

Name : Mr. SUNNY SINGH (33 /M)

Date : 30/09/2024

Address : 215/A NAKARI MANDAL ROAD KANCHRAPARA, 215/A, OTHER, HOOGHLY, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002429723

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH220150



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma  
Hypertension Since - 2006; Medication -  
regular  
Hyperuricemia Medication - not regular  
Chronic renal disease Since - 2006; Treatment -  
under nephrologist



## DRUG ALLERGY

NO KNOWN ALLERGY

:30/09/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - on and off; Exacerbated by - allergens,  
dust

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### Skin

- Nil Significant



### Present medications

- Ramipril 5  
Ramipril 2.5



### Past medical history

Do you have any - Yes  
allergies?  
Allergies - dust  
Do you have any drug - No  
allergies?  
Covid 19 - No



### Surgical history

Septoplasty - 2000



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Non Vegetarian  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Hypertension - father,mother  
Coronary artery - none  
disease  
Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - normal  
Height - 185  
Weight - 79  
BMI - 23.08  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 93  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 134  
Diastolic(mm of Hg) - 91  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No



### Skin

- No significant finding

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
NVA:RE:N6 LE:N6  
OCULAR MOVEMENT:  
WNL ANT.SEG: WNL  
ADVICE:\*To continue  
present glass Rx\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.2	g/dl	●	13.0-17.0
RBC COUNT	4.78	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.3	%	●	41-53
MCV	97.0	fl	●	83-101
MCH	29.7	pg	●	27-32
MCHC	30.7 *	%	●	31.5-34.5
RDW	13.8	%	●	11.8-14.0
WBC Count	7300	/cu mm	●	4000-10000
Platelet Count	1.96	lacs/cu mm	●	1.5-4.0
Neutrophils	54	%	●	40-80
Lymphocytes	36	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	06	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-15

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	++			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	1-2 /hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found

Crystals: Not Found

NOTE : -

Urine protein rechecked and confirmed by sulphosalicylic acid test

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	33	U/L	●	0-50
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	105	U/L	●	43-115
AST (SGOT) - SERUM	28	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	242 *	mg/dL	●	0-200
Non-HDL Cholesterol	201			

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range      ● Borderline High/Low      ● Out of Range

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CREATININE - SERUM 1.6 \* mg/dL ● 0.9-1.3

Albumin/Globulin Ratio 1.2 ● 1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	20	U/L	●	0-55

GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.28	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	11.2	µg/dL	●	5.48-14.28

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	93	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	118	mg/dL	●	70-140

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	177 *	mg/dL	●	0-150

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.45	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	9.9 *	mg/dL	●	2.6-7.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
TC/HDL-C ratio serum	6 *		●	Optimal<3.5
LDL CHOLESTEROL -SERUM	167 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	34	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.0	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.8			
BUN (BLOOD UREA NITROGEN)	14.0	mg/dL	●	7.0-18.0

● Within Normal Range    ● Borderline High/Low    ● Out of Range

## ECG

SINUS RHYTHM WITH SINUS ARRHYTHMIA.  
POOR "R" WAVE PROGRESSION.

## TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.

## ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality noted.

[NOTE: At times pelvic structures are not well visualized  
due to inadequate patient preparation / excess bowel gas  
shadow. However suggested clinical correlation and  
other investigations if clinically  
indicated.]

Dr. MOURUSI MANDAL  
DNB RESIDENT  
In consultation with

DR. DEBASISH DATTA  
DMRD (RADIODIAGNOSIS) CONSULTANT  
RADIOLOGIST Reg. No. 42727 (WBMC)

## X-RAY CHEST PA

\* Chest skiagram does not reveal any significant  
abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

## Biochemistry

A/G - RATIO

## Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

**Dr.SUCHISMITA BHAUMIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

### AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

2

3

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**