

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Medi-wheel - R/o - ~~Nagpur~~
Akola
**KIMS-KINGSWAY
HOSPITALS**

Name: Mr. Mangesh Mahalle Date: 22/12/23

Age: 36 Sex: M/F Weight: 76.3 kg Height: 167.4 inc BMI: 27.25

BP: 156/95 mmHg Pulse: 74/M bpm RBS: _____ mg/dl

144/90

SP02: 100%

36/M

- F/H - Mother HT
- No addictions
- Fatty liver
- Cholelithiasis

(silent)

• Tingling Lt. UL while coughing

O/E

JVP°
Ch
LH
P/A / N.

Adv.

S. wit B₁₂
C. wit D₃

- Diet counsel
- Exercise, wt. Loss

• T. Telma 20 1 → → →

• R/A 1 mth ← ← ← A.B.F.

• Review & Report.

Dr. Vimmi Goel
MBBS, MD
Sr. Consultant Non Invasive Cardiology

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MANGESH MAHALLE 35Y(S) 3M(S) 20D(S)/M UMR2324031485 8955864119	CONSULT DATE : 22-12-2023 CONSULT ID : OPC2324094711 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :

- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	HYMOIST EYE DROP 10ML	Eye	1-1-1-1	Every Day	After Food	3 months
		Instructions : -				
	Composition : SODIUM HYALURONATE 0.1% MV					

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	+1.00	00	00	5/6
LEFT EYE	+1.00	00	00	6/6

NEAR ADDITION

RIGHT EYE		00		N6
LEFT EYE		00		N6

REMARK- BLUE CUT GLASS

REVIEW

Follow up Date :22-06-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :22-12-2023 11:16:29



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. MANGESH MAHALLE	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 10:42 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.9	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.7	40.0 - 50.0 %	Calculated
RBC Count		5.06	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		86	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.0	31.5 - 35.0 g/l	Calculated
RDW		13.3	11.5 - 14.0 %	Calculated
Platelet count		255	150 - 450 10^3 /cumm	Impedance
WBC Count		7600	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils		63.6	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		30.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.3	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4833.6	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2325.6	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		174.8	20 - 500 /cumm	Calculated
Absolute Monocyte Count		266	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic		
WBC		Normocytic		
Platelets		As Above		
E S R		Adequate		
		06	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANGESH MAHALLE **Age / Gender** : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:22 am **Report Date** : 22-Dec-23 09:51 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	95	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		97	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.6	Non-Diabetic : ≤ 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : ≥ 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS, MD
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44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.
CONSULTANT PATHOLOGIST
Phone: +91 0712 6789100
CIN: U74999MR2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANGESH MAHALLE	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 11:08 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	143 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		70 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		40 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		90.13 < 100 mg/dl	Enzymatic
VLDL Cholesterol		14 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		4 3 - 5	Calculation

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 <130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 <160

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
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Patient Name : Mr. MANGESH MAHALLE	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 11:08 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.45	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.24	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.21	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		79	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		37	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		32	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.85	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.45	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.40	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.3		

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANGESH MAHALLE	Age /Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 11:08 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.60	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.93	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		3.04	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please
discuss

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Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 11:08 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	16	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		122.5	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.61	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. MANGESH MAHALLE
Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:27 am
Report Date : 22-Dec-23 11:28 am

Parameter	Specimen	Results	Method
URINE MICROSCOPY			
PHYSICAL EXAMINATION			
Volume	Urine	20 ml	
Colour.		Pale yellow	
Appearance		Clear	
CHEMICAL EXAMINATION			
Reaction (pH)	Urine	5	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Negative	Negative
MICROSCOPIC EXAMINATION			
Epithelial Cells	Urine	0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent
Crystals		Absent	Absent
USF(URINE SUGAR FASTING)			
Urine Glucose	Urine	Negative	

*** End Of Report ***

STRIP

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100499
 Test results related only to the item tested.
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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MANGESH MAHALLE	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 11:33 am	Report Date : 22-Dec-23 12:04 pm

URINE SUGAR

Parameter

Urine Glucose

Result Values

Negative

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mr. MANGESH MAHALLE	Age / Gender : 36 Y(s)/Male
Bill No/ UMR No : BIL2324064327/UMR2324031485	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 22-Dec-23 08:24 am	Report Date : 22-Dec-23 11:08 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		* Negative *(-Ve)	
Note		Suggested weak Rh D,Du testing. *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	MANGESH MAHALLE	STUDY DATE	22-12-2023 09:26:02
AGE/ SEX	36Y 3M 20D / M	HOSPITAL NO.	UMR2324031485
ACCESSION NO.	BIL2324064327-9	MODALITY	DX
REPORTED ON	22-12-2023 11:53	REFERRED BY	Dr. Vinod Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Bilateral hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION:

No pleuro-parenchymal abnormality seen.



DR. R. KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

PATIENT NAME:	MR. MANGESH MAHALLE	AGE /SEX:	36Y/M
UMR NO:	2324031485	BILL NO:	2324064327
REF BY	DR. VIMMI GOEL	DATE:	22/12/2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows increase in echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. Contain a echogenic shadow – suggestive of calculus.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

Mild hepatic fatty infiltration.
Cholelithiasis.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

*Please mention
size of GB calculus*

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Mangesh, Mahalle
Patient ID: 031485
Height:
Weight:
Study Date: 22.12.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 01.09.1987
Age: 36yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

Nil

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
● TEST	SUPINE	00:30	0.00	0.00	93	120/80	
	WARM-UP	00:09	0.90	0.00	96		
EXERCISE	STAGE 1	03:00	1.70	10.00	117	120/80	
	STAGE 2	03:00	2.50	12.00	142	140/80	
	STAGE 3	02:33	3.40	14.00	171	150/80	
RECOVERY		01:00	0.00	0.00	126	170/90	
		02:00	0.00	0.00	100	150/90	
		00:26	0.00	0.00			

The patient exercised according to the BRUCE for 8:33 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 80 bpm rose to a maximal heart rate of 171 bpm. This value represents 92% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


Dr. VIMMI GOEL

MBBS, MD

Dr. Consultant Non Invasive Cardiology

Reg. No.: 2014/01/0113

36 Years

MR MANGESH MAHALLE
Male

22-Dec-23 8:28:15 AM
KIMS-KINGSWAY HOSPITALS
PBC DEPT.

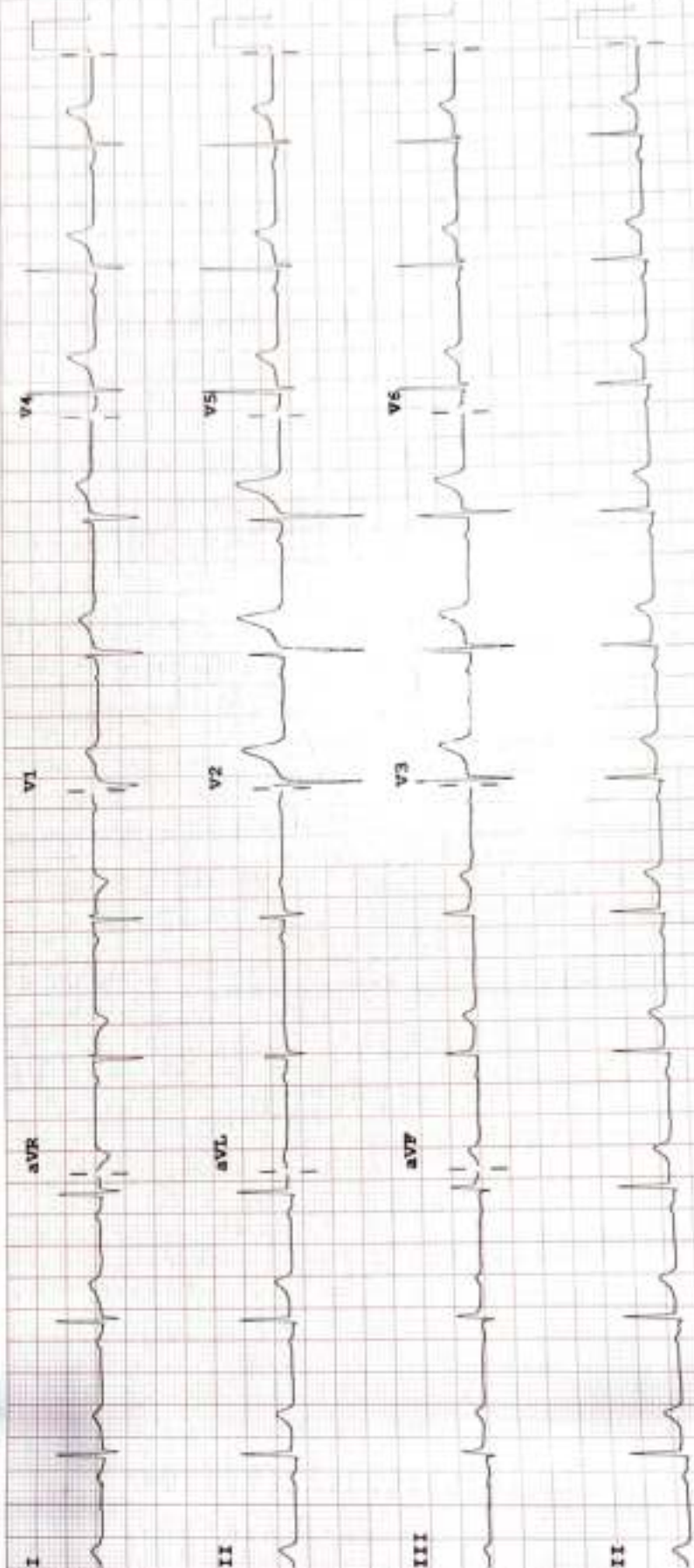
Rate 69
 Sinus rhythm
 Ventricular premature complex
 ST elev, probable normal early repol pattern
 Baseline wander in lead(s) V1

--AXIS--
 P 23
 QRS 56
 T 47

12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis



W 50~ 0.50-150 Hz W 1000 CL P?

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

Device: