

Name : Mr. PALAKSHA K
PID No. : MED122506498
SID No. : 522404003
Age / Sex : 52 Year(s) / Male
Type : OP
Ref. Dr : MediWheel

Register On : 09/03/2024 9:08 AM
Collection On : 09/03/2024 10:25 AM
Report On : 09/03/2024 5:04 PM
Printed On : 11/03/2024 1:07 PM

<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
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BLOOD GROUPING AND Rh TYPING

'O' 'Positive'

(EDTA Blood/Agglutination)

INTERPRETATION:Note: Slide method is screening method. Kindly confirm with Tube method for transfusion.

Complete Blood Count With - ESR

Haemoglobin (EDTA Blood/Spectrophotometry)	16.1	g/dL	13.5 - 18.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood)	47.2	%	42 - 52
RBC Count (EDTA Blood)	5.39	mill/cu.mm	4.7 - 6.0
Mean Corpuscular Volume(MCV) (EDTA Blood)	87.6	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood)	29.9	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood)	34.2	g/dL	32 - 36
RDW-CV	13.7	%	11.5 - 16.0
RDW-SD	42.4	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood)	9700	cells/cu.mm	4000 - 11000
Neutrophils (Blood)	56.3	%	40 - 75
Lymphocytes (Blood)	31.1	%	20 - 45
Eosinophils (Blood)	2.1	%	01 - 06
Monocytes (Blood)	9.5	%	01 - 10



Anusha
Dr Anusha.K.S
Sr.Consultant Pathologist
Reg No : 100674
APPROVED BY

The results pertain to sample tested.

Page 1 of 10

Lab Address: BANGALORE REFERENCE LABORATORY-CLUMAX DIAGNOSTIC AND RESEARCH CENTRE
PVT LTD. (A UNIT OF MEDALL HEALTHCARE PVT. LTD.).Old No66 & New No 1. 2nd Main Road. Bashvam Circle

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Basophils (Blood)	1.0	%	00 - 02
INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.			
Absolute Neutrophil count (EDTA Blood)	5.5	10 ³ / μ l	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood)	3.0	10 ³ / μ l	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood)	0.2	10 ³ / μ l	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood)	0.9	10 ³ / μ l	< 1.0
Absolute Basophil count (EDTA Blood)	0.1	10 ³ / μ l	< 0.2
Platelet Count (EDTA Blood)	315	10 ³ / μ l	150 - 450
MPV (Blood)	8.0	fL	7.9 - 13.7
PCT (Automated Blood cell Counter)	0.251	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Citrated Blood)	8	mm/hr	< 20
Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	141.30	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine) (Urine - F/GOD - POD)	Trace		Negative
Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP)	298.31	mg/dL	70 - 140



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INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti-diabetic medication during treatment for Diabetes.

Urine Glucose(PP-2 hours) (Urine - PP)	+++		Negative
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Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	6.0	mg/dL	7.0 - 21
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Creatinine (Serum/Modified Jaffe)	0.78	mg/dL	0.9 - 1.3
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INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin ,cefazolin, ACE inhibitors ,angiotensin II receptor antagonists,N-acetylcyteine , chemotherapeutic agent such as flucytosine etc.

Uric Acid (Serum/Enzymatic)	6.12	mg/dL	3.5 - 7.2
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Liver Function Test

Bilirubin(Total) (Serum/DCA with ATCS)	0.97	mg/dL	0.1 - 1.2
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Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.33	mg/dL	0.0 - 0.3
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Bilirubin(Indirect) (Serum/Derived)	0.64	mg/dL	0.1 - 1.0
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SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	22.52	U/L	5 - 40
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SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)	37.43	U/L	5 - 41
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GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	39.95	U/L	< 55
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Alkaline Phosphatase (SAP) (Serum/Modified IFCC)	100.7	U/L	56 - 119
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MC-5606



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Total Protein (Serum/Biuret)	6.86	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	4.49	gm/dl	3.5 - 5.2
Globulin (Serum/Derived)	2.37	gm/dL	2.3 - 3.6
A : G RATIO (Serum/Derived)	1.89		1.1 - 2.2

Lipid Profile

Cholesterol Total (Serum/CHOD-PAP with ATCS)	224.81	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	149.13	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	45.53	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59 High Risk: < 40
LDL Cholesterol (Serum/Calculated)	149.5	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	29.8	mg/dL	< 30



MC-5606



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Non HDL Cholesterol (Serum/Calculated)	179.3	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	4.9		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
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Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	3.3		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
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LDL/HDL Cholesterol Ratio (Serum/Calculated)	3.3		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0
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Glycosylated Haemoglobin (HbA1c)

HbA1C (Whole Blood/HPLC)	8.2	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5
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INTERPRETATION: If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control >= 8.1 %

Estimated Average Glucose (Whole Blood)	188.64	mg/dL	
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INTERPRETATION: Comments			
HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycaemic control as compared to blood and urinary glucose determinations.			
Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency, hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.			
Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.			
Prostate specific antigen - Total(PSA) (Serum/Manometric method)	1.33	ng/ml	Normal: 0.0 - 4.0 Inflammatory & Non Malignant conditions of Prostate & genitourinary system: 4.01 - 10.0 Suspicious of Malignant disease of Prostate: > 10.0

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/ECLIA)	1.32	ng/ml	0.4 - 1.81
INTERPRETATION: Comment :			
Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.			
T4 (Tyroxine) - Total (Serum/ECLIA)	8.05	µg/dl	4.2 - 12.0
INTERPRETATION: Comment :			
Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.			
TSH (Thyroid Stimulating Hormone) (Serum/ECLIA)	3.44	µIU/mL	0.35 - 5.50




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INTERPRETATION:

Reference range for cord blood - upto 20
 1 st trimester: 0.1-2.5
 2 nd trimester 0.2-3.0
 3 rd trimester : 0.3-3.0
 (Indian Thyroid Society Guidelines)

Comment :

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations.
- 3.Values&lt;0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

PHYSICAL EXAMINATION (URINE COMPLETE)

Colour (Urine)	Amber	Yellow to Amber
Appearance (Urine)	Clear	Clear
Volume(CLU) (Urine)	30	

CHEMICAL EXAMINATION (URINE COMPLETE)

pH (Urine)	5.0	4.5 - 8.0
Specific Gravity (Urine)	1.021	1.002 - 1.035
Ketone (Urine)	Negative	Negative
Urobilinogen (Urine)	Normal	Normal
Blood (Urine)	Negative	Negative
Nitrite (Urine)	Negative	Negative



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Bilirubin (Urine)	Negative		Negative
Protein (Urine)	Negative		Negative
Glucose (Urine/GOD - POD)	Trace		Negative
Leukocytes(CP) (Urine)	Negative		

MICROSCOPIC EXAMINATION
(URINE COMPLETE)

Pus Cells (Urine)	0-1	/hpf	NIL
Epithelial Cells (Urine)	0-1	/hpf	NIL
RBCs (Urine)	NIL	/hpf	NIL
Others (Urine)	NIL		

INTERPRETATION:Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.

Casts (Urine)	NIL	/hpf	NIL
Crystals (Urine)	NIL	/hpf	NIL



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BUN / Creatinine Ratio	7.6		6.0 - 22.0



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Investigation

Observed
Value

Unit

Biological
Reference Interval

URINE ROUTINE



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Dr Anusha.K.S
Sr.Consultant Pathologist
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APPROVED BY

-- End of Report --

Name	MR.PALAKSHA K	ID	MED122506498
Age & Gender	52Y/MALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		

ABDOMINO-PELVIC ULTRASONOGRAPHY

LIVER is normal in shape, size (13.3 cm) and shows increased echogenicity. No evidence of focal lesion or intrahepatic biliary ductal dilatation. Hepatic and portal vein radicals are normal.

GALL BLADDER is partially distended and shows few calculi ranging in size 3-5 mm. No pericholecystic fluid/wall thickness. CBD is not dilated.

PANCREAS has normal shape, size and uniform echopattern. No evidence of ductal dilatation or calcification.

SPLEEN shows normal shape, size and echopattern.

KIDNEYS

Right kidney: Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

Left kidney: Normal in shape, size and echopattern. Cortico-medullary differentiation is well madeout. No evidence of calculus or hydronephrosis.

The kidney measures as follows:

	Bipolar length (cms)	Parenchymal thickness (cms)
Right Kidney	10.1	1.5
Left Kidney	11.3	1.6

URINARY BLADDER is minimally distended.

PROSTATE: Visualized prostate appears normal.. It measures 4.0 x 3.1 x 3.3 cms, Vol: 22.1 cc.

No evidence of ascites.

IMPRESSION:

- **Grade I fatty infiltration of liver**
- **Cholelithiasis. No IHBRD.**

- Suggested clinical correlation.

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Age & Gender	52Y/MALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		

DR. HEMANANDINI V.N
CONSULTANT RADIOLOGIST
Hn/Mi

Name	MR.PALAKSHA K	ID	MED122506498
Age & Gender	52Y/MALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		

2D ECHOCARDIOGRAPHIC STUDY

M-mode measurement:

AORTA	:	2.32	cms.
LEFT ATRIUM	:	2.52	cms.
AVS	:	1.47	cms.
LEFT VENTRICLE			
(DIASTOLE)	:	3.91	cms.
(SYSTOLE)	:	2.18	cms.
VENTRICULAR SEPTUM	:		
(DIASTOLE)	:	1.44	cms.
(SYSTOLE)	:	1.54	cms.
POSTERIOR WALL	:		
(DIASTOLE)	:	1.28	cms.
(SYSTOLE)	:	1.08	cms.
EDV	:	66	ml.
ESV	:	18	ml.
FRACTIONAL SHORTENING	:	38	%
EJECTION FRACTION	:	55 %	%
EPSS	:	***	cms.
RVID	:	1.80	cms.

DOPPLER MEASUREMENTS:

MITRAL VALVE:	E 0.6 m/s	A 0.8m/s	NO MR.
AORTIC VALVE:	1.1 m/s		NO AR.
TRICUSPID VALVE:	E 0.3 m/s	A 0.4 m/s	NO TR.
PULMONARY VALVE:	0.8 m/s		NO PR.

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2D ECHOCARDIOGRAPHY FINDINGS:

Left Ventricle : Concentric LVH, Normal systolic function EF 55%.
: No regional wall motion abnormalities.

Left Atrium : Normal.

Right Ventricle : Normal.

Right Atrium : Normal.

Mitral Valve : Normal. No mitral valve prolapsed.

Aortic Valve : Normal. Trileaflet.

Tricuspid Valve : Normal.

Pulmonary Valve : Normal.

IAS : Intact.

IVS : Intact.

Pericardium : No pericardial effusion.

IMPRESSION: FAIR ECHO WINDOW

- **CONCENTRIC LVH.**
- **GRADE I DIASTOLIC DYSFUNCTION.**
- **NORMAL LV SYSTOLIC FUNCTION. EF: 55 %.**
- **NO REGIONAL WALL MOTION ABNORMALITIES.**
- **NORMAL VALVES.**
- **NO CLOTS / PERICARDIAL EFFUSION / VEGETATION.**

DR. YASHODA RAVI
CONSULTANT CARDIOLOGIST

Name	MR.PALAKSHA K	ID	MED122506498
Age & Gender	52Y/MALE	Visit Date	09 Mar 2024
Ref Doctor Name	MediWheel		

Name	Mr. PALAKSHA K	Customer ID	MED122506498
Age & Gender	52Y/M	Visit Date	Mar 9 2024 9:07AM
Ref Doctor	MediWheel		

X - RAY CHEST PA VIEW

Patient rotation is noted.

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral perihilar bronchovascular markings are prominent.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

IMPRESSION:

- **No significant abnormality detected.**



Dr.Hemanandini
Consultant Radiologist

Regn. No. 4364A

Mob : 98454 91190

98450 06782

MARUTHI DENTAL CARE

144, 11th Cross, Malleshwaram, Bengaluru - 560 003

Dr. B. INDUMATHI MARUTHI

Timings : 11 a.m. to 1.30 p.m.

Dental Surgeon

5 p.m. to 8.30 p.m.

Patient Name: P. Lakshmi

Age:

Rx

Date: 4/3/24

R.S. rt $\frac{8}{7}$, cat

AKL xny $\frac{8}{7}$

AKL orthoprop by lexis



**OPTICAL
STORE**
THE VISION WORLD

OPTICAL STORE

#12 LAKSHMI NILAYA, GROUND FLOOR,
2ND MAIN ROAD, VYALIKAVAL,
BENGALURU-560003
PH. 9611444957

Name Palaksha. K

Ph. 8970459037

Age 52/M

Chief Complaints

RE / LE / DOV / Blurring / Burning / Itching / Pricking
Redness / Headache -Nil-

Past History

DM +ve 4-5 Years
HTN +ve 4-5 Years

Asthama -ve
Others -Nil-

Visual Acuity

	RE	LE
Distance / Near	<u>6/6(D)</u>	<u>6/6(D)</u>
With PH		
With Glasses	<u>—</u>	<u>—</u>

Colour Vision BE = Normal

	RE			LE		
	SPH	CYL	AXIS	SPH	CYL	AXIS
Distance	<u>0.50</u>	<u>—</u>	<u>6/6</u>	<u>0.50</u>	<u>—</u>	<u>6/6</u>
Near			<u>ADD</u>	<u>+2.25</u>		

Advise Diabetic Retinopathy
Screening once
In a Year

RAYL KUMAR H. L.
OPTOMETRIST
Consultant Optometrist
Reg. No. 051619

Patient Name	Palalesha	Date	9/3/2024
Age	52yr	Visit Number	522400003
Sex	Male	Corporate	Mediwheel

GENERAL PHYSICAL EXAMINATION

Identification Mark :

Height : 157 cms

Weight : 73.9 kgs

Pulse : 80 /minute

Blood Pressure : 130/80 mm of Hg

BMI : 29.9

BMI INTERPRETATION

Underweight = <18.5

Normal weight = 18.5-24.9

Overweight = 25-29.9

Chest :

Expiration : cms

Inspiration : cms

Abdomen Measurement : cms

Eyes : Refractive Error

Ears : NAD

Throat : NAD

Neck nodes : not palpable

RS : Bil. NAD ⊕

CVS : S₁, S₂ ⊕

PA : Soft, Bil ⊕

CNS : Conscious & alert

No abnormality is detected. His / Her general physical examination is within normal limits.

NOTE : MEDICAL FIT FOR EMPLOYMENT YES / NO



Signature

Dr. RITESH RAJ, MBBS
General Physician & Diabetologies
KMC Reg. No: 85875
CI UMAX DIAGNOSTICS



52 Years
Male

QRS : 86 ms
QT / QTcBaz : 354 / 437 ms
PR : 112 ms
P : 80 ms
RR / PP : 650 / 652 ms
P / QRS / T : 64 / 68 / 44 degrees

Normal sinus rhythm
Normal ECG

