Name : Mr. KAMAL KRISHNA CHANDRA (44 /M) Date : 09/03/2024

Address : ASANSOL, OTHER, OTHER, OTHER, INDIA

UHID Examined by: : AMHL.0001971800

Package: MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK **AHC No: AMHLAH199413**



For corporate health checkup C/O Vertigo on turning head

PRESENT KNOWN ILLNESS

- Diabetes mellitus, No history of

Hypertension,

Dyslipidemia, Thyroid disorder, Heart disease,

Stroke, Asthma

Impaired glycaemia

Since - 5 yrs



NO KNOWN ALLERGY :09/03/2024



Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating; Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Covid 19 - No

- in childhood **Typhoid**



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

- does not consume alcohol Alcohol

Smoking - No - No Chews tobacco Physical activity - Mild



🖶 Family history

Father - has expired

Mother - alive **Brothers** - 1 Sisters - 2 Coronary artery - none

disease

Cancer - None

PHYSICAL EXAMINATION



General

Build - normal - 163 Height - 65 Weight BMI -24.46Pallor - No Oedema - no



Cardiovascular system

Heart rate (Per minute) - 93 Rhythm - Regular - B.P. Sitting

Systolic(mm of Hg) - 150

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Diastolic(mm of Hg) - 94 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath

sounds



Organomegaly - No Tenderness - No



- No significant finding

Opthalmology consultation

Opthalmology findings - UCVA:RE:6/9 LE:6/9

NVA:RE:N8 LE:N8

OCULAR MOVEMENT:WNL

ANT.SEG:WNL

ACCPT:SPECTACLE PWR

RE:-0.50X70*(6/6) LE:-0.25/-0.75X80*(6/6) ADD(BE):+1.50DSPH(N6) ADVICE:*Glass Rx.*Review

after 1yr/SOS

Printed By: Benazir Begaum

/M)

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OMPLETE HAEMO	_			Damma	Epithelial Cells	1-2 /h.p	.f /npt					
Test Name	Result		Level		Casts:	Not Fou	ınd					
Hemoglobin	15.1	g/dl	,	13.0-17.0	Crystals:	Found						
RBC COUNT	5.11	ul	n/	4.5-5.5	Ca-oxalate	25-30						
Hematocrit - Hct:	44.7	%	•	41-53	confirmed by Benedi			Urine glucose rechecked and				
MCV	87.3	fl		83-101				enedict	s test			
MCH	29.6	pg	•	27-32	URINE SUGAR - POS	T PRAN	DIAL					
MCHC	33.9	%		31.5-34.5	(QUALITATIVE)	Result Unit Level Range						
RDW	13.2	%		11.8-14.0	Test Name URINE GLUCOSE(POST		Unit	Level	Range			
WBC Count	5300	/cu m	nm 🗨	4000-10000		+						
Platelet Count	1.78	lacs/o	cu •	1.5-4.0	PRANDIAL)							
Neutrophils	66	66 % • 40-80			URINE SUGAR- FAST	•		•	_			
Lymphocytes	26	%		20-40	Test Name URINE	Result	Unit	Level	Range			
Monocytes	06	%		2-10	GLUCOSE(FASTING)	++						
Eosinophils	02	%		01-06	DI COD ODOLIDINO A	ND TVE	NNO (4		ND DI			
Basophils	00	%		0-0	BLOOD GROUPING A Test Name	Result	•		ND RH Range			
RBC:	Normocytic Normochromic cells				ABO Group:	O	Oilit	Level	Nange			
Platelets:	Adequa	Adequate.			Rh (D) Type:	POSITI	VΕ					
ERYTHROCYTE	2	mm/	1st •	0-15	LIVER FUNCTION TEST (PACKAGE)							
SEDIMENTATION		hr			Test Name	Result		•	Range			
RATE (ESR)					ALT(SGPT) - SERUM	22	U/L		0-50			
RINE ROUTINE AN	ID MICRO	SCOP	Υ									
Test Name	Result	Unit	Level	Range	ALBUMIN - SERUM	4.6	g/dL		3.5-5.1			
Volume:	40	40 mL Pale Straw			ALKALINE PHOSPHATASE -	76 U/L	U/L	•	43-115			
Colour:	Pale Str											
Appearance	Slightly Turbid 1.025 6.0				SERUM							
Specific Gravity					AST (SGOT) - SERUM	20	U/L	•	0-50			
pH:						20	0,2		0-00			
Albumin:	Not Detected				BILIRUBIN TOTAL -	8.0	mg/dl		0.3-1.2			
Glucose	++				SERUM							
Ketone:	Not Detected				LIPID PROFILE TEST (PACKAGE)							
Bile Pigments	Not Det	ected			Test Name	Result	Unit	Level	Range			
RBC	Nil	/hpf			CHOLESTEROL -	182	mg/dl		0-200			
Pus Cells	2-4	/hpf			SERUM							

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SERUM (Calculated)	20	iiig/ul		0-00	SEITOW				
-SERUM VLDL CHOLESTEROL -	20	mg/dl		0-35	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.2	ng/m	L	0.00-6.50
LDL CHOLESTEROL	119	mg/dl	•	Optimal: <100	Test Name	Result		_	_
GLITOW					SERUM	Describ	11	1	Dame:
HDL CHOLESTEROL - SERUM	43	mg/dl	_	30-70	PROSTATIC SPECIFIC	CANTIG	EN (P	SA TO	TAL) -
Test Name	Result			Range	(= = = .)				
LIPID PROFILE TEST	•	•		_	CONJUGATED (DIRECT) - SERUM				
					BILIRUBIN	0.1	mg/d	L	0.0-0.2
				: <7%	Test Name	Result	Unit	Level	Range
				ADA Theraputic goal	LIVER FUNCTION TEST (PACKAGE)				
				>/= 6.5%					
				Diabetes :	URIC ACID - SERUM	4.1	mg/d	L	2.6-7.2
HAEMOGLOBIN)-WHO LE BLOOD				Prediabetics : 5.7 - 6.4%	Test Name	Result	Unit	Level	Range
(GLYCOSYLATED				- 5.6 %	URIC ACID - SERUM				
HBA1C	7.5 *	%	•	Nondiadetic: 4	HORMONE - SERUM				
Test Name	Result		Level	Range	STIMULATING				
HAEMOGLOBIN)-WHO		מסס			TSH: THYROID	1.23	μIU/n	nL	0.38-5.33
HBA1C (GLYCOSYLA	TFD				Test Name	Result		•	Range
(POST PRANDIAL)					THYROID PROFILE - I(T3,T4 AND TSH)				
GLUCOSE - PLASMA	265 *	mg/dl	•	70-140	SERUM				
Test Name	Result	Unit	Level	Range	TRIGLYCERIDES -	103	mg/d	L •	0-150
GLUCOSE - PLASMA	(POST I	PRANI	DIAL)		Test Name	Result	Unit	Level	Range
(FASTING)				LIPID PROFILE TEST (PACKAGE)					
GLUCOSE - PLASMA (FASTING)	190 *	mg/dl	_	70-99					
Test Name	Result			Range	THYROXINE - SERUM	9.11	µg/uL	. •	0.70-14.20
GLUCOSE - PLASMA	-	-		D	TOTAL T4:	9.77	μg/dL		5.48-14.28
0111000= 5: :0:::	/E & O = '-	10,			SERUM				
SERUM					IODOTHYRONINE -				
GLUTAMYL TRANSPEPTIDASE -					TOTAL T3: TRI	1.41	ng/m	•	0.87-1.78
GGTP: GAMMA	22	U/L		0-55	Test Name	Result		•	Range
Test Name	Result	Unit	Level	Range	THYROID PROFILE -	I(T3,T4 A	AND T	SH)	
LIVER FUNCTION TES	ST (PAC	KAGE)		SERUM				
ONEATHNINE - SERUM	0.9	nig/ul	_	0.8-1.3	(CALCULATED) -		-		-
CREATININE - SERUM	0.9	mg/dl		0.9-1.3	GLOBULIN:	3.4	g/dL		1.8-3.6
Test Name	Result	Unit	Lovol	Range	SERUM				

BUN (BLOOD UREA

NITROGEN)

Borderline High/Low

13.7

Out of Range

mg/dL

7.0-18.0

Test Name

Result Unit Level Range

Within Normal Range

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LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangeA/G - RATIO1.41.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range

BUN/CREATININE 15.9

RATIO

TREADMILL TEST / STRESS TEST

PRIMARY ST-T CHANGES.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

CARDIOLOGY

ECG

/M)

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Moderate Risk	6	5

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 6 months if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515