

**Dr. Vimmi Goel**  
Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC-2014/010113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

MediHubel Also - Nagpur.  
**KIMS-KINGSWAY**  
HOSPITALS

Name: Mrs. Maker Jain Date: 30/9/24

Age: 29yr Sex: MF Weight: 56 kg Height: 172.2 inc BMI: 18.9

Bp: 105/65 mmHg Pulse: 88/min bpm RBS: MP-8/9/24 mg/dl

29/F

F/H - Both parents HT

H/O Big weight loss over

8mths

comp. hair fall

Wt < R / many pm cells

No burning micturition

OLE

5up°

Wt < R / N.  
P/A

Adv.

Wt < R

S. vit B<sub>12</sub>  
S. vit D<sub>3</sub>

To see a, Traction Abuse  
(Lr. knee Pain)

A.

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>PATIENT NAME</b> MAYEK JAIN	<b>CONSULT DATE</b> : 30-09-2024	<b>DR. ASHISH PRAKASHCHANDRA</b>
<b>28Y(S) DM(S) DO(S)YF</b> MRNP2425022947	<b>CONSULT ID</b> : OPC2425073461	<b>KAMBLE</b>
<b>8770383562</b>	<b>CONSULT TYPE</b> : WALK IN	<b>MBBS,MS, FVRS,FICO</b>
<b>MARRIED</b>	<b>VISIT TYPE</b> : NORMAL	<b>CONSULTANT</b>
	<b>TRANSACTION</b>	<b>DEPT OPHTHALMOLOGY</b>
	<b>TYPE</b> : CASH	

**VITALS**

**Temp** : Pulse : BP (mmHg) : spo2 : Pain Score : Height :  
- F - /mtn - %RA - /'10 - cms  
**Weight** : **BMI** :  
- kgs -

**CHIEF COMPLAINTS**  
ROUTINE EYE CHECK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	LUBRMOIST EYE DROPS 10ML.	Eye	1-1-1-1	Every Day	NA	2 months

Compendium : SOCIETY HYGIENIC/OMATE 0.7% MV

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

**EYE**    **SPH**    **CYL**    **AXIS**    **VISION**

**RIGHT**    **00**    **00**    **00**    **6/6**  
**EYE**

**LEFT**    **00**    **00**    **00**    **6/6**  
**EYE**

**NEAR ADDITION**

**RIGHT**    **00**    **NS**

**LEFT**    **00**    **NS**

**Dr. Ashish Prakashchandra Kamble**  
**MBBS,MS, FVRS,FICO**  
Consultant

Printed On :30-09-2024 14:10:42

Name: Ms. Maheta Jain

Date: 30/09/24

Age: 29/8

Sex: M/F

Weight:

kg

Height:

inc

BMI:

BP:

mmHg

Pulse:

bpm

RBS:

mg/dl

30/9/24

Routine. Checkup.

- Missing teeth = 6/1
- Occlusal pit caries = 1/4

- calculus +  
stain +.

Advice :-

Implant = 6/1  
complate oral prophylaxis

Dr. Rahul Atara


**CLINICAL DIAGNOSTIC LABORATORY**
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age /Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:10 am	<b>Report Date</b> : 30-Sep-24 11:31 am

**HAEMOGRAM**

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	<b>11.7</b>	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		<b>35.5</b>	36.0 - 46.0 %	Calculated
RBC Count		3.88	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		92	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		30.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.8	31.5 - 35.0 g/l	Calculated
RDW		<b>15.4</b>	11.5 - 14.0 %	Calculated
Platelet count		314	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		4700	4000 - 11000 cells/cumm	Impedance
<b><u>DIFFERENTIAL COUNT</u></b>				
Neutrophils		65.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		25.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		<b>0.7</b>	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		9.2	2 - 10 %	Flow Cytometry/Light microscopy
<b>S</b> Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Lymphocyte Count		1179.7	1000 - 4800 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. MAHEK JAIN  
**Age / Gender** : 29 Y(s)/Female  
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**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Sep-24 10:10 am  
**Report Date** : 30-Sep-24 11:31 am

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Biological Reference</b>	<b>Method</b>
Absolute Eosinophil Count		32.9	20 - 500 /cumm	Calculated
Absolute Monocyte Count		432.4	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b>PERIPHERAL SMEAR</b>				
RBC		Normochromic		
WBC		Normocytic		
Platelets		As above		
ESR		Adequate		
		25	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

SF

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age / Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:08 am	<b>Report Date</b> : 30-Sep-24 11:37 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	90	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
<b>HbA1c</b>		4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss  
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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age /Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 12:29 pm	<b>Report Date</b> : 30-Sep-24 02:31 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	79	< 140 mg/dl	GOD/POD, Colorimetric

**Interpretation:**

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting  $\geq$  126 mg/dl

Random/2Hrs. OGTT  $\geq$  200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

\*\*\* End Of Report \*\*\*

SE

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Anuradha Deshmukh, MBBS,MD**  
**CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. MAHEK JAIN  
**Age / Gender** : 29 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051930/MRNP2425022847  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Sep-24 10:10 am  
**Report Date** : 30-Sep-24 11:37 am

**LIPID PROFILE**

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	139	Enzymatic(CHE/CHO/PO D)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		< 150 mg/dl	
LDL Cholesterol Direct		> 50 mg/dl	
VLDL Cholesterol		< 100 mg/dl	
Tot Chol/HDL Ratio		< 30 mg/dl	
		3 - 5	

Intiate therapeutic	Results	Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent		>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		>130, optional at 100-129	
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100026

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age / Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:10 am	<b>Report Date</b> : 30-Sep-24 11:37 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.46	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.16	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		79	38 - 126 U/L	
SGPT/ALT		25	13 - 45 U/L	
SGOT/AST		26	13 - 35 U/L	
Serum Total Protein		7.49	6.3 - 8.2 gm/dl	
Albumin Serum		4.37	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.11	2.0 - 4.0 gm/dl	
A/G Ratio		1.4		

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. MAHEK JAIN  
**Age / Gender** : 29 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051930/MRNP2425022847  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Sep-24 10:10 am  
**Report Date** : 30-Sep-24 11:37 am

**RFT**

**Parameter**

Blood Urea  
Creatinine  
GFR  
Sodium  
Potassium

**Specimen**  
Serum

**Result Values**

**10**  
**0.5**  
130.1  
136  
4.02

**Biological Reference**

15.0 - 36.0 mg/dl  
0.52 - 1.04 mg/dl  
>90 mL/min/1.73m square.  
136 - 145 mmol/L  
3.5 - 5.1 mmol/L

**Method**

Direct ion selective  
electrode  
Direct ion selective  
electrode

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. MAHEK JAIN  
**Age / Gender** : 29 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051930/MRNP2425022847  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Sep-24 10:10 am  
**Report Date** : 30-Sep-24 11:59 am

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.63	0.55 - 1.70 ng/ml	Enhanced Chemiluminescence
Free T4		1.48	0.80 - 1.70 ng/dl	
TSH		1.53	0.50 - 4.80 uIU/ml	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100026

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age / Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:35 am	<b>Report Date</b> : 30-Sep-24 11:37 am

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	40 ml		
Colour.		Pale yellow		
Appearance		Hazy	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.010	1.005 - 1.025	ion concentration
Reaction (pH)		7.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		many	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age / Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:35 am	<b>Report Date</b> : 30-Sep-24 11:37 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Crystals		Absent	
Others		bacilli+	
*** End Of Report ***			

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. MAHEK JAIN  
**Age / Gender** : 29 Y(s)/Female  
**Bill No/ UMR No** : BIL2425051930/MRNP2425022847  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 30-Sep-24 10:35 am  
**Report Date** : 30-Sep-24 11:37 am

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
Comment		Fasting Urine Sugar		
		*** End Of Report ***		

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11101075

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**Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mrs. MAHEK JAIN	<b>Age / Gender</b> : 29 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2425051930/MRNP2425022847	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 30-Sep-24 10:10 am	<b>Report Date</b> : 30-Sep-24 11:49 am

**BLOOD GROUPING AND RH**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
<b>BLOOD GROUP.</b>	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
<b>Rh (D) Typing.</b>		" Positive "(+Ve) *** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

**DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE**

NAME	MAHEK JAIN	STUDY DATE	30-09-2024 11:37:01
AGE/ SEX	29Y 1D / F	HOSPITAL NO.	MRNP2425022847
ACCESSION NO.	BIL2425051930-10	MODALITY	DX
REPORTED ON	30-09-2024 12:20	REFERRED BY	Dr. Vimmi Goel

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION** -No pleuro-parenchymal abnormality seen.



**DR AVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST.**

PATIENT NAME:	MAHEK JAIN	AGE /SEX:	29 YRS/FEMALE
UMR NO:	MRNP2425022847	BILL NO:	BIL2425051930-2
REF BY	DR VIMMI GOEL	DATE:	30/SEP/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size, shape and shows normal echotexture.  
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Right kidney measures 10.0 x 4.0 cm and left kidney measures 10.8 x 5.5 cm.  
Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.


URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 8.6 x 4.8 x 5.8 cm.  
No focal myometrial lesion seen.

Endometrial echo-complex appears normal. ET-7mm  
Both ovaries seen. No adnexal mass lesion seen.  
There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

- No significant visceral abnormality seen.  
Suggest clinical correlation / further evaluation.



**DR NAVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST**



Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Mahak, Jain  
Patient ID: 022847  
Height:  
Weight:  
Study Date: 30.09.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 06.10.1995  
Age: 28yrs  
Gender: Female  
Race: Indian  
Referring Physician: -- Mediwheel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

### Medical History:

NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Case Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:11	0.00	0.00	107	110/70	
	HYPERV.	00:01	0.00	0.00	107		
	WARM-UP	00:04	0.00	0.00	109		
EXERCISE	STAGE 1	03:00	1.70	10.00	134	110/70	
	STAGE 2	03:00	2.50	12.00	164	120/70	
	STAGE 3	01:02	3.40	14.00	176		
RECOVERY		01:00	0.00	0.00	129	120/70	
		02:00	0.00	0.00	105	120/70	
		00:15	0.00	0.00	126		

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 105 bpm rose to a maximal heart rate of 176 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

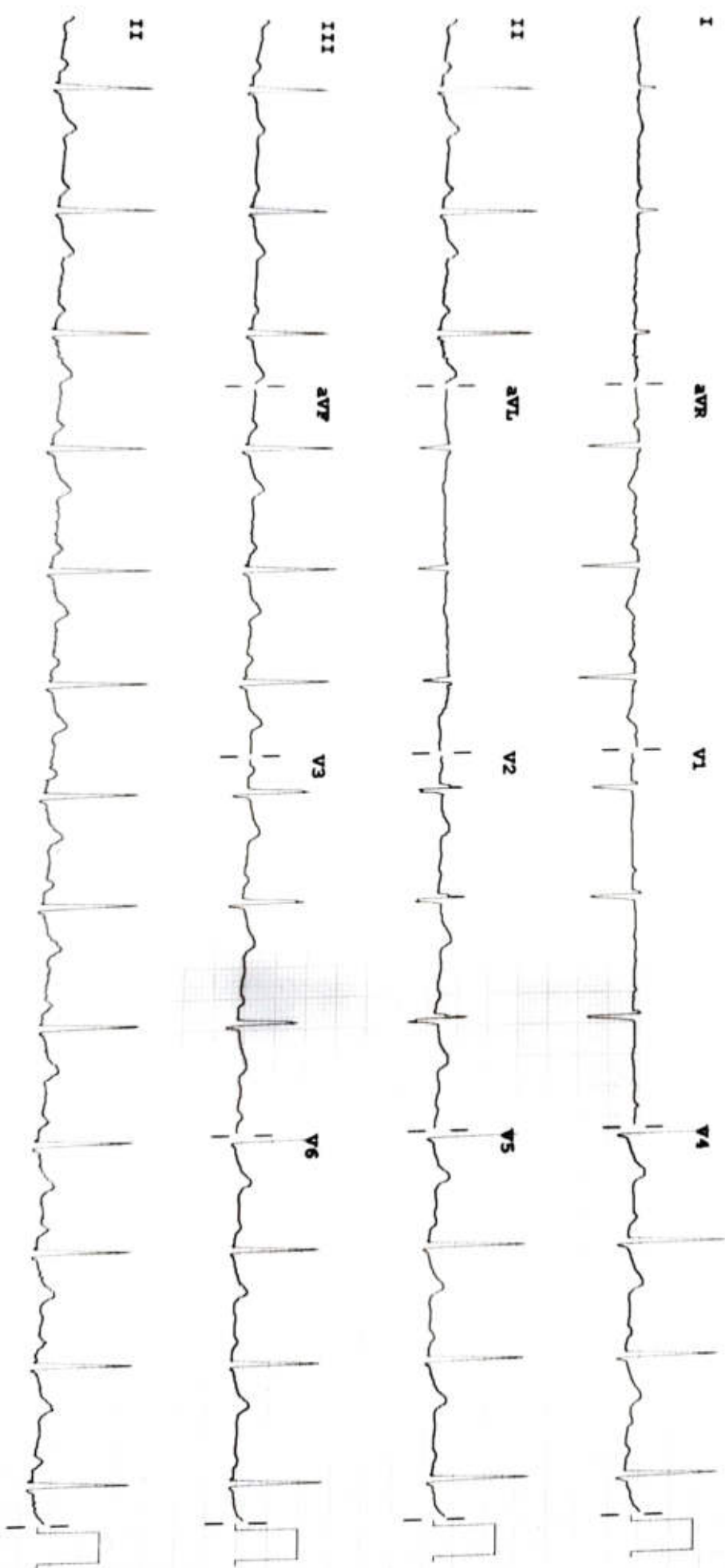
Overall impression: Normal stress test.

### Conclusions:

TMT is negative for inducible ischemia.

  
Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113





Device:

Speed: 25 mm/sec

Temp: 10 mm/mV

Chest: 10.0 mm/mV

PHILIPS

F 50 ~ 0.50-150 Hz W

100B CL

P