

Patient Name : **MR. MAHAPATRO NRUSINGHA**

Collected : Dec 29, 2023, 08:42 a.m.

Patient ID : 56739

Reported : Dec 29, 2023, 02:38 p.m.

Age / Sex : 46 years / Male

Sample ID :

Referred by : MEDIWHEEL

Bill ID : 92104



Test Description	Results	Units	Biological Reference Range
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POST PRANDIAL BLOOD SUGAR

Sample Type : Flouride PP

Post Prandial Blood Sugar [GOD - POD]	119.00	mg/dl	110-180
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Technique :- Done On Fully Automated Biochemistry Analyser ERBA EM-200

****END OF REPORT****

Dr. Sudhamani S. MD
Consultant Pathologist
Reg. No. : 90461

Patient Name : **MR. MAHAPATRO NRUSINGHA**

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Test Description	Results	Units	Biological Reference Range
	<u>ESR</u>		
Sample Type : EDTA / Whole Blood			
ESR	10	Mm/hr	0 - 15
Method	Westergren		

****END OF REPORT****

Dr. Sudhamani S. MD
Consultant Pathologist
Reg. No. : 90461

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------------------	---------	-------	----------------------------

URINE ANALYSE REPORT

Sample Type : Urine

PHYSICAL EXAMINATION

COLOUR	Pale Yellow		
APPEARANCE	Clear		
REACTION (PH)	6.0		4.8 - 7.6
SPECIFIC GRAVITY	1.015		1.010 - 1.030
ALBUMIN	Absent		
GLUCOSE	Absent		
BLOOD (U)	Absent		
BILE PIGMENTS	Negative		
BILE SALTS	Absent		
KETONE	Negative		
LEUKOCYTES	Absent		
NITRITE	Absent		
UROBILINOGEN	Negative		

MICROSCOPY

PUS CELLS/hpf	1-2		
RBCs/hpf	Absent		
EPI.CELLS/hpf	1-2		
CASTS	Absent		
CRYSTALS	Absent		
BACTERIA	Absent		
Other	Absent		

****END OF REPORT****


Dr. Sudhamani S. MD
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COMPLETE BLOOD COUNT

Sample Type : EDTA / Whole Blood

Hemoglobin	13.2	g/dl	13.0 - 17.0
RBC COUNT	4.96	Millions/c	4.5 - 5.5
PCV(Hematocrit)	39.6	%	40.0 - 50.0
Mean Cell Volume(MCV) [calculated]	79.7	fl	80.0 - 100.0
Mean Cell Hemoglobin(MCH) [calculated]	26.6	pg	27.0 - 33.0
Mean Cell Hb Conc(MCHC) [calculated]	33.4	g/dl	32 - 36
RDW	13.9	%	11.50 - 14.50
Total Leucocytes (WBC) Count	7160	/cumm	4000-11000

DIFFERENTIAL COUNT

Neutrophils	68.0	%	40 - 70
Lymphocytes	29.0	%	20 - 50
Eosionphils	2.0	%	01 - 06
Monocytes	1.0	%	00 - 08
Basophils [calculated]	0	%	00-01

SMEAR STUDY

RBC Morphology	Normocytic Normocromic.		
WBC Morphology	No E/o Toxic granules seen		
Platelets On Smear	Adequate on Smear		
Platelet Count	209000	/cumm	150000 - 450000
MPV	11.5	fL	6.5 - 10.0

Comments :-

Method:-

HB:-Colorimetric, Total WBC:-Impedance/Flow Cytometry, HCT, MCV, MCH, MCHC, RDW-CV:-Calculate, Diff. Count: Flow Cytometry / Manual Stained Smear Microscopy, RBC: Impedance, Platelets : Impedance Method.

Technique :-

Fully Automated 5 part Diff. Cell Counter .

All Test Results are subjected to stringent international External and Internal Quality Control Protocols

****END OF REPORT****


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Test Description	Results	Units	Biological Reference Range
<u>GLYCOCYLATED HAEMOGLOBIN</u>			
Sample Type : EDTA / Whole Blood			
Glycocyalted Haemoglobin (HbA1c) [Tosoh HPLC]	6.0	%	<5.7%NON DIABETIC 5.7-6.4% PRE-DIABETIC >6.5% DIABETIC <7.0% GOAL FOR DIABETIC ON TREATMENT
MEAN BLOOD GLUCOSE	125.50	mg/dL	116.89 - 154.2

END OF REPORT

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Test Description	Results	Units	Biological Reference Range
<u>FASTING BLOOD SUGAR</u>			
Sample Type : Flouride R			
Fasting Blood Sugar [GOD - POD]	110.6	mg/dl	Normal : 70 - 99 mg/dl impaired Tolerance : 100 - 125mg/dl Diabetes Mellitus : >126 mg/dl
Technique :-	Fully Automated Biochemistry Analyser ERBA EM-200		

END OF REPORT

Dr. Sudhamani S. MD
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Test Description	Results	Units	Biological Reference Range
------------------	---------	-------	----------------------------

BLOOD UREA LEVEL (BUL)

Sample Type : Serum

Urea	23.3	mg/dl	10 - 40
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[Urease - GLDH]

Bun	10.88	mg/dl	6 - 21
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[Calculated]

Technique :- Done On Fully Automated Biochemistry Analyser ERBA EM-200

END OF REPORT

Dr. Sudhamani S. MD
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Bill ID : 92104



Test Description	Results	Units	Biological Reference Range
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LIVER FUNCTION TEST

Sample Type : Serum

TOTAL BILIRUBIN	1.18	mg/dl	0.3-1.3 mg/dl
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[DIAZO]

BILIRUBIN-DIRECT	0.58	mg/dl	0.1-0.4 mg/dl
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[DIAZO]

BILLIRUBIN-INDIRECT	0.60	mg/dl	0.1-0.9 mg/dl
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[CALCULATED]

S.G.O.T. (AST)	22.4	IU/L	5-40 IU/L
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[IFCC without Pyridoxal Phosphate]

S.G.P.T.(ALT)	18.3	IU/L	5-40 IU/L
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[IFCC without Pyridoxal Phosphate]

ALKALINE PHOSPHATASE	81	IU/L	44-147 IU/L
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[Amino Methyl Propanol (AMP)]

TOTAL PROTEINS	7.58	IU/L	6.0 - 8.5g/dL
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[BIURET]

ALBUMIN	4.27	g/dl	3.5-5.0 g/dl
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[BROMO CRESOL GREEN (BCG)]

GLOBULIN	3.31	gm%	2.3-3.5 gm%
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[CALCULATED]

ALBUMIN/GLOBULIN RATIO	1.29		
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[CALCULATED]

GAMMA GT	20.2	U/L	0 - 45
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Technique : Fully Automated Biochemistry Analyser ERBA EM-200

****END OF REPORT****

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Test Description	Results	Units	Biological Reference Range
------------------	---------	-------	----------------------------

SR. URIC ACID

Sample Type : Serum

Uric Acid [Uricase - POD]	5.9	mg/dl	3.6 - 7.7
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Technique :- Done On Fully Automated Biochemistry Analyser ERBA EM-200.

****END OF REPORT****

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Test Description	Results	Units	Biological Reference Range
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LIPID PROFILE

Sample Type : Serum

TOTAL CHOLESTEROL

113

mg/dL

Desirable : <200 mg/dl

[CHOD-PAP]

Borderline : 200 - 239mg/dl

High : >240 mg/dl

TRIGLYCERIDES

94.7

mg/dL

Desirable : <150 mg/dl

[Glycerol Phosphate Oxidase]

Borderline : 150 - 199mg/dl

High : >200mg/dl

HDL CHOLESTEROL [Direct]

41.4

mg/dL

Desirable : >40 mg/dl

Borderline Risk : 35 mg/dl

High Risk : <30 mg/dl

LDL CHOLESTEROL [Calculated]

52.66

mg/dL

Desirable : <100 mg/dl

Borderline : 130 - 160mg/dl

High : >160mg/dl

VLDL Cholesterol

18.94

mg/dL

Desirable : <26 mg/dl

[Calculated]

Borderline : >30 mg/dl

Total Chol / HDL Chol Ratio

2.73

mg/dL

Desirable : <5 %

[Calculated]

LDL / HDL Ratio

1.27

1.00 - 3.55

[Calculated]

NON-HDL CHOLESTEROL

71.60

mg/dL

Desirable : <130 mg/dl

[Calculated]

Borderline : 160 - 189 mg/dl

High : >220 mg/dl

Technique:

Fully Automated Biochemistry Analyser ERBA EM-200.

END OF REPORT

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Test Description	Results	Units	Biological Reference Range
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TOTAL THYROXINE (T4)

Sample Type : Serum

Total Thyroxine (T4) [CLIA]	53.84	ng/ml	52 - 127
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****END OF REPORT****

Dr. Sudhamani S. MD
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Test Description	Results	Units	Biological Reference Range
------------------	---------	-------	----------------------------

THYROID STIMULATING HORMONE (TSH)

Sample Type : Serum

Thyroid Stimulative Hormone (TSH) [CLIA]	5.873	μ IU/mL	0.3 - 4.5 1st trimester - 0.1 - 2.5 μ IU/mL 2nd trimester - 0.2 - 3 μ IU/mL 3rd trimester - 0.3 - 3 μ IU/mL
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Clinical Significance :-

1. Serum TSH concentrations exhibit a diurnal variation with the peak occurring during the night.
2. Useful for:Screening for thyroid dysfunction and detecting mild (subclinical), as well as overt, primary hypo- or hyperthyroidism in ambulatory patients.
3. Monitoring patients on thyroid replacement therapy.
4. Confirmation of thyroid-stimulating hormone (TSH) suppression in thyroid cancer patients on thyroxine suppression therapy.
- 5.Prediction of thyrotropin-releasing hormone-stimulated TSH response.

****END OF REPORT****

Dr. Sudhamani S. MD
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------------------	---------	-------	----------------------------

TOTAL TRIIODOTHYRONINE (T3)

Sample Type : Serum

TotalTriiodothyronine (T3) [CLIA]	1.272	ng/dL	0.69 - 2.15
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****END OF REPORT****

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Test Description	Results	Units	Biological Reference Range
<u>CREATININE</u>			
Sample Type : Serum			
Creatinine	1.09	mg/dl	0.40 - 1.40
[Enzymatic]			
Estimated GFR	84.77	ml/min/1.73sq m	Normal: >90 Mild Decrease : 60-89 Mild Moderate Decrease : 45-59 Moderate to Severe Decrease : 30-44 Severe Decrease ; 15-29 Kidney Failure : <15
[Calculated]			
Formula	Estimated GFR Calculate By CKD-EPI Formula.		
Technique :-	Done On Fully Automated Biochemistry Analyser ERBA EM-200		

END OF REPORT

Dr. Sudhamani S. MD
Consultant Pathologist
Reg. No. : 90461

R



NRUSINGHA MAHAPATRO 46Y M 12/29/2023
OLIVE DIAGNOSTIC, SEAWOOD SEC 40


भारत सरकार
 Government of India


नरसिंह महापात्रो
 Neusingha Mahapatro
 जन्म तारीख/ DOB: 15/05/1977
 लिंग / MALE



8837 7012 8205

माझे आधार, माझी ओळख


भारत सरकार
 Unique Identification Authority of India

पता:
 S/O दुर्ग चरण महापात्रो, मधुवन
 मीनवहन, फ्लॉट नं. 06, प्लॉट नं. 201,
 सेक्टर - 21, नवम नुई, नवी मुंबई, ठाणे,
 महाराष्ट्र - 400708

Address:
 S/O Durg Charan Mahapatro,
 Madhuvan CHS, Flat No. 06,
 Plot No. 201, Sector - 21, New
 East, New Mumbai, Thane,
 Maharashtra - 400708

8837 7012 8205


Dr. Mahesh V. Padsalge
 MD. (Medicine)
 Consultant Physician
 Reg. No. 91424 (MCO)

84 bpm
- / - mmHg

29 12 2023 11 15 27
DIABECARE DIABETES & ENDOCRINE
OFF GRAND CENTRAL MALL
SEAWOOD

Handwritten: Lungs OK
Signature: [Signature]

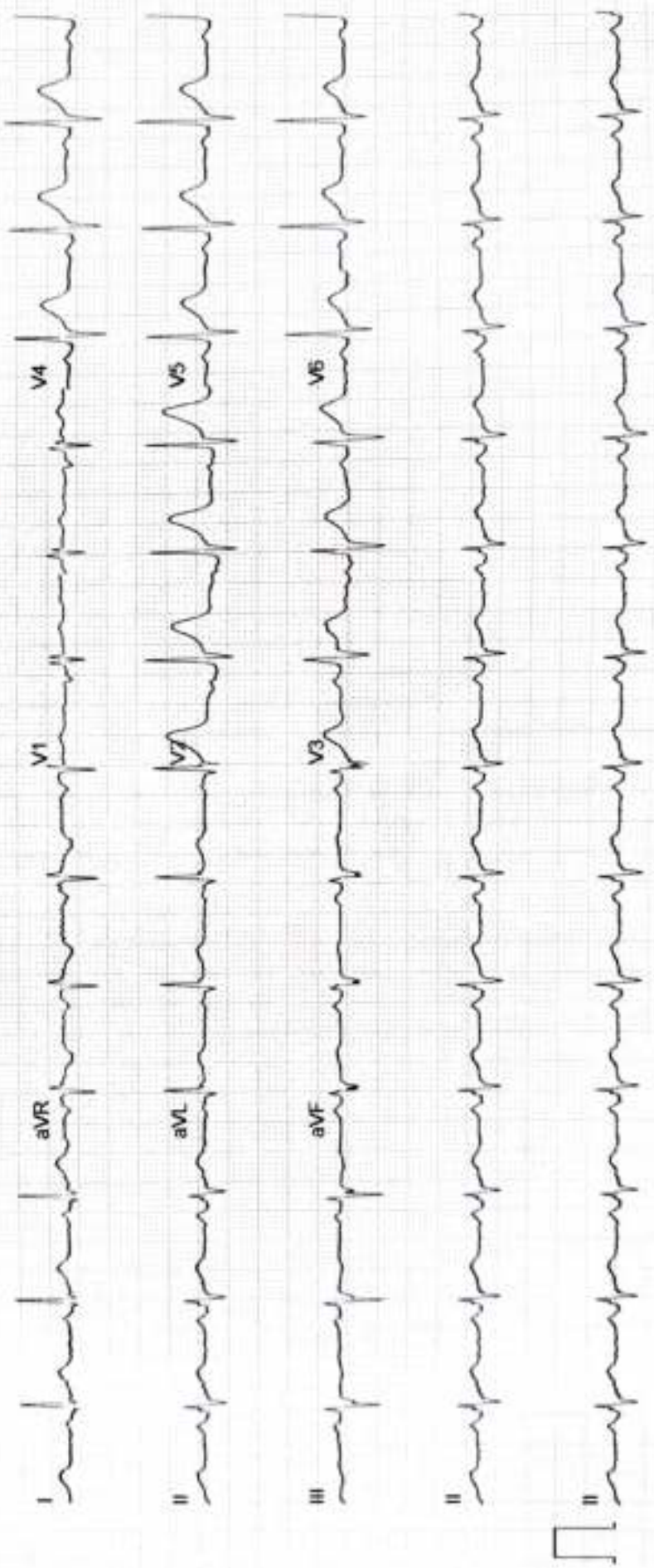
Dr. Mahesh V. Padsalge
MD. (Medicine)
Consultant Physician
Reg. No. 61424 (MMFC)

Normal sinus rhythm
Normal ECG

QRS 82 ms
QT / QTcBaz 368 / 434 ms
PR 150 ms
P 106 ms
RR / PP 716 / 714 ms
P / QRS / T 52 / -18 / 15 degrees

Nrusingha mahapat ro
ID: 46

Male



DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

Name: **NRUSINGHA MAHAPATRO**

Date: 29-12-2023

Time: 10:13

Age: 46

Gender: M

Height: 170 cms

Weight: 72 Kg

ID: 56554

Clinical History: **HEALTH CHECKUP**

Medications:

Test Details:

Protocol: Bruce

Predicted Max HR: 174

Target HR: 147 (85% of Pr. MHR)

Exercise Time: 0:09:06

Achieved Max HR: 164 (94% of Pr. MHR)

Max Meets: 10.2

Max BP: 150/80

Max BP x HR: 24600

Test Termination Criteria: Target HR attained

Protocol Details:

Stage Name	Stage Time	MEETS	Speed km/hr	Grade %	Heart Rate bpm	BP mmHg	RPE	ST Level mm	ST Slope mV/s
Baseline	00:12	1	0	0	70	120/80	9/48	1 V2	0.6 V4
Standing	00:16	1	0	0	78	120/80	9/60	0.9 V3	0.81
20% Vertical	00:16	1	0	0	90	120/80	10/60	0.9 V2	0.5 V3
Flat	00:20	1	1.6	0	85	130/80	11/50	0.9 V2	0.5 V3
Stage 1	00:30	4.7	2.7	10	101	130/80	13/30	0.9 V4	0.9 V4
Stage 2	00:50	2	4	12	127	140/80	19/80	0.6 V2	1.5 V4
Stage 3	01:00	10.1	5.5	14	162	150/80	24/30	1.4 V3	1.2 V1
Peak Exercise	00:56	10.2	6.8	16	164	150/80	24/60	0.8 III	1.7 V4
Recovery 1	01:00	1	0	0	107	140/80	14/90	0.6 I	1.1 V4
Recovery 2	01:00	1	0	0	98	130/80	12/40	0.4 III	0.4 V3
Recovery 3	02:36	1	0	0	98	120/80	11/60	0.4 III	0.4 V3

Interpretation

NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHEMIA.

Dr. Mahesh V. Palsalge

MD, (Medicine)
Consultant Physician
Reg. No. 91424 (MMA)

Ref. Doctor: **MEDIWHEEL**

Doctor: **DR MAHESH PADSALGE**

SCHILLER

DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

ID: 56554

Date: 29-12-2023

Exec Time : 0:00:00

Stage Time: 00:12

HR: 79 bpm

Bruce Protocol

Stage: Supine

Speed: 0 km/h

Slope: 0%

THR: 147 bpm

BP: 120/80 mmHg

ST1:ecg1m1 ST2:ecg1m1V1

ST1:ecg1m1 ST2:ecg1m1V9

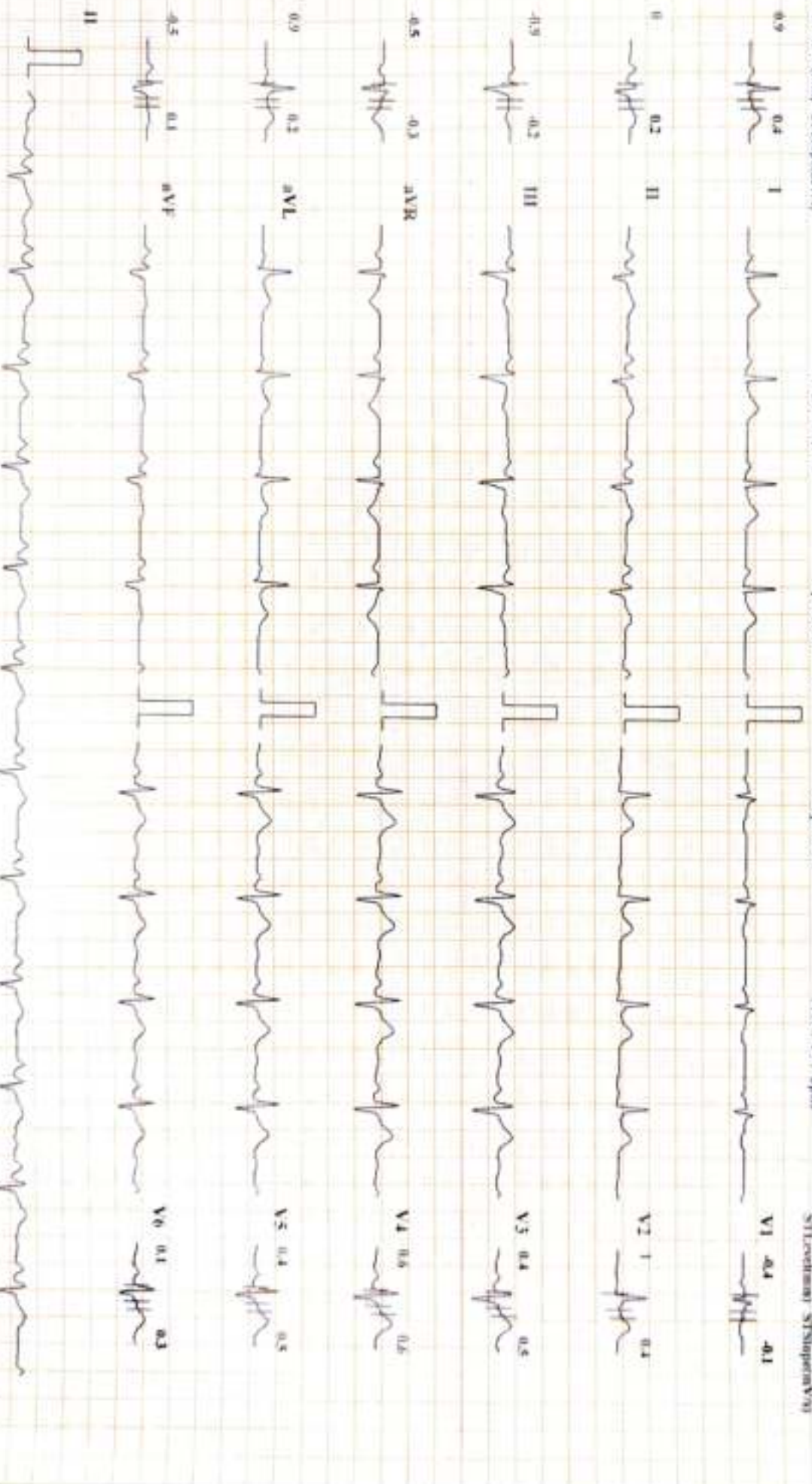


Chart Speed: 25 mm/Sec

Amplitude: 10mm=1mV

Filter: 25 Hz Matrix Filter: ON

ISO = R + 60 ms, J = R + 60 ms, Post J = J + 60 ms

Scholar Cardio CS-20 Version: 3.4

Lead and Markers

DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)
ID: 56554

Bruce Protocol

ID: 56554

Date: 29-12-2023

Exec Time: 0:00:00

Stage Time: 00:06

HR: 78 bpm

BP: 120/80 mmHg

ST1 (Level:mm) ST3 (Slope:V/m)

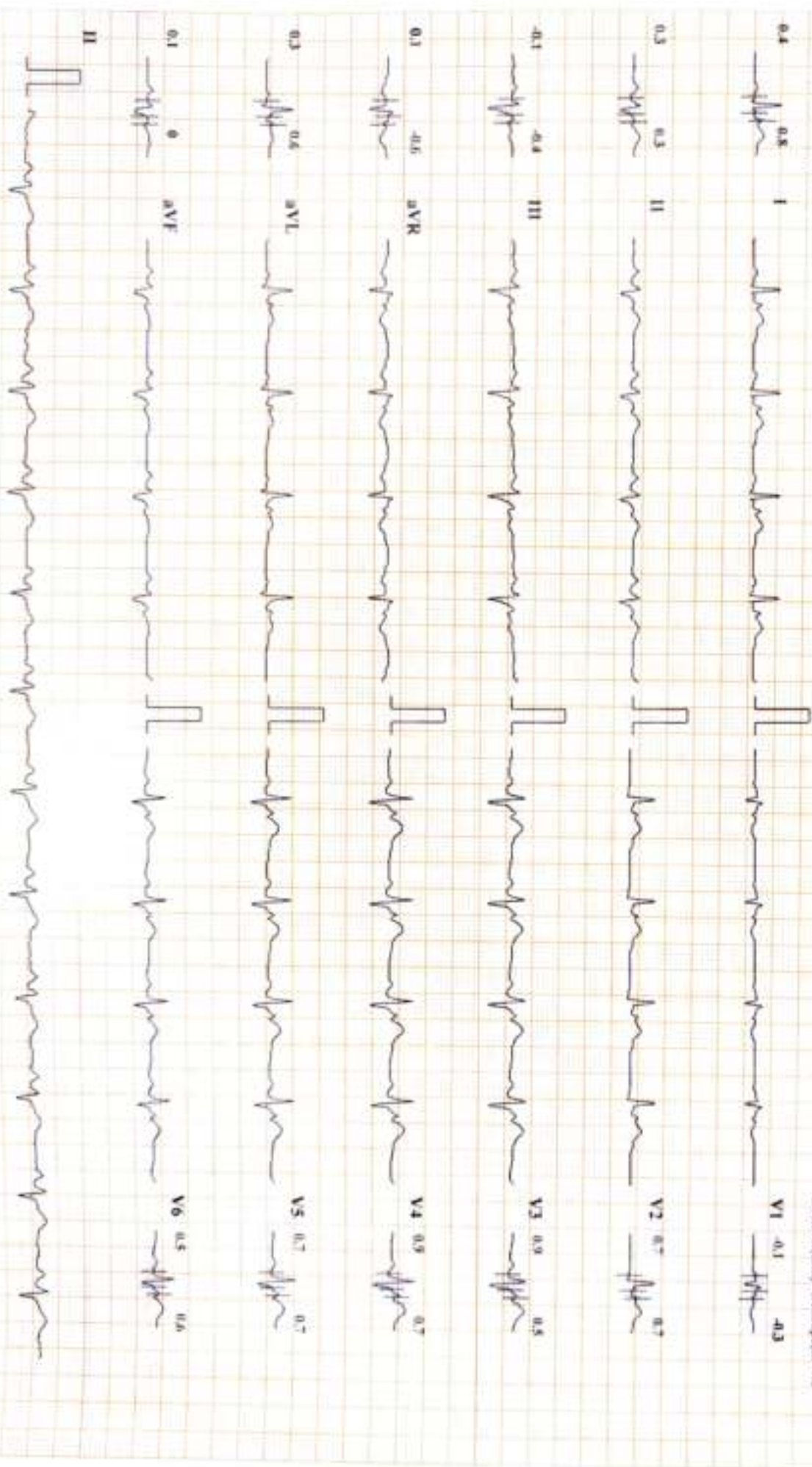
Stage: Standing

Speed: 0

Slope: 0 %

TfHR: 147 bpm

ST1 (Level:mm) ST3 (Slope:V/m)



DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

Bruce Protocol ID: 56554

Date: 29-12-2023

Exec Time : 0:00:00

Stage Time: 05:56

HR: 90 bpm

BP: 120/80 mmHg

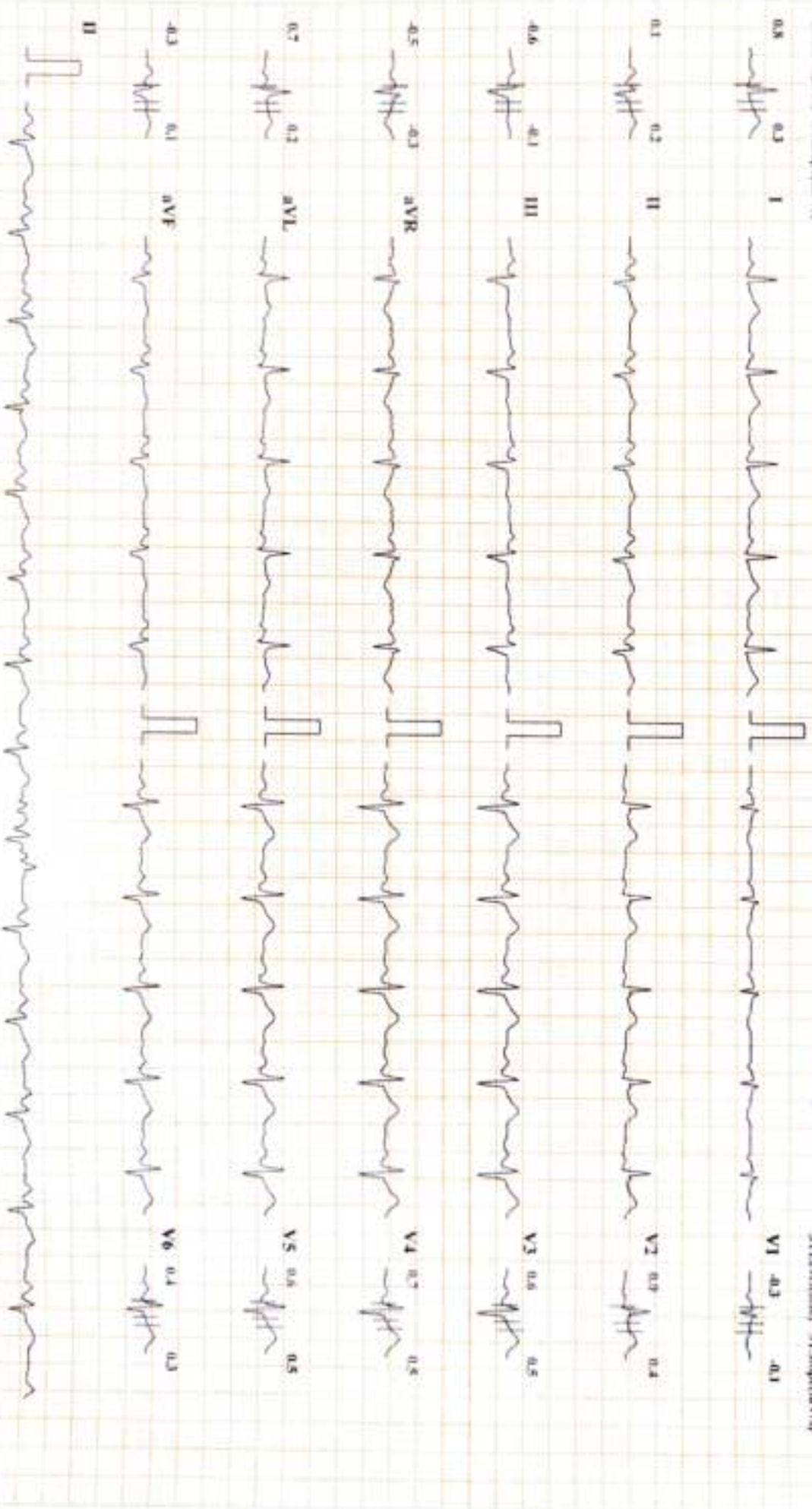
ST1(ecin1m) ST3(ecin1m)V10

Stage: HyperVentilation Speed: 0

Slope: 0 %

THR: 147 bpm

ST1(ecin1m) ST3(ecin1m)V10



DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

ID: 56554

Date: 29-12-2023

Exec Time : 0:00:00

Stage Time: 00:07

HR: 85 bpm

BP: 130/80 mmHg

STLevel(mV) STSegment(Vx)

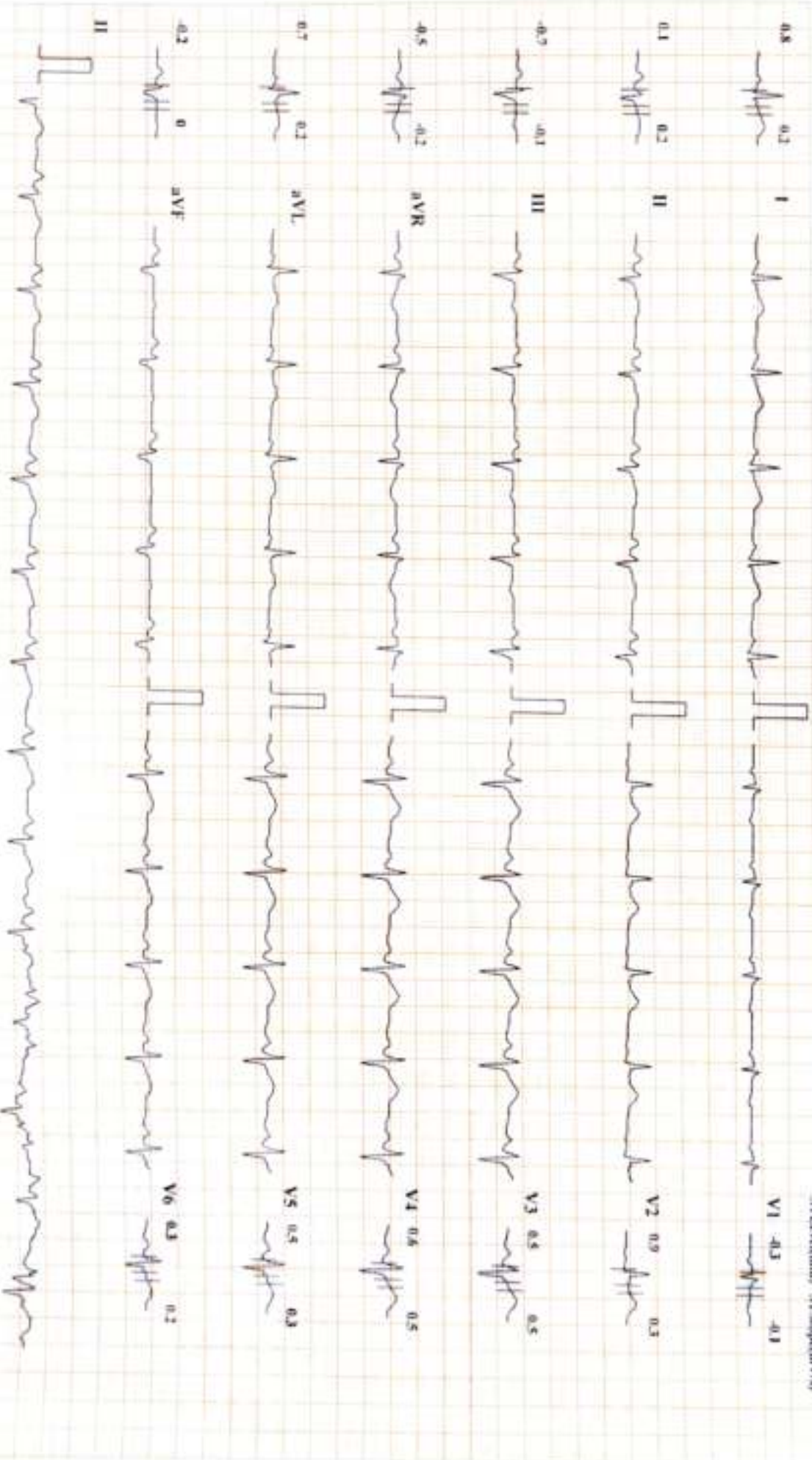
Stage: PreTest

Speed: 1.6

Slope: 0 %

THR: 147 bpm

STLevel(mV) STSegment(Vx)



DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

BRUCE Protocol ID: 56554

STTLead(mv) STSimpet(mV/s)

Stage: 1

Date: 29-12-2025

Exec Time : 0-03:00

Stage Time: 03:00

Speed: 2.7 kmph

Slope: 10 %

THR: 147 bpm

HR: 101 bpm

BP: 130/80 mmHg

STTLead(mv) STSimpet(mV/s)

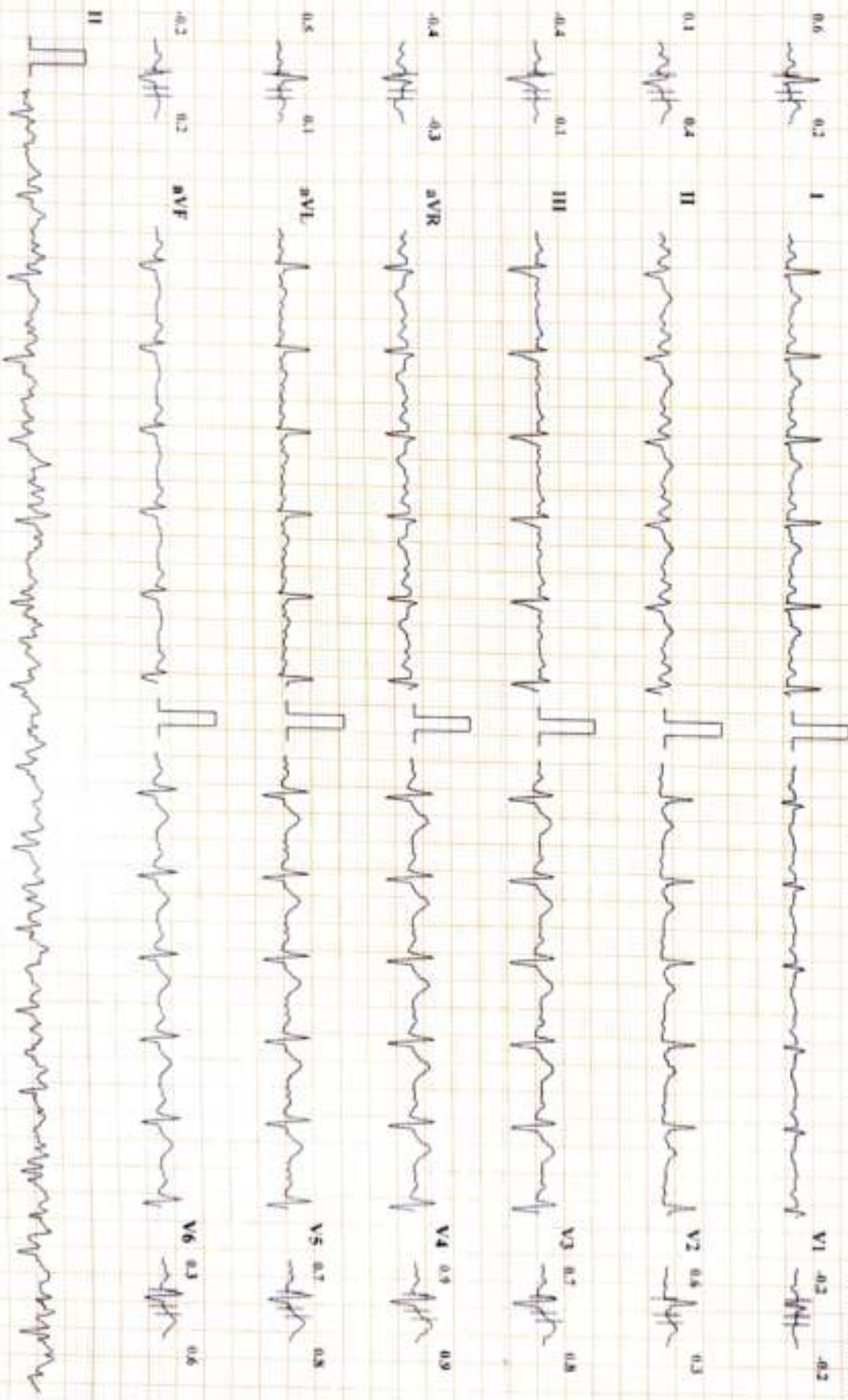


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISI) - R - 60 ms, I - R + 60 ms, Pnd I - J + 60 ms

Schiller Cardiovit CS-20 Version 3.4

1 - Inland Maharashtra

DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

ID: 56554

Date: 29-12-2023

Exec Time : 0:06:00

Stage Time: 03:00

HR: 137 bpm

Bruce Protocol

Stage: 2

Speed: 4 kmph

Slope: 12 %

THR: 147 bpm

Bp: 140/80 mmHg

STLevel(mm) STISlope(V%)

STLevel(mm) STISlope(V%)

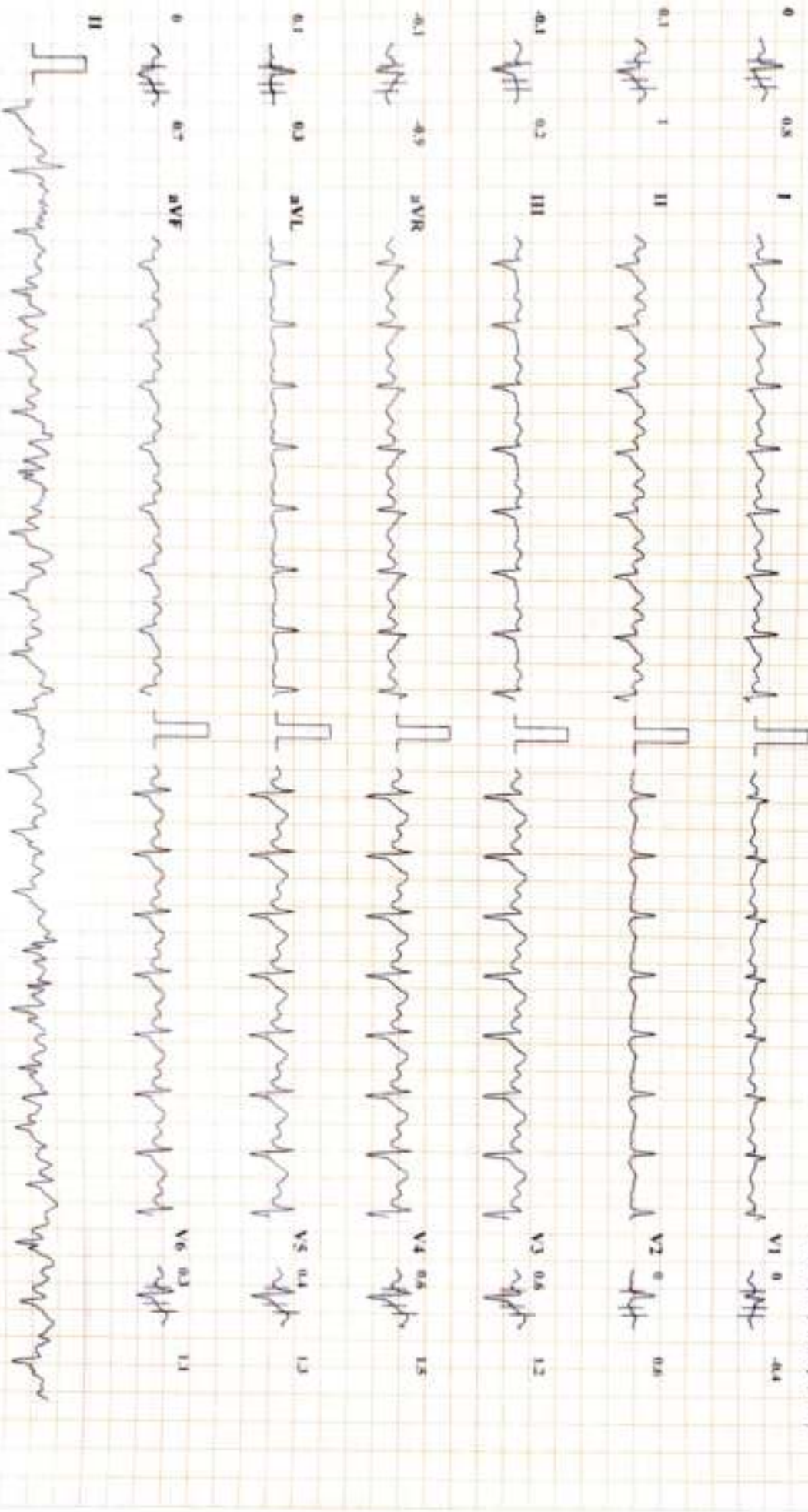


Chart Speed 25 mm/sec Amplitude: 10mm/mV Filter: 25 Hz Main Filter: ON P93 - R - 60 ms, J - R + 60 ms, P94 J - J + 60 ms

Schäfer Cardioport CS-20 Version 3.4

DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)
 ID: 56554

Bruce Protocol
 STLevel(m) STStage(m) Vm

Stage: 3

Date: 29-12-2023

Exec Time: 0:09:00

Stage Time: 03:00

HR: 162 bpm

Speed: 5.5 kmph

Slope: 14%

THR: 147 bpm

BP: 150/80 mmHg

STLevel(m) STStage(m) Vm

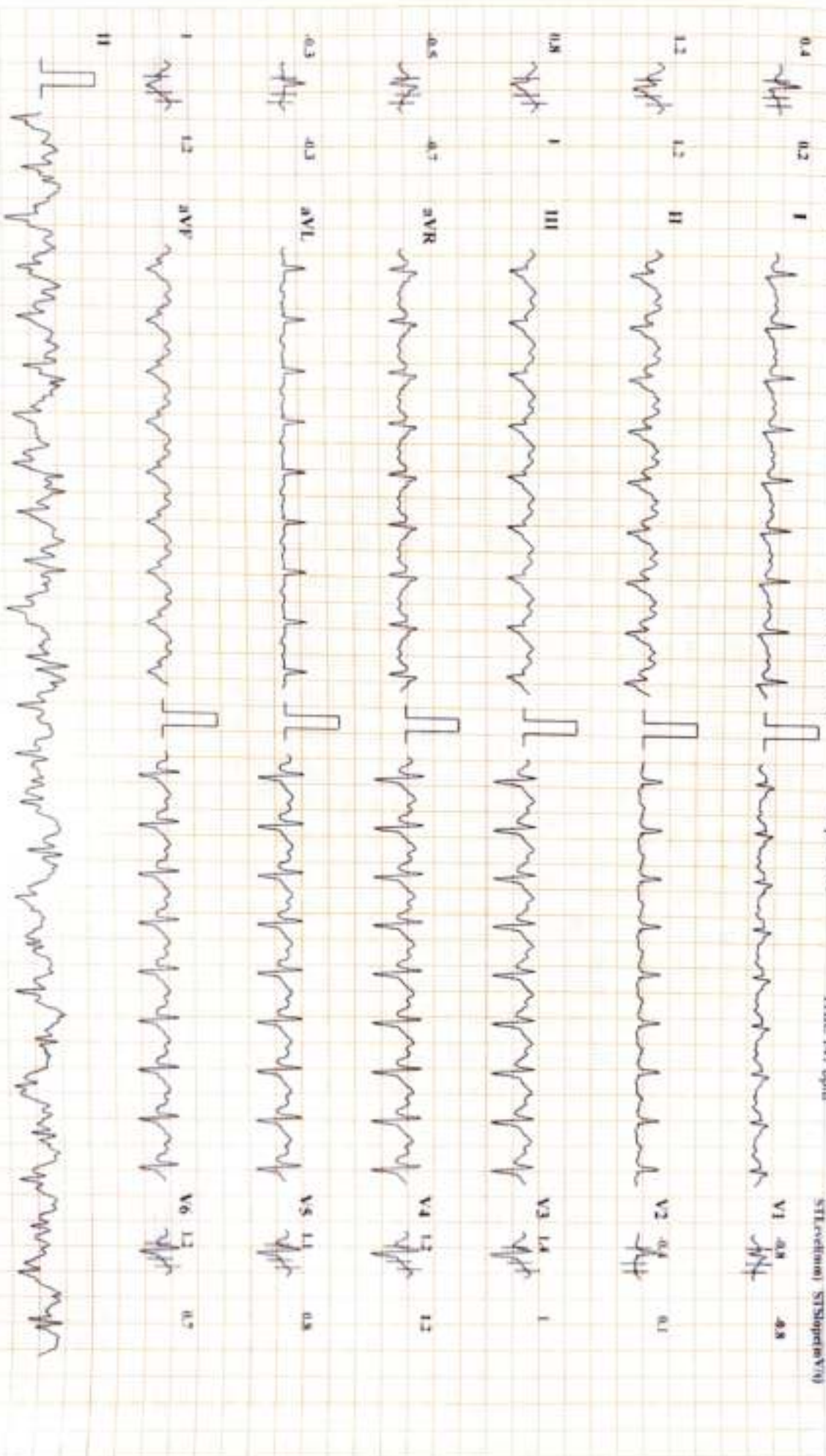


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Main Filter: ON

ISO - R - 60 ms, J - R + 60 ms, Post J - J + 60 ms

Schiller CardioX CS-20 Version 3.4

1 Indirect Measurement

DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

ID: 56554

Date: 29-12-2023

Exec Time : 0:09:06

Stage Time: 00:06

HR: 164 bpm

Brace Protocol

Stage: 4 Peak Exercise

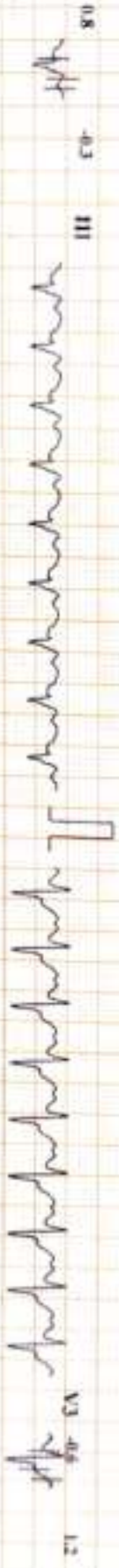
Speed: 6.8 kmph

Slope: 16 %

THR: 147 bpm

BP: 150/80 mmHg

STI (mV/mm) STISlope (V/s)

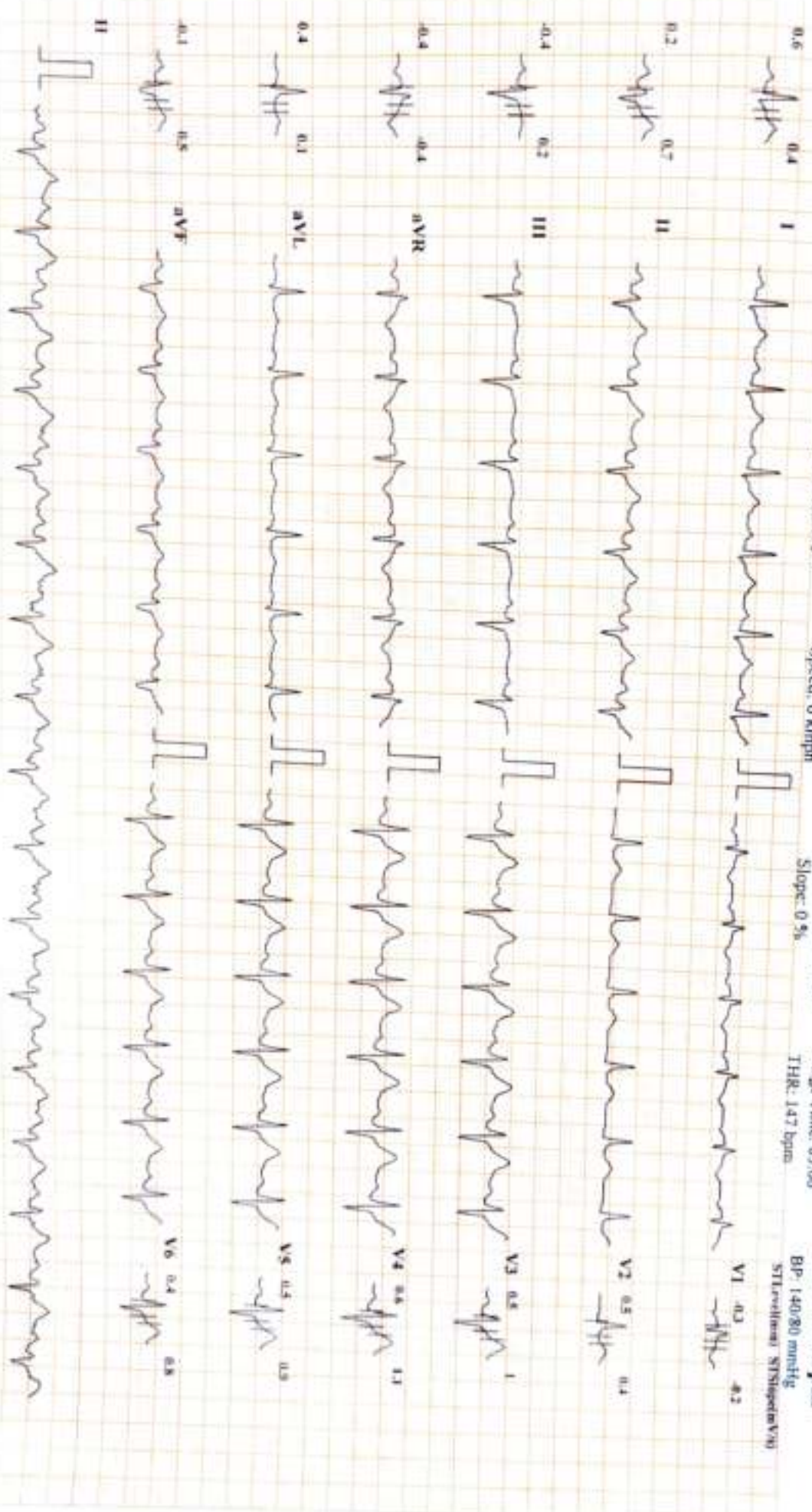


DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706
NRUSINGHA MAHAPATRO (46 M)
Bruce Protocol

ST1 (reel/mm) ST1 (strip/mm) V% Stage: Recovery 1 Date: 29-12-2023
Speed: 0 kmph Exec Time: 00:00 Stage Time: 03:00
Slope: 0 % THR: 147 bpm

HR: 107 bpm
BP: 140/80 mmHg

ST1 (reel/mm) ST1 (strip/mm) V%



DIABECARE DIABETES AND ENDOCRINE CLINIC SEAWOODS (W), NAVI MUMBAI - 400706

NRUSINGHA MAHAPATRO (46 M)

Bruce Protocol

ID: 56554

Date: 29-12-2023

Exec Time: 00:00

Stage Time: 02:56

HR: 98 bpm

ST-Lead(mv) ST-Slope(mV/s)

Stage: Recovery:3

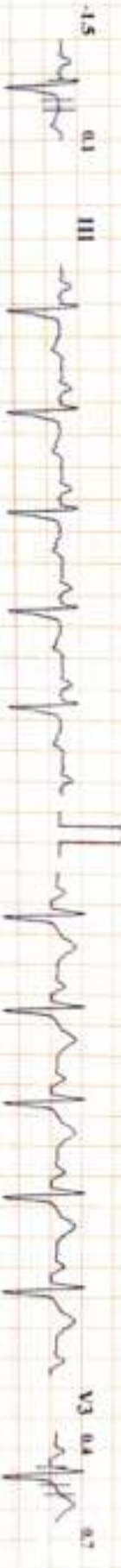
Speed: 0 kmph

Slope: 0.5%

THR: 147 bpm

BP: 120/80 mmHg

ST-Lead(mv) ST-Slope(mV/s)



NAME- NRUSINGHA MAHAPATRO

DATE-29/12/2023

AGE- 46/M

X-RAY CHEST PA

The Bony Thorax is Normal.

Both The Costophrenic And Cardiophrenic Angles Are Clear.

Cardiac Shape And Size Appears Normal.

The Lung Field Appears Normal.

Both The Hila Are Normal In Density And Position.

Impression: - Normal Chest X-Ray.

For, *Ana*

DR.MRUDULA BABAR
CONSULTANT RADIOLOGIST

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MBBS, M.D. DMRE (RADIOLOGY)
CPS MUMBAI 2009
REG. NO. 2005/03/2139

Name : MR NRUSINGHA MAHAPATRO	Age/sex: 46 Yrs. /MALE
Ref by: MEDIWHEEL	Date: 29/12/2023

ULTRASOUND EXAMINATION OF ABDOMEN & PELVIS

Findings-

The Liver is normal in size (12.7cm), shape and echogenicity. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is distended. The proximal C.B.D. is normal caliber

Visualized head of Pancreas appears normal in size and reflectivity. The pancreatic duct is not dilated. Rest of the pancreas and retro peritoneum is obscured by bowel gases

The spleen is normal in size (10.8cm), No focal lesion is seen. Splenic vein is normal at hilum.

Both kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary differentiation. There is no evidence of renal calculus, hydronephrosis or mass.

Right kidney measures 9.6 x 5.2 cm

Left kidney measures 10.3 x 5.0cm

The Urinary bladder is well distended. No evidence of any intraluminal mass or calculi.

The visualized Prostate appears normal in size, shape and homogenous echotexture, its measures 2.8 x 2.7x3.2 cm-13.4 cc

There is no free fluid is seen in the pelvis. No probe tenderness in present study.

IMPRESSION:-

- No significant abnormality is seen in present study.
- Adv : clinical correlation.



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