 Divisions: Bed No.: Hospital No.: Minnesota Code: 8-8-3
 Diagnosis Info: 811 Sinus Bradycardia

HR: 55 bpm RV5/SV1 amp: 1.178 0.658mV
 P Dur/PR int: 102/147ms RV5+SV1 amp: 1.836mV
 QRS Dur: 91 ms RV6/SV2 amp: 1.007 0.300mV
 QT/QTc int: 416/399 ms
 P/QRS/T axis: 49/18/22 °

Diagnosis for reference, ask your doctor to confirm
 AUTO PRINT 6X2+1R 55bpm 10/5mm/mV 0.50Hz-45Hz AC 50Hz 25 mm/sec Confirmed By:

ID : 2411050007 DateTime : 2024-11-05 11:18 Hospital :
 Name : mr m d alim Age : 51 Height : cm
 Sex : Male BP : / mmHg Weight : kg
 Divisions: Bed No. : Hospital No. :
 HR : 79 bpm RV5/SV1 amp 1.012/1.224mV Minnesota Code Diagnosis Info
 P Dur/PR int 103/136ms RV5+SV1 amp 2.236mV 3-1-4 (aVL) 800 Sinus Rhythm
 QRS Dur 97 ms RV6/SV2 amp 1.814/0.646mV 3-3-3 (I)
 QT/QTc int 357/408 ms P/QRS/T axis 63/21/7 ° 9-4-2 (V4)



Diagnosis for reference, ask your doctor to confirm. VIII 24
 AUTO PRINT 6X2+1R 79bpm 10/5mm/mV 0.50Hz-45Hz AC 50Hz 25 mm/sec Confirmed By:

DIAGNOSTICS REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Order Date	: 05/11/2024 08:39
Age/Sex	: 51 Year(s)/Male	Report Date	: 07/11/2024 10:46
UHID	: SHHM.109445		
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	: BANK OF BARODA CHALIS GAO, JALGAON,Jalgaon, Maharashtra, 443403	Mobile	: 8850049435

2D ECHOCARDIOGRAPHY WITH COLOUR DOPPLER STUDY

Normal LV and RV systolic function.

Estimated LVEF = 60%

No LV regional wall motion abnormality at rest .

All valves are structurally normal.

Normal sized cardiac chambers.

No LV Diastolic dysfunction .

Trivial TR

No pulmonary arterial hypertension.

Normal forward flow velocities across all the cardiac valves.

Aorta and pulmonary artery dimensions: normal.

IAS / IVS: Intact.

No evidence of clot, vegetation, calcification, pericardial effusion.

COLOUR DOPPLER: NO MR/AR.



Dr.Ganesh Vilas Manudhane
M.ch,MCH/DM

RegNo: 2011/06/1763

LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Age/Sex	: 51 Year(s) / Male
UHID	: SHHM.109445	Order Date	: 05/11/2024 08:39
Episode	: OP	Mobile No	: 8850049435
Ref. Doctor	: self	DOB	: 25/02/1973
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

Blood Bank

Test Name	Result
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Sample No :	O0370668A	Collection Date :	05/11/24 09:06	Ack Date :	05/11/2024 10:40	Report Date :	05/11/24 10:52
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BLOOD GROUPING/ CROSS-MATCHING BY SEMI AUTOMATION.

BLOOD GROUP (ABO)	' A '
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Rh Type	POSITIVE
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Method - Column Agglutination

REMARK: THE REPORTED RESULTS PERTAIN TO THE SAMPLE RECEIVED AT THE BLOOD CENTRE.

Interpretation:

Blood typing is used to determine an individual's blood group, to establish whether a person is blood group A, B, AB, or O and whether he or she is Rh positive or Rh negative. Blood typing has the following significance,

- Ensure compatibility between the blood type of a person who requires a transfusion of blood or blood components and the ABO and Rh type of the unit of blood that will be transfused.
- Determine compatibility between a pregnant woman and her developing baby (fetus). Rh typing is especially important during pregnancy because a mother and her fetus could be incompatible.
- Determine the blood group of potential blood donors at a collection facility.
- Determine the blood group of potential donors and recipients of organs, tissues, or bone marrow, as part of a workup for a transplant procedure.
- Cross-matching test is done to assess compatibility of donor red cells to the patient.

End of Report



Dr.Pooja Vinod Mishra
MD Pathology

Jr Consultant Pathologist, MMC Reg No.

2017052191

RegNo: 2017/05/2191



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR UHID : SHHM.109445 Episode : OP Ref. Doctor : self	Age/Sex : 51 Year(s) / Male Order Date : 05/11/2024 08:39 Mobile No : 8850049435 DOB : 25/02/1973 Facility : SEVENHILLS HOSPITAL, MUMBAI
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HAEMATOLOGY

Test Name	Result	Unit	Biological Reference Interval
Sample No : O0370668A	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:35	Report Date : 05/11/24 10:55

COMPLETE BLOOD COUNT (CBC) - EDTA WHOLE BLOOD			
Total WBC Count	6.17	x10 ³ /ul	4 - 10
Neutrophils	66.7	%	40 - 80
Lymphocytes	22.1	%	20 - 40
Eosinophils	5.4	%	1 - 6
Monocytes	5.4	%	2 - 10
Basophils	0.4 ▼ (L)	%	1 - 2
Absolute Neutrophil Count	4.12	x10 ³ /ul	2 - 7
Absolute Lymphocyte Count	1.37	x10 ³ /ul	0.8 - 4
Absolute Eosinophil Count	0.33	x10 ³ /ul	0.02 - 0.5
Absolute Monocyte Count	0.33	x10 ³ /ul	0.12 - 1.2
Absolute Basophil Count	0.02	x10 ³ /ul	0 - 0.1
RBCs	3.94 ▼ (L)	x10 ⁶ /ul	4.5 - 5.5
Hemoglobin	12.7 ▼ (L)	gm/dl	13 - 17
Hematocrit	38.0	%	35 - 45
MCV	96.5	fl	83 - 101
MCH	32.0	pg	27 - 32
MCHC	33.3	gm/dl	31.5 - 34.5



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR	Age/Sex : 51 Year(s) / Male
UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	Mobile No : 8850049435
Ref. Doctor : self	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

RED CELL DISTRIBUTION WIDTH-CV (RDW-CV)	12.4	%	11 - 16
RED CELL DISTRIBUTION WIDTH-SD (RDW-SD)	44.1	fl	35 - 56
Platelet	253	x10 ³ /ul	150 - 410
Mean Platelet Volume (MPV)	10.5	fl	6.78 - 13.46
PLATELET DISTRIBUTION WIDTH (PDW)	16.1	%	9 - 17
PLATELETCRIT (PCT)	0.265	%	0.11 - 0.28
Comment	RBC:- NORMOCHROMIC NORMOCYTIC WBC:- WITHIN NORMAL LIMIT PLATELET:- ADEQUATE ON SMEAR		

Method:-

HB Colorimetric Method.

RBC/PLT Electrical Impedance Method.

WBC data Flow Cytometry by Laser Method.

MCV,MCH,MCHC,RDW and rest parameters - Calculated.

All Abnormal Haemograms are reviewed confirmed microscopically.

NOTE: Wallach's Interpretation of Diagnostic Tests. 11th Ed, Editors: Rao LV. 2021

NOTE :-

The International Council for Standardization in Haematology (ICSH) recommends reporting of absolute counts of various WBC subsets for clinical decision making. This test has been performed on a fully automated 5 part differential cell counter which counts over 10,000 WBCs to derive differential counts. A complete blood count is a blood panel that gives information about the cells in a patient's blood, such as the cell count for each cell type and the concentrations of Hemoglobin and platelets. The cells that circulate in the bloodstream are generally divided into three types: white blood cells (leukocytes), red blood cells (erythrocytes), and platelets (thrombocytes). Abnormally high or low counts may be physiological or may indicate disease conditions, and hence need to be interpreted clinically.

End of Report



Dr. Ritesh Kharche
MD Pathology, PGD-HM

Consultant Pathologist and Director of
Laboratory Services

RegNo: 2006/03/1680



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

UHID : SHHM.109445

Episode : OP

Ref. Doctor : self

Age/Sex : 51 Year(s) / Male

Order Date : 05/11/2024 08:39

Mobile No : 8850049435

DOB : 25/02/1973

Facility : SEVENHILLS HOSPITAL,
MUMBAI



LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Age/Sex	: 51 Year(s) / Male
UHID	: SHHM.109445	Order Date	: 05/11/2024 08:39
Episode	: OP	Mobile No	: 8850049435
Ref. Doctor	: self	DOB	: 25/02/1973
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

HAEMATOLOGY

Test Name	Result	Unit	Biological Reference Interval
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Sample No :	O0370668A	Collection Date :	05/11/24 09:06	Ack Date :	05/11/2024 09:35	Report Date :	05/11/24 12:07
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ESR	25 ▲ (H)	mm/hr	0 - 20
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Method: Westergren Method

INTERPRETATION :-

ESR is a non-specific phenomenon, its measurement is clinically useful in disorders associated with an increased production of acute-phase proteins. It provides an index of progress of the disease in rheumatoid arthritis or tuberculosis, and it is of considerable value in diagnosis of temporal arteritis and polymyalgia rheumatica. It is often used if multiple myeloma is suspected, but when the myeloma is non-secretory or light chain, a normal ESR does not exclude this diagnosis.

An elevated ESR may occur as an early feature in myocardial infarction. Although a normal ESR cannot be taken to exclude the presence of organic disease, the vast majority of acute or chronic infections and most neoplastic and degenerative diseases are associated with changes in the plasma proteins that increased ESR values.

The ESR is influenced by age, stage of the menstrual cycle and medications taken (corticosteroids, contraceptive pills). It is especially low (0–1 mm) in polycythaemia, hypofibrinogenaemia and congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis, or sickle cells. In cases of performance enhancing drug intake by athletes the ESR values are generally lower than the usual value for the individual and as a result of the increase in haemoglobin (i.e. the effect of secondary polycythaemia).

End of Report



Dr.Pooja Vinod Mishra
MD Pathology

Jr Consultant Pathologist, MMC Reg No.
2017052191
RegNo: 2017/05/2191

LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

UHID : SHHM.109445

Episode : OP

Ref. Doctor : self

Age/Sex : 51 Year(s) / Male

Order Date : 05/11/2024 08:39

Mobile No : 8850049435

DOB : 25/02/1973

Facility : SEVENHILLS HOSPITAL,
MUMBAI



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR	Age/Sex : 51 Year(s) / Male
UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	Mobile No : 8850049435
Ref. Doctor : self	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

Biochemistry

Test Name	Result	Unit	Biological Reference Interval
Sample No : O0370668A	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:35	Report Date : 05/11/24 12:54

GLYCOSLYATED HAEMOGLOBIN (HBA1C)			
HbA1c <i>Method - Immunoturbidimetry</i>	4.57	%	4 to 6% Non-diabetic 6.0--7.0% Excellent control 7.0--8.0% Fair to good control 8.0--10% Unsatisfactory control ABOVE 10% Poor control
Estimated Average Glucose (eAG) <i>Method - Calculated</i>	84.46 ▼ (L)	mg/dl	90 - 126

NOTES :-

1. HbA1c is used for monitoring diabetic control. It reflects the mean plasma glucose over three months
2. HbA1c may be falsely low in diabetics with hemolytic disease. In these individuals a plasma fructosamine level may be used which evaluates diabetes over 15 days.
3. Inappropriately low HbA1c values may be reported due to hemolysis, recent blood transfusion, acute blood loss, hypertriglyceridemia, chronic liver disease. Drugs like dapson, ribavirin, antiretroviral drugs, trimethoprim, may also cause interference with estimation of HbA1c, causing falsely low values.
4. HbA1c may be increased in patients with polycythemia or post-splenectomy.
5. Inappropriately higher values of HbA1c may be caused due to iron deficiency, vitamin B12 deficiency, alcohol intake, uremia, hyperbilirubinemia and large doses of aspirin.
6. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
7. Any sample with >15% HbA1c should be suspected of having a hemoglobin variant, especially in a non-diabetic patient. Similarly, below 4% should prompt additional studies to determine the possible presence of variant hemoglobin.
8. HbA1c target in pregnancy is to attain level <6 % .
9. HbA1c target in paediatric age group is to attain level < 7.5 %.

Method : turbidimetric inhibition immunoassay (TINIA) for hemolyzed whole blood

Reference : American Diabetes Associations. Standards of Medical Care in Diabetes 2015

Sample No : O0370668B	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:35	Report Date : 05/11/24 17:41
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UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	Mobile No : 8850049435
Ref. Doctor : self	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

GLUCOSE-PLASMA-FASTING

Glucose,Fasting	70.52	mg/dl	70 - 100
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American Diabetes Association Reference Range :

Normal : < 100 mg/dl

Impaired fasting glucose(Prediabetes) : 100 - 126 mg/dl

Diabetes : >= 126 mg/dl

References:

1)Pack Insert of Bio system

2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation :-

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack,and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism,Pancreatitis.

A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be

seen with:Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin (insulinomas),Starvation.

Lipid Profile

Total Cholesterol	168.74	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170-199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200-239 ADULT High - More than : 240
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Ref. Doctor : self	DOB : 25/02/1973
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Triglycerides <i>Method - glycerol Phosphate Oxidase/Peroxide</i>	91.44	mg/dl	NORMAL : <150 Borderline High : 150-199 High : 200-499 Very High : > 500
HDL Cholesterol <i>Method - Enzymatic immuno inhibition</i>	45.05	mg/dl	Desirable - Above 60 Borderline Risk : 40-59 Undesirable - Below :40
LDL Cholesterol <i>Method - Calculated</i>	105.40	mg/dl	Desirable - Below : 130 Borderline Risk : 130-159 Undesirable - Above : 160
VLDL Cholesterol <i>Method - Calculated</i>	18.29	mg/dl	5 - 51
Total Cholesterol / HDL Cholesterol Ratio - Calculated <i>Method - Calculated</i>	3.75	RATIO	0 - 5
LDL / HDL Cholesterol Ratio - Calculated <i>Method - Calculated</i>	2.34	RATIO	0 - 3.6

Note:

1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations

2) Tests done on Fully Automated Biosystem BA-400 Biochemistry Analyser.

3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

Interpretation

1. Triglycerides: When triglycerides are very high greater than 1000 mg/dL, there is a risk of developing pancreatitis in children and adults. Triglycerides change dramatically in response to meals, increasing as much as 5 to 10 times higher than fasting levels just a few hours after eating. Even fasting levels vary considerably day to day. Therefore, modest changes in fasting triglycerides measured on different days are not considered to be abnormal.

2. HDL-Cholesterol: HDL- C is considered to be beneficial, the so-called "good" cholesterol, because it removes



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excess cholesterol from tissues and carries it to the liver for disposal. If HDL-C is less than 40 mg/dL for men and less than 50 mg/dL for women, there is an increased risk of heart disease that is independent of other risk factors, including the LDL-C level. The NCEP guidelines suggest that an HDL cholesterol value greater than 60 mg/dL is protective and should be treated as a negative risk factor.

3. LDL-Cholesterol: Desired goals for LDL-C levels change based on individual risk factors. For young adults, less than 120 mg/dL is acceptable. Values between 120-159 mg/dL are considered Borderline high. Values greater than 160 mg/dL are considered high. Low levels of LDL cholesterol may be seen in people with an inherited lipoprotein deficiency and in people with hyperthyroidism, infection, inflammation, or cirrhosis.

<u>Uric Acid (Serum)</u>			
<i>Method - Uricase</i>			
Uric Acid	7.33 ▲ (H)	mg/dl	3.5 - 7.2
<i>Method - Uricase</i>			

References:

- 1) Pack Insert of Bio system
- 2) TIETZ Textbook of Clinical chemistry and Molecular Diagnostics Edited by: Carl A. burtis, Edward R. Ashwood, David e. Bruns

Interpretation:-

Uric acid is produced by the breakdown of purines. Purines are nitrogen-containing compounds found in the cells of the body, including our DNA. Increased concentrations of uric acid can cause crystals to form in the joints, which can lead to the joint inflammation and pain characteristic of gout. Low values can be associated with some kinds of liver or kidney diseases, Fanconi syndrome, exposure to toxic compounds, and rarely as the result of an inherited metabolic defect (Wilson disease).

<u>Liver Function Test (LFT)</u>			
SGOT (Aspartate Transaminase) - SERUM	27.05	IU/L	0 - 35
<i>Method - IFCC</i>			
SGPT (Alanine Transaminase) - SERUM	30.95	IU/L	0 - 45
<i>Method - IFCC</i>			
Total Bilirubin - SERUM	1.22	mg/dl	0 - 2
<i>Method - Diazo</i>			
Direct Bilirubin - - SERUM	0.68 ▲ (H)	mg/dl	0 - 0.4
<i>Method - Diazotization</i>			
Indirect Bilirubin - Calculated	0.54	mg/dl	0.1 - 0.8
<i>Method - Calculated</i>			



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	Facility : SEVENHILLS HOSPITAL, MUMBAI

Alkaline Phosphatase - SERUM <i>Method - IFCC AMP Buffer</i>	101.84	IU/L	43 - 115
Total Protein - SERUM <i>Method - Biuret</i>	7.9 ▲ (H)	gm/dl	6 - 7.8
Albumin - SERUM <i>Method - Bromo Cresol Green(BCG)</i>	4.72	gm/dl	3.5 - 5.2
Globulin - Calculated <i>Method - Calculated</i>	3.18	gm/dl	2 - 4
A:G Ratio <i>Method - Calculated</i>	1.48	:1	1 - 3

References:

- 1) Pack Insert of Bio system
- 2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interperatation :-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Elevated levels results from increased bilirubin production (eg hemolysis and ineffective erythropoiesis); decreased bilirubin excretion (eg; obstruction and hepatitis); and abnormal bilirubin metabolism (eg; hereditary and neonatal jaundice). conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of hemolytic or pernicious anemia, transfusion reaction & a common metabolic condition termed Gilbert syndrome.

AST levels increase in viral hepatitis, blockage of the bile duct ,cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. Ast levels may also increase after a heart attck or strenuous activity. ALT is commonly measured as a part of a diagnostic evaluation of hepatocellular injury , to determine liver health. Elevated ALP levels are seen in Biliary Obstruction, Osteoblastic Bone Tumors, Osteomalacia, Hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, paget's disease, Rickets, Sarcoidosis etc.

Elevated serum GGT activity can be found in diseases of the liver, Biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-including drugs etc.

Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum.. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease.

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic - Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

Renal Function Test (RFT)



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR	Age/Sex : 51 Year(s) / Male
UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	
Ref. Doctor : self	Mobile No : 8850049435
	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

Urea - SERUM <i>Method - Urease</i>	36.25	mg/dl	15 - 39
BUN - SERUM <i>Method - Urease-GLDH</i>	16.94	mg/dl	4 - 18
Creatinine - SERUM <i>Method - Jaffes Kinetic</i>	0.87	mg/dl	0.5 - 1.3

References:

- 1) Pack Insert of Bio system
- 2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation:-

The blood urea nitrogen or BUN test is primarily used, along with the creatinine test, to evaluate kidney function in a wide range of circumstances, to help diagnose kidney disease, and to monitor people with acute or chronic kidney dysfunction or failure. It also may be used to evaluate a person's general health status.

<u>GLUCOSE-PLASMA POST PRANDIAL</u>			
Glucose, Post Prandial	100.47	mg/dl	70 - 140

American Diabetes Association Reference Range :

Post-Prandial Blood Glucose:

- Non- Diabetic: Up to 140mg/dL
- Pre-Diabetic: 140-199 mg/dL
- Diabetic :>200 mg/dL

References:

- 1) Pack Insert of Bio system
- 2) Tietz Textbook Of Clinical Chemistry And Molecular Diagnostics, 6th Ed, Editors: Rifai et al. 2018

Interpretation :-

Conditions that can result in an elevated blood glucose level include: Acromegaly, Acute stress (response to trauma, heart attack, and stroke for instance), Chronic kidney disease, Cushing syndrome, Excessive consumption of food, Hyperthyroidism, Pancreatitis.

A low level of glucose may indicate hypoglycemia, a condition characterized by a drop in blood glucose to a level where first it causes nervous system symptoms (sweating, palpitations, hunger, trembling, and anxiety), then begins to affect the brain (causing confusion, hallucinations, blurred vision, and sometimes even coma and death). A low blood glucose level (hypoglycemia) may be

seen with: Adrenal insufficiency, Drinking excessive alcohol, Severe liver disease, Hypopituitarism, Hypothyroidism, Severe infections, Severe heart failure, Chronic kidney (renal) failure, Insulin overdose, Tumors that produce insulin



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

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UHID : SHHM.109445

Order Date : 05/11/2024 08:39

Episode : OP

Ref. Doctor : self

Mobile No : 8850049435

DOB : 25/02/1973

Facility : SEVENHILLS HOSPITAL,
MUMBAI

(insulinomas), Starvation.

End of Report



Dr.Nipa Dhorda

MD

Pathologist

RegNo: 91821



GLUCOSE PLASMA FASTING (FBS)- Report has been amended at Nov 5 2024 4:54PM by Nipa Dhorda.



LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Age/Sex	: 51 Year(s) / Male
UHID	: SHHM.109445	Order Date	: 05/11/2024 08:39
Episode	: OP	Mobile No	: 8850049435
Ref. Doctor	: self	DOB	: 25/02/1973
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

IMMUNOLOGY

Test Name	Result	Unit	Biological Reference Interval
Sample No : 00370668C	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:35	Report Date : 05/11/24 13:23

PSA -TOTAL-SERUM

Method - (Serum,ECLIA)

PSA- Prostate Specific Antigen - SERUM	3.67	ng/ml	0.00 - 4.00
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Biological Reference Interval :-

Conventional for all ages: <=4

60 - 69 yrs: 0 - 4.5

Note : Change in method and Reference range

INTERPRETATION :

Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. PSA exists in serum mainly in two forms, complexed to alpha-1-anti-chymotrypsin (PSA-ACT complex) and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

NOTE:

Patients on Biotin supplement may have interference in some immunoassays. With individuals taking high dose Biotin (more than 5 mg per day) supplements, at least 8-hour wait time before blood draw is recommended.

Ref: Arch Pathol Lab Med—Vol 141, November 2017

End of Report



Dr.Pooja Vinod Mishra

MD Pathology

Jr Consultant Pathologist, MMC Reg No.

2017052191

RegNo: 2017/05/2191

LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

UHID : SHHM.109445

Episode : OP

Ref. Doctor : self

Age/Sex : 51 Year(s) / Male

Order Date : 05/11/2024 08:39

Mobile No : 8850049435

DOB : 25/02/1973

Facility : SEVENHILLS HOSPITAL,
MUMBAI



LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Age/Sex	: 51 Year(s) / Male
UHID	: SHHM.109445	Order Date	: 05/11/2024 08:39
Episode	: OP	Mobile No	: 8850049435
Ref. Doctor	: self	DOB	: 25/02/1973
		Facility	: SEVENHILLS HOSPITAL, MUMBAI

Stool Examination

Test Name	Result	Unit	Biological Reference Interval
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Sample No :	O0370668D	Collection Date :	05/11/24 09:06	Ack Date :	05/11/2024 09:35	Report Date :	05/11/24 16:51
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<u>Gross and Chemical Examination</u>			
Consistency	Semi-Solid		
COLOUR STOOL	Yellow		
Visible Blood	Absent		Absent
Mucus	Absent		
Blood	NEGATIVE ▲ (H)		
<u>Microscopic Examination</u>			
Pus cells	OCCASIONAL	/HPF	
Epithelial Cells	OCCASIONAL	/HPF	
RBC	Absent	/HPF	Absent
Fat	Absent		
Parasites	Not Seen		

End of Report



Dr.Nipa Dhorda
MD
Pathologist
RegNo: 91821

LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

UHID : SHHM.109445

Episode : OP

Ref. Doctor : self

Age/Sex : 51 Year(s) / Male

Order Date : 05/11/2024 08:39

Mobile No : 8850049435

DOB : 25/02/1973

Facility : SEVENHILLS HOSPITAL,
MUMBAI



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR	Age/Sex : 51 Year(s) / Male
UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	
Ref. Doctor : self	Mobile No : 8850049435
	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

IMMUNOLOGY

Test Name	Result	Unit	Biological Reference Interval
Sample No : O0370668C	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:35	Report Date : 05/11/24 13:23

T3 - SERUM <i>Method - CLIA</i>	125.2	ng/dl	47.00 - 200.00
<u>TFT- Thyroid Function Tests</u>			
T4 - SERUM <i>Method - CLIA</i>	9.16	ug/dL	4.60 - 10.50
TSH - SERUM <i>Method - CLIA</i>	2.45	uIU/ml	0.40 - 4.50

Reference Ranges (T3) Pregnancy:

First Trimester 81 - 190

Second Trimester & Third Trimester 100 - 260

Reference Ranges (TSH) Pregnancy:

1st Trimester : 0.1 – 2.5

2nd Trimester : 0.2 – 3.0

3rd Trimester : 0.3 – 3.0

Reference:

1. Clinical Chemistry and Molecular Diagnostics, Tietz Fundamentals, 7th Edition & Endocrinology Guidelines

Interpretation :-

It is recommended that the following potential sources of variation should be considered while interpreting thyroid hormone results:

1. Thyroid hormones undergo rhythmic variation within the body this is called circadian variation in TSH secretion: Peak levels are seen between 2-4 am. Minimum levels seen between 6-10 am. This variation may be as much as 50% thus, influence of sampling time needs to be considered for clinical interpretation.
2. Circulating forms of T3 and T4 are mostly reversibly bound with Thyroxine binding globulins (TBG), and to a lesser extent with albumin and Thyroid binding PreAlbumin. Thus the conditions in which TBG and protein levels alter such as chronic liver disorders, pregnancy, excess of estrogens, androgens, anabolic steroids and glucocorticoids may cause misleading total T3, total T4 and TSH interpretations.
3. Total T3 and T4 levels are seen to have physiological rise during pregnancy and in patients on steroid treatment.
4. T4 may be normal the presence of hyperthyroidism under the following conditions : T3 thyrotoxicosis, Hypoproteinemia related reduced binding, during intake of certain drugs (eg Phenytoin, Salicylates etc)
5. Neonates and infants have higher levels of T4 due to increased concentration of TBG
6. TSH levels may be normal in central hypothyroidism, recent rapid correction of hypothyroidism or hyperthyroidism,



LABORATORY INVESTIGATION REPORT

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Ref. Doctor	: self	DOB	: 25/02/1973
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pregnancy, phenytoin therapy etc.

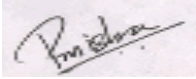
7. TSH values of <0.03 uIU/mL must be clinically correlated to evaluate the presence of a rare TSH variant in certain individuals which is undetectable by conventional methods.

8. Presence of Autoimmune disorders may lead to spurious results of thyroid hormones

9. Various drugs can lead to interference in test results.

10. It is recommended that evaluation of unbound fractions, that is free T3 (fT3) and free T4 (fT4) for clinic-pathologic correlation, as these are the metabolically active forms.

End of Report



Dr.Pooja Vinod Mishra
MD Pathology

Jr Consultant Pathologist, MMC Reg No.

2017052191

RegNo: 2017/05/2191



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR	Age/Sex : 51 Year(s) / Male
UHID : SHHM.109445	Order Date : 05/11/2024 08:39
Episode : OP	Mobile No : 8850049435
Ref. Doctor : self	DOB : 25/02/1973
	Facility : SEVENHILLS HOSPITAL, MUMBAI

Urinalysis

Test Name	Result	Unit	Biological Reference Interval
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Sample No : O0370668E	Collection Date : 05/11/24 09:06	Ack Date : 05/11/2024 09:36	Report Date : 05/11/24 16:21
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<u>Physical Examination</u>	Result	Unit	Biological Reference Interval
QUANTITY	20	ml	
Colour	Yellow		
Appearance	Clear		
DEPOSIT	Absent		Absent
pH	Acidic		
Specific Gravity	1.015		
Chemical Examination			
Protein	Absent		Absent
Glucose	Absent		
ketones	Absent		
Blood	NEGATIVE		Negative
Bilirubin	Negative ▲ (H)		
Urobilinogen	NORMAL		Normal
NITRITE	Absent		Absent
LEUKOCYTES	Absent		
Microscopic Examination			
Pus cells	OCCASIONAL	/HPF	
Epithelial Cells	OCCASIONAL	/HPF	

LABORATORY INVESTIGATION REPORT

Patient Name : Mr. MD.ALIM AKHTAR

UHID : SHHM.109445

Episode : OP

Ref. Doctor : self

Age/Sex : 51 Year(s) / Male

Order Date : 05/11/2024 08:39

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Facility : SEVENHILLS HOSPITAL,
MUMBAI

RBC	ABSENT	/HPF	Absent
Cast	ABSENT	/LPF	
Crystal	ABSENT	/HPF	
Amorphous Materials	Absent		
Yeast	Absent		
Bacteria	Absent		
<u>URINE SUGAR AND KETONE (FASTING)</u>			
Glucose	Absent		
ketones	Absent		

<u>URINE SUGAR AND KETONE (PP)</u>			
Glucose	Absent		
ketones	Absent		

End of Report



Dr.Nipa Dhorda

MD

Pathologist

RegNo: 91821



DIAGNOSTICS REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Order Date	: 05/11/2024 08:39
Age/Sex	: 51 Year(s)/Male	Report Date	: 05/11/2024 16:43
UHID	: SHHM.109445		
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	: BANK OF BARODA CHALIS GAO, JALGAON, Jalgaon, Maharashtra, 443403	Mobile	: 8850049435

USG ABDOMEN AND PELVIS

Liver is normal in size (12.3 cm) and shows bright echotexture. No focal liver parenchymal lesion is seen.

Intrahepatic portal and biliary radicles are normal.

Gall-bladder is physiologically distended. No evidence of intraluminal calculus is seen. Wall thickness appears normal. No evidence of peri-cholecystic fluid is seen.

Portal vein and CBD are normal in course and calibre.

Visualised part of pancreas appears normal in size and echotexture. No evidence of duct dilatation or parenchymal calcification seen.

Spleen is normal in size (11.5 cm) and echotexture. No focal lesion is seen in the spleen.

Both the kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculus or hydronephrosis on either side.

Right kidney measures 9.3 x 4.1 cm. **There is e/o 1.3 x 1.3 cm simple exophytic cyst at interpolar region.**

Left kidney measures 11.4 x 5.1 cm.

Urinary bladder is well distended and appears normal. No evidence of intra-luminal calculus or mass lesion.

Prevoid 141 cc.

Post void 14cc.

Prostate is enlarged in size and shows normal echotexture. It measures 4.8 x 3.9x 3.8 cm corresponding to 39 cc.

There is no free fluid in abdomen and pelvis.

DIAGNOSTICS REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Order Date	: 05/11/2024 08:39
Age/Sex	: 51 Year(s)/Male	Report Date	: 05/11/2024 16:43
UHID	: SHHM.109445		
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	: BANK OF BARODA CHALIS GAO, JALGAON, Jalgaon, Maharashtra, 443403	Mobile	: 8850049435

IMPRESSION

- Grade I fatty liver.
- Right renal simple cyst.
- Mild prostatomegaly



Dr. Priya Vinod Phayde
MBBS, DMRE

RegNo: 2020/11/6493

DIAGNOSTICS REPORT

Patient Name	: Mr. MD.ALIM AKHTAR	Order Date	: 05/11/2024 08:39
Age/Sex	: 51 Year(s)/Male	Report Date	: 06/11/2024 13:22
UHID	: SHHM.109445		
Ref. Doctor	: self	Facility	: SEVENHILLS HOSPITAL,
Address	: BANK OF BARODA CHALIS GAO, JALGAON,Jalgaon, Maharashtra, 443403	Mobile	: 8850049435

X-RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

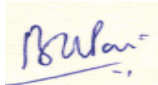
The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

IMPRESSION: No pleuroparenchymal lesion is seen.



Dr. Bhujang Pai
MBBS, MD

Consultant

RegNo: 49380