



Name : Mrs. SEWALI KAKATI (45 /F)

Date : 09/03/2024

AHC MEDICAL SUMMARY

Address : JOGIPARA, KARUP METRO, KAMRUP, KAMRUP(M), ASSAM, INDIA

Examined by: Dr. PRABIN KUMAR SAIKIA

UHID : AHLG2.0000038732

Package : MediWheel Full Body Health Check up-Female Above 40Yrs

AHC No : APHCAH22950



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Female Above 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :12/03/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Bowel habits - regular; Piles - yes

Genitourinary system

- Nil Significant

Central nervous system

Concentration - good; Sleep - normal

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

Weight

- stable



Present medications

- Nil



Personal history

Marital status - Married
 No. of children - 2
 Diet - Non Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No

Chews tobacco - No
 Physical activity - Sedentary



Family history

Father - alive
 Aged - 75 Yrs
 Mother - alive
 Aged - 65 Yrs
 Brothers - 2
 Diabetes - brother
 Hypertension - father, brother
 Coronary artery disease - none
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 152
 Weight - 56.8
 BMI - 24.58
 Waist circumference - 86
 Hip - 94
 Waist/ Hip ratio - 0.91
 Pallor - No
 Oedema - no
 SpO2 - 99%RA




Cardiovascular system


Heart rate (Per minute) - 68
 Rhythm - Regular
 - B.P, Sitting
 Systolic(mm of Hg) - 110
 Diastolic(mm of Hg) - 80
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 18
 Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Eyes**

Eye vision - Normal
Eye vision - BE 6/6. N6
Pupil - Normal
Intraocular pressure - 18 mmHg (R), 15 mmHg (L)
Advice for spectacle - Yes

Gynaec findings

Marital status - married
No of Children - 2
Deliveries - NVD
Periods - regular
L M P - 1 month ago
P/A - Soft
P/S - Cervix healthy
P/V - Uterus normal
Pap smear - Taken

Printed By : SAMIMA YASMIN

Executive Summary

- 1. Rule out Uterine fibroid (Bulky uterus).

Follow-up and Review Plan

- Referred to Gynaecologist.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FCP, PCCM
Registration No. 7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mrs. SEWALI KAKATI Age : 45Yr 8Mth 9Days Gender : Female
UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
SIN \ LRN : 123558377 \ 123558376 \ 123558403 \ 10393600
Specimen : Serum
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 03:44:58 PM Received on : 09-MAR-2024 04:59:14 PM Reported on : 09-MAR-2024 08:15:24 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	32	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	3.8	Healthy Adults:3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.9 *	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	56	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	31	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.7	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	184	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	19	Healthy Women:5 - 55	U/L

Page 1 of 3
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DR. M. SARMA, MD (MICRO)

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 SIN \ LRN : 123558377 \ 123558376 \ 123558403 \ 10393600
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 03:44:08 PM Received on : 09-MAR-2024 04:59:14 PM Reported on : 09-MAR-2024 06:15:24 PM

GLUCOSE -PLASMA (FASTING) Hexokinase	85	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	57	Low: <40 High: >=60 Desirable :< 4.5	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	110 *	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	7.7	Healthy Adults:6.4-8.3	mg/dl
TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	64	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	16	<50 years:15-40	mg/dL
URIC ACID - SERUM (Modified Uricase)	3.9	Healthy Women:2.6 - 6.0	mg/dL

Page 2 of 3
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Name : Mrs. SEWALI KAKATI Age : 45Yr 8Mth 9Days Gender : Female
 UHID : AHLG2.0000038732 / APHCAH22950 Wt/BNr/RefNo : AHC
 SIN \ LRN : 123558377 \ 123558376 \ 123558403 \ 10393600
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 03:44:58 PM Received on : 09-MAR-2024 04:59:14 PM Reported on : 09-MAR-2024 06:15:24 PM

VLDL CHOLESTEROL - SERUM CALCULATED.	13	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.2	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.6	Healthy Women: 0.57 - 1.11	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	2.0	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	137	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	2.47	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	144 *	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

Report Status:Final

* END OF REPORT *

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Sarma
DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

Page 1 of 1
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 UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
 SIN \ LRN : 123558379 \ 10393600
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 11:03:33 AM Received on : 09-MAR-2024 11:58:48 AM Reported on : 09-MAR-2024 01:20:27 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	5.2	GOAL:<6.5% Prediabetic:5.7-6.4%	%
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD		Diabetic:>6.5% Non-diabetic:<5.7%	
Mean Plasma Glucose (MPG) Estimate:	102.5400	Uncontrolled-diabetics>8%	mg/dL

Report Status:Final

* END OF REPORT *

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1078553

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DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

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Name : Mrs. SEWALI KAKATI Age : 45Yr 8Mth 9Days Gender : Female
UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
SIN VLIN : 123558380 \ 123558402 \ 10393600
Specimen : Urine
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 11:03:33 AM Received on : 09-MAR-2024 03:43:37 PM Reported on : 09-MAR-2024 04:00:26 PM

MediWheel Full Body Health Check up-Female Above 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	12.2	12.0 - 15.0	g/dl
RBC COUNT	4.22	3.8 - 4.8	Million/ul
MCV	88.6	82.0 - 92.0	fL
MCH	28.9	26.0 - 32.0	pg
MCHC	32.6	31.0 - 36.0	g/dl
RDW-CV	14.7 *	11.8 - 14	%
RETICULOCYTE COUNT	1.23	Healthy Adult -0.5-2.5%	%
Platelet Count	125 *	150 - 400	10 ⁹ /mm ³
TLC/WBC Count	5.62	4.0 - 11.0	10 ⁹ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	0 - 20	mm/1st hr
Differential Count			
Neutrophils	74.2 *	40 - 70	%
Lymphocytes	21.7	20 - 40	%
Eosinophils	1.6	1 - 6	%
Monocytes	2.1	2 - 10	%
Basophils	0.4	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	37.4	36 - 46	%

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MC-3480

Name : Mrs. SEWALI KAKATI Age : 45Yr 8Mth 9Days Gender : Female
 UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
 SIN ILRN : 123558380 \ 123558402 \ 10393600
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 09-MAR-2024 11:03:33 AM Received on : 09-MAR-2024 03:43:37 PM Reported on : 09-MAR-2024 04:00:26 PM

URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	++	Up to 20
Casts:(Microscopy)	Not Detected	Absent /lpf
Crystals:	Not Detected	Absent /lpf
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

* END OF REPORT *



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DR. ASHWIN VERMA, D.C.P
ASSOCIATE CONSULTANT PATHOLOGIST
REGD NO. 5340 AMC

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- DR. M. BARMAN, MD
- DR. D.J. LAHON, MD (MICRO)
- DR. M. SARMA, MD (MICRO)

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Name : Mrs. SEWALI KAKATI Age : 45Yr 8Mth 9Days Gender : Female
UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
SIN ILRN : 123558381 \ 10393600
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Salkia



Collected on : 09-MAR-2024 11:03:33 AM Received on : 09-MAR-2024 01:03:39 PM Reported on : 09-MAR-2024 01:04:16 PM

TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group:

B

Rh (D) Type:

POSITIVE

Report Status:Final

* END OF REPORT *



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Printed On : 09-MAR-2024 01:05:07 PM

CONSULTANTS

DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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Name : Mrs. SEWALI KAKATI Age : 45Yr Gender : Female
UHID : AHLG2.0000038732 / APHCAH22950 W/BNo/RefNo : AHC
Lab No : AHLG.2400001 LRN : 10393600
Ref Doctor : Dr. Prabin Kumer Saikia



Collected on : 09-MAR-2024 09:34:24 PM Received on : 09-MAR-2024 04:45:44 PM Reported on : 11-MAR-2024 11:59:14 AM

CERVICAL/VAGINAL SMEAR

Specimen No :

C/529/24

Specimen Type

Liquid Based Preparation from cervix.

Adequacy of Smears

Satisfactory for evaluation, endocervical / transformation zone component not seen.

Microscopic Description:

Smear shows superficial, intermediate squamous cells and parabasal cells. Plenty of neutrophils are seen.

Impression:

Negative for intraepithelial lesion or malignancy.

Comments: Reported as per Bethesda system 2014.

* END OF REPORT *



Dr. Pooja Keshan, MBBS, MD, PATHOLGY
Reg No-21460 AMC

Typed By: 1078438

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Page 1 of 1 CONSULTANTS

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APOLLO HOSPITALS GUWAHATI

Unit : International Hospital
(A unit of Assam Hospitals Ltd.)

Krishna

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG20000038732	Patient Name:	SEWALI KAKATI
Age:	45 Years	Sex:	F
Accession Number:	17002.124066436	Modality:	DX
Referring Physician:	Prabin Kumar Saikia	Study:	Chest PA
Study Date:	09-Mar-2024		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.

Utpal Das

Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 09-Mar-2024 16:38:18

S Hazarika, MD R. Baruah, DMRD P. Hazimota, MD R. Samah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	0000038732	Patient Name:	SEWALI KAKATI
Age:	45 Years	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	09-Mar-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 103 mm

Left kidney measures – 104 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is bulky in size and is anteverted in position. Hypoechoic focus noted within the fundal endometrial cavity measuring about 15 x 10 mm. Rest of the midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 108 x 63 x 49 mm.

ADNEXAE

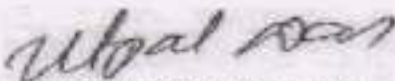
Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression:

Bulky uterus. Hypoechoic focus noted within the fundal endometrial cavity ? submucosal fibroid/ chronic organized collection.

ADV: TVS after 4-6 weeks.



Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 09-Mar-2024 13:23:38



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Unit : International Hospital
(A unit of Assam Hospitals Ltd.)

Krishna

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Computerised Radiography & IITV, DEXA, Computed Tomography & MRI

Patient ID:	AHLG2.0000038732	Patient Name:	MRS. SEWALI KAKATI
Age:	45 Years	Sex:	F
Accession Number:		Modality:	MG
Referring Physician:	DR P KR SAIKIA	Study:	Bilateral Mammogram - PRIME
Study Date:	09-Mar-2024		

Examination: Bilateral digital sonomammography.

PROTOCOL: Bilateral digital mammography has been performed in the cranio-caudal (CC) and medio-lateral oblique (MLO) projection with complimentary ultrasound.

Findings:

The breasts reveal mixed fatty and fibroglandular parenchyma. No evidence of any spiculated lesions seen on either side.

Both breasts: On USG correlation, no discernable mass lesion or calcification seen.

No significant axillary lymphadenopathy is seen.

REMARKS:

- **RIGHT BREAST: BIRADS category 1**
- **LEFT BREAST: BIRADS category 1**

BIRADS CATEGORY: (0 = Requires additional evaluation, 1 = Negative, 2 = Benign findings, 3 = Probably benign findings, 4 = Suspicious abnormality, 5 = Highly suggestive of malignancy).

PLEASE NOTE. Not all breast abnormalities show up on mammography. The false negative rate of mammography is approximately 10%. The management of a palpable abnormality must be based on clinical grounds. If you detect a lump or any other change in your breast before your next screening mammogram, consult your doctor immediately.

Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 09-Mar-2024 16:15:34

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agaswal, MD M. Gohain, MD, S. Choudhary, MD Zohaib Hussain MD DNB
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APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MRS. SEWALI KAKATI

Patient ID: 76787

Height:

Weight:

DOB: 30.06.1978

Age: 45yrs

Gender: Female

Race: Indian

Study Date: 09.03.2024

Test Type: --

Protocol: BRUCE

Referring Physician: --

Attending Physician: --

Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:01	0.00	0.00	78	120/80	
	STANDING	00:10	0.00	0.00	81		
	WARM-UP	00:09	1.60	0.00	72		
EXERCISE	STAGE 1	03:00	2.70	10.00	97	130/80	
	STAGE 2	03:00	4.00	12.00	109	130/80	
	STAGE 3	03:00	5.40	14.00	125	140/80	
	STAGE 4	01:02	6.80	16.00	151	140/80	
RECOVERY		03:04	0.00	0.00	94	130/80	

The patient exercised according to the BRUCE for 10:01 min:s, achieving a work level of Max. METS: 13.50. The resting heart rate of 65 bpm rose to a maximal heart rate of 151 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

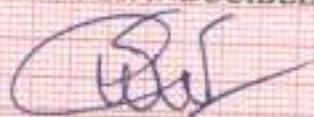
BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA

Physician



Technician

Dr. Niranta Konwar
MBBS, PGCC.

Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati

Patient Details : Mrs. SEWALI KAKATI | Female | 45Yr 8Mth 9Days

UHID : AHLG2.0000038732

Patient Location: AHC

Patient Identifier: APHCAH22950



DRN : 100049682

Completed on : 09-MAR-2024 10:06

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---

Dr. Niranta Konwar
MBBS, PGDCC,
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati