

Dr. Vandana G. Powar M.B.B.S., D.C.P.
Consultant Pathologist



PARTH
PATHOLOGY LABORATORY
(Computerised)

LAB - Shop No. 7, "Diwan Towers" Mangalwar Peth, Near Mirajkar Tikti, Opp. Nutan Marathi
High School, Kolhapur. Mob. 9158529408, 9422047480, 9921285167

DATE – 13/01/2023

PATIENT NAME- SHITAL SHINDE

AGE – 28 Y/FEMALE

HEIGHT – 155 cm

WEIGHT – 43 kg

BLOOD PRESSURE – 126/ 88 mmHg

PULSES – 72 / Min

FIT TO PERFORM TO ALL DUTIES

Dr. Vandana G. Powar
M.B.B.S., D.C.P.
Reg. No. 68137



PATHOLOGIST

[Signature]
DR. VANDANA POWAR
M.B.B.S., D.C.P.

All Biochemistry Tests Done By Computerised Auto Analyser

HAEMATOLOGY | CLINICAL PATHOLOGY | BIOCHEMISTRY | SEROLOGY | MICROBIOLOGY | HISTOPATHOLOGY

24 Hours Emergency Service

Home Service Available



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NAME : - SHITAL SHINDE

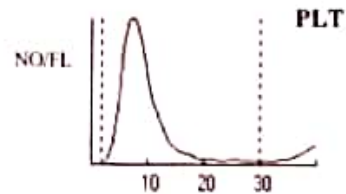
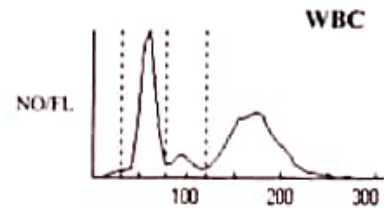
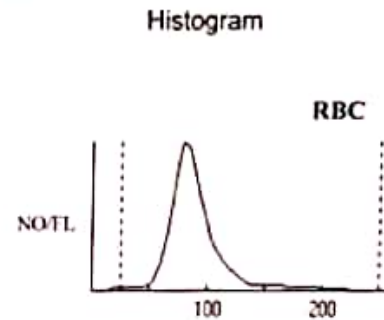
DATE : 13/01/2023 PT.NO. : 207 13012

REF BY : Dr. MEDIWHEEL LIFE INS

AGE : 28. Yrs. SEX : F

HAEMOGRAM WITH INDICES

Test	Result	Units	Normal Range
Haemoglobin	- 11.4	g/dl	12-16
RBC Count	- 4.62	millions / cu-mm	4.5 - 6.5
PCV	- 39.5	%	40 - 54
MCV	- 85.5	fL	80 - 96
MCH	- 24.7	Pg	27 - 33
MCHC	- 28.9	gm/dl	33 - 36
RDW CV	- 12.9	%	11.0 - 14.5
WBC Count	- 6300	/cumm	4000 - 11000
Neutrophils	- 57	%	55 - 75
Lymphocytes	- 38	%	20 - 50
Eosinophils	- 03	%	1 - 6
Monocytes	- 02	%	2-10
Basophils	- 00	%	0 - 1
Platelet Count	- 439000	/ul	150000 - 450000
MPV	- 8.5	fL	7.4 - 10.4
PDW	- 9.5	%	8-12
P-LCR	- 13.5	%	15-35
E.S.R.	- 09	mm at 1hr	0-15
(By Wintrobe Method)			
RBC Morphology	- Normochromic, Normocytic.		
WBC Morphology	- Within Normal Limits		
Platelets	- Adequate		



* Blood group - 'O' Rh Positive

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PT.NAME : - SHITAL SHINDE

DATE : 13/01/2023

REF. BY : DR. MEDIWHEEL LIFE INS

AGE : 28 Yrs. SEX : F

PT.NO. : 207 130123

BIOCHEMISTRY TEST REPORT

			Normal Range
Fasting Plasma Glucose	: 99.2	mg/dl	60-110 mg/dl
2 Hrs. Plasma Glucose	: 123.4	mg/dl	90-140 mg/dl
S. Creatinine	: 0.83	mg/dl	0.6 - 1.4 mg/dl
Blood Urea	: 20.4	mg/dl	12-42 mg/dl
Blood Urea Nitrogen	: 9.53	mg/dl	5 - 21 mg/dl
S. Uric acid	: 4.8	mg/dl	2.6 -6.0 mg/dl
CHOLESTEROL	: 146.2	mg/dl	0-250 mg/dl
HDL Cholesterol	: 31.24	mg/dl	30 - 70 mg/dl
S. Triglycerides	: 85.4	mg/dl	0-170 mg/dl
LDL Cholesterol	: 97.9	mg/dl	60 - 150 mg/dl
TC/HDLC Ratio	: 4.7		0 - 5
LDLC/HDLC Ratio	: 3.1		2.5 - 3.5

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REF. BY : DR. MEDIWHEEL LIFE INS

DATE : 13/01/2023
AGE : 28 Yrs. SEX : F
PT.NO. : 207 130123

BIOCHEMISTRY TEST REPORT

			<u>Normal Range</u>
S. Bilirubin (Total)	: 0.82	mg/dl	0 - 1.0 mg/dl
S. Bilirubin (Direct)	: 0.20	mg/dl	0 - 0.25 mg/dl
S. Bilirubin (Indirect)	: 0.62	mg/dl	0 - 0.75 mg/dl
S.G.O.T	: 24.6	IU/L	0 - 42 IU/L
S.G.P.T	: 20.8	IU/L	0 - 42 IU/L
S. Alkaline Phosphatase	: 99.6	IU/L	37 - 147 IU/L
Total Proteins	: 7.7	g/dl	6.6 - 8.3 g/dl
S. Albumin	: 4.6	g/dl	3.5 - 5.0 g/dl
S. Globulin	: 3.1	g/dl	1.5 - 3 g/dl
A/G Ratio	: 1.5 : 1		0.90 - 2.00



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DATE : 13/01/2023

REF. BY : DR. MEDIWHEEL LIFE INS

AGE : 28 Yrs. SEX : F

PT.NO. : 207 130123

REPORT ON % GLYCOHAEMOGLOBIN OF BLOOD

% Glycohaemoglobin of blood : 5.2 %

Estimated mean blood glucose : 103.0 mg/dl

(Reference For Guideline)

- < 6.0 - Normal
- 6.0 - 7.0 % - Good Control
- 7.0 - 8.0 % - Fair Control
- 8.0-10.0% - Unsatisfactory control
- >10.0% - Poor control

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EXAMINATION OF URINE

Normal Range

PHYSICAL EXAMINATION

Quantity : 05 ml
Colour : Pale Yellow
Appearance : Clear
Deposit : Absent
Reaction (pH) : Acidic
Specific Gravity : 1.024

CHEMICAL EXAMINATION

Proteins : Absent
Glucose : Absent
Ketone Bodies : Absent
Bile Salts : Absent Absent
Bile Pigments : Absent Absent
Urobilinogen : --
Occult Blood : Absent

MICROSCOPIC EXAMINATION

Epithelial Cells : 1 - 2 /hpf
Pus Cells : 2 - 3 /hpf
Red Blood Cells : Absent /hpf
Casts : Absent
Crystals : Absent
Amorphous Deposits : Absent

OTHER FINDINGS

Yeast Cells : Absent
Trichomonas vaginalis : Absent
Bacteria : Absent
Mucus Threads : Absent
Spermatozoa : Absent



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AGE – 28/SEX-FEMALE

REFERANCE = MEDIWHEEL LIFE INS

DATE – 13/01/2023

BIOCHEMISTRY

S. GAMMA.G.T : 18.4

NORMAL VALUE

10-50 mmol / L



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[Handwritten Signature]

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PATIENT NAME- SHITAL SHINDE

DATE: -13/01/2023

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AGE/SEX:-28Y/FEMALE

BIOCHEMISTRY

NORMAL VALUE

SERUM VLDL : 19.04mmol/L

10-50g/dl

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13/01/2023

THE ECG OF CLIENT – SHITAL SHINDE
IS WITHIN NORMAL LIMIT
NO ABNORMAL FINDINGS ARE DETECTED

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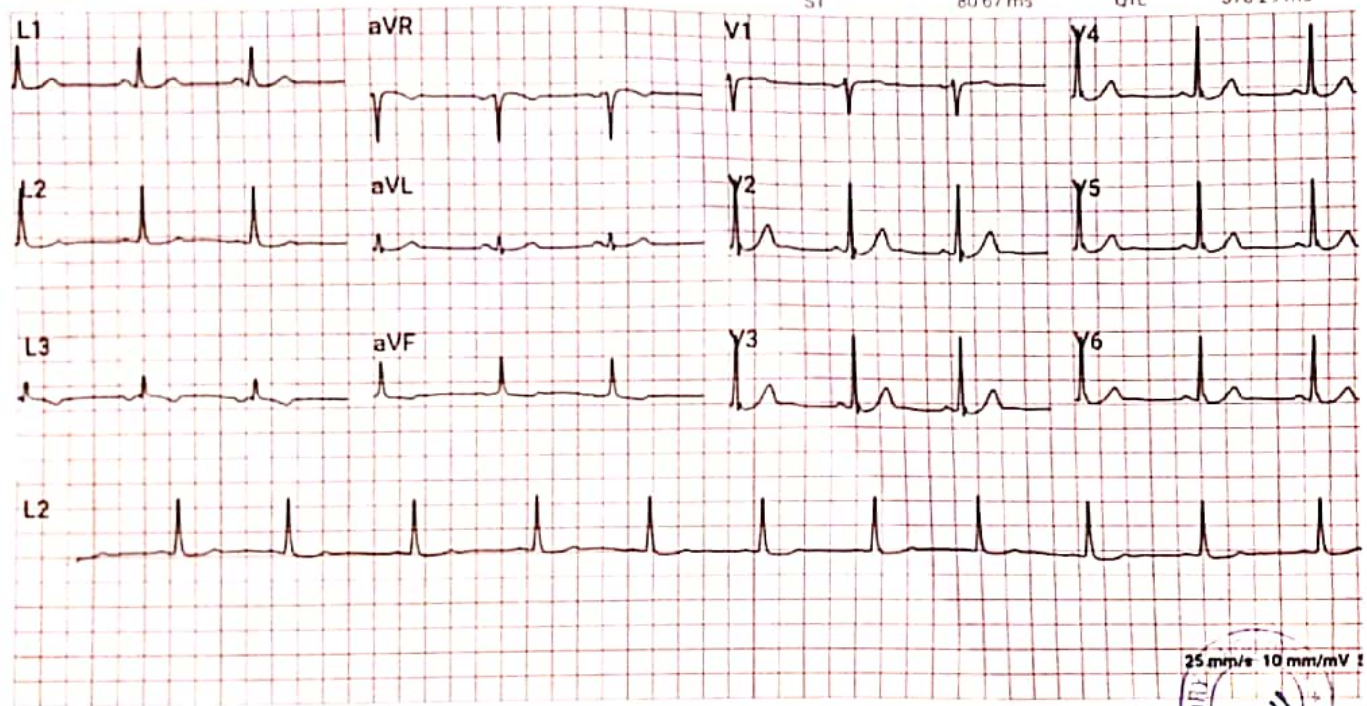
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wellnest

12 lead simultaneous EC

Name *Shital Ghinde*
Gender | Age *38 / Female*
Date & Time *13 JAN, 2023 / 12:00AM*

Heart Rate	68 bpm	QT	360.29 ms
QRS	151.71 ms	PR	142.0 ms
ST	80.67 ms	QTc	376.29 ms



Comments: *Normal*

25 mm/s 10 mm/mV
Reported By
Dr. Vandana A. Pawar
MBBS, D.C.P.
Reg. No. 68137

Refused By: *Dr. Sumanth Dalkar* MDCC, BVODELIAR, KOLHAPUR, MAHARASHTRA, 415110, 70055



MĀHALAXMI X-RAY AND SONOGRAPHY CLINIC
Eagle Pride, Below Shamrao Vitthal Bank, Mirajkar Tikti, Kolhapur. Ph. : 2542012

January 13, 2023

Dr. Vishram Mehta, M. D.

Name : Ms. Shital Sagar Shinde. F / 28 yrs.
Ref.by : Dr. Vandana Powar.

Ultrasonography of Abdomen and pelvis : [documented]

LIVER: is normal in size and normal texture The biliary radicles are normal.

GALL BLADDER: shows normal size, wall and lumen.

PORTA HEPATIS: The portal vein and the common ducts are normal in caliber.

PANCREAS: The size, echotexture and contour of pancreas is normal.

SPLEEN: shows normal in size with normal texture.

KIDNEYS: show normal position, contour & echotexture with no hydronephrosis or calculi. The right kidney measures 105 x 34 mm and the left measures 98 x 37 mm.

The ureters are not dilated.

The abdominal aorta, the I.V.C. and the pre and para aortic regions appear normal.

There is no ascites. No abnormal bowel could be seen.

URINARY BLADDER shows normal wall and lumen.

The uterus is anteverted and measures 51 x 42 x 31 mm. The shape, contour and textures are normal. The endometrial thickness is 4 mm.

Both ovaries are normal. There is no adnexal mass.

There is no fluid in the pouch of Douglas.

Impression : No significant sonographic abnormality is detected.


X-Ray Chest, P.A. view :

The lung markings are normal.

The hilar shadows are normal. The mediastinum & the pulmonary vascularity are normal.

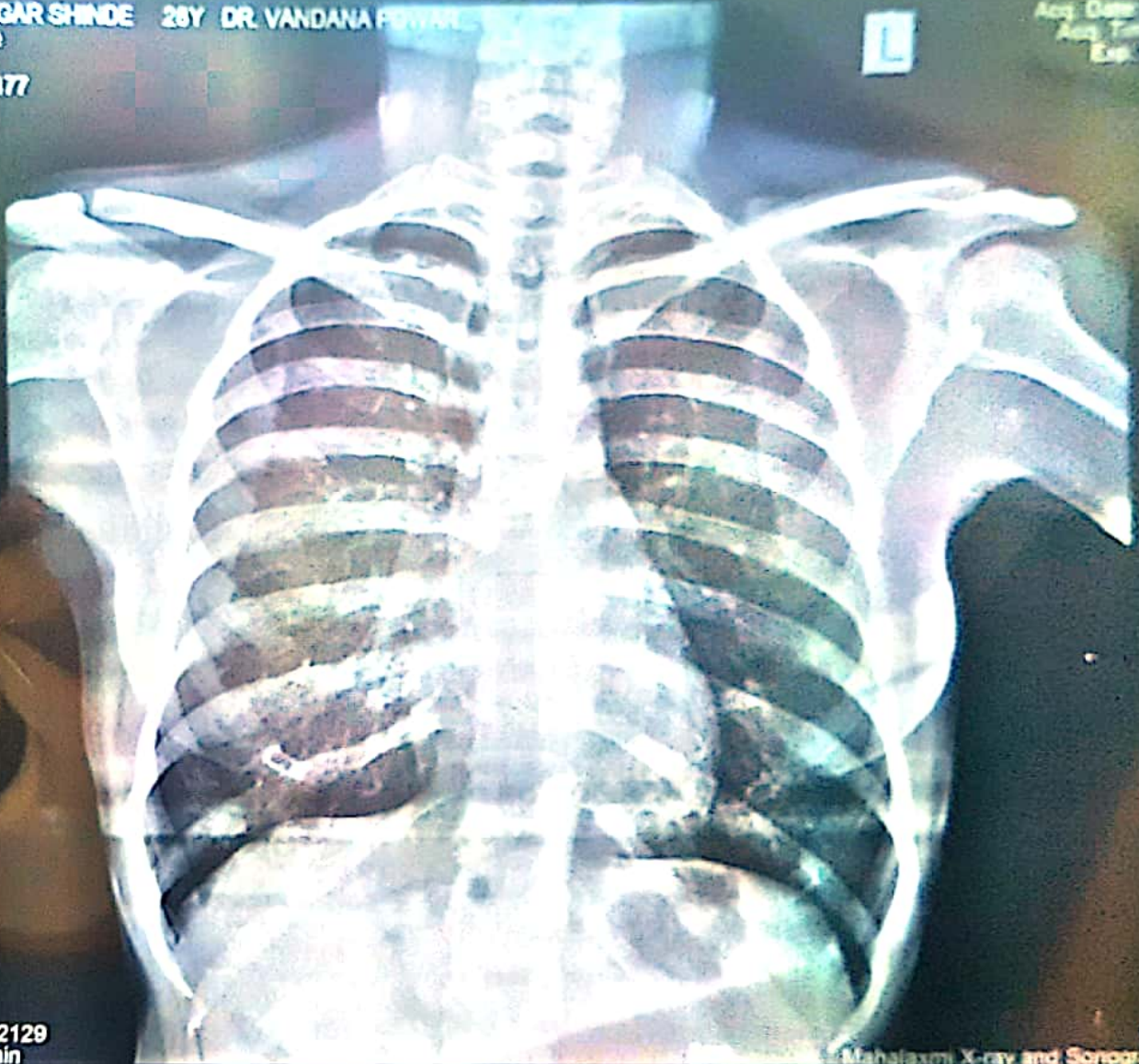
The domes and the angles of diaphragm show no abnormality.

Impression : No significant abnormality is detected.


Vishram Mehta.

SHITAL SAGAR SHINDE 28Y DR. VANDANA POWRE
Sex: Female
DOB:
ID: PAT001477

Acq. Date: 13/01/2023
Acq. Time: 22:43:17
Exp. Index: 1422



CHEST
PA
W: 3594, L: 2129
Tech ID: admin

Scale: 0.55
Mahalaxmi X-ray and Sonography Clinic

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

OTQPS6490M



नाम / Name
SHITAL SAGAR SHINDE

पिता का नाम / Father's Name
MARUTI VAMAN HOLE

जन्म तिथि / Date of Birth
05/08/1994

Sital
हस्ताक्षर / Signature

00500

Sital



5
43

Dr. Vandana G. Powar
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 GPS Map Camera



Kolhapur, Maharashtra, India

**Rajghat Rd, Mangalwar Peth, C Ward,
Kolhapur, Maharashtra 416002, India**

Lat 16.692826°

Long 74.224293°

13/01/23 09:54 AM GMT +05:30

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

Name: SHITAL SAGAR SHINDE **Date:** 13-01-2023 **Time:** 12:21
Age: 28 **Gender:** F **Height:** 150 cms **Weight:** 44 Kg **ID:** 168
Clinical History: NO MAJOR ILLNESS
Medications: NOT ON ANY MEDICATIONS

Test Details:

Protocol: Bruce **Predicted Max HR:** 192 **Target HR:** 163
Exercise Time: 0:06:48 **Achieved Max HR:** 165 (86% of Predicted MHR)
Max BP: 130/90 **Max BP x HR:** 21450 **Max Mets:** 7.6
Test Termination Criteria:

Protocol Details:

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:12	1	0	0	91	120/80	10920	-0.7 II	-0.3 aVF
Standing	00:17	1	0	0	87	120/80	10440	-1 II	-0.3 aVF
HyperVentilation	00:07	1	0	0	89	120/80	10680	-0.9 II	-0.3 III
PreTest	00:17	1	1.6	0	97	120/80	11640	-0.7 V3	-0.4 V3
Stage: 1	03:00	4.7	2.7	10	128	130/90	16640	-2.1 II	-0.5 III
Stage: 2	03:00	7	4	12	153	130/90	19890	-2 II	-0.4 aVR
Peak Exercise	00:48	7.6	5.5	14	165	130/90	21450	-2.7 II	0.8 V4
Recovery1	01:00	1	0	0	134	130/90	17420	-0.9 V4	0.7 II
Recovery2	01:00	1	0	0	110	130/90	14300	-1.7 II	0.3 II
Recovery3	01:00	1	0	0	106	120/80	12720	-1.4 III	-0.1 II
Recovery4	01:00	1	0	0	96	120/80	11520	-1.2 II	0.1 I

Interpretation

The Patient Exercised according to Bruce Protocol for 0:06:48 achieving a work level of 7.6 METS.
 Resting Heart Rate, initially 91 bpm rose to a max. heart rate of 165bpm (86% of Predicted Maximum Heart Rate).
 Resting Blood Pressure of 120/80 mmHg, rose to a maximum Blood Pressure of 130/90 mmHg
 GOOD EFFORT TOLERANCE
 NORMAL INOTROPIC RESPONSE
 NORMAL CHRONOTROPIC RESPONSE
 THR ACHIEVED ; ADEQUATE METS ACHIEVED
 NO SIGNIFICANT ST SEGMENT CHANGES NOTED IN EXERCISE AND RECOVERY
 TMT IS NEGATIVE FOR STRESS INDUCIBLE ISCHAEMIA AT GIVEN WORKLOAD

**KOLHAPUR MULTI SPECIALITY
 REHABILITATION CENTRE**

Ref. Doctor: MEDI WHEEL

Doctor: DR SHANTANU PALKAR

SCHILLER

The Art of Diagnostics

DR. SHANTANU S. PALKAR
(Signature) Printed by: Dr. S. Palkar
 Spandan C-10, Version 2.12.0
MBBS, PGDCC
CLINICAL CARDIOLOGIST
MMC No. 2011040954

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 0:00:00

Stage Time: 00:12

HR: 91 bpm

STLevel(mm) STSlope(mV/s)

Stage: Supine

Speed: 0 km/h

Slope: 0%

THR: 163 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

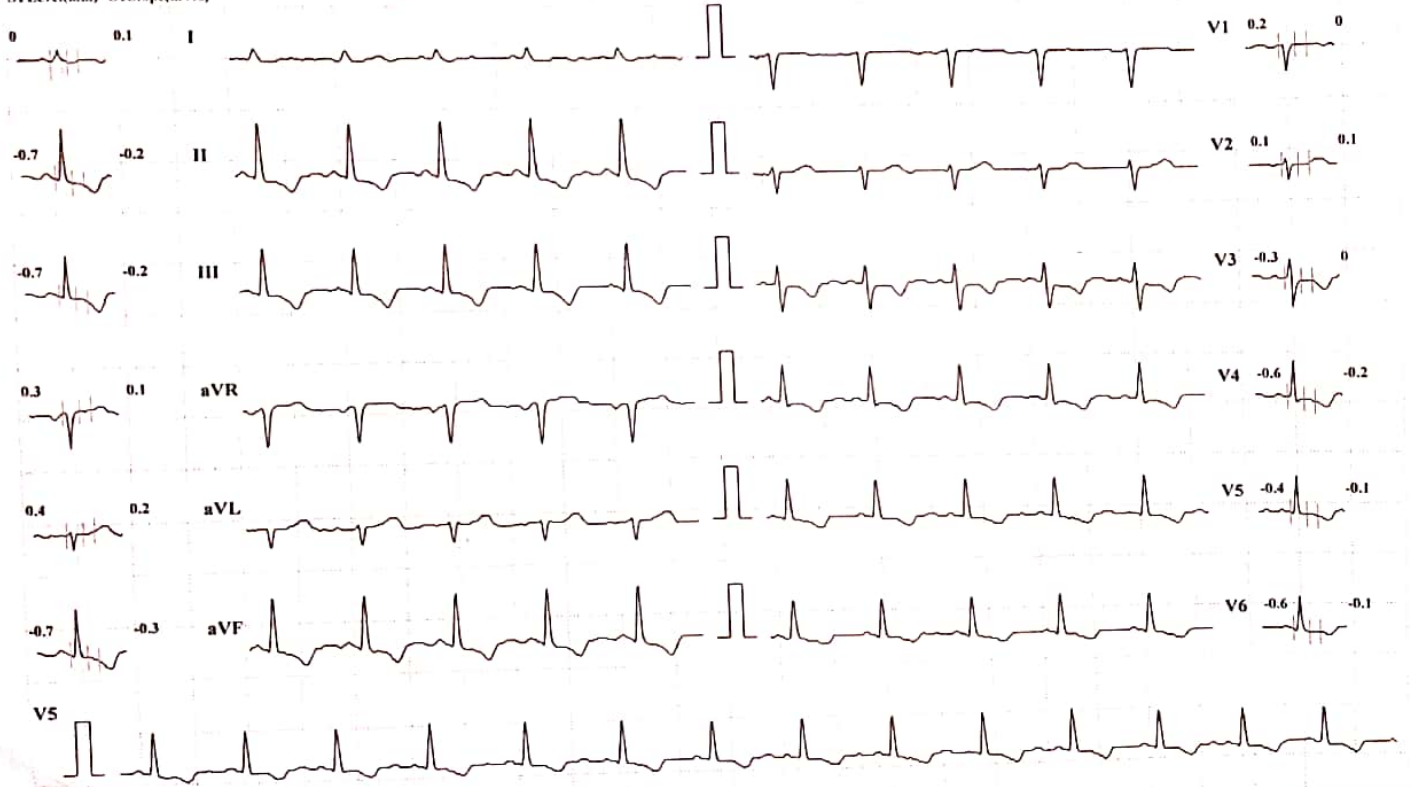


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol
STLevel(mm) STSlope(mV/s)

ID: 168
Stage: Standing

Date: 13-01-2023
Speed: 0

Exec Time : 0:00:00
Slope: 0 %

Stage Time: 00:17
THR: 163 bpm

HR: 87 bpm

BP: 120/80 mmHg
STLevel(mm) STSlope(mV/s)

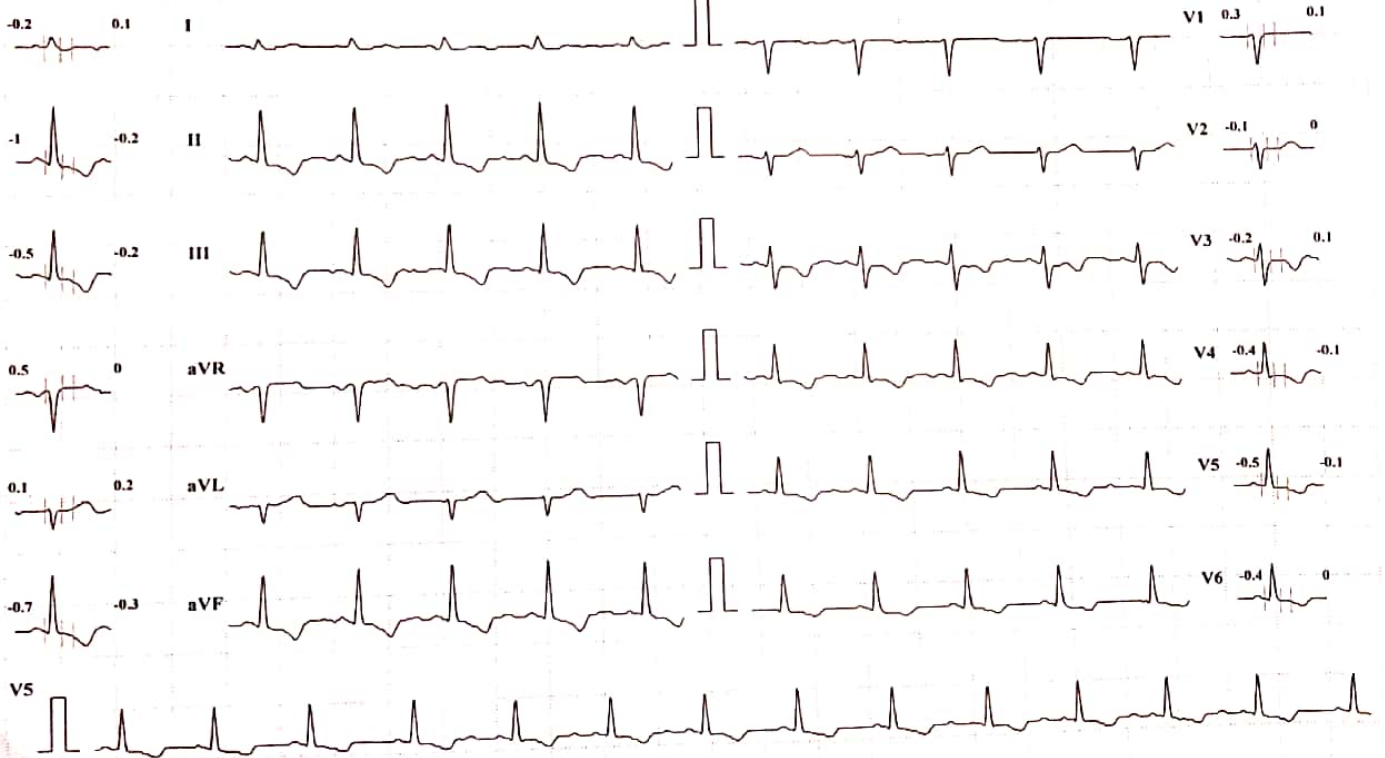


Chart Speed: 25 mm/sec Amplitude: 10mm/mV Filter: 35 Hz Mains Filter: ON ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 0:00:00

Stage Time: 00:07

HR: 89 bpm

STLevel(mm) STSlope(mV/s)

Stage: HyperVentilation

Speed: 0

Slope: 0 %

THR: 163 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

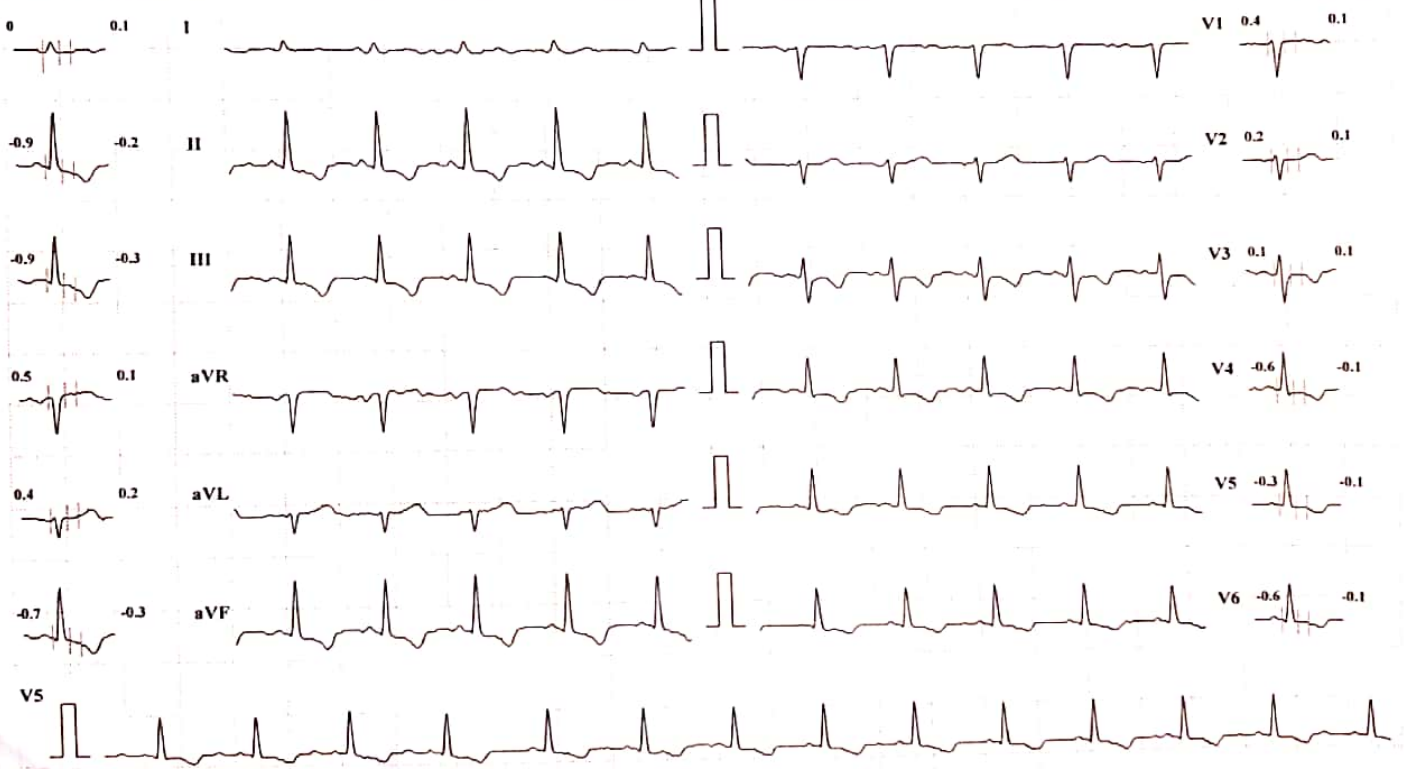


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

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MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 0:03:00

Stage Time: 03:00

HR: 128 bpm

STLevel(mm) STSlope(mV/s)

Stage: 1

Speed: 2.7 kmph

Slope: 10 %

TTHR: 163 bpm

BP: 130/90 mmHg
STLevel(mm) STSlope(mV/s)

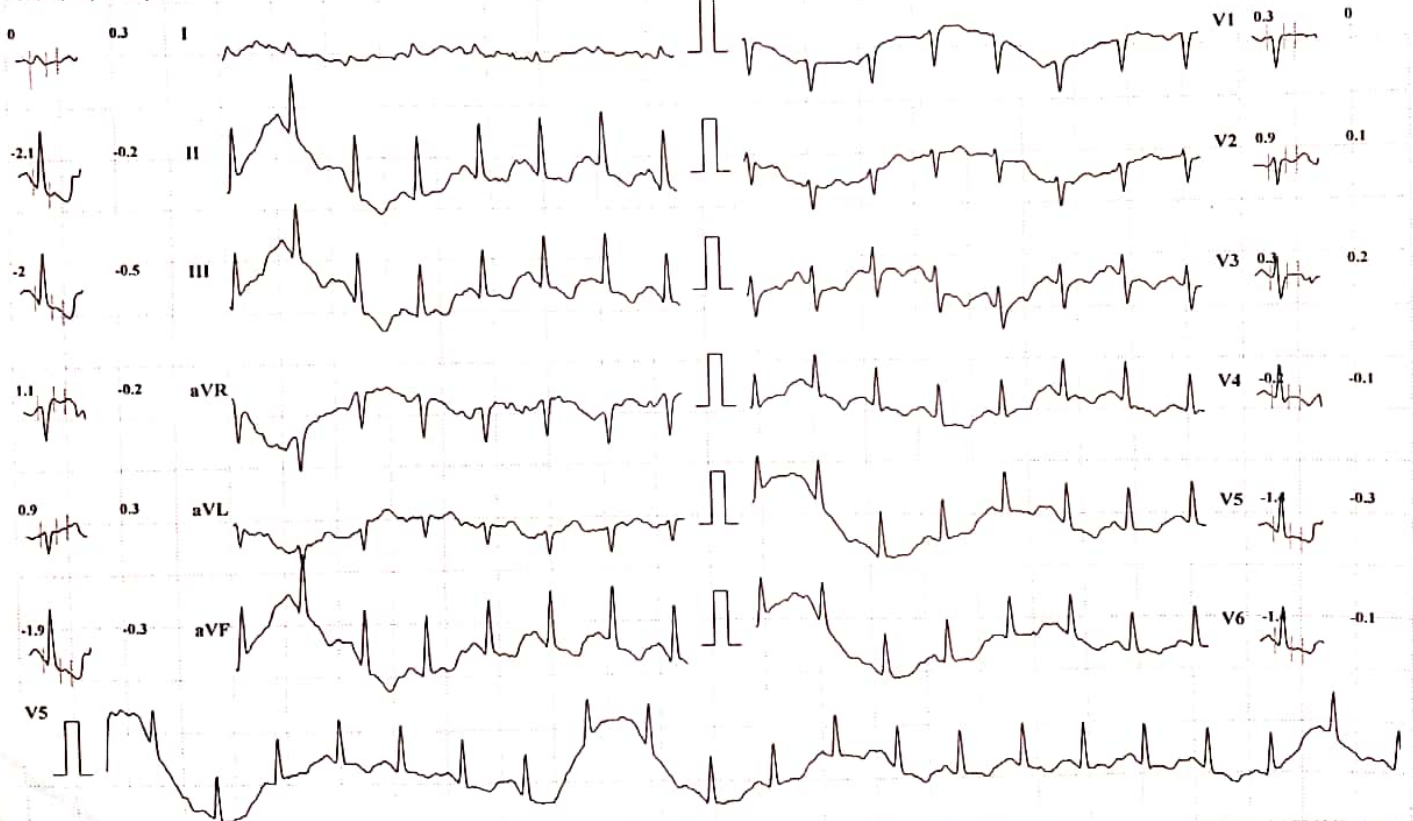


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

MYO-CLINIC MEDICAL CENTRE, KOLIAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 0:06:00

Stage Time: 03:00

HR: 153 bpm

STLevel(mm) STSlope(mV/s)

Stage: 2

Speed: 4 kmph

Slope: 12 %

THR: 163 bpm

BP: 130/90 mmHg
STLevel(mm) STSlope(mV/s)

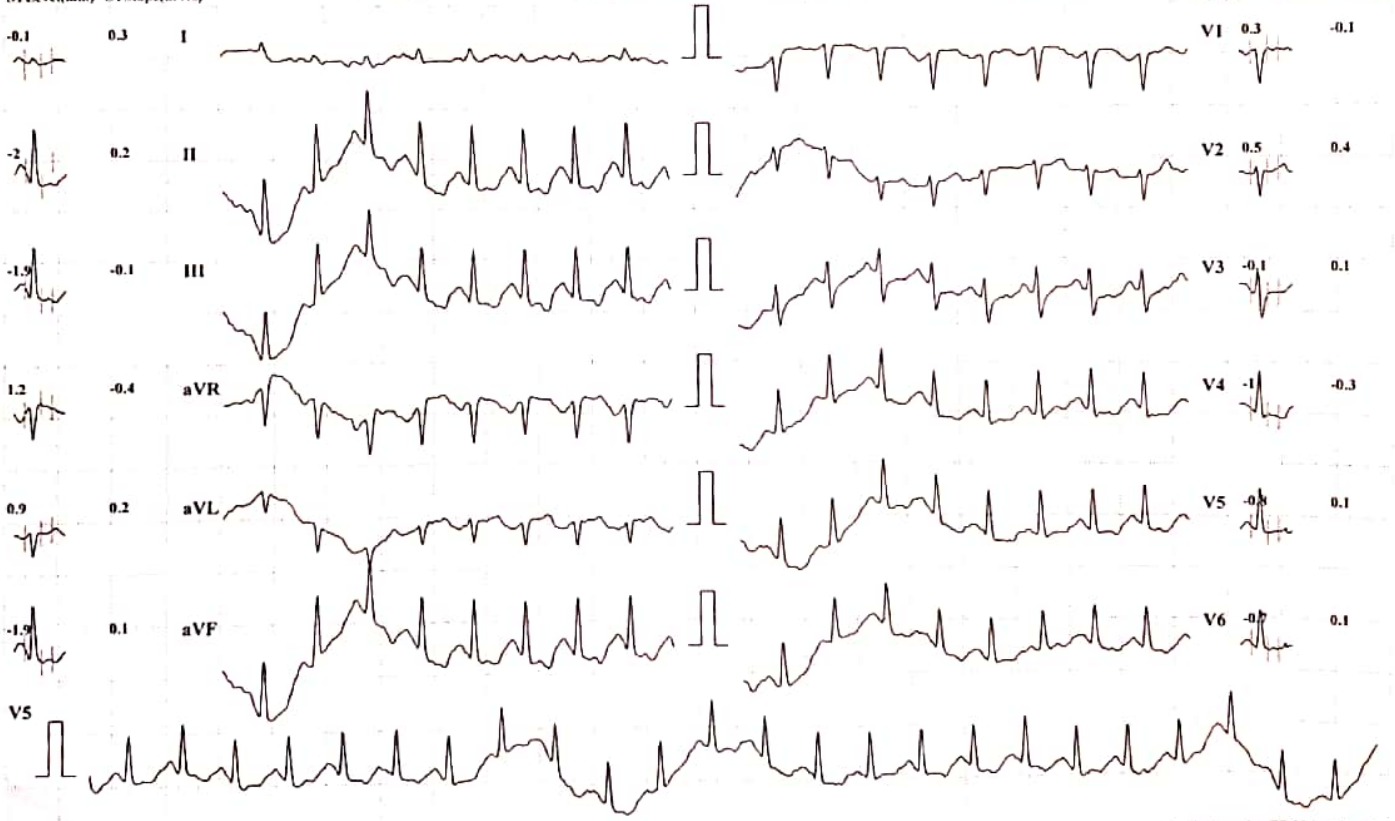


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz

Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2 12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 168

Date: 13-01-2023

Exec Time : 0:06:48

Stage Time: 00:48

HR: 165 bpm

Stage: 3 Peak Exercise

Speed: 5.5 kmph

Slope: 14 %

THR: 163 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)

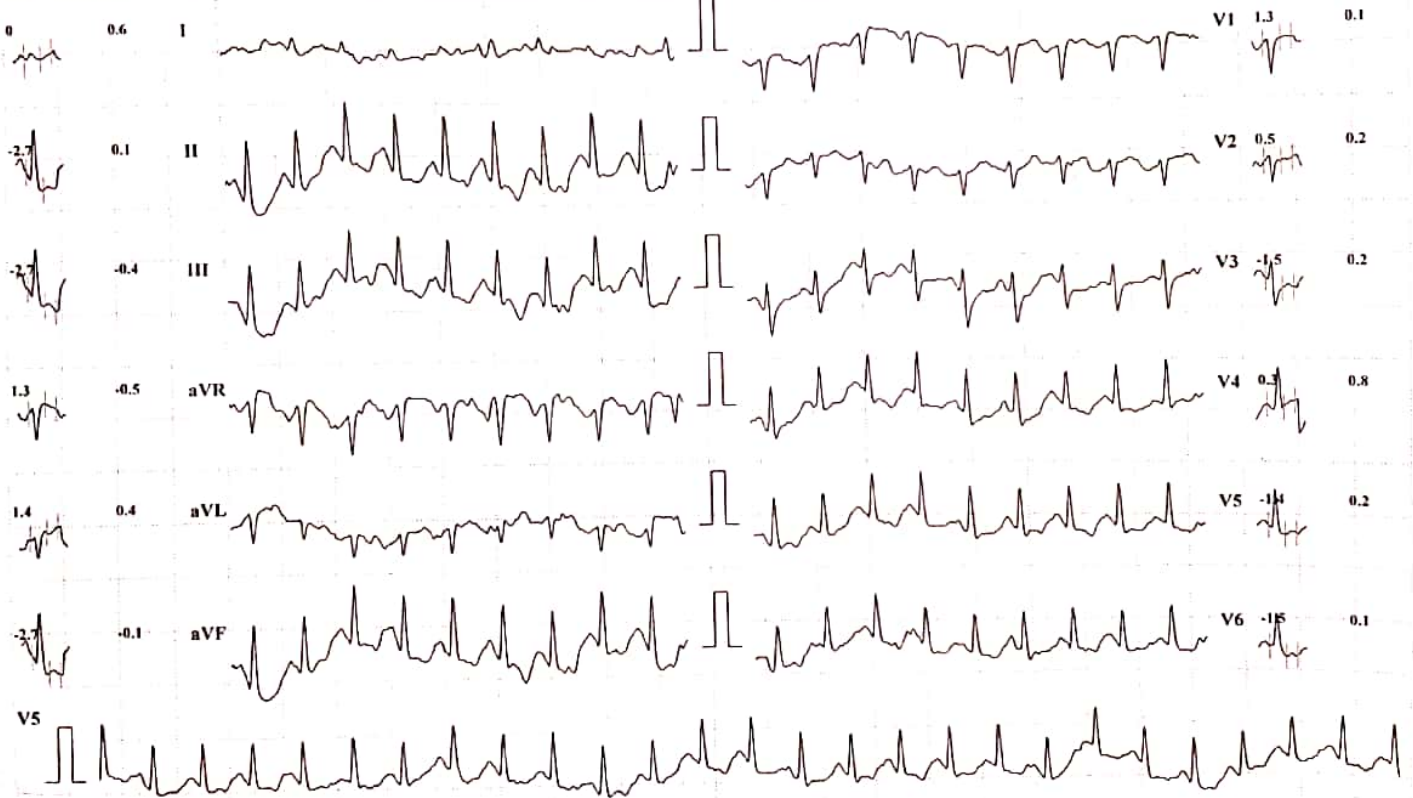


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

ID: 168

Date: 13-01-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 134 bpm

Bruce Protocol

Stage: Recovery1

Speed: 0 kmph

Slope: 0 %

THR: 163 bpm

BP: 130/90 mmHg

STLevel(mm) STSlope(mV/s)

STLevel(mm) STSlope(mV/s)

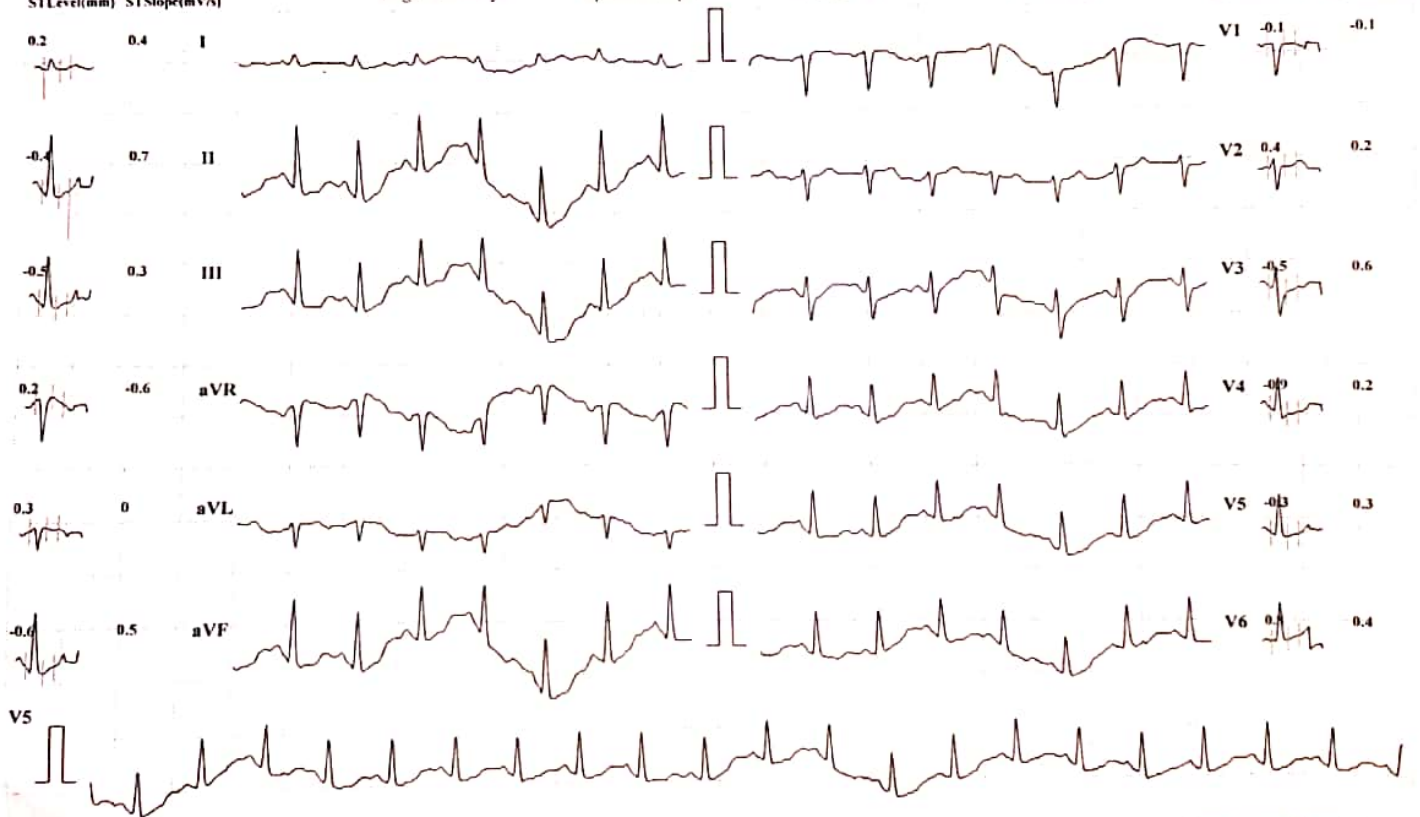


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schaller Spandan CS-10 Version 2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 110 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery2

Speed: 0 kmph

Slope: 0 %

THR: 163 bpm

BP: 130/90 mmHg
STLevel(mm) STSlope(mV/s)

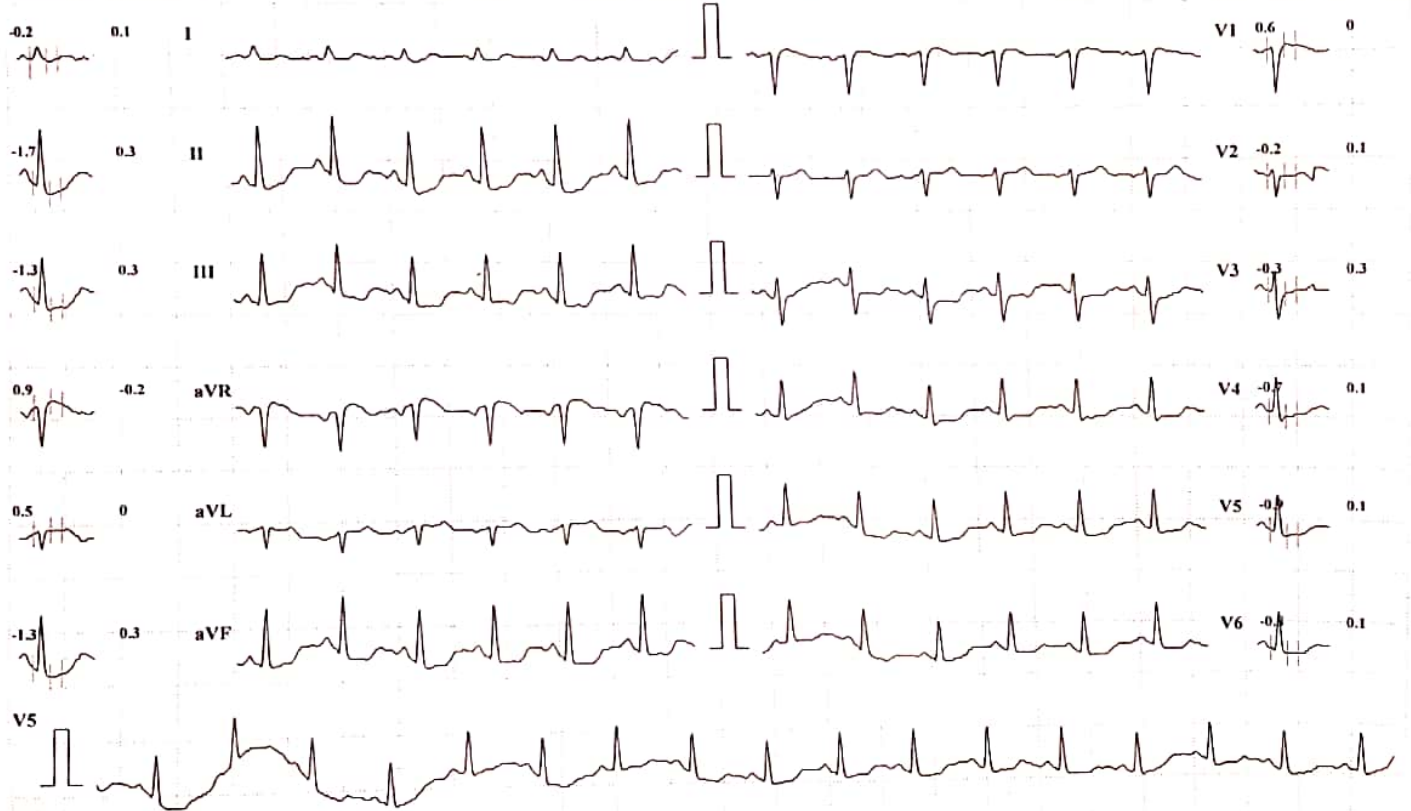


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 106 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery3

Speed: 0 kmph

Slope: 0 %

THR: 163 bpm

BP: 120/80 mmHg
STLevel(mm) STSlope(mV/s)

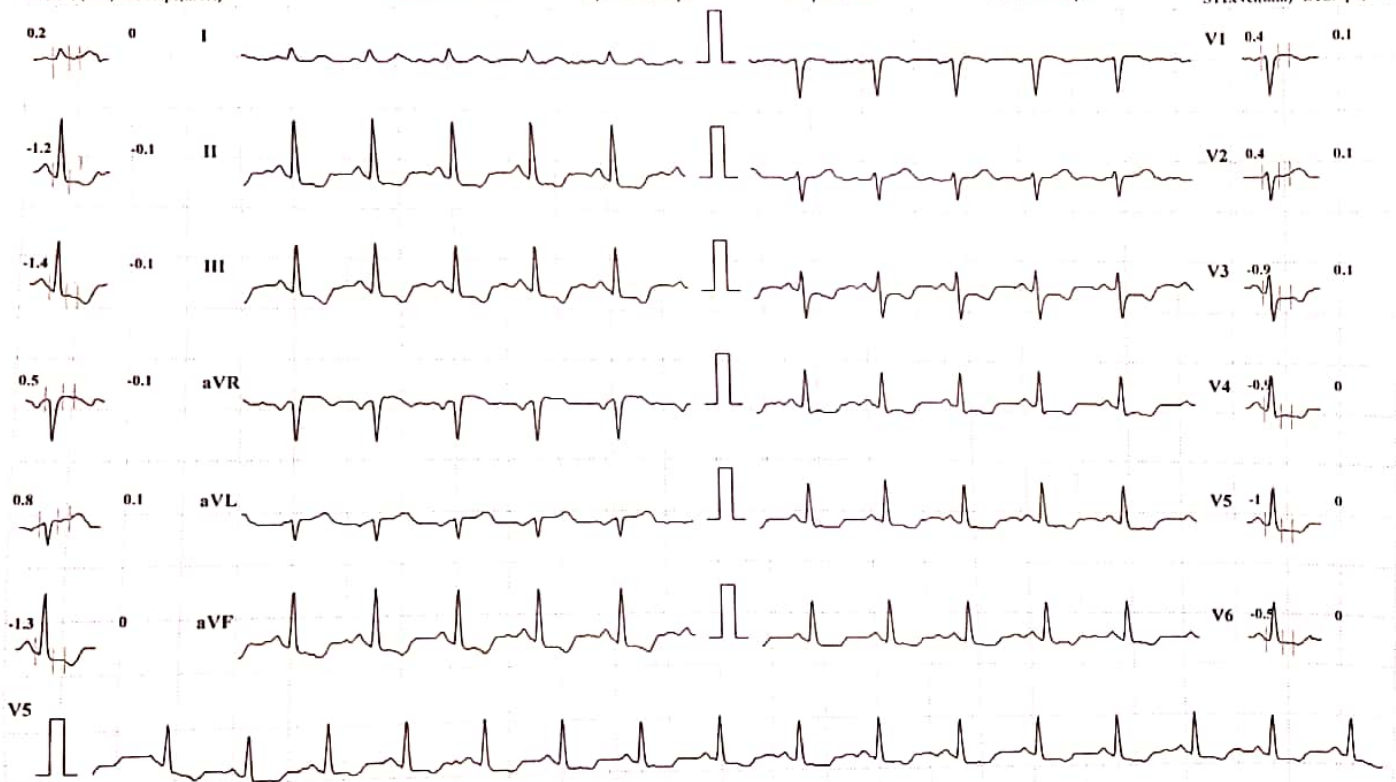


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version 2.12

MYO-CLINIC MEDICAL CENTRE, KOLHAPUR [+91 9307257414]

SHITAL SAGAR SHINDE

Bruce Protocol

ID: 168

Date: 13-01-2023

Exec Time : 00:00

Stage Time: 01:00

HR: 96 bpm

STLevel(mm) STSlope(mV/s)

Stage: Recovery4

Speed: 0 kmph

Slope: 0 %

THR: 163 bpm

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

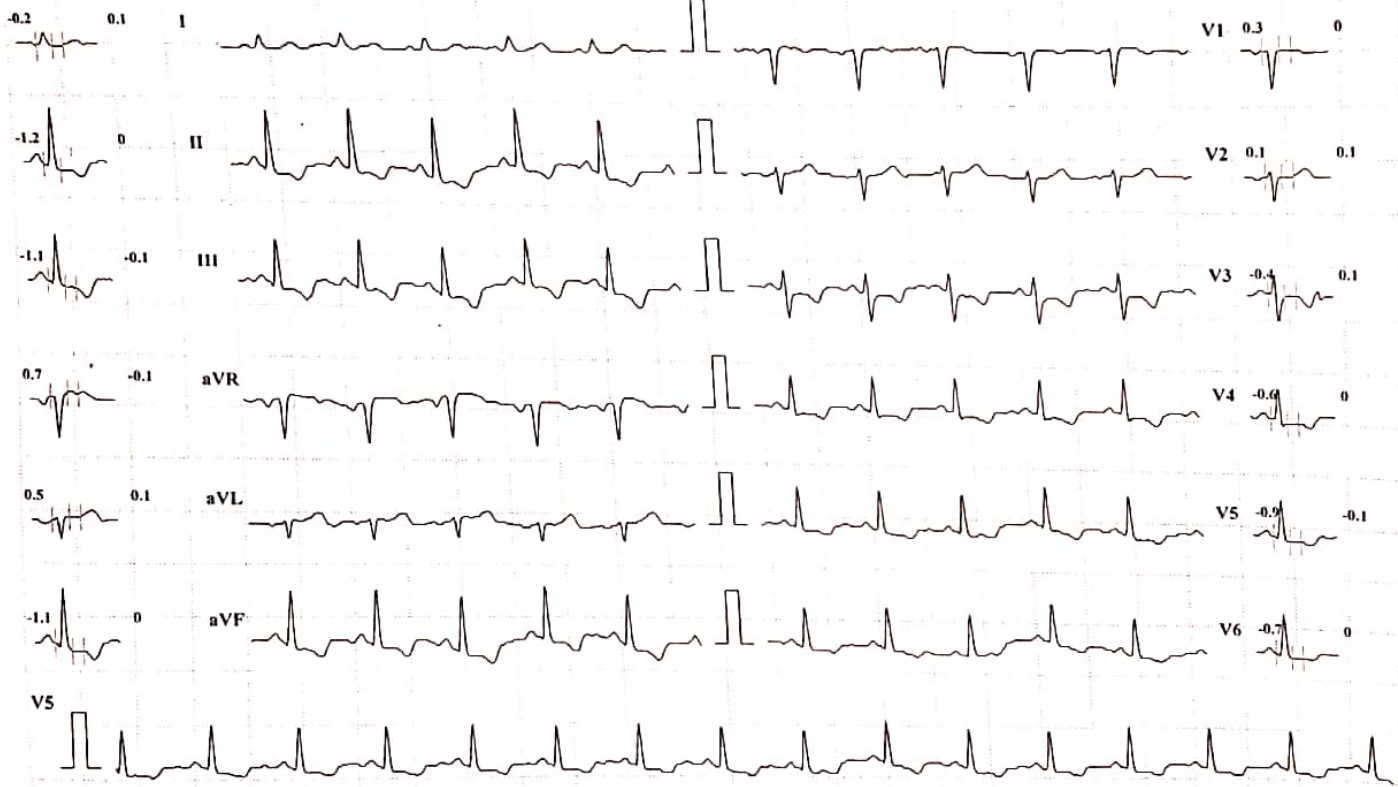


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 35 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 80 ms

Schiller Spandan CS-10 Version:2.12